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10-16 FEBRUARY 2024

Radio Times

DIGITAL EDITION



DIOR *V* CHANEL

The New Look!

Corsets, couture and Nazi collaboration –
the real story behind fashion's fiercest rivalry
PLUS Juliette Binoche on playing Coco Chanel

The New Look
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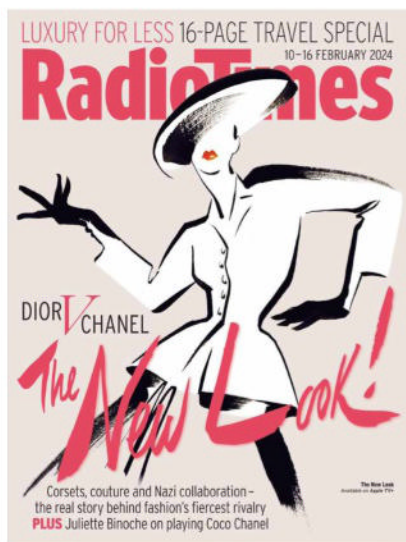


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RadioTimes

10-16 FEBRUARY 2024

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Classic fashion is re-created in the drama *The New Look*



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Charlotte Spencer, star of BBC1 drama *The Gold*

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From the Editors

WHEN CHRISTIAN DIOR shocked the fashion world in 1947 with his New Look collection, he was expressing a desire for beauty after the horror of war. He was also giving France a chance to look to the future while triggering memories of the belle époque. It was for many a massive relief after the privations they had so recently endured.

But two years on from the Nazi occupation of Paris, French fashion was not in the mood to reflect on its more recent past, some of which was far from glorious. Many of the leading figures of mid-20th century haute couture had kept open their *ateliers* and carried on designing rarefied creations for new clients, plenty of whom were German.

A new drama on Apple TV+ this week tells the story of Dior as seen through the prism of wartime Paris and Dior's rivalry with that other towering figure of French fashion, Coco Chanel. To say Chanel's wartime record was more chequered is an understatement. Dior carried on designing for German clients, but he also sheltered his sister, who was a member of the French Resistance. Chanel, on the other hand, took a room at the Ritz and moved in with her Nazi lover.

All this makes for a gripping drama that's stunning to look at, although many of the moral questions are shades of grey. As Juliette Binoche, who plays Coco Chanel, tells us in this issue: "It's easy to call her a collaborator but it's way more complex than that."

This week we also celebrate the TV drama *Mr Bates vs the Post Office* – with two pages devoted to the former sub postmistress Jo Hamilton and the actor who played her, Monica Dolan. Both women were among the famous faces who attended our covers party at Claridge's. Needless to say, all present agreed there was only one real star in our midst. And that was Jo.

Tom Loxley & Shem Law
Editors, *Radio Times*

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10-16
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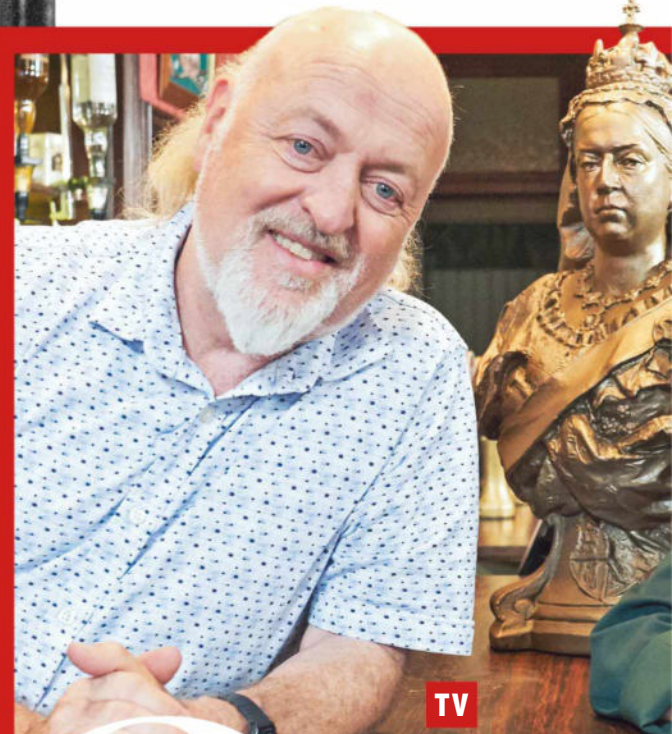
1 **STREAMING**

The New Look

Episodes 1-3 available from
Wednesday **Apple TV+**

The story of how Christian Dior (played by Ben Mendelsohn) and his contemporaries launched modern fashion in the aftermath of the Second World War is brought to life by a stellar cast that also includes Juliette Binoche and John Malkovich.

FEATURE P14 ►



2 **TV**

Bring the Drama

Wednesday 9.00pm **BBC2**

Eight aspiring actors hope to get their big break in this new talent contest hosted by Bill Bailey, pictured here with *EastEnders* star Natalie Cassidy and head judge, casting director Kelly Valentine Hendry. In week one the wannabe stars head to Albert Square.

FEATURE P26 ►

4 **RADIO**

Desert Island Discs

Sunday 11.15am **Radio 4**

Peaky Blinders and *Oppenheimer* star Cillian Murphy talks acting, music and inspirations with Lauren Laverne, and reveals which song used to terrify him as a young boy.

5 **TV**

Alice & Jack

Wednesday, Thursday 9.00pm **C4**

A pensive drama starring Andrea Riseborough and Domhnall Gleeson as Alice and Jack, two people who – despite meeting and having an intense connection – can't quite seem to make things work.

INTERVIEWS P22 ►



6 **FILM**

Aftersun ★★★★★ **12**

Sunday 10.00pm **BBC2**

(11.15pm in N Ireland)

Paul Mescal received an Oscar nomination for his role in this poignant drama about a father and daughter on a Turkish holiday. Mescal's co-star, Frankie Corio, marks herself out as a name to watch in her acting debut.

THIS WEEK

THE TEN BEST SHOWS TO WATCH, LISTEN TO & STREAM



TV **The Space Shuttle That Fell to Earth**

Monday 9.00pm **BBC2**

A new documentary series investigating why the space shuttle *Columbia* (pictured here at its launch in January 2003) fell apart as it returned to Earth a couple of weeks later, killing the seven astronauts on board.

RADIO **Young Again**

Tuesday 11.00am **Radio 4**

Kirsty Young returns with her superb interview format where she asks celebrities what they might change if they were young again – although that's dealt with swiftly and deeper themes emerge. She starts by asking the 12th Doctor, Peter Capaldi, to go back in time.



TV **Kin** Tuesday 10.40pm, 11.30pm **BBC1**

A double bill starts the second series of the violent, Dublin-based drama. Despite the smart manoeuvrings of boss Amanda (Clare Dunne) the Kinsellas are facing another gang war. They're going to need more than luck to survive.

9 **PODCAST**

Stick to Football

Entertaining, digressive chat from a gang of

former footballers – Jill Scott, Ian Wright, Roy Keane, Gary Neville and Jamie Carragher. It works best when they veer off the subject of football and we get an insight into the idle chat of professional athletes, which mostly revolves around clothes and styling.



STREAMING

Is There Anybody Out There?

★★★★ **12**

Available now on **Netflix**

Film-maker Ella Glendining shares the experience of her disability with other "different" people in this Bafta-nominated documentary. It's a moving look at the concept of being "normal".



RADIO TIMES COVERS PARTY

STAR POWER!

At the annual *Radio Times* Covers Party, held at London's Claridge's Hotel, we celebrated the stars who have featured on our front cover, as well as the programmes and producers who make British TV the powerhouse it is today.

Sir Lenny Henry hosted the evening, where Louis Theroux took selfies with *The Traitors* finalists, and Sir Grayson Perry complimented the Rt Hon Penny Mordaunt on her youthful complexion. But there were more poignant moments, too.

In a special presentation, Heather and Alistair James, parents of Dame Deborah, who died from bowel cancer in 2022, received the issue that celebrated the legacy of the BBC's *Bowelbabe*. Alistair said, "This was a girl that lived two lives in her first 40 years, and in the last eight weeks of her life, a third life."

The team behind ITV drama *Mr Bates vs the Post Office* was also honoured. Executive producer Patrick Spence said, "Being trusted by the sub-postmasters to tell their story has been the greatest privilege of our lives. The change of approach we have witnessed at the highest levels since speaks volumes about the power of TV."

LAURA RUTKOWSKI

PHOTOGRAPHED
EXCLUSIVELY
FOR RADIO TIMES BY
**RAY BURMISTON
& RUTH ROXANNE
BOARD**

SIR LENNY HENRY Covers Party host

"This is my third time hosting and it's always joyous, very noisy and very supportive. If the guests find something funny, they really, really laugh. It's lovely to be in Claridge's, what a gorgeous place. There were so many nice moments tonight – meeting Waris Hussein, the first director of *Doctor Who*. I met all the people from *Mr Bates vs the Post Office*, I met Johannes Radebe from *Strictly Come Dancing*. And Ainsley Harriott hugged me and broke my microphone."

**NATASCHA
McELHONE**
Hotel Portofino
The glossy period
drama will return
later this year

**MARY BERRY &
MONICA GALETTI**
The culinary
queens helped
celebrate a good
year for food on TV

CHARLOTTE SPENCER
The Gold
Spencer played a
detective pursuing the
Brink's-Mat gang

SIR GRAYSON PERRY

The Full English

“Me on the cover of *Radio Times*! I come from that era when television was the one-eyed god in the corner and I remember the embossed RT cover that we would turn back to see what was on the gogglebox that evening. I love television, I'm a great tellyholic. I watch it every night for probably three to four hours. I serve it up like a meal. Your documentaries are your vegetables. And then you'll have a reality show as your carbohydrates and a comedy as your dessert.”



MIQUITA OLIVER

Stirring It Up podcast

“I already have this cover framed in my office, so this will go in Mum's [Andi Oliver] office! It's important to put up things that you've done. I'm always saying to my mum that I love things that make us feel like we're part of the fabric of the country. That is something *Radio Times* cements. This cover reminds me of how much we've achieved, but also how much more we want to do. It's a really special thing that we'll never forget and treasure for ever.”

DAWN O'PORTER

Get It On podcast

The novelist, fashion podcaster and RT contributor



JAZ SINGH

The Traitors

“It's been absolutely incredible. Usually it's me going to celebs for a picture, but tonight it's the other way around. Dan Walker said I need my own detective series and he's started a trend – Jazatha Christie!”

MOLLIE PIERCE

The Traitors

“I'm having the best time ever! Harry and I are fine – it was just a game that we were all playing and that money was never mine, so there's nothing to forgive him for. He played a good game.”

HARRY CLARKE

The Traitors

“Honestly, I can't put into words what it's like to be somewhere like this now. It's an amazing party! Jaz, Mollie and I are loving it.

To know that everyone loves series two of *The Traitors* is overwhelming.”

24 CARAT

The Gold team pose for the camera



SHIRLIE & MARTIN KEMP

The couple were on hand to mark Wham!'s cover





TV CHEFS

A MasterChef's tasty touch

Food legends Si King, Prue Leith, Gregg Wallace, Monica Galetti, Mary Berry, John Torode and Ainsley Harriott assembled to collect their RT covers. As a special treat, last year's winner of MasterChef, Chariya Khattiyot (right), made canapés.



JOHANNES RAABE (RIGHT, WITH FELLOW STRICTLY PRO AMY DOWDEN)

Strictly Come Dancing issue

"It's always humbling when you come to such events. Lenny Henry said that television is of the utmost importance, because it acts as a mirror to so many things that are happening in this country. That's when you realise that you're part of something great – it's touched my heart."

'Television is important... it acts as a mirror to the country'

JOHANNES RAABE



DAME DEBORAH JAMES'S STORY

Alistair James, pictured with his wife Heather, host Lenny Henry and RT editor Tom Loxley, said of his daughter, "Deborah couldn't have had the platform she had without the media industry. There are many people here who helped her, from the BBC and ITV and mainstream studios she learnt to trust and love. Her message was, 'Don't let my cancer and my death ruin your lives.'"

"Find a life worth enjoying, take risks, love deeply, have no regrets and always have rebellious hope. And please check your poo. It could just save your life."

LOUIS THEROUX

Bafta TV special

Although I've been making TV for 30 years, the idea of people enjoying my programmes and being recognised never gets old.

It makes me sound a bit vain maybe, but I do have that feeling of, "Oh wow, I'm on the cover." I can't pretend it doesn't feel cool. I interviewed Joan Collins last year and she had 100 or maybe 1,000 all up on the wall, framed. She made a joke about how the ego has landed. I can sort of relate! I'll never have that many, but I'd like to have a few more and maybe put them on the wall."





RT HON PENNY MORDAUNT, MP

Coronation issue

I had no idea about the response to the coronation on TV, I was separated from social media. I did get a letter from somebody saying, "How kind of the King and Queen to come to your event this afternoon." It was brilliant and I feel such pride in being part of it. TV is a great part of our British culture and our nation – by doing [reality show] *Splash!* I helped to fund a lido for our local community."

LORD BRAGG

David Hockney issue

It's very good to get a *Radio Times* cover. I shared it with David Hockney and he likes it as well. The arts on television needs defending and I'm leading a debate in the House of Lords about the future of the arts. I'll be extremely positive about the BBC. So many people want to attack it because they envy it and they want its audiences. Everybody who thinks well of the BBC, works at the BBC, should stand up for it – all hands on deck!"

CALL THE MIDWIFE

The hit drama's cast and crew
MEGAN CUSACK (NANCY, FAR RIGHT)
"I'm having a gorgeous evening. This one's always nice because the drinks are free and everyone has a chat! Mollie from *The Traitors* is a babe – we're now Facebook friends. My night's been made!"



60 YEARS OF DOCTOR WHO

JODIE WHITTAKER (ABOVE) WITH MANDIP GILL (YAZ) AND KATY MANNING (JO)

"It's amazing! I bet there have been hundreds of *Doctor Who* covers. It's so emotional for us because when we were in it, we were living it in real time. Now we're part of the reference points [in the latest stories] – that's magical. I'm proud of being in *Doctor Who*. It's my happiest time."

WARIS HUSSEIN, ABOVE LEFT
Doctor Who's very first director was "delighted and honoured" to receive the show's earliest RT cover from 1964.



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IT MUST SEEM a long way from the post office and village shop in South Warnborough, Hampshire, where Jo Hamilton baked scones and cakes every day, sold stamps and cashed pensions, to the glamour of Claridge's in London's Mayfair. "This is a bit mad," she says, looking around a jammed, glitzy ballroom full of very famous people who have been cheering her to the rafters. "Though it will be less mad after a few glasses of fizz."

Hamilton, one of hundreds of subpostmistresses and masters unjustly prosecuted by the Post Office in the Horizon software scandal, is at the *Radio Times* Covers Party with the makers and stars of *Mr Bates vs the Post Office*, a drama series that writer Gwyneth Hughes says, "is based on a true story that is genuinely unbelievable", and which, in part, forced the Prime Minister to push through emergency laws to exonerate victims like Hamilton.

Around them the great and good of television are celebrating the triumph of ITV1's four-part dramatisation of the 20-year-campaign by subpostmaster Alan Bates, played by Toby Jones, to bring justice to more than 700 people – ordinary Britons prosecuted for theft and other offences between 1999 and 2015 when the Horizon computer accounting system supplied by Fujitsu failed.

The enthusiasm in the room reflects a nationwide surge of support for subpostmasters and mistresses that followed the series' broadcast in January, and Hamilton is delighted with the public reaction. "I've got cards, flowers, handwritten letters from people. One of them was addressed to 'Jo Hamilton, legend'. I hope it inspires more people not to be walked on. You do need not to be walked on. Alan [Bates] is a very special person, he was never going to let go. He knew more about computers than I did, but once I realised just how many people they'd done this to, it flicked a switch. I was in angry mode then: 'They are not going to get away with this.'"

Wrongly convicted of defrauding the Post Office of £36,000, the 66-year-old is small in stature but emanates the indomitable energy of someone who has fought long and hard to clear her name. "It's made me stronger – much stronger."

A LONGSIDE HAMILTON is the woman who played her so convincingly, Monica Dolan. If anything, Dolan is the more surprised by what happened after the show aired – causing first sympathy then public outrage at the Post Office's continuing persecution of Hamilton and her colleagues when CEO Paula Vennells and her team already knew there were problems with Horizon. "I really didn't expect anything like this," Dolan says. "I texted

RADIO TIMES COVERS PARTY

FIRST CLASS!

It's the TV drama that moved the nation, brought down CEOs and forced the Government to act – last week *RT* paid tribute to *Mr Bates vs the Post Office*

INTERVIEWS BY
MICHAEL HODGES



'I hope it inspires more people not to be walked on'

JO HAMILTON,
SUBPOSTMISTRESS

TRIUMPH

Jo Hamilton (left) was played by Monica Dolan (top left) in *Mr Bates vs the Post Office*. They were reunited at the *Radio Times* Covers Party



TAKE A BOW, EVERYBODY

From left: director James Strong, writer Gwyneth Hughes, ITV Head of Drama Polly Hill, executive producer Patrick Spence, producer Chris Clough, actors Will Mellor and Lia Williams, executive producers Natasha Bondy and Joe Williams, former subpostmistress Jo Hamilton, and actors Monica Dolan and Katherine Kelly. Right: Patrick Spence making a heartfelt statement on stage. Far right: the team with their RT covers

James [Strong], the director, and Toby [Jones] and said, 'We were only supposed to blow the bloody doors off!' I think our contribution was to try to show what happened in a way that's digestible and relatable for people. Everybody has been on a helpline and felt helpless and I think that's what people saw on screen. That's what they could relate to, they saw everything that really frightens them unfolding."

TONIGHT, AT CLARIDGE'S, there is a palpable closeness between the two women – "I love you!" exclaims Hamilton – but their relationship started quietly. When Dolan first got the part, she sent Hamilton emails asking about her hairstyles. "It [the campaign] went on for so long, obviously people's hair changes, so she just sent me pictures of her hair. I didn't really meet Jo until the read-through. As soon as we saw each other we hugged, we were both quite tearful."

Hamilton is delighted by Dolan's performance. "She's just done a brilliant job. My friends say, 'She's got you spot on.'" Many of the scenes are intensely personal; we see Hamilton on the verge of breakdown, losing her post office and many thousands of pounds of her own and her family's money and then her mother, who

died of cancer before the postmasters and mistresses were fully vindicated. "My mum lasted a bit longer than my dad but I promised both of them I'd never give up," she says. "And the fight was still ongoing. We were just about to get the group litigation when my dad died. I promised him I wouldn't stop, and I promised my mum that we would never give in. I said, 'I'll be in court one day.' And it happened. The hardest thing to watch was my mum, the rest of it pales into insignificance with that. But I can watch it because I kept my word to her, and it's got us to where we are."

The team are ready to take to the stage but, before they do, executive producer Patrick Spence has a point to make. "We didn't set out to make a state-of-the-nation drama," he says. "Our intent was that the subpostmasters would feel that their story had been heard, because they were unheard for so long. But it's become clear that we tapped into a national rage at feeling unheard by our politicians, and by those that run our big companies."

"Even worse than that, a sense of genuine and huge distrust in all too many of the people that are supposed to have our backs. And it feels like the nation was ready to gather around some-

thing to say, 'Enough is enough.' And it just happened to be this show."

"What I take from this," says Gwyneth Hughes, "is that British people have it in them to turn round great liners in mid-ocean. If people are brave enough and strong enough and work together, they can move mountains. And they're so British, aren't they, everybody involved? British to the core."

For the team behind the series, it naturally feels like an ending of sorts has been reached. *Mr Bates vs the Post Office* is acclaimed, and, in the last few weeks, Vennells has returned her CBE and, most recently, Post Office chairman Henry Staunton has been sacked. But things aren't over for Hamilton. People still await compensation, other victims have to be identified and, as ever in this tale, there is the feeling that the subpostmasters and mistresses, the little men and women, are still being gaslit by the establishment.

"When they sacked the chairman the other day, I thought, 'Oh, come on. Stop trying to do this,'" says Hamilton. "They're still trying to play us, even now. We're not stupid. Stop it. The group are important. Get them paid." The fight goes on? "Yes."

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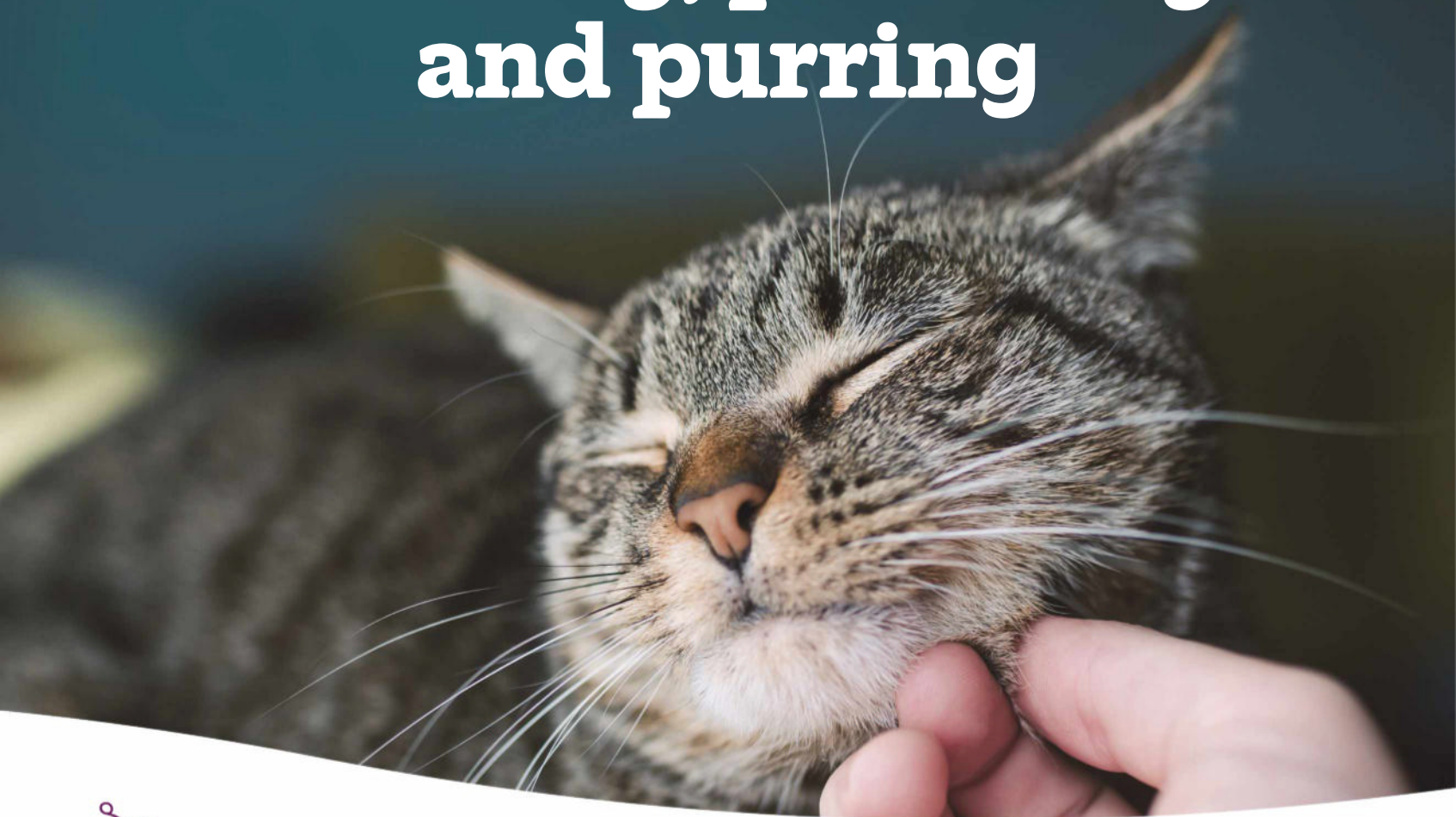
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VIEWPOINT

WALK AND TALK – IT'S GOOD FOR YOU

There's nothing like a ramble to help us share our deepest feelings, says **Clare Balding**



ALL MAPPED OUT
Clare Balding
began presenting
Ramblings in 2000

GOING FOR A WALK doesn't always seem like a good idea and that's particularly true right now. In the icy grip of winter when the light is limited, it can be easy to hide away inside and not brave the elements. Trust me, it really is worth zipping up your jacket, pulling on some boots and getting out there in the British countryside. These bright, frosty days, when the pale sun makes the leaves twinkle and a river or a lake sparkle, are so uplifting they warm the body from the inside.

More importantly, go walking with a friend – an old friend or a brand-new one. Walking on your own is good exercise, but walking with other people, looking outwards over the land together, sharing the view and the weather, is a liberation. Very soon you'll find yourselves talking about everything and anything. For me that is the big revelation, just how much people will share of their personal story when we are walking.

When I was first asked to present *Ramblings* in 1999, I have to confess that I had only ever walked with dogs. I had rarely, if ever, taken a map and followed a foot-path on a route into unfamiliar places. I walked a lot in London and was able to plot a way on foot rather than taking the Tube, but in the countryside I was worried I might mistakenly trespass across a field of angry cows or get lost in a remote place with no phone signal.

Here we are, 25 years later; rough calculations

suggest we have covered over 3,700 miles and every step has been an absolute treat. I have learnt to really look at landscape and to zoom in on the details to add detail to any description as I try to make the listener feel as if they're walking with me and my companions. But I have also learnt that walking in company invariably leads to people sharing some of their deepest feelings and thoughts with others: feelings and thoughts that might otherwise have gone unsaid.

IN THAT TIME, walking groups have sprung up across the country. Now you can join people walking for health or to talk about art or music. Some sing en route, others are wild swimmers. Once you start looking, you will find a walking group that works for you. I know of bereavement groups who have realised that for a lot of people, it's easier to talk about grief (or any difficult subject) when you are moving forward and looking at a view, rather than making eye contact across a table.

These beneficial effects are so wonderful and so good for individuals and for society; I really believe that they should not be the preserve of a minority with access to Britain's beautiful forests, moors and mountains, but available to everyone who

lives here, regardless of social class or ethnic origin. We are all of us only a bus ride from the countryside.

Recently, I walked with a wonderful group in Huddersfield called *We in Front*. It was established during lockdown when Errol Hamlet decided to take advantage of the time allowed outside to venture into the hills above the town. Various friends saw him and asked him what he was doing and, before long, like the Pied Piper, he had a crowd following him. Many of the group share a West Indian heritage and they all love Caribbean music, so they take guitars, drums and a ukulele with them and have a sing-song when they get to an appropriate spot. They lead walks four times a week and numbers vary from five or six people to more than 20 at a time.

ONE OF THE walkers I met was Cynthia, whose own involvement started when Errol, who is her cousin, suggested she might like to join in. She admits that when she was young, walking wasn't something she was encouraged to do. Her parents didn't walk and none of her friends did, either. "I lost my husband two years ago," she told me. "Walking's changed my life. It's given me a sense of purpose. It's an enrichment."

So go on, put on your boots and find some friends – perhaps some new friends. The countryside is out there waiting, and it's for all of us.

Ramblings returns on Thursday at 3pm on Radio 4



FRONT FOOT
Clare joins the
We in Front walkers

THIS WEEK ON RADIOTIMES.COM

■ **Andrea Riseborough** (pictured right) and **Domhnall Gleeson** open up about Channel 4's "love story for the ages" *Alice & Jack*
■ **Kingsley Ben-Adir** on bringing a music icon to life for biopic *Bob Marley: One Love*

■ **Kara Tointon** previews new Channel 5 thriller *Too Good to Be True*
■ The cast of Apple TV+'s **The New Look** on exploring the lives of Dior and Chanel
■ The new gaming releases



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Designer EDIT

Christian Dior's New Look helped France forget the war – and outraged his rival Coco Chanel. But French haute couture had already erased its Nazi past...

BY ROSIE MILLARD

CHRISTIAN DIOR RESURFACED after the Second World War in 1947 with his radical New Look hour-glass silhouette for women. With its nipped in waist and full, mid-calf length skirt, it revolutionised the world of fashion and reinvigorated French haute couture. Some found its extravagant use of luxurious fabrics an outrage during the privations of postwar austerity. Others, such as Carmel Snow, the editor of *Harper's Bazaar* magazine, who coined the name The New Look, hailed it as a style revolution. Its significance, however, went far beyond the salons and boutiques.

"The New Look was so important," says fashion historian and writer Natasha Fraser, whose biography *Monsieur Dior* was published in 2014. "It pushed aside the humiliation of Occupation and signalled a return to the glory of France as a nation of style. A return to the Belle Époque before the war. Fashion is all about the present, about looking forward. France wanted to forget the 1940s."

This is, of course, the largely undiscussed shame of French haute couture: that not only Christian Dior, but also others – including Coco Chanel – stayed in Paris (although she closed her salon) during the German occupation and serviced the Nazis. They were literally (in the case of Chanel, who lived at the Ritz in Paris with a Nazi officer) and figuratively – in the case of Dior and others, including Jean Patou, Lanvin and Nina Ricci – in bed with the enemy.

The New Look, Apple TV+'s new drama, picks apart the complicated and fraught history of this difficult subject in a gripping and sweeping

ten-part series. Ben Mendelsohn as an anguished Christian Dior, employed by Lucien Lelong (John Malkovich), is obliged to create dreamy ball gowns for Nazi wives and girlfriends, all the while sheltering his beloved Resistance fighter sister, Catherine (Maisie Williams), in his elegant home on the Rue Royale. Juliette Binoche, meanwhile, in black twinsets and strings of pearls, perfectly captures Coco Chanel's aloof diffidence and ruthless survival instincts.

The designers have our sympathies and our condemnation; the interconnected storylines for Dior and Chanel, based on true events, evoke both emotions in equal measure. They ask, above all, what would you have done? Occupied Paris is portrayed as bleakly beautiful but utterly terrifying, with betrayals, fear and death just around the corner of the next Swastika-draped Haussmann mansion block. A knock on the door

might mean the arrival of a friend. Or it might mean denouncement, weeks of torture, dispatch by train to a concentration camp or instant execution. Given those circumstances, who wouldn't put up and shut up in order to stay alive?

WHAT TO WEAR

A tiny waist was key to Dior's New Look, seen here in 1947



JUST SAY NON!
French housewives pull at a woman's 'extravagant' Dior dress



‘The New Look was important. It pushed aside the humiliation of Occupation’

NATASHA FRASER

A NEW ERA
Designer Christian Dior pictured with a sketch pad in 1955

The series rests upon the moral quandaries posed to both designers: Chanel, who used her proximity to Nazi command, in particular her lover Baron Hans Günther von Dincklage (Claes Bang), to defend her label, but also to rescue her nephew from a French prisoner-of-war camp; and Dior, who used his work at Lelong and the demand for his designs by the Nazi top brass to help support his sister Catherine and indeed to rescue her from Nazi internment. After the war, it's said he named his classic perfume Miss Dior in Catherine's honour and famously misted the room in which he showed his New Look collection with the fragrance.

CHRISTIAN DIOR HAD a precarious rise to the heart of French high society. Born in 1905 into a bourgeois family, his ambition to become an artist was thwarted with the loss of the family business during the Great Depression of the 1930s. He turned to fashion designing and was eventually taken on by French couturier Lucien Lelong, who employed him and fellow designer Pierre Balmain throughout the war.

Although she tried to mask it in later biographies, Gabrielle ‘Coco’ Chanel had a far lowlier start to life. Born in poverty in 1883, she was sent to a convent orphanage by her father at the age of 11, after her mother died. It was there that she learnt how to sew. After attempting to earn a living singing on stage, she became a milliner and in 1910, opened a boutique in Paris and after that, Deauville. She became entranced with the British upper class and in 1908 she began an affair with an English captain, Arthur ‘Boy’

Capel, and fell under the spell of British style and society. She became great friends with the Prince of Wales, Winston Churchill and the Duke of Westminster, a social set whose style intrigued her and whose connections would prove vital to her years later.

It was at her boutique in Deauville that she introduced her own unique modes for women, which eschewed corsets and whalebones (she was outraged by Dior's cinched waist) and used fabrics like jersey or tweed to form a relaxed silhouette. By 1919 she was sufficiently well established to open a *maison de couture* in Paris.

‘Chanel saw her Nazi connections as a way to gain control’

But the actions of Chanel during the war almost compromised her legacy. Crucially, she saw her Nazi connections as a way to gain full monetary control of her celebrated perfume, Chanel N° 5. The fragrance had been launched to huge acclaim in 1921 and was largely funded by French businessmen, the Wertheimers. Directors of Parfums Chanel, the Wertheimers were also Jewish and thus extremely vulnerable to Nazi interference under “Aryan laws”. Unfor-

tunately for Chanel, the Wertheimers – anticipating Nazi action – had already taken refuge in the United States and legally turned over Parfums Chanel to a non-Jewish French businessman, Félix Amiot, who then returned it to them after the war. As a pleasing footnote, their descendants Alain Wertheimer (chairman of Chanel) and his brother Gerard are still controlling shareholders in the company.

Viewers will see Chanel depicted as a desperate woman who will do anything to save her own skin. Binoche plays her as an unwilling Nazi agent with a tight smile, working for the German intelligence agency, who – in the closing days of the conflict – wished to use her friendship with Churchill to broker some sort of peace deal.

In order to protect herself from accusations of collaboration after the war, it's thought that Chanel made a plea to Churchill to intervene. The images of squaddies queueing up outside her Paris *atelier* after the armistice, waiting to buy bottles of N° 5 for their sweethearts back home, also helped restore her reputation.



GOING COCO
Soldiers queue in Paris to buy Chanel N° 5, the designer's most famous fragrance

But while this all makes great drama, it's not an association on which the House of Chanel wishes to dwell. Indeed, the exhibition *Gabrielle Chanel. Fashion Manifesto*, currently on at the V&A Museum in London, stresses that her name also features on a list of members of the French Resistance. The museum's 2019 exhibition on *Christian Dior: Designer of Dreams* – equally flamboyant and exquisitely presented – also didn't linger long on the designer's activity in Paris during the war. “The exhibit does little to contextualise Dior... it does not mention that he designed dresses for Nazi officials' and collaborators' wives,” said one reviewer when the show arrived in New York.

Ultimately, says Natasha Fraser, “We can't judge. We were not occupied by Nazi Germany. It's so important to be aware of history; the UK was saved from these sorts of decisions and compromises.” They are, however, front and centre in *The New Look*, a show about couturiers that is anything but frilly.

Being COCO

Controversial Nazi collaborator or first lady of French fashion? **Juliette Binoche** on the challenge of playing Coco Chanel

THE RT INTERVIEW BY
AMY RAPHAEL

JULIETTE BINOCHÉ EMERGES from the lift into the almost empty rooftop bar of a fancy London hotel, in understated black jeans and a white jumper. The French actor, who glides effortlessly between arthouse fare such as *Hidden* and *Clouds of Sils Maria* to mainstream movies like *Chocolat*, could so easily be a diva, but there is no sign of hauteur.

As she sits down beside me, Binoché says, in a very practical, unstarry manner, “Sorry I’m late. How are you?” She has excellent English, maintains almost unnerving eye contact and is surprisingly fun – at least until we get onto the tricky subject of Gabrielle “Coco” Chanel’s Nazi past.

Binoché, who turns 60 in March, is making a quick visit to London before returning to Paris on Eurostar (“It’s marvellous!”) to talk about her latest film, *The Taste of Things*, an exquisite culinary romantic drama, and *The New Look*, her ten-part drama series for Apple TV+ in which she stars as Chanel.

The New Look follows the lives of the famous French fashion designer and her rival Christian Dior, played by Ben Mendelsohn, as they seek to dominate the world of high fashion. The period drama boasts an ensemble cast ranging from John Malkovich to Maisie Williams and Claes Bang (last seen playing The Prick in *Bad Sisters*, which Binoché promises to watch) and a soundtrack produced by Jack Antonoff.

Binoché “read everything she could” before playing Chanel. *The New Look*’s story begins against a backdrop of the German occupation ▷



IT'S COMPLICATED
In *The New Look*, Juliette Binoché (above) plays Coco Chanel (right)





‘Her involvement
with Nazis is
a fact but it’s
more complex
than that’

JULIETTE BINOCHÉ

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◁ of Paris, during the Second World War. Chanel may have played a part in the French wartime resistance, but she was also a Nazi intelligence operative and had a relationship with German intelligence officer Baron Hans Günther von Dincklage, played by Bang.

"I discussed the story in depth with [show creator] Todd A Kessler and the scriptwriters because there are so many contrary things to say about Chanel," Binoche explains. "Some people condemn her as the worst person in the world and others say she worked for the resistance. It's very hard to have a black-and-white opinion."

Still, the fact that she was sleeping with the enemy surely makes it harder to fully embrace Coco Chanel's legacy? "Her involvement with Nazis is a fact," says Binoche, "but you have to know that she didn't kill anyone. She didn't give any names [to the Nazis]. There are different ways of being a collaborator." She sighs. "It's a long, difficult story. I could go on and on... It would be easy to say Chanel was a collaborator, full stop, and you have to put her in the bin. But it's way more complex than that."

FASHION IS INNATELY political, reflecting as it does the times we live in. Binoche agrees, but points out that *The New Look* is a drama that dramatises facts and not a documentary. Do politics ever affect her own fashion choices? "I've been working with the same stylist, Jonathan Huguet, for almost ten years. I appreciate fashion, but I'm not fascinated by it. I don't want to be responsible for deciding how to do my hair with this or that outfit! I trust Jonathan; he likes dressing me as half woman, half man. It gives me a sort of freedom that I enjoy."

Freedom of expression, both on and off screen, is important to Binoche. I assumed, since she's been a huge star for so long, that she's always made herself heard on set, but she shakes her head. "It's a recent thing. Before that, I didn't know I had that power." She had to give herself permission? "Yes. Permission to say no."

Binoche used to have very few boundaries on set, which led to her nearly drowning during the three-year shoot for the 1991 film *Les Amants du Pont Neuf*, directed by her then lover Leos Carax, the *enfant terrible* of modern French cinema. "I didn't know what a boundary was," she says. "Somewhere inside of me I was assuming I'd give myself [to acting] until I died. And then I almost died in the water and I was like, 'Uh-oh, this is not right'. I wasn't going to die for my art after all."

"Having said that, when I danced in Akram Khan's *In-I* at the National Theatre in 2008, I thought



MISE EN SEINE
Captured in Paris
in 2011 by famous
photographer
Robert Doisneau

I was going to die every night! I thought I couldn't catch my breath or I was going to have a heart attack on stage. I have this passion in me, but I don't want to hurt myself. It's as simple as that."

She may have almost exceeded her physical limitations on screen, but her new film pushed her pretty near to the edge emotionally. Binoche's co-star in *The Taste of Things*, Benoît Magimel, is another real-life former partner and the father of her daughter, Hana. Magimel plays

'When you're too famous it's hell. You become a prisoner'

Dodin Bouffant, a renowned chef and sometime lover of Binoche's character, Eugénie.

The couple separated 20 years ago; were they already on good terms or did making the film help to resolve any remaining issues between them? "I wouldn't say resolved, but... overcome. It was not an easy separation, but no matter what, love is still in my heart. I felt I could express it through [writer/director] Tran Anh Hung's words. It was a real..." She pauses.

"Reconciliation. A bridge. Giving this film to our daughter was very special. It was difficult for her [to watch], but a few days later she said, 'It healed me.'"

In *The Taste of Things*, which is set in rural France in 1885, Binoche spends most of her time cooking sumptuous dishes, so I ask if she is a decent chef. "When I was young, we



FOOD OF LOVE
With her ex-partner
Benoît Magimel in
The Taste of Things

moved to the countryside outside Paris. We didn't have a lot of money, so my mother became interested in a macrobiotic diet. I was more drawn to sugary stuff, so I'd make cakes. I try to make healthy, tasty food, but I don't have time to do the lavish cooking like Eugénie in the film! I always try to add a little *épice* because spice improves everything."

Now that she has explored food and fashion on screen – surely two of the most quintessentially French things – Binoche is making two documentaries: one about the making of *In-I*, another about cycling in Paris. "A producer commissioned a series of short films about cycling in European cities and asked me to do the Paris one. It's exciting because I had to write a short script – Ralph Fiennes [with whom she starred in *The English Patient*] and Anish Kapoor will play small roles. I am also cycling around Paris a lot with my daughter. Which I kind of do anyway, because it's better for the environment and I don't really take the Métro."

DOES SHE MIND being recognised – and, more importantly, like being famous? She laughs loudly for a very long time. "What a question! The honest answer? Well... it depends on the moment. It can be a burden. It's not always the kind of attention you want. I go to the market every Sunday and people recognise me, but so what? If they want to see my face without make-up, they can have it. I've been in films wearing no make-up. When I do theatre, people forget about me for a while."

"I do worry about *The New Look* being watched in people's houses," she adds hesitantly. "I worry about my freedom. When you're too famous it's hell – you cannot go out and live your life. You become a prisoner." She sips her water and thinks some more. "But if someone wants a photo with me, I'm not going to overthink it because, after all, I chose to be an actor. If it makes them happy, it makes me happy."

As Binoche is about to leave, a woman approaches. "May I have a photo with you? I've been a fan since *Blue*," Binoche smiles. "Sure. It's been a while since that film!" (Krzysztof Kieslowski's *Three Colours* trilogy is 30 years old.) They pose for the photo and Binoche says, "Have a good day." The woman, staring at her phone, is barely listening: she has a photo with a bona fide French icon. This, then, is the Binoche Effect.

The Taste of Things is released in cinemas on Friday



DANGEROUS DAYS
Claes Bang plays
Chanel's wartime
German lover

To re-create Dior's signature look for TV, costumer Karen Muller Serreau left no cuff unturned

CHRISTIAN DIOR'S DEBUT haute couture collection shown in the salons of 30 Avenue Montaigne in Paris, on 12 February 1947, featured 97 different looks – including the famous “Bar Suit” that epitomised The New Look.

“It was a revolution,” says Karen Muller Serreau, the costume designer whose job it was to re-create the show for the opening episode of Apple TV+'s new series of the same name. “It was looking towards a more glorious future. Dior symbolised French elegance and the female body. His clothes were architectural and moulded around the woman's shape.”

Selecting which designs to feature, with none of the actual clothes surviving today – and some impossible to re-create due to the fact that only small cloth samples are available – was one of her biggest challenges. “They didn't start archiving until quite late,” Serreau explains. “It was something new and they weren't expecting it to be such a success.”

The English costume designer, who moved to Paris in her late teens and worked at the Atelier de Costumes, was allowed into the capital's House of Dior archive to see the designer's original sketches and the swatches of material used to create each design. The Bar Suit was obviously top of her list. She then chose ten additional outfits, with Dior suggesting a few that had never been re-created before. Dior, she recalls, were very involved with the fashion shows for the series, with input like, “Make the waist half a centimetre higher or lower.”

Beyond the incredible designs brought back to life for Dior's debut 1947 show (as well as a later one from 1956, which also features in the series), Serreau and her team of 15 re-created hundreds of outfits for the cast, including hats, gloves and shoes – all in just three months.

Here, and in imagining what Dior sketched while working for Lucien Lelong (played by John Malkovich in

VIVE LA REVOLUTION!
The *New Look* re-creates the debut of Christian Dior's Bar Suit in 1947



the series) in 1941, Serreau was allowed to get creative. “We don't know what Dior really did at Lelong's, but we invented ideas of what he would have done as we went along.”

SERREAU AND HER team set up a workshop in Paris that was “more or less exactly as one would have been in that period”, where they sewed from morning until night. “It was constant. I got to the point where I couldn't choose another button!”

Ben Mendelsohn, who plays Christian Dior, dropped by frequently, says Serreau, to follow the tailors and see how things were made, how the cloth was cut and even how the scissors were held. “It was all made to the standard of haute couture,” she adds.

In *The New Look*, Coco Chanel (Juliette

Binoche) explains that haute couture means “high sewing” and that “it takes 366 hours minimum to create it”. Serreau remembers Binoche's first fitting when her dress wasn't quite finished. “She said, ‘I don't think this dress looks like it's got 366 hours of sewing in it!’ The poor seamstress who had been sewing it looked up at her and said, ‘I tell you – it *has*!’”

‘Dior and Chanel created fashion that's still important today’

Chanel closed her Paris boutique at the beginning of the Second World War, so all of her outfits are imagined rather than re-creations, but her style was in stark contrast to Dior's sculpted silhouette. Chanel was “looking to free the woman of the corset, of the uncomfortable”, Serreau says. “She went for a much more masculine look, having gone into her lovers' wardrobes and put on their jackets, tweeds, trousers and shirts.

“It was really interesting looking at Dior and Chanel coming from different places, and yet creating fashion that's still important today,” Serreau says. “We're still creating the same things over and over again.” It seems *The New Look* remains as new today, as it was then.

LAURA RUTKOWSKI





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Soul mates

Like the characters of new drama *Alice & Jack*, **Andrea Riseborough** and **Domhnall Gleeson** have been part of each other's lives for years

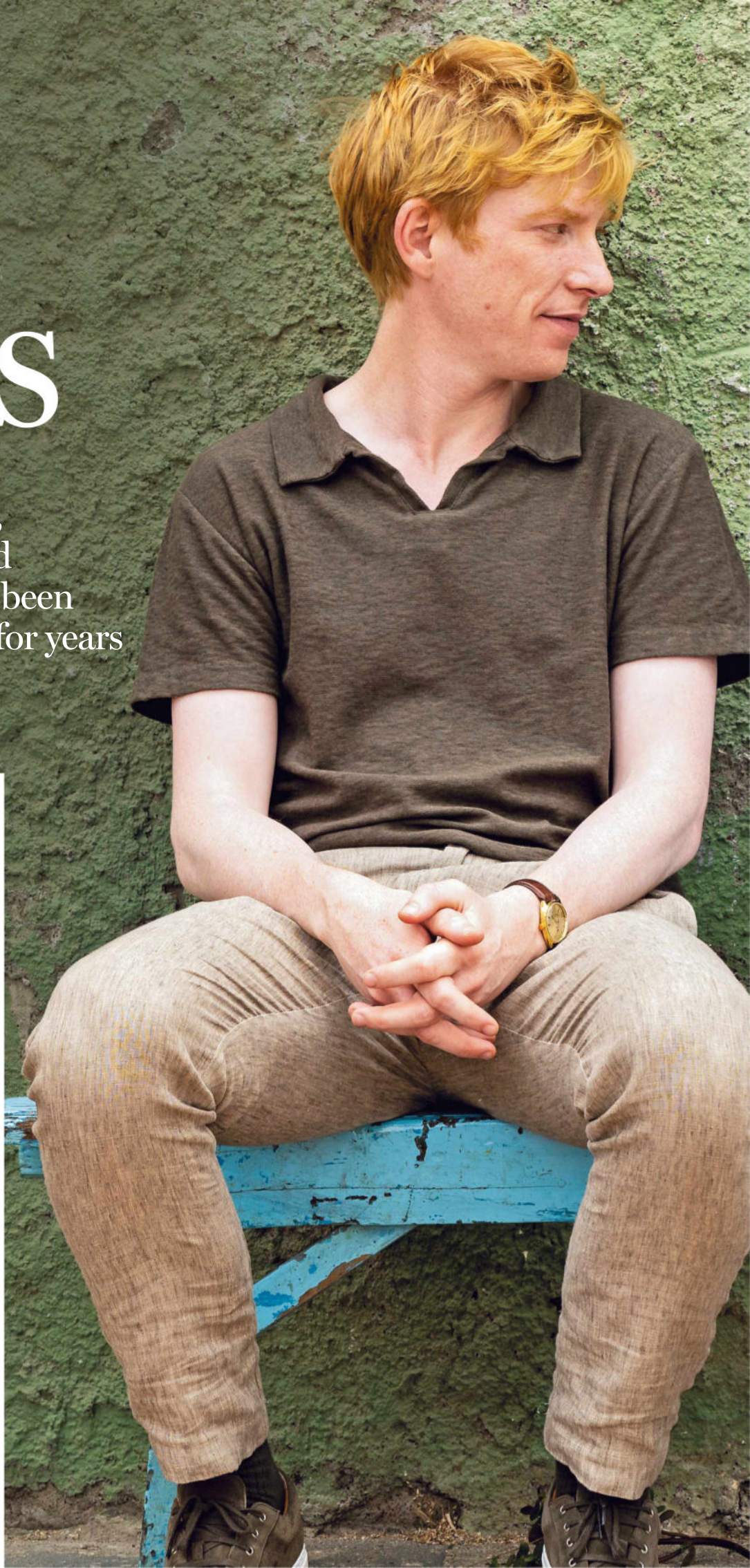
INTERVIEWS BY
AMY RAPHAEL


WHEN ANDREA RISEBOROUGH was sent the *Alice & Jack* script back in 2019, she was blown away by "the familiarity of real human behaviour". Victor

Levin, an award-winning writer best known for his work on *Mad Men* and *Mad about You*, had originated a love story about the titular characters interrupting each other's lives over a 16-year period – in a similar vein to *One Day*, recently re-adapted for the screen by Netflix. "The project was part of his life experience," explains the 42-year-old actor, "and was very meaningful to him for tens of years, so there was a certain responsibility to tell it in the most beautiful way."

Spiky Alice, played by Riseborough, meets Domhnall Gleeson's gentle Jack in a bar and their immediate, profound connection is derailed time and again as Alice processes childhood trauma. But every assumption we make about the characters is challenged as the series progresses. When Alice leaves him, Jack marries Aisling Bea's warm-hearted Lynn, but Alice can't quite leave Jack behind.

Riseborough was born in Newcastle and attended Rada before dazzling in BBC dramas like *Party Animals* and *The Long Walk to Finchley* and, later, in films such as the critically acclaimed *Birdman*. She is a famously unusual interviewee. Sitting in a large room in Channel 4's London headquarters, she is articulate and thoughtful, but when she pauses for ten or 20 seconds before answering a question, it's a little





'I do believe
in soul
mates. I've
experienced
it myself'

ANDREA
RISEBOROUGH

unnerving. Discussing *Alice & Jack*, she says that "love belongs to all of us" and that "we tire, as an audience, of seeing love represented by two morally impossibly good protagonists".

Alice, she says, has a "wonderful candour" that gives her a thick armour. Then, I suggest, Jack comes along and unexpectedly breaks the armour. A long pause. "Um. No. When Jack and Alice collide, it's inevitable. I suppose everyone's experience of orbiting a soul mate is different. If you have the great fortune to be able to do that in this life." Riseborough now lives in Los Angeles with her partner, Karim Saleh, a co-star in the 2020 film *Luxor*, so I ask if she believes in soul mates. "I do. I don't believe you have to have one, but I believe it's possible! I've experienced it myself."

With Saleh? She looks around the room for what feels like eternity. "When you asked that question, it felt very intrusive. So I held back the answer. But yes." And then, without warning, she smiles. "It's a very difficult story between Alice and Jack, but such is life! Domhnall and I have both had the experience of finding incredible partners, and to celebrate love with a trusted friend has been wonderful."

RISEBOROUGH AND GLEESON have, coincidentally, also known each other for 15 years; they acted together in the films *Never Let Me Go* and *Shadow Dancer* and are both executive producers on *Alice & Jack*. Would she have taken on the role of Alice if Gleeson wasn't playing Jack? "I couldn't have done it without Domhnall. It would have been very, very difficult had we not had a tacit understanding of one another, a bit of history and mutual respect."

Did she feel supported? She talks more quietly. "Very much so. It makes a huge difference. I feel very present when I work, but then there are also lots of ways I feel very present in my own life. I'm a great reader – I devour books. I am very present in all the relationships in my life, which are very, very long-term; I'm friends with people I grew up with. I think being supported is a choice that, as creatives, we make quite early on. You intuitively know that if you surround yourself with wonderful people, it's going to be a healthy environment to work in."

Last year, Riseborough gave a critically acclaimed performance in the small indie film *To Leslie*, in which she plays a single mum who wins the lottery and spends it on drink and drugs. There was none of the usual awards buzz for the film and then, apparently out of the blue, A-listers from Kate Winslet to Edward Norton publicly endorsed Riseborough for a best actress Oscar nomination – the ultimate word-of-mouth campaign for the ultimate actor's actor. Various publications asked if Academy members like Winslet supporting Riseborough crossed a line, while others asked if her surprise nomination resulted in women of colour being overlooked (the Oscar eventually went to Michelle Yeoh for *Everything Everywhere All at Once*). ▷

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◁ Bringing up the subject of *To Leslie* a year on elicits the longest pause of all... "I'm so grateful so many more people were able to see the film [after the Oscar nomination]. The most incredible thing was hearing how alcoholism affects people's lives."

Riseborough often talks about exorcising her roles, but isn't sure if characters like Leslie or Alice stay with her – "although I imagine they leave their mark on you in some way". She zips up her vintage Adidas jacket and smiles. "Acting is a very strange job. In *Alice & Jack*, Domhnall and I were drawn to move through something rather than trying to skip around it. All I know is that, by the end, I was very different."

DOMHNALL GLEESON HAS A terrific sense of humour. His agent once sent him an article with the heading "The rapid rise of Downhill Gleeson" – he amiably says his name in fact rhymes with "tonal". We're sitting in a tiny room at Channel 4 and he pretends to be furious. "Why does Andrea get the big room?" Maybe because she flew in from Los Angeles while he only flew in from Dublin? "Dublin is way better than Hollywood!"

Gleeson is the kind of actor who seems not to take himself too seriously while having a tremendous work ethic. Between 2013 and 2015, for example, he starred in the Richard Curtis romcom *About Time*; acted with his father Brendan in *Calvary*; played a Weasley in Harry Potter and a general in Star Wars; pined after Alicia Vikander in *Ex Machina* and Saoirse Ronan in *Brooklyn*; and held his own alongside Tom Hardy and Leonardo DiCaprio in *The Revenant*.

After the pandemic, Gleeson announced that he only wanted to do work about connection and love. "You couldn't hug your flipping parents or your brothers" – born in Dublin, he is the eldest of four (his younger brother Brian is also an actor) – "and I was craving that contact." Like Riseborough, he

'Things got intense after Star Wars and Harry Potter'

DOMHNALL GLEESON

was impressed by the *Alice & Jack* script. "It was a potent reminder of how all-consuming love can be. As their story progresses, you see how much they f*** each other up with love. They aren't just hurting themselves, they are hurting other people. Jack is trying to be a good person, but love keeps kicking his arse. You're like, 'Holy Moly' as you watch Alice's behaviour in the first episode, but as soon as they share their first kiss, Jack thinks he's home. Even if it



▲ NEVER LET ME GO (2010)

Gleeson and Riseborough co-starred in the dystopian romantic drama



▲ LUXOR (2020)

Riseborough with her future partner Karim Saleh in a romantic drama



▲ SHADOW DANCER (2012)

The *Alice & Jack* leads also co-starred on this political thriller

▶ ABOUT TIME (2013)

Gleeson in the Richard Curtis romcom with Rachel McAdams



turns out that his house is on fire."

So Jack can't stay away from Alice because she's his soul mate? "Yeah!" Gleeson is a private guy, no doubt in part because of his famous father and potential accusations of nepotism, but it's impossible not to notice a gold ring. Has he recently married his soul mate? He offers a daft grin and nods. "I'm very happy that I'm wearing a wedding ring." He accepts my congratulations and tries to work out how he can talk about being newly married without saying too much. "I am very private. I'm so proud that part of my life is so precious. I don't believe that generally I'm too selfish a person, but some things are just for me. Also, I shouldn't be defining anyone else... just because I'm an actor."

"But I do believe in romance. It's really important. *Alice & Jack* is tough on its lead characters, which feels authentic. Real romance can beat you up." Riseborough wouldn't have taken on the role of Alice without him playing Jack; does he feel the same? "Absolutely. As soon as Andrea came on board, I was like, 'Let's go.' She's incredibly talented. We've washed in and out of each other's lives as colleagues for 15 years, which Jack and Alice do, only in a much more intense way!"

GLEESON, WHO TURNED 40 last year, seems very content with his work-life balance and to live a relatively normal life in Dublin with his wife, while starring in blockbusters – certainly compared to his old friend Margot Robbie, who played one of his love interests in *About Time*. "Things got a bit intense for me for a while after Star Wars and Harry Potter," he says. "I don't think [fame] is a natural state for anyone, though some people handle it with good grace. I saw Margot a year ago, but I haven't been out properly with her for a while. I imagine it's intense for her and I wouldn't wish that on myself." He grins. "Because of her artistry, talent and commitment, she's built something fantastic [Robbie co-founded production company LuckyChap Entertainment with her husband]. And sometimes things happen; sometimes *Barbie* makes \$1.4 billion. What an amazing film!"

Let's not talk about *Barbie* being snubbed at the Oscars – Robbie in the best actress category; Greta Gerwig for best director... "Yeah, but Cillian! [Murphy, nominated for a best actor Oscar for *Oppenheimer*.] He's a special actor. But we all knew that before the Oscars got involved."

Gleeson is a pretty special actor himself, but it turns out he doesn't give himself an easy time. "I don't believe in torturing oneself [about acting] for no reason. Or not as much as I did when I was younger. I'm a worrier, but less than I used to be; I understand now that there's less I can control. I just want to be happy going to work."

CASTING QUEEN

Kelly Valentine Hendry has cast everything from *Broadchurch* to *Bridgerton*. Now she's heading up a talent search with a difference...

QUESTION: WHAT DO blockbuster shows *Bridgerton*, *Gangs of London*, *Ghosts*, *Fleabag*, *Unforgotten* and *Broadchurch* have in common? Answer: their all-star casts were assembled by renowned casting director Kelly Valentine Hendry.

"I saw *Fleabag* in its first incarnation as a one-woman stage show," Hendry recalls. "Then we helped cast a live read-through to get the TV pilot commissioned. We held it downstairs in a pub with the cast list printed like menus. Ketchup was still on the tables while Phoebe Waller-Bridge, Olivia Colman and co performed their lines. It was the best read-through I'd ever seen. Sadly we didn't do the second series, so I didn't win the Emmy." She laughs. "I'm not sore about it at all!"

Now Hendry is moving to the other side of the camera for *Bring the Drama*, a new reality contest for undiscovered acting talent. The series follows eight people who've always dreamt of acting professionally but never had the opportunity. Each episode sees them welcomed onto the sets of dramas including *EastEnders*, *Silent Witness* and *Peaky Blinders*, where they're mentored by famous faces.

Host Bill Bailey introduces head judge Hendry as the "casting queen". "So embarrassing," she chuckles. "I'm not the queen of casting. There's a whole pack of queens, trust me." What kind of TV judge is she? "I'm not!" she insists. "I'm just a casting director who has to go back to her day job the minute the cameras stop rolling. I'm no Simon Cowell."

Hendry came on board in an advisory capacity before being asked to appear on

screen. "It's so far out of my comfort zone, I can't tell you," she says. "But I figured if I was along for the ride, I could ensure the process was authentic and the casting director's role was presented accurately. We're not dragons sitting on a chaise longue with a pashmina and a glass of wine going, 'No - next!'"

At the outset, Hendry points out that the acting profession is "skewed towards privilege". She wants to help change that.

"This series is a brilliant way to prove that talent can come from anywhere. If we want equality and inclusion on screen, we need to broaden out where we find talent. That's often not in drama schools because of the fees. New voices are out there. They just need to be nurtured and supported."

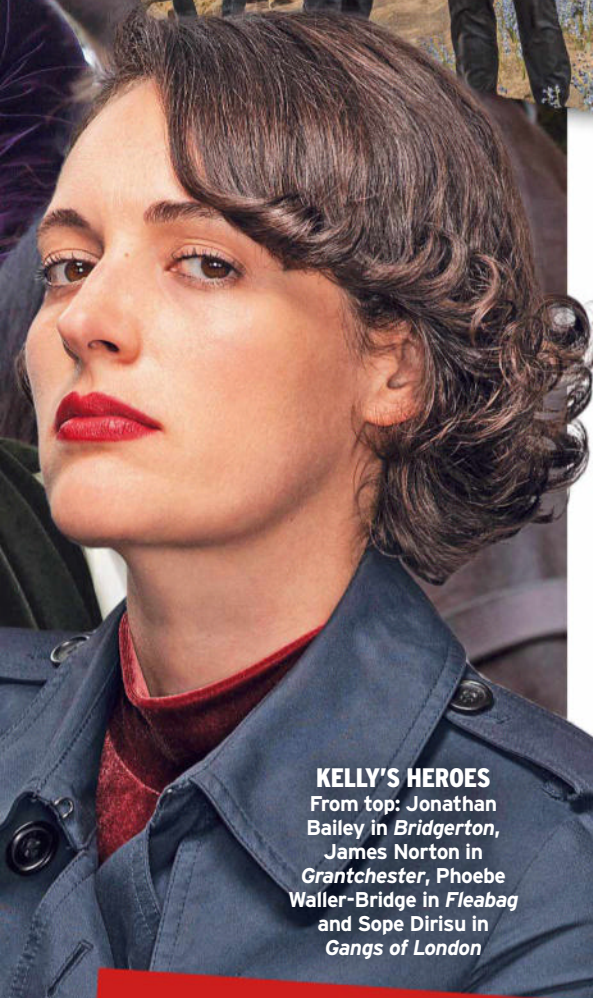
She thinks viewers might be surprised by how challenging an acting career is. "Actors are very vulnerable. They're effectively their own business. They lay themselves bare, while being criticised and rejected. They're told 'no' 95 per cent of the time. And to top it off, casting is subjective."

Hendry got into





STAR QUALITY
Phoebe Waller-Bridge
and Jonathan Bailey
(circled) made their
mark in *Broadchurch*



KELLY'S HEROES
From top: Jonathan
Bailey in *Bridgerton*,
James Norton in
Grantchester, Phoebe
Waller-Bridge in *Fleabag*
and Sope Dirisu in
Gangs of London

casting by accident. "I originally wanted to be an actor but I grew up in Elgin in the north-east of Scotland in the 1980s," she says. "Drama school didn't seem a realistic option, just like it doesn't for the people on the show. So I went to university, put on student productions, then moved down to London and worked in stage management. My flatmate was an agent's assistant and there was a job going, so I gave it a go. My first gig was casting orcs for *Lord of the Rings*."

'Actors are vulnerable – they're told "no" 95 per cent of the time'

Her big TV breakthrough was piecing together the ensemble cast of *Broadchurch*. "Look at them now! Olivia Colman, David Tennant, Jodie Whittaker, Vicky McClure, Jonathan Bailey, Phoebe Waller-Bridge... Something else, isn't it? I wish they'd do another series, but they'd never get those people back. We also cast James Norton as our first vicar in *Grantchester*. He's done all right for himself."

Norton is one of her favourite pieces of casting, alongside Sope Dirisu in *Gangs of London*. "They thought they needed a big name. We persuaded them that on this occasion they didn't. It gave Sope the platform he deserved."

Another career highlight was Regency romp *Bridgerton*. "That show has changed actors' lives but they all deserve it. Truthfully I can't say that I discovered Regé-Jean Page – [US production company] Shondaland had worked with him before – but everyone else, sure. Look at Jonathan

Bailey, wow! Nicola Coughlan, stratospheric! We first cast her in *Harlots*. Now look at her."

Hendry cast several of 2024's most eagerly anticipated dramas. "This is going to be one of my most exciting years," she grins. "We cast *The Tattooist of Auschwitz*, *Mary & George* and *Jilly Cooper's Rivals*, which I can't wait for everyone to see. It's perfect!"

IN *BRING THE DRAMA*, Hendry talks about the "pen-drop moment" – when she gets so transported by an audition, her writing instrument falls from her hand. Who has made her do that in the past? "Saoirse Ronan when she was just a little girl – even aged ten, she was amazingly good. And Taron Egerton was an unknown kid from Wales who came in and read for us. We were like, 'Oh my god!'"

Today, modern technology allows her to cast the net wider than ever. "I cast worldwide for most shows now, if time and budget allows. It's just as easy to ask for a self-tape from Sweden as from Swindon, which allows us to reflect the melting pot of modern urban life." However, the stage remains her most fertile hunting ground. "There's so much happening on the London theatre scene and we draw from it hugely," she says. "*Gangs of London* and *Bridgerton* are a who's who of London theatre. Both casts could do their own West End musical and it would be amazing!"

Almost 2,000 aspiring actors applied for *Bring the Drama*, and Hendry was pleasantly surprised by the standard. "I went in with low expectations because I've been part of huge open searches before. It's very rare that you cast someone from them. But I was really impressed. They're rough diamonds but have real star quality."

Can we expect to meet some TV favourites of the future? "I'm excited to see where a few of them can take it. It feels great to give someone their big break. I hope viewers will fall in love with them and root for them to succeed."

"They'll also enjoy thinking I'm wrong, and that's fine," she adds. "That's casting!"

MICHAEL HOGAN

Alongside the TV series, the *Bring the Drama* Festival has a series of events running around the UK. For more details go to bbc.co.uk/bringthedrama

KELLY'S TOP TIPS FOR AUDITIONING ACTORS

1 DO YOUR RESEARCH

"Prepare well. Who will you be meeting? What work have they done? If you're trying out for an existing series, watch a few episodes to familiarise yourself with the rhythm and tone."

2 DON'T GET AHEAD OF YOURSELF

"Know where you sit in the profession and what your capabilities are. Be comfortable with your current casting bracket. Worry about the big parts once you've got the small ones down."

3 LISTEN AND LEARN

"Even if your audition is 100 per cent perfect, they might ask you to do it again with a note – slower, sadder, more angry. If you don't change it up, they'll think you can't take direction and won't want to work with you."

4 LOOK AFTER NO. 1

"Don't worry about who else is waiting outside the audition room. I do multiple projects. They could be trying out for a different role. Focus on the job in hand. Don't let other factors get into your head."

5 DON'T MAKE EXCUSES

"It annoys me if someone says, 'I only got the script last night'. Maybe that's your agent's fault. It isn't mine, so don't bring it up in front of my bosses. Excuses don't go down well."

6 REMEMBER, WE'RE ON YOUR SIDE

"Everyone in the room wants you to get the part. You're not coming in just so we can say no. We want to say yes, especially the casting director. I want it cast so I can move onto the next role!"

NEVILLE JOHNSON

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SUPER BOWL LVIII

RACE TO THE TOP

The NFL has come a long way since a black quarterback first appeared at the Super Bowl, says **Simon Barnes**



EVERY HISTORIAN CONCERNED with the postwar period must make a priority of studying race – and that means studying sport, too. For

decade after decade, sport has been the stage on which statements about race have been made to the masses.

On Sunday the NFL season reaches its climax with the Super Bowl, as the Kansas City Chiefs, led by quarterback Patrick Mahomes, bid to beat the San Francisco 49ers and become the first team for 19 years to retain the trophy.

Live action from Las Vegas will be on both ITV1 and Sky, but the occasion is also marked by an excellent radio documentary series on BBC World Service called *The Black 14*. It's about a group of black college boys who played for the Wyoming Cowboys in 1968 – and how when they wanted to make a quiet protest about the racism they'd encountered, they were all instantly dropped. Disgraced back then, they are

'Patrick Mahomes is spectacular, with a repertoire of tricks'

heroes now, and have received an official apology from the University of Wyoming.

That story revives memories of Colin Kaepernick of the San Francisco 49ers, who took the knee during the national anthem in 2016 to protest against police brutality and racial inequality. It showed him to be a brave man as well as a damn good quarterback, as Kaepernick faced much criticism and hasn't been signed by a team since the end of the 2016/17 season.

But results in sport give us something people can't argue with, even if they try. You can't say that Germany's Erich Borchemeyer was the fastest man at the 1936 Berlin Olympics, as it was clearly Jesse Owens. Or that the Philadelphia Eagles were better than the Chiefs at the Super Bowl in 2023, simply because the Chiefs won.

Mahomes was majestic in that game, answering straight questions of speed, strength and stamina, but also showing the more diffi-

STAR PERFORMER
Quarterback Patrick Mahomes of the Kansas City Chiefs

cult-to-measure qualities of leadership and intelligence. For a quarterback, they're essential.

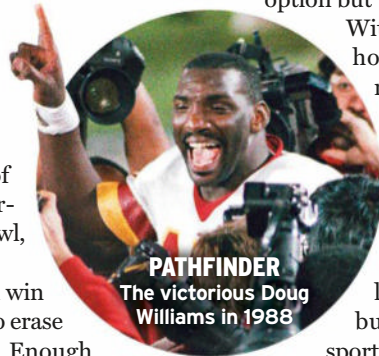
The Super Bowl is an event that accepts its own madness with complacency. More than 6,000 journalists are accredited to the event this year; it was mad enough when I used to cover it with a mere 2,000-odd colleagues. In short, what's dubbed "the greatest show on Earth" has always been a huge deal.

I WAS THERE in San Diego in 1988, when Doug Williams was quarterback for the team now known as the Washington Commanders. American football is a team game centred on a single player; when they have possession, everything happens through the quarterback. But with Williams, there were other issues in question.

"What's the significance of being the first black quarterback to play in the Super Bowl, Doug?" a reporter asked.

"The significance is we can win it," he replied. "I'm not here to erase stereotypes, I don't have to. Enough has been done to prove we're capable of playing quarterback."

Williams did more than that, of course, as he led his team to an overwhelming victory over the Denver Broncos.



PATHFINDER
The victorious Doug Williams in 1988



BRAVE STAND
Members of the Black 14, dropped in 1968 for protesting about racism

At the start of this season, 14 of the 32 starting quarterbacks in the NFL were men of colour, a record high. That included Mahomes. And he too can win. Again. He's a spectacular player with a repertoire of tricks that includes no-look and behind-the-back passing. A wonderful improviser on the run, seeing a world of possibilities where most would see no option but to throw the ball away.

With *The Black 14* I'm reminded of how many strides were yet to be made when I was on local papers in the 1970s. In what we call football on this side of the Atlantic, I remember Viv Anderson first playing for England in 1978, or Paul Ince being captain in 1993. We don't live in a society of perfect equality, but progress has been made and sport has played an essential part.

Super Bowl LVIII is on Sunday 10.45pm (k/o 11.30pm) ITV1, 10pm Sky Sports ME/NFL, 10.30pm Talksport, 12 midnight 5 Live. **Amazing Sport Stories: the Black 14** is Sat 6.30pm BBC World Service/Sounds

PICK OF THE WEEK'S SPORT ON TV

RUGBY UNION

SIX NATIONS:
SCO v FRA Sat 1.15pm (k/o 2.15pm) **BBC1, 5 Sports Extra**; ENG v WAL Sat 4pm (4.45pm) **ITV1, 5 Live**; IRE v ITA Sun 2.15pm (k/o 3pm) **ITV1, 5 Sports Extra**

FOOTBALL

WOMEN'S FA CUP:
ARSENAL v MANCHESTER CITY Sunday 12.15pm (k/o 12.30pm) **BBC2**
Fifth-round action from Meadow Park in Hertfordshire.

CRICKET

MEN'S TEST SERIES:
INDIA v ENGLAND
From Wed/Thu 3.30am **TNT Sports 1, Talksport 2**
Ben Stokes's England begin the third Test in Rajkot, Gujarat.

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ENDURING LOVE

Romcoms have found their natural home – on TV

I NEVER IN my life thought I'd need to watch another romcom. Growing up in 1980s Britain meant that, while our nation's TV offered adult, white, middle-class couples flirting and/or arguing with their neighbours, it was Hollywood and the big screen where we saw our own hormonal lives played out. US director and screenwriter John Hughes especially proved able to tap into the mind of a female teenager, with films such as *Sixteen Candles*, *Pretty in Pink* and, my favourite, *Some Kind of Wonderful*.

How my girly-gang feasted on these offerings, and how we've spent many happy hours since wondering if watching too many of these fantas-

'As David Nicholls told RT, now we have a form that fits the novel'

tical fairy tales perhaps skewed our expectations for true life. Whenever Hughes got to tell the story, his social misfit lead girl, complete with her thick glasses and long words, unexpectedly stole the heart of the most sought-after princeling in the school/disco/ice hockey team – and he proved worthy. In reality, we discovered, this never quite happened. And the soundtracks! It only takes two or three notes of songs by the likes of Simple Minds, Psychedelic Furs and Peter Dinklage and I'm instantly back there. As I say, I don't need another one.

Cut to 2024 and here I am, bingeing on *One Day*, Netflix's 14-part epic adaptation of



IT'S A LONG STORY
Ambika Mod and Leo Woodall connect in *One Day*. Inset: Daisy Edgar-Jones and Paul Mescal in *Normal People*

David Nicholls's 2009 novel, following the lives of a young couple after their first unpromising encounter at the university graduation ball. All the tropes are there, as Emma – sassy, self-conscious, northern – and Dexter – smooth, self-confident, southern – spend their first night together (talking!), and it's this union we stay with for 13 more episodes as we follow their paths, separately and together, checking in each year on 15 July, for 20 years.

WITH ITS FOCUS on both the passage of time and the intensity of connection between its young leads, *One Day* is in good company. Lockdown hit *Normal People* made huge stars of Paul Mescal and Daisy Edgar-Jones, who played Connell and Marianne, magnetised together at school and then wrenched apart at university. In C4's brand new drama *Alice & Jack*, Andrea Riseborough and Domhnall Gleeson's lives become enmeshed for 15 years following their first encounter in a bar.

The moods of those big-screen romcoms of yesteryear were often captured in a single, defining shot – remember a bewitched John Cusack holding the ghetto blaster above his head by way of romantic pledge in *Say Anything*? By

contrast, these new TV series take hours to reflect on the many elongated agonies and tiny, intense delights that punctuate these times in our lives, as well as their enduring, lifelong after-effects, and this is the canvas they deserve.

As David Nicholls told RT, "Now we have a form that fits the novel." Ferris Bueller, in all his wisdom, told us, "The question isn't, what are we going to do? The question is, what aren't we going to do?" But while Ferris and his cohorts reconcile themselves to smiling, dancing and letting the future take care of itself as the credits roll, *One Day* and the rest have the time and ambition to try to answer the question.

On their very first night together, Emma asks Dexter, "What's your plan?" Oh, the horror for a young charmer for whom everything up to this point has been a breeze. To his credit, he spends the rest of the series working out what his reply should be. In all their romance and smart lines, these shows aren't shy about providing a big dose of reality... except, we're still meant to believe that rich, handsome Dexter falls for Emma, with her thick NHS specs. It still never happens, and on that you can trust me.

One Day is on Netflix from 8 February; *Alice & Jack* is on C4 Wed 9pm (see p22). *Normal People* is on iPlayer



RADIO TIMES & SMART TV PODCASTS

■ This week on the main *Radio Times* podcast, host **Kelly-Anne Taylor** talks to **Sophie Rundle**. Available from 6 February.

■ Join **Kelly-Anne Taylor** and **Caroline Frost** for **Smart TV** – RT's bonus podcast previewing the TV week. Available every Friday.

YOUR TV WEEK STARTS HERE

STREAMING The latest TV and film picks from Netflix, Amazon Prime, Disney+ and more **p32**

DAILY CHOICES AND LISTINGS
70 packed pages for the week ahead **p40**

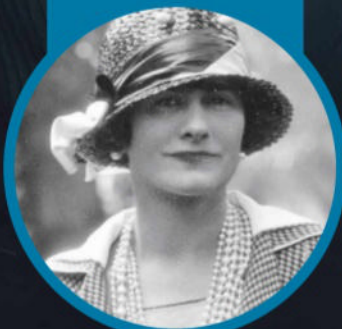
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COCO CHANEL JULIETTE BINOCHÉ

One of the 20th century's most influential designers, Chanel revolutionised women's fashion, but her legacy is marred by Nazi associations



CATHERINE DIOR MAISIE WILLIAMS

Sister to Christian, Catherine had been a French Resistance fighter. She later produced fragrances and the perfume Miss Dior is said to be named after her



LUCIEN LELONG JOHN MALKOVICH

Despite never formally studying fashion, Lelong rose to prominence in the 1920s and became a leading light in French couture



CHRISTIAN DIOR BEN MENDELSON

Couturier Dior worked for Lelong during the Second World War, before founding one of the world's top fashion houses and debuting his ultra-feminine New Look collection



PERIOD DRAMA

The New Look *Episodes 1–3 available from Wednesday on Apple TV+*

The birth of modern fashion is recounted in a riveting, disquieting period drama that pulls together a cast as high-end as the fashion houses it chronicles.

In Paris 1955, Christian Dior (Ben Mendelsohn) is overcome with anxiety ahead of a retrospective of his most famous designs (it's here we get a scintillating morsel of the jaw-dropping costume that will later follow in this ten-part series). Meanwhile, Coco Chanel (Juliette Binoché) is 70 years old and speaking to the press about her comeback. "Print this:

Christian Dior ruined French couture," she scoffs. "And I'm coming back to save it."

Their rivalry must wait, though. We soon wind back to 1943 and find both Dior and Chanel amid the brutality of the Second World War and the Nazi occupation of the French capital. Here their threads are sparsely interwoven, but they're both doing what they must to put their families first and survive. Glenn Close, John Malkovich, Maisie Williams and Claes Bang are among the stellar support. **FRANCES TAYLOR** See feature: p14

Apple TV+



WAR DRAMA

Masters of the Air

Episode 5 available from Friday

The handsome airmen drama has boiled itself down to its essence: reeling from losses already suffered, the men of the Bloody 100th can do nothing but grimly put their flying jackets back on and head out on a mission that looks even more doomed than their previous outing – and hope they survive. The combat scenes, where our pals are surrounded by enemy planes and bullets tear the sky apart, are stunningly frantic – and laden with emotion, since the episode quietly finishes setting up a love story unlike the ones we've seen up to now. **JACK SEALE**



SPORT DOCUMENTARY

The Dynasty: New England Patriots

All 10 episodes available from Friday

American football teams revolve around two men: the head coach and the quarterback. The New England Patriots' former coach Bill Belichick and QB Tom Brady (above) are the sport's most revered duo, because between 2001 and 2019 they dominated the NFL. Both are big characters, which means they didn't always agree and were regularly buffeted by controversy. Now they've both finally left the Patriots, this ten-part documentary series can lay out all the insider gossip. **JS**
Sport: page 29



CRIME DRAMA

Criminal Record

Episode 7 available from Wednesday

A tour de force from Peter Capaldi in the penultimate episode, as we rewind to the moment when DCI Daniel Hegarty was first tasked with interviewing murder suspect Errol Mathis (Tom Mutchi, above). Here, we see Hegarty as a stickler for the rules, demanding to see the evidence of Mathis's guilt. But what we know is that this assiduousness will give way to something morally dubious. And so, over a terrifically tense 50 minutes, we finally discover why an under-pressure Hegarty compromised on those ideals in such a consequential way.

DAVID BROWN

ANIMATION

Snoopy Presents: Welcome Home, Franklin!

Available from Friday

In 1968, Charles M Schulz introduced the first black *Peanuts* character, Franklin, following the assassination of Martin Luther King. Back then, Franklin introduced himself by returning Charlie Brown's ball at the beach. In this alternative origin story, he is the new kid in town, a soldier's son who struggles to make friends with the gang – until he and Charlie team up for a boxcar race. **JS**



Disney+

COMEDY DRAMA

Life & Beth

All 10 episodes of season 2 available from Friday

Season two of a romantic comedy drama that, for better or worse, resembles a very long version of an amiable but inessential indie film. Beth (Amy Schumer) marries John (Michael Cera) and they plan to have a family, but Beth being a crass, insecure clown means she struggles to deal with her husband's unusual behaviour. If you've ever seen Schumer in anything, you'll know the comic persona to expect, although over time this show refines the old routine a little. The support cast is strong: Jemima Kirke of *Girls* and *Sex Education* fame now joins it as a no-nonsense doula. **JS**

Amazon Prime Video



COMEDY DRAMA

Hacks

Series 1 and 2 available now

The always terrific Jean Smart has won numerous awards for a US comedy drama that's back soon for season three – so get up to speed now. She's veteran Las Vegas stand-up comedian Deborah Vance, whose star is waning. Forced to work with a young writer (Hannah Einbinder), she forms a brittle bond, swapping acid retorts along the way. Like its leads, *Hacks* has a soft heart hiding inside a sharp comic exterior. **JS**

DRAMA

Expats

Episode 5 available from Friday

Wait! Come back! If you had become bored of this drama indulging rich expats living miserable lives in Hong Kong, the premise of this feature-length episode is much closer to the show we initially thought we were getting. It's entirely focused on the Filipina "help" who work as housekeepers in the main characters' luxury apartments: the stories of Essie (Ruby Ruiz) and Puri (Amelyn Pardenilla) are complicated by both an approaching typhoon and by pro-democracy protests, as the city reaches a crunch point that could define it for decades. **JS**



Netflix



CRIME DRAMA

The Outfit ★★★ 15

Available from Sunday

Mark Rylance delivers another immaculate turn in this 1950s-set chamber piece from debut director Graham Moore. Rylance plays mild-mannered ex-pat Leonard, who reluctantly lets mobsters use his Chicago tailoring store as a stash-house but ends up caught in the crossfire amid an escalating turf war. The minimal locations give the film a stagey feel, but the expert script and compelling performances (including Simon Russell Beale as a mob boss) keep you engaged as the double-crosses and rat-a-tat-tat dialogue fly. The result is, if not electrifying, then a cut above. **JAMES MOTTRAM**

DRAMA

Green Book ★★★ 12

Available from Saturday

The winner of three Oscars, this true-story tale stars Viggo Mortensen as Italian-American bouncer Tony Vallelonga, who's hired to chauffeur pianist Don Shirley (Mahershala Ali) on a tour of the racially divided Deep South in 1962. The pair make an irresistible duo, even as their friendship veers into oversimplified *Driving Miss Daisy* territory. Though a tad misjudged, this is well-meaning and touching. **EMMA SIMMONDS**



DOCUMENTARY

Is There Anybody Out There? ★★★ 12

Available now

Film-maker Ella Glendining was born with shortened thigh bones and no hip joints, a rare condition that means she has never seen another person who looks the same as her. In her Bafta-nominated documentary, she seeks out others who share the stories of their own disabilities and who were written off simply for being "different". Glendining is an oasis of calm as she explores both her condition and people's responses to it. The concept of being "normal" and an individual's right to choose their own body shape are topics that weigh heavily on Glendining's mind. Despite its low budget and unflashy nature, this personal odyssey packs a punch. **JAYNE NELSON**

SEARCHING
Ella Glendining takes the viewer with her on a personal quest





SPORT DOCUMENTARY

Sunderland 'Til I Die

Series 3 eps 1-3 available Tuesday

If you liked *Welcome to Wrexham*, catch up now with the series that directly inspired it. Like the hit Disney+ show, this docuseries is smartly attuned to how important a football club can be to a local community, especially in hard times. It debuted in 2018, when Sunderland had just been relegated to the Championship and were expected to bounce back quickly – only to capture them instead being relegated again. As we return, the team are still in League One but hopes are high – among the players and the fans, with whom we once again spend plenty of time. **JACK SEALE**



CRIME DRAMA

Law & Order: Special Victims Unit

Available from Thursday

This police procedural warhorse is that rare thing: a spin-off more popular than its progenitor. In fact, not only has *SVU* surpassed the episode count of the original *Law & Order*, it's also now the longest-running primetime live-action series on US television. Only one person has been there from the very start – Mariska Hargitay, as the tough but empathetic Olivia Benson. But almost as dedicated in the pursuit of sex offenders in New York is Fin Tutuola (Ice-T), who's been stealing scenes by yelling "shuddup!" at suspects since series two. **DAVID BROWN**



REALITY

Love Is Blind

Series 6 eps 1-6 available Thursday

Just in time for Valentine's Day, a new set of singletons from Charlotte, North Carolina, step into the "pods" for series six of the reality show. Their aim? To propose within days, despite never having seen the person they're to wed. The bingeable format seems gimmicky but it has resulted in some happy marriages – and even babies. Get used to it – the news is that a UK version is coming this year, hosted by Emma and Matt Willis.

LAURA RUTKOWSKI



DRAMA

Lady Macbeth ★★★★★

Available from Thursday

Fresh, cunning and completely unflinching, this isn't Shakespeare's *Lady Macbeth* but rather debut director William Oldroyd's stark depiction of a young woman taking back control of her life in rural northern England at the turn of the 20th century. Based on a Russian novella, the film stars Florence Pugh as Katherine, a woman trapped in an abusive arranged marriage. This is daring cinema that will chill you to the bone and leave you rooting for its understandably immoral heroine.

KAREN KRIZANOVICH

EXCLUSIVE READER EVENT



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Thursday 4 April 2024 **£290 per person**

Meet the expert gardeners from The Raymond Blanc Gardening School, discover the enchanting gardens of Le Manoir aux Quat'Saisons and enjoy a delicious three-course lunch with wine at Blanc's legendary country house in Oxfordshire

Created by celebrated chef Raymond Blanc, Le Manoir aux Quat'Saisons, a Belmond Hotel, is one of the country's most cherished manor house hotels. It received two Michelin stars in 1984, the first year of its opening, and, remarkably, has held them ever since. Surrounded by lawns, flower borders and orchards, the setting is postcard-perfect. But beyond the eye-catching displays are vegetable and herb gardens that provide the kitchen – and the acclaimed Raymond Blanc Cookery School – with ultra-fresh, organic produce. They guarantee the restaurant remains at the cutting edge of culinary excellence.

During your visit you will meet the expert tutors at The Raymond Blanc Gardening School where you will expand your knowledge by taking part in an interactive seed-sowing activity. Take home your own pot to nurture and cherish, allowing you to bring a piece of Le Manoir home with you. You'll also venture outdoors on a guided tour of the 11 unique gardens within Le Manoir's grounds, including the renowned organic vegetable garden and orchards. Learn how the gardeners work hand in hand with the chefs to produce the very best varieties for the daily menu, and even pick up a few tips and secrets! On your return to the manor house, enjoy a champagne reception before savouring a Michelin-starred lunch.

ITINERARY

- Tea, coffee and biscuits on arrival at 10am
- Guests split into two groups to enjoy both activities: a Raymond Blanc Gardening School interactive "sow-along", and a garden tour
- Champagne and canapé reception
- Three-course lunch on shared tables, with accompanying wines
- Tea, coffee and petits fours

To book, please call **01844 277200**
or email **events.mqs@belmond.com**
quoting "Radio Times Reader Lunch"

T&Cs Full payment required at time of booking. We reserve the right to cancel or postpone the event should it become necessary. If the event booking is cancelled up until 30 days prior to the event a full refund will be provided. If you cancel within the 30 days prior to the event we would only be able to offer a refund if we are able to re-sell your places. If you are booking accommodation at Le Manoir, please quote "Radio Times" at time of booking.



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ITVX



SITCOM

Changing Ends

All 6 episodes available now

A warm sitcom, co-written by Alan Carr, about the comedian's own boyhood, joining the young Alan (Oliver Savell) at secondary school. Alan has an unusual look and an unusual way of speaking, which would make life tough enough even if his father (Shaun Dooley) wasn't the manager of the local football team. The show juices every laugh out of the situation but underneath is a celebration of kids who feel out of place and a message to them to keep being themselves. Filming of series two is set to start soon. **JACK SEALE**

SCI-FI COMEDY
Extraordinary

All 8 episodes available from Monday

What if everyone in the world had superpowers... except you? That's the basis for this UK-based sci-fi comedy, released by Disney+ last year but now coming to ITVX. Máiréad Tyers plays the hapless, powerless Jen, who feels a failure compared to her super-powered friends. But that's just set-dressing for a wickedly funny sitcom about underachieving millennials. Though admittedly, there are more lasers, shapeshifting cat-men and teleporting 20-somethings than in *Coupling*. **HUW FULLERTON**

BritBox



CHILDREN'S

Bagpuss All 13 episodes available now

There were only ever 13 episodes of this warm glow of a children's series, which is 50 on Monday. Yet so indelibly etched are they in our minds, helped no doubt by repeats into the 1980s, that everyone remembers the sepia-tinted intro about Emily and her shop that "didn't sell anything", the autoharp glissando that cast a spell on its toys, and our hero's gigantic yawn. Folk songs were sung, stories of ballet shoes and biscuit mills were told, and young and old fell in love. Who knew a saggy cloth cat could work magic? But he still does. Happy birthday, Bagpuss. **MARK BRAXTON** See pages 111 and 144

BBC iPlayer



THRILLER

Who You Think I Am

★★★★ 15 Available now

Things are not what they seem in director Safy Nebbou's adaptation of Camille Laurens's bestseller. Aspiring photographer Alex (François Civil) thinks he's flirting on Facebook with chic student Clara, but he's actually being duped by Claire (Juliette Binoche), a 50-something divorcee who has reason to be angry with him. A certain suspension of disbelief is required, but it's impossible to not get sucked into the nightmare that unfolds. **DAVID PARKINSON**
Juliette Binoche: page 16



DRAMA

Moonlight ★★★★★ 15

Available now

Green Book's Mahershala Ali – 50 on Friday – lends stellar support to this Oscar-winning film from writer/director Barry Jenkins, which lays bare growing up poor, black and gay in America. Each of the film's three parts is heart-rending in observing its protagonist Chiron as an attention-starved child (played by Alex Hibbert), a persecuted teen (Ashton Sanders) and finally a mistrustful adult (Trevante Rhodes). Ali's performance as a father figure to the troubled Chiron earned him his first Oscar. **EMMA SIMMONDS**



REALITY

The Traitors Australia

Series 1 and 2 available now

Hungry for more after that intense second series of *The Traitors*? BBC iPlayer has American and Australian versions of the show but the one from Oz is far superior. Unlike the US show, which messes about with the format by including people who have already appeared on other reality shows, *The Traitors Australia* simply replicates everything that makes the British contest a modern classic. The murders are cunning, the banishments are vicious, and the lying and triple-bluffing are endlessly involving. **JS**



DRAMA

The A Word

All 3 series available now

FULL
BOX
SET

Christopher Eccleston, currently in Sky's *True Detective: Night Country*, is 60 this week. Celebrate some of his finest work in Peter Bowker's drama about a family with an autistic child (Max Vento), in which Eccleston plays his grandfather, Maurice. It's a show that isn't just a nuanced portrait of the challenges of autism: it's strong on the tensions and subtleties of family life too. The way the spiky Maurice soon reveals his sensitive side is one of the show's many heart-warming highlights. **JS**

Now Cinema



ACTION

The Bricklayer ★★

Available from 9 February

Directed by the experienced Renny Harlin (*Cliffhanger*) and starring a slumming-it Aaron Eckhart (*The Dark Knight*), this derivative action thriller is frequently ridiculous but never boring. When a supposedly dead agent (Clifton Collins Jr) starts murdering journalists in Greece, the CIA sends in his former partner Steve (Eckhart) – who now plies his trade as, you guessed it, a bricklayer – along with by-the-book newbie Kate (Nina Dobrev). Despite risible dialogue and slapdash production elements, there's fun to be had. **MATT GLASBY**

ANIMATION

Ruby Gillman, Teenage Kraken

★★★ PG

Available from 9 February

Some cinematic traditions will never fade: in this case, it's the concept of a teenage girl hitting puberty, triggering the release of a monster inside her. When shy Ruby (voiced by Lana Condor) goes into the ocean, she turns into a kraken, and discovers she is descended from a monstrous race that protects the world against evil mermaids. The plot is predictable, and the overreliance on pop songs to underscore the action is distracting, but the film succeeds thanks to its witty script and colourful visuals.

JAYNE NELSON



Channel 4



WHAT I'M STREAMING

DOMHNALL GLEESON

"I loved *Stath Lets Flats* on Channel 4," says the actor and star of new drama *Alice & Jack*. "I'm happy with anything that makes me laugh. I've also recently enjoyed *I Think You Should Leave* with Tim Robinson on Netflix, and the second series of *The Traitors* (iPlayer) was pretty good. That's the only reality TV I've watched!" See our *Alice & Jack* feature: page 22

Mubi



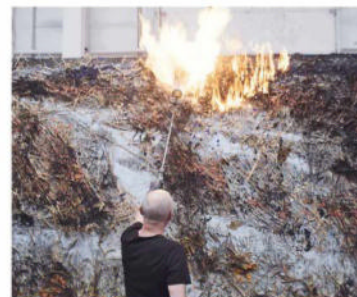
SEASON

Journey to Italy: A Roberto Rossellini Retrospective

Available from 9 February

Film buffs are advised not to miss this selection of classics directed by Roberto Rossellini. The neorealist trilogy of *Rome, Open City* (which made a star of Anna Magnani, above), *Paisan* and *Germany, Year Zero* set a standard that influenced the next half-century of European cinema. All three are available alongside *The Machine to Kill Bad People*, plus *Stromboli* and *Journey to Italy*, starring Rossellini's then-wife Ingrid Bergman. **CALUM BAKER**

To rent/buy



DOCUMENTARY

Anselm ★★★★★ PG

Available from Monday

Film-maker Wim Wenders paints a personal picture of his friend and fellow German, artist Anselm Kiefer, in this documentary. Kiefer grew up among the rubble of the postwar years and the charged symbolism of his work often reflects this. Wenders's film cleverly eschews overt narrative or chronology and instead introduces us to Kiefer's major themes, while following the artist around his various cavernous studios. What emerges is an immersive take on an artist of rare vision and courage. **TOM FOLLEY**

HOW & WHERE TO STREAM TV & FILM

FREE TO VIEW

BBC iPLAYER

bbc.co.uk/iplayer
As long as you have a TV licence, you can register for free and enjoy a slew of BBC shows on demand and BBC channels to stream live.

ITVX itv.com

Replacing ITV Hub, this free service is the place to stream ITV shows and new ITVX dramas. An ad-free version costs £5.99 a month or £59.99 a year, which includes access to BritBox.

CHANNEL 4

channel4.com
No longer called All 4, Channel 4's streaming service has more than 1,500 shows from C4, E4, More4, Film4 and Walter Presents. Watching without ads costs £3.99 per month.

MY5

channel5.com

Channel 5 content and channels 5 USA, 5 Star and 5 Select can be streamed live with a free online account.

UKTV PLAY

uktvplay.uktv.co.uk

Catch up with shows on Dave, Drama, W and Yesterday. There's also an extensive library of crime drama, comedy and entertainment box sets available to stream.

FREEVEE

amazon.co.uk/freevee

You can sign up free for an Amazon account and then watch – with adverts – shows including *Neighbours*, cop drama *Bosch: Legacy* and the comedy *Sprung*, plus other TV shows and films.

SUBSCRIPTION SERVICES

ACORN TV

acorn.tv
Price: £4.99/month
Gentle crime dramas are this service's speciality.

AMAZON PRIME VIDEO

amazon.co.uk/video

Price: from £8.99/month (with ads)
For original shows such as *Reacher*, *007: Road to a Million* and live sport.

APPLE TV+

apple.com/uk/apple-tv-plus

Price: £8.99/month
For films and series such as *Slow Horses*.

BFI PLAYER

bfi.org.uk/player

Price: £4.99/month
Classic and cult films.

BRITBOX

britbox.co.uk

Price: £5.99/month

Shows from the BBC, ITV, C4 and Channel 5, plus BritBox originals.

DISCOVERY+

discoveryplus.co.uk

Price: £3.99/month or £6.99/month to include Sport

For Discovery, TLC, Animal Planet and others, plus original shows and live sport from TNT Sports (formerly BT Sport).

DISNEY+

disneyplus.com

Price: £4.99/month (with ads), £7.99/month (no ads) or £10.99/month (Ultra HD)

New series from the Marvel and Star Wars franchises, plus recent Disney film releases.

MUBI mubi.com

Price: £11.99/month
World cinema and arthouse films.

NETFLIX netflix.com

Price: plans range from £4.99/month (with ads) to £17.99/month (Ultra HD)

Films and series like *The Crown* and *Squid Game: the Challenge*.

NOW nowtv.com

Price: £9.99/month for Entertainment and £9.99/month for Cinema membership

The place to watch Sky and HBO shows without a Sky box or dish. Streaming service Peacock is included with Entertainment membership.

PARAMOUNT+

paramountplus.com

Price: £6.99/month
Films and series like *Frasier* and *The Curse*.

LIONSGATE+

lionsgateplus.com

Price: £5.99/month
For films and shows like *Outlander*.

SKY GO

sky.com/watch/sky-go

Price: included with Sky TV subscription
Sky customers can stream live and catch-up TV via an app on a laptop, phone or tablet.

PREMIUM SERVICES

Many recent films are available to digitally rent or buy at a one-off cost. Priced anywhere from around £5 to £16 for new releases, they are available on platforms including Amazon Prime Video, Apple TV+, Chili, Google Play, Microsoft, Rakuten, Sky Store, Virgin and YouTube. Similarly, film platforms BFI Player and Curzon Home Cinema offer a more curated selection of indie, arthouse and world cinema titles.

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Saturday

ARTS

Bob Marley Night from 7.00pm **Sky Arts** Catch up via Now

Even now, 43 years on from his untimely death, Bob Marley remains the most famous and influential reggae artist of all time. Reggae was already popular by the time Marley and his band, the Wailers, started having hits in the mid-1970s, but his killer combination of charisma, talent and socially conscious rebel poet cemented its place in mainstream culture.

This all-night celebration – which anticipates the imminent release of biopic *Bob Marley: One Love*, starring Kingsley Ben-Adir and James Norton – begins with a deep analytical dive into one of his greatest albums, *Catch a Fire* (7pm) followed by *Uprising! Live* at 8pm; an electrifying concert from his final tour in 1980. There are also insightful interviews (10.30pm) and an intimate performance with a Hollywood audience from 1973 (11.50pm).

Once thought lost, the restored footage provides a fascinating snapshot of a major artist on the verge of immortality. **PAUL WHITELAW** *Your RT Travel*: page 134

REGGAE KING

Bob Marley, who sealed his place in music history with talent and charisma

SPORT

Six Nations Rugby

1.15pm (k/o 2.15pm) **BBC1** Catch up via iPlayer; 4.00pm (k/o 4.45pm) **ITV1/S4C** Catch up via ITVX

Prepare for some crunching encounters as we scrum down for the second weekend of the Six Nations. The early game sees Scotland out to prove that they're a rejuvenated force as they face a French side still smarting at going out in the quarter finals of last year's World Cup.

And then there's the small matter of England v Wales. It is (no joke) the only game that many Welsh fans care about, but Warren Gatland has seen his squad ravaged by retirements. Can his fresh-faced hopefuls stand up to an England team feeling upbeat after unexpectedly reaching the World Cup semi-final? **CERI THOMAS**

GAME SHOW

Gladiators

5.50pm **BBC1** Catch up via iPlayer

The earnestness with which referee Mark Clattenburg and some of the Gladiators approach these games only makes them all the more absurd. Here, VAR is deployed during one clash, with Legend – always quick with a daft reason as to why he's lost a challenge – again grabbing the mic to bait the crowd. It's all overblown and a big part of this reboot's charm. It also creates enough goodwill to forgive the chunky run time and leaden banter between Bradley and Barney. But most impressive tonight is contender – and grandfather – Paul. At 57, he's clearly in possession of superhuman anti-ageing powers.

FRANCES TAYLOR TV PREVIEWS EDITOR

QUIZ

Pointless Celebrities

8.35pm **BBC1** Catch up via iPlayer

Richie Anderson is trying to convince Alexander Armstrong and Richard Osman that they should take part in *Strictly Come Dancing* because it's so much fun. "No," says Richard immediately. "I don't have time to do all the training and have the affair!"

The first round – a musical one – has the longest questions for Xander to read out but what's remarkable is (spoiler alert) that not all the 100 people polled recognised the Elvis Presley songs. They didn't know much about *Dungeons & Dragons* either. Two celebrities – Dermot Murnaghan and Tiff Stevenson – have won a trophy on previous shows, but can either of them do even better this time? **JANE RACKHAM**

ALSO ON TODAY

Michael McIntyre's Big Show

6.50pm **BBC1**
Family entertainment from London's Theatre Royal Drury Lane as Michael McIntyre makes dreams come true.

The Weakest Link

7.50pm **BBC1**
Will Romesh Ranganathan (right) be pointing his finger at your favourite newsreader in tonight's current affairs special?



Love Songs at the BBC: Volume 3

8.35pm **BBC2**
A raid on the BBC archives yields classic tracks from the likes of the Carpenters, Harry Styles and Sting.

DOCUMENTARY

Wagspiracy: Vardy vs Rooney

9.00pm **BBC3** Catch up via iPlayer

There's more than just gossip in this re-telling of the story of Rebekah Vardy, Coleen Rooney and a libel case that gripped the nation in this documentary, first shown last year and before Disney+'s *The Real Wagatha Story*. At least, it gripped the part of the nation that is transfixed by a certain type of celebrity, personified by the footballer's wife: glamorous but relatable, and highly outspoken. The programme reveals how those personae are created and maintained by a network of PR advisers, social media experts and the press – and how, in this instance, that fragile machine malfunctioned. **JACK SEALE**

DRAMA

Casualty

9.20pm **BBC1** Catch up via iPlayer

Nigel Harman revealed last September that he'd already filmed his final scenes for *Casualty* but thanks to advance filming, he's currently still on screen. And yet, because his character Max has a failing kidney, each collapse or scene where he's short of breath must leave viewers wondering whether he's going to be killed off.

This episode really amps up that sense of anxiety, with Max seen burrowing into a woodland tunnel to rescue two trapped eco protestors, after undergoing dialysis that very morning. In reality, no medic who's so ill would, I'm guessing, be performing such heroics, but Max's health crisis does inject his storylines with added jeopardy. **DAVID BROWN**

TRAVEL

Big Zuu's 12 Dishes in 12 Hours

10.45pm **ITV1** Catch up via ITVX

"I kind of don't want to eat any more food but I also can't complain," says our host. This waistband-straining travelogue series has taken rapping chef Big Zuu all over Europe. He's scoffed his way from Bologna to Marseille, from Amsterdam to Cyprus and back home to London, learning about each destination via its local cuisine. Now he's reached his final port of call, Valencia – the birthplace of traditional paella.

Comedian Sindhu Vee is his guest, gamely sampling a dozen dishes that sum up Spain's third most-populated city. After all that, it's surely time for a loosened belt and a nice lie-down? **MICHAEL HOGAN**

LAST IN SERIES

LIVE SPORT



Tennis: ATP Tour

11.00pm **Sky Sports Main Event**
The semi-finals of the Dallas Open, where, in 2023, Wu Yibing (above) became the first Chinese player to win a title on the ATP tour.

Football: Premier League Manchester City v Everton

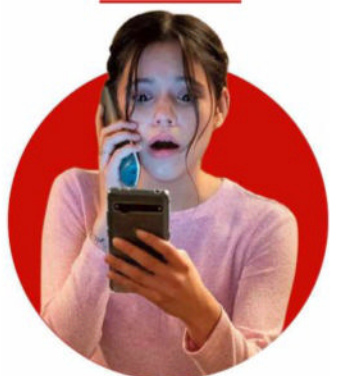
11am (k/o 12.30pm) **TNT Sports 1**
Action from the Etihad.

Nott'm Forest v Newcastle Utd
5pm (k/o 5.30pm) **Sky Sports Main Event/Premier League**

Football: Africa Cup of Nations

7.45pm (k/o 8pm)
Sky Sports Football
Third place play-off from Abidjan.

FILM OF THE DAY



P Scream ★★★ 18

9.20pm **C4**

Wednesday star Jenna Ortega plays one of the teens targeted by the movie-loving killer in this fifth entry in the slasher series. It's confusingly titled after the original 1996 film, but that's part of the joke in this typically self-aware slay-ride. (2022)

FILM REVIEWS
page 47

ROYAL BLOOD

Isabel's (Natasha Dupeyron) hopes of being crowned people's queen could be in jeopardy



DRAMA

Señorita 89

9.00pm, 9.40pm **BBC4**

Full series available on iPlayer

SERIES FINALE

"In this country the only truth is the one that comes from the TV," sneers Raúl when Isabel argues that nobody will believe her if she broadcasts the lies that he's written about Elena on her TV show. Perhaps he's right – Elena's newspaper exposé of the corrupt Raúl and his seedy beauty pageant fails to change much.

After multiple drive-by shootings (it makes you wonder how many murderers on motorbikes there are on the streets of Mexico), the shocking climax of this thriller takes place in the TV studio of Canalvisa, where Isabel and Jocy are competing to be crowned the people's queen.

A compelling, if complex, drama that has shone a light on the violence and injustice suffered by some Mexican women. **JR**

SATURDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Naga Munchetty, Charlie Stayt. (S) (HD)

10.00 Saturday Kitchen Live Matt Tebbutt is joined by chefs Big Zuu and Bryn Williams, while Helen McGinn picks the drinks to go with the studio dishes. (S) (HD)

11.30 The Great Food Guys Nick Nairn and Dougie Vipond cook a rack of Scottish lamb. (R) (S) (AD) (HD)

12 noon Football Focus With Alex Scott. (S) (HD)

0800 BBC RED BUTTON 12.20-2.15pm Rugby League Live coverage of the Challenge Cup third-round tie between Barrow Raiders and Oldham at Craven Park (kick-off 12.30)

1.00pm BBC News Weather (S) (HD)

1.15-4.30 LIVE Six Nations Scotland v France

RT Coverage of the second-round match at Murrayfield (kick-off 2.15). Presented by Gabby Logan, with analysis from Martin Johnson, John Barclay and Benjamin Kayser, and commentary by Andrew Cotter, Chris Paterson and Sam Warburton. Highlights tomorrow at 6pm BBC2. See page 40. (S) (HD)

0800 BBC RED BUTTON 2.30-5.45 Final Score Jason Mohammad presents the afternoon's football scores

BBC2

6.20am Hey Duggee (R) (S) (HD) **6.25 Go Jetters** (R) (S) (HD)

6.40 Grizzly and the Lemmings (R) (S) (HD)

6.45 Dennis & Gnasher Unleashed! (R) (S) (HD) **7.00 Danger Mouse** (R) (S) (AD) (HD)

7.10 Shaun the Sheep (R) (S) (HD) **7.20 Boy Girl Dog Cat Mouse Cheese** (R) (S) (HD)

7.30 Pokémon: Sun and Moon - Ultra Legends (R) (S) (HD) **7.50 The Football Academy** (R) (S) (AD) (HD)

8.20 Blue Peter (R) (S) (HD) **8.50 Newsround** (S) (HD)

9.00 Gardeners' World Shade-loving plants.

Shown yesterday Signed repeat Thursday 8am (S) (HD)

10.00 12 Puppies and Us Lyra the pomsky moves in with the Cuthbertsons in Gateshead. (R) (S) (AD) (HD)

11.00 Alaska: Earth's Frozen Kingdom Grizzly bears fatten up on a sudden wealth of salmon. (R) (S) (AD) (HD)

12 noon Rick Stein's India Rick meets India's first MasterChef winner in Lucknow. (R) (S) (AD) (HD)

1.00pm The Hairy Bikers Go West 1/8. Si King and Dave Myers visit the Isle of Bute. Shown last Tue (S) (AD) (HD)

0800 iPLAYER 1.00-3.00 Hurling Live coverage of the GAA match between Down and Kerry at Ballycran (start 1.00)

2.00 How to Marry a Millionaire ★★★★★ Romantic comedy starring Betty Grable, Marilyn Monroe and Lauren Bacall. Three women seek wealthy husbands.

On iPlayer for 30 days. Review p47. Director Jean Negulesco (1953, U) (S) (W) (HD) Also showing Thursday 10.30pm BBC4

3.35 The Wonder of Animals Examining the anatomy and physiology of the elephant. (R) (S) (AD) (HD)

4.05-4.50 Flight of the Rhino Natural World follows a scheme to relocate black rhinos. (R) (S) (HD)

ITV1

6.00am Love Your Garden In the Yorkshire Dales.

6.30 Creating a Mediterranean garden. (R) (S) (AD) (HD)

7.30 Love Your Weekend with Alan Titchmarsh Alan welcomes Angela Rippon. Shown last Sunday (S) (HD)

9.25 ITV News (S) (HD)

9.30 James Martin's Saturday Morning James is joined by singer and broadcaster Jane McDonald, chefs Paul Foster and Tony Tobin, and award-winning chocolatier Mark Tilling. Repeated tomorrow 7.30am (S) (HD)

11.40 John and Lisa's Food Trip Down Under 4/5 The couple sample potato dosa at a market. (S) (AD) (HD)

12.50pm ITV News Weather; Regional Weather (S) (HD)

1.05 LIVE Racing Ed Chamberlain presents action from Newbury, featuring the Belfair Hurdle at 3.15, plus the day's best races from Warwick. (S) (HD)

3.40-4.00 ITV News Regional News; Weather (S) (HD)

Channel 4

6.00am Cheers Two episodes. (R) (S) (HD)

6.55 The King of Queens Triple bill. (R) (S) (AD) (HD)

8.10 Everybody Loves Raymond (R) (S) (AD) (HD)

10.05 The Simpsons Lisa has nightmares.

10.35 Homer tries to capitalise on Maggie's illness.

11.05 Bart is teased for being a mummy's boy. (R) (S) (AD) (HD)

11.35 The Secret Life of the Zoo Chimpanzee Dylan's 15-year reign is in jeopardy. (R) (S) (AD) (HD)

12.35-1.40pm Secret Life of the Safari Park 6/6 Conflict continues among the baboons as the males jostle for position in the hierarchy. Shown last Thu (S) (AD) (HD)

BBC1

1

Casualty 9.20pm

In a tight spot:

Jan and Max try to

help two brothers

trapped inside a

collapsed tunnel



4.30pm Final Score

Jason Mohammad presents a round-up of today's results from the Premier League, EFL and Scotland.

Producer Graham Bennett; Editor Helen Darpre (S) (HD)

5.30 BBC News Regional News; Weather (S) (HD)

5.50 Gladiators

RT 5/11. Four more contenders take on another set

of events against the mighty Gladiators. Tonight,

Legend's legs land him in trouble on the Collision

bridge. Bradley and Barney Walsh host. See p40.

Director Chris Power; Series producer Reshmi Bajnath Repeated

Monday 7pm BBC3 Signed repeat Friday 2.30am BBC2 (S) (AD) (HD)

6.50 Michael McIntyre's Big Show

5/6 Series 7. The comedian presents an evening

of entertainment at London's prestigious Theatre

Royal, Drury Lane, featuring musical performances,

an Unexpected Star and another Celebrity Send to All.

Director Simon Staffurth; Executive producers Saul Fearnley and

Dan Baldwin Repeated Thursday 12.10am (S) (HD)

7.50 The Weakest Link

Louise Minchin, Nina Nannar, Michael Buerk, John

Sergeant, Romilly Weeks, Jenni Murray, Calum Leslie

and Shanaqua Paris try to win up to £50,000 for

their chosen charity. Romesh Ranganathan hosts.

Director Barbara Wiltshire; Producer Olivia Clark (S) (HD)

8.35 Pointless Celebrities

RT Bethannie Hare, Nihal Arthanayake, Kemah

Bob, Tiff Stevenson, Richie Anderson, Donna

Preston, Dermot Murnaghan and Faye Brookes aim

for zero. Hosted by Alexander Armstrong. See p40.

Director Richard van't Riet; Series producer Laura Turner

Repeated Tuesday 12.20am (S) (HD)

9.20 Casualty

RT Willing and Able. Max pushes himself too far

when he tries to save two brothers, Stevie makes

a fatal decision and Iain keeps a secret from Faith.

A box set of previous episodes is on iPlayer. See p41.

Max Cristie Nigel Harman Ngozi Okoye Adesuwa Oni

Stevie Nash Elinor Lawless Cam Mickelthwaite Barney Walsh

Iain Dean Michael Stevenson Rida Aaman Sarah Seggari

Charlie Fairhead Derek Thompson Nikhil Kapoor Varun Raj

Dylan Keogh William Beck Neha Kapoor Rameet Rauli

Jacob Masters Charles Venn Neha Kapoor Michelle Crane

Rashid Masum Neet Mohan Ajay Razdan Kashif Ghole

Jodie Whyte Anna Chell April Yeats Katrina Allen

Faith Cadogan Kirsty Mitchell Connor McKay Damian Humbley

Theodore "Teddy" Gowan Milo Clarke Alex O'Hagan Tomas Bennett

Jan Jennings Di Botcher Riley O'Hagan Freddie Farrell

Writer Toby Walton; Producer Ian Warren

Director Paul Riordan (S) (AD) (HD)

10.10 BBC News Weather (S) (HD)

10.30 Match of the Day

Gary Lineker presents highlights of today's Premier

League games, including Manchester City v Everton,

Liverpool v Burnley, Luton Town v Sheffield Utd,

Tottenham Hotspur v Brighton & Hove Albion, Wolves

v Brentford and Nottingham Forest v Newcastle Utd.

Producer Colm Hartly; Editor Andy Fraser Rptd Sun 7.30am (S) (HD)

11.55 Defiance ★★

Second World War drama based on a true story.

Belorussia, 1941: four Jewish brothers escape

from the Nazis and hide in the forests they have

known from childhood. From there, they lead a

ragtag army in a series of increasingly daring attacks

against the invaders. English, Russian, German

+subtitles. On iPlayer for 30 days. Review page 47.

Tuvia Bielski Daniel Craig Lilla Tictin Alexa Davalos

Zus Bielski Liev Schreiber Shimon Haretz Allan Corduner

Asael Bielski Jamie Bell Isaac Malbin Mark Feuerstein

Director Edward Zwick (2008, 15) (AD) (W) (HD)

2.00am Weather for the Week Ahead (S) (HD)

2.05-6.00am BBC News (S) (HD)

BBC1 Freeview 1/HD 101 Freesat 101 Sky 101 Virgin 101

BBC2

2

Love Songs at the

BBC: Volume 3

8.35pm Roses are

red... Rihanna

tells the world

We Found Love



4.50pm Amanda and Alan's Italian Job

6/8 Series 2. Amanda wants to turn a bedroom into

a chic boudoir inspired by the Tuscan sunrise.

Shown yesterday BBC1 (S) (AD) (HD)

5.20 Richard Osman's House of Games

Michael Buerk, Kate Humble, Glenn Moore and

Thanyia Moore test their general knowledge skills

before Richard Osman announces the winner. (S) (HD)

5.50 David and Jay's Touring Toolshed

15/15. David Jason and Jay Blades meet hobbyists

in north-east Scotland, including two men who need

help fixing the engine of their boat. They also find

out about the traditional craft of kiltmaking.

Director Phil Ashton; Series producer Rosie Geiger

Repeated Tuesday 7.30am (S) (AD) (HD)

6.20 Flog It!

Philip Serrell and Catherine Southon find carved

walnuts and a silver epergne at Bletchley Park, while

Paul Martin meets Second World War codebreakers.

Director Khalid Khan; Series producer Louise Hibbins (R) (S) (HD)

7.05 Wilderness with Simon Reeve

3/4. Coral Triangle. The adventurer voyages across

a huge area of tropical seas and jungle-clad islands in

the south-west corner of the Pacific, starting in the

Togian Islands, close to Sulawesi. Shown last Sun (S) (AD) (HD)

8.05 Porridge

Series 1. Men without Women. Fletcher is made a

prison welfare officer. First shown in 1974.

Writers Ian La Frenais and Dick Clement

Director/Producer Sydney Lotterby (R) (S) (HD)

8.35 Love Songs at the BBC: Volume 3

As Valentine's Day approaches, it's time for a romantic

dive into the BBC's music archives to showcase some

of the greatest love songs ever made, including We've

Only Just Begun by the Carpenters and We Found

Love by Rihanna. Plus tracks from the Three Degrees,

Simply Red, Meat Loaf, Sting and Harry Styles.

Producer Shelley Talton; Series producer Simon Goretzki (S) (HD)

9.35 Heartbreakers at the BBC: Volume 2

A collection of some of the greatest sad songs ever

from the BBC archives. Who will be crying a river,

losing that lovin' feeling and believing that the first

cut is the deepest? Featuring Sade, the Righteous

Brothers, Toni Braxton, Lewis Capaldi and many more.

Producer Andrew Wiltshire; Series producer Simon Goretzki (S) (HD)

10.35 Love Songs at the BBC: Volume 2

A lovey-dovey collection of songs, featuring hits by

Nat King Cole, Shania Twain, Lionel Richie, Billy Joel,

Madness, Leona Lewis, Luther Vandross, Mariah

Carey, the Pointer Sisters and Ed Sheeran.

Producer Shelley Talton; Series producer Simon Goretzki (R) (S) (HD)

11.35 Heartbreakers at the BBC

A selection of classic performances from some of

music's biggest stars on the theme of heartbreak,

including George Michael, Amy Winehouse, Sam

Smith, Taylor Swift and Dionne Warwick.

Producer Shelley Talton; Series producer Simon Goretzki (R) (S) (HD)

12.35am Love Songs at the BBC: a Valentine's Day

Special A selection of romantic songs, including tracks by

Celine Dion, 10cc, Lionel Richie and Hot Chocolate. (R) (S) (HD)

1.35-3.15am Photograph ★★★★★ Romantic drama. Mumbai

street photographer Rafi takes a photo of a stranger,

Miloni. When Rafi is hounded by his grandmother to get

married, he sends her the photo of Miloni and claims she is

his fiancée. But then Rafi's gran arranges to visit, so he decides

to track down Miloni and persuade her to pose as his beloved.

Hindi, Gujarati, English +subtitles. On iPlayer for 60 days.

Rafi Nawazuddin Siddiqui Kanti Bhai Sachin Khedekar

Miloni Sanya Malhotra Saloni Brinda Trivedi

Dadi Farrukh Jaffar Shellaben Lubna Salim

Director Ritesh Batra (2018, 15) (W) (HD)

BBC2 Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102

ITV1

3

Six Nations

4.00pm England expects: captain Jamie George is on a crusade to slay the dragons



4.00pm Six Nations

England v Wales

Mark Pougatch introduces live coverage from Twickenham Stadium (kick-off 4.45).

The fierce historic rivals do battle in a match that will test the mettle of new captains Jamie George and Dafydd Jenkins to the limit. When the two teams met in Cardiff 12 months ago, it was England who came away with a 20-10 win, with tries from Anthony Watson, Kyle Sinckler and Ollie Lawrence. Wales's only try came from Louis Rees-Zammit, but there will be no repeat today now that he has put his rugby career on hold to follow his dream of playing in the NFL. Will the England fans go home singing *Swing Low, Sweet Chariot*, or will *Hymns and Arias* be filling the night air in south-west London?

Commentary from Nick Mullins, Ben Kay and Shane Williams. **See page 40.**

Editor Phil Heslop (S) (HD)

Ireland v Italy tomorrow 2.15pm

7.15 The Masked Singer

7/8 Series 5. The five surviving celebrities take the stage as guest panellist Lorraine Kelly joins regulars Jonathan Ross, Mo Gilligan, Rita Ora and Davina McCall to figure out the identity of the famous faces behind the surreal disguises. It's another double elimination week, so who'll be unmasked at the end of the night when it's time to "take it off"? Joel Dommett presents.

Director Diccon Ramsay; Exec producers Daniel Nettleton, Derek McLean, Claire Horton Rptd Sunday 12.40pm ITV2 (S) (AD) (HD)

8.45 Ant & Dec's Limitless Win

6/6 Series 3. The Georgie duo present the quiz show with a potentially infinite cash jackpot, as husband and wife Paul and Ellie continue their bid for a life-changing figure, before father and daughter Denis and Becca climb on the ladder. But will they cash out before they crash out?

Director Ollie Bartlett; Executive producers Stuart Shawcross, Victoria Ashbourne, Tom Blakeson and Gemma Nightingale Signed repeat 3am Repeated tomorrow 1.10pm (S) (AD) (HD)

9.45 It'll Be Alright on the Night

David Walliams introduces another selection of out-takes, as Olly Murs has a chair malfunction on *The Voice UK*, James Martin gets burned by a barbecue and Shane Richie injures himself on a hammock. Meanwhile, Greg Davies is heckled by his own autocue – with royalty looking on.

Series producer Chris Thornton (R) (S) (AD) (HD)

10.35 ITV News

Weather; Regional Weather (S) (HD)

10.45 Big Zuu's 12 Dishes in 12 Hours

6/6. The rapper and chef takes comedian Sindhu Vee on a culinary tour of Valencia, sampling a dozen local dishes along the way to find out more about the Spanish city. **See p41.**

Director Chris Faith; Producer Rohan Minhas Repeated Thursday 11.40pm (S) (AD) (HD)

11.25 The NFL Show

Craig Doyle looks ahead to tomorrow's Super Bowl showdown between Kansas City Chiefs and San Francisco 49ers in Las Vegas, with analysis from Jason Bell and Osi Umenyiora.

Super Bowl LVIII tomorrow 10.45pm (S) (HD)

12.25am Home Shopping (HD)

3.00 Ant & Dec's Limitless Win 6/6. Quiz show.

Shown 8.45pm Repeated tomorrow 1.10pm (S) (SL) (AD) (HD)

3.50 Unwind A sequence to calm the mind. (S) (HD)

5.05-6.00am Jason Atherton's Dubai Dishes 8/10. A look at Dubai's baked goods. (R) (S) (SL) (AD) (HD)

ITV1 Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 103

+1 Freeview 35 Freesat 112 Sky 203 Virgin 303

Channel 4

4
7 in Wales

Scream 9.20pm

Courtney Cox and Neve Campbell return for the fifth instalment of the horror franchise



1.40pm A Place in the Sun

Golf enthusiast Peggy seeks a holiday home on Spain's Costa del Sol within her £115,000 budget.

Director/Producer Steven Eker (R) (S) (HD)

RT Travel supplement: centre pages

2.40 Four in a Bed

Featuring establishments in Midlothian, County Durham, North Yorkshire and East Yorkshire.

Director/Producer David McCormack (R) (S) (HD)

5.20 Location, Location, Location

Kirstie Allsopp and Phil Spencer visit Glasgow, where two couples' requirements stretch their budgets to the limit. Laura and Euan seek a family home but struggle to choose a location, while Miriam and David are shown a selection of possibilities but each prefers different properties.

Directors Simon Joslin and Warren Townsend

Series producer Julian Sinclair (R) (S) (HD)

6.25 Channel 4 News Sport; Weather (S) (HD)

6.55 Mission: Impossible 2 ★★★★★

Action spy thriller sequel. Impossible Mission Force agent Ethan Hunt is on the trail of former colleague-gone-bad Sean Ambrose, following the theft of a synthetic virus capable of wiping out the world's population. In an effort to get closer to Ambrose, Ethan is accompanied on the mission by the renegade agent's former lover. Available to stream for 30 days. **Review p47.**

Ethan Hunt Tom Cruise Billy Baird John Polson
Sean Ambrose Douglass Scott Dr Nekhorvich Rade Serbedzija
Nyah Hall Thandie Newton Mission Commander Swanbeck
Luther Stickle Ving Rhames
Hugh Stamp Richard Roxburgh Anthony Hopkins
Director John Woo (2000, 15) (S) (AD) (W) (HD)

9.20 Scream ★★

Horror sequel. After 25 peaceful years in Woodsboro, another masked killer begins to terrorise the town's high-schoolers. Efforts are made to reunite the survivors of the original massacre – but could this be playing into the hands of the new Ghostface? Available to stream for 30 days. **Film of the Day: page 47.**

Sidney Prescott Neve Campbell Mindy Meeks-Martin
Gale Weathers Courtney Cox Jasmin Savoy Brown
Dewey Riley David Arquette Chad Meeks-Martin Mason Gooding
Sam Carpenter Melissa Barrera Liv McKenzie Sonia Ammar
Richie Kirsch Jack Quaid Deputy Judy Hicks Marley Shelton
Amber Freeman Mikey Madison Billy Loomis Skeet Ulrich
Tara Carpenter Jenna Ortega Vince Schneider Kyle Gallner
Wes Hicks Dylan Minnette
Directors Matt Bettinelli-Olpin and Tyler Gillett (2022, 18) (S) (AD) (W) (HD)

Also showing tomorrow 10pm 4seven

11.35 The Firm ★★★★★

Legal thriller. Top Harvard law graduate Mitch McDeere expects to find work in the big city, but the highest bid for his talents comes from a paternalistic Memphis firm. Mitch throws himself into the job, despite his wife Abby's reservations, only to be warned by the FBI that the deaths of two company associates weren't accidental.

Available to stream for 18 days. **Review page 47.**

Mitch McDeere Tom Cruise Lamar Quinn Terry Kinney
Abby McDeere Jeanne Tripplehorn William Devasher Wilford Brimley
Avery Tolar Gene Hackman Wayne Tarrance Ed Harris
Oliver Lambert Hal Holbrook Tammy Hemphill Holly Hunter
Director Sydney Pollack (1993, 15) (S) (W) (HD)

Also showing Wednesday 10pm 4seven

2.15am Couples Come Dine with Me Spanish food and fine dining are served up in Birmingham. (R) (S) (SL) (HD)

3.10 Hollyoaks Omnibus. Signed repeat tomorrow 3.40am E4

Shown last Monday to Friday E4 (S) (SL) (AD) (HD)

5.15-6.10am Kirstie and Phil's Love It or List It: Brilliant Builds How to create more space. (R) (S) (AD) (HD)

Channel 4 Freeview 4/HD 104 Freesat 104 Sky 104 Virgin 104

+1 Freeview 15 Freesat 121 Sky 204 Virgin 304

BBC4

9
24 in Scotland

Señorita 89

9.00pm As the competition nears its climax, Elena wants the truth exposed



7.00pm Raiders of the Lost Past with Janina Ramirez

1/3. The Sutton Hoo Hoard. In 1939, archaeologists discovered three ancient treasures that would transform our understanding of the origins of civilisation. Dr Janina Ramirez tells the story of these discoveries, beginning with the Sutton Hoo Hoard, unearthed in a Suffolk garden. A box set is on iPlayer. Director/Series producer Luke McMahon Signed repeat 2.40am (R) (S) (AD) (HD)

8.00 South Pacific

1/6. Ocean of Islands. The islands in the South Pacific are the most remote in the world, and their isolation has created curious forms of life, from giant crabs to flesh-eating caterpillars. Human culture is different, too. The men of Pentecost Island celebrate harvest by leaping from 20-metre scaffolds, with only forest vines to break their fall.

Series producer Huw Cordery; Executive producer Fiona Pitcher Repeated 1.40am (R) (S) (AD) (HD)

9.00 Señorita 89

7/8 Series 2. Elena's article is published in the newspaper, and Isabel seeks to defame her. Raúl wants to get rid of the women of La Encantada, but Jocy seeks revenge. (S) (HD)

9.40 8/8. The queen's competition continues – who will win? Elena exposes Raúl, and Luisa finds Concepción's confession. Spanish +subtitles. A box set is on iPlayer. **See page 41.** (S) (HD)

Elena Ximena Romo
Raúl López Morton Juan Manuel Bernal
Jocelyn Leidi Gutiérrez
Luisa Edwarda Gurrola
Babuena Juan Carlos Vives
Concepción Ilse Salas
Sebastian Pierre Louie
Rosa Patricia Collazo
Mirko Luis Ernesto Franco
Isabel Natasha Dupeyron
La Madrina Dolores Heredia
Santa Yoshira Escarrega

10.20 Parkinson

Michael Parkinson reflects on when he met comedians Walter Matthau and George Burns. In highlights from this 1976 interview, Matthau and Burns spin their brand of American humour. Series producer Annie Lewis Marffy (R) (S)

11.00 Bob Hope: Talking Comedy

Some of the English-born American actor and comedian's appearances on the BBC's most popular talk shows. Producer Simon Catt; Series producer Simon Goretzki Repeated Thursday 1.25am (R) (S)

11.30 To the Manor Born

6/8 Series 1. The Grape Vine. Audrey takes a holiday, but frets about leaving Grantleigh Manor in Devere's hands. Shown last Tuesday (S)

12 midnight Yes, Prime Minister 7/8

Series 1. The Bishop's Gambit. Jim tries to appoint a new bishop. Shown last Tuesday (S)

12.30am Imagine... Mel Brooks:

Unwrapped Alan Yentob interviews the actor, director and producer. From 2018. (R) (S) (HD)

1.40 South Pacific Shown 8pm (S) (AD) (HD)

2.40-3.40am Raiders of the Lost Past with Janina Ramirez Shown 7pm (S) (SL) (AD) (HD)

BBC4 F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

BBC1 SCOTLAND

10.30pm Sportscene: Scottish Cup Highlights: including Aberdeen v Bonnyrigg Rose, Rangers v Ayr United and Kilmarnock v Cove Rangers 11.30 Match of the Day 12.55am FILM: Defiance 3.00 Weather for the Week Ahead 3.05-6.00 BBC News

BBC SCOTLAND

7.00pm The Seven 7.15 The Edit 7.30 The Forest: an engineering team are called out to repair a logging machine 8.00 The Island That Saved My Life 8.30 Rewind 2000s: news stories from the year 2000 9.00 Scot Squad 9.30 Robbie Coltrane at the BBC 10.20 Still Game: Jack and Victor board a dial-a-bus tour 10.50 Naked Video 11.15-12 midnight Music Vault

STV

12.25-3.00am Night Vision: news and sport 3.50-5.05 Night Vision: news and sport

BBC1 WALES

11.30am-12 noon Six Nations Sin Bin: with guests Aisling Bea, JJ Chalmers and Alex Cuthbert

BBC2 WALES

6.20pm Flog It!: from Sheffield 6.35 Inside the Factory: at the Axminster carpet factory in Devon 7.35-8.05 Weatherman Walking: the art of Nordic walking in Cardiff Bay

Channel 5 listings are overleaf

SATURDAY Freeview

Channel 5

5



1990: Most Shocking Moments
10.05pm The lady's not for turning

5.40am Milkshake! See page 46
9.55 SpongeBob SquarePants
SpongeBob's house is falling apart. (S) (HD)
10.10 Plankton replaces his computer wife Karen with the new, better, Karen 2.0. (S) (HD)

10.25 Entertainment News (S) (HD)
10.30 Friends Series 2. Monica's Christmas celebrations are steamier than anticipated.
10.55 Joey gets a part in a daytime soap.
11.20 Carol and Susan prepare to tie the knot.
11.50 Joey dates a crazed fan. (R) (S) (AD) (HD)

12.25pm Dogs Behaving (Very) Badly
A greedy labrador is a super scavenger who is making walks stressful. (R) (S) (AD) (HD)

1.20 A pointer steals washing, pilfers food and leads other dogs astray. (R) (S) (AD) (HD)

2.15 Happy Campers: the Caravan Park
The race is on to find two new entertainers.
3.15 New Yellowcoats Charley and Andi make their debuts as park mascots.

4.15 In Cornwall, the worst storm of the season hits Tencreek Holiday Park. (R) (S) (HD)

5.15pm Hi-De-Hi!: Hello Campers
A celebration of the much-loved holiday camp sitcom, featuring classic scenes and interviews with members of the cast and crew including Su Pollard, Ruth Madoc and Jeffrey Holland.
Director/Producer Miranda Glasser (R) (S) (HD)

6.35 Secrets of Buckingham Palace with Alexander Armstrong
The actor reveals how tragedy struck in 1788, when George III's health took a turn for the worse and his behaviour spiralled out of control, making life at the residence intolerable.
Directors Sam Bailey and Sam Elvin (R) (S) (HD)

7.35 The Royal High Street: Where the King Shops
Since the 17th century, St James's in London has been the luxury retail destination for the kings and queens of Britain. Here, we meet the characters who run its stores and the customers who buy their top-of-the-range products.
Director Maddie Dodd (R) (S) (HD)

8.35 One Foot in the Grave: Funniest Moments and More
A celebration of David Renwick's classic sitcom, featuring interviews with stars of the show Richard Wilson, Angus Deayton and Doreen Mantle.
Director/Producer Mark Turnbull (R) (S) (HD)

10.05 1990: Most Shocking Moments
Controversies, scandals and surprises in TV, film, music and politics, including Margaret Thatcher's resignation as Prime Minister and the Poll Tax riots, which created carnage in London.
Director John Piper (S) (HD)

12 midnight Criminals: Caught on Camera: CCTV footage is used to trace a gang who killed a restaurant owner (R) (S) (HD) **12.45am** Entertainment News (S) (HD) **1.00** Casino (S) (HD) **3.00** GPs: behind Closed Doors (R) (S) (HD) **3.50** Britain's Great Cathedrals with Tony Robinson (R) (S) (SL) (HD) **4.40** House Doctor (R) (S) (SL) **5.05** Nick's Quest (R) (S) (SL) **5.30-5.55am** Entertainment News (S) (HD)

C5 Freeview 5/HD 105 Freesat 105 Sky 105 Virgin 105
+1 Freeview 38 Freesat 128 Sky 205 Virgin 305

BBC4 listings are overleaf

BBC3

23



Wagspiracy: Vardy vs Rooney 9.00pm
Rebekah Vardy's PR team speak out

7.00pm EastEnders
Yolande questions Denzel's obsession.
Shown last Wednesday BBC1 (S) (AD) (HD)
7.30 Lauren grows suspicious of Linda.
Shown last Thu BBC1 Cast Wed/Thu BBC1 (S) (AD) (HD)

8.00 New. The Traitors Australia 9/9 Series 2. The winner is announced. A box set is available on iPlayer. (S) (HD)

9.00 Wagspiracy: Vardy vs Rooney
Exploring the hidden workings of the tabloids, PRs and agents connected to the 2022 "Wagatha Christie" High Court libel case. **See page 41.** (S) (AD) (HD)

9.45 Atonement ★★★★★
Period romantic drama starring Keira Knightley, James McAvoy and Romola Garai. At a country house in 1935, sisters Cecilia and Briony Tallis clash over Cecilia's affair with servant's son Robbie Turner, leading to a life-changing flashpoint that splits up the young lovers. English, French +subtitles. Available on iPlayer for 27 days.
Director Joe Wright (2007, 15) (AD) (W) (HD)

11.40 Two Pints of Lager and a Packet of Crisps
3/14 Series 5. Louise hatches a blackmail plot and Donna receives a windfall.
12.10am 4/14. Jonny's efforts to learn to drive come to an abrupt halt.
12.40 5/14. Jonny and Louise get into trouble with rampaging kids.

1.05 6/14. Janet and Jonny prepare for their parties. A box set is on iPlayer. (S) (AD) (HD)

1.35 Domino Day: Domino meets a local coven (S) (AD) (HD) **2.20-3.45am** Two Pints of Lager and a Packet of Crisps (S) (AD) (HD)

BBC3 Freeview 23/HD 107 (not Scot/Wales) **Freesat 107** Sky 115 (117 Wales; 121 Scotland) **Virgin 107** (157 Scotland/Wales)

ITV2

6

6.00am CITV (S) (HD) **9.00** Unwind (S) (HD) **9.15** Totally Bonkers Guinness World Records (S) (HD) **9.45** Secret Crush (S) (SL) (HD) **10.50** Dress to Impress (S) (SL) (HD)

1.50pm Celebrity Catchphrase (S) (AD) (HD) **2.55** In for a Penny (S) (AD) (HD) **3.25 FILM** Cats & Dogs: the Revenge of Kitty Galore ★★★

Part-animated fantasy featuring the voices of Bette Midler and James Marsden (S) (AD) (W) (HD)

5.10pm FILM Scoob! ★★ Animated adventure. Scooby-Doo, Shaggy and their friends try to go into business as a team of paranormal crime-solvers with the help of a masked superhero. (S) (W) (HD)

7.00 FILM Legally Blonde ★★★★★ Comedy starring Reese Witherspoon. Valley girl Elle follows her ex-boyfriend to Harvard after he ends their relationship, determined to prove to him there's more to her than hair and make-up. **Review p47.** (S) (AD) (W) (HD)

9.00 New. Love Island: All Stars - Unseen Bits Iain Stirling narrates another selection of unseen moments from the villa. (S) (HD)

10.05 Family Guy Series 11. It's Valentine's Day and Meg dates a man she met online.
10.35 Series 16. Brian convinces Stewie to teach him how to invest in the stock market.

11.05 How the show might have tackled events of the 1950s, 60s and 70s. (S) (AD) (HD)
11.30 American Dad! Series 13. Steve gets competitive at Possum Lake. (S) (AD) (HD)

12 midnight Series 16. Stan asks Steve to teach him how to show empathy. (S) (AD) (HD)

12.25am The Sex Lives of College Girls (S) (HD) **1.35** Iain Stirling's CelebAbility (S) (HD)

2.20 Totally Bonkers Guinness World Records (S) (HD) **2.45-3.00am** Unwind (S) (HD)

ITV2 Freeview 6 Freesat 113 Sky 118 Virgin 115
+1 Freeview 29 (Tm+2am) Freesat 114 Sky 218 Virgin 315

ITV3

10



Endeavour 11.05pm DCI Thursday and DS Morse encounter racial tensions

6.00am Bless This House (S) **6.30** Inspector Morse: Series 2. *The Settling of the Sun.* Murder shatters the peace of an Oxford college (S) (SL) (AD) (HD) **8.40** The Ruth Rendell Mysteries: *Master of the Moor 2/3.* Stephen's wife feels neglected. Colin Firth stars (S) (SL) **9.50** Doc Martin: **3/9 Series 2.** *Blood Is Thicker.* Al discovers a disturbing family secret (S) (SL) (AD) **10.55** Midsomer Murders: Series 13. *Fit for Murder.* In DCI Tom Barnaby's very last case, the detective investigates a body found in a floatation chamber; **12.55pm** Series 14 *Death in the Slow Lane.* A DJ judging a classic-car show is crushed to death; **2.55** *Dark Secrets.* The life of a reclusive couple comes under police scrutiny (S) (AD) (HD)

5.00pm Midsomer Murders
Series 14. Echoes of the Dead. The discovery of a woman dressed as a bride drowned in a bath heralds a spate of ghoulish wedding-linked murders. Pam Ferris, Adrian Rawlins and Melanie Kilburn guest-star.

7.00 The Sleeper under the Hill. When a local farmer is found murdered at a sacred stone circle in Midsomer Mow, suspicion immediately falls on a group of druids. With Robert Pugh and Susan Brown.

9.00 Series 11. Left for Dead. A mystery from his schooldays comes back to haunt DS Jones following the deaths of a reclusive couple and a murder at the wedding of an old friend. Guest starring Maggie Steed, Shaun Dooley and Indra Ové. (S) (AD)

11.05 Endeavour
2/3 Series 7. Raga. With campaigning for the 1970 general election under way, racial tensions escalate and a clash between rival gangs spirals out of control. As the investigation leads to a right-wing organisation, tragedy strikes again. Pal Aron and Emma Cunliffe guest-star. (S) (AD) (HD)

12.40am Inside the Crown: Secrets of the Royals: the Queen's response to personal tragedies and national disasters (S) (AD) (HD) **1.30** Agatha Christie's Poirot: *Problem at Sea.* A woman is murdered on a cruise ship (S) (AD) (HD) **2.25-2.30am** Unwind (S) (HD)

ITV3 Freeview 10 Freesat 115 Sky 119 Virgin 117
+1 Freesat 116 Sky 219 Virgin 317

ITV4

26

6.00am The Derby through the Years (S) (HD) **6.15** The Return of Sherlock Holmes (S) (AD) (HD) **7.20** Hornblower (S) (AD) (HD)

9.30 New. Racing: the Opening Show: from Newbury (S) (HD) **10.30** The Big Match Revisited (S) (HD) **11.30 New.** Padel (S) (HD)

12.30pm FILM The Cowboys ★★ Western (S) (W) (HD) **3.05 FILM** The Train Robbers ★★ Western starring John Wayne (S) (W) (HD)

5.00pm LIVE Spanish Football Real Madrid v Girona at the Bernabéu (kick-off 5.30). (S) (HD)

7.50 Monster Carp Ali Hamidi travels to South Africa to search for Jaws. (S) (HD)

8.50 World of Sport Richard Henwood looks back at the Indoor League. (S) (HD)

9.00 New. EFL Highlights Action including Leeds United v Rotherham United and Watford v Leicester City. Rptd Mon ITV1 (S) (HD)

10.30 FILM Shaun of the Dead ★★★★★ Comedy horror with Simon Pegg and Nick Frost. On the day north London slacker Shaun decides to sort his life out, the dead rise and zombies overrun the city. (S) (AD) (W) (HD)

12.35am Minder: Arthur is held hostage (S) (SL) (AD) **1.35** The Chase Celebrity Christmas Special (S) (HD) **2.35-3.00am** Unwind (S) (HD)

ITV4 Freeview 26 Freesat 117 Sky 120 Virgin 118
+1 Freesat 116 Sky 220 Virgin 318

Drama

20



The South Westerlies 8.00pm Kate Ryan (Orla Brady) faces protests

7.15am When the Boat Comes In: **3/13 Series 2.** Billy becomes a qualified doctor; **8.10 4/13.** A Russian comes looking for Sergeant Ford; **9.20 5/13.** Les asks Jack for help (S) **10.30** Lovejoy: **5/14 Series 5.** The roguish dealer tracks down a conman; **11.25 6/14.** Eric becomes involved in a smuggling racket; **12.30pm 7/14.** The antiques dealer hunts down a murderer; **1.30 8/14.** An attempt is made on Lovejoy's life (S) **2.30** The Musketeers: **4/10 Series 2.** Aramis tries to prevent a war between France and Spain; **3.45 5/10.** Athos is kidnapped and taken back to his estate of Pinon (AD) (HD) **5.00** Kingdom: **3/6 Series 1.** Two fishermen turn to Kingdom for help when their insurance company refuses to pay out after an explosion wrecks their trawler (S)

6.00pm The Brokenwood Mysteries
5/6 Series 8. Good as Gold. Jane Fergusson is gold panning in the Brokenwood River when she is shot. (S) (AD) (HD)

8.00 New series. The South Westerlies
1/6. Drama about a consultant for an energy firm sent to a small coastal town to change the locals' minds about the viability of a wind farm. Orla Brady stars. (HD)

9.10 Whitechapel
2/6 Series 3. The case takes on an almost supernatural edge when a second mass murder occurs, with no obvious signs of a break-in and no forensics. (S) (AD) (HD) **10.10 3/6.** Chandler and the team attend the christening of Miles's daughter, but find themselves dealing with a murder case when a fox runs through Whitechapel with a human arm in its mouth. (S) (AD) (HD)

11.10 Strike: the Cuckoo's Calling
3/3. As Strike and Robin close in on Lula Landry's killer, secrets are revealed, which put both of them in danger. (S) (HD)

12.25am This Life: **11/11 Series 1.** Milly is hurt and confused when O'Donnell brings their affair to an end (S) **2.25-4.00am** Signora Volpe: **2/3.** Sylvia joins an archaeological dig, and finds a skeleton in a shallow grave (S) (HD)

Drama Freeview 20 Freesat 158 Sky 143 Virgin 116
+1 Freeview 60 Sky 243 Virgin 316

ITVBe

28

7.00am The Real Housewives of Jersey: Margaret has a bone to pick (S) (HD) **8.00** Buying and Selling (S) (HD) **9.00** LittleBe (HD)

12 noon Be Beautiful (S) (AD) (HD) **12.10pm** Great Chocolate Showdown (S) (HD) **2.00** The Real Housewives Ultimate Girls' Trip (S) (HD)

3.00 The Real Housewives of Cheshire (S) (HD)

6.00pm Project Bakeover Owner Tanya needs Steve's help to save her bakery café. He shows her how to increase her sales. (S) (HD)

7.00 Celebrity Dinner Date Comedian Donna Preston is given five menus from which to pick three blind dinner dates. (S) (AD) (HD)

8.00 FILM Mermaids ★★★★★ Romantic comedy with Cher, Bob Hoskins and Winona Ryder. It's 1963, and after uprooting her family to a small coastal town, single parent Mrs Flax becomes romantically involved with a local shopkeeper. Meanwhile, her daughter is worried about her own romance. (S) (W) (HD)

10.20 Botched Nicole Eggert hopes to have breast reduction surgery. (S) (AD) (HD)

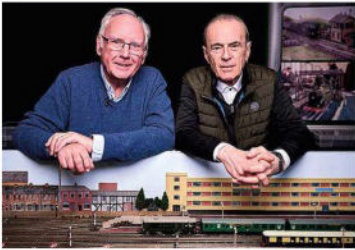
11.20 The Real Housewives of Miami
Alexia's family is torn apart as her fiancé and son go head to head. (S) (HD)

12.20-1.00am Unwind (S) (HD)
ITVBe Freeview 28 Freesat 119 Sky 131 (132 Scotland) Virgin 119 **+1** Virgin 319

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

More4

18



Little Trains and Big Names with Pete Waterman 7.55pm Pete and Francis

8.55am Kirstie's House of Craft (AD)
9.20 A Place in the Sun: triple bill
12.15pm Location, Location, Location
1.20 Come Dine with Me (AD) **4.00** The Great Pottery Throw Down (AD)
5.20pm **Four in a Bed** Visits to B&Bs in Norfolk, Warwickshire, the Cotswolds and Pembrokeshire, featuring husky racing and accommodation above an Italian restaurant.
7.55 **Little Trains and Big Names with Pete Waterman** Pete Waterman works on an exhibition build for Chester Cathedral and takes Status Quo's Francis Rossi down memory lane to explain his first layout. (AD)
9.00 **24 Hours in A&E** Patients include a man who was stabbed in his own home and has injuries to his lung, arm and liver, and an elderly woman injured in a fall. (AD)
10.00 A 77-year-old man arrives with a potentially deadly swelling of the main artery that could burst at any moment, and his only option is major surgery. (AD)
11.05 **Eight out of Ten Cats Does Countdown** Kathy Burke and Roisin Conaty take on Johnny Vegas and Bob Mortimer, while John Cooper Clarke assists Susie Dent.
12.10am Jimmy Carr hosts as Jon Richardson and Sara Pascoe take on Sean Lock and Vic Reeves. David O'Doherty joins Susie Dent in Dictionary Corner.
1.15 24 Hours in A&E (AD) **3.25-3.50am** A Farmer's Life: The Neills welcome a new arrival
More4 F'view 18 F'sat 124 Sky 136 (137 Scotland) Virgin 147 +1 Freesat 125 Sky 236 (237 Scot) Virgin 347

E4

13

6.00am Rude(ish) Tube Shorts **6.15** Don't Spoil the Bride **7.10** Don't Tell the Bride
8.15 Ramsay's Kitchen Nightmares USA
12.15pm Modern Family **2.45** Brooklyn Nine-Nine (AD) **4.50** The Big Bang Theory (AD)
6.20pm **The Big Bang Theory** 23/24 Series 5. Howard tries to use his wedding as an excuse to avoid being sent into space. (AD)
6.45 **FILM Raiders of the Lost Ark** ★★★★★ Action adventure starring Harrison Ford and Karen Allen. Indiana Jones's exploits take him around the world in search of the legendary Ark of the Covenant, a religious artefact of unspeakable power wanted by the Nazis. With the help of an old flame, Indy takes on his enemies in a terrifying and death-defying battle to the finish. (AD)
9.00 **Celebrity Gogglebox** TV from July 2022, including *Stranger Things*, *Love Island* and *How to Build a Sex Room*. (AD)
10.00 **Gogglebox** Opinions on *I'm a Celebrity... Get Me Out of Here!*, *An Audience with Adele*, *Michael McIntyre's The Wheel*, and *Close to Me*. From November 2021. (AD)
11.05 *I'm a Celebrity... Get Me Out of Here!*, *True Story*, *Miriam and Alan: Lost in Scotland* and *Tiger King* 2 are appraised. (AD)
12.10am First Dates: two editions (SL) (AD)
2.15 **Gogglebox** (SL) (AD) **4.05** Modern Family
4.30-6.00am How I Met Your Mother (AD)
E4 Freeview 13 Freesat 122 Sky 135 (136 Scot) Virgin 106 +1 Freeview 30 Freesat 123 Sky 235 (236 Scot) Virgin 306
E4 Extra F'view 31 F'sat 126 Sky 138 (139 Scot) Virgin 144

Really

17

6.00am Fantasy Homes by the Sea **7.00** Home Shopping **8.00** Antiques Road Trip (AD) **10.00** Dr Pimple Popper **12 noon** The Bad Skin Clinic
1.00pm A Place in the Sun **3.00** The Yorkshire Auction House **4.00** Helicopter ER **9.00** **New**. The Dead Files: double bill. A woman is convinced her fiancé is possessed, then an evil presence targets a family **11.00** Paranormal: Caught on Camera
12 midnight Jack Osbourne's Buried Bloodlines
1.00am Ghost Adventures **2.00** Home Shopping **4.00-6.00am** Animal Cops San Francisco (AD)
Really Freeview 17 Freesat 160 Sky 142 Virgin 128

Sky Arts

36



Bob Marley: Uprising! Live 8.00pm A 1980 performance in Dortmund

6.00am Arts Uncovered **6.10** Kurt Weill: Street Scene **9.00** Tales of the Unexpected (AD) **11.00** Alfred Hitchcock Presents
1.00pm The Joy of Painting **2.00** Landscape Artist of the Year (AD) **3.00** Art's Wildest Movement: Mannerism **4.15** Freddie Mercury: Auction Special: a sale of the Queen frontman's personal effects **5.15** Queen: Live at the Rainbow: a 1974 concert at London's Rainbow Theatre, featuring performances of *Killer Queen* and *Seven Seas of Rhye*
7.00pm **Classic Albums** Concert footage, home movies and interviews in Jamaica give a background to the Wailers' LP *Catch a Fire*, which launched Bob Marley onto the scene.
8.00 **New**. **Bob Marley: Uprising! Live** **RT** A performance at Dortmund's Westfalenhalle in 1980, with songs including *I Shot the Sheriff*, *Get Up, Stand Up* and *No Woman, No Cry*. See page 40.
10.30 **New**. **Bob Marley: Up Close and Personal** A profile of the Jamaican reggae musician, with classic performance footage and conversations with those who knew him.
11.50 **New**. **Bob Marley and the Wailers: the Capitol Session** 73 The band's 1973 performance at Capitol Studios, Hollywood.
1.50am Gil Scott-Heron: Pieces of a Man: Gil Scott-Heron's 1971 debut, which influenced hip-hop
2.50 The Great Songwriters **3.50** Isle of Wight Festival Greatest Hits **4.40** Simple Minds: Music Icons **5.05-6.00am** Discovering: Queen
Sky Arts Freeview 36 Freesat 147 Sky 130 (131 Scotland) Virgin 140/HD 123 EE 350/HD 365

4seven

49

9.00am Come Dine with Me **11.30** Château DIY (AD) **3.30pm** A Place in the Sun
7.00pm **Extraordinary Extensions** 5/6 Series 2. Musician and property developer Tinie meets a pair of yoga entrepreneurs as they build an extension devoted to wellness in north London. Shown yesterday C4 (AD)
8.00 **Kirstie and Phil's Love It or List It Ep 8** Series 9. Phil Spencer catches up with Carol and Andrew who, in 2016, couldn't decide whether to keep or sell their three-bedroom semi in Harrogate. Shown last Wed C4 (AD)
9.00 **Eight out of Ten Cats Does Countdown** Ep 5. Jon Richardson and Asim Chaudhry take on Joe Wilkinson and Roisin Conaty in the panel show. Shown yesterday C4
10.00 **I Literally Just Told You with Jimmy Carr** Ep 4 Series 3. Game show in which contestants are given every answer with the questions written, literally, as the show is happening. Shown yesterday C4
11.05 **24 Hours in A&E** Doctors investigate what may have caused a motorist to crash, while the patient's son and his friend recount the influence she has had on their lives. (AD)
12.05am **Gogglebox** (AD) **2.15** First Dates (AD)
3.20 Johnny Vegas: Carry On Glamping (AD)
4.15-4.45am Obsessed with My Muscles: Untold
4seven F'view 49 F'sat 127 Sky 137 (138 Scot) Virgin 143

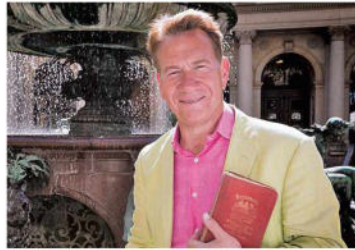
Quest

12

6.00am Planes That Changed the World **7.00** World's Biggest Shipbuilders **8.00** Wheeler Dealers
2.00pm The Repair Shop **3.00** Shed and Buried **5.00** Salvage Hunters: Classic Cars **7.00** Salvage Hunters: The Woodland Workshop **9.00** The Repair Shop: the team tackles a miner's lamp that saved its owner's life **10.00** The Hotel Inspector: Alex Polizzi is enlisted to rescue Spanhoe Lodge in Northamptonshire **11.00** **New**. Blowing Up History: the construction of an ancient city lost in the Peruvian desert, where experts find signs of strange rituals **12 midnight** In Search of Monsters
1.00am Border Control: Spain **2.00** Destroyed in Seconds **4.00-5.00am** How It's Made
Quest Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 137 +1 Freeview 70 Freesat 168 Sky 244 Virgin 337

Yesterday

27



Great Continental Railway Journeys 8.00pm Michael arrives in Bordeaux

6.10am Fred Dibnah's Made in Britain
8.00 Bangers and Cash: five editions
1.00pm Abandoned Engineering (AD)
4.00 Great Continental Railway Journeys
6.00pm **Great Continental Railway Journeys** Michael Portillo explores Scandinavia, braving one of the world's oldest rollercoasters in Copenhagen's Tivoli Gardens.
7.00 Michael travels through Bohemia and Bavaria, test driving a state-of-the-art train and sampling the waters of Marianske Lazne.
8.00 The delights of the Atlantic coasts of Spain and France, beginning in Bordeaux.
9.00 Michael ventures on to the European rail network once again, beginning by travelling through Russia from Tula to St Petersburg.
10.00 **One Foot in the Grave** Victor and Margaret are trapped by a swarm of bees, and that is just the start of their troubles.
10.40 Victor takes up life-drawing classes, and Margaret is happy to see the back of him.
11.20 Victor and Margaret prepare for a holiday in Athens – but an electricity board representative delays their preparations.
12 midnight Bangers and Cash: a 1966 Triumph Spitfire is restored **1.00am** Guitar Heroes at the BBC **2.00-3.00am** Smoke and Steel (AD)
Yesterday Freeview 27 Freesat 159 Sky 155 Virgin 129 +1 Sky 255 Virgin 329

Dave

19

7.10am Mega Air **8.00** The Force: behind the Line **9.00** Repair Lot (AD) **10.00** Train Trunkers **12 noon** Storage Hunters UK
2.30pm Top Gear (AD) **4.00** World's Most Dangerous Roads: two editions
6.20pm **Mortimer & Whitehouse: Gone Fishing** Paul and Bob fish for Pike on the River Test in Hampshire. (AD)
7.00 **Special Ops: Crime Squad UK** Lancashire police get a call about a cryptocurrency heist worth £100 million. (AD)
8.00 The detectives tackle an arsonist. (AD)
9.00 **Not Going Out 7/11** Series 7. Lucy plans an anniversary party for her parents
9.40 8/11. Lucy and Daisy endure the worst flight of their lives when Lee gets a bad case of the jitters on the plane.
10.20 9/11. Lee worries the woman of his dreams is drifting further away.
11.00 **QI XL** Sarah Millican, Eddie Kadi and Noel Fielding attempt to answer Stephen Fry's questions on M-themed matters.
11.40 **Have I Got a Bit More News for You** Extended edition hosted by Jo Brand, with Grace Dent and Kiri Pritchard-McLean.
12.40am Live at the Apollo **2.40** Alan Davies: As Yet Untitled **3.30-4.00am** QI XL
Dave F'view 19 F'sat 157 Sky 111 (112 Wales) Virgin HD 127
Dave **Ja Vu** Freeview 57 Sky 211 (212 Wales) Virgin 327

Sky Mix

11

6.00am Nothing to Declare **7.30** Monkey Life **8.00** Let's Game: World Builders **8.20** Silly Animals **8.50** Super Sema **9.00** Monkey Life **9.30** Nothing to Declare **11.00** Border Security USA (AD) **12 noon** Road Wars **1.00pm** Highway Cops **2.00** Wild Pacific Rescue (AD) **3.00** Monkey Life **4.00** Shadowlands (AD) **5.00** Big Beasts: Last of the Giants (AD) **6.00** Impossible Animals (AD)
7.00 David Attenborough's Rise of Animals: Triumph of the Vertebrates: how mammals came to dominate the natural world **8.00** Predators: a community of polar bears struggles to survive (AD) **9.00** Britcam: Emergency on Our Streets (AD) **10.00** The Force: North East **11.00** **FILM** They Live ★★★★★ Sci-fi thriller starring Roddy Piper (W)
1.00am Caribbean Cops (AD) **2.00** Border Security: Canada's Front Line **4.00-6.00am** Highway Patrol
Sky Mix Freeview 11 Freesat 144 Sky 151 Virgin 135

5 USA

21

9.00am Entertainment News **9.10** Criminals: Caught on Camera **9.40** Columbo
1.30pm Law & Order: Criminal Intent **7.05** **FILM** Exiled ★★ Police drama starring Chris Noth. A demoted NYPD cop gets a chance to restore his reputation by solving the murder of a prostitute **9.00** Criminal Minds: double bill. Series 5. An ex-convict escapes from the BAU's custody, then Hotchner struggles with his return to work **11.00** Law & Order: Special Victims Unit Series 16. Two college students are accused of raping a classmate
12 midnight Law & Order: Special Victims Unit **2.50am** Law & Order: Criminal Intent
3.35-4.00am Criminals: Caught on Camera
5 USA F'view 21 F'sat 129 Sky 141 Virgin 120 (162 Scot)
+1 Freesat 130 Sky 241 Virgin 320

5 Star

32

8.00am Entertainment News **8.05** Car Pound Cops: Give Me My Car Back! **12.05pm** **FILM** Liar Liar ★★★★★ Comedy starring Jim Carrey **1.50** **FILM** Innerspace ★★★★★ Sci-fi comedy starring Dennis Quaid. **Review p47**
4.10 **FILM** The Goonies ★★★★★ Adventure
6.25pm **FILM** **Déjà Vu** ★★★★★ Sci-fi action thriller starring Denzel Washington. Agent Doug Carlin is called in to investigate after an explosion rips through a New Orleans ferry.
9.00 **FILM** **Tomb Raider** ★★★★★ Action adventure starring Alicia Vikander. When heiress Lara Croft receives a mysterious message, she heads to a remote Japanese island in search of the truth. **Review p107**
11.20 **FILM** **The Warriors** ★★★★★ Action drama starring Michael Beck. At a supposedly weapon-free conference of New York gangs, the leader of the "Riffs" is shot dead – a murder that is wrongly blamed on the "Warriors", who then face a perilous journey home.
1.15am Casualty 24/7: Every Second Counts
2.20 GPs: behind Closed Doors (AD) **3.10-4.00am** Night Crime UK: Caught on Camera (AD)
5 Star Freeview 32 Freesat 131 Sky 128 (129 Scotland) Virgin 126 +1 Freesat 141 Sky 228 (229 Scot) Virgin 326

5 Action

33

9.00am Entertainment News **9.05** Police Interceptors **11.05** Motorway Cops: Catching Britain's Speeders **2.05pm** **FILM** Rough Night in Jericho ★★ **4.10** **FILM** The Glenn Miller Story ★★★★★ Biographical drama
6.35pm **FILM** **Escape to Victory** ★★★★★ Second World War drama starring Sylvester Stallone. As a propaganda stunt, the Nazis arrange a football match between the national German team and a squad made up of prisoners of war. However, the PoW team see the game as a chance to escape.
9.00 **FILM** **The Fugitive** ★★★★★ Thriller starring Harrison Ford. Despite protesting his innocence, Richard Kimble is sentenced to death for the murder of his wife. En route to prison, he is caught up in a disastrous escape attempt, and finds himself on the run.
11.40 **FILM** **Home of the Brave** ★★★★★ Drama starring Samuel L. Jackson. Members of a National Guard unit are ambushed in Iraq and struggle to come to terms with what happened.
1.50am Submarine: Life under the Waves: on board HMS *Trenchant* **2.50** Police Interceptors
3.50-4.00am Entertainment News
5 Action Freeview 33 Freesat 132 Sky 150 Virgin 130

5 Select

46

9.00am The Yorkshire Vet **12 noon** Murder, She Wrote: five episodes (AD) **5.00pm** Draining Chicago: What Lies Beneath
6.00pm **Draining the Bermuda Triangle** An exploration of the mysterious area of ocean.
7.00 **Hitler's Invisible U-Boat: Drain the Oceans** Wreckage from a German U-boat.
8.00 **World War I in Colour** Exploring if the conflict could have been avoided. (AD)
9.00 **The Stonehenge Enigma: What Lies Beneath?** A monument near Stonehenge.
10.30 **Underwater Stonehenge: Ancient Mysteries** A submerged stone circle.
11.30 **The Murdered Pharaoh: Ancient Mysteries** The corpse of an ancient pharaoh.
12.35am The Volcano Warrior: Ancient Mysteries
1.35 Mystery of the Roman Coneheads: Ancient Mysteries **2.40** Underwater Stonehenge: Ancient Mysteries **3.35-4.00am** Walking Victorian Britain
5 Select F'view (HD only) 46 F'sat 133 Sky 153 Virgin 138

FREEVIEW TV and film channels continue overleaf

SATURDAY Freeview & films

W 25



Miranda 7.00pm Miranda has to take care of Penny

6.10am The Bill **11.00** Tipping Point **3.00pm** My Family (AD)

6.20pm My Family Michael's interest in girls has a detrimental effect on his studies. (AD)

7.00 **Miranda** Miranda is trapped in her flat caring for her mother. **7.40** The shopkeeper realises she is still attracted to Gary. **8.20** A fed up Miranda packs her bags to go travelling. (AD)

9.00 **Gavin & Stacey** Pete and Dawn renew their wedding vows **9.40** The Essex mob arrives for a day in Barry, where Gavin has a heart-to-heart with his dad. **10.20** With preparations for the wedding in full swing, Stacey has news for Gavin. (AD)

11.00 **Katherine Ryan: Parental Guidance** The comedian and mother-of-three explores outside-the-box parenting ideas. (AD)

12 midnight One Born Every Minute **1.00am** Emma Willis: Delivering Babies (AD) **2.00-3.00am** MasterChef Canada: Back to Win

W F'view 25 F'sat 156 Sky 132 (133 Scotland) Virgin 125 +1 Sky 232 (233 Scotland) Virgin 325

HGTV 44

7.00am Love Your Garden **11.00** My Lottery Dream Home **3.00pm** A Place in the Sun: five editions. A music therapist looks for a holiday home on Crete **4.00** Best friends Roselyn Fleary and Jennifer Lawrence search for a holiday home on the Caribbean island of Grenada **5.00** History buffs Elaine and Patrick Scott hope to make a permanent move to the Manche region of Normandy **6.00** A London couple look for the perfect holiday home on the Caribbean island of St Lucia **7.00** Searching for a retirement home in the Dordogne region of France **8.00** Escape to the Country: five back-to-back editions (AD) **1.00am** 100 Day Dream Home **2.00-4.00am** Escape to the Country (AD)

HGTV F'view 44 F'sat 166 Sky 158 Virgin 191 +1 Sky 258 Virgin 391

London Live 8

Available in London area only. Other regional stations are available on Freeview 7 or 8

6.00am London's Weekend **7.00** After Henry **8.00** The Lion Queen **9.00** Danger Man (BW) **10.15** The Hairy Bikers' Pubs That Built Britain **11.00** My Greek Odyssey **12 noon** The Sandbaggers **1.00pm** FILM Keep the Aspidochelone Flying ★★ **3.00** FILM Life for Ruth ★★ Drama starring Michael Craig and Patrick McGeehan (BW) **5.00** FILM Once a Jolly Swagman ★★ (BW) **7.00** Blandings **7.45** Heroes of the Somme **9.00** FILM Telstar: the Joe Meek Story ★★ **11.30** FILM Vita & Virginia ★★ **1.45am** Coral Ghosts **3.30** News Rewind **5.00-6.00am** Talking Points

London Live F'view 8 Sky 117 Virgin HD 159

FREEVIEW channels continued from overleaf

Food Network 43



Man v Food 9.00pm Adam Richman is in Baltimore

6.00am Diners, Drive-Ins and Dives **8.00** Girl Meets Farm (AD) **1.00pm** James Martin's French Adventure (AD) **3.00** Michel Roux's French Country Cooking (ASD) **5.00** Roux down the River **6.00** Gok's Chinese Takeaway: double bill. Gok Wan embarks on a journey to visit Chinese communities around the globe to discover their take on the national cuisine, discovering the unique flavour combinations on offer in Amsterdam **8.00** Tom Kerridge More Sunday Lunch: Tom fires up the barbecue for a spicy Middle Eastern feast **8.30** Tom Kerridge's American Feast: Tom Kerridge travels to California's Central Valley (AD) **9.00** Man v Food: six editions. Flame-grilled beef sliced thin and piled high **9.30** A massive milkshake **10.00** Adam Richman visits Michigan **10.30** The Ultimate Cheesesteak Challenge **11.00** Adam visits Tucson, Arizona, where he tries to consume a giant combo platter **11.30** A 12-inch triple-decker sandwich in New Jersey **12 midnight** Mystery Diners **2.00-3.00am** Buddy vs Duff

Food Network F'view 43 F'sat 148 Sky 140 (141 Scot) Virgin 190 +1 F'sat 149 Sky 240 (241 Scot)

Great TV 50

8.00am Highway to Heaven **11.00** Randall and Hopkirk (Deceased) **4.00pm** The Avengers: five episodes **9.00** An Aurora Teagarden Mystery: How to Con a Con: thriller starring Candace Cameron Bure. Aurora and her fiancé face another challenge to their sleuthing skills **10.50** An Aurora Teagarden Mystery: Reunited and It Feels So Deadly **12.40am** Castle **1.40** Movie News **1.50** Castle **2.50** Movie News **3.00** The Persuaders! **3.50** Movie News **4.00** Highway to Heaven **4.50-5.00am** Movie News

Great TV Freeview 50 (limited) Freesat 142 Sky 157 Virgin 170 +1 Freesat 143 Sky 257

True Crime Xtra 68

9.00am Murder by the Sea **2.00pm** Medical Detectives: six editions. Investigating a bomb blast **2.30** The discovery of a killer fungus **3.00** The discovery of charred remains **3.30** A cyanide poisoner **4.00** Evidence within saliva **4.30** The identity of a bomb victim **5.00** Judge Judy **12.30am** World's Most Unexplained **1.00** Psychic Private Eyes **4.00** Something's Killing Me **4.50** World's Most Unexplained **5.10-6.00am** Medical Detectives

True Crime Xtra Freeview 68 Freesat 134 Sky 147 Virgin 172

BBC Parliament 232

6.00am Westminster Hall **11.00** PMQs **11.35** Scottish PMQs **12.20pm** Welsh PMQs **1.20** House of Commons **1.55** House of Lords **2.30** Scottish Parliament **3.30** Senedd Cymru **4.30** House of Lords **6.00** Select Committees **12.10am** PMQs **12.45** Scottish PMQs **1.30** Welsh PMQs **2.30** Work and Pensions Questions **3.30** Treasury Questions **4.30** Women and Equalities Questions **5.00-6.00am** Transport Questions

BBC Parliament Freeview 232 Freesat 201 Sky 504 Virgin 605

PBS America 84



Attack of the Zeppelins 11.00pm Engineer Hugh Hunt

8.00am Beautiful Serengeti **8.55** Attack of the Zeppelins **10.00** Blitz Spirit with Lucy Worsley **11.55** Attack of the Zeppelins **1.00pm** Beautiful Serengeti **1.30** Rise of the Clans **5.20** Blood of the Clans **6.35pm** Blood of the Clans **2/3** Neil Oliver turns his attention to a true Scottish legend – a certain Rob Roy MacGregor. **7.50-3/3** Neil Oliver reveals the divided loyalties of the clans during the 1745 Rebellion led by Bonnie Prince Charlie.

9.05 **Blitz Spirit with Lucy Worsley** The stories of six people who lived through the Blitz, featuring archive footage and readings from oral history collections and private diaries.

11.00 **Attack of the Zeppelins** Hugh Hunt tells the story of the bombing campaign on London that took place during the First World War, exploring the arms race between Germany and Britain.

12 midnight Crypto Decoded **1.15-2.00am** Beautiful Serengeti

PBS America F'view 84 (1pm-12 midnight only) Freesat 155 Sky 174 Virgin 187

Blaze 64

6.00am Mega Disasters **7.00** Pawn Stars **9.00** Secret Restoration **10.00** Deadman's Curse **11.00** The Proof Is Out There **12 noon** Strangest Things **1.00pm** Book of Secrets with Lance Reddick **2.00** Ancient Aliens **7.00** Alien Files Reopened: a man who claims to have extraterrestrial friends **8.00** Container Wars: double bill. A new arrival angers some old hands, then two Israeli auctioneers come to Los Angeles **9.00** The Proof Is Out There: the restoration of the Patterson-Gimlin bigfoot film **10.00** Mission Unexplained: a staff sergeant recalls being attacked by a shadowy figure **11.00** Weird or What? With William Shatner **12 midnight** Believers: Extreme Hauntings **1.00am** Paranormal: Caught on Camera **2.00-6.00am** Hardcore Pawn

Blaze F'view 64 F'sat 162 Sky 164 Virgin 174

Challenge 48

7.00am The Chase **9.00** Bruce's Price Is Right (AD) **10.00** Supermarket Sweep **11.00** All Star Family Fortunes: three editions. Actress Claire King takes on DJ Edith Bowman **11.40** With actress Nikki Sanderson and former tennis player Greg Rusedski **12.20pm** The families of model Nell McAndrew and designer Laurence Llewelyn-Bowen compete (AD) **1.00** Cash Trapped **3.00** Tenable: triple bill **6.00** The Chase **9.00** The Chase Celebrity Special: celebrity contestants Michael Parr, Alex Scott, Jennifer Metcalfe and Bill Turnbull answer questions and work as a team to take on one of the Chasers **10.00** The Chase: quiz show hosted by Bradley Walsh **11.00** Bullseye: darts-based quiz **4.00am** The Chase Celebrity Special **5.00-6.00am** The Chase

Challenge Freeview 48 Freesat 146 Sky 145 Virgin 139

CHILDREN'S

Milkshake! on C5

5.40am Milkshake! Monkey's Amazing Adventures **5.45** Paw Patrol **6.00** Peppa Pig **6.05** Blue's Clues & You **6.25** Sesame Street Mecha Builders **6.40** Fireman Sam **6.50** Thomas & Friends **7.00** Chip and Potato **7.15** Peppa Pig **7.25** The Adventures of Paddington **7.45** Paw Patrol **8.00** New. Rubble & Crew **8.15** Mixmups **8.30** Ben and Holly's Little Kingdom **8.45** Daisy & Ollie **9.00** Peppa Pig **9.05** Meet the Experts **9.20** Mimi's World **9.30-9.55am** Dora the Explorer

Full listings for Channel 5 are on p44

CBeebies 202

6.00am Show Me Show Me **6.25** Bing **6.30** Supertato **6.40** Chuggington **6.50** Go Jetties **7.00** Postman Pat: SDS **7.15** Bing **7.35** Hey Duggee **7.50** Go Jetties **8.00** Peter Rabbit **8.15** Octonauts: Above & Beyond **8.25** Vida the Vet **8.40** Chuggington **8.50** The Furchester Hotel **9.00** Something Special **9.25** Bluey **9.40** Hey Duggee **9.55** Supertato **10.00** Spidey and His Amazing Friends **10.25** Vida the Vet **10.35** Swashbuckle **11.00** The Game Catchers **11.05** Love Monster **11.15** Vegesaur **11.20** Gecko's Garage **11.25** Yukee **11.30** My First Festival **11.45** Musical Storyland **11.55** Patchwork Pals **12 noon** My World Kitchen **12.15pm** I Can Do It, You Can Too **12.30** Hey Duggee **12.45** Octonauts **1.00** Biff & Bob **1.10** Love Monster **1.25** Go Jetties **1.40** Messy Goes to OKIDO **1.50** Dog Loves Books **1.55** Roots and Fruits **2.00** Something Special: We're All Friends **2.25** Ranger Hamza's Eco Quest **2.40** Biff and Chip **2.50** Roots and Fruits **2.55** The Game Catchers **3.05** Supertato **3.10** JoJo & Gran Gran **3.20** Dog Squad **3.35** Giggglebiz **3.50** Numberblocks **4.00** Magic Hands **4.10** Treasure Champs **4.25** Octonauts **4.35** Yukee **4.45** Bluey **4.50** Vida the Vet **5.05** Dog Squad **5.15** Ranger Hamza's Eco Quest Minis **5.20** Musical Storyland **5.30** New. JoJo & Gran Gran **5.45** Sarah & Duck **5.50** Charlie and Lola **6.00pm** Tee and Mo **6.10** Clangers **6.20** In the Night Garden... **6.50-7.00pm** CBeebies Bedtime Stories

CBeebies F'view 202 F'sat 608 Sky 608 Virgin 702

CBBC 201

7.00am Shaun the Sheep **7.05** Sketchy Comedy **7.10** Danger Mouse **7.20** Dennis & Gnasher Unleashed! **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** New. Newsround **7.50** Ninja Express **8.05** Odd Squad **8.20** Oswald **8.30** Ooglies Funsize **8.40** Pokémon: XY **9.00** Grizzly and the Lemmings **9.25** Total Dramarama **9.55** FILM How to Train Your Dragon: the Hidden World ★★ ★★ Animated comedy adventure (W) **11.30** Blue Peter **12 noon** The Next Step **12.20pm** Grizzly and the Lemmings **12.30** Dragons: the Nine Realms **1.15** Total Dramarama **2.05** Still So Awkward **2.35** Malory Towers **3.00** The Football Academy **3.30** The Dumping Ground **3.55** Ooglies Funsize **4.00** Bro's in Control **4.15** Taffy **4.25** Pokémon Horizons **4.45** The Deep **5.05** So Awkward **6.25pm** New. Total Drama Island: Reboot: a chilling challenge inside an iceberg leads to the coldest elimination of the season **6.45-7.00pm** Summer Camp Island: the full Moon finds Betsy withholding her big secret

CBBC F'view 201 F'sat 607 Sky 607 Virgin 701

ITV Kids

Streamed on ITVX Kids, plus on ITV2 6am-9.00 and on ITVBe 9am to 12 noon

ITV2 **6.00am** Craig of the Creek **6.15** DC Super Hero Girls **6.25** Teen Titans Go! **6.50** Looney Tunes Cartoons **7.05** Dodo **7.30-9.00am** Aloha, Scooby-Doo!

ITVBe

9.00am Chloe's Closet **9.15** Lily's Driftwood Bay **9.25** Mumfie **9.35** The Hive **9.45** Claude **10.00** Oddbods **10.10** Happy the Hoglet **10.20** The Sound Collector **10.25** Sooty **10.40** Pingu in the City **10.50** Bob the Builder **11.20** Teletubbies Let's Go **11.30** Bugs Bunny Builders **11.45** Momolu & Friends **11.55-12 noon** Athletics

FILMS

Film4 14

11.00am **Annie** ★★ ★ Patchy but enjoyable film version of the long-running Broadway musical. **Review**, p97. Albert Finney (1982, U) (S) (AD) **1.40pm** **Mr Popper's Penguins** ★★ ★ Lively comedy with Jim Carrey as a ruthless real-estate developer whose strange inheritance helps him to rediscover what's important in life. (2011, PG) (S) (AD) **3.30** **Transformers: the Last Knight** ★★ ★ The robot cars fight for Merlin's legendary staff in this visually dazzling but bombastic instalment in the sci-fi action series. Mark Wahlberg, Anthony Hopkins (2017, 12) (S) (AD)

6.40pm **Star Trek Beyond** ★★ ★ ★ The *Enterprise* crew take on alien ruler Krall (Idris Elba) in this magnificent and thrilling slice of sci-fi action. (2016, 12) (S) (AD)

9.00 **The Book of Eli** ★★ ★ Drama set in a post-apocalypse America, with Denzel Washington as a drifter striving to protect a book that he believes has sacred powers. Gary Oldman (2009, 15) (S)

11.15 **Midsommar** ★★ ★ Enjoyably daft but overlong folk horror, with Florence Pugh and friends falling foul of pagan practices at a Swedish summer solstice festival. (2019, 18) (S) (AD)

2.10-4.00am **The Vigil** ★★ ★ Eerie psychological horror about a lapsed Orthodox Jew who is paid to watch over the body of a Holocaust survivor. Dave Davis, Menasha Lustig (2019, 15) (S)

Film4 Freeview 14 Freesat 300 Sky 313 Virgin 428 +1 F'view 47 F'sat 301 Sky 314 Virgin 430

Talking Pictures TV 82

6.00am **Department Store** ★★ ★ Light-hearted comedy of errors. Jack Melford, Sebastian Shaw (1935) (S) **7.25** **The Price of Wisdom** ★★ ★ Pre-war drama about a young designer seeking success in London. Mary Jerrold, Roger Livesey (1935, U) (S) (S) **9.00** **Saturday Morning Pictures** Classic serials, plus *Just William's Luck* (1947). (S) **12 noon** **Hawkeye** and **the Last of the Mohicans** TV drama. (S) **12.30pm** **Colonel March of Scotland Yard** TV detective thriller. (S) **1.00** **They Came from beyond Space** ★★ Sombre sci-fi alien-invasion thriller starring Robert Hutton, Jennifer Jayne (1967, PG) (S) **3.00** **Fireball XL5** TV puppet sci-fi. **3.35** **The Long Memory** ★★ John Mills plays an old lad desperate to discover who framed him for murder in this thriller. **Review** p87. John McCallum (1952, PG) (S) **5.35** **Home at Seven** ★★ ★ Ralph Richardson directs and stars as a bank clerk suffering from amnesia. Margaret Leighton (1952, U)

7.20pm **Dixon of Dock Green** TV police drama series. (S)

8.00 **Maigret** TV detective series starring Rupert Davies. (S)

9.00 **The Edgar Wallace Mystery Theatre** TV crime drama. (S)

10.10 **Personal Services** ★★ ★ Curiously cool, gently witty look at the unconventional career of "luncheon-voucher madam" Cynthia Payne. Julie Walters (1987, 18) (S)

12.20am **Out of Bounds** ★★ Propulsive but clichéd crime thriller with Anthony Michael Hall. Jenny Wright (1986, 15) (S) **2.10** **The Rough and the Smooth** ★★ Film noir specialist Robert Siodmak (*The Killers*) directs this exploitative thriller. Nadja Tiller, Tony Britton (1959, 15) (S) **4.15-6.00am** **Subway in the Sky** ★★ ★ Very watchable crime drama. Van Johnson (1958, PG) (S)

Talking Pictures TV Freeview 82 Freesat 306 Sky 328 Virgin 445

FILM REVIEWS



FILM OF THE DAY

Scream ★★★ 9.20-11.35pm C4 **18**

HORROR The fifth entry in the horror saga, and the first without Wes Craven in the director's chair, brings the series full circle with a reboot-slash-sequel that embraces the past while setting out its own bold new vision. Twenty-five years after the events of the first movie, Ghostface is back terrorising a fresh set of Woodsboro teens, which inevitably prompts the return to action of perennial survivors Neve Campbell (pictured), David Arquette and Courtney Cox. Co-directors Matt Bettinelli-Olpin and Tyler Gillett set a grittier tone than previous films, but still show a clear affection for the franchise. **JOSH WINNING** (US 2022, violence, swearing, HD)

Innerspace ★★★ 1.50-4.10pm 5 Star PG

SCI-FI In this update of the *Fantastic Voyage* formula, military man Dennis Quaid is miniaturised and mistakenly pumped into the body of lowly supermarket clerk Martin Short. While it may not measure up to his best work, *Gremlins* director Joe Dante's sly humour shines through on occasion and the special effects are top notch. **JOHN FERGUSON** (US 1987, may be edited for content, HD)

How to Marry a Millionaire ★★★ 2.00-3.35pm BBC2 **U**

ROMCOM This wonderfully witty movie stars Marilyn Monroe, Betty Grable and Lauren Bacall as three young women who, weary of dating the same cheap bachelors, decide to rent a luxurious Manhattan apartment together to impress affluent men. The leading ladies could not be better cast and the gorgeous costume design was rightly nominated for an Oscar. **TONY SLOMAN** (US 1953, HD)

Death Rides a Horse ★★★ 6.40-9.00pm Great Action **15**

WESTERN Receiving a rare showing, this spaghetti western embraces all the clichés of the genre with

confidence. John Phillip Law is the greenhorn searching for his parents' murderers, the same people gunfighter Lee Van Cleef is after for putting him in jail. Boasting stylish direction by Giulio Petroni and a neat twist in the tale, this is an efficient and effective horse opera. **ALAN JONES** (It 1967, edited for violence)

Mission: Impossible 2 ★★★★★ 6.55-9.20pm C4 **15**

SPY Director John Woo's adrenaline-fuelled style makes this sequel a different beast from the first movie. The plot sees Ethan Hunt (Tom Cruise) hunting a rogue agent (Dougray Scott), helped by the man's former girlfriend (Thandiwe Newton), herself a master thief. The first half is a little languid, but from then on Woo cranks up the pace. **NEIL SMITH** (US 2000, edited for language, violence, HD)

Legally Blonde ★★★★★ 7.00-9.00pm ITV2 **12**

COMEDY Reese Witherspoon stars here as Elle Woods, a sorority queen who gets dumped by her boyfriend before he goes to Harvard Law School, as he thinks she's not smart enough to be his wife. So, the vivacious Valley Girl decides to follow him there to prove him wrong and get him back. It's

a wonderfully silly premise, and Witherspoon is perfectly cast. **JOANNA BERRY** (US 2001, edited for language, HD)

The Fan ★★ 9.00-11.15pm Legend **15**

THRILLER New to Legend channel this week, Tony Scott's typically flashy movie stars Robert De Niro as a psycho fan from hell. The object of his obsession is baseball star Wesley Snipes, and when his team hits a losing streak, De Niro decides to take drastic action. The implausible plot is short of both suspense and surprise, but De Niro is always worth a look. **AJ** (US 1996, violence, swearing)

The Firm ★★★★★ 11.35pm-2.15am C4 **15**

THRILLER Sydney Pollack's engrossing adaptation of John Grisham's bestseller stars Tom Cruise as a young lawyer on the rise. He gets a dream job with a prestigious law firm only to discover that it offers more than just legal advice to one particularly sinister client. The ever excellent Gene Hackman plays Cruise's jaded superior. **JF** (US 1993, violence, swearing, a sex scene, HD)

Defiance ★★ 11.55pm-2.00am BBC1 (starts 12.55am in Scotland) **15**

WAR Daniel Craig leads a Jewish resistance movement against the Nazis in this worthy drama. Set in Belarus in 1941, the story follows the Bielski brothers – played by Craig, Liev Schreiber, Jamie Bell and George MacKay – as they flee the Germans after their parents are killed. Bell is particularly impressive in conveying his character's courage in the face of danger. **AJ** (US 2008, violence, swearing, HD)

Sky Cinema picks

The Mummy Returns ★★★ 5.40-8.00pm Sky Action
Tomb-raiding sequel. (2001, 12)
Sky 306; Virgin 406; BT 506/520

Being John Malkovich ★★★★★ 8.00-10.00pm Sky Cinema Comedy
Dazzling fantasy. (1999, 15)
Sky 308; Virgin 408; BT 508/522

Manhunter ★★★★★ 10.25pm-12.30am Sky Thriller
On the trail of a killer. (1986, 18)
Sky 309; Virgin 409; BT 509/523

Films to stream from p32
Netflix, Amazon, Disney+ and more

Great Movies **34**

9.00am Woman on the Edge ★★
Was her sister's suicide a murder? Rumer Willis (2018) **10.55 Deadly Vows ★★**
A culinary killer. Brittany Underwood (2017) **12.50pm I Almost Married a Serial Killer ★★**
Smartly plotted thriller. (2019) **2.45 Ricki and the Flash ★★**
Meryl Streep is a rock chick. **Review p107**, (2015, 12) **4.55 The Heist ★★**
Breezy "one-first-job" crime caper. Morgan Freeman (2009, 12) **6.45pm Father of the Bride ★★★★★**
Sparkling comedy about a parent driven to distraction by his daughter's wedding. Steve Martin (1991, PG) **9.00 Heist ★★★★★**
Writer/director David Mamet's crime drama is packed with cracking dialogue. **Review p97**, Gene Hackman (2001, 15) **11.20 16 Blocks ★★**
Laconic, alcoholic NYPD cop Bruce Willis finds his moral courage in this solid urban action thriller. Mos Def (2006, 12) **1.40am Hitman: Redemption ★★**
Ron Pearlman is an ageing killer. Famke Janssen (2018, 15) **4.00-5.40am Dangerous Company ★★**
Memory-loss thriller. Alicia Leigh Willis (2015) **Great Movies Freeview 34 Freesat 302 Sky 321 Virgin 425**
+1 Freeview 61 (limited 10pm-5am) Sky 322

Great Action **42**

8.10am Wild West Chronicles 9.20 Gunfighters ★★
Randolph Scott plays an aging gunslinger. (1947, PG) **11.10 Last of the Comanches ★★**
Effective western. Broderick Crawford, Barbara Hale (1952) **12.55pm Man in the Saddle ★★★★★**
A deadly feud for rancher Randolph Scott (1951, PG) **2.45 Gun Fury ★★**
Moody western. Rock Hudson, Donna Reed, Ellen Drew (1953, U) **4.30 The Scalphunters ★★**
Enjoyable comedy western with Burt Lancaster, Ossie Davis, Shelley Winters (1968, PG) **6.40pm Death Rides a Horse ★★**
John Phillip Law teams up with Lee Van Cleef to avenge his parents. **Review, right**, (1967, 15) **9.00 The Shanghai Job ★★**
Orlando Bloom makes his bid for action-man status with this predictable thriller. (2017, 15) **10.55 Assault on Station 33 ★**
Army veteran Sean Patrick Flanery must save the day. (2021, 15) **12.45am Who Dares Wins ★★**
Violent and clunky adventure. Lewis Collins (1982, 15) **3.10 Battle Honours 4.10-5.00am Operation Barbarossa**
Great Action Freeview 42 (limited) F'sat 305 Sky 323 Virgin 426 +1 Sky 324

Great Romance **52**

8.00am Love at First Glance ★★
Breezy romantic drama. Amy Smart, Adrian Grenier (2017) **10.00 The Story of Us ★★**
Can old Valentines save the bookshop? Maggie Lawson, Sam Page (2019) **12 noon Be My Valentine ★★**
A florist melts a widowed fireman's heart. William Baldwin, Natalie Brown (2013) **2.00pm Valentine's Again ★★**
Groundhog Day-style romance. (2017) **4.00 Valentine Ever After ★★**
City girls find trouble, and love, on the road. Autumn Reeser, Eric Johnson (2016) **6.00pm All Things Valentine ★★**
A blogger meets her dishy troll in this inventive romcom. Sarah Rafferty (2016) **8.00 Valentine in the Vineyard ★★**
Satisfying end to the "Vineyard" romance trilogy. (2019) **10.00 Farmer Seeking Love ★★**
A TV producer bonds with her show's reluctant star. Donna Benedicto (2022) **12.05am A Dash of Love ★★**
Two chefs hook up. Jen Lilley, Brendan Penny (2017) **2.00 Highway to Heaven 3.10-5.00am Cooking with Love ★★**
Sparks fly in the kitchen. Ali Liebert (2018) **Great Romance Freeview 52 Freesat 303 Sky 319 Virgin 424**
+1 F'view 63 (limited 10pm-5am) F'sat 304 Sky 320

Sky Premiere

6.15am Jesus Revolution ★★
Polished drama. Joel Courtney (2023, 12) **8.30 As 6.15pm 10.20 Ruby Gillman, Teenage Kraken ★★**
Warm animated adventure. **Review p38**, Lana Condor (2023, PG) **12.05pm As 8pm 2.05 No Hard Feelings ★★**
Raunchy comedy. Jennifer Lawrence (2023, 15) **4.00 Transformers: Rise of the Beasts ★★**
Noisy sci-fi action adventure. Anthony Ramos (2023, 12) **6.15pm Hypnotic ★★**
Mind-bending pulp sci-fi with Ben Affleck as a cop whose grasp on reality starts to slip. (2023, 15) **8.00 The Bricklayer ★★**
An ex-CIA man is lured out of retirement to help take down a rogue agent. **Review p38**, Aaron Eckhart (2023) **10.00 Insidious: the Red Door ★★**
Scare-free fifth film in the horror franchise. Patrick Wilson (2023, 15) **12 midnight Soft & Quiet ★★**
Taut horror thriller. Stefanie Estes, Olivia Luccardi (2022, 18) **1.45am Haunting of the Queen Mary ★★**
Grisly mystery horror. Alice Eve, Joel Fry (2023, 18) **4.05-6.00am 57 Seconds ★★**
Twisty sci-fi thriller. Josh Hutcherson (2023) **Sky Premiere Sky 301 Virgin 401 EE 501/HD 515 +1 Sky 312**

Legend

7.00am World's Most Unexplained 8.00 George and the Dragon ★★
Routine family-friendly fantasy adventure. James Purefoy, Piper Perabo (2004) **10.00 Walker, Texas Ranger 3.00pm Lost City Raiders ★★**
Two brothers must protect an ancient relic in this cheesy sci-fi adventure. James Brolin, Ian Somerhalder, Bettina Zimmermann (2008) **5.00 The 7 Adventures of Sinbad ★★**
Tacky update of the fantasy about the legendary sailor. Patrick Muldoon (2010) **6.55pm Tomb Invader ★★**
Slow-moving, low-budget "Mockbuster" version of *Tomb Raider*. Gina Vitori (2018) **8.30 The Twilight Zone TV sci-fi. 9.00 The Fan ★★**
Robert De Niro plays a fan stalking baseball player Wesley Snipes. **Review, right**, (1996, 15) **11.15 Acts of Violence ★★**
Bruce Willis heads this by-the-numbers kidnapping drama. Cole Hauser (2018, 15) **1.05am Lonesome Dove Church ★★**
Patchy but action-packed western. Tom Berenger, Greyson Holt (2014) **2.50-4.30am Saturn 3 ★★**
Three's a crowd in this slightly creepy sci-fi. Farrah Fawcett, Kirk Douglas (1980, 15) **Legend F'view 41 F'sat 137 Sky 148 Virgin 149**

Legend Xtra

6.00am Wild Horses ★★
Fine western drama. Kenny Rogers (1985, PG) **8.00 Doomwatch ★★**
Cornwall-set spin-off from the fact-based BBC mystery series. Ian Bannen, Judy Geeson (1972, 12) **10.00 Sir Arthur Conan Doyle's Sherlock Holmes ★★**
Uneven mockbuster mystery take on Guy Ritchie's *Sherlock Holmes*. (2010, 12) **12 noon Snowmageddon ★★**
A mysterious snow globe may hold the key to a series of disasters rocking an Alaskan town. Michael Hogan, David Cubitt (2011, 12) **2.00pm G-Loc ★★**
Low-budget and talky British sci-fi thriller. Stephen Moyer, Tala Gouveia (2020, 12) **4.00pm Andromeda Five**
episodes of the TV sci-fi series. **9.00 Sweeney! ★★**
Solid TV spin-off with John Thaw and Dennis Waterman as the tough cops investigating a suicide. (1976, 18) **11.00 The Disappearance ★★**
A fantastic cast carries this elegant, haunting drama in which hitman Donald Sutherland obsesses over the fate of his missing wife. (1977, 15) **1.00-3.00am Sweeney! As 9pm Legend Xtra F'view 69 F'sat 138 Sky 317 Virgin 171 +1 F'sat 139 Sky 318 Virgin 371**

Sky Showcase


The Hobbit: the Battle of the Five Armies 6.30pm

6.00am Trolls: Trollstopia (AD)
6.25 Abominable and the Invisible City (AD) **7.15** Silly Pets (AD) **7.40** New. Let's Game: World Builders **8.00** Monkey Life (AD) **8.30** Orangutan Jungle School **10.30** New. Saturday Social **12 noon** The Simpsons **1.00pm** Truthseekers **2.00** Secrets in the Ice **3.00** New Soccer Saturday **5.00** The Simpsons **5.30** Landscape Artist of the Year: from Liverpool's Pier Head (AD)

6.30pm The Hobbit: the Battle of the Five Armies ★★★★★

Fantasy adventure starring Martin Freeman. Bilbo and his dwarf friends will have to fight orcs, trolls and each other if they are to keep hold of their gold. (AD) (W)

9.20 Football's Funniest Moments

A look at the biggest laugh-out-loud moments and most comical incidents from the world of Premier League football. (AD)

11.20 Ted 1/8. Comedy spin-off from the film, with the voice of Seth MacFarlane. Matty makes Ted go to school with John. (AD)

11.50 2/8. Matty evicts Blair from his house after finding out about her drug business. (AD)

12.25am Fantasy Football League **1.00** Rob and Romesh vs the NFL (AD) **2.00** Brassica (AD) **3.00** The Office US **4.00-6.00am** Nothing to Declare: four editions

Sky Showcase Sky 106 Virgin 109
 EE 340/HD 355 +1 Sky 206

Sky Sci-Fi

6.00am Most Haunted **8.00** Home Shopping **11.00** Stargate SG-1 **4.00pm** Star Trek: Voyager

6.00pm Star Trek: Voyager 2/26 Series 2. A Kazon killer hoping to reach the rank of warrior attacks a shuttle piloted by Chakotay.

7.00 3/26. The holographic doctor is activated during an alert, only to discover that the *Voyager* has been abandoned.

8.00 4/26. While the ship is ensnared in an energy field, Kes's mating cycle is accelerated, giving her one chance to conceive a child.

9.00 True Blood 1/10 Series 7 The human residents of Bon Temps find themselves working with the uninfected vampires.

10.00 2/10. Sookie and Jason visit a nearby town. The three hostages taken from the Bellefleur party look for help.

11.00 Grimm 1/22 Series 3. Nick is seemingly killed by Baron Samedi, and his friends brave the zombie outbreak to recover his body.

11.50 2/22. Adalind continues her quest to regain her powers. Monroe, Hank, Rosalee and Juliette track down Nick.

12.40am 3/22. Nick investigates a series of mysterious deaths in which people simply exploded.

1.30 FILM *Dracula: the Original Living Vampire* ★★ Horror starring Jake Herbert **3.10** Stargate SG-1 **5.00-6.00am** Most Haunted

Sky Sci-Fi Sky 139 (140 Scotland) Virgin 122
 EE 348/HD 363 +1 Virgin 229

Sky Atlantic


Game of Thrones 7.55pm
 Arya tries to prove herself

6.00am Fish Town **8.55** The Sopranos **2.20pm** The Wire

5.40pm The Wire 2/12 Series 2 Valchek strikes a deal with Burrell to investigate Frank Sobotka, while the union leader considers cutting his ties with the Greeks.

6.45 3/12. Bunk and Freamon try to interview the non-English-speaking crew of the *Atlantic Light*. Avon settles a score.

7.55 Game of Thrones 5/10

Series 6. Tyrion seeks a new, strange ally, and Brienne goes on a mission while Arya is given a chance to prove herself. Elsewhere, Bran learns a great deal.

9.00 6/10. An old foe returns to the great game, and Arya faces a difficult choice. Jaime faces off with the High Sparrow.

10.05 7/10. The High Sparrow eyes another target, and Olenna Tyrell plans to leave King's Landing. Meanwhile, Arya makes a plan.

11.10 8/10. Jaime weighs up his options, Cersell answers a request and Tyrion's plans bear fruit.

12.20am 9/10. As the Starks prepare to fight, Davos loses something dear, while Daenerys faces a choice. (AD)

1.30 Band of Brothers **2.55** Django (AD) **4.00** Fish Town **5.00-6.00am** The Guest Wing (AD)

Sky Atlantic Sky 108 (109 Wales)
 EE 342/HD 357 +1 Sky 208 (209 Wales)

Sky Witness

6.00am Bondi Rescue **8.30** Border Patrol **11.00** UK Border Force (AD)

12 noon Customs UK **1.00pm** Caught Red Handed **2.30** Caught on Dashcam **3.30** Nothing to Declare

6.00pm Nothing to Declare Officials suspect that a Malaysian tourist is illegally looking for work.

6.30 A man tries to get a bag of meat through customs and would rather go to court than pay the fine.

7.00 A woman tries to smuggle an expensive gift back into Australia.

7.30 A couple from the Solomon Islands are caught carrying seeds.

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9.00 FBI 7/22 Series 5. When a heist arms killers with enough supplies to construct a bomb, the team finds a link to a group that Maggie is working to infiltrate. (AD)

10.00 8/22. A teen shows up at 26 Fed with a bag of fentanyl, seeking the team's protection from the men who shot his father. (AD)

11.00 Fire Country 3/22

The crew respond to a call in a remote forest and come under fire when they stumble across an illegal marijuana farm.

12 midnight The Rookie: Officer Lopez worries about Wesley (AD)

1.00am The Good Doctor: Shaun looks for legal representation

2.00 For Life (AD) **3.00-6.00am** Nothing to Declare: six editions

Sky Witness Sky 107 Virgin 110
 EE 341/HD 356 +1 Sky 207 Virgin 310

Sky Max


Flintoff: Lord of the Fries 8.00pm
 The South East

6.00am Supergirl **11.00** Grimm **3.00pm** Hawaii Five-O

6.00pm Hawaii Five-O 23/23 Series 2. Vince Fryer is shot in an alleyway, prompting the team to track down the culprit.

7.00 1/24 Series 3. Chin Ho is out for revenge when his impossible decision ends in tragedy.

8.00 Flintoff: Lord of the Fries 5/6 Series 1. Andrew "Freddie" Flintoff and Rob Penn take part in a treasure hunt on the banks of the River Thames. (AD)

9.00 A League of Their Own: European Road Trip 6/6 Series 1 Highlights of Andrew and Jamie's adventures around Europe. (AD)

10.00 From 5/10. Jim, Tabitha and Ethan begin asking questions about where they are, while Boyd seeks guidance. (AD)

11.00 Ted 1/8. Comedy spin-off from the film, with the voice of Seth MacFarlane. Matty makes Ted go to school with John. (AD)

11.30 2/8. Matty evicts Blair from his house after finding out about her drug business. (AD)

12.05am Fantasy Football League **12.40** Brassica (AD) **1.35** Road Wars **2.00** New. Magnum P.I. **16/20** Series 5. Repeated tomorrow 9pm

3.00 Road Wars **4.00-6.00am** Sun, Sea and A&E: double bill

Sky Max Sky 113 (114 Wales) Virgin 111
 EE 346/HD 361

Sky Replay

7.00am Dragons: Rescue Riders **9.05** Four Weddings **11.00** Stargate Atlantis **4.00pm** MacGyver: five episodes. The team is on the trail of a gang of Indonesian mercenaries

5.00 A group of students find themselves stranded on a research ship in the Arctic Ocean

6.00 The LAPD arrests Angus for terrorism **7.00** The Ghost Rigs Angus's house with explosives **8.00** Angus must step in to help his biggest competitor Allie when her vehicle is hacked

9.00 Fantasy Football League: comedians Alex Horne and Katherine Ryan take part **9.35** Magnum P.I.: Thomas and Higgins are hired to track down a gamer who has mysteriously gone missing **10.35** A League of Their Own: European Road Trip: five back-to-back editions following the boys' adventures on the Continent (AD)

3.00-6.00am Four Weddings

Sky Replay Sky 152 Virgin 156

Sky Crime

6.00am Highway Cops **7.00** Highway Patrol (AD) **11.00** Caught Red Handed **1.00pm** How I Caught the Killer (AD)

2.00 World's Most Evil Killers **4.00** Britain's Most Evil Killers **6.00** Forensics: Catching the Killer (AD) **7.00** Killer in My Village **8.00** Britain's Most Evil Killers: David Heiss, who murdered British student Matthew Pyke **9.00** World's Most Evil Killers **10.00** Forensics: Catching the Killer: police try to link the murder of Eileen Jawczak to the Rochdale Ripper (AD) **11.00** Ireland's Most Evil Killers (AD)

12 midnight How I Caught the Killer (AD) **1.00am** World's Most Evil Killers (AD) **3.00** Murdered at First Sight (AD)

4.00 Brit Cops: Rapid Response (AD) **5.00-6.00am** Motorway Patrol (AD)

Sky Crime Sky 122 (123 Scotland) Virgin 121
 EE 349/HD 364 +1 Sky 222 (223 Scot) Virgin 321

Gold


Murder, They Hope 9.00pm
 Terry and Gemma are puzzled

7.30am Hi-de-Hi! **8.00** Porridge **8.40** Citizen Khan (AD) **9.55** Victoria Wood's All Day Breakfast

11.00 Only Fools and Horses (AD) **1.25pm** Gavin & Stacey (AD)

6.30pm Gavin & Stacey

The couple announce their engagement, and the families unite for a party in Billericay.

7.10 The Shipmans drive to Wales for the wedding fayre, and after a trip to hear the banns being read, Nessa tells Stacey her big secret.

7.50 The bride-to-be goes on a hen party, while Gavin embarks on two stag nights.

8.25 The day of the wedding arrives and Bryn is still behaving oddly around Stacey's brother. (AD)

9.00 Murder, They Hope

Stars Johnny Vegas and Sian Gibson return in the whodunnit comedy caper. (AD)

10.00 A turf war between two bakers leads to food poisoning at an amateur dramatic society. (AD)

11.00 Live at the Apollo Host Joe Lycett introduces Ivo Graham and Phil Wang to the stage before a packed house at London's Hammersmith Apollo.

12 midnight Murder, They Hope (AD) **2.00am** Live at the Apollo **3.00** Marley's Ghosts (AD)

3.30-4.00am Citizen Khan (AD)

Gold Sky 110 (111 Wales) Virgin 124
 EE 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

Sky Comedy

8.00am In the Long Run (AD) **10.30** Bailers (AD) **1.30pm** Curb Your Enthusiasm **4.00** Will & Grace (AD)

6.30pm The Office US: five episodes. A printing error threatens the company

7.00 Michael takes the female staff on a special outing **7.30** Michael is considered for a new job in the Corporate division **8.00** Michael, Jim and Karen attend interviews in New York for a corporate position **8.30** Jan decides to move in with a hesitant Michael **9.00** Saturday Night Live: American sketch show, taking a satirical sideswipe at cultural and political issues **10.15** New. The Tonight Show Starring Jimmy Fallon **11.15** Sort Of

12.15am Ellen DeGeneres: Here And Now **1.30** Sex and the City **2.45** How to Make It in America (AD)

4.00-5.00am The Comeback (AD)

Sky Comedy Sky 114 (115 Wales)
 Virgin 112 EE 347/HD 362

Comedy Central

8.00am Most Ridiculous: European Vacation **8.35** Most Ridiculous: Workers **9.00** Friends (AD) **2.40pm** FILM *Big Daddy* ★★★★★ Comedy starring Adam Sandler. When his latest girlfriend dumps him because she says he is not responsible, 32-year-old Sonny Koufax tries to win her back by adopting the illegitimate five-year-old son of a friend **4.25** Friends (AD) **9.00** FILM *Blades of Glory* ★★ Ice-skating comedy starring Will Ferrell. **Review** **p77** **10.55** FILM *Richard Pryor: Live on the Sunset Strip* ★★ A 1982 show by the comedian **12.40am** Reno 91!

1.10 Impractical Jokers **1.40** South Park **3.55** Beavis and Butt-Head **4.15-5.00am** Your Face or Mine

Comedy Central Sky 112 (113 Wales)
 Virgin 132 EE 345/HD 360

+1 Sky 212 (213 Wales) Virgin 332

Alibi


Shakespeare and Hathaway: Private Investigators 8.00pm

7.10am Murdoch Mysteries **10.00** Hudson & Rex (AD) **2.00pm** Father Brown: four episodes (AD)

6.00pm Inspector George Gently 4/4 Series 5. The inspector comes up against an old adversary whose legal challenge to his prison sentence has been upheld on the grounds that Gently fabricated evidence. (AD)

8.00 Shakespeare and Hathaway: Private Investigators 5/10 Series 1. Lu and Frank try to exonerate local criminal Billy the Brick when the local mayor is murdered in the dead of night. (AD)

9.00 Death in Paradise 4/8 Series 2. Treasure hunters arrive on the island to track down a legendary pirate's loot, only to come under suspicion of murder when a geologist is shot dead (AD)

10.00 Father Brown 7/10 Series 7. Suspicions are aroused when the holiest house in Kempleford is linked to the death of a wanted woman. (AD)

11.00 8/10. Tensions rise to deadly levels when a performance troupe of anarchists arrives in Kempleford, leaving Mrs McCarthy unimpressed and Bunty inspired. (AD)

12 midnight Inspector George Gently (AD) **2.00-4.00am** Murdoch Mysteries

Alibi Sky 109 (110 Wales) Virgin HD 114
 EE 343/HD 358 +1 Sky 209 (210 Wales) Virgin 191

Discovery

6.00am Barnwood Builders (AD) **7.00** Railroad Alaska **12 noon** Custom Carolina **6.00** Gold Rush: Tony goes rogue and buys a new wash plant to get his Indian River operation back up and running **7.00** Gold Divers: Shawn and Zeke each risk undertaking dangerous ice missions in the hope of a pay-off

8.00 Salvage Hunters: a pub owner who has been hoarding items for more than 50 years **9.00** Naked and Afraid: Castaways: high tides wipe out another team's water source and Bulent finally encounters an elusive wild boar **10.00** The Dino Hunters: Clayton and Luke race to excavate two big triceratops skulls **11.00** Mysteries at the Museum: Don Wildman investigates a haunted home with a chatty poltergeist

12 midnight Mystery at Blind Frog Ranch **4.00-5.00am** How It's Made

Discovery Sky 125 (126 Scotland) Virgin 177
 EE 320/HD 325 +1 Sky 225 (226 Scot) Virgin 377

Discovery History

6.00am Shed and Buried **9.00** Combat Dealers **12 noon** Salvage Hunters **3.00pm** Shed and Buried

6.00pm Combat Dealers: double bill. Bruce Crompton sells a Second World War tank destroyer, then takes on a huge restoration project **8.00** HMS Ark Royal: two editions. A massive tanker is called to help refuel HMS *Ark Royal*, then the ship's crew prepares for a royal visitor (AD) **10.00** Expedition Unknown: Josh explores Spain's treacherous La Garma cave system and finds 1,000-year-old human remains

11.00 King Tut 100 Year Anniversary Special: Zahi Hawass is on a quest to solve the last great mysteries of Tutankhamun **1.00am** Combat Dealers

3.00-5.00am Salvage Hunters

Discovery History Sky 177 Virgin 181
 +1 Sky 277 Virgin 381

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Sky Documentaries



Bright Lights 9.00pm Debbie Reynolds and Carrie Fisher

6.00am Discovering: Rita Hayworth (AD) **7.00** Discovering: Sophia Loren (AD) **8.00** The Directors **10.00** Young Guns: the New Tennis Titans **11.00** Laurel Canyon (AD) **2.00pm** Dan Carter: a Perfect Ten (AD) **3.45** My Icon: Martin Offiah (AD) **4.00** Lennox: the Untold Story: the life of Lennox Lewis (AD)

6.00pm Young Guns: the New Tennis Titans A look at the next generation of tennis champions, as young stars contend with new pressures on the court.

7.00 On the Line: the Richard Williams Story The father of tennis stars Venus and Serena retraces his family's journey. (AD)

8.50 My Icon: Linford Christie The former sprint superstar discusses the individuals that have inspired him. (AD)

9.00 Bright Lights: Starring Carrie Fisher and Debbie Reynolds The relationship between the Hollywood duo. (AD)

11.00 Gascoigne ★★★ The life of footballer Paul Gascoigne, featuring interviews and archive material. (W)

12.50am Seve (AD) **2.50 FILM** Undeclared **★★★★** American football documentary following the Manhassas High School team (W) **5.00-6.00am** The Directors

Sky Documentaries Sky 121 (122 Scotland) Virgin 188 EE 352/HD 367

Nat Geographic

8.00am Food Factory USA **9.00** Europe from Above (AD) **11.00** Megafactories (AD) **1.00pm** Air Crash Investigation (AD) **6.00pm** Air Crash Investigation: three editions. How a captain saved a plane from disaster in 2002 **7.00** A cockpit voice recorder solves the mystery behind a crash **8.00** A miraculous landing at a French military airfield (AD) **9.00 New** Genius: MLK/X: two editions. Malcolm builds space for Muslims in the Harlem community, then an attack leaves Martin fearing for his life **11.00** Inside Sydney Airport: as storms close runways, a man has an apparent heart attack on an incoming flight **12 midnight** Banged Up Abroad **1.00am** Rewind the 90s **2.00** Money Meltdown **2.55** Food Factory **3.45** Trials of the Wild **4.35-5.00am** Prairie Dog Dynasty

Nat Geographic Sky 129 (130 Scotland) Virgin 183 +1 Sky 229 (230 Scot) Virgin 383

Sky History

6.00am American Pickers **7.00** Pawn Stars **9.00** Auction Kings **11.00** Secrets in the Ice **12 noon** D-Day: the Light of Dawn **2.00pm** Egypt's Unexplained Files **5.00** Truthseekers **6.00pm** Secrets in the Ice: a team attempts to locate a British Second World War aeroplane that went missing in Iceland **7.00** Air Crash: Disasters Uncovered: double bill. The fate of Swissair flight 111, then the 1996 crash of Aeroperu flight 603 **9.00** The Original Black Panthers: 761st Tank Battalion: recounting the true story of the first black tank unit to serve in combat during the Second World War **11.00** Auction Kings **1.00am** Egypt's Unexplained Files **4.00** Truthseekers **5.00-6.00am** Secrets in the Ice

Sky History Sky 123 (124 Scotland) Virgin 131 EE 353/HD 368 +1 Sky 223 (224 Scot) Virgin 331

Sky Nature



Colombia's Wild Coast 10.00pm Snakes of Gorgona

6.00am Africa's Wild Horizons **9.00** Animal Empires **12 noon** Secrets of the Enchanted Forests **1.00pm** My Best Friend's an Animal **2.00** Africa's Hunters **6.00pm** Africa's Hunters A pride of lions including young cats learning to hunt attacks a buffalo herd, but the raid leaves a cub dead.

7.00 The Predator's Playbook Examining the features that allow predators to survive in often hostile environments.

8.00 David Attenborough's Rise of Animals: Triumph of the Vertebrates The naturalist looks at how mammals came to dominate the natural world.

9.00 Nature's Fast Attacks The latest cameras capture predators' lightning-fast strikes in deadly detail. (AD)

10.00 Colombia's Wild Coast The remote island of Gorgona, once used as a prison due to its shark-infested seas.

11.00 A female crab undertakes a perilous journey to escort her 80,000 eggs to the sea.

12 midnight David Attenborough's Rise of Animals: Triumph of the Vertebrates **1.00am** Nature's Fast Attacks (AD) **2.00 New** Deep in the Heart: celebrating Texan wildlife **3.00-6.00am** Animal Empires

Sky Nature Sky 124 (125 Scotland) Virgin 189 EE 354/HD 369

Eden

9.00am Fred Dibnah's Made in Britain **1.00pm** Chris Tarrant: Extreme Railways (AD) **3.00** Fred Dibnah's Made in Britain **7.00** Chris Tarrant: Extreme Railways: double bill. Chris travels through Morocco, then sets out to cross Estonia, Latvia and Lithuania (AD) **9.00** Fred Dibnah's Made in Britain: six editions. A former pumping station in Sunderland **9.30** A forge in Sheffield **10.00** Traditional craftsmanship in Yorkshire and Derbyshire **10.30** Fred visits a steam-power museum **11.00** The Severn Valley Railway **11.30** The world's oldest working steam engine **12 midnight** New series. Anthony Bourdain: Parts Unknown **1.00am** Fred Dibnah's Made in Britain **4.40** Chris Tarrant: Extreme Railways (AD) **5.30-6.00am** David Attenborough's Natural Curiosities (AD)

Eden Sky 166 Virgin HD 176 +1 Sky 266 Virgin 376

Animal Planet

8.00am Animal Cries **9.00** Crike! It's the Irwins **10.00** Bad Dog! **11.00** Alaska: Homestead Rescue **12 noon** Animal Cries **1.00pm** Dodo Heroes (AD) **2.00** Killer Whales **3.00** Dogs 101 **5.00** Alaska: Homestead Rescue **6.00pm** Animal Cries: Antonio designs the ultimate pig paradise **7.00** How Do Animals Do That? **8.00** Guardians of Rescue: Rob and vet Moose investigate a claim about dogfighting **9.00** Animal Cops Houston: investigators try to break up a dogfighting ring (AD) **10.00** Alaskan Bush People: Billy gets overambitious while conducting a late barter **11.00** I Was Prey (AD) **1.00am** Alaskan Bush People **2.00** Dogs 101 **3.00** Alaska: Homestead Rescue **4.00-5.00am** Animal Cries **Animal Planet** Sky 162 (178 NI) Virgin 178 +1 Sky 262 (278 NI) Virgin 378

SPORT

Sky Main Event

Sky 401 Virgin 511/HD 501 EE 420/HD 440
6.00am Sky Sports News
9.30 LIVE European Tour Golf Day three of the Qatar Masters from Doha Golf Club, Qatar.
12 noon LIVE Championship Football Ipswich Town v West Bromwich (kick-off 12.30pm).
3.00pm Soccer Saturday
5.00 LIVE Premier League Football Nottingham Forest v Newcastle United (kick-off 5.30).
8.30 LIVE PGA Tour Golf The third round of the Phoenix Open from TPC Scottsdale, Arizona.
11.00 LIVE ATP Tennis Dallas Open, the second semi-final.
1.00-6.00am Sky Sports News

Sky Football

Sky 403 Virgin 513/HD 503 EE 422/HD 442
6.00am Championship Highlights
6.15 Africa Cup of Nations Football
10.15 Championship Highlights
10.30 Saturday Social: lively chat
12 noon LIVE Championship Football Ipswich Town v West Bromwich (kick-off 12.30pm).
3.00pm Soccer Saturday
5.00 Championship Highlights
5.20 LIVE German Football Bayer Leverkusen v Bayern Munich at the BayArena (kick-off 5.30).
7.30 Championship Highlights
7.45 LIVE Africa Cup of Nations Football The third place play-off from Abidjan (kick-off 8.00).
10.00 Championship Football
12 midnight Championship Highlights
12.15am EFL Greatest Games
12.30 Africa Cup of Nations **2.30** EFL Greatest Games **3.00-6.00am** Championship Highlights

Sky Golf

Sky 405 Virgin 515/HD 505 EE 424/HD 444
6.00am PGA Tour Golf **7.00** US Open Official Films **8.00** PGA Tour Golf
9.00 European Challenge Tour Golf
9.30 LIVE European Tour Golf Day three of the Qatar Masters.
2.00pm LIVE Ladies European Tour Golf The third round of the Magical Kenya Ladies Open.
3.00 European Challenge Tour
3.30 LIVE PGA Tour Golf The third round of the Phoenix Open.
11.00 Europe! Europe! **1.00am** Golf's Greatest Holes **1.30** US Open Official Films **2.30** The Best of the Hero Masterclass (AD) **3.00** Golf Academy (AD) **4.00** PGA Tour Golf **5.00-6.00am** Golf Academy

Eurosport 1

Sky 413 Virgin 521 EE HD 412
6.50am LIVE Freestyle Skiing World Cup, ski cross from Georgia.
8.30 LIVE Alpine Skiing World Cup, men's giant slalom, first run; **9.30** The women's giant slalom.
11.00 Winter Sports
11.15 LIVE Alpine Skiing World Cup, men's giant slalom, run two; **12.30pm** Women's giant slalom, second run from Soldeu, Andorra.
1.35 LIVE Nordic Combined Skiing World Cup from Estonia.
2.15 LIVE Ski Jumping World Cup, men's individual HS128.
4.00 LIVE Biathlon Men's 10km sprint at the World Championships.
5.40 LIVE Cross-Country Skiing World Cup from Canmore, Canada.
6.40 Alpine Skiing: World Cup
7.45 LIVE Cross-Country Skiing World Cup from Canmore, Canada.
9.45 LIVE Ski Jumping World Cup, men's team HS128 event.
11.45 Alpine Skiing **12.45am** Winter Sports **1.00** Cycling **2.00** Alpine Skiing **3.00** Cycling **3.55** Sailing **4.55** Cycling **5.50-6.20am** Alpine Skiing



Premiership Rugby Union 12 noon TNT Sports 2 Sarries' tireless back row Marlie Packer

Sky Premier League

Sky 402 Virgin 512/HD 502 EE 421/HD 441
6.00am Premier League Football
10.00 Fantasy Show **10.30** Saturday Social **12 noon** Soccer Saturday
5.00pm LIVE Premier League Football Nottingham Forest v Newcastle United (kick-off 5.30).
8.30 Game of the Day **10.30** Premier League Highlights **3.00-6.00am** Classic Premier League Football

Sky Cricket

Sky 404 Virgin 514/HD 504 EE 423/HD 443
6.00am SA20 Cricket **8.45** Secrets of Success (AD) **11.00** U19 Cricket World Cup **12 noon** SA20 Cricket
3.00pm LIVE SA20 Cricket The final from Newlands, Cape Town.
8.00 World T20 (AD) **9.00** U19 Cricket World Cup **10.00** SA20 Cricket **11.00** U19 Cricket World Cup **12 midnight** SA20 **5.00-6.00am** World T20 (AD)

Sky NFL

Sky 407 Virgin 517/HD 507 EE 426/HD 446
6.00am NFL **12.30pm** NFL Honors
3.00 Highlights **7.00** Super Bowl LVII (AD) **9.00** Highlights **10.00** 49 Hours
11.15 Bitesize **11.30-6.00am** NFL

Sky Arena

Sky 412 Virgin 518/HD 508 EE 427/HD 447
6.00am James Roby: Heart of a Saint (AD) **6.30** Boxing (AD) **7.30** Darts
11.00 LIVE WTA Tennis The Abu Dhabi Open, the semi-finals; **3.00pm** Classic US Open Tennis
3.30 LIVE ATP Tennis The Open 13, the semi-finals from Marseille.
7.30 Super League
8.00 LIVE ATP Tennis Dallas Open, the opening semi-final.
10.00 Super League (AD)
11.00 LIVE ATP Tennis Dallas Open, the second semi-final.
1.00am Premier League Darts
4.30-6.00am Super League (AD)

Sky Sports Mix

Sky 416 Virgin 510 EE 429/HD 449
12 noon-3.00pm LIVE Ladies European Tour Golf The Magical Kenya Ladies Open, day three.

Eurosport 2

Sky 414 Virgin 522 EE HD 413
6.00am Cycling **7.00** Motor Racing **9.00** Discovery Golf **9.30** Cycling
10.50 LIVE Cycling Stage three of the women's UAE Tour.
12.30pm Chasing Down a Dream
1.00 LIVE Cycling Tour of Murcia; **3.00** Figueira Champions Classic.
5.00 Snooker **7.00** Sailing **8.00** Cycling **10.00** World Superbikes
12 midnight Cycling **1.00am** Alpine Skiing **2.00** Cycling **3.00** Olympic Games **4.00-6.00am** Snooker

TNT Sports 1

Sky 410 Virgin 527 EE 408/HD 430
6.00am Premier League Preview
6.30 LIVE Australian Football Melbourne Victory v Macarthur FC, A-League Men (kick-off 6.30).
8.30 TNT Sports Reload (AD)
8.45 LIVE Australian Football Central Coast Mariners v Sydney FC, A-League Men (kick-off 8.45).
10.45 Around the Block (AD)
11.00 LIVE Premier League Football Manchester City v Everton (kick-off 12.30pm).
3.15pm International T20 Cricket Highlights **4.15** Fishing (AD)
5.15 LIVE Italian Football AS Roma v Inter Milan in Serie A.
7.00 LIVE Boxing Fight Night.
12 midnight Premiership Women's Rugby Union **1.00am** French Football **3.00** Test Cricket Highlights (AD) **4.00** Pool **5.30-6.00am** Joe Cole Meets

TNT Sports 2

Sky 411 Virgin 528 EE 409/HD 431
6.30am The Fantasy Show
7.00 LIVE Australian Football Brisbane Roar v Melbourne City, A-League Men (kick-off 7.00).
9.00 Wrestling **10.30** The Fantasy Show **11.00** French Football
12 noon LIVE Premiership Women's Rugby Union Saracens v Harlequins (kick-off 12.30pm).
2.45pm TNT Sports Reload (AD)
3.00 Test Cricket Highlights (AD)
5.00 LIVE National League Football Woking v Hartlepool United (kick-off 5.30).
7.45 LIVE French Football Paris St Germain v Lille (kick-off 8.00).
10.00 LIVE UFC From Las Vegas.
3.30am National League Football (AD)
4.00 Champions League Magazine
4.30 EuroCup Basketball
5.30-6.00am Reload (AD)

TNT Sports 3

Sky 417 Virgin 529 EE 410/HD 432
6.00am LIVE International One-Day Cricket Australia v South Africa, continued coverage of the third and final women's ODI.
12.15pm Test Cricket Highlights (AD) **1.15** Sign Up: into Football
2.00 LIVE Pro League Hockey India v Spain, coverage of the men's match (push-back 2.00).
4.00 Wrestling **6.30** Europa League Magazine **7.30** NBA
8.00 LIVE NBA Dallas Mavericks v Oklahoma City Thunder.
10.30 National League Football (AD)
11.00 Italian Football **12 midnight** International One-Day Cricket **1.00am** Pro League Hockey **3.00** Europa League Magazine **4.00-6.00am** Champions League Football

TNT Sports 4

Sky 421 Virgin 530 EE 411/HD 434
6.00am LIVE Australian Football Central Coast Mariners v Melbourne Victory, women's.
8.00 International One-Day Cricket
9.00 Premier League Preview **9.30** The Fantasy Show **10.00** Hockey
12 noon LIVE Pro League Hockey Ireland v Netherlands, the men's match (push-back 12.00).
2.00pm NBA: basketball action
7.00 Sign up: into Football
7.45 LIVE Italian Football Sassuolo v Torino (kick-off 7.45).
9.45 Wrestling **11.15-6.00am** MLB

Viaplay Sports

5.00-8.00pm LIVE Scottish Cup Football Rangers v Ayr United, the fifth-round tie from Ibrox Stadium (kick-off 5.30).

Sunday

COMEDY DRAMA

Big Boys

10.00pm **C4** Both series available via C4 streaming now

SERIES FINALE

Any good series finale ends with a death or a birth – some even manage both. Tonight's deft and surprisingly poignant conclusion to this run of Jack Rooke's semi-autobiographical comedy does just that, with Jack (Dylan Llewellyn) and co running to the hospital ("I feel like I'm in the *Spice World* movie!" says Danny), hoping to get there before Cousin Shannon (Harriet Webb) has her baby. While horizontal and taking gas and air, she comes out with some gems about the EuroMillions, spicy Peperamis and singer Sean Paul.

It's a world away from when Jack was last here. His dad Laurie (Ian Burfield) was in the adjacent hospice four years before, and the scenes that flash back and show the whole family coming to terms with their imminent loss are raw, intimate and unexpected – in the best way possible. The last scene is a beautifully choreographed, deeply personal sign-off for Rooke that punches well above its weight and leaves you wrung out.

FRANCES TAYLOR

FINAL FLOURISH
Jack (Dylan Llewellyn), Cousin Shannon (Harriet Webb) and Danny (Jon Pointing)

SPORT

Football: Women's FA Cup

12.15pm (k/o 12.30pm) **BBC2**
Catch up via iPlayer

There are six matches in the Women's FA Cup taking place today, but this early kick-off is the pick of the fifth-round games by a mile. Several miles, actually. **Manchester City** have won the trophy three times in the last decade, while **Arsenal** hold the record for most wins ever (14, though they haven't lifted the cup since 2016).

In the league the two clubs are side by side, breathing down the neck of Chelsea. Neither team will thank the lucky dip gods for this draw. Arsenal have been bolstered by the recent return of striker Vivianne Miedema, while upfront for City Khadija Shaw has been averaging better than a goal a game. **CERI THOMAS**

NOSTALGIA

Bagpuss Night

from 7.00pm **BBC4** Catch up: iPlayer

"Wake up, be bright, be golden and light, Bagpuss, oh hear what I sing..." With this incantation, the saggy, loose-at-the-seams storyteller was magically awoken. And tomorrow is his 50th anniversary, so he is officially golden. Two episodes kick off with the very first one at 8pm.

These are followed at 8.30pm by a marvellous 2009 *Timeshift* about the "cottage industry" of Smallfilms that yielded such glorious mini-epics as *Bagpuss*, *Clangers* and *Ivor the Engine*. Friends Oliver Postgate and Peter Firmin explain the make-do-and-mend philosophy behind the magic.

The *Night* is sandwiched at 7pm by a glorious kaleidoscope of memories and at 9.30pm by a less cosy but vital reminder of kids' TV's importance.

MARK BRAXTON See p37, 111 and 144

CRAFT

The Great Pottery Throw Down

7.45pm **C4** Catch up: C4 streaming

After last week's stressful water-feature challenge, what the remaining seven amateur potters could really do with now is a nice cup of tea. So how appropriate that they're asked to make novelty teapots and mugs, decorated in vibrant hues with a majolica finish (a glazing technique using colours on a white background).

Despite the pressure there's a lot of joking and laughter – who wouldn't crack up at a pot shaped like an octopus, a belly dancer or a snake? – but perhaps, as one potter reveals emotionally, it's just that potting makes them feel so happy. The other challenge is to make a porcelain "moon jar", which is a new one on me.

JANE RACKHAM

DRAMA

Death in Paradise

9.00pm **BBC1**
Catch up via iPlayer

You expect a bingo call of 13 to be unlucky for some, but elderly philanthropist Nancy Martin (played by guest star Hayley Mills) is set to experience some extreme ill fortune when she's bumped off minutes after a rival player cries "house".

Nancy is found pierced with her own knitting needle – a fate I'm honestly surprised didn't befall Miss Marple during all her years of snooping. But who could have wanted to kill this sweet old thing who, in life, was known for her good deeds? It really is a puzzler for Neville (Ralf Little), who already has a lot to deal with, what with Commissioner Patterson (Don Warrington) now out of hospital and in no mood to be taking things easy. **DAVID BROWN**

ALSO ON TODAY

Antiques Roadshow

7.00pm (8.00pm in Scotland) **BBC1**
A harmonica owned by Johnny Cash is among the items appraised in Pollok Park, Glasgow.

Young Guns: the New Tennis Titans

8.00pm **Sky Docs**
How do the likes of Carlos Alcaraz and Coco Gauff handle fame? First shown on 8 February.



Inside the Factory

8.00pm **BBC2**
A beaming Gregg Wallace (left) heads to York's Nestlé factory to get the lowdown on how chocolate bars are made.

DOCUMENTARY Wilderness with Simon Reeve

9.00pm **BBC2** Catch up via iPlayer

LAST EPISODE Simon Reeve is on his hands and knees, crawling through the arid scrub of Africa's Kalahari Desert with a group of master trackers from the indigenous San people. They've taught him how to extract poison from larvae to put on their arrow tips, and are now taking him on a wildebeest hunt. This is what it takes to put meat on the table for their family. Arduous and with no guarantee of success, it's not like popping down to Sainsbury's.

The balance here between wildlife conservation and human survival is precarious, but Simon ends his journey in the Okavango Delta, where eco-tourism seems to be helping. **JR**

DRAMA Trigger Point

9.00pm **ITV1**

Full series available via ITVX

We're getting the message loud and clear: no main character is safe. For further details, see the climax to episode two, which saw one key player pushed to their death down a lift shaft. But the team has no time to grieve this loss, as a countdown device has been sent to a journalist in a London newsroom along with the message, "Welcome to the Labyrinth".

Creepy Nick Hood, who remains in custody, is asked what these cryptic words means and gives an answer referring to the Greek myths and the minotaur. The benefits, he says, of a classical education. Something I certainly lack, as my mind immediately went to David Bowie as the Goblin King. **DB**

DOCUMENTARY Arctic Ascent with Alex Honnold

9.00pm **National Geographic**

LAST EPISODE This series brings out a tension at the heart of climbing: between "the pull of adventure" and common sense – not taking daft risks when lives are at stake. As Alex Honnold and his team begin to scale the 3,750-ft cliff face of Ingmikortilaq in remotest Greenland, that tension comes to the surface and things get fractious. They have become separated from crucial bits of their kit and must improvise. The rock wall itself is "chossy" – when they grip it, pieces keep breaking off "like Jenga blocks" and tumbling past (or onto) climbers below. It's terrifying to watch, but Honnold just stays "positive and psyched". **DAVID BUTCHER**

LIVE SPORT



American Football: Super Bowl LVIII

San Francisco 49ers v Kansas City Chiefs

10pm (k/o 11.30pm) **ITV1**,

Sky Sports Main Event/NFL

Can Patrick Mahomes help the Chiefs to another win? *Sport: p29*

Football: Africa Cup of Nations

The Final

7.30pm (k/o 8pm) **BBC3**, **Sky Sports Main Event/Football**

Football: Premier League

West Ham v Arsenal (k/o 2pm)

Aston Villa v Man Utd (k/o 4.30pm) from 1pm **Sky Sports Premier League/2pm M Event**

FILM OF THE DAY



P Aftersun ★★★★★ 12

10pm (11.15pm in N Ireland) **BBC2**

Paul Mescal and Frankie Corio give nuanced performances in this Bafta-winning drama about a troubled father's last holiday with his 11-year-old daughter. Writer/director Charlotte Wells's debut is a minutely observed marvel with intense emotional power. (2022)

FILM REVIEWS
page 57



UNDER PRESSURE
Matthew (Olly Rix) is having an identity crisis

DRAMA

Call the Midwife

8.00pm **BBC1** Catch up via iPlayer

Granted, Dr Turner is a busy man, but could he perhaps spare five minutes to talk us through Matthew Aylward's personality transplant? Because all of a sudden, this once ideal husband has turned into a raging misogynist. A few weeks ago, Matthew took great offence when Trixie happened to prioritise her work, and now she's getting both barrels for – in his words – running amok in Harrods.

OK, so Matthew has money worries that are worse than he's been letting on. But these pressures have now transformed his character to the point where he's barely recognisable.

Now, there have been press reports that actor Olly Rix would be leaving the show – stories that were then amended with the clarification that the door would be left open for him. But if we are building towards a Trixie and Matthew split, then I'm not exactly convinced by the prep work currently being put in. **DB**

SUNDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Ben Thompson, Nina Warhurst. (S) (HD)

7.30 Match of the Day Shown yesterday 10.30pm (S)

9.00 Sunday with Laura Kuennsberg Interviews with key politicians and public figures. (S) (HD)

10.00 Politics England Regional political news. (S) (HD)

10.30 Sunday Morning Live Sean Fletcher and Holly Hamilton present topical debate. (S) (HD)

11.30 My Hindu Coming Out Story: Love, Faith and Me The story of 28-year-old gay Hindu Anish as he tries to reconnect with his faith. (R) (S) (HD)

12.15pm Bargain Hunt Charlie Ross presents the show from Shepton Mallet in Somerset. (R) (S) (AD) (HD)

1.00 BBC News Weather for the Week Ahead (S) (HD)

1.15 Songs of Praise To mark World Day of the Sick, Pam Rhodes visits St Christopher's Hospice in London. (S) (HD)

1.50 Escape to the Country Helping a retired couple search for a new home in Northumberland. (R) (S) (HD)

2.50-4.30 Zootropolis ★★★★★ Animated comedy featuring the voices of Ginnifer Goodwin and Jason Bateman. In the city of Zootropolis, a bunny police officer grudgingly teams up with a wily fox to solve a mystery. On iPlayer for 7 days. **Review p57.** Directors Byron Howard, Rich Moore, Jared Bush (2016, PG) (S) (AD) (W) (HD)

BBC2

6.30am Countryfile Plans to bring back wildlife to Bodmin Moor. Shown last Sun BBC1. Signed rpt Monday 1.15am (S) (HD)

7.30 Breakfast Ben Thompson, Nina Warhurst. (S) (HD)

9.00 Wild about Your Garden Chris Beardshaw sets about building a gothic ruin in Birmingham. (R) (S) (HD)

9.45 Saturday Kitchen Best Bites Highlights. (S) (HD)

11.15 Young MasterChef The six remaining cooks prepare a date dish in the quarter-finals. (R) (S) (AD) (HD)

12.15pm LIVE Match of the Day: Women's FA Cup **RT** **Arsenal v Manchester City** All the action from the fifth-round tie at Meadow Park (kick-off 12.30). Arsenal have lifted this trophy on 14 occasions, while the Citizens have triumphed three times. **See p50.** (S) (HD)

2.45 Living with Baboons A *Natural World* film looking at biologist Mat Pines's five-year study of the wild hamadryas baboons of Ethiopia. (R) (S) (HD)

3.30 Rome's Invisible City Alexander Armstrong explores Rome's underground treasures. (R) (S) (AD) (HD)

4.30-5.15 Flog It! Visits to Blechley Park, the Ulster Transport Museum and Crowcombe Court. (R) (S) (HD)

ITV1

6.00am James Martin's American Adventure The chef fishes for lobster in the Hamptons. (R) (S) (AD) (HD)

6.30 James Martin's Spanish Adventure James samples the tastes of Castile and León. (R) (S) (AD) (HD)

7.30 James Martin's Saturday Morning The chef cooks for Jane McDonald. Shown yesterday 9.30am (S) (HD)

9.25 ITV News (S) (HD)

9.30 Love Your Weekend with Alan Titchmarsh With Jim Murray, Joe Sugg and Diana Quick. (S) (HD)

11.30 Ainsley's Taste of Malta Ainsley embarks on a culinary tour of Valletta. Shown last Monday (S) (AD) (HD)

12.30pm Love Your Garden The team head to east London to remodel an urban courtyard. (R) (S) (AD) (HD)

1.00 ITV News Weather; Regional Weather (S) (HD)

1.10 Ant & Dec's Limitless Win 6/6. The duo host the big-money game show. Shown Sat 8.45pm (S) (AD) (HD)

2.15-5.30 LIVE Six Nations Ireland v Italy Jill Douglas introduces coverage from Aviva Stadium, Dublin (kick-off 3.00). Commentary from Miles Harrison, Gordon D'Arcy and David Flatman. (S) (HD)

Channel 4

6.10am Cheers Triple bill of the sitcom. (R) (S) (HD)

7.35 Everybody Loves Raymond (R) (S) (AD) (HD)

8.25 The Simpsons Double bill. (R) (S) (AD) (HD)

9.30 Sunday Brunch With Tony Hadley, Ed Gamble, Mark Wootton, Mae Muller and Laura Donnelly. (S) (HD)

12.30pm The Simpsons Triple bill. (R) (S) (AD)

2.00 Secret Life of the Safari Park At Knowsley Safari, the rhinos keep chasing the buffalos. (R) (S) (AD) (HD)

3.00-4.05 The Dog House At Woodgreen Pets Charity, a family of four meets cheeky cockapoo puppy Percy. A new series begins Thursday 8pm. (R) (S) (AD) (HD)

BBC1

1

Call the Midwife

8.00pm Cyril is given a baptism of fire in his new role when two boys are found in a church



4.30pm Frozen Planet II

3/6. Frozen Peaks. The snowy mountains of Japan provide hostile conditions for a macaque monkey cast out from his troop. The whole series is on iPlayer. Producer Alex Lanchester; Exec producer Mark Brownlow (R) (S) (AD) (HD)

5.30 BBC News Regional News; Weather (S) (HD)

6.00 Countryfile

In Ashdown Forest in East Sussex, Matt Baker and Charlotte Smith hear about the life of writer AA Milne. Includes **Weather for the Week Ahead.** Series producer Gavin Ahern; Series editor Mark Beech (S) (HD)

7.00 Antiques Roadshow

At Pollok Park in Glasgow, treasures include an early painting by Jack Vettriano, a Ming dynasty Buddha, a harmonica that belonged to Johnny Cash, and pages from the first printing presses. Fiona Bruce hosts. Series producer Rae Gilder Cooke; Series editor Robert Murphy (S) (HD)

8.00 Call the Midwife

RT **6/8 Series 13.** Cyril faces his toughest challenge yet in his new role as Child Welfare Officer, while Matthew is summoned to a board meeting. A box set of previous series is available on iPlayer. **See p51.**

Sister Juliene	Jenny Agutter	Pupil Midwife Kathy Downes	Rachel Nicholson
Nurse Phyllis Crane	Linda Bassett	Gladys Bell	Mitchell Creak
Sister Monica Joan	Judy Parfitt	Rev Nicholas Connell	Anna Francolini
Nurse Trixie Franklin	Helen George	WDC Grayson	Joseph Chance
Nurse Shelagh Turner	Laura Main	Mrs Simms	Jo Bowis
Dr Patrick Turner	Stephen McGann	Terence Reid	Rachel Donovan
Miss Millicent Higgins	Georgie Glen	Dowager Lady Aylward	David Keeling
Cyril Robinson	Zephryn Taitte	Deirdre	Grace Boyle
Nurse Nancy Corrigan	Megan Cusack	Jonny Aylward	Archie O'Callaghan
Matthew Aylward	Ollie Rix	Mr Parry	Paul Bigley
Sister Veronica	Rebecca Gethings	Board member	Tim Bartholomew
Pupil Midwife Joyce Highland	Renee Bailey	Specialist	Philip Buck
Pupil Midwife Rosalind Clifford	Natalie Quarry	Senior Midwife	Julie Barclay
May Tang	April Rae Hoang		
Teddy Turner	Edward Shaw		
Colette Corrigan	Francesca Fullove		
Angela Turner	Alice Brown		
Mrs Wallace	Linda Hargreaves		

Writer Katerina Watson; Producer Ann Tricklebank
Director David O'Neill (S) (AD) (HD)

9.00 Death in Paradise

RT **2/8 Series 13.** The community is rocked when a care home resident is stabbed with her own knitting needle. As the investigation takes on a series of twists and turns, the team realise the case is much more than it first appeared on the surface. A box set of previous series is available on iPlayer. **See p50.**

Nancy Martin	Hayley Mills	Catherine Bordey	Elizabeth Bourgine
DI Neville Parker	Ralf Little	Eloise Mirrie	Juliet Cowan
Commissioner Selwyn Patterson	Barbara Mitchell	Andrina Harper	Elie Haddington
DS Naomi Thomas	Don Warrington	Ona Myers	Genesis Lynea
Officer Marlon Pryce	Shantal Jackson	Phillippe Varane	Akiya Henry
Officer Darlene Curtis	Tahj Miles		Kevin Harvey
	Ginny Holder		

Writer Patrick Homes; Producer Joanna Hanley
Director Steve Hughes (S) (AD) (HD)

10.00 BBC News Regional News; Weather (S) (HD)

10.30 Match of the Day 2

Mark Chapman introduces highlights of West Ham United v Arsenal and Aston Villa v Manchester United. Producer Ian Finch; Editor Jamie Gavin (S) (HD)

11.30 Selma ★★★★★

Drama based on a true story, starring David Oyelowo and Tom Wilkinson. Alabama, 1965: equal votes for black people in the Deep South is still not a reality, so civil rights leader Dr Martin Luther King initiates a series of marches that will change the face of America. On iPlayer for 60 days. **Review page 57.** Director Ava DuVernay (2014, 12) (S) (AD) (W) (HD)

1.30am Weather for the Week Ahead (S) (HD)

1.35-6.00am BBC News (S) (HD)

BBC1 Freeview 1/HD 101 **Freesat** 101 **Sky** 101 **Virgin** 101

BBC2

2

Aftersun 10.00pm

Sophie (Frankie Corio) and her dad (Paul Mescal) spend a reflective week in Turkey



5.15pm Ski Sunday

Ep 6. Chemmy Alcott and Ed Leigh present action from the women's World Cup meeting in Soldeu, Andorra. Plus the men's tour in the Bulgarian resort of Bankso, featuring Great Britain's Dave Ryding in the slalom. Series producer Tom Butt; Editor Dave Horwell (S) (HD)

6.00 Six Nations Rugby Special

Action from the second round of fixtures, featuring England v Wales, Scotland v France and Ireland v Italy. Introduced by Ugo Monye, with analysis from Jonathan Davies and Chris Ashton. Editor Richard Hughes (S) (HD)

7.00 This Farming Life

Series 6. In North Uist, the MacDonalds prepare to walk their 150 pregnant Highland cattle from the mainland to the tidal island of Vallay, which is only accessible by foot during a six-hour window. Series producer Gareth Fielding; Exec producer Jo Roe (R) (S) (HD)

8.00 Inside the Factory

8/10 Series 8. Chocolate Bars. Gregg Wallace is in York to find out how the Nestlé factory makes more than eight million bars of chocolate every day. Following the complex production process behind the peppermint Aero, Gregg is shown how the all-important bubbles are created. Cherry Healey is in Berkshire to learn how a cocoa plant quarantine facility is alleviating the worldwide chocolate shortage, while Ruth Goodman serves up the bitter history of drinking chocolate. Series producer Michael Rees; Executive producers Sanjay Singhal and Lucy Carter. Repeated Thursday 7pm (S) (AD) (HD)

9.00 Wilderness with Simon Reeve

RT **4/4. Kalahari.** Covering half a million square miles, the Kalahari Desert is one of the last great unspoilt African wildernesses. Simon begins his final journey in a small village in Namibia's Nyae Nyae Conservancy, where he sets out on a hunt with a group of San trackers, who still live in a traditional way. Continuing his trek, the globetrotter encounters the lions of the Kalahari, as well as the booming population of elephants. He also sees how managing the relationship between the wilderness and the human population is crucial for the future of the planet, before reaching his final destination, the Okavango Delta. The whole series is on iPlayer. **See page 51.** Director Chris Mitchell; Executive producer Sam Bagnall (S) (AD) (HD)

10.00 Aftersun ★★★★★

P Drama. Now an adult, Sophie reminisces about a holiday she took to Turkey as a girl with her father. As she revisits home video footage of the trip, Sophie reflects on her dad's struggles with his mental health, problems she could barely grasp as a child. On iPlayer for 12 months. **Film of the Day: p57.**

Calum	Paul Mescal	Ollie	Spike Fearn
Sophie	Frankie Corio	Toby	Harry Perdios
Adult Sophie	Celia Rowson-Hall	Laura	Ruby Thompson
Belinda	Sally Messham	Scott	Ethan James Smith
Michael	Brooklyn Toulson	Jane	Kayleigh Coleman

Director Charlotte Wells (2022, 12) (S) (AD) (W) (HD)

Also showing Thursday 9pm BBC3

11.35 The Falling ★★★★★

Mystery thriller starring Maisie Williams, Florence Pugh and Greta Scacchi. At a strict girls' school in 1969, troubled teenager Lydia develops a friendship with the charismatic Abbie. But when the school's status quo is broken by a shocking incident, the pupils fall victim to a fainting epidemic that affects the teaching staff too. On iPlayer for 30 days. **Review p57.** Director Carol Morley (2014, 15) (S) (AD) (W) (HD)

1.10-3.10am Sign Zone **1.10 Question Time** Fiona Bruce hosts the debate from Nottingham. Shown last Thu BBC1 (S) (HD)

2.10 Waterloo Road 5/8 Series 13. Schuey fumes at Amy over an innocent mistake. Shown last Wed BBC1 (S) (AD) (HD)

BBC2 Freeview 2/HD 102 **Freesat** 102 **Sky** 102 **Virgin** 102

ITV1

3

Trigger Point

9.00pm The hunt for the bombers brings danger for DS Helen Morgan (Natalie Simpson)



5.30pm Tipping Point: Best Ever Finals

Ben Shephard relives two gripping endgames from the quiz with the giant arcade machine. Director Richard van't Riet; Executive producers Hugh Rycroft, Kate Lownds and Sara Doyle (R) (S) (HD)

6.00 ITV News

Weather; Regional News and Weather (S) (HD)

6.20 Dancing on Ice

5/9. Stephen Mulhern and Holly Willoughby present as the nine remaining celebrities and their professional partners perform routines inspired by much-loved musicals in an effort to impress the judges. Who will get top marks and who will end up in the dreaded skate-off? Series director Julia Knowles; Series producers Richard Berkshire and Clare Cumberley (S) (HD)

8.00 Coronation Street

Simon crashes Leanne's car while under the influence of alcohol, Damon's implied threat unnerves Dee-Dee, and Bethany is forced to admit her deception to a stunned Daniel. Writer Debbie Oates Cast Monday/Tuesday (S) (AD) (HD)

9.00 Trigger Point

RT 3/6 Series 2. The bombers ramp up their terror campaign, and with little else to go on, Lana and DS Helen Morgan risk a meeting with a shadowy informer. The trail leads Lana and her team on a deadly mission deep under London and into the heart of government, but can they halt the threat in time? See page 51.

Lana Washington	Vicky McClure	Hope	Bethan Cullinane
DS Helen Morgan	Natalie Simpson	Alex	Tominiwa Edun
Hass	Nabil Elouahabi	Danny	Eric Shango
Sonya Reeves	Kerry Godliman	Palfrey	Charlie De'Ath
DI Amar Batra	Maanuv Thilara	Val	Tamzin Griffin
Cmdr John Francis	Julian Ovenden	Ollie	Jon Tarcy
Jeff Washington	Kevin Eldon	Josh	Lewis Jamison
Martina Wyatt	Gabrielle Glaister	Royal Engineer	Ashley Cook
Tim	Dan Whittam	Female officer	Belinda Owusu

Writers Daniel Brierley and Simon Ashdown
Director Audrey Cooke; Producer Mat Chaplin (S) (AD) (HD)

10.00 ITV News

Weather; Regional Weather (S) (HD)

10.15 The Dry

4/8. Shiv starts work at the gallery and learns that her new boss is pregnant with Jack's baby. The series is available as a box set on ITVX.

Shiv Sheridan	Roisin Gallagher	Jack	Moe Dunford
Tom Sheridan	Claran Hinds	Karen	Janet Moran
Bernie Sheridan	Pom Boyd	Dan	Stephen Hogan
Ant Sheridan	Adam John Richardson	Mina	Hélène Patarot
Caroline Sheridan	Siobhán Cullen	Kirsten	Dagmar Doring
Max	Emmanuel Okoye	Simon	Barry Barnes

Writer Nancy Harris; Director Paddy Breathnach
First shown on ITVX (S) (AD) (HD)

10.45 Super Bowl LVIII

Kansas City Chiefs v San Francisco 49ers
Craig Doyle introduces live coverage from Allegiant Stadium, Las Vegas (kick-off 11.30).

The Chiefs set out to win back-to-back Super Bowls, doubtless with Taylor Swift cheering on her boyfriend, tight end Travis Kelce. But the 49ers will be desperate to avenge their 31-20 defeat to the Chiefs in Super Bowl LIV in 2020. Between the action, there'll be a spectacular half-time show from R&B star Usher. (S) (HD)

Sport: page 29

4.00am Unwind

A sequence to calm the mind. (S) (HD)

5.10 Karen Carney's Leaders of the Pack

A portrait of Nigerian footballer Asisat Oshoala. (R) (S) (SL) (HD)

5.35-6.00am Made in Britain

Behind the scenes at a family-run sausage factory. (R) (S) (SL) (AD) (HD)

ITV1 Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 103

+1 Freeview 35 Freesat 112 Sky 203 Virgin 303

Channel 4

4
7 in Wales

The Great Pottery Throw Down

7.45pm Tea for two: judges Keith and Rich scrutinise this week's creations



4.05pm Sister Act 2: Back in the Habit

Musical comedy starring Whoopi Goldberg as Las Vegas singer Deloris Van Cartier, who is persuaded once again to don the habit and help some of her nun friends save their run-down school from closure. Review page 57. Director Bill Duke (1993, PG) (S) (AD) (W) (HD)

6.15 Channel 4 News Sport; Weather

(S) (HD)

6.45 Ancient Egypt by Train with Alice Roberts

1/4. In Alexandria, Professor Alice Roberts heads under ground to find out how the Romans and Greeks reacted to the treasures of Ancient Egypt. Director/Producer Jonathon Stow (R) (S) (AD) (HD)

7.45 The Great Pottery Throw Down

RT 6/10. It's time for tea as the hopefuls make novelty teapots and mugs decorated with a bold and intricate majolica finish. And will the second challenge prove to be a storm in a teacup? Judges Keith Brymer Jones and Rich Miller decide who must leave the pottery. See page 50. Series director Emma Reynolds; Series producer Jennifer Morrison Repeated tomorrow 7.45pm and Tuesday 9pm 4seven and with signing Tuesday 4.15am Channel 4 (S) (AD) (HD)

9.00 Grand Designs

Kevin McCloud meets John and his wife Helen in Dunstable. After Helen suffered a severe stroke in 2018, John purchased a two-acre plot to accommodate a hi-tech, accessible pavilion. Director Edward Sunderland; Executive producers John Lonsdale and John Comerford (R) (S) (AD) (HD)

10.00 Big Boys

RT 6/6 Series 2. The Night When. Jack's family must confront past tragedies. See page 50.

Jack	Dylan Llewellyn	Laurie	Ian Burfield
Danny	Jon Pointing	Tariq	Shane Zaza
Peggy	Camille Coduri	Russell	James Doherty
Corinne	Izuka Hoyle	Bernie	Eoin Duffy
Yemi	Olisa Odele	Kerry	Louisa Harland
Cousin Shannon	Harriet Webb	Narrator	Jack Rooke
Nanny Bingo	Annette Badland		

Writer Jack Rooke; Director Jim Archer; Producer Bertie Peek
Signed repeat Thursday 1am (S) (AD) (HD)

10.30 Gogglebox

Bad Sisters, Frozen Planet II and Secret Crush are among the shows appraised in September 2022. More Thursday 10pm. (R) (S) (AD) (HD)

11.30 First Dates

Ep 5. Barman Aaron meets student Laura. Shown last Tuesday (S) (AD) (HD)

12.30am Reindeer Mafia Channel 4 premieres just the first episode of this Finnish crime drama from Walter Presents. The whole six-part series is available to stream from Friday 9 February. After a decade in prison abroad, Samelli returns to his remote Lapland community to attend a funeral. Finnish +subtitles. (HD)

Samuli Edelmann	Pietti Neliha	Olavi Uusivirta
Sara Poikkipää	Anna-Maija Tuokko	Brita Neliha
Rouku Neliha	Aake Kalliala	Mulari
Pietti Neliha	Olavi Uusivirta	Pirkko Pulmanki
	Paavo Westerberg	Kajja Pakarinen

1.15 Elle ***** Thriller starring Isabelle Huppert. When Michèle Leblanc is raped in her home, she does not report the crime and carries on with her job as the head of a computer games company. However, it soon becomes apparent that her assailant is still around and an unconventional game of cat and mouse commences. French +subtitles. Available to stream for 17 days. Director Paul Verhoeven (2016, 18) (W) (HD)

3.25 Come Dine with Me

In Milton Keynes. (R) (S) (AD) (HD)

5.35 Kirstie's House of Craft

Kirstie Allsopp makes animals out of toilet rolls and a tin-can dog. (R) (S) (HD)

5.45-6.10am Food Unwrapped

Kate Quilton visits Portugal to learn about locust bean gum. (R) (S) (HD)

Channel 4 Freeview 4/HD 104 Freesat 104 Sky 104 Virgin 104

+1 Freeview 15 Freesat 121 Sky 204 Virgin 304

BBC4

9
24 in Scotland

Bagpuss

8.00pm A birthday celebration for the saggy cloth cat and friends



7.00pm From Andy Pandy to Zebedee: the Golden Age of Children's TV

RT An evening celebrating the 50th anniversary of Bagpuss begins with a nostalgia-packed examination of how programme makers rose to the challenge of delivering quality television shows for younger viewers, who were an often-overlooked audience. Archive clips from Bod, Play School, Vision On and The Singing Ringing Tree are sure to jog memories. Nigel Planer narrates. See page 50. Producer Verity Maidlow; Exec producer Caroline Wright Repeated Tuesday 12.25am (R) (S) (HD)

8.00 Bagpuss

RT 1/13. Ship in a Bottle. The opening episode of the children's series about an old cloth cat and his friends, first shown in February 1974. Bagpuss wonders where a ship in a bottle brought in by Emily would sail. (R) (S)

8.15 2/13. Owls of Athens. Madeleine tells Bagpuss and his friends a story about the Owls of Athens. Featuring the voices of Oliver Postgate, Sandra Kerr and John Faulkner. See page 50. Writer Oliver Postgate (R) (S)

Feedback: page 144

8.30 Oliver Postgate: a Life in Small Films

A Timeshift documentary examining the work of Oliver Postgate, the man responsible for such classic children's TV shows as Bagpuss, Clangers, Ivor the Engine and Noggin the Nog. Contributions by the animator's family and his colleague Peter Firmin tell the stories behind the making of some of his characters and reveal how radical contemporary politics inspired him. Director/Producer Francis Welch Signed repeat 2.10am (R) (S) (AD)

9.30 Kids' TV: the Surprising Story

Konnie Huq presents a celebration of children's TV, showing how it has not only entranced generations of young people but also played a radical role in shaping modern Britain. Johnny Ball describes how his stunts made maths and science accessible to youngsters, while Carrie Burnell tells Konnie how young viewers were unfazed by her disability, unlike some of their parents. Director Linda Sands; Producer Samantha France Repeated 1.10am First shown on BBC1 (S) (AD) (HD)

10.30 The Great Mountain Sheep Gather

A "slow TV" film following shepherd Andrew Harrison's journey as he leads his sheep off Scafell Pike in the Lake District. Narrated by Maxine Peake. Director/Producer Johnny Shipley (R) (S) (HD)

12.10am What's Wrong with Our Weather?

A Horizon investigation into British weather. Shown last Thursday (S) (HD)

1.10 Kids' TV: the Surprising Story

Shown 9.30pm (S) (AD) (HD)

2.10-3.10am Oliver Postgate: a Life in Small Films

Shown 8.30pm (S) (SL) (AD)

BBC4 F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

BBC1 SCOTLAND

10.00-10.30am The Sunday Show 1.50pm Beechgrove Repotted 2.00 Escape to the Country 3.00 Frozen Planet II 4.00 News; Reporting Scotland; Weather 4.30 SportsScene Live: Airdrieonians v Hearts, a Scottish Cup fifth-round tie (kick-off 5.00) 7.30-8.00 Scam Interceptors 10.30 SportsScene: Scottish Cup Highlights 11.30 Match of the Day 2 12.30am FILM: Selma 2.30 Weather for the Week Ahead 2.35-6.00 BBC News

BBC SCOTLAND

6.00pm Countryfile 7.00 The Seven 7.15 One Night in the Museum 8.00 Grand Tours of Scotland's Rivers 8.30 Icons of Football 9.00 Dougray Scott: Bringing Football Home 10.00 Still Game 10.30 Jules and Greg's Wild Swim 11.00-12 midnight Seven Days

STV

4.00-5.10am Night Vision

BBC1 WALES

10.00am Politics Wales 10.45 Sunday Morning Live 11.45 My Hindu Coming Out Story: Love, Faith and Me 12.30-1.00pm The Great Food Guys 4.30 Wynne's Welsh 80s 5.00-5.30 SOS: Extreme Rescues

BBC2 WALES

3.30pm Armchair Britain 4.00-4.30 Weatherman Walking 6.00-7.00 Scrum V Six Nations Special: featuring England v Wales, Scotland v France and Ireland v Italy

BBC1 NORTHERN IRELAND

10.00-10.30am Sunday Politics Northern Ireland

BBC2 NORTHERN IRELAND

10.00pm Aonarach 11.15 FILM: Aftersun ***** Drama starring Paul Mescal and Frankie Corio. Now an adult, Sophie reminisces about a holiday she took to Turkey as a girl with her father, Calum. As she revisits her home video footage of the trip, Sophie reflects on her dad and the struggles with his mental health that she could only barely grasp as a child 12.50-1.10am BBC News

BBC2 NORTHERN IRELAND

10.00pm Aonarach 11.15 FILM: Aftersun ***** Drama starring Paul Mescal and Frankie Corio. Now an adult, Sophie reminisces about a holiday she took to Turkey as a girl with her father, Calum. As she revisits her home video footage of the trip, Sophie reflects on her dad and the struggles with his mental health that she could only barely grasp as a child 12.50-1.10am BBC News

Channel 5

listings are overleaf

SUNDAY Freeview

Channel 5

5



Fast & Furious: Hobbs & Shaw
8.00pm The quarrelsome cops

5.35am Milkshake! See page 56

9.50 SpongeBob SquarePants

SpongeBob can't get to sleep. (S) (HD)

10.05 SpongeBob and Patrick see who can hold a funny face the longest. (S) (HD)

10.15 Entertainment News (S) (HD)

10.30 NFL: End Zone A preview of tonight's Super Bowl LVIII. (S) (HD)

11.00 Friends Series 2. Rachel lands a date with Jean-Claude Van Damme.

11.30 Rachel sees Ross in a different light.

12 noon Ross and Rachel consummate their relationship. (R) (S) (AD) (HD)

12.25pm Inside the Tower of London Curator Tracey Boorman searches for the lost royal palace of Henry VIII. (R) (S) (HD)

1.25 Tracy Borman explores the changes made by the Duke of Wellington when he became Constable of the Tower. (R) (S) (HD)

2.25 Black Death: the Pandemic That Shook the World Dan Snow and Raksha Dave examine how the plague affected Britain 700 years ago. (Revised rpt) (S) (HD)

4.30pm The Great Flood of '53

Looking back at the deadly floods that devastated England's east coast in 1953. Director Nick Clarke-Powell (R) (S) (HD)

6.00 When TV Goes Horribly Wrong Live gaffes, slips of the tongue, technical mishaps and bust-ups all feature in this cavalcade of clips. Featuring Phillip Schofield, Nick Owen and Jonathan Ross. Director/Producer David Donnelly (R) (S) (HD)

8.00 Fast & Furious: Hobbs & Shaw

★★★★ Action adventure. Bickering agents Luke Hobbs and Deckard

Shaw are paired up to track down a deadly supervirus that has been stolen by terrorist Brixton Lore. But Lore is no ordinary villain – he has been implanted with cybernetic technology that gives him superhuman strength. **Review page 57.**
Luke Hobbs Dwayne Johnson
Deckard Shaw Jason Statham
Brixton Idris Elba
Hattie Shaw Vanessa Kirby
Queenie Helen Mirren
Jonah Hobbs Cliff Curtis
Director David Leitch (2019, 12) (S) (W) (HD)

10.25 The Bank Job ★★★

Heist thriller based on a true story. In 1970s London, Terry Leather, a car dealer with a dubious past, is approached with a plan to steal safe deposit boxes from a top bank. But the boxes contain more than just valuables, and Terry discovers that dangerous individuals also want to get hold of them. **Review page 57.**
Terry Leather Jason Statham
Martine Love Saffron Burrows
Kevin Swain Stephen Campbell Moore
Dave Shilling Daniel Mays
Guy Singer James Faulkner
Bambas Alki David
Director Roger Donaldson (2008, 15) (S) (W) (HD)

12.35am Criminals: Caught on Camera (R) (S) (HD) **1.05 Casino** (S) (HD) **3.05 Police Interceptors** (R) (S) (HD) **3.50 Britain's Great Cathedrals** with Tony Robinson (R) (S) (SL) (HD) **4.40 Wildlife SOS** (R) (S) (SL) **5.05 House Doctor** (R) (S) (SL) **5.30 Nick's Quest** (R) (S) (SL) **5.55–6.00am** Entertainment News (S) (HD)

5 Freewiew 5/HD 105 Freesat 105 Sky 105 Virgin 105
+1 Freewiew 38 Freesat 128 Sky 205 Virgin 305

BBC4 listings are overleaf

BBC3

23



Match of the Day Live: Africa Cup of Nations 7.30pm This year's final

7.00pm EastEnders

Lauren catches Linda out in a lie that leads to an explosive argument with Kathy. Shown last Fri BBC1 Cast Wed/Thu BBC1 (S) (AD) (HD)

7.30 Match of the Day Live: Africa Cup of Nations

Coverage of the final, which takes place at Alassane Ouattara Stadium in Abidjan, Ivory Coast (kick-off 8.00). (S) (HD)

In the event of extra time/penalties, subsequent programmes may change

10.30 Body on the Beach: What Happened to Annie?

3/4. Hazel Martin considers the theory that Annie Borjesson took her own life, exploring her family's suspicions that evidence was planted to make it look like suicide. (S) (AD) (HD)

11.00 4/4. A fresh source of information leads to disturbing discoveries, shedding new light on what might have happened. The whole series is on iPlayer. (S) (AD) (HD)

11.30 People Just Do Nothing

3/6 Series 5. The Kurupt FM crew set out to make a music video, with Chabuddy G in the director's chair, but when his vision doesn't go to plan they improvise. (S) (AD) (HD)

12 midnight 4/6. Grindah visits the doctor after developing a mysterious illness that flares up whenever Essex is mentioned. A box set is on iPlayer. (S) (AD) (HD)

12.30am Domino Day (S) (AD) (HD) **1.15 Young MasterChef** (S) (AD) (HD) **2.15 Body on the Beach: What Happened to Annie?** (S) (AD) (HD) **2.45–3.45am People Just Do Nothing: two episodes** (S) (SL) (AD) (HD)

BBC3 Freeview 23/HD 107 (not Scot/Wales) Freesat 107 Sky 115 (117 Wales; 121 Scotland) Virgin 107 (157 Scotland/Wales)

ITV2

6

6.00am CITV (HD) **9.00 Unwind** (S) (HD) **9.10 Totally Bonkers Guinness World Records** (S) (HD) **9.40 Secret Crush** (S) (SL) (HD) **10.40 Dress to Impress: two episodes** (S) (SL) (HD)

12.40pm The Masked Singer Shown yesterday 7.15pm ITV1 (S) (AD) (HD) **2.10 FILM Bee Movie**

★★★★ Animated comedy featuring the voices of Jerry Seinfeld and Renée Zellweger (S) (AD) (W) (HD) **4.05 Madly Madagascar** (S) (HD) **4.40 FILM Madagascar 3: Europe's Most Wanted** ★★ Animated comedy adventure featuring the voices of Ben Stiller, Chris Rock and David Schwimmer (S) (W) (HD)

6.25pm FILM Valentine's Day ★★ Romantic comedy starring Anne Hathaway, Jessica Alba and Julia Roberts. The love life of a florist working on Valentine's Day is sent into a tailspin after he asks his girlfriend to marry him. Meanwhile, his best friend thinks she has met her ideal man, but he is already married. **Review page 57.** (S) (AD) (W) (HD)

9.00 New. Love Island: All Stars The final week has arrived and the pressure is well and truly on – the clock is ticking down and nobody wants to be the next to go. (S) (HD)

10.05 New. Olivia Attwood: Getting Filthy Rich Olivia Attwood unleashes the whips and chains as she ventures into the secretive domain of the dominatrix. (S) (HD) **11.05 Family Guy Series 7.** Brian's new girlfriend decides to leave him. (S) (AD) (HD) **11.35 Series 16.** Stewie's body-swapping machine malfunctions. (S) (AD) (HD)

12.05am American Dad! (S) (AD) (HD) **1.05 Count Abdulla** (S) (HD) **1.35 Iain Stirling's Celeb Ability** (S) (HD) **2.20 Totally Bonkers Guinness World Records** (S) (HD) **2.45–3.00am Unwind** (S) (HD)

ITV2 Freeview 6 Freesat 113 Sky 118 Virgin 115
+1 Freewiew 29 (7am–2am) Freesat 114 Sky 218 Virgin 315

ITV3

10



The Larkins 8.00pm Pop may regret hosting a barbecue for the neighbours

6.00am Bless This House (S) **6.30 Inspector Morse: Series 2. Last Bus to Woodstock.** A crime of passion intrigues Morse (S) (SL) (AD) (HD) **8.35 The Ruth Rendell Mysteries: A Dark Blue Perfume.** Drama starring Susannah York and John Castle. A man is haunted by his past; **9.40 Front Seat.** An elderly couple turn detective. Janet Suzman stars (S) **10.50 FILM On the Buses** ★ Comedy. Female drivers are brought in (S) (AD) (HD)

12.35pm Downton Abbey: 3/9 Series 6 A misunderstanding casts a shadow over the wedding; **1.40 4/9.** An old friend returns and Sgt Willis leaves Baxter in a dilemma; **2.40 5/9.** Violet embroils the Minister of Health in the hospital row; **3.45 6/9.** Tom and Mary's decision to open up the house to the public for a day in aid of the local hospital divides opinion; **4.50 7/9.** The family witness shocking events at Brooklands racetrack (S) (AD) (HD)

5.55pm Rosemary and Thyme 4/8 Series 2. The Invisible Worm. The duo witness a strange ritual at a prep school. (S) **6.55 5/8. The Gongoozlers.** Rosemary is hospitalised while standing in for the star of a garden makeover TV show. (S)

8.00 The Larkins 2/6 Series 2. The Trap. It's barbecue weather and the Larkins throw a party, where some home truths are revealed. (S) (AD) (HD)

9.00 Joanna Lumley's Hidden Caribbean: Havana to Haiti 2/2. After a brief visit to Guantanamo, Joanna leaves Cuba for Haiti. (S) (AD) (HD)

10.00 Trial and Retribution Suspicion 1/2. Crime drama from 2003 with Victoria Smurfit and David Hayman. The discovery of a woman's hand pits DCI Roisin Connor against Chief Superintendent Mike Walker. Concludes tomorrow 10pm. (S) **12 midnight DCI Banks 3&4/6 Series 2. Dry Bones That Dream 1/2.** An accountant is killed by a hitman; **12.50am 2/2.** The detective questions an MP against orders (S) (SL) (AD) (HD) **1.35–2.30am Agatha Christie's Poirot: The Incredible Theft.** An aircraft manufacturer tries to trap a spy (S) (AD) (HD)

ITV3 Freeview 10 Freesat 115 Sky 119 Virgin 117
+1 Freesat 116 Sky 219 Virgin 317

ITV4

26

6.00am World of Sport (S) (HD) **6.05 Lost Car Rescue** (S) (HD) **8.00 New. Motorsport Mundial** (S) (HD) **8.30 New. Auto Mundial** (S) (HD) **9.00 EFL Highlights** (S) (HD) **10.30 Minder** (S) (AD) **11.35 World of Sport** (S) (HD) **11.55 Made in Britain** (S) (AD) (HD)

12.25pm Hornblower (S) (AD) (HD) **2.30 FILM The Train Robbers** ★★ Western (S) (W) (HD) **4.25 FILM Shalako** ★★ (S) (W) (HD)

6.40pm FILM Aces High ★★ First World War action drama starring Malcolm McDowell and Christopher Plummer. Members of a Royal Flying Corps squadron in France are under intolerable strain – and a new recruit to their ranks is an inexperienced young pilot. (S) (AD) (W) (HD) **9.00 FILM Total Recall** ★★ Sci-fi thriller starring Arnold Schwarzenegger. After suffering a series of nightmares about Mars, construction worker Douglas Quaid discovers that the planet may in fact hold the key to his true identity. (S) (AD) (W) (HD) **11.20 Hornblower 2/2 Series 2.** The seafaring hero's resourcefulness turns the tide of a battle. Shown 12.25pm (S) (AD) (HD)

1.30am The Chase Celebrity Special (S) (HD) **2.30–3.00am The Protectors** (S) (SL) (HD)

ITV4 Freeview 26 Freesat 117 Sky 120 Virgin 118
+1 Freesat 116 Sky 220 Virgin 318

Drama

20



Call the Midwife 1.40pm Sister Julienne struggles to secure backing

7.20am The Bill: Andrea fights to save her reputation; **8.15** An explosion rips through Sun Hill; **9.20** The explosion's aftermath brings tears and tragedy; **10.20** Gabriel is hailed as a hero; **11.20** Jack Meadows and Jo Masters confront Colin Fairfax

12.20pm Call the Midwife: 1/8 Series 10. It's 1966, and change is on the horizon in Poplar. Sister Julienne enlists Trixie's expertise for an exciting new venture; **1.40 2/8.** Sister Julienne's attempts to secure the future of Nonnatus House hit a major stumbling block; **3.00 3/8.** Dr Turner and Sister Hilda become increasingly concerned about a young patient's ill health; **4.20 4/8.** Four new pupil midwives arrive at Nonnatus House (S) (AD) (HD)

5.40pm Catherine Cookson's The Black Candle Period drama starring Cathy Sandford as a woman who sets out to prove her husband innocent of murder. (S)

8.00 Inspector George Gently 2/2 Series 8. Gently and the New Age Corruption and political intrigue colour Inspector Gently's final case. While giving evidence against corrupt Met officers, Gently is approached with the offer of investigating an unsolved case. (S) (AD) (HD)

10.00 Murphy's Law 2/6 Series 2. Bent Moon on the Rise A promising police officer takes his own life amid suspicions he was the victim of racist bullying, so Murphy infiltrates his drugs squad to uncover the truth. (S)

11.20 Taggart 2/2 Series 2. Death Call. A wealthy landowner's wife is strangled to death and her body dumped in a reservoir. Taggart and his partner Livingstone become suspicious when they discover the dead woman's husband was last seen preparing to leave for Switzerland – and carrying a large sum of money. Guest-starring Alan Cumming. (S)

2.10–4.00am Signora Volpe: 3/3. When the son of an old friend is arrested for murder, Sylvia investigates (S) (HD)

Drama Freeview 20 Freesat 158 Sky 143 Virgin 116
+1 Freewiew 60 Sky 243 Virgin 316

ITVBe

28

7.00am The Real Housewives of Jersey (S) (HD) **8.00 Buying and Selling** (S) (HD) **9.00 LittleBe: children's programmes** (HD)

12 noon Be Beautiful (S) (AD) (HD) **12.10pm The Real Housewives of New Jersey** (S) (HD)

5.00pm Great Chocolate Showdown The bakers take on the ancient chocolate-making technique of panning. (S) (HD)

6.00 Chef Anna Olson teaches the contestants how to use a mirror-glaze technique. (S) (HD)

7.00 Celebrity Dinner Date Five women try to woo TV presenter Matt Johnson. (S) (AD) (HD)

8.00 TV star Saffron Lempriere is given menus put together by potential blind dates. (S) (HD)

9.00 FILM Sex and the City: the Movie ★★ Romantic comedy spin-off from the hit TV show, starring Sarah Jessica Parker and Kim Cattrall. Columnist Carrie Bradshaw observes New York dating rituals before discussing them in graphic detail. But she's stumped when it comes to her own relationship with Mr Big, even after he proposes. **Review p57.** (S) (W) (HD)

11.55 My Mom, Your Dad: USA The Second Chance Retreat's remaining parents try to regroup with help from a shaman. (S) (HD)

12.40–12.55am Unwind (S) (HD)

ITVBe Freeview 28 Freesat 119 Sky 131 (132 Scotland) Virgin 119 +1 Virgin 319

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED



More4

18



The Emergency Ward 10.00pm
A footballer needs urgent treatment

8.55am George Clarke's Amazing Spaces (AD) **9.55** Ugly House to Lovely House with George Clarke (AD) **11.00** George Clarke's Old House, New Home (AD)
12 noon Come Dine with Me: in Nottingham and Derby (AD) **2.40pm** Four in a Bed
5.20pm **Come Dine with Me** Dinner parties in Liverpool include a Liverpool-themed evening, a South-African party and a kissing game around the dinner table. (AD)
7.55 999: on the Front Line West Midlands paramedics and police officers are called out to a hotel where a woman is hallucinating and behaving erratically after taking drugs. A worried mother rings for help when her child becomes feverish and unable to speak.
9.00 24 Hours in A&E The medical team at King's College Hospital deals with injuries on a busy Saturday night. A father and son are rushed in after being attacked at a family party by gatecrashers. And a man has been badly cut during an attempted mugging. (AD)
10.00 The Emergency Ward Dr Andrew, who is Scottish, treats a young footballer showing signs of spinal and internal injuries following a hard tackle. Elsewhere, Dr Mya is dealing with multiple patients. (AD)
11.05 Emergency Helicopter Medics A fun day goes wrong at a motocross track when a 12-year-old suffers a limb-threatening injury. (AD)
12.05am The Good Doctor: Shaun visits his dying father (AD) **1.05 999: on the Front Line** **2.10** 24 Hours in A&E (AD) **3.15-3.45am** A Farmer's Life

More4 F'view 18 F'sat 124 Sky 136 (137 Scotland) Virgin 147 **+1** Freesat 125 Sky 236 (237 Scot) Virgin 347

E4

13

6.00am Hollyoaks: omnibus (AD) **8.25** Rude(ish) Tube **8.50** Ramsay's Kitchen Nightmares USA **9.50** Ramsay's 24 Hours to Hell and Back: three editions (AD)
12.45pm Brooklyn Nine-Nine: four episodes (AD) **2.40** The Big Bang Theory (AD)
5.35 Lego Masters New Zealand (AD)
6.40pm **FILM Indiana Jones and the Temple of Doom** ★★★★★ Harrison Ford returns as intrepid archaeologist Indiana Jones in the second entry in Steven Spielberg's action adventure series. On the trail of fortune and glory in Shanghai, Indy is launched on a dangerous new quest that takes him to India via the Himalayas. (AD)
9.00 **FILM Jumanji: the Next Level** ★★★★★ Fantasy adventure sequel starring Dwayne Johnson, Jack Black, Kevin Hart and Karen Gillan. Two years after the events of *Jumanji: Welcome to the Jungle*, the teenagers must return to the magical video game to rescue one of their own. Also showing Friday 9pm (AD)
11.25 **The Inbetweeners 5/6 Series 2**. Will helps to co-ordinate the school's Duke of Edinburgh award scheme. (AD)
12 midnight 6/6. Simon seems to be making headway with Carli. (SL) (AD)
12.35am Derry Girls: double bill (SL) (AD) **1.40** Gogglebox (SL) (AD) **2.45** First Dates (SL) (AD)
3.40-6.00am Hollyoaks (SL) (AD)

E4 Freeview 13 Freesat 122 Sky 135 (136 Scot) Virgin 106 **+1** Freeview 30 Freesat 123 Sky 235 (236 Scot) Virgin 306 **E4 Extra** F'view 31 F'sat 126 Sky 138 (139 Scot) Virgin 144

Really

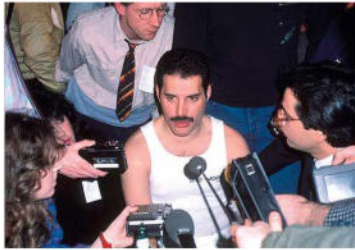
17

6.00am Fantasy Homes by the Sea **7.00** Home Shopping **8.00** Fantasy Homes by the Sea **10.00** A Place in the Sun **3.00pm** The Hotel Inspector (AD) **4.00** Antiques Road Trip: triple bill **7.00** The Yorkshire Auction House **8.00** The Bad Skin Clinic **9.00** Born with No Eyes: Body Bizarre (AD)
10.00 Body Bizarre: a Chinese woman battles an ageing condition and a teen has half a body
11.00 The Dead Files: double bill **1.00am** Ghost Adventures **2.00** Home Shopping **4.00-6.00am** Fantasy Homes by the Sea: two editions
Really Freeview 17 Freesat 160 Sky 142 Virgin 128

BBC News Freeview 231 Freesat 212 Sky 503 Virgin 601 **Sky News** Freeview 233 Freesat 202 Sky 501 Virgin 603 EE 313

Sky Arts

36



Freddie Mercury: the Great Pretender 10.00pm
A profile of the late legend

6.00am Kiss Me, Kate **9.00** Tales of the Unexpected **11.00** The Joy of Painting
12 noon Landscape Artist of the Year: the fifth heat comes from Liverpool's Pier Head (AD) **1.00pm** Alfred Hitchcock Presents **2.00** The Agatha Christie Hour: a man tells the story of a dying woman (AD) **3.00** Discovering: Emma Thompson **4.00** Discovering: Paul Newman (AD) **5.00** Discovering: Jodie Foster
6.00pm **Classic Albums** The story behind Meat Loaf's 1977 *Bat Out of Hell*, charting record companies' initial indifference toward the star's powerful lyrics and theatrical style.
7.00 **The Who Sell Out: Classic Albums** A look at the acclaimed 1967 concept album by English rock band the Who.
8.00 **André Rieu: Live at the Royal Albert Hall** The violinist performs a programme including *Voices of Spring*, *Vienna Blood* and *The Blue Danube* by Johann Strauss II on New Year's Eve 2001.
10.00 **Freddie Mercury: the Great Pretender** A profile of the Queen frontman, exploring his time away from the band. Featuring archive footage and interviews.
11.40 **Greatest Albums Live** Gregory Porter and his band perform the Grammy-winning *Liquid Spirit* – his biggest selling album yet – at London's Middle Eight Hotel.
1.0am Joe Bonamassa: British Blues Explosion **3.25** The Great Songwriters: Norah Jones **4.30** Manic Street Preachers: Isle of Wight Festival Greatest Hits **5.00-6.00am** Classic Albums

Sky Arts Freeview 36 Freesat 147 Sky 130 (131 Scotland) Virgin 140/HD 123 EE 350/HD 365

4seven

49

9.00am Find It, Fix It, Flog It (AD)
12 noon Four in a Bed **2.30pm** A Place in the Sun: five back-to-back editions
7.00pm **Kirstie and Phil's Love It or List It Ep 8 Series 9**. Phil Spencer reunites with Carol and Andrew from Harrogate who, in 2016, were at odds over their three-bedroom semi-detached home. Shown last Wed C4 (AD)
8.00 **Location, Location, Location** Kirstie Allsopp and Phil Spencer visit Glasgow, where two couples' budgets are stretched by their requirements. Laura and Euan seek a family home while Miriam and David have each fallen for a different house.
9.00 **Gogglebox** Opinions on *Britain's Got Talent*, *Scared of the Dark*, *Family Fortunes*, *Love Is Blind* and *Inside the Factory*. (AD)
10.00 **FILM Scream** ★★★★★ Horror sequel starring Neve Campbell, Courtney Cox and David Arquette. After 25 peaceful years in Woodsboro, another masked killer begins to terrorise the town's high-schoolers. **Review page 47**. Shown yesterday 9.20pm Channel 4 (AD)
12.20am Eight out of Ten Cats Does Countdown **1.25** I Literally Just Told You with Jimmy Carr **2.30** Open House: the Great Sex Experiment (AD) **3.30** Ramsay's Kitchen Nightmares USA **4.25-4.55am** Big Boys (AD)

4seven F'view 49 F'sat 127 Sky 137 (138 Scot) Virgin 143

Quest

12

6.00am Combat Dealers **8.00** The Woodland Workshop **9.00** Salvage Hunters **10.00** Salvage Hunters: the Restorers **11.00** Find It, Fix It, Flog It **2.00pm** The Repair Shop **3.00** The Yorkshire Auction House **4.00** The Great Antiques Challenge **5.00** Salvage Hunters: double bill. An impressive collection of antiques at an 18th-Century manor, then Johnny Vegas joins Drew on a road trip **7.00** The Woodland Workshop **8.00** Salvage Hunters **9.00** The Repair Shop **10.00** Shed and Buried: double bill **11.00** Outback Farm **12 midnight** Nasa's Unexplained Files **1.00am** Codes and Conspiracies **2.00** The Unexplained Files **4.00-5.00am** How It's Made
Quest Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 137 **+1** Freeview 70 Freesat 168 Sky 244 Virgin 337

Yesterday

27



'Allo 'Allo! 8.00pm Herr Flick is waiting for the resistance members

6.10am Fred Dibnah's Made in Britain **8.00** Narrow Escapes of World War II (AD)
12 noon Great British Railway Journeys **12.30pm** Great British Railway Journeys Goes to Ireland **3.00** Great British Railway Journeys **4.00** Bangers and Cash (AD) **5.00** Bangers and Cash: Restoring Classics (AD)
6.00pm **Bangers and Cash: Restoring Classics** The team gambles on restoring a Vanden Plas saloon from the 1970s. (AD)
7.00 Derek encourages the team to buy a Francis Barnett Plover at auction. (AD)
8.00 **'Allo 'Allo!** René and the resistance try to smuggle the airmen back to England.
8.30 René and Yvette elope aboard the night train to Switzerland, with four of General Von Klinkerhoffen's gold bars.
9.00 René bumps into Mimi, the Colonel and Gruber on the night train to Geneva.
9.35 René is on a mission at the château.
10.05 **Bangers and Cash** Derek waxes lyrical about a pristine Jaguar XJ8. (AD)
11.05 **Abandoned Engineering** Exploring the ruined site of Troy. (AD)
12.05am Bangers and Cash: Restoring Classics (AD) **1.05** Guitar Heroes at the BBC **2.05-3.00am** Smoke and Steel (AD)

Yesterday Freeview 27 Freesat 159 Sky 155 Virgin 129

+1 Sky 255 Virgin 329

Dave

19

7.15am Extreme Heights Repair Team **8.00** Gassed Up **9.00** Abandoned Engineering (AD) **11.00** Storage Hunters UK **1.00pm** Top Gear **3.30** Rick Stein's German Bite **4.00** Rick Stein's Cornwall **5.00** Border Force: America's Gatekeepers (AD)
6.00pm **Border Force: America's Gatekeepers** A Cuban woman hopes to be granted political asylum in America. (AD)
7.00 **New. Special Ops: Crime Squad UK** Gwent Police tackle the deadly impact of drugs on their community. (AD)
8.00 **QI XL** Nish Kumar, Holly Walsh and Cariad Lloyd take part in the comedy panel quiz.
9.00 **Have I Got a Bit More News for You** Mel Giedroyc hosts the satirical quiz.
10.00 **QI XL** Extended edition, with Jo Brand, Bill Bailey and James Acaster.
10.40 **Mock the Week** Dara O Briain hosts, with guests Maisie Adam, Ed Byrne, Larry Dean, Ed Gamble and Tiff Stevenson.
11.20 With Tom Allen, Angela Barnes, Ed Byrne, Sophie Duker and Milton Jones.
12 midnight Live at the Apollo: with Danny Bhoj, Miles Jupp and Lee Nelson **1.00am** Red Dwarf **3.15-4.00am** Have I Got a Bit More News for You **3.15-4.00am** Richard Osman's House of Games

Dave F'view 19 F'sat 157 Sky 111 (112 Wales) Virgin HD 127

Dave **Ja Vu** Freeview 57 Sky 211 (212 Wales) Virgin 327

Sky Mix

11

6.00am Border Patrol (AD) **7.30** Monkey Life **8.00** Let's Game: World Builders **8.20** Silly Animals **8.50** Super Sema **9.00** Monkey Life **9.30** Highway Patrol **11.00** 999 Frontline **12 noon** Neighbourhood Blues: art galleries in Bath are inundated with Nazi-themed hate mail **1.00pm** Caught Red Handed **3.00** Border Security: Canada's Front Line **5.00** Highway Cops **6.00** Motorway Patrol: double bill. An angry woman breaks the law but demands police help her, then a taxi driver dumps his passengers on the motorway **7.00** Brit Cops: Rapid Response (AD) **9.00** Caught on Dashcam **10.00** **FILM** Bad Boys ★★★★★ Prison drama starring Sean Penn (W)
12.20am Mark of a Serial Killer: a killer who leaves a mark that renders his victims almost unrecognisable **1.10** New York Homicide (AD) **2.00** Motorway Patrol: four editions **4.00-6.00am** Border Patrol: four editions (AD)
Sky Mix Freeview 11 Freesat 144 Sky 151 Virgin 135

5 USA

21

9.00am Entertainment News **9.10** Columbo **11.15** Jesse Stone: Innocent's Lost: Detective thriller starring Tom Selleck. The now retired police chief continues his own investigation into the death of a teenage girl **1.00pm** NCIS **4.55** Entertainment News **5.00** NCIS: five episodes. Series 9. A coastguard officer is found dead **6.00** A lieutenant dies of overhydration **7.00** A Homeland Security employee goes missing **8.00** An aircraft carrying dead US marines crashes **9.00** Series 20. McGee's personal and professional lives intersect **10.00** Law & Order: Special Victims Unit **1.50am** Law & Order: Criminal Intent **3.35-4.00am** Criminals: Caught on Camera: Nick Wallis joins the Met's robbery squads (AD)

5 USA F'view 21 F'sat 129 Sky 141 Virgin 120 (162 Scot) **+1** Freesat 130 Sky 241 Virgin 320

5 Star

32

8.00am Nightmare Tenants, Slum Landlords **1.00pm** Traffic Cops **5.00pm** **Police Interceptors** Dog handler Duncan attends a midnight stand-off.
6.00 A driver is so drunk that he cannot understand the word "blow".
7.00 The officers chase down two separate runaways using wildly different tactics.
8.00 Dan and Tom attempt to arrest a driver who is four times over the limit.
9.00 **FILM The Hangover** ★★★★★ Comedy starring Bradley Cooper, Zach Galifianakis and Ed Helms. Three friends wake up in a wrecked Vegas hotel room following a stag night for their friend. As the day progresses the wild events of the night before fall into place.
11.15 **FILM Deep Blue Sea** ★★★★★ Sci-fi action thriller starring Saffron Burrows. Things do not go according to plan when a doctor experimenting with the genetic makeup of sharks' brain tissue stages a demonstration.
1.20am Cold Case Killers: the killer of Sally McGrath **2.20** Casualty 24/7: Every Second Counts (AD) **3.10-4.00am** GPs: behind Closed Doors (AD)

5 Star Freeview 32 Freesat 131 Sky 128 (129 Scotland) Virgin 126 **+1** Freesat 141 Sky 228 (229 Scot) Virgin 326

5 Action

33

9.00am Criminals: Caught on Camera (AD) **9.25** Trucking Heavy **10.30** Trucking Hell (AD) **12.30pm** Motorway Cops: Catching Britain's Speeders **2.35** **FILM** Sitting Bull ★★★★★ Western starring Dale Robertson **4.45** **FILM** Attack on the Iron Coast ★★★★★ Second World War drama starring Lloyd Bridges **6.35pm** **FILM Stargate** ★★★★★ Sci-fi adventure starring Kurt Russell and James Spader. An Egyptologist is asked to join a US Government project when the top brass suspect a structure discovered by archaeologists near one of the pyramids could be a teleportation device.
9.00 **FILM The Dirty Dozen** ★★★★★ Second World War adventure starring Lee Marvin and Ernest Borgnine. Major Reisman's mission to lead a covert operation behind enemy lines and destroy a specified target is a tough one, especially when his team is to be made up of 12 prisoners convicted for murder, robbery and other violent crimes.
12.05am **FILM** Texas Rangers ★★★★★ Western adventure **1.55** Traffic Cops **2.55** Police: Night Shift 999 **3.50-4.00am** Entertainment News

5 Action Freeview 33 Freesat 132 Sky 150 Virgin 130

5 Select

46

9.00am The Yorkshire Vet **11.00** Columbo: four episodes of the crime drama
7.00pm **Columbo** The detective draws on his broad palette of experience to gather evidence against a famous painter who killed his ex-wife.
9.00 **Captain Tom: Where Did the Money Go?** An investigation into money raised from the sale of Tom Moore's books, asking if much of it went to his family rather than to charity.
10.30 **When 80s TV Goes Horribly Wrong** Anita Dobson narrates this look back at some disastrous 1980s TV moments, including a Halloween stunt that went wrong for Paul Daniels and Des O'Connor's bite on the nose from Elaine Paige's pooch.
12.35am Britain's Favourite 70s Sitcoms **1.35** King Charles: His Mother's Son **3.00** The Royal High Street: Where the King Shops **3.50-4.00am** Entertainment News

5 Select F'view (HD only) 46 F'sat 133 Sky 153 Virgin 138

FREEVIEW TV and film channels continue overleaf

SUNDAY Freeview & films

W 25



Stacey Dooley Sleeps Over USA 9.00pm Gun lovers

6.10am Tipping Point **1.00pm** My Family (AD) **5.00** Miranda (AD)

6.20pm **Miranda** A fed-up Miranda packs her bags to go travelling – this time for good. (AD)

7.00 **999 Rescue Squad** A horse rider is hit by a car, leaving both her and her horse with serious injuries.

8.00 **Inside the Operating Theatre** A patient has keyhole surgery to repair his hernia. (AD)

9.00 **Stacey Dooley Sleeps Over USA** Stacey meets nine-year-old Autumn, who owns 36 guns. (AD)

10.00 **Katherine Ryan: Parental Guidance** Comedian and mother-of-three Katherine Ryan explores outside-the-box parenting ideas. (AD)

11.00 **Life and Birth** A baby born eight weeks prematurely needs emergency heart surgery.

12.20am **One Born Every Minute** **1.30** Emma Willis: Delivering Babies (AD) **2.20–3.00am** **Inside the Ambulance**: a man has collapsed

W F'view 25 F'sat 156 Sky 132 (133 Scotland) **Virgin 125 +1** Sky 232 (233 Scotland) **Virgin 325**

HGTV 44

7.00am My Lottery Dream Home **10.00** Escape to the Country (AD)

3.00pm A Place in the Sun **6.00pm** A Place in the Sun: seven editions. Jasmine Harman helps a couple move to the northern Costa Blanca **7.00** A woman seeks a new home on Florida's Gold Coast **8.00**

A music therapist looks for a holiday home on Crete **9.00** Finding a holiday home in the Caribbean **10.00** A couple of history enthusiasts seek a home in Normandy **11.00** Danni Menzies helps a London couple find the perfect holiday home on the Caribbean island of St Lucia for a budget of £175,000 **12 midnight**

Searching for a retirement home in the Dordogne region of France **1.00–4.00am** Bargain Mansions (AD)

HGTV F'view 44 F'sat 166 Sky 158 Virgin 191 +1 Sky 258 Virgin 391

London Live 8

Available in London area only. Other regional stations are available on Freeview 7 or 8

6.00am London's Weekend **7.00** The Avengers (BW) **9.30** A Bit of a Do **10.45** Auction **11.15** **FILM** It Always Rains on Sunday ★★★★★ (BW) **1.05pm** **FILM** A Private Enterprise ★★ **2.35** **FILM** The Painted Smile ★ **3.50** **FILM** A Canterbury Tale ★★★★★ (BW)

6.20pm London Districts **6.30** Tabernacle Choir: Music and Words **7.00** Posh Pawn **8.00** Raiders of the Lost Art **9.00** The Firm **10.30** **FILM** Cul-de-Sac ★★★★★ (BW)

12.45am **FILM** Telstar: the Joe Meek Story ★★★★★ **3.15** Secrets of London with Mark Monroe **3.30** News Rewind **5.00–6.00am** Talking Points

London Live F'view 8 Sky 117 Virgin HD 159

FREEVIEW channels continued from overleaf

Food Network 43



Mary Berry's Quick Cooking 8.00pm Moroccan dishes

6.00am Diners, Drive-Ins and Dives **8.00** Duff Takes the Cake **10.00** Rachel Allen's Cake Diaries **12 noon** Tom Kerridge More Sunday Lunch **12.30pm** Tom Kerridge's Sunday Lunch **1.00** James Martin's French Adventure: double bill (AD)

3.00 The Great British Bake Off **6.00pm** The Great British Bake Off: double bill. The bakers get to grips with chocolate, then battle it out in the series final **8.00** Mary Berry's Quick Cooking: double bill. Mary heads to Marrakesh in Morocco, then helps in the kitchen of Royal Navy destroyer HMS Defender **9.00** James Martin's French Adventure: the travelling chef explores the cuisine of the Dordogne region and hunts for black truffles **10.00** Roux down the River: in Henley, Michel visits a local butcher **11.00** Guy's Grocery Games: double bill. Talented young chefs compete in this special edition, then chefs from Guy's winning season of Food Network Star reunite ten years on

1.00am Diners, Drive-Ins and Dives **2.00–3.00am** Buddy vs Duff

Food Network F'view 43 F'sat 148 Sky 140 (141 Scot) **Virgin 190 +1** F'sat 149 Sky 240 (241 Scot)

Great TV 50

8.00am Highway to Heaven: triple bill **11.00** Murder, She Wrote

6.00pm Murder, She Wrote: three episodes. Jessica's friend becomes a murder suspect **7.00** A body is found in Jessica's home **8.00** A British agent takes over a case **9.00** An Aurora Teagarden Mystery: Til Death Do Us Part **10.50** Aurora Teagarden Mysteries: Heist and Seek **12.40am** Castle **1.40** Movie News **1.50** Castle **2.50** Movie News **3.00** The Persuaders! **3.50** Movie News **4.00** Highway to Heaven **4.50–5.00am** Movie News

Great TV Freeview 50 (limited) **Freesat** 142 Sky 157 Virgin 170 +1 **Freesat** 143 Sky 257

True Crime Xtra 68

9.00am Murder by the Sea **11.00** Murder Wall **12 noon** Murder: Fight for the Truth **2.00pm** Medical Detectives: six editions. A boy is murdered **2.30** A water-borne epidemic **3.00** A killer is caught **3.30** A letter bombs case **4.00** Reopening a murder case **4.30** A baby is found **5.00** Judge Judy **12.05am** World's Most Unexplained **1.00** Psychic Private Eyes **4.00** Something's Killing Me **4.50** World's Most Unexplained **5.10–6.00am** Medical Detectives: double bill

True Crime Xtra Freeview 68 **Freesat** 134 Sky 147 Virgin 172

BBC Parliament 232

6.00am Westminster Hall **11.00** House of Lords **12.30pm** Scottish Parliament **1.30** Senedd Cymru **2.30** House of Commons **3.05** House of Lords **3.40** PMQs **4.15** Scottish PMQs **5.00** Welsh PMQs **6.00** Select Committees **12.00am** Transport Questions **1.10** Women and Equalities Questions **1.40** Treasury Questions **2.40** Work and Pensions Questions **3.40** Welsh PMQs **4.40** Scottish PMQs **5.25–6.00am** PMQs

BBC Parliament Freeview 232 **Freesat** 201 Sky 504 Virgin 605

PBS America 84



From Hell to Hollywood 10.00pm A profile of Nick Ut

8.00am Beautiful Serengeti **8.45** A Cold War of Spies **1.00pm** Beautiful Serengeti **1.30** Surrender on the USS Missouri **2.45** From Hell to Hollywood **4.45** A Cold War of Spies

6.50pm **A Cold War of Spies** **3/4**. Delving into the 1960s and the imbalance between US and Soviet missiles, and tensions rise as the risk of mutually assured destruction becomes real. **7.55** **4/4**. At the close of WWII, the West views Stalin's government as a threat to democracy.

8.55 **Vietnam: the Girl in the Picture** The story behind Nick Ut's famous photograph of nine-year-old Kim Phuc, that contributed to overturning global opinion about the Vietnam War.

10.00 **From Hell to Hollywood** The story of Pulitzer Prize-winning Associated Press photographer Nick Ut, famed for his 1972 image in Vietnam, *The Terror of War*.

12 midnight **Vietnam: the Girl in the Picture** **1.10–2.00am** **Beautiful Serengeti**: a look at migration

PBS America F'view 84 (1pm-12 midnight only) **Freesat** 155 Sky 174 Virgin 187

Blaze 64

6.00am Strange Evidence **8.00** Craig Charles: UFO Conspiracies **9.00** Alien Files: Unsealed **10.00** UFO Hunters **11.00** Alien Files Reopened **12 noon** Ancient Superstructures **2.00pm** Lost Gold of World War II **5.00** Custer: the Final Mystery: triple bill. Efforts to solve the last great mystery of the Battle of the Little Bighorn **6.00** The weapons stripped from Custer's soldiers after the battle **7.00** A Custer-era bullet is unearthed near the battlefield **8.00** Deadman's Curse **9.00** **New**. Secret Restoration **10.00** **New series**. Mega Disasters: the possibility a single asteroid once killed most life on Earth **11.00** Secrets in the Jungle **12 midnight** Secrets in the Ice **1.00am** What on Earth? **2.00** Lost Gold of World War II **5.00–6.00am** Hardcore Pawn

Blaze F'view 64 F'sat 162 Sky 164 Virgin 174

Challenge 48

7.00am Scrapheap Challenge **10.00** The Crystal Maze (AD) **11.00** Play Your Cards Right (AD) **12 noon** Dickinson's Real Deal **1.00pm** Lily Savage's Blankety Blank: triple bill of the comedy quiz show **3.00** Cash Trapped: quiz hosted by Bradley Walsh, in which six contestants try to trap one another out of the game, before one goes up against the rest for a cash prize **5.00** Tenable: double bill, featuring five members of a Solihull cricket club, followed by a family team from Lincoln **7.00** The Chase **9.00** The Chase Celebrity Special: Colin Baker, David Weir, Chelsea Healey and Alex Horne answer general knowledge questions to secure a cash prize for charity **10.00** The Chase **4.00am** The Chase Celebrity Special **5.00–6.00am** The Chase

Challenge Freeview 48 **Freesat** 146 Sky 145 Virgin 139

CHILDREN'S

Milkshake! on C5

5.35am Fireman Sam **5.45** Paw Patrol **6.00** Peppa Pig **6.05** Blue's Clues & You **6.25** Sesame Street

Mecha Builders **6.40** Fireman Sam **6.50** Thomas & Friends: Big World! Big Adventures! **7.00** Chip and Potato **7.15** Peppa Pig **7.25** The Adventures of Paddington **7.40** Paw Patrol

8.00 **New**. Rubble & Crew **8.15** Mixmups **8.30** Ben and Holly's Little Kingdom **8.45** Pip and Posy **9.00** Meet the Experts **9.15** Mimi's World **9.25–9.50am** Dora the Explorer

Full listings for Channel 5 are on p54

CBeebies 202

6.00am Show Me Show Me **6.20** Bing **6.30** Supertato **6.40** Chuggington **6.50** Go Jetters **7.00** Postman Pat: SDS **7.15** Bing **7.35** Hey Duggee **7.50** Go Jetters **8.00** Peter Rabbit **8.15** Octonauts: Above & Beyond **8.25** Vida the Vet **8.35** Chuggington **8.50** The Furchester Hotel **9.00** Something Special **9.20** Bluey **9.35** Hey Duggee **9.50** Supertato **10.00** Spidey and His Amazing Friends **10.25** Vida the Vet **10.35** Swashbuckle **11.00** The Game Catchers **11.05** Love Monster **11.15** Vegosaurs **11.20** Kiri & Lou **11.25** Colourblocks **11.30** Ranger Hamza's Eco Quest **11.45** Dog Squad **11.55** Patchwork Pals **12 noon** My World Kitchen **12.15pm** I Can Do It, You Can Too **12.30** Hey Duggee **12.45** Octonauts **1.00** Bitz & Bob **1.10** Love Monster **1.25** Go Jetters **1.40** Messy Goes to OKIDO **1.50** Dog Loves Books **1.55** Roots and Fruits **2.00** Something Special: We're All Friends **2.25** Ranger Hamza's Eco Quest **2.40** Biff and Chip **2.50** Roots and Fruits **2.55** The Game Catchers **3.05** Supertato **3.10** JoJo & Gran Gran **3.20** Dog Squad **3.35** Gigglebizz **3.50** Numberblocks **4.00** Magic Hands **4.10** Treasure Champs **4.25** Octonauts **4.35** Yukee **4.40** Bluey **4.50** Vida the Vet **5.00** Dog Squad **5.15** Ranger Hamza's Eco Quest **5.20** Minis **5.20** Biff and Chip **5.30** JoJo & Gran Gran **5.45** Sarah & Duck **5.50** Charlie and Lola **6.05** Tee and Mo **6.10** Clangers **6.20** In the Night Garden... **6.50–7.00pm** Bedtime Stories

CBeebies F'view 202 F'sat 608 Sky 608 Virgin 702

CBBC 201

7.00am Shaun the Sheep **7.05** Sketchy Comedy **7.10** Danger Mouse **7.20** Dennis & Gnasher Unleashed! **7.30** Boy Girl Dog Cat Mouse Cheese **7.45** **New**. Newsround **7.50** Ninja Express **8.00** Odd Squad **8.15** Oswald **8.25** Grizzly and the Lemmings **8.35** Transformers EarthSpark **9.00** Blue Peter **9.30** Style It Out **10.25** Blue Planet II **11.25** Danger Mouse **11.40** Dennis & Gnasher Unleashed! **11.50** Total Dramarama **12 noon** Sketchy Comedy **12.05pm** Andy's Prehistoric Adventures **12.20** The Football Academy **12.45** Deadly Mission Shark **1.15** Horrible Histories **1.45** Danger Mouse **2.20** Monster Loving Maniacs **2.55** Ooglies Funsize **3.00** Shaun the Sheep **3.15** Grizzly and the Lemmings **3.40** Operation Ouch! **4.05** **New**. Theodosia: two episodes **4.55** What's Cooking Omar? **5.05** Bro's in Control **5.30** Meet the McQueens **5.45** Malory Towers **6.10** The Next Step **6.35–7.00pm** Transformers EarthSpark

CBBC F'view 201 F'sat 607 Sky 607 Virgin 701

ITV Kids

Streamed on ITVX Kids, plus on ITV2 6am–9.00 and on ITVBe 9am to 12 noon

ITV2

6.00am Craig of the Creek **6.15** DC Super Hero Girls **6.25** Teen Titans Go! **6.50** Looney Tunes Cartoons **7.05** Dodo: it's Halloween and Joe is terrified **7.30–9.00am** Big Top Scooby-Doo!

ITVBe

9.00am Chloe's Closet **9.15** Lily's Driftwood Bay **9.25** Mumfie **9.35** The Hive **9.45** Claude **10.00** Oddbods **10.10** Happy the Hoglet **10.20** The Sound Collector **10.25** Sooty **10.40** Pingu in the City **10.50** Bob the Builder **11.20** Teletubbies Let's Go **11.30** Bugs Bunny Builders **11.45** Momolu & Friends **11.55–12 noon** Athletics

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FILMS

Film4 14

11.00am **Dr Who and the Daleks** ★★★★★ Entertaining first big-screen outing for the BBC sci-fi TV series, with Peter Cushing as the Doctor. **Review**, p107. (1965, U) (S) (AD)

12.45pm **How to Train Your Dragon** ★★★★★ A teenage Viking befriends a dragon in this constantly amusing animated adventure. Jay Baruchel (2010, PG) (S) (AD)

2.40 **Percy Jackson & the Lightning Thief** ★★★★★ Entertaining fantasy in which a modern-day teenager learns he's the son of a Greek god. Logan Lerman (2010, PG) (S) (AD)

4.55 **Local Hero** ★★★★★ An American oil executive is charmed by a Scottish village in this warm comedy drama from Bill Forsyth. Peter Riegert (1983, PG) (S) (AD)

7.10pm **Jerry & Marge Go Large** ★★★★★ Good-natured comedy drama based on the true story of an American couple who used their lottery winnings to help their community. Bryan Cranston (2022, 12) (S)

9.00 **Jack Reacher** ★★★★★ Tom Cruise plays the maverick ex-military cop in this brash action yarn. Rosamund Pike (2012, 15) (S) (AD)

11.40 **The Big Man** ★★★★★ Ham-fisted boxing drama about a miner who becomes a bare-knuckle fighter. Liam Neeson (1990, 15) (S)

2.00–4.00am **The Farewell** ★★★★★ Moving comedy about a family who pretend their ailing matriarch is fine. Awkwafina (2019, PG) (S)

Film4 Freeview 14 **Freesat** 300 Sky 313 Virgin 428 +1 F'view 47 F'sat 301 Sky 314 Virgin 430

Talking Pictures TV 82

6.00am **Mutiny** ★★ Seafaring adventure about a ship involved in the American War of Independence. Mark Stevens, Angela Lansbury (1952, U) (S) **7.35** **Four Star Theatre** TV drama. **8.05** **I Lived with You** ★★ Ivor Novello oozes charm in this passable but rather flat romcom. (1933, U) (S) **10.00** **One Step Beyond** TV horror. (S) **10.35** **Gorgo** ★★★★★ London gets trampled in this hugely derivative but eminently enjoyable monster movie. Bill Travers (1961, PG) **12.10pm** **The Prisoner of Shark Island** ★★★★★ Thoughtful drama in which Warner Baxter's dedicated doctor is imprisoned for treason. (1936, U) (S) **2.00** **The Adventures of Robin Hood** TV drama. (S) **2.30** **The Weaker Sex** ★★ Sentimental wartime drama about the home front. Ursula Jeans (1948, U) (S) **4.30** **Out of Town** Documentary. (S) **5.00** **The Footage Detectives** Archive clips. (S) **6.00pm** **Tell Me Another** Celebrity anecdotes. (S) **6.30** **Campbell's Kingdom** ★★ Dirk Bogarde defends his land in Canada. Stanley Baker, Michael Craig (1957, U) (S) **8.30** **A Lifetime Ago with The Baim Collection** Film clips. **9.00** **Manhunt** TV war drama. (S) **10.05** **Black Tuesday** ★★★★★ Ferocious crime flick in which a convict escapes from death row. **Review** p97. Edward G Robinson (1954, 18) **11.45** **Vanishing Point** ★★★★★ Cult road movie that's heavily influenced by *Easy Rider*. Barry Newman (1971, 18) (S) **2.00am** **The Main Chance** TV drama. **3.00** **The Heritage Chart Show with Mike Read** Music show. **4.00** **Sheepdog of the Hills** ★★★★★ Quaint rural soap opera. David Farrar (1941, U) (S) **5.30** **3.00–6.00am** **Walter The Sleuth** 1927 comedy short. **Talking Pictures TV** Freeview 82 **Freesat** 306 Sky 328 Virgin 445

FILM REVIEWS


FILM OF THE DAY
Aftersun ★★★★★ 10.00-11.35pm **BBC2** (starts 11.15pm in N Ireland) **12**

DRAMA Scottish writer-director Charlotte Wells made a Bafta-winning feature debut with this intimate drama. The story plays out in flashbacks and home-video footage, as a woman reflects on her last holiday with her dad. Over the course of a week at a resort in Turkey, 11-year-old Sophie (Frankie Corio) and her father Calum (Paul Mescal) spend quality time together, but tragedy looms. Events transpire at an unhurried pace, but the film leaves a lasting impression, and both Mescal (*All of Us Strangers*) and Corio are phenomenal. **MAX COPEMAN** (UK/US 2022, swearing, sexual references, HD)

The Horse Whisperer

★★★★★ 2.20-5.45pm **PG**

ROMANCE Robert Redford directed himself for the first time in this tale of a Montana cowboy who heals horses. Love beckons with the arrival of Kristin Scott Thomas, whose daughter and horse have both been disabled in an accident. Will the romance last? While the film is too long, the scenery looks stunning. **ADRIAN TURNER** (US 1998, may be edited for language)

Zootropolis ★★★★★

2.50-4.30pm **BBC1** (not in Scotland) **PG**

COMEDY Set in a world of talking animals, this Disney animation also acts as a sly commentary on cultural sensitivity. Ginnifer Goodwin voices the bunny police officer who teams up with a wily fox (Jason Bateman) to solve a spate of missing animal cases. *Zootropolis* is packed with sight gags and the smart script brims with zingers. **WENDY IDE** (US 2016, HD)

Sister Act 2: Back in the Habit ★★★★★

4.05-6.15pm **C4** **PG**

COMEDY Whoopi Goldberg's cabaret singer dons her nun's habit once again, this time to teach music at a run-down high school. The story's

Sex and the City: the Movie ★★★★★

9.00-11.55pm **ITVBe** **15**

ROMCOM New York "sexpert" Carrie Bradshaw (Sarah Jessica Parker) and her pals make the leap to the big screen following the end of their iconic TV show. The story sees Mr Big (Chris Noth) finally propose, only for Carrie to question if that's what she really wants. Fans will relish the saucy shenanigans and colourful dialogue.

STELLA PAPAMICHAEL (US 2008, swearing, sex scenes, HD)

Selma ★★★★★

11.30pm-1.30am **BBC1** (starts 12.30am in Scotland) **12**

DRAMA This sweepingly staged history lesson focuses on the three marches Dr Martin Luther King led in 1965 from Selma, Alabama, to demand equal voting rights for blacks. David Oyelowo gives a stirring performance as King, and the film's overall sense of righteous anger is palpable.

ANDREW COLLINS (UK/US 2014, violence, swearing, racist language, HD)

The Falling ★★★★★

11.35pm-1.10am **BBC2** (not in N Ireland) **15**

THRILLER This dreamy film is set in a strict English girls' school in 1969, where a group of students falls under the spell of teenager Florence Pugh. When a tragedy occurs, it triggers a fainting epidemic among the pupils. Writer/director Carol Morley conjures a bewitching and immersive atmosphere that's reminiscent of 1975 classic *Picnic at Hanging Rock*. **EMMA SIMMONDS** (UK 2014, sex scenes, HD)

Sky Cinema picks

Frost/Nixon ★★★★★ 5.55-8.00pm **Sky British Icons** The ex-president is given a grilling on camera. (2008, 15) Sky 304; Virgin 404; BT 504/518

Blackhat ★★

8.00-10.25pm **Sky Thriller** Hacker Chris Hemsworth takes on cyber-terrorism. (2015, 15) Sky 309; Virgin 409; BT 509/523

Beau Is Afraid ★★★★★

10.35pm-1.35am **Sky Drama** Joaquin Phoenix's misfit sets out to visit his mother. (2023, 15) Sky 310; Virgin 410; BT 510/524

Films to stream from p32 Netflix, Amazon, Disney+ and more

Great Movies **34**

9.00 My Mother's Killer Boyfriend ★★ Has she fallen for a monster? Amber Goldfarb (2019) **10.45 The Stranger Inside** ★★ Dying for a baby. Sofia Milos (2016) **12.30pm Family of Lies** ★★ Siblings are being stalked when they move to a new town. (2017) **2.20 The Horse Whisperer** ★★ Cowboy Robert Redford cures traumatised horses. **Review, right.** (1998, PG) **5.45pm Australia** ★★ Visually stunning but overambitious romantic epic set at the start of the Second World War. Nicole Kidman (2008, 12) **9.00 The Expendables** ★★ Sylvester Stallone and his veteran mercenaries are hired to overthrow a ruthless Latin dictator. (2010, 18) **11.15 Born to Raise Hell** ★★ Clichéd thriller about an Interpol agent out to get the gangster who murdered his partner. Steven Seagal (2010, 18) **1.20am Dear Diary, I Died** ★★ Was her sister's death really suicide? Whitney Rose Pynn, Nicole Coulon (2016) **3.20 Wild West Chronicles 4.00-5.40am Betrayed by Lies** ★★ Convoluted crime drama. Amy Nuttall, Daniel Lapaine (2018) **Great Movies** Freeview 34 Freesat 302 Sky 321 Virgin 425 **+1 Freeview** 61 (limited 10pm-5am) **Sky** 322

Great Action **42**

8.00am The West Wall 9.20 Luftwaffe: the Eagle Strikes 10.45 Operation Cross Eagles ★★ Rescue from a Nazi fortress. Richard Conte (1968) **12.30pm The First of the Few** ★★★★★ The man who designed the Spitfire. Leslie Howard, David Niven (1942, U) **3.00 Depth Charge** ★★ Mediocre submarine thriller. Eric Roberts (2008) **4.45 The Return of the Soldier** ★★★★★ Costume drama with a strong cast. Alan Bates, Ann-Margret (1982, PG) **6.55pm Bitter Victory** ★★ Taut and fraught war drama about an assault on Rommel's HQ. Richard Burton, Curt Jurgens (1957, PG) **9.00 Disturbing the Peace** ★ Small-town marshal Guy Pearce battles an outlaw biker gang. (2020, 15) **10.50 Hard Luck** ★★ Violent thriller about a former con dragged back into a life of crime. Wesley Snipes, Cybill Shepherd, Jacquelyn Quinones (2006, 18) **12.55am Resident Evil: Apocalypse** ★ Limp sci-fi action horror. Milla Jovovich, Sienna Guillory, Oded Fehr (2004, 15) **2.50 Battle Honours 4.00-5.00am Battle for the Bulge** **Great Action** Freeview 42 (limited) F'sat 305 Sky 323 Virgin 426 **+1 Sky** 324

Great Romance **52**

8.00am Love Map ★★ A bumpy road to romance. Ashley Bratcher (2021) **10.00 Sun, Sand & Romance** ★★ Can you live with a workaholic? Tricia Helfer (2017) **12 noon A Honeymoon to Remember** ★★ A jilted bride needs a break. Rebecca Dalton (2021) **2.00pm Sealed with a Kiss** ★★ Will a country star follow his heart? Jesse Metcalfe (2015) **4.00 Bridal Wave** ★★ Which one is Mr Right? Anielle Kebbel (2015) **6.00pm Love on Harbor Island** ★★ Light romance about a designer who meets a hunky pilot. Morgan Kohan, Marcus Rosner (2020) **8.00 Love Knots** ★★ Love is on the horizon for a sail-maker and the architect who designed a new marina. Brooke Williams, Matthew Walker (2021) **10.00 A Wish Come True** ★★ A witty premise elevates this fun if formulaic romcom. Megan Park (2015) **12.05am Meet Me in New York** ★★ She didn't plan to fall for the client. Brooke Nevin (2022) **2.00 Highway to Heaven 3.10-5.00am Frozen in Love** ★★ Nicely acted romance. (2018) **Great Romance** Freeview 52 Freesat 303 Sky 319 Virgin 424 **+1 F'view** 63 (limited 10pm-5am) F'sat 304 Sky 320

Sky Premiere

6.00am Sky Cinema Preview 7.00 As 12.35pm 8.50 Hypnotic ★★★★★ Mind-bending sci-fi with Ben Affleck as a cop whose grasp on reality slips. (2023, 15) **10.35 As 6.05pm 12.35pm Ruby Gillman, Teenage Kraken** ★★★★★ Warm animated adventure about a girl who turns into a sea beast. **Review p38.** Lana Condor (2023, PG) **2.20 57 Seconds** ★★ Nicely twisty sci-fi thriller. Josh Hutcherson (2023) **4.10 Insidious: the Red Door** ★★ Scare-free horror mystery. Patrick Wilson (2023, 15) **6.05pm The Bricklayer** ★★ Lively action flick about an ex-CIA man helping to take down a rogue agent. **Review p38.** Aaron Eckhart (2023) **8.00 Transformers: Rise of the Beasts** ★★ Noisy sci-fi action adventure. Anthony Ramos (2023, 12) **10.10 2 Desperation Road** ★★ Moody thriller in which a single mother and an ex-con search for redemption. Garrett Hedlund (2023, 18) **12.10am As 8.50am 2.00 Soft & Quiet** ★★★★★ Taut horror thriller. Stefanie Estes (2022, 18) **3.45 King of Killers** ★★ Corny action thriller. Alain Moussi (2023, 15) **5.30 Sky Cinema Preview** **Sky Premiere** Sky 301 Virgin 401 **EE** 501/HD 515 **+1 Sky** 312

Legend **41**

7.00am World's Most Unexplained **8.00 Super Cyclone** ★★ The storm to end all storms. Ming-Na, Nicholas Turturro (2012) **10.00 Star Trek: Deep Space Nine** five episodes **3.00pm Crack in the World** ★★ Modest sci-fi thriller. Dana Andrews, Janette Scott, (1964, U) **4.55 Island of Terror** ★★ Chiller cheapie with a macabre sense of humour. Peter Cushing (1966, PG) **6.40pm Duel** ★★★★★ A motorist is menaced by an oil truck in Steven Spielberg's brilliantly effective thriller. Dennis Weaver (1971, PG) **8.30 The Twilight Zone** TV sci-fi. **9.00 The Gorgon** ★★★★★ Underrated horror in which a man is possessed by a creature from Greek mythology. Peter Cushing (1964, 12) **10.40 The Black Torment** ★★ Intriguing enough gothic horror about a nobleman who thinks he is losing his mind. John Turner (1964, 12) **12.25am Mindscape** ★★ Can psychic Mark Strong help a struggling teenager? (2013, 15) **2.20-4.30am Redcon-1** ★★ Splattery, occasionally fun zombie thriller. Oris Erhuero, Carlos Gallardo, Mark Strange (2018, 18) **Legend F'view** 41 F'sat 137 Sky 148 Virgin 149

Legend Xtra **69**

6.00am Bone Eater ★★ Bruce Boxleitner and a cast of has-beens are terrorised by an unconvincing skeletal demon. William Katt (2007) **8.00 Stormageddon** ★★ A super-computer goes rogue in this low-budget eco-disaster tale. John Hennigan, Eve Mauro, Joseph Gatt (2015, 12) **10.00 Earthfall** ★★ Humdrum low-budget disaster movie in which a rogue planet twists the Earth on its axis. Pressly Coker, Raffaello Degrootola, Jeff Doucette (2014) **12 noon The Gambler Returns: the Luck of the Draw** two-part TV western with Kenny Rogers **4.00pm The Six Million Dollar Man** TV sci-fi series starring Lee Majors and Richard Anderson. **9.00 Buried** ★★★★★ Teeth-clenching thriller starring an impressive Ryan Reynolds as a man who wakes up six feet under. Robert Paterson, José Luis García Pérez (2009, 15) **10.55 The Outsider** ★★ Far-fetched *Taken*-style action flick about a mercenary out to rescue his daughter in L.A. Craig Fairbrass (2014, 15) **1.00-3.00am Buried** As 9pm **Legend Xtra F'view** 69 F'sat 138 Sky 317 Virgin 171 **+1 F'sat** 139 Sky 318 Virgin 371

Sky Showcase



Super Bowl LVIII 10.00pm The showpiece match in Las Vegas

6.00am Trolls: Trollstopia (AD)
6.25 Abominable and the Invisible City (AD) **7.15** Silly Pets (AD) **7.30** The Brilliant World of Tom Gates (AD) **8.00** Monkey Life (AD) **8.30** **LIVE** Sunday Morning with Trevor Phillips **10.00** The Office US

12 noon Great Barrier Reef with David Attenborough **3.00pm** **FILM** Miss Potter ★★★ Biographical period drama starring Renée Zellweger (w) **5.00** The Simpsons

6.00pm **The Simpsons** Marge and Homer go on a second honeymoon.

6.30 Marge writes a novel.

7.00 Homer becomes the owner of the power plant.

7.30 **New.** After a bad birthday present breaks her heart, Bart and Lisa delve into Marge's past.

8.00 **An Idiot Abroad** 7/8 Series 1. Karl Pilkington visits Machu Picchu in Peru.

9.00 **New.** **Magnum P.I.** 16/20 Series 5. Thomas and Higgins assist an Amish teenager.

10.00 **LIVE** **Super Bowl LVIII**

San Francisco 49ers v Kansas City Chiefs Coverage of the showpiece match from Allegiant Stadium in Las Vegas (kick-off 11.30). **Sport:** page 29

3.30am The Office US **3.55** Road Wars **4.20-6.00am** Nothing to Declare: four editions

Sky Showcase Sky 106 Virgin 109

EE 340/HD 355 +1 Sky 206

Sky Sci-Fi

6.00am **FILM** Treasure Guards ★★ Adventure starring Anna Friel. An archaeologist teams up with a member of a secret Vatican initiative to protect a scroll thought to have been handed down by God **8.00** Home Shopping **11.00** Fact or Faked: Paranormal Files **12 noon** Merlin

5.00pm **Star Trek: Enterprise** 13/24 Series 3. The ship encounters a vessel in the Delphic Expanse that could help locate an enemy superweapon.

6.00 14/24. Archer tries to deceive Degra, creator of the Xindi superweapon, into giving away the lethal device's location.

7.00 15/24. The crew helps a dying alien and Archer tries to discover more about him.

8.00 16/24. Archer permits Dr Phlox to put all the crew members into comas to allow them to pass through a trans-dimensional disturbance unscathed.

9.00 17/24. The crew discovers a crashed Xindi-Insectoid ship, which contains a number of eggs that are ready to hatch.

10.00 **My Bloody Valentine** ★★★

Horror thriller remake starring Jensen Ackles and Jaime King. Ten years after a mining tragedy caused a damaged survivor to turn psycho, a new series of brutal slayings begins.

12 midnight SurrealEstate: double bill **2.00am** Northgate SG-1

5.00-6.00am Most Haunted

Sky Sci-Fi Sky 139 (140 Scotland) Virgin 122

EE 348/HD 363 +1 Virgin 229

Sky Atlantic



Watchmen 11.25pm Trieu tries to activate a machine

6.00am The Guest Wing (AD)

10.00 The Sopranos: five episodes

3.20pm **The Wire** 4/12 Series 2

Avon looks to strike a deal, Daniels sets up a new detail and the Greeks have a proposal for Nick and Ziggy.

4.30 5/12. Ziggy loses his prized car to some drug dealers, while Daniels sends his detail out to conduct raids on the docks.

5.35 6/12. Omar emerges from hiding to testify that Bird shot witness William Gant.

6.45 7/12. Beadie and Freamon monitor port traffic. Proposition Joe discusses a deal with Stringer.

7.55 8/12. McNulty goes on a drunken binge then gets himself assigned to Daniels and Rawls.

9.00 **True Detective: Night Country** 4/6 Series 4. When Julia's mental-health struggles resurface, Navarro takes her to a local facility.

10.15 **Band of Brothers** 8/10

Hagenau, Alsace: an Easy Company patrol is sent across a river to take enemy prisoners.

11.25 **Watchmen** 9/9. Trieu and the Kavalry both plot to steal Manhattan's powers. (AD)

12.40am In Treatment: Brooke begins to spiral **1.10** Penny Dreadful: City of Angels (AD) **2.10** Mare of Easttown (AD) **3.20** The Guest Wing (AD) **4.15-6.00am** Fish Town

Sky Atlantic Sky 108 (109 Wales)

EE 342/HD 357 +1 Sky 208 (209 Wales)

Sky Witness

6.00am Bondi Rescue **8.30** Border Patrol **11.00** The Real A&E

12 noon Sun, Sea and A&E **1.00pm** Stop, Search, Seize (AD) **2.00** Nothing to Declare: eight editions

6.00pm **Nothing to Declare**

The quarantine department finds an animal's head in the mail.

6.30 An aggressive passenger turns nasty, forcing drastic action.

7.00 A passenger's mystery bag contains a massive concealment.

7.30 A nervous passenger is suspected of carrying narcotics.

8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9.00 **Fire Country** 3/22 Series 1

The crew responds to a call in a remote forest and come under fire by an outlaw protecting an illegal marijuana farm.

10.00 **Blue Bloods** 4/20 Series 12

Jamie faces backlash from fellow officers when he partners with Erin and Anthony to investigate an underground bar used by the NYPD and FDNY to hide their criminal indiscretions. (AD)

11.00 **Law & Order: Special Victims Unit** 4/22 Series 24. A home invasion and kidnapping leads the SVU to a shocking discovery.

12 midnight The Equalizer (AD)

1.00am Law & Order: Organized Crime (AD) **2.00** New Amsterdam

(AD) **3.00** The Force: North East

4.00-6.00am Nothing to Declare

Sky Witness Sky 107 Virgin 110

EE 341/HD 356 +1 Sky 207 Virgin 310

Sky Max



Magnum P.I. 9.00pm Higgins helps an Amish teenager

6.00am MacGyver **9.00** NCIS: Los Angeles **1.00pm** The Ultimate Romcom Movies (AD) **2.00** Grimm

6.00pm **Agatha Raisin** 3/4

Series 4. The judge of Carsley's jam-making competition dies after being poisoned by the winning entry and Agatha resolves to discover the identity of the culprit. (AD)

8.00 **An Idiot Abroad** 7/8

Series 1. Karl Pilkington visits Peru, where he fails to impress a local tribe with his hunting skills. (AD)

9.00 **Magnum P.I.** 16/20 Series 5

Thomas and Higgins help an Amish teenager who has travelled to Hawaii in search of his sister.

10.00 **Poker Face** 4/10. Charlie goes on tour with a heavy metal band who have spent decades trying to follow up their one hit. (AD)

11.00 **Fantasy Football League** 2/8 Series 3. Alex Horne and Katherine Ryan enter the dugout this week as they share their thoughts on the beautiful game.

11.35 **The Force: North East**

Officers raid a property they suspect is being used by men to exploit young girls.

12.35am The cells fill up during a busy Saturday night in Newcastle

1.30 Road Wars **4.00-6.00am** Sun, Sea and A&E (AD)

Sky Max Sky 113 (114 Wales) Virgin 111

EE 346/HD 361

Sky Replay

7.00am Sun, Sea and A&E (AD) **9.00** Four Weddings **11.00** Stargate Atlantis

4.00pm MacGyver: five episodes. Old enemies put Jack's life in jeopardy when he and the team head to New Orleans

5.00 Angus and the team are forced to protect arch-rival Murdoch when they discover his former mentor wants him dead **6.00** Leanna, MacGyver, Riley and Bozer pose as honeymooners as they go after a war criminal **7.00** A Mobster-turned-informant is kidnapped and taken to Chernobyl **8.00** The team reunites with bounty-hunting family the Coltons **9.00** Ted: double bill. Matty makes Ted go to school, then evicts Blair from his house **10.00** Road Wars

11.00 **Magnum P.I.** Thomas and Higgins help an Amish teenager who has come to Hawaii in search of his runaway sister

12 midnight Stop, Search, Seize (AD)

3.00-6.00am Four Weddings (AD)

Sky Replay Sky 152 Virgin 156

Sky Crime

6.00am Motorway Patrol **9.00** Caught Red Handed **11.00** Britain's Most Evil Killers **1.00pm** Murdered at First Sight (AD) **2.00** World's Most Evil Killers (AD) **3.00** Killer in My Village **4.00** Murders That Shocked the Nation **5.00** World's Most Evil Killers **7.00** Killer in My Village **8.00** Britain's Most Evil Killers: the story of Derrick Bird, who killed 12 people in Cumbria **9.00** Killing Mum and Dad (AD) **10.00** Dating Death: the story of serial killer Rodney Alcala (AD) **11.00** How I Caught the Killer (AD) **12 midnight** Forensics: Catching the Killer (AD) **1.00am** Mark of a Serial Killer **2.00** Twisted Murders **3.00** Forensics: Catching the Killer (AD) **4.00** Brit Cops: Law & Disorder (AD) **5.00-6.00am** Motorway Patrol

Sky Crime Sky 122 (123 Scotland) Virgin 121

EE 349/HD 364 +1 Sky 222 (223 Scot) Virgin 321

Gold



Gavin & Stacey 7.45pm Smithy has a boys' night out

7.05am Desmond's **7.45** Citizen Khan (AD) **8.20** Hi-de-Hi! **9.40** Only Fools and Horses (AD)

12.10pm Gavin & Stacey (AD)

6.30pm **Gavin & Stacey** After a day spent house-hunting, tensions between the newlyweds soon reach fever pitch.

7.10 Bryn tries to organise a surprise for Gwen's birthday.

7.45 Smithy drags Gavin off on a boys' night out in Essex, while Stacey plays bingo in Barry. But will absence make the heart grow fonder or shatter love's young dream?

8.20 Stacey travels to Essex to sort out her relationship but the outlook for true love is not promising, while in Barry an unexpected event causes panic. (AD)

9.00 **Murder, They Hope**

A twisted serial killer is on the loose and only Terry and Gemma's coach-tour knowledge can help police find the murderer. (AD)

10.00 Gemma and Terry go under cover at a therapy retreat to chase mysterious death threats. (AD)

11.00 **Billy Connolly Does** From terrible folk songs that make no geographical sense, to Brigadoon and tartan pompousness, Billy looks at what it means to be Scottish. (AD)

12 midnight-4.00am Gavin & Stacey: six episodes (AD)

Gold Sky 110 (111 Wales) Virgin 124

EE 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

Sky Comedy

8.00am In the Long Run (AD) **9.00** The Conners **10.30** Ballers (AD)

1.30pm Curb Your Enthusiasm **4.00** Will & Grace (AD) **6.30** The Office US: five episodes. Michael hits Meredith with his car **7.00** Michael organises a fun run **7.30** Jim and Pam's relationship is revealed **8.00** Michael and Dwight present food gift baskets **8.30** The staff prepare for the new website's launch party **9.00** Larry David: Curb Your Enthusiasm **10.15** Curb Your Enthusiasm: triple bill. Larry gets the chance to clear the air **11.00** Larry brings an impromptu date to a destination wedding **11.50** Larry receives a problematic gift **12.35am** Sarah Silverman: Someone You Love **1.45** Insecure: two episodes (AD) **3.00** **New.** Curb Your Enthusiasm **3.45-5.00am** Curb Your Enthusiasm

Sky Comedy Sky 114 (115 Wales)

Virgin 112 EE 347/HD 362

Comedy Central

8.00am Most Ridiculous: Action Heroes

8.35 Most Ridiculous Ever! **9.00** Katherine Ryan's Most Ridiculous **9.30** Friends (AD) **6.55pm** **FILM** Robin Hood: Men in Tights ★★ Goofy comedy starring Cary Elwes. Robin Hood finds himself up against the evil Sheriff of Nottingham

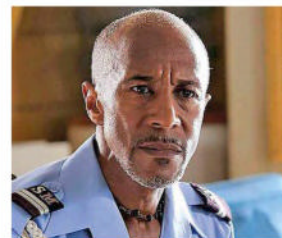
9.00 **FILM** National Lampoon's Loaded Weapon 1 ★★ Comedy starring Emilio Estevez and Samuel L. Jackson. When crazy cop Jack Colt meets by-the-book, retiring detective Wes Luger, sparks are bound to fly **10.35** Michael McIntyre: Live and Laughing: stand-up comedy from the Hammersmith Apollo **11.35** Ed Byrne: Spoiler Alert **12.55am** The Ricky Gervais Show **1.55** South Park **4.10-5.00am** Your Face or Mine

Comedy Central Sky 112 (113 Wales)

Virgin 132 EE 345/HD 360

+1 Sky 212 (213 Wales) Virgin 332

Alibi



Death in Paradise 10.00pm Dwayne can smell a rat

7.10am Murdoch Mysteries: triple bill **10.00** Father Brown (AD)

2.00pm Maisie Raine (AD) **4.00** The Mallorca Files: double bill (AD)

6.00pm **Shakespeare and Hathaway: Private Investigators** 5/10 Series 1. The local mayor is murdered in the dead of night. (AD)

7.00 **Murdoch Mysteries** 4/24 Series 17. Brackenreid's rowdy bachelor party for new constable Tucker takes a violent turn.

8.00 **Father Brown** 1/10 Series 10

The sleuth discovers a murderer is using Kempleford's new model village to plan their attacks. (AD)

9.00 **Miss Scarlet and the Duke** 1/6 Series 4. Eliza teams up with Duke to investigate a burglary at a high-end brothel. (AD)

10.00 **Death in Paradise** 4/8 Series 6. The president of the local cricket club is found dead in the middle of the pitch. (AD)

11.00 **The Mallorca Files** 9/10 Series 1. Max and Miranda are determined to catch a wanted man who fled the island after killing his girlfriend. (AD)

12 midnight 10/10. Ines sends Max and Miranda to investigate a theft at the home of a famous German reality TV host. (AD)

1.00-4.00am Murdoch Mysteries

Alibi Sky 109 (110 Wales) Virgin 114

EE 343/HD 358 +1 Sky 209 (210 Wales) Virgin 191

Discovery

6.00am Wheeler Dealers **12 noon** Building off the Grid **6.00pm** Mystery at Blind Frog Ranch: when an underground tsunami floods the cavern system, Duane and his team enter it from higher ground – discovering evidence of Aztec artefacts (AD) **7.00** **New.** Alaska: Homestead Rescue: a young couple struggle to keep their homestead afloat in torrential Texas weather **9.00** Peter Crouch: Save Our Beautiful Game: Peter considers a music festival to raise income for the club **10.00** Custom Carolina: Tommy and his team are challenged with modifying a Lamborghini Huracan **11.00** Street Outlaws: Locals Only: in Ohio, eight drivers compete for a chance to race OKC Street Outlaw Jeff Lutz **12 midnight** Alaskan Bush People (AD) **4.00-5.00am** How It's Made

Discovery Sky 125 (126 Scotland) Virgin 177

EE 320/HD 325 +1 Sky 225 (226 Scot) Virgin 377

Discovery History

6.00am Shed and Buried **9.00** Combat Dealers (AD) **12 noon** Salvage Hunters: the Restorers (AD) **2.00pm** Salvage Hunters: the Restorers – Quick Fixes (AD) **3.00** Combat Dealers (AD) **6.00pm** Devonport: inside the Royal Navy: double bill **8.00** Salvage Hunters: double bill **10.00** Shed and Buried: four editions. Henry and Sam discover something of interest in a Worcestershire field **10.30** A collection of Triumph motorcycles **11.00** Henry and Sam visit a shop hoping to sell a bike and get side-tracked by the wares on offer **11.30** Henry Cole and Sam Lovegrove are near Preston, visiting a collector of military gear and Americana **12 midnight** Combat Dealers: Reloaded **3.00-5.00am** Combat Dealers

Discovery History Sky 177 Virgin 181

+1 Sky 277 Virgin 381



Sky Documentaries



Young Guns: the New Tennis Titans 8.00pm Jack Draper

6.00am Discovering: Kirk Douglas (AD) **7.00** Discovering: Bette Davis (AD) **8.00** The Directors **9.00** Mama's Boy: a Story from Our Americas (AD) **11.00** Young Guns: the New Tennis Titans **12 noon** Fatboy Slim: Right Here, Right Now **1.50pm** **FILM** Hitsville: the Making of Motown ★★ Six decades of the iconic record label. **Review p87** (W) **4.00** My Icon: Christine Ohuruogu (AD) **4.20** Althea (AD)

6.00pm **McEnroe** ★★

■ Tennis star John McEnroe takes a late-night walk through New York City and reflects on his life and career, while family, friends, colleagues and rivals offer their own commentary. (W)

8.00 **Young Guns: the New Tennis Titans** Young stars including Alcaraz, Draper and Gauff contend with new pressures on the court and on social media.

9.00 **JFK Revisited: through the Looking Glass** ★★

■ JFK director Oliver Stone re-examines startling new evidence about the 1963 Kennedy assassination. (AD) (W)

11.15 **Hatton** A profile of former boxer Ricky Hatton. (AD)

1.15am **Liverpool Narcos** 2.10 **OJ: Made in America** **4.00-6.00am** Queen of Speed (AD)

Sky Documentaries Sky 121 (122 Scotland) Virgin 188 EE 352/HD 367

Nat Geographic

8.00am Food Factory USA **9.00** Europe from Above (AD) **11.00** Drain the Oceans (AD) **1.00pm** Air Crash Investigation **7.00** Car SOS **8.00** **New** Rewind the 90s: the crazes that hit the decade **9.00** **TV CHOICE** **New**. Arctic Ascent with Alex Honnold: in the final stage of the epic Greenland expedition, Alex and his fellow professional climbers face what could be their most dangerous ascent yet. **See p51** (AD) **10.00** World War II: the Apocalypse: double bill. The story of the Second World War, featuring haunting images of Jewish persecution, then the truth behind the defeat of France

12 midnight Banged Up Abroad **1.00am** The Real Saddam Hussein **2.00** Money Meltdown **2.55** Food Factory **3.45** Trials of the Wild **4.35-5.00am** Prairie Dog Dynasty

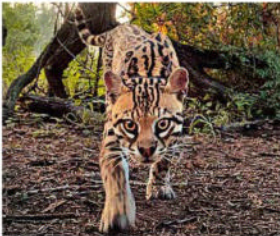
Nat Geographic Sky 129 (130 Scotland) Virgin 183 +1 Sky 229 (230 Scot) Virgin 383

Sky History

6.00am Air Crash: Disasters Uncovered **8.00** Auction Kings **10.00** Pawn Stars **3.00pm** Billy Connolly's Route 66: four editions. The comedian travels along the world's most famous highway **4.00** Travelling from St Louis to Oklahoma City **5.00** The comedian visits the ghost town of Glenrio in Texas **6.00** Billy visits the Grand Canyon during the final leg of his journey **7.00** WW2 Air Crash Detectives: double bill. Investigating airman's deaths during the conflict, then the last flight of General Sikorski in the 1940s **9.00** JFK: the Final Evidence: double bill looking at the mystery behind the assassination of President John F Kennedy **11.00** Pawn Stars: ten editions **4.00-6.00am** WW2 Air Crash Detectives

Sky History Sky 123 (124 Scotland) Virgin 131 EE 353/HD 368 +1 Sky 223 (224 Scot) Virgin 331

Sky Nature



Deep in the Heart 7.00pm Habitats of wild ocelots

6.00am The Wadden Sea **10.00** America's Wild Seasons (AD) **2.00pm** Great Barrier Reef with David Attenborough **5.00** The Predator's Playbook

6.00pm **My Best Friend's an Animal** How cockatoos and platypuses inspired new careers and a look at the shared trauma that bonded a human and an elephant.

7.00 **Deep in the Heart** A celebration of Texan wildlife, through the eyes of catfish, ocelots and other native creatures and discovering how conservation efforts can save habitats.

8.00 **Great Barrier Reef with David Attenborough** Following his visit to the Great Barrier Reef in 1957, the broadcaster returns and uses the latest filming techniques to unlock the secrets of the natural wonder.

9.00 Exploring the shark-infested waters of Osprey Reef, before tracking dwarf minke whales to discover their reasons for returning.

10.00 Examining what the future holds for the natural wonder, before embarking on an ambitious attempt to dive further into the reef than ever before.

11.00 **Deep in the Heart** As 7pm.

12 midnight Impossible Animals (AD) **3.00-6.00am** Monkey Life

Sky Nature Sky 124 (125 Scotland) Virgin 189 EE 354/HD 369

Eden

9.00am Train Truckers: nine editions **6.00pm** Train Truckers: six editions. Ian Bagladi and Jamie Turnbull move a locomotive through the English countryside **7.00** Kevin Norris and Kieran Chisnal move three state-of-the-art trains **8.00** The crew travels to Germany to collect a multi-million-pound maintenance machine **9.00** More exploits of a family-run crew of heavy-haulage specialists **10.00** Expert hauliers Eric Harrison and Chris Case move an iconic Deltic diesel **11.00** Zak and Alex face a four-day mission to deliver two classic steam locomotives **12 midnight** **New** Anthony Bourdain: Parts Unknown: sampling the vast array of multicultural foods found in Singapore **1.00am** Train Truckers **5.30-6.00am** David Attenborough's Natural Curiosities (AD)

Eden Sky 166 Virgin HD 176 +1 Sky 266 Virgin 376

Animal Planet

8.00am Animal Cries **9.00** Crikey! It's the Irwins **10.00** Bad Dog! **11.00** Alaska: Homestead Rescue **12 noon** Animal Cries **1.00pm** Dodo Heroes **2.00** Project Grizzly **4.00** Dogs 101 **5.00** Alaska: Homestead Rescue **6.00pm** Animal Cries: Antonio builds a barn for two mini horses that currently sleep in the house **7.00** Crikey! It's the Irwins: Terri helps a cougar in need of a health check **8.00** Coyote Peterson: Brave the Wild **9.00** Tanked: medium Theresa Caputo requests two aquariums **10.00** Alaskan Bush People **11.00** Guardians of Rescue **12 midnight** Animal Cops Houston (AD) **1.00am** Alaskan Bush People **2.00** Dogs 101 **3.00** Alaska: Homestead Rescue **4.00-5.00am** Animal Cries

Animal Planet Sky 162 (178 NI) Virgin 178 +1 Sky 262 (278 NI) Virgin 378

SPORT

Sky Main Event

Sky 401 Virgin 511/HD 501 EE 419/HD 439
6.00am Sky Sports News
7.30 **LIVE** **U19 Cricket World Cup** The final from South Africa.
11.30 **LIVE** **Championship Football** Coventry City v Millwall at the CBS Arena (kick-off 12.00).
2.00pm **LIVE** **Premier League Football** West Ham United v Arsenal (kick-off 2.00);
4.00 Aston Villa v Manchester United at Villa Park (kick-off 4.30).
7.30 **LIVE** **Africa Cup of Nations Football** The final (kick-off 8.00).
10.00 **LIVE** **Super Bowl LVIII** Kansas City Chiefs v San Francisco 49ers (kick-off 11.30). **Sport: p29**.
3.30-6.00am Sky Sports News

Sky Football

Sky 403 Virgin 513/HD 503 EE 421/HD 441
6.00am League One and Two Goals
6.30 Championship Highlights
8.00 League One and Two Goals
8.30 Championship Highlights
9.30 Africa Cup of Nations Football
11.30 **LIVE** **Championship Football** Coventry City v Millwall.
2.30pm **LIVE** **German Football** Stuttgart v Mainz (kick-off 2.30);
4.30 Hoffenheim v FC Cologne.
6.30 Championship Highlights
6.45 League One and Two Goals
7.15 Championship Highlights
7.30 **LIVE** **Africa Cup of Nations Football** The final (kick-off 8.00).
10.30 Africa Cup of Nations Football
12.30am Championship Highlights
1.00 Africa Cup of Nations Football
3.00 Classic Play-Offs **5.00-6.00am** Championship Season Review (AD)

Sky Golf

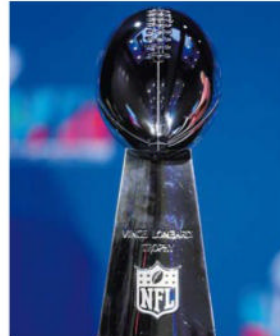
Sky 405 Virgin 515/HD 505 EE 423/HD 443
6.00am Open Films **7.00** Greatest Holes **8.00** European Challenge Tour
8.30 **LIVE** **European Tour Golf** Round four of the Qatar Masters.
1.30pm Ladies European Tour
3.30 **LIVE** **PGA Tour Golf** The final round of the Phoenix Open.
11.00 The Open: Official Films
12 midnight Greatest Holes **1.30am** Golf Fitness Show (AD) **2.00** PGA Tour Golf **5.00-6.00am** Golf Academy

Sky Tennis

Sky 408 Virgin 537/HD 520 EE 425/HD 445
11.00am-8.30pm **LIVE** **WTA Tennis** The Qatar Open, day one.
10.00-12 midnight **LIVE** **ATP Tennis** The Córdoba Open final.

Eurosport 1

Sky 413 Virgin 521 EE HD 412
6.20am Alpine Skiing
6.50 **LIVE** **Freestyle Skiing** World Cup, ski cross from Georgia.
8.30 **LIVE** **Alpine Skiing** World Cup, men's slalom from Bulgaria;
9.30 Women's slalom in Andorra.
11.00 **LIVE** **Nordic Combined Skiing** World Cup from Estonia.
11.20 **LIVE** **Alpine Skiing** The men's slalom, second run;
12.30pm The women's slalom from Andorra, the second run.
1.30 **LIVE** **Biathlon** The World Championships from Nove Mesto.
2.15 **LIVE** **Ski Jumping** World Cup, men's individual HS128.
4.00 **LIVE** **Biathlon** The World Championships from Nove Mesto.
5.00 **LIVE** **Cross-Country Skiing** World Cup from Canmore, Canada.
6.10 Cycling **6.40** Winter Sports
7.00 **LIVE** **Cross-Country Skiing** World Cup from Canmore, Canada.
8.15 Winter Sports **9.00** Showjumping
10.00 Spirit of Yachting **11.00** Cycling
12 midnight Skiing **1.00am** Cycling
2.00 Snooker **4.00-6.00am** Biathlon



Super Bowl LVIII 10.00pm
Sky NFL Will the Chiefs or the 49ers lift the trophy in Vegas?

Sky Premier League

Sky 402 Virgin 512/HD 502 EE 420/HD 440
6.00am Premier League Football
1.00pm **LIVE** **Premier League Football** West Ham United v Arsenal (kick-off 2.00);
4.00 Aston Villa v Manchester United at Villa Park (kick-off 4.30).
7.30 **LIVE** **Africa Cup of Nations Football** The final (kick-off 8.00).
10.30 Highlights **3.00-6.00am** Classic Premier League Football

Sky Cricket

Sky 404 Virgin 514/HD 504 EE 422/HD 442
6.00am Talking Cricket **6.30** SA20
7.30 **LIVE** **U19 Cricket World Cup** The final from South Africa.
4.00pm SA20 Cricket **9.00** U19 Cricket World Cup **10.30** SA20 **11.30** U19 Cricket World Cup **1.00am** SA20
5.00-6.00am Women's World Cup

Sky NFL

Sky 407 Virgin 517/HD 507 EE 426/HD 446
6.00am NFL: highlights
2.00pm **LIVE** **Super Bowl LVIII** All the build-up from Las Vegas;
10.00 Kansas City Chiefs v San Francisco 49ers (kick-off 11.30).
3.30-6.00am NFL: highlights

Sky Arena

Sky 412 Virgin 518/HD 508 EE 427/HD 447
6.00am Super League (AD) **7.00** Netball **9.00** British Basketball League
11.30 Unbeatable **12 noon** Boxing
1.00pm **LIVE** **WTA Tennis** The final of the Abu Dhabi Open.
3.00 **LIVE** **ATP Tennis** Coverage of the Open 13 final from Marseille.
4.30 **LIVE** **WTA Tennis** The final of the Transylvania Open.
5.30 US Open **6.00** WTA Tennis
7.00 **LIVE** **WTA Tennis** The Dallas Open final from Texas.
9.00 Basketball **12 midnight** Boxing
2.00am Basketball **4.30** Unbeatable
5.00-6.00am Boxing Archive (AD)

Eurosport 2

Sky 414 Virgin 522 EE HD 413
6.00am Cycling
8.20 **LIVE** **Nordic Combined Skiing** World Cup from Estonia.
10.05 Olympics **10.15** Cycling
10.30 **LIVE** **Cycling** The fourth stage of the women's UAE Tour.
12.40pm **LIVE** **Cyclo-Cross** The women's Cyclo-Cross Trophy race.
1.45 Olympic Games
1.55 **LIVE** **Cyclo-Cross** Men's Cyclo-Cross Trophy race in Lille.
3.00 **LIVE** **Cycling** The one-day Clásica de Almería from Spain.
4.45 Cycling **5.15** Olympics **5.30** Discovery Golf **6.00** Alpine Skiing **7.00** Sailing **8.00** Cycling **10.00** Superbikes
12 midnight Cycling **1.00am** Alpine Skiing **4.00-6.00am** Snooker

TNT Sports 1

Sky 410 Virgin 527 EE 408/HD 430
6.00am **LIVE** **Australian Football** Western Sydney Wdvs v Newcastle Jets, A-League Men.
8.00 **LIVE** **International T20 Cricket** Australia v West Indies, the second T20 from Adelaide.
11.45 Around the Block (AD)
12 noon **LIVE** **French Football** Le Havre v Rennes (kick-off 12.00).
2.00pm **LIVE** **Italian Football** Bologna v Lecce (kick-off 2.00).
4.00 Europa League Magazine
5.00 **LIVE** **Italian Football** Genoa v Atalanta (kick-off 5.00).
7.00 Champions League Football
7.30 **LIVE** **Italian Football** AC Milan v Napoli (kick-off 7.45).
9.45 UFC **12.45am** What Went Down (AD) **1.15** UFC **5.15-6.00am** Sign Up: into Football

TNT Sports 2

Sky 411 Virgin 528 EE 409/HD 431
6.00am **LIVE** **Australian Football** Western United v Brisbane Roar, A-League Women.
8.00 Premier League Football
9.30 Wrestling: WWE action (AD)
11.30 **LIVE** **Italian Football** Fiorentina v Frosinone (ko 11.30).
1.30pm National League Football
2.00 **LIVE** **Italian Football** Monza v Hellas Verona (ko 2.00).
4.00 Wrestling: WWE action
5.30 Premier League Stories (AD)
6.00 Australian Football
7.00 **LIVE** **NBA** Miami Heat v Boston Celtics (tip-off 7.00).
9.30 NBA Action (AD) **10.00** NBA on Fire **10.30** Italian Football **1.30am** International T20 Cricket Highlights
2.30 Champions League Magazine
3.00 TNT Sports Reload (AD) **3.30** Between the Lines **4.00** Fishing (AD)
5.00-6.00am EuroCup Basketball

TNT Sports 3

Sky 417 Virgin 529 EE 410/HD 432
6.00am French Football **8.00** Premiership Women's Rugby Union
9.00 Italian Football **10.00** Italian Football: two games **12 noon** Boxing
2.00pm **LIVE** **French Football** Lorient v Reims (kick-off 2.00);
4.00 Montpellier v Lyon (ko 4.05).
6.00 Fishing (AD) **7.00** National League Football (AD)
7.30 **LIVE** **French Football** Nice v Monaco (kick-off 7.45).
9.45 Around the Block (AD) **10.00** International T20 Cricket Highlights
11.00 International One-Day Cricket
12 midnight French Football
4.00am Classic French Football
5.30-6.00am Reload (AD)

TNT Sports 4

Sky 421 Virgin 530 EE 411/HD 434
6.00am NBA **7.30** Cricket Reload
7.45 International One-Day Cricket
8.45 **LIVE** **International One-Day Cricket** Sri Lanka v Afghanistan, the second ODI.
5.00pm NBA on Fire **5.30** NBA Action **7.00** Boxing **9.00** Wrestling (AD) **10.00** Europa League Magazine
11.00 Australian Football: highlights
12 midnight MLB World Series Film 2006 **1.30am** MLB Classic **4.45** MLB **5.45-6.00am** What I Wore

Viaplay Sports

1.30-4.30pm **LIVE** **Scottish Cup Football** St Mirren v Celtic, the fifth-round tie from St Mirren Park (kick-off 2.00).
5.15-11.30 **LIVE** **Spanish Football** Sevilla v Atlético Madrid, the La Liga match (kick-off 5.30);
7.30 Barcelona v Granada, the La Liga match (kick-off 8.00).

Monday

DOCUMENTARY

The Space Shuttle That Fell to Earth

9.00pm **BBC2** All three episodes via iPlayer today

NEW SERIES

On 1 February 2003, folk in Arizona who had risen early to catch a glimpse of the space shuttle *Columbia* returning to Earth got a brutal shock. On a home video that opens this three-part series, we hear someone cry, "Look at the chunks coming off it!" as the shuttle was visibly torn apart. Debris rained down on Texas. All seven astronauts on board were killed.

Nasa had lost a shuttle before, with *Challenger* in 1986. How did disaster strike again? Later episodes probe

that question, but the opener first connects us movingly with the people involved, immersing us so fully with the *Columbia* crew in the run-up to the mission, we feel we know them.

We see the poignant footage shot by one of the astronauts – of the crew's teambuilding trip to Wyoming, the game of cards they played in the "suit room" before launch, and the collective high-five in the lift at the launch pad. Added to personal accounts from family members, it builds a sense of the heroic drama of space travel – and its human flaws.

DAVID BUTCHER



2003
The seven astronauts who were to die in the *Columbia* explosion



TRAVEL

Jimmy's Taste of Florida

2.00pm **ITV1** Catch up via ITVX

NEW SERIES

Farmer and foodie Jimmy Doherty has emerged from Jamie Oliver's shadow to become a prolific presenter in his own right, now embarking on a daily gastronomic tour of the Sunshine State. Tasty work if you can get it. Exploring a favourite holiday destination for Brits through its food, he discovers an exciting culinary scene with a rich cultural history.

He begins in Pensacola with the Southern delicacy of boiled peanuts. On Panama City Beach, he takes on a champion oyster shucker and tries his hand at donut-making in a family-run shop. Will Doherty's "Frankenstein" confections pass muster? **MICHAEL HOGAN**

TRAVEL

George Clarke's Adventures in Americana

8.00pm **C4** Catch up: C4 streaming

Once again, there's an idiosyncratic set of sights on Clarke's itinerary. He's on the US east coast, where he spurns anything obvious like, say, New York's Chrysler Building, and instead visits a "little Las Vegas" in New Jersey called Wildwood, full of mid-century diners and motels, where it is forever the era of plastic palm trees, *Happy Days* and doo-wop.

It's eye-popping stuff and Clarke loves it. But the strength of the show is spanning the divide between neon nostalgia and something plainer – like a gorgeous poetry studio in the Connecticut woods, or Philip Johnson's famous (and famously spare) Glass House. **DBU**

DRAMA

Silent Witness

9.00pm **BBC1** Catch up via iPlayer

The terror that lies beneath our feet is the preoccupation of this two-part season finale, with rail users seen pouring in and out of London's King's Cross, unaware of the mass grave that's just been discovered in a station cellar. Eight skeletal bodies make up the grisly scene, some bound, one gagged, others with knife wounds. And for the police, this means that there's a serial killer in need of catching and one who, up until this moment, they hadn't realised even existed.

Those investigating officers, by the way, are played by Neil Pearson and Hermione Norris – two TV veterans who add extra heft to what's an already powerful plotline, the conclusion of which can be seen tomorrow at 9pm. **DAVID BROWN**

DOCUMENTARY

Born from the Same Stranger

9.00pm **ITV1**
Catch up via ITVX

LAST EPISODE

The final episode of this emotive series, helping donor-conceived people track down the siblings they never knew existed. Amanda from Clacton has put off searching until now because she worried about upsetting her parents. When she had a son of her own via IVF, her thoughts returned to her biological father. Her mind is blown when she not only finds him but four half-siblings. Will they decide to make contact?

Meanwhile, Adam has five donor siblings who meet to get matching tattoos commemorating their special bond. Can a genealogist help the freshly inked quintet discover who the donor is? **MH**

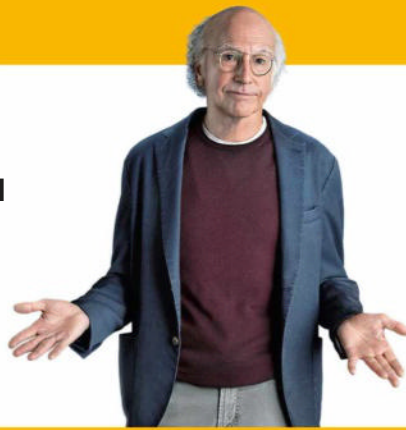
ALSO ON TODAY

Mastermind/Only Connect/University Challenge

from 7.30pm **BBC2**
Settle down for another 90 minutes of intense quizzing. *OC* is a "love special" from 2022.

Police: Suspect No 1

9.00pm **Channel 5**
In the final edition, Norwich detectives deal with a man who claims to have been coerced into running a drugs gang.



Curb Your Enthusiasm

9.00pm **Sky Comedy**
Still in Atlanta, Larry (Larry David, left) is stuck at a rental home with a questionable lawn ornament.

DOCUMENTARY

To Catch a Copper

9.00pm **C4** Catch up: C4 streaming

A recent article published on Avon and Somerset Police's website outlined why the force chose to take part in this documentary, as well as the steps they are now undertaking following filming.

All too often the outcomes of the cases detailed in the series have been deflating. Here, an officer with 20 years' experience faces a disturbing allegation of posting revenge porn. Soon, it transpires this is not his first offence. Chief Constable Sarah Crew, with the intonation of a politician, has plenty of solemn platitudes about the situation. Hopefully, tangible change really will be born from this fascinating yet troubling series.

FRANCES TAYLOR

DRAMA

True Detective: Night Country

9.00pm **Sky Showcase/Atlantic** Catch up via Now

After the tragedy and misery of the previous episode, the penultimate instalment calms down and grieves a little, beginning with an unsettlingly beautiful scene set at the business end of a crematorium. But there are plenty of resolutions and revelations, banishing the feeling that this crime series is strong on atmosphere but less sure of its own tangled plot.

Navarro feels she has nothing to lose and, when Danvers sees exactly which way the icy wind is blowing in Ennis, Alaska, she feels the same. Something has to break and in the closing scenes it does in breathtaking fashion. Next week's finale should be quite an experience. **JACK SEALE**

COMEDY DRAMA

Our Flag Means Death

10.00pm (Wednesday 10pm in N Ireland) **BBC2** Catch up via iPlayer

Stede and his men are rudely awakened by an alarm bell: welcome to day one as the crew on a ship skippered by Zheng, who, rumour has it, has just plundered somewhere called "China". While the gang wonder how to pronounce this unknown place name, and get used to morning martial arts sessions and an ethos of collective endeavour, they're reunited with an old friend.

Over on the ship run by Stede's lost love Blackbeard, mutiny is rising faster than the smell of gangrene, and a very old friendship is about to end with one or both men dead. It's not a hilarious episode, but the show's ability to conjure a swooning, fetid atmosphere compensates. **JS**

LIVE SPORT



Football: Premier League

Crystal Palace v Chelsea
6.30pm (k/o 8pm) **Sky Sports Main Event/Premier League**
Palace will be looking to their in-form attacker Michael Olise (above) in this London derby.

Cricket: Men's Test Series

New Zealand v South Africa
9.30pm **TNT Sports 2**
The first day of the second and final Test in the series from Seddon Park in Hamilton.

Tennis: Delray Beach Open

11pm **Sky Sports Main Event**
Day one action from Florida, where the US's Taylor Fritz pulled off a home victory in 2023.

FILM OF THE DAY



The River Wild ★★★★★ 12

9.00pm **Legend**

Meryl Streep extends her impressive range into thrillers in this white-knuckle adventure that sees her up against robbers Kevin Bacon and John C Reilly when she takes her fractious family on a rafting holiday. (1994)

FILM REVIEWS
page 67

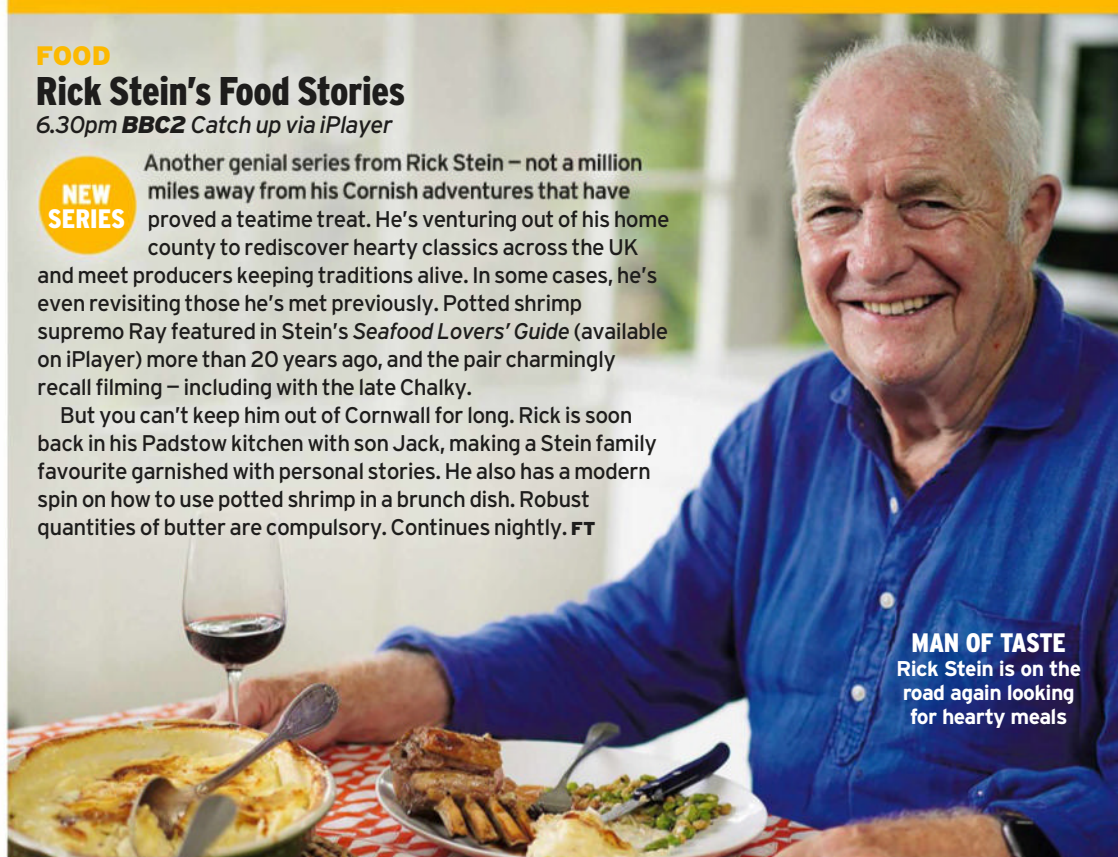
FOOD

Rick Stein's Food Stories

6.30pm **BBC2** Catch up via iPlayer

Another genial series from Rick Stein – not a million miles away from his Cornish adventures that have proved a teatime treat. He's venturing out of his home county to rediscover hearty classics across the UK and meet producers keeping traditions alive. In some cases, he's even revisiting those he's met previously. Potted shrimp supremo Ray featured in Stein's *Seafood Lovers' Guide* (available on iPlayer) more than 20 years ago, and the pair charmingly recall filming – including with the late Chalky.

But you can't keep him out of Cornwall for long. Rick is soon back in his Padstow kitchen with son Jack, making a Stein family favourite garnished with personal stories. He also has a modern spin on how to use potted shrimp in a brunch dish. Robust quantities of butter are compulsory. Continues nightly. **FT**



MAN OF TASTE
Rick Stein is on the road again looking for hearty meals

MONDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Sally Nugent, Ben Thompson. (S) (HD)

9.30 Morning Live Michelle Ackerley and Rav Wilding present the weekday magazine show. (S) (HD)

10.45 Dr Xand's Con or Cure The team examines the dangers of buying prescription medication online. (S) (HD)

11.15 Homes under the Hammer The progress of properties in South and West Yorkshire. (R) (S) (AD) (HD)

12.15pm Bargain Hunt Natasha Raskin Sharp hosts an art-themed special from Edinburgh. (S) (HD)

1.00 BBC News Regional News; Weather (S) (HD)

1.45 Doctors Jimmi and Bear try to talk to Zara, while Maria helps Joel look for a rental. (S) (AD) (HD)

2.15 New series. Clean It, Fix It Cleaners and DIY experts help people reclaim their homes. Today, a cluttered flat in north London. Rptd Tue 6.45am BBC2 (S) (HD)

3.00 Escape to the Country Jules Hudson helps a couple find a new home in the Cairngorms. (S) (HD)

3.45 The Repair Shop The experts revive a 100-year-old shipping log charting the bravery of a seafarer during the Second World War. (R) (S) (AD) (HD)

4.30-5.15 Antiques Road Trip Items uncovered in Kent by David Harper and Catherine Southon include a menagerie of mechanical animals. (R) (S) (HD)

BBC2

6.45am Bargain Hunt Two teams seek out treasures at Southwell Racecourse. Shown last Friday BBC1 (S) (AD) (HD)

7.30 David and Jay's Touring Toolshed 14/15 The duo fix a 1969 motorcycle. Shown last Fri (S) (AD) (HD)

8.00-9.00 Sign Zone Attenborough and the Giant Sea Monster The discovery of a giant plesiosaur skull. (R) (S) (AD) (HD)

9.00 BBC News (S) (HD)

9.00 BBC RED BUTTON 10.00am-4.30pm Snooker Live coverage of the Welsh Open from Venue Cymru in Llandudno

12.30pm Political Thinking with Nick Robinson With Tony Blair and William Hague. (R) (S) (HD)

1.00 Impossible Quiz with Rick Edwards. (R) (S) (HD)

1.45 The Tournament Quiz with Alex Scott. (R) (S) (HD)

2.30 The Farmers' Country Showdown Pig farmers try to keep their cool at the Royal Welsh Show. (R) (S) (HD)

3.15 The Great British Sewing Bee Music week sees denim getting the country music treatment. (R) (S) (AD) (HD)

4.15-5.15 New Zealand: Earth's Mythical Islands The country's weirdest and oldest species. (R) (S) (AD) (HD)

ITV1

6.00am Good Morning Britain (S) (HD)

9.00 Lorraine Fashion and showbiz news. (S) (HD)

Your RT Books: page 132

10.00 This Morning Lifestyle features, cookery and celebrity interviews. Including **Regional Weather** (S) (HD)

12.30pm Loose Women Daily discussion. (S) (HD)

1.30 ITV Lunchtime News Regional News; Weather (S) (HD)

2.00 New series. Jimmy's Taste of Florida Jimmy Doherty begins a culinary tour of the Sunshine State, starting with a look at the food scene in Pensacola. **See page 60.** Signed repeat 5.05am (S) (AD) (HD)

3.00-4.00 Lingo Ben and Oliver, Des and Tina, and Katie and Ant take part in the fast-paced word game. Adil Ray hosts. (R) (S) (HD) Followed by **Regional Weather**

Channel 4

6.10am Countdown With Jo Brand. (R) (S) (HD)

6.50 Cheers Double bill of the sitcom. (R) (S) (HD)

7.40 3rd Rock from the Sun Double bill. (R) (S) (AD)

8.30 Everybody Loves Raymond (R) (S) (AD) (HD)

10.00 Frasier Double bill of the US sitcom. (R) (S) (AD)

11.00 The Great House Giveaway Renovating a house in Colwyn Bay, Conwy. (R) (S) (HD) **12 noon News** (S) (HD)

12.05pm Sun, Sea and Selling Houses A couple search for a countryside villa with a pool. (R) (S) (HD)

1.05 Find It, Fix It, Flog It Henry Cole and Simon O'Brien make an extraordinary find. (R) (S) (AD) (HD)

2.10 Countdown Tim Rice guests. (S) (HD)

3.00 A Place in the Sun Two horse-lovers seek a holiday home in Mijas Pueblo, Spain. (R) (S) (HD)

4.00-5.00 A New Life in the Sun Newlyweds Cal and Marina land themselves in a sticky situation at their surf retreat in Spain. Repeated 6pm 4seven (S) (HD)

BBC1

1

Silent Witness

9.00pm End of the line: Nikki (Emilia Fox) faces a unique case under a train station museum



5.15pm Pointless

With Alexander Armstrong and Alex Brooker. (R) (S) (HD)

6.00 BBC News Weather (S) (HD)

6.30 Regional news magazines (S) (HD)

7.00 The One Show

Presented by Jermaine Jenas and Alex Jones. (S) (HD)

7.30 EastEnders

George is nervous about visiting his parents' home. At the Vic, Johnny quizzes the family about Linda. Meanwhile, Priya tells Nish the route to Kat's heart. Writer Bryan Kirkwood Cast Wednesday/Thursday (S) (AD) (HD)

8.00 Alzheimer's: a Turning Point? – Panorama

Around 900,000 people in the UK are living with dementia, and two-thirds of them have Alzheimer's. Fergus Walsh meets patients who have been trialling two new drugs that have shown that the progression of the disease can be slowed down. Could this be a breakthrough in the treatment of Alzheimer's? Director/Producer Alison Priestley Signed rpt Friday 2am BBC2 (S) (HD) NOTE: as *Panorama* reacts to the news its subject matter may change

8.30 ALL EXCEPT NORTH EAST/CUMBRIA:

Scam Interceptors Rav Wilding and ethical hacker Jim Browning take on a giant scam call centre stealing thousands of pounds from UK households. Series producer Sherry Knight; Executive producer Rowland Stone (Revised repeat) (S) (HD)

8.30 NORTH EAST/CUMBRIA: Scarlett's Driving School 3/10. After eight years of learning, 25-year-old Fatemah has still never taken a driving test. Can Scarlett help her? The whole series is on iPlayer. Directors Paul Gay, Melissa McCall and Matt Knight Series producers Charlotte Faux and Matt Arnold (R) (S) (HD)

9.00 Silent Witness

RT 9/10 Series 27. King's Cross 1/2. The team is called to King's Cross station museum, where they discover the bodies of eight victims entombed below. With the knowledge that a prolific serial killer was operating in London nearly 20 years ago, Nikki knows this will be a case like no other. Continues tomorrow 9pm. A box set is on iPlayer. **See page 60.** Writer Ed Whitmore Cast Tuesday (S) (AD) (HD)

10.00 BBC News Regional News; Weather (S) (HD)

10.40 Have I Got News for You

Richard Ayoade hosts an edition of the satirical current affairs quiz from November 2021, with guest panellists Roisin Conaty and Andy Hamilton. Director Paul Wheeler; Producer Jo Maney (R) (S) (HD)

11.10 Domino Day

2/6. Local coven leader Kat lures Domino to her headquarters, where her ancestors reveal the dark truth about who she really is. More on Wednesday at 9pm BBC3. The whole series is available on iPlayer.

Domino Day	Siena Kelly	Esmé	Lucy Cohu
Leon	Perceelle Ascott	Jason	Jonah Rzeskiewicz
Silas	Sam Howard Sneyd	Freddie	Tom Claxton
Kat	Alisha Bailey	Dean	Marcus Hodson
Sammie	Babirye Bukilwa	Ancestor Hyacinth	Sandra James-Young
Jules	Molly Harris	Ancestor Winston	Leo Winger
Geri	Poppy Lee Friar	Club girl	Paislie Reed
Vedita	Maimuna Memon	Sweet guy	Edward Kelly
Cal	Darren Tighe		

Writer Lauren Sequeira; Series producer Nick Pitt Director Eva Sigurdardottir Shown last Tuesday BBC3 (S) (AD) (HD)

11.50 The Graham Norton Show

Graham chats to Sir Ian McKellen, Michael Sheen, Ambika Mod, Josh Widdicombe and Gabrielle. Shown last Friday (S) (HD)

12.45am Weather for the Week Ahead (S) (HD)

12.50-6.00am BBC News (S) (HD)

BBC1 Freeview 1/HD 101 Freesat 101 Sky 101 Virgin 101

BBC2

2

The Space Shuttle That Fell to Earth 9.00pm

The *Columbia* crew were all smiles – but disaster loomed



5.15pm Flog It!

Paul Martin presents from the Ulster Folk and Transport Museum in Belfast. (R) (S) (HD)

6.00 Richard Osman's House of Games

With former winners Kaye Adams, Alex Brooker, Kiell Smith-Bynoe and Isy Suttie. (S) (HD)

6.30 Rick Stein's Food Stories

RT New series. 1/15. Cumbria. The chef begins a tour of the UK in the Lake District, where he enjoys a traditional mutton hotpot with sheep farmer and author James Rebanks before paying homage to actor Stan Laurel. From tonight, the whole series will be on iPlayer. **See page 61.** (S) (AD) (HD)

7.00 SOS: Extreme Rescues

5/12. A day trip turns into a nightmare for a Londoner lost on Tryfan in Snowdonia with no way to get help. Executive producers Rachael Barnes and Arwyn Evans (S) (HD)

7.30 Mastermind

Clive Myrie asks questions on the human digestive system, AA Milne and *Winnie-the-Pooh*, the Chemical Brothers, and Tom Clancy's Jack Ryan novels. Producer Paul Christian; Executive producers Kate Middleton, Chris Jones, David Young and Jimmy Mulville (S) (HD)

9.00 BBC RED BUTTON 7.30-10.00 Snooker Live coverage of the Welsh Open from Venue Cymru in Llandudno

8.00 Only Connect

Victoria Coren Mitchell hosts a "love" special from 2022, with two teams from previous series taking part. Director Siân G Lloyd; Producer Nick Martin (R) (S) (HD)

8.30 University Challenge

The University of Manchester takes on Imperial College London. Amol Rajan asks the questions. Director Bridget Caldwell; Producer Clare Parody (S) (HD)

9.00 The Space Shuttle That Fell to Earth

RT New series. 1/3. The story of the *Columbia* disaster, featuring contributions from Nasa staff and the astronauts' families. As the space shuttle roared into orbit on 16 January 2003 after a perfect launch, Mission Control and the crew breathed a sigh of relief – but footage taken just over a minute into the flight revealed a piece of debris breaking off. From tonight, the whole series will be on iPlayer. **See p60.** Director Lizzie Kempton; Producers Oli Roy and Danielle Spears Repeated Wednesday 11.45pm (S) (AD) (HD)

10.00 Our Flag Means Death

RT 2/10 Series 2. Red Flags. Aboard Zheng's ship, Stede discovers new team-building tactics, while Black Pete reunites with a familiar face while battling his demons. A box set is on iPlayer. **See p61.** (S) (AD) (HD)

Stede Bonnet	Rhys Darby	Izzy Hands	Con O'Neill
Buttons	Ewen Bremner	Black Pete	Matthew Maher
Frenchie	Joel Fry	Wee John Feeney	Kristian Nairn
Oluwande	Samson Kayo	Fang	David Fane
Lucius	Nathan Foad	Zheng Yi Sao	Ruibao Qian
Jim	Vico Ortiz	Archie	Madeleine Sami

10.30 Newsnight With Victoria Derbyshire. (S) (HD)

11.10 Weather (S) (HD)

11.15 PS I Love You ★★

Comedy drama starring Hilary Swank and Gerard Butler. Following the death of her husband Gerry, Holly Kennedy receives the first in a series of letters and tape recordings that Gerry had compiled before his demise. On iPlayer for 30 days. **Review page 67.** Director Richard LaGravenese (2007, 12) (S) (AD) (W) (HD)

1.15-3.40am Sign Zone 1.15 Countryfile The rocky uplands of Bodmin Moor. Shown yesterday 6.30am (S) (HD)

2.10 Garden Rescue Charlie Dimmock and Lee Burkhill create an South East Asian-inspired garden in Bolton. (R) (S) (HD)

2.55 Animal Park A male fennec fox arrives. (R) (S) (AD) (HD)

BBC2 Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102

ITV1

3

Born from the Same Stranger
9.00pm Adam is desperate to find answers to some difficult questions



4.00pm Tipping Point

Ben Shephard hosts as three players try to hit the jackpot on the supersized arcade machine and walk away with £20,000 in cash. (S) (HD)

5.00 The Chase

Penny, Andrew, Sohini and Dave take on one of the mighty Chasers in an attempt to scoop the prize pot. Bradley Walsh presents. (S) (HD)

6.00 Regional News Weather

6.30 ITV Evening News Weather

7.30 Emmerdale

Tom is upset that Belle doesn't want to take his surname, an exhausted Dawn juggles the needs of three children, and Wendy detects a spark. Writers Tony Higgins and Martin Fustes Cast Thu/Fri (S) (AD) (HD)

8.00 Coronation Street

Nick gets to the bottom of Leanne and Simon's cover-up attempt, and Bethany tries to bury the hatchet with Daisy. Meanwhile, Bobby is shocked to discover the truth about his father's crime.

Nick Tilsley	Ben Price	Roy Cropper	David Neilson
Leanne Battersby	Jane Danson	Amy Barlow	Elle Mulvaney
Simon Barlow	Alex Bain	Toyah Haabee	Georgia Taylor
Bethany Platt	Lucy Fallon	Summer Spellman	Harriet Bibby
Daisy Midegeley	Charlotte Jordan	Gail Rodwell	Helen Worth
Bobby Crawford	Jack Carroll	John Perry	Ian Peck
Carla Barlow	Alison King	Hope Dobbs	Isabella Flanagan
PC Travers	Angela Murray	David Platt	Jack P Shepherd
Sean Tully	Antony Cotton	Bernie Winter	Jane Hazlegrove
Rita Tanner	Barbara Knox	Glenda Shuttleworth	Jodie Prenger
Jake Windass	Bobby Bradshaw	Tim Metcalfe	Joe Duttine
Joel Deering	Calum Lill	Sam Blakeman	Jude Riordan
Oria Crawshaw	Carla Mendonca	Shona Platt	Julia Goulding
Dee-Dee Bailey		Tracy McDonald	Kate Ford
	Channique Sterling-Brown	Suki Waters	Laura Littlewood
Dr Owen	Chris Jack	Dylan Wilson	Liam McCheyne
Damon Hay	Ciaran Griffiths		

Writers Julie Jones and Susan Oudot More cast Tue (S) (AD) (HD)

9.00 Born from the Same Stranger

RT 4/4. Following the efforts of people who were donor-conceived to track down their siblings and the anonymous donors who gave them life. Amanda has put off searching until now because she is worried about the impact it could have on her mum and dad. Meanwhile, Adam's parents speak openly about why they were told to keep sperm donation a secret as they give him their full support in his quest for answers. Davina McCall narrates. **See page 60.** Series director/producer Rachel Ozers Repeated Thursday 10.45pm (S) (AD) (HD)

10.00 ITV News at Ten

Weather; Regional News and Weather (S) (HD)

10.45 Boris Becker: the Rise and Fall

1/2. Chronicling the extraordinary journey of the tennis star, from his victory at Wimbledon as a teenager to his fall from grace which saw him divorced, bankrupt and sent to prison for concealing assets. Continues tomorrow 9pm. Shown last Tuesday (S) (AD) (HD)

11.45 EFL Highlights

The best action from the weekend fixtures in the EFL, including Watford v Leicester City. Shown Saturday 9pm ITV4 (S) (HD)

12.55am Home Shopping

3.00 Martin Clunes: Islands of the Pacific 1/3. The actor explores French Polynesia. (R) (S) (SL) (AD) (HD)

3.50 Unwind A sequence to calm the mind. (S) (HD)

5.05-6.00am Jimmy's Taste of Florida Jimmy Doherty embarks on a culinary tour of the Sunshine State. **See choice, p60.** Shown 2pm (S) (SL) (AD) (HD)

ITV1 Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 103

+1 Freeview 35 Freesat 112 Sky 203 Virgin 303

Channel 4

4
7 in Wales

George Clarke's Adventures in Americana 8.00pm The architect meets poet John Barr at his idyllic cabin



5.00pm Château DIY

Tim and Sasha attempt to turn a murky pond into a gleaming water feature for their 80 goldfish. Repeated tomorrow 4pm 4seven (S) (AD) (HD)

6.00 Come Dine with Me

Teacher Katie, the first host in Bolton, hopes to charm her guests with an evening of cocktail-shaking and hearty home-made food. (S) (HD)

6.30 The Simpsons

The Day the Earth Stood Cool. Homer befriends his trendy new neighbours. (R) (S) (AD) (HD)

7.00 Channel 4 News Sport; Weather

8.00 George Clarke's Adventures in Americana

RT 4/4. George explores the small towns and rural landscapes of New Jersey and Connecticut in search of the architecture that defined the 1950s and 60s. He admires neon signs in the holiday resort of Wildwood before marvelling at the Glass House, designed by the architect Philip Johnson as his own residence. George also visits some classic New England waterfront homes, a poet's woodland cabin and a former zoo that is now a quirky hotel. The whole series is available to stream. **See page 60.** Series director Rebecca Allan; Series producer Mark Richardson Repeated tomorrow 8pm and Friday 7pm 4seven (S) (AD) (HD)

RT Travel supplement: centre pages

9.00 To Catch a Copper

RT 3/3. The final episode follows Avon and Somerset Police's Professional Standards Department as it investigates allegations of sexual misconduct made against police officers. A woman comes forward accusing a police constable of posting revenge porn, and a new police community support officer accuses a fellow recruit of sexually assaulting her during a residential training course. **See page 61.** Series director Ashley Francis-Roy; Series producer Hugo Pettitt Repeated Wednesday 9pm 4seven and with signing Thursday 12.05am Channel 4 (S) (AD) (HD)

10.00 Night Coppers

Cameras follow another night patrol in Brighton, as 19-year-old rookie Matt and his 22-year-old partner Will attend a case of suspected arson. Meanwhile, officers Sophie and Rachel investigate when a man is left with life-threatening injuries. Directors/Producers Benedict Adams, Joss Cubitt, Tom Power and Steven Prior (R) (S) (AD) (HD)

11.05 24 Hours in A&E

Sylvia, 95, is brought to St George's after losing her balance and falling down a flight of stairs. Director/Producer Ben Cotton (R) (S) (AD) (HD)

12.05am The Secret World of Fight Clubs With access to two very different fight clubs, *Untold* explores what attracts people to such events. (S) (AD) (HD)

12.40 Ramsay's Kitchen Nightmares USA Helping a Danish restaurant in Miami, Florida. (R) (S) (SL) (HD)

1.30 Couples Come Dine with Me Fried favourites and two beef dishes are on the menu as three couples host dinner parties in Yorkshire. (R) (S) (SL) (HD)

2.20 Undercover Boss USA Internet sensation Bethany Mota meets aspiring social-media stars. (R) (S) (HD)

3.10 Miners' Strike 1984: the Battle for Britain 3/3 Examining how the year-long dispute came to an end in March 1985. Shown last Thursday (S) (SL) (AD) (HD)

4.00 Grand Designs Following a chef building a home with two kitchens in south London. (R) (S) (AD) (HD)

4.55 Kirstie and Phil's Love It or List It The duo help a couple in south Lanarkshire. (R) (S) (SL) (AD) (HD)

5.45-6.10am Supermarkets Unwrapped: the Vegan Aisle How to make an eggless quiche. (R) (S) (SL) (AD) (HD)

Channel 4 Freeview 4/HD 104 Freesat 104 Sky 104 Virgin 104

+1 Freeview 15 Freesat 121 Sky 204 Virgin 304

BBC4

9
24 in Scotland

Britain's Lost Masterpieces 9.00pm Bendor Grosvenor and Emma Dabiri analyse a portrait



7.00pm Dynasties

3/5. Lion. The Marsh pride of Kenya's Masai Mara is among Africa's best known lion families but, having been abandoned by all the adult males, its survival now depends on just two adult females, Charm and Sienna. For the pride to continue they must protect their eight young cubs. Presented by David Attenborough. More tomorrow 7pm. A box set is on iPlayer. Producer Simon Blakeney; Series producer Rupert Barrington Repeated 1am (R) (S) (AD) (HD)

8.00 Art of Persia

3/3. Samira Ahmed travels to the crumbling ruins of an ancient walled city to recount the time Persia faced its gravest threat – Genghis Khan. In the fabled city of Isfahan, she encounters the dynasty of Shahs that succeeded the Mongols – the Safavids – who gave Iran a powerful new identity. Director Richard Downes; Executive producer Matthew Springford Repeated 3am (R) (S) (AD) (HD)

9.00 Britain's Lost Masterpieces

4/4 Series 2. Dr Bendor Grosvenor and Emma Dabiri travel to Arbroath on Scotland's east coast to investigate a mysterious 16th-century portrait. Bendor believes that the painting may be a lost masterpiece by one of the great Old Masters, Dutch artist Antonis Mor. Director David Starkey; Executive producers Harry Bell and Brendan Hughes Rptd 2am (R) (S) (AD) (HD)

10.00 8 Days: to the Moon and Back

In July 1969 it took precisely eight days, three hours, 18 minutes and 35 seconds for Neil Armstrong, Buzz Aldrin and Michael Collins – the crew of *Apollo 11* – to blast off from Kennedy Space Centre, fly to the Moon, land on its surface and return safely to Earth. But what were those eight days really like for those three pioneering astronauts? Originally shown in 2019 to mark the 50th anniversary of the first Moon landing, this drama-documentary brings to life the story of the mission. Michael Collins Patrick Kennedy Buzz Aldrin Jack Tarlton Neil Armstrong Rufus Wright Director Anthony Philipson Producer James Van der Pool (R) (AD)

11.30 Stargazing: Moon Landing Special

On 16 July 1969, the *Apollo 11* spacecraft blasted off from Cape Canaveral, and just a few days later Neil Armstrong and Buzz Aldrin became the first humans to land on the Moon. Brian Cox and Dara O Briain pay the pioneering space facility a visit and find out about plans to launch people into space using the *Starliner* spacecraft. Series producer Rob Liddell; Executive producer Helen Thomas First shown on BBC2 (S) (AD) (HD)

1.00am Dynasties Shown 7pm (S) (AD) (HD)

2.00 Britain's Lost Masterpieces Shown 9pm (S) (AD) (HD)

3.00-4.00am Art of Persia Shown 8pm (S) (SL) (AD) (HD)

BBC4 F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

BBC1 SCOTLAND

8.30-9.00pm Grand Tours of Scotland's Rivers **10.40** Dougray Scott: Bringing Football Home **11.40** SportsScene **12.25am** Have I Got News for You **12.55** Domino Day **1.35** Weather for the Week Ahead **1.40-6.00** BBC News

BBC SCOTLAND

2.00pm Grand Tours of Scotland's Rivers: signed **2.30** The Agency: Unfiltered: signed **3.30-4.00** The Forest: signed **7.00** SportsScene **7.45** SportsScene Goals+ **8.00** Inside the Zoo **9.00** The Nine **10.00** Kyle Falconer: Love and Chaos **10.45** Calamity James **11.00** Naked Video **11.30-12 midnight** Not Your Average Family

STV

10.40pm Scotland Tonight **11.05** Boris Becker: the Rise and Fall **12 midnight** EFL Highlights: including Watford v Leicester **1.15-3.00am** Night Vision **3.50-5.05** Night Vision

ITV1 BORDER SCOTLAND

10.45pm Border Sport in Focus **11.15-11.45** Border Life

BBC1 WALES

7.00-7.30pm SOS: Extreme Rescues **8.00** Wynne's Welsh 80s **8.30-9.00** Weatherman Walking **10.40** Panorama **11.10** Have I Got News for You **11.40** Domino Day **12.25am** The Graham Norton Show **1.15-6.00** BBC News

BBC2 WALES

9.00am BBC News **10.00** Snooker **4.30pm** The Farmers' Country Showdown **5.15** Political Thinking **5.45-6.00** Flog It! **7.00** The One Show **7.30-8.30** Snooker **11.15** Snooker **12 midnight** Wilderness with Simon Reeve **1.00-1.15am** The Super Squirrels

BBC1 NI

7.00pm Hope Street **7.45** Suzie Lee: Home Cook Hero: fish dishes **8.00** EastEnders **8.30-9.00** Panorama **10.40** Michael Longley: Where Poems Come From **11.40** Stanley **12 midnight** Have I Got News for You **12.30am** Domino Day **1.15** The Graham Norton Show **2.05-6.00** BBC News

BBC2 NI

10.00-10.30pm Ar an Sliabh

UTV

10.45-11.45pm View from Stormont

Channel 5 listings are overleaf

MONDAY Freeview

Channel 5

5



Traffic Cops 8.00pm High-speed pursuits for PC Carter and the team

6.00am Milkshake! See page 66.

9.15 Jeremy Vine (S) (HD)

11.15 Storm Huntley (S) (HD)

12.45pm Alexis Conran and Friends (S) (HD)

1.40 5 News (S) (HD)

1.45 Home and Away Justin struggles with Leah's decision. Shown last Fri 5 Star (S) (AD) (HD)

2.15 My Secret Stalker ★★ Thriller.

A woman is stalked by the rock star she used to have a crush on.

Director Maria Sokoloff (2022) (S) (W) (HD)

4.00 Bargain-Loving Brits in the Sun Cameras follow Clint, who has swapped shoe sales in Hull for horse-whispering on the Costa del Sol. (R) (S) (AD) (HD)

5.00pm 5 News (S) (HD)

6.00 Susan Calman's Grand Day Out Susan and her campervan arrive on home turf, touring the southern Highlands on a 140-mile trek from Glasgow to Aberfoyle.

Director/Producer Jenny MacLeod (R) (S) (HD)

6.55 5 News Update (S) (HD)

7.00 Police Interceptors

A disqualified driver with no insurance and a pocket full of cannabis slips off a motorbike near a police car.

Directors/Producers Rachael Davies, Mike Parmenter and James Warner (R) (S) (HD)

7.55 5 News Update (S) (HD)

8.00 Traffic Cops

Offices go in pursuit of a banned drunk driver who collides with a passing car before taking off again, only to crash into someone's garden. In south Derbyshire, officers spot a man wanted for an alleged domestic burglary and seize the chance to catch the suspect while in his car.

Series director/producer Simon Meehan (S) (HD)

9.00 Police: Suspect No 1

6/6 Series 2. In Norwich, specialist detectives arrest the person they think is leading a county lines drug gang, but the suspect claims to have been threatened into running the operation.

Directors/Producers Glenn Dance, Richard Davies and Leanne Chuter (S) (HD)

10.00 Casualty 24/7: Every Second Counts

Lead nurse Hannah tries to cope with a shortage of the porters who keep patients moving through casualty and free up spaces for new emergency cases.

Directors/Producers John Nichols, Philip Shotton and Paul Wells (S) (HD)

11.05 999: Critical Condition

Consultant doctor Julian Humphrey examines a 76-year-old woman who has broken her nose in a nasty fall and may have more serious head injuries.

Directors Tom Turner and Leo Fawkes (R) (S) (HD)

12.05am Traffic Cops: officers pursue a suspected drug driver (R) (S) (HD) **1.00 Casino** (S) (HD)

3.00 Susan Calman's Grand Day Out: exploring the west-Wales coast (R) (S) (HD)

3.50 Britain's Great Cathedrals with Tony Robinson (R) (S) (SL) (HD) **4.40 House Doctor** (R) (S) (SL) **5.05 Nick's Quest** (R) (S) (SL)

5.30-5.35am Entertainment News (S) (HD)

5.30-5.35am Entertainment News (S) (HD)

5.30-5.35am Entertainment News (S) (HD)

5.30-5.35am Entertainment News (S) (HD)

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5.30-5.35am Entertainment News (S) (HD)

5.30-5.35am Entertainment News (S) (HD)

BBC3

23



Ghosts US 8.00pm Thorfinn is caught in the crossfire after a failed scheme

7.00pm Gladiators

5/11. Legend gets into trouble on the Collision bridge. **See choice, page 40.** Shown Saturday 5.50pm BBC1 (S) (AD) (HD) Followed by **New. The Catch Up** (S) (HD)

8.00 Ghosts US

10/22 Series 2. Sam and Thorfinn get caught up in Bela's scheme. (S) (HD)

8.25 11/22. Thorfinn tries to be a good father to his son. More tomorrow 8pm. A box set is available on iPlayer. (S) (HD)

8.45 Jobless

One-off comedy about teenage twins from a middle-class British-Nigerian family in Milton Keynes who are determined to make their mark on the world. (S) (HD)

9.00 The Apprentice

1/12. The hunt is on for Lord Sugar's next business partner, and this year's candidates kick things off in the Scottish Highlands. First shown on BBC1 (S) (AD) (HD)

10.00 2/12. Lord Sugar asks the candidates to manufacture miniature cheesecakes. More Thursday 9pm BBC1. Shown last Thursday BBC1 (S) (AD) (HD)

11.00 RuPaul's Drag Race UK vs the World

1/8 Series 2. Drag Race glamazons from around the world compete alongside fan favourites from *RuPaul's Drag Race UK*. Shown last Friday (S) (HD)

12.20am Dreaming Whilst Black: two episodes (S) (AD) (HD) **1.10 Fresh Cops** (S) (HD)

2.10 Hire Me: Competing for a Dream Job (S) (HD) **2.40 Jobless** (S) (HD) **2.50-3.45am Dreaming Whilst Black** (S) (SL) (AD) (HD)

BBC3 Freeview 23/HD 107 (not Scot/Wales) Freesat 107 Sky 115 (117 Wales; 121 Scotland) Virgin 107 (157 Scotland/Wales)

ITV2

6

6.00am CITV (HD) **9.00 Chuck** (S) (HD)

10.00 One Tree Hill: two episodes (S) (HD)

12 noon Secret Crush (S) (HD) **1.00pm Dress to Impress** (S) (HD) **2.00 Alan Carr's Epic Game Show** (S) (AD) (HD) **3.00 One Tree Hill** (S) (HD) **5.00 Dress to Impress** (S) (HD)

6.00pm Celebrity Catchphrase Natasha Hamilton, Alexander Armstrong and Jamie Laing guess the famous phrases. (S) (AD) (HD)

7.00 Deal or No Deal Celebrity Special Coronation Street actor Simon Gregson attempts to beat the Banker. (S) (AD) (HD)

8.00 Superstore 2/22 Series 3. Mateo and Cheyenne try to persuade Glenn that they were friends with Brett. (S) (AD) (HD)

8.30 3/22. Amy turns to Jonah for advice on parenting, while Garrett and Dina argue about who broke up with whom. (S) (AD) (HD)

9.00 New. Love Island: All Stars The end is now in sight for the islanders as they try make it all the way to the finish line. (S) (HD)

10.05 Family Guy Series 17. Brian's marriage to Jess is not what he envisioned, so at Peter's suggestion he lets himself go. **10.35 Series 16.** Peter garners the attention of a powerful figure in Silicon Valley when he tries to attract millennials to a brewery. **11.05 Stewie** and Brian search for Mort after learning there is a \$10,000 reward for turning him into the police. (S) (AD) (HD)

11.35 American Dad! Series 13. Francine obsesses over home security. (S) (AD) (HD)

12.05am Series 16. Principal Lewis threatens to cancel science club. (S) (AD) (HD)

12.30 Superstore: two episodes (S) (AD) (HD)

1.30 Olivia Attwood: Getting Filthy Rich (S) (HD)

2.35-3.00am Unwind (S) (HD)

ITV2 Freeview 6 Freesat 113 Sky 118 Virgin 115 +1 Freesat 29 (Tm-2am) Freesat 114 Sky 218 Virgin 315

ITV3

10



Vera 8.00pm DCI Stanhope looks into the shooting of a surgeon

6.00am Classic Emmerdale (S) **7.00 Classic Coronation Street** (S) (AD) **8.05 Where the Heart Is: 14/16 Series 4.** Legacy. Skelthwaite children succumb to a viral infection Rptd 12.45am; **9.10 15/16. Getting Better.** A patient shows signs of domestic abuse Rptd 1.35am (S) (AD) **10.15 Agatha Christie's Poirot: The Lost Mine.** Poirot investigates when a bank's most valued client goes missing (S) (AD) (HD)

11.30 The Royal Repeated 11.55pm (S) (AD)

12.35pm Heartbeat: 18/24. Greengrass falls in love (S) (AD) **1.40 Classic Emmerdale:** double bill. Ethan steals himself for visiting Steph in jail, then Turner identifies a body found on the moors (S) **2.40 Classic Coronation Street:** double bill. Les allows Chesney to come back home, then Audrey interrogates Tim (S) (AD)

3.40 Coronation Street: Memorable Moments (S) (AD) (HD) **4.15 Agatha Christie's Poirot: Peril at End House 1/2.** Poirot meets an accident-prone woman (S) (AD) (HD)

5.20pm Downton Abbey

8/9 Series 6. A change of circumstance puts Bertie Pelham in the limelight, and Edith must make a decision. Can Mary ever make peace with Edith – or herself? Continues tomorrow 4.50pm. (S) (AD) (HD)

7.00 Heartbeat

19/24 Series 7. Nick and Jo start planning their life together. Greengrass and Bernie try their hand at modern art. (S) (AD)

8.00 Vera

2/4 Series 3. Poster Child. Vera and the team investigate the murder of a respected surgeon and the abduction of his two teenage daughters. (S) (AD) (HD)

10.00 Trail and Retribution

Suspicion 2/2. Connor and Walker have their suspicions confirmed. A new two-part story starts tomorrow 10pm. (S)

11.55 The Royal

3/12 Series 4. A routine visit turns into a nightmare for Jill when she is taken hostage. Shown 11.30am (S) (AD)

12.45-2.30am Where the Heart Is Shown 8.05am/9.10am (S) (SL) (AD)

ITV3 Freeview 10 Freesat 115 Sky 119 Virgin 117 +1 Freesat 116 Sky 219 Virgin 317

ITV4

26

6.00am The Best of the 80s (S) (HD) **6.10 Minder** (S) (SL) (AD) **7.15 The Professionals** (S) (SL) (AD) **8.20 The Saint** (S) **9.20 The Return of Sherlock Holmes** (S) (AD) (HD) **10.30 Magnum, PI** (S) (AD) (HD) **11.35 The Saint** (S)

12.35pm The Return of Sherlock Holmes (S) (AD) (HD) **1.40 Kojak** (S) (HD) **2.50 Magnum, PI** (S) (AD) (HD) **3.50 Minder** (S) (AD) **4.55 The Professionals:** Bodie is held hostage (S) (AD)

6.00pm BattleBots Copperhead and Black Dragon battle for the high ground. (S) (HD)

7.00 The Chase Celebrity Special With Su Pollard, Jordan Banjo, AJ Odudu and Jonathan Ross. Bradley Walsh hosts. (S) (HD)

8.00 Charlene White, Ade Adepitan, Mark Foster and Kevin Eldon play for their chosen charities. Hosted by Bradley Walsh. (S) (HD)

9.00 FILM Speed 2: Cruise Control ★★ Action thriller sequel starring Sandra Bullock and Jason Patric. A romantic holiday turns out to be anything but plain sailing. (S) (W) (HD)

11.30 From Dusk Till Dawn 5/11. The Geckos and Fullers wait to cross into Mexico. (S) (HD)

12.35am BattleBots (S) (HD) **1.35 Auto Mundial** (S) (HD) **2.00 Motorsport Mundial** (S) (HD)

2.30-3.00am The Protectors (S) (SL) (HD)

ITV4 Freeview 26 Freesat 117 Sky 120 Virgin 118 +1 Freesat 118 Sky 220 Virgin 318

Drama

20



The Last Detective 8.00pm Davies encounters Marjorie Balsam

7.10am All Creatures Great and Small Rptd 4.10pm (S) 8.00 Doctors: double bill. Faith gets a surprise, then Jude has a hectic first shift

9.20 Classic Holby City: Guy allows Zosia back on the wards Rptd 3am (S) (HD) **10.40 Classic Casualty:** vigilantes take on a sex offender (S)

11.40 The Bill: racial unrest rocks Sun Hill (S)

12.40pm Classic EastEnders: double bill. Zoe's plan is thwarted by Den, then Dennis and Andy broker a deal over the club **2.00 Monarch of the Glen: 3/10 Series 4.** Katrina returns, determined to win back Archie (S)

3.10 Kingdom: 1/6 Series 3. Peter helps an injured Iraq War veteran deal with the future (S) **4.10 All Creatures Great and Small: 13/13 Series 1.** *Breath of Life.* A case of foot-and-mouth brings tragedy to the Dales Shown 7.10am (S) **5.20 Terry and June: 4/6 Series 3** June is furious with Terry Repeated 2.25am

6.00pm As Time Goes By

6/10 Series 4. The Anniversary Party Sandy walks out on her boyfriend. (S)

6.40 Last of the Summer Wine

Series 30. In Which Romance Springs a Leak Howard is taken for granted. (S) (HD)

7.20 Variations on a Theme of Father's Day. Hobbo sends Howard to eavesdrop to find out more about his father. (S) (HD)

8.00 The Last Detective

2/4 Series 2. The Long Bank Holiday. Mod stands for the local council in opposition to the formidable Marjorie Balsam. (S) (AD)

9.35 New Tricks

2/10 Series 9. Old School Ties

The remains of a body are discovered near a public boarding school. (S) (AD) (HD)

10.55 3/10 Series 9. Queen and Country

The team reinvestigates the suspected suicide of a young diplomat. (S) (AD) (HD)

11.55 Spooks

4/10 Series 4. Road Trip. Adam and Zafar persuade a terrorist to defect. (S)

1.10am Hustle: 6/6 Series 5. Mickey's cheating ways come back to haunt him (S) (HD)

2.25 Terry and June Shown 5.20pm

3.00-4.00am Classic Holby City Shown 9.20am

Drama Freeview 20 Freesat 158 Sky 143 Virgin 116 +1 Freeview 60 Sky 243 Virgin 316

ITVBe

28

7.00am Billie and Greg: the Family Diaries (S) (AD) (HD) **8.00 Masters of Flip** (S) (HD)

9.00 LittleBe: children's programmes (HD)

12 noon Sugar Showdown (S) (HD) **12.25pm The Real Housewives of Beverly Hills** (S) (HD)

1.20 The Only Way Is Essex (S) (HD) **2.00 Buying and Selling** (S) (HD) **3.00 Million Dollar Listing: NYC** (S) (HD) **4.00 The Real Housewives of Atlanta** (S) (HD) **5.00 New. The Real Housewives of New Jersey** (S) (HD)

6.00pm Masters of Flip Kortney and Dave Wilson gut a gloomy gothic home. (S) (HD)

7.00 Million Dollar Listing: NYC Steven has a shot at selling an entire building. (S) (HD)

8.00 James Martin's Spanish Adventure

The chef tries local octopus when he visits Vigo in north-west Spain. (S) (AD) (HD)

9.00 The Real Housewives Ultimate Girls' Trip Cynthia checks on the ladies when a yacht day turns into a boat ride from hell. (S) (HD)

10.00 The Real Housewives of Miami

Alexia finds her perfect wedding venue, but things go wrong when it falls through. (S) (HD)

11.00 The Cabins Single people are paired up and sent to stay in log cabins. (S) (HD)

12 midnight-1.00am The Only Way Is Marbs (S) (HD)

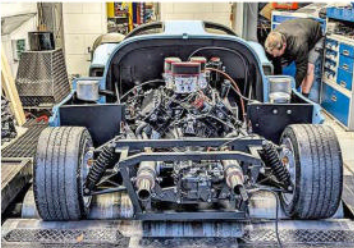
ITVBe Freeview 28 Freesat 119 Sky 131 (132 Scotland) Virgin 119 +1 Virgin 319

BBC4 listings are overleaf

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

More4

18



Car SOS 9.00pm The team set to work on a rare 1989 Ultima Mk3 race car

8.55am A Place in the Sun **10.25** A New Life in the Sun **11.25** Find It, Fix It, Flog It (AD) **12.30pm** Come Dine with Me: in Bournemouth (AD) **3.10** Four in a Bed **5.50** Heir Hunters **6.55pm The Dog House** Documentary set inside Woodgreen animal charity. A terrified terrier arrives after his owner is taken into care, while a child-friendly cairn terrier is the only one of the charity's charges deemed gentle enough for a family from Peterborough. (AD) **7.55 Grand Designs** Kevin McCloud returns to north Cornwall to see whether Rebecca and Gregory were successful with their plans for an innovative magic box of a house. (AD) **9.00 New. Car SOS 10/10 Series 11.** Tim and Fuzz head to Cambridgeshire to pick up their first supercar, a 1989 Ultima Mk3 race car. First shown on National Geographic (AD) **10.00 Top Guns: inside the RAF** RAF Lossiemouth's new surveillance team is called upon when a Russian warship is detected close to vital UK pipelines. Elsewhere, regiment gunner Ben overcomes a medical condition that has plagued him his entire life. (AD) **11.05 Eight out of Ten Cats Does Countdown** Jason Manford and Lee Mack team up with Joe Wilkinson and Fay Ripley respectively. **Taskmaster's** Alex Horne joins Susie Dent in Dictionary Corner, Rachel Riley provides the letters and numbers, and Jimmy Carr hosts. **12.05am** Emergency Helicopter Medics (AD) **1.10** Top Guns: inside the RAF (AD) **2.15** 24 Hours in A&E (AD) **3.20-3.50am** A Farmer's Life

More4 F'view 18 F'sat 124 Sky 136 (137 Scotland) Virgin 147 **+1** Freesat 125 Sky 236 (237 Scot) Virgin 347

E4

13

6.00am Hollyoaks Shown last Thursday/Friday (AD) **7.00** Ramsay's Kitchen Nightmares USA (SL) **9.00** Brooklyn Nine-Nine (AD) **10.00** Young Sheldon (AD) **11.00** Modern Family **12 noon** The Big Bang Theory (AD) **2.00pm** Brooklyn Nine-Nine (AD) **3.00** Modern Family **4.00** Young Sheldon: two episodes (AD) **5.00** The Big Bang Theory: double bill (AD) **6.00pm The Big Bang Theory 1/17 Series 1** Leonard is immediately smitten with his new down-to-earth neighbour Penny. (AD) **6.30 2/17** Sheldon tries to do Penny a favour by tidying her flat. (AD) **7.00 New. Hollyoaks** The weight of his guilt sends Ste down a dark path. Rptd Tue 6.30am (AD) **7.30 Modern Family 15/24 Series 1.** The families prepare for Valentine's Day. **8.00 New. Below Deck Down Under** Jamie puts Brittini on the night shift. (AD) **9.00 Celebrity Gogglebox** Sexy Beasts and Naked and Afraid are appraised. (AD) **10.00 Gogglebox** Opinions on shows including SAS: Who Dares Wins and Dragons' Den. (AD) **11.05 First Dates** Sisters Claire and Louise make a foursome with their dates. (AD) **12.10am** The Big Bang Theory (AD) **12.40** The Big Bang Theory (SL) (AD) **1.10** Brooklyn Nine-Nine (AD) **2.10** Modern Family **3.25** Below Deck Down Under (AD) **4.15** Ramsay's Kitchen Nightmares USA (SL) **5.05-6.00am** How I Met Your Mother (AD)

E4 Freeview 13 Freesat 122 Sky 135 (136 Scot) Virgin 106 **+1** Freeview 30 Freesat 123 Sky 235 (236 Scot) Virgin 306 **E4 Extra** F'view 31 F'sat 126 Sky 138 (139 Scot) Virgin 144

Really

17

6.00am Fantasy Homes by the Sea **7.00** Shopping **8.00** Salvage Hunters **10.00** Great Antiques Challenge **11.00** Antiques Road Trip **12 noon** Repair Shop **1.00pm** Long Lost Family **2.00** My 600lb Life **4.00** Animal Cops Philadelphia (AD) **5.00** Ambulance (AD) **6.00** Great Antiques Challenge **7.00** Antiques Road Trip (AD) **9.00** New. Yorkshire Auction House **10.00** Repair Shop **11.00** Ghost Adventures **12 midnight** Spooked Ireland **1.00am** Ghost Adventures **2.00** Shopping **4.00** Animal Cops (AD) **5.00-6.00am** As 4pm

Really Freeview 17 Freesat 160 Sky 142 Virgin 128

Sky Arts

36



Pavarotti: Tenth Anniversary Gala 10.30pm A star-studded concert

6.00am Arts Uncovered **6.20** LA Philharmonic Centennial Birthday Gala **8.00** The Joy of Painting (AD) **9.00** Tales of the Unexpected **10.00** Alfred Hitchcock Presents **11.00** Discovering: Edward G Robinson (AD) **12 noon** The Joy of Painting (AD) **1.00pm** Tales of the Unexpected **2.00** Cold War and Cinema (AD) **3.00** David Hockney: in Normandy **4.00** Discovering: Jack Lemmon (AD) **5.00** Tales of the Unexpected **6.00pm Alfred Hitchcock Presents** A woman struggles to keep the mind of her brother on the task of murder. **6.30** An antiques dealer feels he should be enjoying the finer things in life. **7.00 The Joy of Painting** The secret to creating a larger-than-life landscape. (AD) **7.30** A scene featuring a silvery lake. (AD) **8.00 André Rieu: the Flying Dutchman** A concert by the violinist in Kerkrade, Holland. **9.15** The concluding part of the violinist's gala concert from the Parkstad Limburg Stadium. **10.30 Pavarotti: Tenth Anniversary Gala** A concert at the Verona Arena honouring the life of tenor Luciano Pavarotti. **11.45 Nigel Kennedy: the Four Seasons** The violinist performs Vivaldi's work with the English Chamber Orchestra. **1.00am** Buddy Guy: the Blues Chase the Blues Away **2.45 FILM** The Life of Riley ★★★★★ Documentary recounting the life story of legendary bluesman BB King (W) **4.35** Lenny Henry's Got the Blues (AD) **5.30-6.00am** Auction

Sky Arts Freeview 36 Freesat 147 Sky 130 (131 Scotland) Virgin 140/HD 123 EE 350/HD 365

4seven

49

9.00am Find It, Fix It, Flog It (AD) **10.00** Come Dine with Me **12.30pm** Everybody Loves Raymond (AD) **2.00** Frasier (AD) **3.00** The Great House Giveaway **4.00** Château DIY (AD) **5.00** A Place in the Sun **6.00pm A New Life in the Sun** In Portugal, Lancashire entrepreneur Lloyd takes on a colossal challenge. Shown 4pm Channel 4 **7.00 A Place in the Sun** Musician Donagh searches for a new home in Valencia, Spain. **7.45 The Great Pottery Throw Down 6/10.** It's time for tea in the pottery, as the remaining hopefuls make teapots and mugs decorated with a bold majolica finish. **See choice, p50.** Shown yesterday 7.45pm C4 (AD) **9.00 Grand Designs** Kevin McCloud meets John and his wife Helen in Dunstable, who plan on building a hi-tech, accessible pavilion and wildlife garden. Shown yesterday 9pm C4 (AD) **10.00 FILM Meet the Parents ★★★★★** Comedy starring Robert De Niro and Ben Stiller. Male nurse Greg Focker wants to propose to his girlfriend, but decides to ask the permission of her father, Jack, a former CIA agent. (AD) **12.05am** To Catch a Copper (AD) **1.10** Night Coppers (AD) **2.15** Grand Designs (AD) **3.20** George Clarke's Adventures in Americana (AD) **4.20-4.50am** Four in a Bed

4seven F'view 49 F'sat 127 Sky 137 (138 Scot) Virgin 143

Quest

12

6.00am How Do They Do It? **6.30** Shed and Buried **7.00** The Repair Shop **8.00** American Pickers (AD) **10.00** Chasing Classic Cars **11.00** Vintage Voltage (AD) **12 noon** How Do They Do It? **1.00pm** Money for Nothing **2.00** The Repair Shop **3.00** Find It, Fix It, Flog It **4.00** Salvage Hunters **5.00** Salvage Hunters: the Restorers **6.00pm** Wheeler Dealers **7.00** Aussie Gold Hunters **8.00** Salvage Hunters **9.00 New.** Outback Farm **10.00 New.** Gold Divers: Shawn gambles to dig deeper than ever **11.00** How Do They Do It? **12 midnight** Wheeler Dealers **1.00am** Border Control: Spain **2.00** Chasing Classic Cars **3.00** Vintage Voltage (AD) **4.00-5.00am** How It's Made

Quest Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 137 **+1** Freeview 70 Freesat 168 Sky 244 Virgin 337

Yesterday

27



Secrets of the London Underground 8.00pm The Waterloo and City Line

6.10am Fred Dibnah's Made in Britain **7.10** Underground Worlds **8.00** Abandoned Engineering (AD) **10.00** War Factories **11.00** Narrow Escapes of World War II (AD) **12 noon** Great American Railroad Journeys **1.00pm** Antiques Roadshow **2.00** Bangers and Cash: Restoring Classics (AD) **4.00** War Factories **5.00** Narrow Escapes of World War II (AD) **6.00pm Antiques Roadshow** Fiona Bruce hosts from Floors Castle in south-east Scotland. **7.00 Great British Railway Journeys** From Welshpool to Aberystwyth. **7.30** Michael Portillo discovers how the Victorians planned to repel a French invasion. **8.00 Secrets of the London Underground** Tim Dunn and Sidly Holloway discover the hidden world of the Waterloo and City Line. (AD) **9.00** King William Street, the original terminus of the first electric Tube in the world. (AD) **10.00 Bangers and Cash: Restoring Classics** Featuring a 1992 Vauxhall Nova Merit Plus. (AD) **11.00 Abandoned Engineering** A facility which once produced mustard gas and enriched uranium lies in ruins. (AD) **12 midnight** Great British Railway Journeys **1.00am** Underground Worlds: tunnels under Gibraltar **2.00-3.00am** Smoke and Steel (AD)

Yesterday Freeview 27 Freesat 159 Sky 155 Virgin 129 **+1** Sky 255 Virgin 329

Dave

19

7.10am Extreme Heights Repair Team **8.00** Cops on the Rock (AD) **10.00** Survivor Australia (AD) **11.30** Rick Stein's Cornwall **12 noon** Storage Hunters UK **2.00pm** Extreme Fishing with Robson Green **3.00** Top Gear (AD) **5.00** Rick Stein's Far Eastern Odyssey (AD) **6.00pm The Hairy Bikers: Mums Know Best** Cheese pie and samosas. **7.00 Richard Osman's House of Games** Rachel Riley, JB Gill, Katie Derham and Richard Herring take part in the quiz. **7.40** With Maggie Aderin-Pocock, the Rev Richard Coles, Stuart Maconie and Lou Sanders. **8.20 Would I Lie to You?** Bill Oddie, Frank Skinner, Jon Richardson and Sarah Millican take part in the panel show. Rob Brydon hosts. **9.00 QI XL** Aisling Bea, Joe Lycett and David Mitchell answer questions on oceans in the panel quiz hosted by Sandi Toksvig. **10.00 Have I Got a Bit More News for You** With Andy Hamilton and Helen Lewis. **11.00 Taskmaster 6/10 Series 7.** James Acaster callously ruptures a ukulele. **12 midnight** Release the Hounds **1.00am** Would I Lie to You? **1.40** Schitt's Creek **2.10** Meet the Richardsons (AD) **2.50** Richard Osman's House of Games **3.20-4.00am** Beat the Internet with John Robins

Dave F'view 19 F'sat 157 Sky 111 (112 Wales) Virgin HD 127 **Dave Ja Vu** Freeview 57 Sky 211 (212 Wales) Virgin 327

Sky Mix

11

7.00am Border Security: Canada's Front Line (AD) **8.00** Nothing to Declare **9.00** Motorway Patrol **10.00** UK Border Force (AD) **11.00** Highway Patrol **12 noon** Motorway Patrol **1.00pm** Border Patrol (AD) **2.00** Border Security: Canada's Front Line (AD) **3.00** Nothing to Declare **4.00** Stargate Atlantis **5.00** Stargate SG-1 **6.00** Star Trek: Enterprise **7.00** Stargate Universe (AD) **8.00** Merlin (AD) **9.00 New.** A League of Their Own: with Jamie Vardy, Chelcee Grimes, Jimmy Carr and Kerry Godliman First shown on Sky Showcase (AD) **10.00** Grimm: a mysterious biker has a connection to a series of explosions **11.00** Killer in My Village **12 midnight** How I Caught the Killer: the murder of Christopher Donovan by a gang of youths **1.00am** Caribbean Cops (AD) **2.00** Brit Cops: Law & Disorder (AD) **3.00** Highway Patrol **4.00** Motorway Patrol **5.00-6.00am** Highway Cops

Sky Mix Freeview 11 Freesat 144 Sky 151 Virgin 135

5 USA

21

9.00am NCIS (AD) **10.55** Entertainment News **11.00** NCIS (AD) **12 noon** Law & Order **6.00pm** NCIS: four episodes. *Series 1.* A Navy translator dies **7.00** The team exhumes a marine's body **8.00** A woman is buried alive **9.00 New.** *Series 20.* Naval crime drama **10.00** Law & Order: Special Victims Unit: four episodes. *Series 16.* Rollins makes an important connection **11.00** The unit's counterparts in Atlanta visit New York **12 midnight** *Series 15* Benson is investigated by the Internal Affairs department **12.55am** A TV producer is suspected of molesting his daughter **1.55am** Law & Order: Criminal Intent **3.35-4.00am** Criminals: Caught on Camera (AD) **5 USA** F'view 21 F'sat 129 Sky 141 Virgin 120 (162 Scot) **+1** Freesat 130 Sky 241 Virgin 320

5 Star

32

8.00am Bargain-Loving Brits in the Sun **10.00** The Cruise: Below Deck **11.00** Nightmare Tenants, Slum Landlords **12 noon** Traffic Cops **2.00pm** Police Interceptors **5.00** Car Pound Cops: Give Me My Car Back! **6.00pm Home and Away** Eden learns her brother is in Summer Bay. Shown 1.45pm C5 (AD) **6.30 New.** John's absence is felt at the Surf Club. Repeated tomorrow 1.45pm C5 (AD) **7.00 GPs: behind Closed Doors** A doctor assesses whether a patient is safe to travel. **8.00 Casualty 24/7: Every Second Counts** A patient is rushed into hospital suffering from serious burns. **9.00 Ambulance: Code Red** A man is left fighting for his life after a cardiac arrest. (AD) **10.00 999: Criminals Caught on Camera** The use of CCTV to bring criminals to justice. **11.00 Cold Case Killers** The murder of 22-year-old Teresa de Simone. Shown last Wed **12 midnight** Adults Only: Threesomes Are More Fun **1.00am** Skin A&E **2.00** Casualty 24/7: Every Second Counts **2.50** GPs: behind Closed Doors (AD) **3.35-4.00am** Home and Away (AD)

5 Star Freeview 32 Freesat 131 Sky 128 (129 Scotland) Virgin 126 **+1** Freesat 141 Sky 228 (229 Scot) Virgin 326

5 Action

33

9.00am Criminals: Caught on Camera **9.30** Outback Truckers **10.30** Traffic Cops **11.35** FILM The Indian Fighter ★★★★★ Western **1.25pm FILM** The Horse Soldiers ★★★★★ Civil War drama starring John Wayne and William Holden. **Review page 67** **4.00** Outback Truckers **5.00** Traffic Cops: in York **6.00pm Police Interceptors** A pursuit comes to an end with devastating consequences. **7.00** Liam and the team make a shocking discovery when a 14-year-old boy is found with a bag of crack cocaine, cash and a knife. **8.00 Motorway Cops: Catching Britain's Speeders** PC Ian Cosgrove ends up in a struggle with a suspected drink driver. **9.00 FILM Behind Enemy Lines ★★** Wartime action drama starring Owen Wilson. A US serviceman is shot down over Bosnia but is abandoned by Nato peacekeepers, reluctant to threaten the fragile ceasefire. **11.05 Warship: Life at Sea** Cameras focus on a female lieutenant training to be a captain. **12.05am** Coastguard: Search and Rescue SOS **1.10** World's Deadliest Weather: Caught on Camera **2.10-4.00am** Trucking Hell: double bill (AD)

5 Action Freeview 33 Freesat 132 Sky 150 Virgin 130

5 Select

46

9.00am The Yorkshire Vet **3.00pm** Murder, She Wrote (AD) **4.00** Columbo **6.00pm** Eggheads The Lower League Lads try their luck against the experts. **6.30** The Mighty Wanderers take part. **7.00 World's Most Scenic Railway Journeys** A journey through northern Spain. **8.00 Lighthouses: Building the Impossible** The Longstone lighthouse in Northumberland. **9.00 The Cotswolds and beyond with Pam Ayres** The poet visits Cotswold Wildlife Park. **10.00 Hitler's Invisible U-Boat: Drain the Oceans** An underwater scan reveals the wreckage from one of Hitler's U-boats. **11.00 Buried Secrets of WWII** Surviving evidence from the attack on Pearl Harbor. **12 midnight** Forged in Fire: four editions **3.35-4.00am** Walking Tudor Britain: Suzannah Lipscomb explores the history of the royal dynasty

5 Select F'view (HD only) 46 F'sat 133 Sky 153 Virgin 138

FREEVIEW TV and film channels continue overleaf

MONDAY Freewview & films



Katherine Ryan: Parental Guidance 9.00pm YouTubers

6.10am James Martin's Food Map of Britain (AD) **7.00 New.** My Kitchen Rules South Africa **8.00** Tipping Point **11.00** DIY SOS: the Big Build **1.00pm** Tipping Point **4.00** My Dream Home: double bill **6.00pm** **MasterChef Australia** Guest chef Shannon Bennett returns for a mystery box challenge. **7.20** **Nigella: at My Table** Dishes to share around the table. **8.00** **DIY SOS: the Big Build** Creating a home dialysis centre. **9.00 New.** **Katherine Ryan: Parental Guidance** 2/5 The comedian visits YouTube sensations the Marsh family. (AD) **10.00** **Kathy Burke's All Woman** The actress discusses modern attitudes to motherhood. **11.00** **Louis Theroux: behind Bars** At San Quentin State Prison. (AD) **12 midnight** Katie Piper's Jailhouse Mums (AD) **1.00am** One Born Every Minute **2.00-3.00am** The Undateables (AD)

W F'view 25 F'sat 156 Sky 132 (133 Scotland) **Virgin 125 +1** Sky 232 (233 Scotland) **Virgin 325**

HGTV 44

7.00am The Great Interior Design Challenge **8.00** Love Your Garden (AD) **9.00** A Place in the Sun **10.00** Escape to the Country **11.00** Building the Dream **12 noon** The Great Interior Design Challenge **1.00pm** Bargain Mansions (AD) **2.00** Flip or Flop **3.00** Good Bones **4.00** Escape to the Country **5.00** Love Your Garden (AD) **6.00pm** Salvage Hunters: the Restorers **7.00** Money for Nothing **8.00** **New series.** Alan Cumming's Paradise Homes: dream homes **9.00** Fixer Upper: Welcome Home **10.00 New.** Help! I Wrecked My House **11.00** Bargain Mansions (AD) **12 midnight** A Place in the Sun **1.00am** The Great Interior Design Challenge **2.00** Building the Dream **3.00-4.00am** My Lottery Dream Home **HGTV F'view 44 F'sat 166 Sky 158 Virgin 191 +1** Sky 258 Virgin 391

London Live 8

Available in London area only. Other regional stations are available on Freewview 7 or 8

6.00am Taste of Shakespeare **6.45** London Districts **7.00** Forgotten Frontlines **8.00** Pet Island **8.30** Poh & Co **9.00** Aging in the Wild **10.00** Plane Crash Re-created **11.00** The Truth about Anxiety **12 noon** Monkey **1.00pm** **FILM** The Frightened City ★★ (BW) **3.00** **FILM** A Place of One's Own ★★ (BW) **5.00** My Greek Odyssey **6.00** News **7.00** Auction **7.30** Animal Airport **8.00** Britain's Biggest Heists **9.00** The Sandbaggers **10.00** Rising Damp **10.30** Rising Damp **11.00** Punk 76 **12.40am** **FILM** Vita & Virginia ★★ **3.00** Bowie 69-72 **4.30** Pet Island **5.00-6.00am** Aging in the Wild **London Live F'view 8 Sky 117 Virgin HD 159**

FREEVIEW channels continued from overleaf



Tom Kerridge More Sunday Lunch 9.00pm Serving up

6.00am Giada at Home (AD) **7.00** The Pioneer Woman **8.00** Kids Baking Championship **10.00** Ainsley's Food We Love **11.00** Hairy Bikers' Mississippi Adventure (AD) **12 noon** The Great British Bake Off **2.00pm** James Martin's Brittany **3.00** Rick Stein's Taste of Italian Opera (AD) **4.00** Barefoot Contessa: back to Basics **5.00** **New series.** Be My Guest with Ina Garten: conversation and cooking, today with Laura Linney **5.30** The Pioneer Woman **6.00pm** James Martin's Brittany **7.00** The Great British Bake Off **8.00** Hairy Bikers' Mississippi Adventure: Dave Myers and Si King visit Graceland (AD) **9.00** **New** Tom Kerridge More Sunday Lunch: chef Tom Kerridge shares a step-by-step guide for rustling up the perfect Sunday lunch **9.30** Tom Kerridge's American Feast: Tom Kerridge travels to Vermont to experience the local cuisine **10.00** Rick Stein's Taste of Italian Opera (AD) **11.00** Diners, Drive-Ins and Dives **12 midnight** Guy's Grocery Games **1.00am** Restaurant: Impossible **2.00-3.00am** Buddy vs Duff

Food Network F'view 43 F'sat 148 Sky 140 (141 Scot) Virgin 190 +1 F'sat 149 Sky 240 (241 Scot)

Great TV 50

8.00am Diagnosis Murder **10.00** The Father Dowling Mysteries **11.00** Castle **1.00pm** Sue Thomas: F.B.Eye **2.00** The Father Dowling Mysteries **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00pm** M*A*S*H: four episodes **9.00** The Avengers **10.00** Randall and Hopkirk (Deceased): Marty's aunt needs protection in Monte Carlo **11.00** The Persuaders! **12 midnight** M*A*S*H **2.00am** Randall and Hopkirk (Deceased) **3.00** The Persuaders! **3.50** Movie News **4.00** Castle **4.50-5.00am** Movie News **Great TV Freewview 50 (limited) Freesat 142 Sky 157 Virgin 170 +1** Freesat 143 Sky 257

True Crime Xtra 68

9.00am Murder: Fight for the Truth **11.00** Medical Detectives **2.00pm** Written In Blood **4.00** Medical Detectives: six editions. A woman wrongly convicted of killing her baby **4.30** A woman disappears **5.00** A killer betrayed by a speck of paint **5.30** The mysterious death of a baby **6.00** A case of thallium poisoning **6.30** The capture of a child murderer **7.00** Judge Judy **4.50am** World's Most Unexplained **5.10-6.00am** Medical Detectives

True Crime Xtra Freewview 68 Freesat 134 Sky 147 Virgin 172

BBC Parliament 232

6.00am Westminster Hall **10.00** Prime Minister's Questions **10.35** Scottish First Minister's Questions **11.20** Welsh First Minister's Questions **12.20pm** House of Lords **1.50** Lords Questions: questions in the House of Lords from Thursday 8 February **2.30** Live Lords Questions: questions in the House of Lords from Monday 12 February **3.15** Live House of Lords **11.45pm-7.30am** House of Lords **BBC Parliament Freewview 232 Freesat 201 Sky 504 Virgin 605**



The Spy Game 6.30pm Tensions during the Cold War

8.00am Beautiful Serengeti **8.30** The Spy Game **9.40** Henry VIII's Enforcer: the Rise and Fall of Thomas Cromwell **10.50** D-Day: Invasion **11.55** Inside Japan's War **1.00pm** Mussolini: the First Fascist **2.05** The Spy Game **3.15** Henry VIII's Enforcer: the Rise and Fall of Thomas Cromwell **4.20** D-Day: Invasion **5.20** Inside Japan's War

6.30pm **The Spy Game** 1/3 Rising tensions between East and West after the Second World War.

7.40 **Henry VIII's Enforcer: the Rise and Fall of Thomas Cromwell** Diarmaid MacCulloch profiles the 16th-century lawyer and statesman.

8.50 **D-Day: Invasion** 1/2 The events of 6 June 1944.

9.50 **Inside Japan's War** 1/4 An insight into Imperial Japan's military motives and culture.

10.55 **Henry VIII's Enforcer: the Rise and Fall of Thomas Cromwell** As 7.40pm.

12 midnight D-Day: Invasion **1.05-2.00am** Beautiful Serengeti

PBS America F'view 84 (1pm-12 midnight only) Freesat 155 Sky 174 Virgin 187

Blaze 64

6.00am Storage Wars **6.25** Hardcore Pawn **7.20** Close Encounters **7.45** UFO Hunters **8.40** Ancient Aliens **10.40** Strange Evidence **12.35pm** National Park Mysteries **1.35** Unidentified: inside America's UFO Investigation **2.35** Close Encounters **3.00** Hardcore Pawn **4.00** Ancient Aliens **6.00pm** UFO Hunters **7.00** Pawn Stars **7.30** Pawn Stars **8.00** Dickinson's Real Deal **9.00** **New** History's Greatest Mysteries: the Holy Grail **10.00** **New.** Secrets in the Jungle: an unsettling sight is revealed on the island of New Guinea **11.00** Secrets in the Ice: bizarre remains on a mountain peak **12 midnight** What on Earth? **1.00am** Strange Evidence **2.00** UFO Hunters **3.00** Counting Cars **3.45** American Restoration **4.10** Kings of Pain **5.00-6.00am** Pawn Stars

Blaze F'view 64 F'sat 162 Sky 164 Virgin 174

Challenge 48

7.00am The Crystal Maze **8.00** The Chase **10.00** Cash Trapped (AD) **11.00** Family Fortunes **12 noon** Wheel of Fortune (AD) **1.00pm** Tenable **2.00** Who Wants to Be a Millionaire? Celebrity Special (AD) **3.00** Strike It Lucky **4.00** Bullseye **6.00pm** The Crystal Maze: game show hosted by Richard O'Brien **7.00** Bridge of Lies: contestants compete for cash by crossing a bridge made up of stepping stones, each of which has a different option **8.00** The Chase: double bill of the quiz show **10.00** Who Wants to Be a Millionaire? Celebrity Special: famous faces compete to win a cash prize for a charity of their choice (AD) **11.00** Bullseye: double bill **12 midnight** Bridge of Lies **1.00am** Cash Trapped **2.00** The Chase **4.00** Who Wants to Be a Millionaire? Celebrity Special (AD) **5.00-6.00am** Bullseye **Challenge Freewview 48 Freesat 146 Sky 145 Virgin 139**

CHILDREN'S Milkshake! on C5

6.00am Sunny Bunnies **6.05** Brave Bunnies **6.10** Peppa Pig **6.25** Oggy Oggy **6.35** Odo **6.45** Tweedy & Fluff **6.50** Fireman Sam **7.00** **New.** Thomas & Friends **7.10** Peppa Pig **7.20** **New.** Paw Patrol **7.50** Paddington **8.05** Milo **8.20** Paw Patrol **8.35** Pop Paper City **8.45** Animal Care Club **9.00** Peppa Pig **9.10-9.15am** Milkshake! Story Den **Full listings for Channel 5 are on p64**

CBeebies 202

6.00am Colourblocks **6.05** Vegesaurus **6.10** Bing **6.20** Teletubbies **6.35** Tee and Mo **6.40** Chuggington **6.50** Bing **7.00** **New series.** Colourblocks **7.05** Hey Duggee **7.20** Bluey **7.40** Superato **7.45** Peter Rabbit **8.00** Octonauts **8.10** Go Jetters **8.20** Numberblocks **8.30** Alphablocks **8.35** Messy Goes to OKIDO **8.45** Olga Da Polga **8.55** Ranger Hamza's Eco Quest Minis **9.00** Bing **9.10** Yakka Deel **9.15** **New.** Lu & the Bally Bunch **9.20** Hey Duggee **9.30** Colourblocks **9.35** Twirlywoos **9.45** Something Special **10.10** Teletubbies **10.25** The Baby Club **10.35** Kiri & Lou **10.45** Roots and Fruits **10.50** **New.** Vegesaurus **10.55** Bluey **11.05** Superato **11.10** Let's Go for a Walk **11.25** Nick Coppe's Popcast **11.30** Teeny Tiny Creatures **11.45** Our Family **12 noon** Big Cook Little Cook **12.20pm** Old Jack's Boat **12.35** Number 1 Newton Avenue **12.40** Andy's Dinosaur Adventures **1.00** Yakka Deel **1.05** Numberblocks **1.10** Alphablocks **1.15** Hey Duggee **1.25** Love Monster **1.40** Colourblocks **1.45** Something Special: We're All Friends **2.05** Teletubbies **2.20** Raa Raa the Noisy Lion **2.30** Vida the Vet **2.45** Superato **2.50** Dog Squad **3.00** Grace's Amazing Machines **3.15** Octonauts **3.25** Small Potatoes **3.35** **New.** Yukee **3.40** Hey Duggee **3.50** Peter Rabbit **4.00** Andy's Global Adventures **4.15** The Game Catchers **4.25** Bluey **4.40** Superato **4.45** Vida the Vet **5.00** Molly and Mack **5.15** Waffle the Wonder Dog **5.25** Sarah & Duck **5.35** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden... **6.50-7.00pm** Bedtime Stories **CBeebies F'view 202 F'sat 608 Sky 608 Virgin 702**

CBBC 201

7.00am Shaun the Sheep **7.05** Danger Mouse **7.20** Dennis & Gnasher **7.35** **New.** Boy Girl Dog Cat Mouse Cheese **7.45** **New.** Newsround **7.55** Grizzly and the Lemmings **8.10** Odd Squad **8.20** Monster Loving Maniacs **8.35** Pokémon Horizons **9.00** Octonauts Specials **10.10** Kung Fu Panda: Secrets of the Furious Five **10.30** Horrible Histories **11.00** Style It Out **11.30** One Zoo Three **11.50** Andy's Global Adventures **12.05pm** Ninja Express **12.20** Go Jetters **12.30** Danger Mouse **12.55** Octonauts **1.05** Waffle the Wonder Dog **1.15** Superato **1.25** Dennis & Gnasher **1.35** Grizzly and the Lemmings **1.45** Summer Camp Island **1.55** Operation Ouchi **2.25** The Beaker Girls **2.50** **New series.** Pokémon: XY **3.10** Danger Mouse **3.20** Sketchy Comedy **3.25** Shaun the Sheep **3.35** Ninja Express **3.45** Taffy **3.55** Grizzly and the Lemmings **4.10** Boy Girl Dog Cat Mouse Cheese **4.20** Monster Loving Maniacs **4.30** Odd Squad **4.45** Total Dramarama **5.05** Pokémon Horizons **5.30** Deadly Mission Shark **6.00** Wallace & Gromit: a Matter of Loaf and Death **6.30** The Next Step **6.50-7.00pm** Blue Peter Challenges **CBBC F'view 201 F'sat 607 Sky 607 Virgin 701**

ITV Kids

Streamed on ITVX Kids, plus on ITV2 6am-9.00 and on ITVBe 9am to 12 noon

ITV2 **6.00am** Craig of the Creek **6.15** DC Super Hero Girls **6.25** Teen Titans Go! **6.50** Looney Tunes Cartoons **7.05-9.00am** Scooby-Doo

ITVBe

9.00am Chloe's Closet **9.15** Lily's Driftwood Bay **9.25** Mumfie **9.35** The Hive **9.45** Claude **10.00** Oddbods **10.10** Happy the Hoglet **10.20** The Sound Collector **10.25** Sooty **10.40** Pingu in the City **10.50** Bob the Builder **11.20** Teletubbies Let's Go **11.30** Bugs Bunny Builders **11.45** Momolu & Friends **11.55-12 noon** Athletics

FILMS Film4 14

11.00am **The Ghost and Mrs Muir** ★★★★★ Gene Tierney is beguiled by the ghost of Rex Harrison in this wonderful romantic fantasy. **Review, right.** (1947, U) (S) (AD)

1.10pm **Dead of Night** ★★★★★ An architect's nightmares become terrifyingly real in this compelling portmanteau horror film from Ealing. Mervyn Johns, Roland Culver (1945, PG) (S)

3.15 **Nothing but the Best** ★★★★★ Hilarious and scathing satire about a social climber who is tutored in the ways of the world by an indolent aristocrat. Alan Bates, Denholm Elliott, Harry Andrews (1963, PG) (S)

5.20 **Two Way Stretch** ★★★★★ Hilarious prison comedy with an ingenious heist plot and a wonderful cast of British character actors. **Review, right.** Peter Sellers (1960, U) (S)

7.05pm **Skyscraper** ★★★ Outlandish action adventure in which Dwayne Johnson attempts to save his family from a towering inferno. Neve Campbell (2018, 12) (S) (AD)

9.00 **Jack Reacher: Never Go Back** ★★★ Action sequel that sees Tom Cruise's ex-military cop on the run. Cobie Smulders (2016, 12) (S) (AD)

11.20 **World War Z** ★★★ Brad Pitt scours the globe to find the cure for a zombie plague in this epic action horror. (2013, 15) (S) (AD)

1.35-3.40am **Ping Pong** ★★★ Seriocomic mystery, in which a law student is tasked with unangling a dead man's will. David Yip (1986, PG) (S)

Film4 Freewview 14 Freesat 300 Sky 313 Virgin 428 +1 F'view 47 F'sat 301 Sky 314 Virgin 430

Talking Pictures TV 82

6.00am **Stagecoach West** TV western. (S) **7.00** **13 East Street** ★ Tiresome crime thriller. Patrick Holt, Sandra Dorne (1952) (S) **8.10** **The Big Day** ★★ Nicely arranged but brief and fairly shallow social drama starring Donald Pleasence. (1960) (S) **9.25** **Pony Soldier** ★★ Tyrone Power plays a Mountie on a mission to persuade a Cree tribe to release its hostages. Cameron Mitchell (1952, U) (S) **11.00** **Time to Remember** TV clips. (S) **11.35** **The Outer Limits** TV sci-fi series. (S) **12.35pm** **The Day the Earth Stood Still** ★★★★★ Hugely influential sci-fi tale about an alien and his robot bodyguard landing on Earth. Michael Rennie, Patricia Neal (1951, U) (S) **2.25** **Boy with a Flute** TV drama. (S) **3.00** **The Saint** TV drama. (S) **4.00** **That Beryl Marston!** TV sitcom. (S) **4.30** **Campbell's Kingdom** ★★ Adventure set in Canada with Dirk Bogarde as a sick Englishman who clashes with a contractor after inheriting some land. Stanley Baker (1957, U)

6.30pm **Out of Town** TV series about country life. (S)

7.00 **The Footage Detectives** Nostalgic clips and reels. (S)

8.00 **The Brothers** British TV drama series starring Glyn Owen. (S)

9.05 **The Diamond Wizard** ★★ Deeply mediocre crime drama about a US detective who teams up with a British bobby. Dennis O'Keefe (1954) (S)

10.45 **Firewalker** ★ Chuck Norris plays a mercenary adventurer. Louis Gossett Jr, Melody Anderson (1986, 15) (S)

12.50am **The Girl on the Pier** ★★ Brief and diverting British noir about a woman whose affair turns deadly. Veronica Hurst (1953) (S) **2.00** **Maigret** TV drama. **4.00** **Justice** TV legal drama. **5.00** **Breaking the Codes** TV documentary. (S) **5.30-6.00am** **Honey West** TV detective drama.

Talking Pictures TV Freewview 82 Freesat 306 Sky 328 Virgin 445



FILM REVIEWS

Great Movies 34

9.00am Twisted Sisters ★★ Enjoyably over-the-top thriller. Sierra McCormick (2016) **11.00 Boyfriend Killer** ★★ Was her son's death murder? Barbie Castro (2017) **1.05pm Too Close to Home: The Baby Kidnapper** ★★ A new mother faces danger. Linsey Godfrey (2018) **3.00 A Life of Deception** ★★ Did her husband fake his death? Emmanuelle Vaugier (2017) **5.05 Left for Dead** ★★ A cop makes some shocking discoveries. Elisabeth Röhm (2014) **7.10pm An Aurora Teagarden Mystery: Real Murders** TV whodunnit series. **9.00 The Expendables 2** ★★ Old action stars deliver nonstop mayhem in this entertaining sequel. Sylvester Stallone, Jason Statham (2012, 15) **11.15 Escape Plan 2: Hades** ★ Sly Stallone's security expert is on another prison mission. (2018, 15) **1.10am Family of Lies** ★★ Strange things happen to three siblings when they move to a new town. (2017) **3.00 Wild West Chronicles 4.00-5.40am Flawless** ★★ A stalked woman's past follows her. Sarah Fisher (2020)

Great Movies Freeview 34 Freesat 302 Sky 321 Virgin 425
+1 Freeview 61 (limited 10pm-5am) Sky 322

Great Action 42

8.00am Wild West Chronicles 9.00 Last of the Comanches ★★ Cavalry survivors are under siege. Broderick Crawford (1952) **10.45 The Blitz** on Hamburg **12 noon Wild West Chronicles 1.00pm The Gunfighter's Pledge** ★★ Sheriff Luke Perry wants revenge. (2008, PG) **2.50 The Warrant** ★★ Engaging father-and-son western. Neal McDonough (2020) **4.55 Breaker Morant** ★★★★★ Boer War drama about three Australian soldiers court-martialed by the British. **Review, right.** Edward Woodward (1979, PG) **7.10pm Jet Stream** ★★ Deadly winds cause havoc. David Chokai (2013, 12) **9.00 Meek's Cutoff** ★★★★★ Atmospheric western about a group of frontier settlers travelling across Oregon. Michelle Williams (2010, PG) **11.10 Son of a Gun** ★★ A young criminal busts a bank robber out of jail. Ewan McGregor, Brenton Thwaites (2013, 15) **1.25am The Recall** ★★ Low-budget mash-up of horror and sci-fi clichés. Wesley Snipes, Juddiah Goodacre, RJ Mitte (2017, 15) **3.15 The Heroes of WW2** **4.20-4.50am Wild West Chronicles** **Great Action** Freeview 42 (limited) F'sat 305 Sky 323 Virgin 426 +1 Sky 324

Great Romance 52

8.00am Love on a Limb ★★ Amiable small-town romcom. Ashley Williams (2016) **10.00 Together Forever** **Tea** ★★ Can she fulfil her aunt's last wish? Jay Ryan, Kimberley Crossman (2021) **12 noon Royally Ever After** ★★ Her boyfriend is a prince? Fiona Gubelmann (2018) **2.00pm Like Cats & Dogs** ★★ Lightly comic romance yarn. (2017) **4.00 Love Locks** ★★ Old flames are rekindled. Rebecca Romijn (2017) **6.00pm Paris, Wine & Romance** ★★ Corks pop for rivals at a wine competition. Jen Lilley, Dan Jeannotte (2019) **8.00 Truly, Madly, Sweetly** ★★ A budding baker and a financial manager team up. Nikki Deloach (2018) **10.00 Seasoned with Love** ★★ A budding TV chef lends her skills to the widowed owner of a small-town inn. Julia Benson, Peter Benson (2021) **12.05am Pumpkin Pie Wars** ★★ Bakers' kids go head to head. Julie Gonzalo, Eric Aragon (2016) **2.00 Highway to Heaven 3.10-4.50am Puppy Love** ★★ Can they share a runaway dog? Candace Cameron Bure, Victor Webster (2012) **Great Romance** Freeview 52 Freesat 303 Sky 319 Virgin 424
+1 F'view 63 (limited 10pm-5am) F'sat 304 Sky 320

Sky Premiere

6.00am As 3.55pm **7.45** As 1.45pm **10.00 No Hard Feelings** ★★★★★ Raunchy but likeable coming-of-age romcom. Jennifer Lawrence (2023, 15) **12 noon King of Killers** ★★ Corny but well-staged action flick. Alain Moussi (2023, 15) **1.45pm Jesus Revolution** ★★ Polished but bland drama. Joel Courtney, Jonathan Roumie, Kelsey Grammer (2023, 12) **3.55 Ruby Gillman, Teenage Kraken** ★★★★★ Warm animated tale of a girl who turns into a sea beast. **Review p38.** Lana Condor, Toni Collette (2023, PG) **5.40pm Transformers: Rise of the Beasts** ★★ Noisy seventh entry in the CGI-heavy fantasy franchise. Anthony Ramos, Dominique Fishback (2023, 12) **8.00 The Bricklayer** ★★ An ex-CIA man is lured out of retirement. **Review p38.** Aaron Eckhart, Nina Dobrev (2023) **10.00 Desperation Road** ★★ Moody but overwrought thriller. Garrett Hedlund, Willa Fitzgerald, Mel Gibson (2023, 18) **12 midnight Soft & Quiet** ★★ Taut, discomfiting horror thriller. Stefanie Estes, Olivia Luccardi (2022, 18) **1.40am Haunting of the Queen Mary** ★★ Gristly horror. Alice Eve (2023, 18) **3.55** As 12 noon **5.30** Sky Cinema Preview **Sky Premiere** Sky 301 Virgin 401 EE 501/HD 515 +1 Sky 312

Legend 41

8.00am Walker, Texas Ranger **9.00 Knight Rider 10.00 Star Trek: Deep Space Nine 11.00 Jules Verne's Rocket to the Moon** ★★ Sci-fi comedy that fails to get off the ground. Burl Ives (1967, U) **1.20pm The Deadly Mantis** ★★ Divertingly destructive atomic age B-movie. **Review, right.** Craig Stevens (1957) **3.00 The Outlaw** ★★★★★ Laid-back tale about Billy the Kid and his comrades. Jack Buettel (1943, U) **5.00 Star Trek 6.00pm Star Trek: Deep Space Nine** TV sci-fi series. **7.00 Knight Rider** TV sci-fi. **8.00 Walker, Texas Ranger** TV action drama with Chuck Norris. **9.00 The River Wild** ★★★★★ Terrific thriller with Meryl Streep as a woman whose rafting holiday turns into a nightmare. **Film of the Day, right.** Kevin Bacon (1994, 12) **11.10 The Uncanny** ★ Dated old-school portmanteau horror. Peter Cushing, Ray Milland, Susan Penhaligon (1977, 15) **12.55am Matriarch** ★★ Homespun Scottish horror. Charlie Blackwood (2018, 15) **2.45-4.30am Demon Eye** ★★ Creepy-curse horror. Kate James (2019, 15) **Legend** F'view 41 F'sat 137 Sky 148 Virgin 149

Legend Xtra 69

6.00am As 5pm **8.00 G-Loc** ★★ Low-budget and talky British sci-fi thriller. Stephen Moyer (2020, 12) **10.00 Andromeda 11.00 The Gambler Returns: the Luck of the Draw: 2/2** TV western drama starring Kenny Rogers and Reba McEntire. **1.00pm Atlantic Rim 2** ★ This mockbusting sci-fi sequel is an even bigger mess than original *Pacific Rim* rip-off, *Attack from Beneath*. (2017, 15) **3.00 Andromeda 4.00 The Six Million Dollar Man 5.00 San Andreas Mega Quake** ★ Scientists race against time to stop California being destroyed by an earthquake in this chaotic disaster movie. Joseph Michael Harris, Christie Nicholls (2019) **7.00pm Andromeda** TV sci-fi series. **8.00 The Six Million Dollar Man** TV fantasy adventure series. **9.00 FirstBorn** ★★ Flawed but unsettling horror in which a sinister presence has designs on a woman's daughter. Antonia Thomas, Luke Norris (2016) **10.50 Jack's Back** ★★ Solidly suspenseful Jack the Ripper update. **Review, right.** James Spader (1988, 18) **1.00-2.50am** As 9pm **Legend Xtra** F'view 69 F'sat 138 Sky 317 Virgin 171 +1 F'sat 139 Sky 318 Virgin 371



FILM OF THE DAY

The River Wild ★★★★★

9.00-11.10pm Legend

12

THRILLER Meryl Streep takes her family white-water rafting to try to revive their disintegrating relationships, only for two armed robbers (Kevin Bacon and John C Reilly) to forcibly hitch a ride with \$250,000 of stolen loot. Directed by Curtis Hanson (*LA Confidential*), this rollercoaster ride of a film is filled with hair-raising action scenes and some equally tense moments on the river bank. The incredible action and Streep's committed performance (she did many of the stunts herself) more than compensate for any narrative shortcomings. **ADRIAN TURNER** (US 1994, violence, swearing, nudity)

The Ghost and Mrs Muir ★★★★★

11.00am-1.10pm Film4

U

FANTASY Gene Tierney finds herself beguiled by the ghost of sea captain Rex Harrison when she moves into his former home in this wonderful romance. A lyrical Bernard Herrmann score helps to underline the poignancy of the enchanting tale, and Philip Dunne's script avoids the pitfalls normally associated with such delicate material. **TONY SLOMAN** (US 1947, BW, HD)

The Deadly Mantis ★★

1.20-2.50pm Legend

PG

SCI-FI The dawning of the 1950s gave rise to an invasion of big-bug movies, but sadly this isn't among the better examples. Still, there's something cathartic about watching a giant praying mantis, awoken from its slumber by nuclear testing, laying waste to New York and Washington DC. Craig Stevens, then famous as television's Peter Gunn, heads the human cast. **ROBERT SELLERS** (US 1957, BW)

The Horse Soldiers ★★★★★

1.25-4.00pm 5 Action

U

DRAMA John Ford's stirring Civil War epic is a minor masterpiece. It's based on a true incident, the 1863

Grierson raid deep into the South to cut supply lines to Vicksburg, and the set pieces are thrilling. John Wayne and William Holden provide the star power as the cavalry colonel and medic who don't see eye to eye. **TS** (US 1959, HD)

Breaker Morant ★★★★★

4.55-7.10pm Great Action

PG

DRAMA Based on a true story, this film follows the plight of three Australian soldiers fighting the Boers, who are court-martialed by the British in need of scapegoats for war crimes. Director Bruce Beresford draws powerful performances from Edward Woodward and Bryan Brown as two of the accused, and Jack Thompson impresses as their counsel. **JOHN FERGUSON** (Aus 1979)

Two Way Stretch ★★★★★

5.20-7.05pm Film4

U

COMEDY This prison caper is one of Peter Sellers's best movies. It centres on the stand-off between cocky convict Sellers, his cellmates (Bernard Cribbins and David Lodge), and warden Lionel Jeffries. The plot sees the prisoners trying to break back into jail after a daring diamond robbery, and there are some delightful cameos along the way. **TOM HUTCHINSON** (UK 1960, BW, HD)

Escape from New York ★★★★★

9.00-11.00pm Sky Max

15

THRILLER Manhattan has become a maximum security prison in this tough, futuristic western. When the president's plane goes down in the city, a sullen Kurt Russell is charged with carrying out a rescue. Director John Carpenter's slick-looking film never quite delivers on the ingenuity of its premise, but the presence of Lee Van Cleef, Isaac Hayes and Donald Pleasence among the cast is a bonus. **ALAN JONES** (US 1981, violence, swearing, HD)

Jack's Back ★★

10.50pm-

12.50am Legend Xtra

18

MYSTERY James Spader enjoys himself in dual roles in this update of the Jack the Ripper story. In 1980s Los Angeles, suspicion for a spate of murders falls on John Wesford (Spader), prompting his twin brother Rick (Spader again) to prove the authorities wrong. The improbable plotting might raise some eyebrows, but director Rowdy Herrington summons up a fair amount of suspense. **JF** (US 1988, violence, swearing, sexual references)

PS I Love You ★★

11.15pm-

1.15am BBC2 (not Wales)

12

DRAMA In this second-rate *Truly Madly Deeply*, Hilary Swank and Gerard Butler play lovers who marry after a whirlwind romance. Their happiness is cut short when he dies of a brain tumour – but not before he writes umpteen letters of guidance for posthumous delivery. The film is slickly made, but the concept is rather creepy and chauvinistic. **DAVE ALDRIDGE** (US 2007, some swearing, HD)

Sky Cinema picks

Spider-Man: Far from Home ★★★★★

5.15-7.30pm Sky Hits

Spidey goes to Europe. (2019, 12) Sky 303, Virgin 403, BT 503/517

Ted ★★★★★

8.00-9.55pm Sky Cinema Comedy

A soft toy with attitude. (2012, 15) Sky 308; Virgin 408; BT 508/522

Missing ★★

9.45-11.45pm Sky Thriller

Online mystery sequel. (2023, 15) Sky 309; Virgin 409; BT 509/523

Films to stream from p32
Netflix, Amazon, Disney+ and more

Sky Showcase



David Attenborough's Kingdom of Plants 8.00pm

6.00am Sky News Breakfast **7.00** Kay Burley **8.00** Caught on Dashcam **9.00** Nothing to Declare **10.00** Strangest Things **11.00** New Kids in the Wild **12 noon** Supergirl **1.00pm** MacGyver: double bill **3.00** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00** The Simpsons: double bill

6.00pm The Office US 6/19 Series 4. Dwight and Michael kidnap a pizza delivery boy. **6.30 7/19** Michael asks his employees for a loan.

7.00 The Simpsons Bart finds his old teacher's diary. **7.30** Bart becomes a caddy.

8.00 David Attenborough's Kingdom of Plants 1/3. The wonders of the botanical world. (AD)

9.00 New. True Detective: Night Country 5/6 Series 4 Prior digs into the links between Tsalal and mining company Silver Sky. See p61.

10.20 Sex and the City 7/18 Series 3. Charlotte meets a doctor. **10.55 8/18** Charlotte begins to wonder if Trey is the love of her life.

11.30 The Force: North East A gang fight in Newcastle.

12.30am Brit Cops: War on Crime **1.30** Road Wars (AD) **3.00** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00-6.00am** Motorway Patrol

Sky Showcase Sky 106 Virgin 109 EE 340/HD 355 +1 Sky 206

Sky Sci-Fi

6.00am Most Haunted **8.00** Home Shopping **11.00** Merlin **12 noon** Star Trek: Voyager **1.00pm** Star Trek: Deep Space Nine **3.00** Merlin **4.00** Stargate SG-1 **5.00** Star Trek: Voyager

6.00pm Star Trek: Deep Space Nine 26/26 Series 5. The crew prepares to face a joint Dominion and Cardassian attack, with Worf joining a Klingon fleet and Sisko preparing to sabotage the station. **7.00 1/26 Series 6.** Sisko and his crew embark on a secret mission in a captured Jem'Hadar warship, while Kira and Odo try to adjust to life on a Cardassian space station.

8.00 Star Trek: Enterprise 18/24 Series 3. Archer pilots the Insectoid shuttle on a mission to destroy the Xindi superweapon.

9.00 Dracula: the Original Living Vampire ★★ Horror starring Jake Herbert, Christine Prouty and Michael Ironside. Detective Amelia Van Helsing suspects that a mysterious count may be responsible for a series of murders. But she has little idea who or what he really is.

11.00 Grimm 4/22 Series 3. Nick encounters a mysterious race of aquatic creatures that have been dragging people to a watery grave.

12 midnight True Blood: double bill **2.05am** Star Trek: Enterprise **3.00** Star Trek: Deep Space Nine **5.00-6.00am** Most Haunted

Sky Sci-Fi Sky 139 (140 Scotland) Virgin 122 EE 348/HD 363 +1 Sky 207 Virgin 229

Sky Atlantic



True Detective: Night Country 9.00pm Prior investigates

6.00am The Guest Wing (AD) **7.55** The Sopranos **10.05** The Wire **12.25pm** Game of Thrones (AD) **1.35** Gomorrah **2.40** The Sopranos

5.15pm The Wire 9/12 Series 2 Bodie and his crew fight for their corner, but the resulting shoot-out has tragic consequences.

6.30 10/12. Valchek goes to the FBI in an effort to make progress with the Sobotka investigation.

7.40 Game of Thrones 10/10 Series 6. As Cersei awaits judgement, Walder Frey and Jaime celebrate at Riverrun. Meanwhile, winter arrives. (AD)

9.00 New. True Detective: Night Country 5/6 Series 4 As Prior digs into the links between Tsalal and Silver Sky, Navarro rescues Leah from a local protest. See page 61.

10.20 Mare of Easttown 6/7 Given a second chance and motivated by the loss of a friend, Mare re-evaluates old suspects.

11.30 Perry Mason 3/8. Maynard Barnes goes public with a new development and gains unauthorised access to evidence. (AD)

12.35am The Outsider (AD) **1.40** I Know This Much Is True (AD) **2.50** Game of Thrones (AD) **4.05-6.00am** The Guest Wing (AD)

Sky Atlantic Sky 108 (109 Wales) EE 342/HD 357 +1 Sky 208 (209 Wales)

Sky Witness

6.00am New. Bondi Rescue **6.30** Bondi Rescue **7.00** Border Patrol **8.00** Caught on Dashcam **9.00** Stop, Search, Seize (AD) **10.00** Brit Cops: Law and Disorder **11.00** The Rookie (AD) **12 noon** FBI (AD) **1.00pm** FBI: Most Wanted **2.00** Blue Bloods (AD) **3.00** Caught Red Handed

4.30pm Border Security: Australia's Front Line Seven editions of the documentary series following Australian Customs and Border Protection officers as they attempt to enforce the country's customs.

8.00 Blue Bloods 6/21 Series 13 Erin and Anthony search for answers when a lawyer in their office jeopardises a case. (AD)

9.00 5/20 Series 12. Jamie and Eddie experience marital tension when Eddie allows her ex-convict father to live with them. (AD)

10.00 The Good Doctor 17/22 Series 6. Dr Shaun Murphy must try to learn to work with Dr Jared Kalu again, and a teenager suffering with neurological problems arrives in the hospital.

11.00 The Rookie 15/22 Series 5 Special Agent Scott Forrester and his FBI fly team head to Croatia to capture an American fugitive. (AD)

12 midnight FBI: International (AD) **1.00am** Chicago PD **2.00** 9-1-1 **3.00** Brit Cops: Law and Disorder **4.00** Brit Cops: Frontline Crime UK **5.00-6.00am** Road Wars

Sky Witness Sky 107 Virgin 110 EE 341/HD 356 +1 Sky 207 Virgin 310

Sky Max



Escape from New York 9.00pm Snake Plissken

6.00am NCIS: Los Angeles **7.00** DC's Legends of Tomorrow (AD) **8.00** Supergirl **9.00** Stargate SG-1 **11.00** NCIS: Los Angeles **12 noon** Supergirl **1.00pm** MacGyver **3.00** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00** DC's Legends of Tomorrow (AD)

6.00pm Stargate SG-1 13/20 Series 9. The alternative realities cause confusion at Stargate Command as multiple versions of the team return to the base. **7.00 14/20.** Baal rises up against the Jaffa High Council and brainwashes some of the governing body's magnates.

8.00 Flintoff: Lord of the Fries 6/6. The end is in sight for the lads as they head to Lancashire – but not before making a frying video to Liverpool. (AD)

9.00 Escape from New York ★★ Futuristic action thriller from John Carpenter, starring Kurt Russell. Review page 67. (W)

11.00 Tom Cruise: Impossible Missions The most memorable stunts from the film franchise, from the genre-defining Langley heist to the plane hang. (AD)

12 midnight From (AD) **1.00am** Brit Cops: War on Crime **2.00** Road Wars (AD) **3.00** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00-6.00am** Highway Patrol: double bill (AD)

Sky Max Sky 113 (114 Wales) Virgin 111 EE 346/HD 361

Sky Replay

7.00am Sixth Sense with Colin Fry **8.00** Four Weddings (AD) **10.00** Stop, Search, Seize (AD) **11.00** Border Security USA (AD) **12 noon** Highway Patrol **1.00pm** Road Wars (AD) **2.00** Most Haunted **4.00** MacGyver

6.00pm Stargate Atlantis: double bill following Australia's traffic enforcers as they deal with high-speed chases **9.00** Manifest: double bill. The Stones are reunited with Olive, but their happiness is quickly interrupted, then Ben and Vance plan to steal the tailfin (AD) **11.00** The Russell Howard Hour: topical comedy and entertainment show **12 midnight** Stop, Search, Seize (AD) **1.00am** The Force: North East **2.00** A League of Their Own: European Road Trip (AD) **3.00** Duck Quacks Don't Echo (AD) **4.00** Four Weddings (AD) **5.00-6.00am** Sixth Sense with Colin Fry

Sky Replay Sky 152 Virgin 156

Sky Crime

6.00am Highway Patrol **7.00** UK Border Force **8.00** Border Patrol **9.00** Nothing to Declare **10.00** Caught Red Handed **11.30** Motorway Patrol **12 noon** How I Caught the Killer (AD) **1.00pm** Forensics: Catching the Killer (AD) **2.00** Killer in My Village **3.00** World's Most Evil Killers **4.00** Britain's Most Evil Killers **5.00** Forensics: Catching the Killer (AD) **6.00** How I Caught the Killer (AD) **7.00** World's Most Evil Killers **8.00** Britain's Most Evil Killers **9.00** Forensics: Catching the Killer **10.00** What the Killer Did Next (AD) **11.00** World's Most Evil Killers **12 midnight** Killer in My Village **1.00am** Murders That Shocked the Nation (AD) **2.00** Love You to Death (AD) **3.00** Britain's Most Evil Killers **4.00** Road Wars **5.00-6.00am** Motorway Patrol

Sky Crime Sky 122 (123 Scotland) Virgin 121 EE 349/HD 364 +1 Sky 222 (223 Scot) Virgin 321

Gold



Only Fools and Horses 8.00pm Rodney goes on a date

7.00am Hi-de-Hi! **8.00** Keeping Up Appearances (AD) **8.40** My Hero **9.20** Hi-de-Hi! **10.00** Porridge **10.40** Last of the Summer Wine **12 noon** Keeping Up Appearances (AD) **12.40pm** My Hero **1.20** Porridge **2.00** Dad's Army (BW) **2.40** The Thin Blue Line **3.20** Hi-de-Hi! **4.00** Last of the Summer Wine **5.20** Porridge

6.00pm Keeping Up Appearances Hyacinth plans to turn Richard into an executive. (AD)

6.40 Dad's Army First-ever episode of the classic comedy. (BW) **7.20** Mainwaring tries to source equipment for the platoon. (BW)

8.00 Only Fools and Horses Rodney dates the daughter of the Duke of Maylebury. (AD)

9.20 Not Going Out Lee imagines a perfect life with Lucy. Guest-starring Bobby Ball.

10.00 Live at the Apollo Noel Fielding hosts, with guests Dane Baptiste and Al Porter.

11.00 The Young Ones When Neil falls ill, Vyvyan suggests a cure involving six-inch nails.

11.45 Only Fools and Horses As 8pm.

1.05am Live at the Apollo **2.05** Not Going Out **2.35** The Young Ones **3.25-4.00am** The Thin Blue Line

Gold Sky 110 (111 Wales) Virgin 124 EE 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

Sky Comedy

8.00am American Auto **9.00** The Conners **10.00** Run **10.30** Curb Your Enthusiasm **11.40** Ballers (AD) **12.50pm** How to Make It in America **2.10** Curb Your Enthusiasm **3.20** Ballers (AD) **4.30** Run **5.00** The Conners **6.00pm** The Office US **7.00** American Auto **8.00** Will & Grace (AD) **9.00** Curb Your Enthusiasm: Jeff pays the price for taking Larry's advice for Susie's birthday gift **9.45** Sex and the City: double bill. Carrie has a crisis of confidence, then Carrie is surprised when she unexpectedly bumps into Big **11.00** New. Real Time with Bill Maher: comedian Bill Maher invites three guests to discuss the week's events **12.10am** Veep: double bill (AD) **1.30** Curb Your Enthusiasm: double bill **3.05** Ballers (AD) **3.40-5.00am** How to Make It in America: double bill

Sky Comedy Sky 114 (115 Wales) Virgin 112 EE 347/HD 362

Comedy Central

8.00am Most Ridiculous: Pets **8.35** Most Ridiculous: Dumbest Ever **9.00** Blockbusters: double bill **10.00** Impractical Jokers: Dinner Party **12 noon** Home Improvement **1.00pm** Dignan! **2.30** Friends: 11 episodes (AD) **9.00** Michael McIntyre: Hello Wembley! **10.00** Impractical Jokers **11.00** New Reno 911! Dangle confronts his fear of public speaking **11.30** Kristen Schaal: Comedy Central Live **12 midnight** The Alternative Comedy Experience **1.00am** Rhod Gilbert's Growing Pains **2.00** Channel Hopping with Jon Richardson **3.00am** Most Ridiculous: on Vacation **3.25** Most Ridiculous: Pets **3.45** The Funniest Adverts on the Planet **4.10-5.00am** Friends (AD)

Comedy Central Sky 112 (113 Wales) Virgin 132 EE 345/HD 360 +1 Sky 212 (213 Wales) Virgin 332

Alibi



Justified 11.00pm Raylan makes a shocking discovery

7.10am Murdoch Mysteries: double bill **9.00** Rizzoli & Isles (AD) **10.00** Unforgettable **11.00** Without a Trace **12 noon** The Doctor Blake Mysteries **1.00pm** Father Brown (AD) **2.00** Murdoch Mysteries **4.00** Rizzoli & Isles (AD) **5.00** Unforgettable

6.00pm Without a Trace 14/18 Series 6. Jack fights for his life while the rest of the team searches for a missing cheerleader.

7.00 Elementary 15/24 Series 5 A murderer targets everyone who was involved in a case Kitty and Holmes worked on in London.

8.00 Father Brown 8/10 Series 6 An investigation gets under way when a girl is left for dead at a boys' school fête. (AD)

9.00 Death in Paradise 4/8 Series 6. The president of the local cricket club is found dead in the middle of the pitch. (AD)

10.00 Murdoch Mysteries 7/24 Series 16. Murdoch receives a visit from Terence Meyers, followed by a suspicious death.

11.00 Justified 5/13 Series 3 Dewey embarks on a crime spree when he discovers prison doctor Lance has stolen his kidneys.

12 midnight Elementary **1.00am** Unforgettable **2.00** Without a Trace **2.55-4.00am** Murdoch Mysteries

Alibi Sky 109 (110 Wales) Virgin 114 EE 343/HD 358 +1 Sky 209 (210 Wales) Virgin 191

Discovery

6.00am How It's Made **7.00** Gold Divers **8.00** Building off the Grid **9.00** Alaska: the Last Frontier **10.00** Richard Hammond's Big **11.00** Wheeler Dealers **1.00pm** Building off the Grid: double bill **3.00** Blowing Up History **4.00** Alaska: Homestead Rescue: double bill **6.00pm** Richard Hammond's Big **7.00** Wheeler Dealers (AD) **8.00** Railroad Alaska **9.00** Wheeler Dealers: Mike and Elvis set out to restore a Ford Fiesta Mark 1 **10.00** New series. Holden Bros Restos: Brothers Willie and Stephen Holden build cars on a budget. A 1969 Volkswagen van gets a new lease of life **11.00** Expedition X: the team heads to the woods of southern New Jersey to hunt for the Jersey Devil **12 midnight** Deadliest Catch **2.00am** Holden Bros Restos **3.00-5.00am** Naked and Afraid: Last One Standing

Discovery Sky 125 (126 Scotland) Virgin 177 EE 320/HD 325 +1 Sky 225 (226 Scot) Virgin 377

Discovery History

6.00am Expedition Unknown **7.00** How the Universe Works **8.00** Blowing Up History **9.00** Combat Dealers **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers **12 noon** Combat Dealers **2.00pm** How the Universe Works **3.00** Salvage Hunters **4.00** Mysteries at the Museum **5.00** Blowing Up History **6.00pm** Combat Dealers **7.00** Expedition Unknown **8.00** Greatest Events of World War II: the story of Operation Sealion **9.00** Combat Dealers: memorabilia from the Battle of Normandy **10.00** Salvage Hunters **11.00** World's Greatest Motorcycle Rides **12 midnight** Combat Dealers **2.00am** Salvage Hunters **3.00** Greatest Events of World War II **4.00-5.00am** World's Greatest Motorcycle Rides

Discovery History Sky 177 Virgin 181 +1 Sky 277 Virgin 381

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED



Sky Documentaries



The Legend of the Underground 11.00pm Micheal

6.00am The Sixties (AD) **7.00** Discovering: Clark Gable (AD) **8.00** The Directors (AD) **9.00** 100 Foot Wave (AD) **10.10 FILM** Next Goal Wins **11.00** The changing fortunes of the football team of American Samoa (AD) (W) **12 noon FILM** Seve (AD) (W) **2.00pm FILM** Undefeated **3.00** American football documentary (W) **4.10** The Directors (AD) **5.00** Discovering: Clark Gable (AD) **5.55** 100 Foot Wave (AD)

7.00pm OJ: Made in America A look at the rise and fall of OJ Simpson and what his story reveals about race, celebrity and the media.

8.50 My Icon: Natasha Jonas The boxer pays tribute to the people who have inspired her. (AD)

9.00 David Fuller: Monster in the Morgue The case of David Fuller, a murderer who also sexually abused the bodies. (AD) **10.00** Revealing how Fuller was brought to justice. (AD)

11.00 The Legend of the Underground Lifting the lid on the rampant discrimination in Nigeria through the lens of several non-conformist youths. (AD)

12.45am Missile from the East (AD) **2.45** Dave Not Coming Back **4.45** My Icon: Moen Ali (AD) **5.00–6.00am** Discovering: Clark Gable: a profile of the star (AD)

Sky Documentaries Sky 121 (122 Scotland) Virgin 188 EE 352/HD 367

Nat Geographic

8.00am Food Factory **9.00** Air Crash Investigation **10.00** Nazi Megastructures **11.00** Megafactories **12 noon** Car SOS **1.00pm** Ultimate Airport Dubai **2.00** Air Crash Investigation (AD) **3.00** Lost Treasures of Rome **5.00** Car SOS (AD) **6.00pm** Lost Treasures of Egypt **7.00** Air Crash Investigation **8.00 New** Inside Sydney Airport: a busy Friday sees an ambulance emergency and security breaches (AD) **9.00 New** Air Crash Investigation: triple bill. A Boeing 737 nosedives, killing everyone on board (AD) **10.00** A plane crashes in severe weather **11.00** The investigation into a plane crash in the Himalayas (AD) **12 midnight** Airport Security: First Class **1.00am** Wicked Tuna **2.00** Money Meltdown **2.30** Food Factory **3.20** New. Food Factory USA **4.10–5.00am** Secrets of the Zoo: Keeper Tales

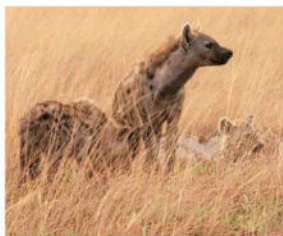
Nat Geographic Sky 129 (130 Scotland) Virgin 183 +1 Sky 229 (230 Scot) Virgin 383

Sky History

6.00am American Pickers **7.00** Pawn Stars **9.00** The Bermuda Triangle Enigma **10.00** Strangest Things **11.00** Swamp People: Serpent Invasion **1.00pm** Pawn Stars **2.00** Rust Valley Restorers **3.00** Greatest Heists with Pierce Brosnan **5.00** Pawn Stars **6.00pm** American Pickers **7.00** Forged in Fire **8.00 New** Storage Wars: double bill. Brandi tries to help Danielle, then Darrell pins his hopes on a small locker **9.00 New** Secrets in the Ice: bizarre ice formations in the Antarctic Ocean **10.00 New** Mysteries of the Ancient Dead: El Castillo **11.00** Medieval Dead **12 midnight** Pawn Stars **2.00am** History's Greatest Mysteries **3.00** Storage Wars **4.00–6.00am** Greatest Heists with Pierce Brosnan

Sky History Sky 123 (124 Scotland) Virgin 131 EE 353/HD 368 +1 Sky 223 (224 Scot) Virgin 331

Sky Nature



Africa's Hunters 6.00pm The survival of a clan of hyenas

6.00am Africa's Wild Horizons **7.00** Monkey Life (AD) **8.00** Arabian Inferno **9.00** Secrets of Wild Australia (AD) **10.00** Animal Empires **11.00** Great Blue Wild **12 noon** Africa's Hunters **1.00pm** Monkey Life (AD) **2.00** Arabian Inferno **3.00** Secrets of Wild Australia (AD) **4.00** Animal Empires **5.00** Great Blue Wild

6.00pm Africa's Hunters An orphaned hyena cub ends up at the bottom of the group's pecking order.

7.00 Monkey Life Busta and Mickey have a check-up. (AD) **7.30** The chimpanzees are treated to ice lollies. (AD)

8.00 My Best Friend's an Animal How cockatoos and platypuses inspired new careers.

9.00 David Attenborough's Kingdom of Plants The wonders of the botanical world. (AD)

10.00 Africa's Hunters As 6pm.

11.00 Great Blue Wild Exploring Cocos Island, a gem among Costa Rica's national parks.

12 midnight How the Wild Things Sleep **1.00am** Gangs of Lemur Island **2.00** My Best Friend's an Animal **3.00** David Attenborough's Kingdom of Plants (AD) **4.00** Arabian Inferno **5.00–6.00am** Secrets of Wild Australia (AD)

Sky Nature Sky 124 (125 Scotland) Virgin 189 EE 354/HD 369

Eden

9.00am Train Truckers: nine back-to-back editions of the series **6.00pm** Train Truckers: six editions. A wartime iron workhorse needs moving from Staffordshire to Oxfordshire **7.00** The A4 LNER Pacific Locomotive Sir Nigel Gresley must be hauled from Crewe to Bridgnorth **8.00** The 100-ton Royal Highland Fusilier must be hauled from Leicestershire to Cheshire **9.00** A fully restored Class 47 diesel engine is transported to the Ecclesbourne Valley Railway **10.00** A CBD80 battery-powered loco needs to be hauled 20 miles **11.00** A Great Western Railway "Modified Hall" steam engine needs a safety inspection **12 midnight New** Anthony Bourdain: Parts Unknown: the food writer heads to Puerto Rico **1.00am** Train Truckers **5.30–6.00am** David Attenborough's Natural Curiosities (AD)

Eden Sky 166 Virgin HD 176 +1 Sky 266 Virgin 376

Animal Planet

8.00am Animal Cribbs **9.00** Crikey! It's the Irwins **10.00** Bad Dog! **11.00** Alaska: Homestead Rescue **12 noon** Animal Cribbs **1.00pm** Crikey! It's the Irwins **2.00** Animal Cribbs **3.00** Crikey! It's the Irwins **4.00** Dogs 101 **5.00** Alaska: Homestead Rescue **6.00pm** Animal Cribbs **7.00** Crikey! It's the Irwins: Terri helps prepare the zoo's new baby rhino for a life-saving vaccine **8.00** Lair of the Killer Crocs: attempts to relocate dangerous crocodiles in Australia **9.00** Monster Croc Invasion (AD) **10.00** Alaskan Bush People **11.00** Coyote Peterson: Brave the Wild **12 midnight** Tanked **1.00am** Alaskan Bush People **2.00** Dogs 101 **3.00** Alaska: Homestead Rescue **4.00–5.00am** Animal Cribbs **Animal Planet** Sky 162 (178 NI) Virgin 178 +1 Sky 262 (278 NI) Virgin 378

SPORT

Sky Main Event

Sky 401 Virgin 511/HD 501 EE 419/HD 439
6.00am Sky Sports News
7.00 Super Bowl LVIII Highlights
8.00 Good Morning Sports Fans
10.00 Super Bowl LVIII Highlights
11.00 LIVE WTA Tennis Day two of the Qatar Open from Doha.
6.30pm LIVE Premier League Football Crystal Palace v Chelsea from Selhurst Park (kick-off 8.00).
11.00 LIVE ATP Tennis Delray Beach Open in Florida, day one.
3.00–6.00am Sky Sports News

Sky Football

Sky 403 Virgin 513/HD 503 EE 421/HD 441
6.00am Classic Play-Off Finals **9.00** Africa Cup of Nations Highlights **9.30** EFL Greatest Games (AD) **10.00** Africa Cup of Nations **12 noon** Championship Football **2.00pm** Championship Highlights **3.30** League One and Two Goals **4.00** Africa Cup of Nations Highlights **4.30** Africa Cup of Nations **6.30** German Football **7.30** Africa Cup of Nations **9.30** Championship Highlights **11.00** German Football **12 midnight** EFL Greatest Games **1.00am** Championship Season Review (AD) **2.00** Best EFL Goals (AD) **2.30** EFL Rivalries **3.00** League Cup Retro **5.45–6.00am** EFL Greatest Games

Sky Golf

Sky 405 Virgin 515/HD 505 EE 423/HD 443
6.00am European Tour Golf **11.00** Fitness Show (AD) **11.30** PGA Tour Golf **5.00pm** Golf's Greatest Holes **6.00** Chronicles of a Champion Golfer (AD) **7.00** PGA Tour Golf **8.00** Golf's Greatest Holes **9.00** PGA Tour Golf **10.00** Chronicles of a Champion Golfer (AD) **11.00** PGA Tour Golf **12 midnight** Golf's Greatest Holes **1.00am** PGA Tour **2.00** Chronicles (AD) **3.00–6.00am** PGA Tour Golf

Sky Tennis

Sky 408 Virgin 537/HD 520 EE 425/HD 445
11.00am LIVE WTA Tennis Day two of the Qatar Open from Doha.
8.30pm–3.00am LIVE ATP Tennis Day one of the ABN AMRO Open from Rotterdam Ahoy; **10.30** The opening day of the Delray Beach Open in Florida.

Sky Arena

Sky 412 Virgin 518/HD 508 EE 427/HD 447
6.00am Premier League Darts **9.30** Super League **9.45** Super League Retro **12 noon** Unbeatable **12.30pm** Premier Basketball League **3.00** British League Darts **6.30** Super League (AD) **8.30** James Roby: the Heart of a Saint (AD) **9.00** Boxing **12 midnight LIVE Basketball** Duke Blue Devils v Wake Forest Demon Deacons (tip-off 12.00).
2.00am Netball **4.00** Boxing **5.00–6.00am** Super League (AD)

Sky Sports Mix

Sky 416 Virgin 510 EE 429/HD 449
12 midnight–2.00am LIVE Basketball Duke Blue Devils v Wake Forest Demon Deacons.

Eurosport 1

Sky 413 Virgin 521 EE HD 412
6.00am Snooker **8.00** Cycling **10.30** Cycling: Chasing Down a Dream **11.00** Archery **12 noon** Discovery Golf **12.30pm LIVE Snooker** Day one of the Welsh Open in Llandudno.
4.30 Padel Tennis **5.30** Snooker **7.00 LIVE Snooker** Day one of the Welsh Open from Llandudno, featuring rounds one and two.
11.00 Snooker **1.00am** Alpine Skiing **2.00** Snooker: Welsh Open **4.00** Padel Tennis **5.00–6.00am** Cycling



Snooker from 12.30pm
Eurosport 1 Robert Milkins is determined to defend his title

Sky Premier League

Sky 402 Virgin 512/HD 502 EE 420/HD 440
6.00am Premier League Greatest Games (AD) **7.00** Premier League Highlights **10.00** The Football Show: analysis and debate **11.30** Ref Watch **12 noon** The Football Show: debate **1.00pm** Premier League Highlights **5.00** Premier League 100 Club (AD) **6.00** Premier League Legends (AD) **6.30 LIVE Premier League Football** Crystal Palace v Chelsea from Selhurst Park (kick-off 8.00).
11.00 Gary Neville's Soccerbox **12 midnight** Premier League Highlights **12.30am** Premier League Icons **1.00** Premier League Years: 2011/12 **3.00** Premier League Greatest Games **4.00** Premier League Best Goals (AD) **5.30–6.00am** 100 Club (AD)

Sky Cricket

Sky 404 Virgin 514/HD 504 EE 422/HD 442
6.00am SA20 Cricket Highlights **7.00** Women's World Cup Highlights (AD) **8.00** SA20 Cricket Highlights **9.00** Women's Big Bash League: Brisbane Heat v Sydney Thunder, coverage of the Eliminator play-off **12.05pm** Women's Big Bash League: Perth Scorchers v Brisbane Heat, coverage of the Challenger play-off **3.10** Women's Big Bash League: Adelaide Strikers v Brisbane Heat, the 2023 final from Adelaide Oval **6.45** Women's World Cup Highlights **7.00** SA20 Highlights: the final **8.00** Women's Big Bash League **11.35** Pushing Boundaries **12 midnight** SA20 Cricket **4.00am** Women's World Cup Highlights (AD) **5.00–6.00am** Big Bash League

Sky NFL

Sky 407 Virgin 517/HD 507 EE 426/HD 446
6.00am NFL: America's Game (AD) **7.00** Super Bowl LVIII Highlights **8.00** NFL Highlights **10.00** Super Bowl LVIII Highlights **11.00** NFL Highlights **12 noon** Good Morning Football **3.00pm** Super Bowl LVIII Highlights **4.00** NFL Bitesize **5.00** Super Bowl LVIII Highlights: from Las Vegas **6.00** Pro-Football Talk **8.00** Super Bowl LVIII **11.00** Super Bowl LVIII Bitesize **11.15** NFL Bitesize **12 midnight** Total Access **1.00am** Super Bowl LVIII Highlights **2.00** NFL Highlights **4.00** Super Bowl LVIII **5.00–6.00am** NFL: a Football Life

Eurosport 2

Sky 414 Virgin 522 EE HD 413
6.00am Biathlon **8.00** Snooker **10.00** Winter Olympic Youth Games **11.00** Cycling: women's UAE Tour **12 noon** Alpine Skiing: World Cup **2.00pm LIVE Cycling** The Jaen Classic one-day race from Spain. **4.15** Cycling **6.00** Alpine Skiing **8.00** Cycling **9.00** Archery **10.00** Padel Tennis: the Hexagon Cup from Madrid **11.00** Alpine Skiing: World Cup **12 midnight** Cycling **2.00am** Alpine Skiing **4.00–6.00am** Snooker

TNT Sports 1

Sky 410 Virgin 527 EE 408/HD 430
6.00am Europa League Magazine **7.00** International T20 Cricket **8.00** Premier League Football **9.30** Premier League: Big Interview **10.00** National League Football (AD) **12 noon LIVE Pro League Hockey** USA v Netherlands, the women's match (push-back 12.00); **2.00pm** India v China, the women's match (push-back 2.00). **4.00** French Football (AD) **5.00** Champions League Magazine **5.30** Premier League Stories (AD) **6.00** Premier League: the Big Interview **6.30** French Football (AD) **7.30 LIVE Italian Football** Juventus v Udinese, coverage of the Serie A match from Allianz Stadium (kick-off 7.45).
9.45 TNT Sports Goals Reload **10.15** National League Football (AD) **10.45** Around the Block (AD) **11.00** Wrestling: WWE action (AD) **1.00am LIVE Wrestling** WWE Monday Night Raw, featuring the likes of Seth Rollins, Rhea Ripley, Cody Rhodes and Drew McIntyre. **4.15** Ariel Helwani Meets (AD) **5.15** TNT Sports Goals Reload **5.30–6.00am** Between the Lines

TNT Sports 2

Sky 411 Virgin 528 EE 409/HD 431
6.00am Pro League Hockey **10.00** Premiership Women's Rugby Union **11.00** International One-Day Cricket: Australia v South Africa, women's **12 noon** International T20 Cricket Highlights **1.00pm** Test Cricket Highlights (AD) **3.00** International One-Day Cricket Highlights **4.00** Sign Up: into Football **4.45** Crouchy and Cole **5.00** World Rally (AD) **5.30** Down the Clubhouse (AD) **6.30 LIVE Pool** The Champions League Ultimate Pool tournament, coverage of the Group 6 matches. **9.30–6.00am LIVE Test Cricket** New Zealand v South Africa, coverage of the first day of the second and final Test in the series from Seddon Park, Hamilton.

TNT Sports 3

Sky 417 Virgin 529 EE 410/HD 432
6.00am Italian Football: highlights of nine weekend Serie A matches **3.00pm** Premiership Women's Rugby Union: Saracens v Harlequins **4.00** Bristol Bisons: Pride on the Pitch (AD) **5.00** Pro League Hockey: four games **9.00** Fishing: on the Bank (AD) **10.00** UFC: action from Las Vegas **1.00–6.00am LIVE NBA** Milwaukee Bucks v Denver Nuggets, the inter-conference game from Fiserv Forum (tip-off 1.00); **3.30** Los Angeles Clippers v Minnesota Timberwolves, the Western Conference game from Crypto.com Arena (tip-off 3.30).

TNT Sports 4

Sky 421 Virgin 530 EE 411/HD 434
6.00am Australian Football: action from six weekend A-League matches **12 noon** NBA **3.00pm** NBA: Dallas Mavericks v Oklahoma City Thunder **4.30** NBA: Miami Heat v Boston Celtics **6.00** International T20 Cricket Highlights: Australia v West Indies **7.00** Test Cricket Highlights (AD) **9.00** Fight Week: a preview of UFC 298 **9.30** NBA: Dallas Mavericks v Oklahoma City Thunder **11.00** NBA: Miami Heat v Boston Celtics **12.30am** MLB Classic **5.45–6.00am** What I Wore (AD)

Viaplay Sports

7.30–10.30pm LIVE Spanish Football Almería v Athletic Bilbao from Estadio de los Juegos Mediterráneos (kick-off 8.00).

Tuesday

DRAMA

Kin 10.40pm, 11.30pm **BBC1**
Full series via iPlayer today

The second series of Peter McKenna's menacing gang-warfare drama grabs you by the throat right from the start and the pace doesn't let up. Business is booming for Dublin-based crime clan the Kinsellas now that rival cartel boss Eamon Cunningham is dead. However, Amanda (Clare Dunne) and the rest of the family hadn't banked on a vicious Turkish gang insisting that the Kinsellas must now pay back the £70m Cunningham owed them.

Added to that little difficulty, Eric (Sam Keeley) and Bren (Francis Magee) – both out-of-control, violent thugs – are released from prison, so the family have some serious problems there, too. Bren bristles with hostility and clearly thinks he, not Amanda, is the head of the family business. He has a brusque, expletive-filled way of dismissing a woman being in charge. At least she didn't get a bullet in the head, as others do in this opening double bill.

The strong cast also includes Aidan Gillen and Maria Doyle Kennedy. **JANE RACKHAM**

BAD NEWS

All hell breaks loose when Bren Kinsella (Francis Magee) is released from prison

FOOD

The Hairy Bikers Go West

7.00pm (not Wales) **BBC2**
Catch up via iPlayer

"How did you, coming from a small mining community [Kibblesworth near Birtley], develop such a taste for dishes with lobster, wine and brandy?" Dave Myers asks Si King, as the pair happily cook up a decadent pasta meal with produce sourced in Dumfries and Galloway.

One thing the duo realise during their trip is that diversification is vital for survival. A small café in a rural location now sells pasta made using Scottish oats, while a farming couple have learned how to smoke lamb. Some traditions, such as a handmade Scotch pie, don't need updating, however: "Oh, man!" as a salivating Si and Dave are often heard to exclaim. **JR**

DRAMA

Waterloo Road

8.00pm **BBC1** Catch up via iPlayer

There are some lines that characters in continuing dramas ought never to say, and Kim's "I've got a really positive feeling about today" is up there with anyone on *EastEnders* exclaiming, "This is going to be the best Christmas ever!"

Sure enough, Kim comes to rue her jinx-worthy words when, on a trip to a high-flying academy, she's greeted by a supercilious staff member with more annoying acronyms than most teachers have red pens, who talks of Waterloo Road as "a vampire school" (definition: one that sucks up resources). Back at base, meanwhile, evil Libby stages a *Breakfast Club*-style breakout when she and her peer group tire of a GCSE revision session. **DAVID BROWN**

ART

Art's Wildest Movement: Mannerism

8.00pm **Sky Arts** Catch up via Now

LAST EPISODE

Mannerism may have been born in 1520s Italy, but as Waldemar Januszczak explains in the last episode of this eye-opening yet fun art history series, it didn't take long for it to spread across Europe. So we get the madness of alchemy-obsessed Rudolf II in Prague, and those very strange fruit-and-veg portraits by Giuseppe Arcimboldo. Thanks to the piles of gold and silver arriving from the New World, there's an explosion of the decorative arts. In France, there's a curious painting highlighting the fecundity of Henri IV's mistress. Not to mention El Greco in Toledo and Matthias Grünewald in Germany. As Waldy puts it, it's "a cornucopia of art". **GILL CRAWFORD**

PANEL SHOW

QI XL

9.00pm **BBC2** Catch up via iPlayer

QI is often ready to plumb the depths of urban myths, common misconceptions and fringe ideas – so what better topic for them to tackle than ufology, aka the study of aliens, spaceships and generally mysterious, extraterrestrial arcana?

Testing their knowledge of little green creatures, men in black, tractor beams and outer-space probes are comedians Nish Kumar, Cally Beaton and Tom Ward, with Alan Davies in his regular role at Sandi Toksvig's right hand. But will they be able to sift the genuine intergalactic info from the specious space talk? As we know from *The X-Files*, the truth is out there... but an awful lot of general ignorance is spinning around somewhere in the galaxy as well. **HUW FULLERTON**

ALSO ON TODAY

Great British Menu

8.00pm **BBC2**

Four chefs from Scotland cook canapés, starters and fish dishes inspired by the Olympics and Paralympics. *Andi Oliver: p146*

Boris Becker: the Rise and Fall

9.00pm **ITV1**

The conclusion of the two-part profile of the disgraced tennis star.



What We Do in the Shadows

11.15pm, 11.40pm (not Wales) **BBC2**

A visitor causes tension between Guillermo and Nandor (Kayvan Novak, left).

REALITY

First Dates

9.00pm **C4** *Catch up: C4 streaming*

Cupid is pulling back his bow one day early for this Valentine's special, where journalist India Willoughby is among those seeking romance. Her date is driving instructor Gareth, but will the pair end up parking any feelings they may have for each other or opting instead to move things up a gear?

There's hope for anyone looking for a relationship later in life, as 90-year-old army veteran Ronald woos a 91-year-old widow. Finally, there's a lesson in never judging a potential match by their outward appearance, with lovelorn Colby admitting that women consider him to be "a bit of a brute" when in reality he's a "teddy bear" with a One Direction tattoo on his bottom. **DB**

DOCUMENTARY

Ben Fogle: New Lives in the Wild

9.00pm **Channel 5** *Catch up: My5*

Hopefully Ben Fogle is getting some commission from the Portuguese tourist board, because this isn't his first visit to the country's rugged inlands, and it always looks fabulous. As far as the eye can see are verdant hills; the only sound the chirping of crickets and the occasional pig snort. Much of the filming is done just before dusk, when the soft amber light flatters the landscape even more.

Sarah and Luke came here to escape from a place people usually escape to – Malta. And, apart from the high-summer heat, it's hard to imagine a more perfect environment for a new, back-to-basics, life. "I'm [only] leaving here in a box," says Sarah. **GARY ROSE**

DOCUMENTARY

The Eternal Memory

10.00pm **BBC4** *Catch up via iPlayer*

This moving and intimate *Storyville* documentary about a Chilean couple facing the tragedy of Alzheimer's is brimful with love and loss. TV journalist Augusto Góngora and actress Paulina Urrutia shared their lives for more than two decades, and when Augusto received his diagnosis in 2014, the pair were determined to share that journey, too.

Maite Alberdi's film follows the couple in the four years to 2022 as Augusto's health declines, giving us access to their most private conversations. The sense of closeness is enhanced by home videos from when Augusto's recollection was as sharp as a tack. A poignant and thoughtful tribute to the power of love. **AMBER WILKINSON**

LIVE SPORT

Football: Champions League
FC Copenhagen v Manchester City7pm (k/o 8pm) **TNT Sports 1**

Coverage of the last-16 match, with City's Kevin de Bruyne (above) back from injury.

RB Leipzig v Real Madrid
7.30pm (k/o 8pm) **TNT Sports 2**

Football: Championship
Bristol City v Southampton7.30pm (k/o 8pm) **Sky Main Event/Football**

Action from Ashton Gate.

Tennis: Delray Beach Open

10.30pm **Sky Sports ME**

Day two in Florida.

FILM OF THE DAY

Carry On Spying ★★★ **U**12.50pm **Talking Pictures TV**

"The name's Simpkins, Desmond Simpkins." Kenneth Williams plays the bumbling secret agent dispatched with his equally inept colleagues to retrieve a top-secret formula, as the *Carry On* gang sends up the 1960s spy boom in irreverent style. (1964)

FILM REVIEWS
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LAW AND ORDER
CS Sheila Court (Hermione Norris) and DI Steve Tudor (Neil Pearson) need the team's help to catch a serial killer

DRAMA

Silent Witness

9.00pm **BBC1** *Catch up via iPlayer*

So rooted in London is *Silent Witness* that it's hard to envisage how it will look once production moves to the West Midlands. BBC chief content officer Charlotte Moore has said the relocation will bring "creative opportunities", but there can be no denying that the next series will feel different from this one, which ends with a storyline that has seen King's Cross Station almost become a character in its own right.

There's no sign of packing boxes at the Lyell Centre, or even any talk of quitting the metropolis – probably because there's still a serial killer to catch and bodies for this week's coppers Neil Pearson and Hermione Norris to identify. But amid the dogged crime-solving, Nikki and Jack do give mention to the future, their conversation suggesting that even if there are changes, they will remain a constant. **DB**

TUESDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Sally Nugent, Ben Thompson. (S) (HD)
9.30 Morning Live Magazine show presented by Michelle Ackerley and Gethin Jones. (S) (HD)
10.45 Dr Xand's Con or Cure A look at snoring solutions, the risks of long-term steroid use for eczema and the dangers of drinking salt water. (S) (HD)
11.15 Homes under the Hammer Properties in Staffordshire, Liverpool and Torquay. (S) (HD)
12.15pm Bargain Hunt Eric Knowles presents from Newark Showground. (R) (S) (AD) (HD)
1.00 BBC News Regional News; Weather (S) (HD)
1.45 Doctors Scarlett takes her driving test, and Zara and Bear arrange a review panel. (S) (AD) (HD)
2.15 Clean It, Fix It Helping a family in West Sussex turn their dining area into a practical space with clever shelving and storage. Repeated tomorrow 7.15am BBC2 (S) (HD)
3.00 Escape to the Country Sonali Shah helps a West Midlands couple search for a home along the Welsh border. Repeated Friday 6.30am BBC2 (S) (HD)
3.45 The Repair Shop A prankster postman's brass horn and a tavern clock are revived. (R) (S) (AD) (HD)
4.30-5.15 Antiques Road Trip Catherine Southon and David Harper explore the Sussex coast. (R) (S) (HD)

BBC2

6.45am Clean It, Fix It Helping a man transform his cluttered north London flat. Shown Monday 2.15pm BBC1 (S) (HD)
7.30 David and Jay's Touring Toolshed 15/15 From north-east Scotland. Shown Saturday 5.50pm (S) (AD) (HD)
8.00-9.00 Sign Zone Winterwatch 2/4. Chris Packham and Michaela Strachan report from RSPB Arne in Dorset, and Gillian Burke continues her adventures on Orkney. (R) (S) (HD)
9.00 BBC News (S) (HD)
9.00 BBC RED BUTTON 10.00am-4.30pm Snooker Live coverage of the Welsh Open from Venue Cymru in Llandudno
1.00pm Impossible Hosted by Rick Edwards. (R) (S) (HD)
1.45 The Tournament Quiz with Alex Scott. (R) (S) (HD)
2.30 The Farmers' Country Showdown Farmers hope for a sell-out day at the Ludlow Food Festival. (R) (S) (HD)
3.15 The Great British Sewing Bee Making an underwired bra and matching knicker set. (R) (S) (AD) (HD)
4.15-5.15 New Zealand: Earth's Mythical Islands Exploring how animals including snails with teeth endure New Zealand's wildest locales. (R) (S) (AD) (HD)

ITV1

6.00am Good Morning Britain (S) (HD)
9.00 Lorraine Guests, gossip and more. (S) (HD)
10.00 This Morning Celebrity interviews, fashion and lifestyle advice. Including **Regional Weather** (S) (HD)
12.30pm Loose Women Fortright opinions. (S) (HD)
1.30 ITV Lunchtime News Regional News; Weather (S) (HD)
2.00 Jimmy's Taste of Florida Jimmy Doherty heads for the east coast, where he tries surfing on New Smyrna Beach and learns about space food at Kennedy Space Centre. Signed repeat 5.05am (S) (AD) (HD)
3.00-4.00 Lingo Antony and Ricky, Augusto and Greg, and Georgia and Sally compete for the jackpot. Adil Ray hosts. (R) (S) (HD) Followed by **Regional Weather**

Channel 4

6.10am Countdown With guest Tim Rice. (R) (S) (HD)
6.50 Cheers Two episodes of the sitcom. (R) (S) (HD)
7.40 3rd Rock from the Sun Double bill. (R) (S) (AD) (HD)
8.30 Everybody Loves Raymond (R) (S) (AD) (HD)
10.00 Frasier Double bill of the comedy. (R) (S) (AD)
11.00 The Great House Giveaway Carpenters Chris and Adam renovate a house bought at auction that's been condemned twice. (R) (S) (HD) **12 noon News** (S) (HD)
12.05pm Sun, Sea and Selling Houses The Garners help a retired Sussex couple living in a motorhome search for a property in Almería. (R) (S) (HD)
1.05 Find It, Fix It, Flog It Henry Cole and Simon O'Brien visit a motorbike collector. (R) (S) (AD) (HD)
2.10 Countdown Lyricist Tim Rice guests. (S) (HD)
3.00 A Place in the Sun A couple look for a holiday home near the town of Vera in Andalusia. (R) (S) (HD)
4.00-5.00 A New Life in the Sun The owners of a Spanish surf school battle the elements, and two B&B owners contend with rising costs. Rptd 6pm 4seven (S) (HD)

BBC1

1

Kin 10.40pm As the Kinsella family face a new enemy, Amanda (Clare Dunne) suffers a personal tragedy



5.15pm Pointless With Alexander Armstrong and Alex Brooker. (R) (S) (HD)
6.00 BBC News Weather (S) (HD)
6.30 Regional news magazines (S) (HD)
7.00 The One Show Hosted by Jermaine Jenas and Alex Jones. (S) (HD)
9.00 BBC RED BUTTON 7.00-10.30 5 Live Final Score Champions League commentary, at bbc.co.uk/sport
7.30 EastEnders George looks up the details of his father's court case. Writer Lauren Klee Cast Wednesday/Thursday (S) (AD) (HD)

8.00 Waterloo Road

RT 6/8 Series 13. With most of the teachers away on an inset day, Libby leads Year 11 as they run riot around the school. A box set is on iPlayer. **See p70.**

Kim Campbell	Angela Griffin	Debs Rafferty	Hollie-Jay Bowes
Donte Charles	Adam Thomas	Barbara Rafferty	Marie Critchley
Nicky Walters	Kym Marsh	Dean Weever	Francesco Piacentini-Smith
Libby Guthrie	Hattie Dynevor	Schumacher "Schuey" Weaver	
Joe Casey	James Baxter		Zak Sutcliffe
Lindon King	Vincent Jerome	Marc Todd	Tom Wells
Neil Guthrie	Neil Fitzmaurice	Stacey "Stace" Neville	Tillie Amarte
Coral Walker	Rachel Leskovic	Samia Choudhry	Priyasha Kumari
Amy Spratt	Katherine Pearce	Noel McManus	Liam Scholes
Valerie Chambers	Shauna Shim	Khalil "Kai" Sharif	Adam Ali
Wendy Whitwell	Jo Coffey	Preston Walters	Noah Valentine
Andrew Treanman	Jamie Glover	Serena Michelle Davies	Kerry Howard
Kelly Jo Rafferty	Alicia Forde	Noah Robson	James Oates

Writer Julia Kent; Series producer Lindsay Williams
 Director Mickey Jones (S) (AD) (HD)

9.00 Silent Witness

RT 10/10 Series 27. King's Cross 2/2. Nikki tries to identify the last of the remaining bodies, while Jack and the police begin to look into several 20-year-old missing persons cases which might reveal the identity of the man dubbed "the King's Cross Serial Killer". A box set is on iPlayer. **See p71.**

Dr Nikki Alexander	Emilia Fox	Malcolm Jones	Jude Akuwudike
Jack Hodgson	David Caves	Esther Daniels	Ellen Thomas
Professor Gabriel Folukoya	Aki Omohaybi	Anna Gorska	Monika Miles
Velvy Schur	Alastair Michael	Mike Jarvis	Neil Hobbs
Cara Connelly	Rhiannon May	Keith Pryor	Steve Nicolson
CS Sheila Court	Hermione Norris	Di Mel Granger	Melanie Kilburn
DI Steve Tudor	Neil Pearson	Russell Drake	Rupert Holliday Evans
Joanne Perry	Hayley Carmichael	Carl Streeting	George Watkins
DC Chloe Abbott	Sharon Rose	Mary Streeting	Sally Rogers
Barbara Apstead	Michele Winstanley	Gillian Kerr	Anne Lacey

Writer Ed Whitmore; Producer Jayne Chard
 Director Toby Frow (S) (AD) (HD)

10.00 BBC News Regional News; Weather

10.40 Kin

RT New series. 1/8 Series 2. The return of the Irish crime drama. A Turkish cartel tells the Kinsellas that they are obliged to pay a sizeable debt. (S) (AD) (HD)
11.30 2/8. An unexpected arrival causes problems. A box set is available on iPlayer. **See p70.** (S) (AD) (HD)

Michael Kinsella	Charlie Cox	Donal Crehan	Paul Tylak
Amanda Kinsella	Clare Dunne	Father Deegan	Aidan O'Hare
Frank Kinsella	Aidan Gillen	Rory Hayes	Cathal Pendred
Jimmy Kinsella	Emmett J Scanlan	Zeinab Can	George Georgiou
Bridget Goggins	Maria Doyle Kennedy	Beady Donovan	Ger Carey
Eric Kinsella	Sam Keeley	Benjamin Stokes	Peadar Cox
Nikita Murphy	Yasmin Seky	Lee Reid	Matt Lenehan
Bren Kinsella	Francis Magee	Kevin Delaney	Kenneth Hudson
Nuray Batuk	Oyku Karayel	Katie Wallace	Libby Dunne
Hamza	Kenan Ece	Dr. Jane Kelly	Colleen Keogh
Anthony Kinsella	Mark McKenna	Gary Mahor	Eddie Jackson
Anna Aroeye	Hannah Adeogun	Jess Duggan	Shauna Higgins
Isaac "Kem" Kemela	Ryan Lincoln	Eddie Lucas	Aaron Katambay
Dan Murphy	Donnacha Tynan		

12.20am Pointless Celebrities With Bethannie Hare, Nihal Arthanayake, Kemah Bob, Tiff Stevenson, Richie Anderson, Donna Preston, Dermot Murnaghan and Faye Brookes.
See choice, page 40. Shown Saturday 8.35pm (S) (HD)
1.05 Weather for the Week Ahead (S) (HD)
1.10-6.00am BBC News (S) (HD)

BBC1 Freeview 1/HD 101 Freesat 101 Sky 101 Virgin 101

BBC2

2

Rick Stein's Food Stories 6.30pm The chef prepares dishes using fresh produce fished from Argyll's lochs



5.15pm Flog It! Ceremonial gold epaulettes are valued at Croome stately home in Worcestershire. (R) (S) (HD)
6.00 Richard Osman's House of Games With former winners Kaye Adams, Alex Brooker, Kiell Smith-Bynoe and Isy Suttie. (S) (HD)
6.30 Rick Stein's Food Stories 2/15. Argyll. Rick meets chef Pamela Brunton in Argyll, a Michelin green star winner whose menu showcases local and foraged ingredients. He catches langoustine with fisherwoman and former teacher Mary Galloway and then explores a century-old smokehouse. Back at home, he cooks arroz rojo and tattie scones with Scottish smoked salmon. (S) (AD) (HD)
7.00 The Hairy Bikers Go West **RT 2/7.** Dave Myers and Si King make a return trip to Scotland, this time to Dumfries and Galloway. Their first stop is the village of New Galloway, with the aim of buying Scottish pasta for their lobster dish. Then, at Potterland Farm near Castle Douglas, they meet James and Karen who specialise in smoked lamb, and back at the kitchen the Bikers create a delicious lamb and caper pie. Si and Dave also rustle up a caramelised apple cheesecake using produce bought at a farm shop near Dumfries. **See page 70.** Director Francois Gandolfi; Producer Rosie Pooley (S) (AD) (HD)
9.00 BBC RED BUTTON 7.00-10.00 Snooker Live coverage of the Welsh Open from Venue Cymru in Llandudno

8.00 Great British Menu

Calum Montgomery from the Isle of Skye, Aberdeen's Kevin Dalgleish, Ajay Kumar, who moved to Scotland from India, and Edinburgh's David Millar cook their canapés, starters and fish dishes, taking inspiration from the Olympic and Paralympic Games. Continues tomorrow 8pm. Presented by Andi Oliver. (S) (HD)
The view from Andi Oliver's sofa: page 146

9.00 QI XL

RT Sandi Toksvig hosts, with Cally Beaton, Nish Kumar and Tom Ward joining Alan Davies to answer questions on the theme of ufology. **See p70.** Director Diccon Ramsay; Series producer Piers Fletcher (S) (HD)

9.45 David Mitchell's Outsiders

4/6 Series 1. David Mitchell challenges Ed Gamble, Kerry Godliman, Jessica Knappett, Jamali Maddix, Toussaint Douglass and Lou Sanders to build a shelter and turn ordinary objects into survival items. Series director Graham Proust; Series producer Victoria Payne First shown on Dave (S) (AD) (HD)

10.30 Newsnight

With Kirsty Wark. (S) (HD)

11.10 Weather

11.15 What We Do in the Shadows

9/10 Series 4. Freddie. Guillermo has a visitor from overseas. Laszlo takes Colin on the road. (S) (AD) (HD)
11.40 10/10. Sunrise, Sunset. Baby Colin reaches that awkward age. A box set is on iPlayer. (S) (AD) (HD)

Laszlo	Matt Berry	The Guide	Kristen Schaal
Guillermo	Harvey Guillen	The Djinn	Anoop Desai
Colin Robinson	Mark Proksch	Freddie	Al Roberts
Nadja	Natasia Demetriou	Derek	Chris Sandiford
Nandor	Kayvan Novak	Sean Rinaldi	Anthony Atamanuik
Marwa	Parisa Fakhri	Scott Joplin	Sam Asante

12.05am What We Do in the Shadows ★★★★★ Horror comedy starring Jemaine Clement and Taika Waititi. Viago is a centuries-old vampire who shares a flat with three fellow bloodsuckers in present-day Wellington in New Zealand. On iPlayer for 4 months. **Review page 77.** Directors Jemaine Clement and Taika Waititi (2014, 15) (S) (AD) (W) (HD)
1.30-3.30am Sign Zone 1.30 Great British Menu Four chefs from Kent and London compete. Shown last Tue (S) (HD)
2.30 Mains and desserts. Shown last Wednesday (S) (HD)

BBC2 Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102

ITV1

3

Boris Becker: the Rise and Fall
9.00pm How the tennis great went from centre court to crown court



4.00pm Tipping Point

Three contestants take turns on the supersized arcade machine. Ben Shephard presents. (S) (HD)

5.00 The Chase

Bradley Walsh presents as Sam, Lee, Pam and Judith face one of the ruthless Chasers. (S) (HD)

6.00 Regional News Weather

(S) (HD)

6.30 ITV Evening News Weather

(S) (HD)

7.30 Emmerdale

Rhona is charged with kidnapping, Tom is still upset and Belle decides to ease the situation.

Writer Anna Clements Cast Thursday/Friday (S) (AD) (HD)

8.00 Coronation Street

Billy snaps under the strain of spoiling Paul for Valentine's Day. Meanwhile, Bobby identifies an unusual route to Lauren's heart, and George realises that Liam is the victim not the bully.

Billy Mayhew	Daniel Brocklebank	Max Turner	Paddy Bever
Paul Foreman	Peter Ash	Mary Taylor	Patti Clare
Lauren Bolton	Cait Fitton	Daniel Osbourne	Rob Mallard
George Shuttleworth	Tony Maudsley	Benno	Ross Thompson
Liam Connor	Charlie Wrenshall	Alya Nazir	Sair Khan
Beth Sutherland	Lisa George	Abi Webster	Sally Carman-Duttine
PC Kam	Lloyd Lai	Sally Metcalfe	Sally Dynevor
Sabrina Adetiba	Luana Santos	Maria Connor	Samia Longchambon
Mason Radcliffe	Luca Toolan	Adam Barlow	Samuel Robertson
Tommy Orpington	Matt Milburn	Steve McDonald	Simon Gregson
Dewey	Matthew Wynn	Eileen Grimshaw	Sue Cleaver
Evelyn Plummer	Maureen Lipman	Sarah Barlow	Tina O'Brien
Kevin Webster	Michael Le Vell	Ed Bailey	Trevor Michael Georges
Gary Windass	Mikey North	Harvey Gaskell	Will Mellor
Nina Lucas	Mollie Gallagher	Teacher	Houmi Miura
Gav Adetiba	Noah Olajoye	Enquiry officer	Paul Stenton

Writers David Proud and Carmel Morgan. This week's episodes produced by Iain MacLeod, directed by Suri Krishnamma, Alex Jacob and Marianna Dean. More cast Monday (S) (AD) (HD)

9.00 Boris Becker: the Rise and Fall

2/2. The remarkable story of the tennis star's fall from grace continues with his divorce from his first wife, which revealed that Becker had fathered a child with another woman, leading to a financial decline which would result in his imprisonment for concealing assets and loans. Featuring interviews with divorce lawyers, the prosecutor whose case landed Becker behind bars and some of the many women in his life, including his estranged second wife.

Director/Producer Stephen Finnigan
First shown on ITVX (S) (AD) (HD)

10.00 ITV News at Ten

Weather; Regional News and Weather (S) (HD)

10.45 Joanna Lumley's Spice Trail Adventure

3/4. Joanna picks up the trail on the African island of Madagascar, where she discovers the secrets of the world's second most expensive spice, vanilla, and learns how cacao is used to make some of the world's best chocolate. The whole series is available as a box set on ITVX.
Director/Producer Zoe Dobson (R) (S) (AD) (HD)

11.40 After the Flood

5/6. Following a new lead, Jo and Tasha reveal another side of Daniel's life, before Jo closes in on the murderer. Concludes tomorrow 9pm.
Shown last Friday (S) (AD) (HD)

12.25am Home Shopping

3.00 James Martin's Spanish Adventure A visit to Castile and León. Shown Sun 6.30am (S) (SL) (AD) (HD)

3.50 Unwind A sequence to calm the mind. (S) (HD)

5.05-6.00am Jimmy's Taste of Florida Jimmy heads for the state's east coast where he visits the Kennedy Space Centre. Shown 2pm (S) (SL) (AD) (HD)

ITV1 Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 103

+1 Freeview 35 Freesat 112 Sky 203 Virgin 303

Channel 4

4
7 in Wales

First Dates:

Be My Valentine
9.00pm Romance is in the air, but will love blossom for Gareth and India?



5.00pm Château DIY

Alison and Zion unearth some giant rocks in their garden, while Tim and Luke transform an old storage space into a games room for guests. Repeated tomorrow 4pm 4seven (S) (AD) (HD)

6.00 Come Dine with Me

At his dinner party with a regal theme, hairdresser Shane serves up a Thai green curry. (S) (HD)

6.30 The Simpsons

To Cur with Love. Homer doesn't seem to care when he loses Santa's Little Helper. (R) (S) (AD) (HD)

7.00 Channel 4 News Sport; Weather

(S) (HD)

8.00 999: on the Front Line

Ep 3. In this episode, police discover a man lying unconscious in the street following a suspected drug overdose. When a man is found collapsed outside his house clutching his chest, the paramedics must act quickly as he may be having a heart attack. Elsewhere, an elderly woman climbs on a chair to reach a daddy longlegs, with painful consequences.

Series producer Graeme Thomson; Exec producer Anna Kelvie
Repeated tomorrow 8pm 4seven First shown on More4 (S) (HD)

9.00 First Dates: Be My Valentine

RT Ep 6. In a Valentine's special, sparks seem to fly when online content creator Holly is paired with landscaper Sam. Nonagenarian Ronald gets to know 91-year-old widow Iris, while Colby, who is 27 and tired of being misjudged, has a meal with 22-year-old Macy. And journalist and broadcaster India, who hasn't been on a date since she transitioned, is matched with driving instructor Gareth. **See page 71.**

Series director Vickie Ager; Executive producer Richard Mears
Repeated 12.20am 4seven and tomorrow 11.05pm C4 (S) (AD) (HD)

10.00 Around the World in 80 Weighs

Ep 5. For the last leg of their globe-trotting adventure, the tourists return to the UK. Having adopted a variety of healthy habits in the countries they've visited on their journey, can they maintain them back at home? After a month apart, the group meet at a country estate for a final weekend together – and one last weigh-in.

Series director Justin Lennox-Bradley
Series producer Nicola Stoker (S) (AD) (HD)

11.05 Brits Down Under

Ep 6. While one relationship blossoms, there's a difference of opinion between two of the backpackers at dinner. After an awards ceremony to celebrate their time together, the group say farewell as their stay at the farm comes to an end. The whole series is available to stream.

Series producer Kit Simpson; Executive producers Sebastian Grant and Jo Scarratt-Jones Rptd Thursday 1.30am (S) (AD) (HD)

12.05am Ramsay's Kitchen Nightmares USA

A Japanese restaurant in California. (R) (S) (SL) (HD)

1.00 The Simpsons Some venture capitalists take an interest in Moe's home-made whiskey. (R) (S) (AD) (HD)

1.25 Couples Come Dine with Me An American theme and a plant-based menu feature in Cardiff. (R) (S) (SL) (HD)

2.20 Thelma ★★★ Supernatural drama starring Eili Harboe and Kaya Wilkins. After moving to Oslo to study, a lonely and sheltered young woman begins to experience unexplained seizures. As she begins to fall in love with a fellow student, she discovers that she possesses telekinetic abilities. Norwegian +subtitles.
Director Joachim Trier (2017, 15) (SL) (W) (HD)

4.15 The Great Pottery Throw Down 6/10. The potters create teapots and mugs with an intricate majolica finish. **See choice, p50.** Shown Sunday 7.45pm (S) (SL) (AD) (HD)

5.20-6.10am Undercover Boss USA Baseball star Deion Sanders meets inspiring sports coaches. (R) (S) (HD)

Channel 4 Freeview 4/HD 104 Freesat 104 Sky 104 Virgin 104

+1 Freeview 15 Freesat 121 Sky 204 Virgin 304

BBC4

9
24 in Scotland

The Eternal

Memory 10.00pm
Augusto has the support of wife Paulina through difficult times



7.00pm Dynasties

4/5 Series 1. **Painted Wolf.** A fast and efficient hunter, the painted wolf, or African wild dog, is an endangered species native to sub-Saharan Africa. Cameras follow a pack presided over by an ageing matriarch on the banks of the Zambezi river. More tomorrow 7pm.
Repeated 1.25am (R) (S) (AD) (HD)

8.00 To the Manor Born

7/8 Series 1. **A Touch of Class.** DeVere decides to shoot a commercial for his supermarket empire at Grantleigh. From 1979. A box set is on iPlayer.
Writer Peter Spence; Director Ian Rawnsley
Producer Gareth Gwenlan (R) (S)

8.30 Yes, Prime Minister

8/8 Series 1. **One of Us.** MI5 reveals its former head was a double agent who worked as a Russian spy. From 1986.
Writers Jonathan Lynn and Antony Jay
Director/Producer Sydney Lotterby (R) (S)

9.00 Wild Weather with Richard Hammond

2/3. **Water: the Shape Shifter.** Water is an essential component of almost all weather – without it there would be no rain, snow, hail or clouds. So Richard goes in pursuit of H₂O in all its forms. To find out how clouds float he creates his own, using a cattle trough, humidifiers and the help of meteorologist Dr Jim McQuaid.

Director Graham Booth; Series producer Graham Booth Repeated 2.25am (R) (S) (AD) (HD)

10.00 The Eternal Memory: Storyville

RT Documentary providing a portrait of unconditional love and devotion, as Chilean politician and actress Paulina Urrutia cares for her husband of 23 years Augusto Góngora, the cultural journalist, who now has Alzheimer's disease. As Augusto's memory slowly deteriorates, Paulina's unwavering support is tested as they both try to maintain his identity despite the challenges of his illness. Past episodes of *Storyville* are on iPlayer. **See p71.**

Director Maite Alberdi; Producers Maite Alberdi, Juan de Dios Larrain, Rocío Jadue and Pablo Larrain (S) (HD)

11.25 The Victorian House of Arts and Crafts

3/4. The six crafters tackle the massive dining room in their creative communal home, setting out to make from scratch a set of decorative Tondino plates with a tricky glaze, a complete set of curtains and a pair of ornamental fire dogs to sit in the hearth, using the tools and techniques of the Arts and Crafts period.
Executive producers Nick Catliff and Lisa Hazlehurst
Series editor Jeremy Daldry (R) (S) (AD) (HD)

12.25am From Andy Pandey to Zebedee: the Golden Age of Children's TV

A nostalgia-packed examination of how programme-makers rose to the challenge of delivering quality television shows for younger viewers. Nigel Planer narrates. **See choice, p50.** Shown Sunday 7pm (S) (HD)

1.25 Dynasties Shown 7pm (S) (AD) (HD)

2.25-3.25am Wild Weather with Richard Hammond Shown 9pm (S) (AD) (HD)

BBC4 F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

BBC SCOTLAND

7.00pm This Farming Life: Storm Ciara wreaks havoc for hill farmer Joyce 8.00 Life on the Bay 9.00 The Nine 10.00 Rebel Tongue: Alistair Heather sets out on a mission to reclaim the Scots language 11.00-12 midnight Paramedics on Scene: a woman has collapsed on Arthur's Seat

STV

10.00pm ITV News at Ten; STV News and Weather 10.40 Scotland Tonight; ITV Weather 11.05 After the Flood 12 midnight All Elite Wrestling: Rampage 12.55-3.00am Night Vision 3.50-5.05 Night Vision

BBC2 WALES

9.00am BBC News 10.00 Live Snooker: Catrin Heledd presents coverage of day two of the Welsh Open from Venue Cymru in Llandudno 4.30-5.15pm The Farmers' Country Showdown 7.00-8.00 Snooker: further coverage of the Welsh Open 11.15 Snooker: highlights of day two of the Welsh Open 12.00-12.05am Blue Planet II: Into the Blue: cuttlefish do battle for a mate along the south coast of Australia

TUESDAY Freeview

Channel 5

5



Ben Fogle: New Lives in the Wild 9.00pm A return trip to Portugal

5.35am Milkshake! See page 76

9.15 Jeremy Vine (S) (HD)

11.15 Storm Huntley (S) (HD)

12.45pm Alexis Conran and Friends (S) (HD)

1.40 5 News (S) (HD)

1.45 Home and Away The Fowler siblings clash. Shown yesterday 6.30pm 5 Star (S) (AD) (HD)

2.15 Swindler Seduction ★★ Drama thriller starring Gabrielle Graham. Louisa meets investor Steve at a bar and they begin a whirlwind romance. When Steve disappears, Louisa realises she has been conned. Director Jonathan Wright (2022) (S) (W) (HD)

4.00 Bargain-Loving Brits in the Sun Benidorm drag queen Ruby Rox prepares to return to the stage for the first time since the Covid-19 pandemic. (R) (S) (AD) (HD)

5.00pm 5 News (S) (HD)

6.00 Susan Calman's Grand Day Out The comedian's second run of excursions begins on the Norfolk Broads, where she is invited aboard a beautifully restored boat known as a wherry. (R) (S) (HD)

6.55 5 News Update (S) (HD)

7.00 GPs: behind Closed Doors GPs meet Kenneth, who has a problem with excess phlegm, deliver blood results to Aaron and inform patient Saki she will need to have another biopsy. Last in series. Series director Richard Pepe (S) (HD)

7.55 5 News Update (S) (HD)

8.00 Dogs Behaving (Very) Badly 7/12 Series 6. Graeme Hall meets two collies who are against anyone leaving the house, a rottweiler who likes to use his family's elderly terrier as a plaything and an unfriendly dachshund. Directors Michael Nuvoletta and Selina Chan (S) (HD)

9.00 Ben Fogle: New Lives in the Wild

RT 7/16 Series 18. Ben visits the wilds of central Portugal to meet Luke and Sarah, who gave up their careers to put down roots on a deserted sheep farm. As Ben helps them clear their land, and forage acorns for the pet pigs, he learns about the financial and physical troubles they have faced. See page 71. Series producer Natalie Wilkinson (S) (HD)

10.00 Snatched: the Abduction of Lesley Whittle

The story of the 17-year-old, who was kidnapped and murdered by Donald Neilson, the man known as the Black Panther in the mid-1970s. (R) (S) (HD)

11.55 Murdered for Revenge 6/8. The murder of Stephen Whitehead, who was found bludgeoned to death at work, leading police to suspect a burglary had gone wrong. But was the killer in fact a colleague harbouring a grudge? First shown on 5 Star (S) (AD) (HD)

12.55am Entertainment News (S) (HD) 1.00 Casino (S) (HD) 3.00 Egypt's Great Mummies: Unwrapped with Bettany Hughes (R) (S) (HD)

4.40 House Doctor: in Bournemouth (R) (S) (SL) 5.05 Wildlife SOS (R) (S) (SL)

5.30-5.35am Entertainment News (S) (HD)

CS Freeview 5/HD 105 Freesat 105 Sky 105 Virgin 105

+1 Freeview 38 Freesat 128 Sky 205 Virgin 305

BBC4 listings are overleaf

BBC3

23



Back to Life 10.00pm Miri considers admitting everything to Caroline

7.00pm Top Gear

Jeremy and Richard nominate the greatest car company. With guest Chris Evans. More Wed 7pm. A box set is on iPlayer. (S) (HD) Followed by **New. The Catch Up** (S) (HD)

8.00 Ghosts US

12/22 Series 2. Sam gives Freddie romantic advice, ignoring Hetty's warning. (S) (HD)

8.25 13/22. Freddie purchases ghost-hunting equipment. More Wed 8pm. (S) (HD)

8.45 Zen Motoring

Former battle rapper Ogmios gives his guide to being a zen driver, mystical roundabouts, light creepers and scooter boys. (S) (HD)

9.00 New series. Drugs Map of Britain 1/4 Series 2. Exploring the drugs of choice in different parts of the UK. The first edition follows men in their twenties who are regularly using sex pills. (S) (HD)

9.30 New. 2/4. The trend of vaping THC to get high. A box set is on iPlayer. (S) (HD)

10.00 Back to Life

5/6 Series 2. Miri almost tells Caroline what happened the night before. (S) (AD) (HD)

10.30 6/6. Miri's final day with Billy is interrupted. A box set is on iPlayer. (S) (AD) (HD)

11.00 Fresh Cops

5/6 Series 2. Jake talks someone down and Stacy tests her CPR skills. (S) (HD)

11.30 6/6. Lukasz gets called to a stabbing at a party. A box set is on iPlayer. (S) (HD)

12 midnight Drugs Map of Britain (S) (HD)

1.00am Hire Me: Competing for a Dream Job (S) (HD) 2.00 Top Gear (S) (HD)

3.00-4.00am Back to Life (S) (AD) (HD)

BBC3 Freeview 23/HD 107 (not Scot/Wales) **Freesat** 107 Sky 115 (117 Wales; 121 Scotland) **Virgin** 107 (157 Scotland/Wales)

ITV2

6

6.00am CITV (S) (HD) **9.00** Chuck (S) (HD) **10.00** One Tree Hill: two episodes (S) (HD)

12 noon Secret Crush (S) (HD) **1.00pm** Dress to Impress (S) (HD) **2.00** Alan Carr's Epic Game Show (S) (AD) (HD) **3.00** One Tree Hill (S) (HD) **5.00** Dress to Impress (S) (HD)

6.00pm Celebrity Catchphrase Stephen Mulhern welcomes Alexandra Burke, Claire Sweeney and Mark Bonnar. (S) (AD) (HD)

7.00 Ant & Dec's Limitless Win The duo host the quiz show that gives contestants the chance to win the biggest cash prize in British TV history, as NHS workers Will and Kathryn try to climb the ladder. (S) (AD) (HD)

8.00 Superstore 4/22 Series 3. Dina and Jonah face off after an attempted robbery causes headaches for the staff. (S) (AD) (HD)

8.30 5/22. A dead body is found inside the drywall at Cloud 9. (S) (AD) (HD)

9.00 New. Love Island: All Stars There are days left to go and the islanders must make the most of every minute. (S) (HD)

10.05 New. Ruby Speaking 5/6. Ruby discovers that you don't always know what you've got until it's gone. (S) (HD)

10.35 Family Guy Series 17. Stewie finally makes a friend his own age. (S) (AD) (HD)

11.05 Series 16. Peter falls into a coma and has a conversation with God. (S) (AD) (HD)

11.35 American Dad! Series 8. Roger realises he has a crush on Hayley. (S) (AD) (HD)

12 midnight Series 13. After her family accuses her of being a quitter, Francine becomes a bodybuilder. (S) (AD) (HD)

12.30am Superstore: double bill (S) (AD) (HD)

1.30 The Stand Up Sketch Show (S) (HD)

2.35-3.00am Unwind (S) (HD)

ITV2 Freeview 6 Freesat 113 Sky 118 Virgin 115

+1 Freeview 29 (7am-2am) Freesat 114 Sky 218 Virgin 315

ITV3

10



Downton Abbey 4.50pm Lady Edith prepares to celebrate the new year

6.00am Classic Emmerdale (S) **7.00** Classic Coronation Street (S) (AD) **8.05** Where the Heart Is: 16/16 Series 4. The Field. The Scorpions play a match in France. Rptd 11.5am;

9.10 1/16 Series 5. Happiness. David plans a party for Karen (S) (AD) **10.15** Agatha Christie's Poirot: Peril at End House 1/2. Poirot meets an accident-prone woman. Concludes at 3.40pm (S) (AD) (HD) **11.30** The Royal: 4/12 Series 4 Dr Weatherill makes a rescue. Rptd 12.25am (S)

12.35pm Heartbeat: 19/24. A woman is admitted to hospital (S) (AD) **1.40** Classic Emmerdale: double bill. Ethan tries to get Turner to talk to the press, then Alice tells Sam she is considering moving (S) **2.40** Classic Coronation Street: double bill. Katy is desperate to find out the truth, then Karl decides to end his affair (S) (AD) **3.40** Agatha Christie's Poirot: Peril at End House 2/2. Poirot has doubts about the woman he has met (S) (AD) (HD)

4.50pm Downton Abbey

9/9 Series 6. The Finale. Mary endeavours to build bridges, but Edith's secret continues to pose a threat. (S) (AD) (HD)

6.55 Heartbeat

20/24 Series 7. Nick, Jo and Katie prepare to leave Aidsfield. (S) (AD)

8.00 Midsomer Murders

Series 14. A Sacred Trust. When a nun is strangled to death, Barnaby and Jones investigate a mystery involving holy orders, romantic liaisons, African art and missing antique silver. (S) (AD) (HD)

10.00 Trial and Retribution

Blue Elderdown 1/2. A story from 2004 in which the team investigate the death of a prostitute, who was also the daughter of a TV star murdered 12 years earlier. David Hayman stars. More tomorrow 10pm. (S)

11.30 The Ruth Rendell Mysteries

Going Wrong 1/3. A man is reunited with a former girlfriend - but the relationship takes a sinister turn. Starring James Callis. Continues tomorrow 11.30pm. (S)

12.25am as 11.30am **1.15** as 8.05am **2.05-2.30am** Unwind (S) (HD)

ITV3 Freeview 10 Freesat 115 Sky 119 Virgin 117

+1 Freesat 116 Sky 219 Virgin 317

ITV4

26

6.00am World of Sport (S) (HD) **6.10** Minder (S) (SL) (AD) **7.15** The Professionals (S) (SL) (AD)

8.20 The Saint (S) **9.25** The Return of Sherlock Holmes (S) (AD) (HD) **10.35** Magnum, PI (S) (AD) (HD) **11.35** The Saint (S)

12.35pm The Casebook of Sherlock Holmes (S) (AD) (HD) **1.40** Kojak (S) (HD) **2.45** Magnum, PI (S) (AD) (HD) **3.50** Minder (S) (AD)

4.55 The Professionals (S) (AD)

6.00pm BattleBots Huge goes up against Kraken and Lock-Jaw takes on Jackpot. (S) (HD)

7.00 The Chase Celebrity Special Gareth Malone, Scott Mills, Glenn Hoddle and Louise Minchin attempt to beat a chaser. (S) (HD)

8.00 The Car Years Judging the most underrated sports car from 1981. (S) (HD)

8.30 Vicki Butler-Henderson and Alex Riley champion the ultimate hatch of 1993. (S) (HD)

9.00 FILM Starship Troopers ★★★★★ Sci-fi adventure starring Casper Van Dien and Denise Richards. (S) (AD) (W) (HD)

11.35 New. All Elite Wrestling: Rampage Hard-hitting wrestling action. (S) (HD)

12.40am From Dusk Till Dawn (S) (HD) **1.35** The Chase: I'm a Celebrity Special: with former campmates (S) (HD) **2.35-3.00am** Unwind (S) (HD)

ITV4 Freeview 26 Freesat 117 Sky 120 Virgin 118

+1 Freesat 116 Sky 220 Virgin 318

Drama

20



Last of the Summer Wine 6.40pm Old Heptonstall needs volunteers

7.10am All Creatures Great and Small Repeated 4.10pm (S) **8.00** Doctors: double bill. Ben and Marc become envious of Ollie, then Ben addresses teenagers on the dangers of drugs **9.20** Classic Holby City: Jesse finds himself treating a mentally ill friend of Zosia's. Repeated 3am (S) (HD) **10.40** Classic Casualty: 17/24 Series 11. A child is airlifted to Holby after almost drowning (S) **11.40** The Bill: Leela learns her life is in danger (S)

12.40pm Classic EastEnders: double bill. Den receives devastating news about Sharon, then Zoe is forced into make a decision **2.00** Monarch of the Glen: 4/10 Series 4. An old friend turns up at Glenogle (S) **3.10** Kingdom: 2/6 Series 3. Crop circles in a local field grab the attention of the sci-fi community. Repeated 2am **4.10** All Creatures Great and Small: 1/14 Series 2. Cats and Dogs. James operates on a pedigree bull. Shown 7.10am (S) **5.20** Terry and June: 5/6 Series 3. The duo endure a weekend away

6.00pm As Time Goes By

7/10 Series 4. Wedding Preparations. Jean and Lionel make wedding plans. (S)

6.40 Last of the Summer Wine

Series 30. Goodnight Sweet Ferret. Word is going around the town that Old Heptonstall is looking for volunteers. (S) (HD)

7.20 Series 31. Behind Every Bush There Is Not Necessarily a Howard. Hobbo tries to help Toby win back his ex-wife. (S) (HD)

8.00 Dalziel & Pascoe

2/4 Series 5. Cunning Old Fox. Dalziel investigates a death at a local hunt. (S) (AD)

10.00 New Tricks

4/10 Series 9. The Girl Who Lived. Steve McAndrew is brought in to reinvestigate the disappearance of a girl. (S) (AD) (HD)

11.20 Spooks

5/10 Series 4. The Book. The agents are assigned to protect a journalist. (S)

12.40am Hustle: 1/6 Series 6. The con is back on as the gang returns, finishing a scam involving Emma posing as Kylie Minogue (S) (HD)

2.00 Kingdom Shown 3.10pm **3.00-4.00am** Classic Holby City Shown 9.20am

Drama Freeview 20 Freesat 158 Sky 143 Virgin 116

+1 Freeview 60 Sky 243 Virgin 316

ITVBe

28

7.00am Billie and Greg: the Family Diaries (S) (AD) (HD) **8.00** Masters of Flip: a gloomy gothic home (S) (HD) **9.00** LittleBe (HD)

12 noon Sugar Showdown (S) (HD) **12.25pm** The Real Housewives of Beverly Hills (S) (HD)

1.20 The Only Way Is Marbs (S) (HD) **2.15** Buying and Selling (S) (HD) **3.10** Million Dollar Listing: NYC (S) (HD) **4.00** The Real Housewives of Atlanta (S) (HD) **5.00 New.** The Real Housewives of New Jersey (S) (HD)

6.00pm Masters of Flip Kortney Wilson works to complete a large kitchen island. (S) (HD)

7.00 Million Dollar Listing: NYC Ryan employs unorthodox selling techniques. (S) (HD)

8.00 James Martin's Spanish Adventure James is introduced to torrijas in Castile and Leon visits a cattle farm. (S) (AD) (HD)

9.00 Million Pound Pawn Dan Hatfield meets Catherine, who hopes a Rolex watch can change her fortunes. (S) (AD) (HD)

10.00 Botched Dr Dubrow helps a wife who feels betrayed after a makeover. (S) (HD)

11.00 The Cabins One of the group's motives come under question. (S) (HD)

12 midnight The Only Way Is Marbs (S) (HD)

12.50-1.00am Unwind (S) (HD)

ITVBe Freeview 28 Freesat 119 Sky 131 (132 Scotland) Virgin 119 **+1** Virgin 319

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS

OTHERWISE STATED



More4

18



Grand Designs 7.55pm Kevin McCloud returns to a project in Somerset

8.55am A Place in the Sun **10.25** A New Life in the Sun **11.25** Find It, Fix It, Flog It (AD) **12.30pm** Come Dine with Me: in Swansea (AD) **3.10** Four in a Bed **5.50** Heir Hunters **6.55pm** **The Dog House** Ten German shepherd puppies arrive at Woodgreen. At eight weeks old, they're ready to be socialised at home, but how will potential owners pick just one? Yorkshire terrier Ralphie strives to win over Chris and Suzanne. (AD) **7.55** **Grand Designs** Kevin McCloud returns to Somerset where Ed and Vicky set about project-managing the transformation of an ugly, derelict 1940s cowshed into a home and business, with the help of just one builder. (AD) **9.00** **24 Hours in A&E** When a retired dockworker is brought in with severe stomach pain, the doctors believe he requires immediate surgery as part of his gut may have permanently stopped working. (AD) **10.00** **Emergency** Staff treat Lily, 12, who has been knocked down by a car. Just one day after Peter had major surgery to repair his pelvis with screws and plates, physiotherapist Stephen begins the process of getting the 58-year-old back on his feet. (AD) **11.05** **The Emergency Ward** Dr Andrew treats a young footballer who is brought in showing signs of spinal and internal injuries following a powerful tackle. (AD) **12.10am** **Emergency** Helicopter Medics (AD) **1.15** **Emergency** (AD) **2.20** **24 Hours in A&E** (AD) **3.25-3.50am** **A Farmer's Life**

More4 F'view 18 F'sat 124 Sky 136 (137 Scotland) Virgin 147 +1 Freesat 125 Sky 236 (237 Scot) Virgin 347

E4

13

6.00am Hollyoaks Shown last Friday/yesterday (AD) **7.00** Ramsay's Kitchen Nightmares USA (SL) **9.00** Brooklyn Nine-Nine (AD) **10.00** Young Sheldon (AD) **11.00** Modern Family **12 noon** The Big Bang Theory (AD) **2.00pm** Brooklyn Nine-Nine: double bill (AD) **3.00** Modern Family **4.00** Young Sheldon (AD) **5.00** The Big Bang Theory (AD) **6.00pm** **The Big Bang Theory** 5/17 Series 1 Sheldon frets over a change to his routine. (AD) **6.30** 6/17 Penny hosts a Halloween party. (AD) **7.00** **New. Hollyoaks** Leela is forced to confess. Repeated tomorrow 6.30am (AD) **7.30** **Modern Family** 16/24 Series 1. Phil and Luke spend some time together. **8.00** **New. Below Deck Down Under** Jason's investigation of the deck team presents him with a difficult decision. (AD) **9.00** **Celebrity Gogglebox** Shows appraised include *Changing Rooms*, *Top of the Pops* 1991 and *Celebrity SAS: Who Dares Wins*. (AD) **10.05** **Gogglebox** Opinions on *Mare of Easttown* and *Dung Dynasty*. (AD) **11.05** **First Dates** Confident Josh, who is 30, meets glamorous 25-year-old Yasmin. (AD) **12.15am** The Big Bang Theory: double bill (AD) **1.15** Brooklyn Nine-Nine (AD) **2.15** Modern Family **3.05** Below Deck Down Under (AD) **4.00** Ramsay's Kitchen Nightmares USA (SL) **4.50-6.00am** How I Met Your Mother (AD) **E4** Freeview 13 Freesat 122 Sky 135 (136 Scot) Virgin 106 +1 Freeview 30 Freesat 123 Sky 235 (236 Scot) Virgin 306 **E4 Extra** F'view 31 F'sat 126 Sky 138 (139 Scot) Virgin 144

Really

17

6.00am Fantasy Homes by the Sea **7.00** Shopping **8.00** Salvage Hunters **9.00** The Repair Shop **10.00** The Great Antiques Challenge **11.00** Antiques Road Trip (AD) **12 noon** The Repair Shop **1.00pm** Long Lost Family US **2.00** My 600lb Life **4.00** Animal Cops (AD) **5.00** Ambulance (AD) **6.00** The Great Antiques Challenge **7.00** Antiques Road Trip (AD) **9.00** Dr Pimple Popper: Pop Ups **10.00** **New** 90 Day Fiancé UK **11.00** Ghost Adventures **12 midnight** Spooked Ireland **1.00am** Ghost Adventures **2.00** Shopping **4.00-6.00am** Animal Cops (AD) **Really** Freeview 17 Freesat 160 Sky 142 Virgin 128

Sky Arts

36



Art's Wildest Movement: Mannerism 8.00pm Waldemar Januszczak

6.00am Classic FM Rising Stars with Julian Lloyd Webber 2022 **7.00** Musical Masterpieces **8.00** The Joy of Painting (AD) **9.00** Tales of the Unexpected **10.00** Alfred Hitchcock Presents **11.00** Discovering: Jack Lemmon (AD) **12 noon** The Joy of Painting (AD) **1.00pm** Tales of the Unexpected **2.00** Landscape Artist of the Year National Trust Favourites **3.00** Landscape Artist of the Year (AD) **4.00** Discovering: Claudette Colbert (AD) **5.00** Tales of the Unexpected **6.00pm** **Alfred Hitchcock Presents** A man awaits the arrival of his sweetheart. **6.30** A man needs an alibi for murder. **7.00** **The Joy of Painting** Bob Ross paints a scene featuring a weathered pier. **7.30** A waterfall in the middle of a forest. **8.00** **CHOICE New. Art's Wildest Movement: Mannerism** Art critic Waldemar Januszczak looks at the latter stages of mannerism. See page 70. **9.15** **JRR Tolkien: Designer of Worlds** Documentary about the author of *The Hobbit* and *The Lord of the Rings*. **10.30** **Wonderland: Gothic** The genre's influence as it spread from literature to film. (AD) **11.30** **FILM Gonzo: the Life and Work of Dr Hunter S Thompson** ★★ Documentary about the life of controversial journalist and author. Review page 77. (W) **2.00am** What She Said: the Art of Pauline Kael **4.00** Sky Arts Book Club **5.00-6.00am** Auction **Sky Arts** Freeview 36 Freesat 147 Sky 130 (131 Scotland) Virgin 140/HD 123 EE 350/HD 365

4seven

49

9.00am Find It, Fix It, Flog It (AD) **10.00** Come Dine with Me: in south-east London (AD) **12.30pm** Everybody Loves Raymond (AD) **2.00** Frasier (AD) **3.00** The Great House Giveaway **4.00** Château DIY (AD) **5.00** A Place in the Sun: a holiday home in Spain **6.00pm** **A New Life in the Sun** Cal and Marina battle the elements. Shown 4pm C4 **7.00** **Secret Life of the Safari Park** 6/6 Conflict continues among the baboons at Knowsley Safari. Shown last Thursday C4 (AD) **8.00** **George Clarke's Adventures in Americana** 4/4. George explores New Jersey and Connecticut in search of the architecture that defined the 1950s and 60s. See choice p60. Shown 8pm yesterday C4 (AD) **9.00** **The Great Pottery Throw Down** 6/10. It's time for tea as the remaining hopefuls make novelty teapots and mugs. See choice p50. Shown Sunday 7.45pm C4 (AD) **10.15** **Johnny Vegas: Carry On Glamping** 3/6 Series 2. Planning issues stall progress at Johnny's ideal location. Shown last Wed C4 (AD) **11.20** **Gogglebox** Opinions on *Obsession*. (AD) **12.20am** First Dates: Be My Valentine (AD) **1.25** Kirstie and Phil's Love It or List It (AD) **2.25** Location, Location, Location **3.30** Extraordinary Extensions (AD) **4.25-4.55am** Four in a Bed **4seven** F'view 49 F'sat 127 Sky 137 (138 Scot) Virgin 143

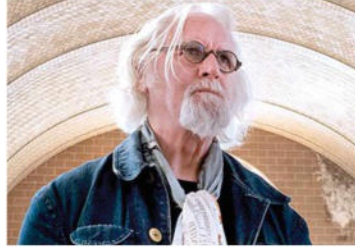
Quest

12

6.00am How Do They Do It? **6.30** Shed and Buried **7.00** The Repair Shop **8.00** American Pickers (AD) **10.00** Chasing Classic Cars **11.00** Richard Hammond's Workshop **12 noon** How Do They Do It? **1.00pm** Money for Nothing **2.00** The Repair Shop **3.00** Find It, Fix It, Flog It **4.00** Salvage Hunters **5.00** Salvage Hunters: the Restorers **6.00** Wheeler Dealers **7.00** Aussie Gold Hunters **8.00** Salvage Hunters **9.00** **New** The Woodland Workshop **10.00** The Yorkshire Auction House **11.00** How Do They Do It? **12 midnight** Wheeler Dealers **1.00am** Border Control: Spain **2.00** Chasing Classic Cars **3.00** Richard Hammond's Workshop **4.00-5.00am** How It's Made **Quest** Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 137 +1 Freeview 19 Freesat 168 Sky 244 Virgin 337

Yesterday

27



Billy Connolly's Great American Trail 8.00pm New York and Massachusetts

6.10am Underground Worlds **8.00** Abandoned Engineering (AD) **10.00** War Factories **11.00** Narrow Escapes of World War II (AD) **12 noon** Great American Railroad Journeys **1.00pm** Antiques Roadshow **2.00** Bangers and Cash: Restoring Classics (AD) **4.00** War Factories **5.00** Narrow Escapes of World War II (AD) **6.00pm** **Antiques Roadshow** Fiona Bruce presents from Helmingham Hall in Suffolk. **7.00** **Great British Railway Journeys** Michael Portillo travels from Woking to Clapham Junction, trying his hand at croquet. **7.30** Michael Portillo puts in a shift at the oldest fish market in Britain. **8.00** **Billy Connolly's Great American Trail** The comedian follows the migratory trail of the Scots through America. **9.00** **Bangers and Cash** A restorer delights buyers with his immaculate 1966 Sunbeam Rapier and Sarah takes a shine to a caravan. **10.00** **Bangers and Cash: Restoring Classics** A rare Renault Clio Williams 2. (AD) **11.00** **Abandoned Engineering** A masterpiece carved into a cliff face. (AD) **12 midnight** Great British Railway Journeys **1.00am** Underground Worlds: bunkers in Switzerland **2.00-3.00am** Smoke and Steel (AD) **Yesterday** Freeview 27 Freesat 159 Sky 155 Virgin 129 +1 Sky 255 Virgin 329

Dave

19

7.15am Extreme Heights Repair Team **8.00** Cops on the Rock (AD) **10.00** Survivor Australia (AD) **11.30** Rick Stein's Cornwall (AD) **12 noon** Storage Hunters UK **2.00pm** Extreme Fishing with Robson Green **3.00** Top Gear (AD) **5.00** Rick Stein's Far Eastern Odyssey: Malaysian cuisine (AD) **6.00pm** **The Hairy Bikers: Mums Know Best** The traditional British picnic. **7.00** **Richard Osman's House of Games** Rachel Riley, JB Gill, Katie Derham and Richard Herring test their general knowledge. **7.40** With Dr Maggie Aderin-Pocock, Rev Richard Coles, Stuart Maconie and Lou Sanders. **8.20** **Would I Lie to You?** With Mackenzie Crook, Chris Packham, Victoria Coren Mitchell and Rhod Gilbert. Hosted by Rob Brydon. **9.00** **QI** Bill Bailey, Jan Ravens and Grayson Perry join host Sandi Toksvig. **10.00** **Have I Got a Bit More News for You** Victoria Coren Mitchell is guest host. **11.00** **Taskmaster** 7/10 Series 7. Challenges involve corneas, crackers and construction. **12 midnight** Release the Hounds: with Reggie Yates **1.00am** Would I Lie to You? **1.40** Schitt's Creek **2.10** Meet the Richardsons (AD) **2.50** Richard Osman's House of Games **3.20-4.00am** Beat the Internet with John Robins

Dave F'view 19 F'sat 157 Sky 111 (112 Wales) Virgin HD 127 **Dave** **Ja Vu** Freeview 57 Sky 211 (212 Wales) Virgin 327

Sky Mix

11

7.00am Border Security: Canada's Front Line (AD) **8.00** Nothing to Declare **9.00** Motorway Patrol **10.00** UK Border Force (AD) **11.00** Highway Patrol **12 noon** Motorway Patrol **1.00pm** Border Patrol (AD) **2.00** Border Security: Canada's Front Line (AD) **3.00** Nothing to Declare **4.00** Stargate Atlantis **5.00** Stargate SG-1 **6.00** Star Trek: Enterprise **7.00** Stargate Universe (AD) **8.00** Merlin: the Great Dragon attacks Camelot (AD) **9.00** **New** FBI: Maggie is conflicted as the team debates how to take down a suspect First shown on Sky Witness (AD) **10.00** Grimm: a drug dealer is murdered by a strange creature in the forest **11.00** Killer in My Village **12 midnight** How I Caught the Killer: a 14-year-old thought to have run away **1.00am** Caribbean Cops (AD) **2.00** Brit Cops: Law & Disorder (AD) **3.00** Highway Patrol **4.00** Motorway Patrol **5.00-6.00am** Highway Cops (AD) **Sky Mix** Freeview 11 Freesat 144 Sky 151 Virgin 135

5 USA

21

9.00am NCIS (AD) **9.55** Entertainment News **10.00** NCIS (AD) **12 noon** Law & Order **6.00pm** NCIS Series 1. Triple bill. A spy satellite technician witnesses a murder **7.00** A severed leg is found in a bin **8.00** The team hunts down a sniper (AD) **9.00** **New** Law & Order Series 21. An old case comes back to haunt Dixon **10.00** Law & Order: Special Victims Unit Series 16. Four episodes. A celebrity is accused of assault **11.00** Amaro is forced to get involved in his father's life **12 midnight** The team targets a photographer **12.55am** Amaro seeks advice from John Munch **1.55am** Criminal Minds **2.50** Law & Order: Criminal Intent **3.35-4.00am** Criminals: Caught on Camera **5 USA** F'view 21 F'sat 129 Sky 141 Virgin 120 (162 Scot) +1 Freesat 130 Sky 241 Virgin 320

5 Star

32

8.00am Bargain-Loving Brits in the Sun **10.00** The Cruise: Below Deck **11.00** Nightmare Tenants, Slum Landlords **12 noon** Traffic Cops **2.00pm** Police Interceptors (AD) **5.00** Car Pound Cops: Give Me My Car Back! **6.00pm** Home and Away John's absence is felt at the Surf Club. Show 1.45pm C5 (AD) **6.30** **New** Felicity is stung by Tane's actions. Repeated tomorrow 1.45pm C5 (AD) **7.00** **New. Junior Doctors Down Under** 3/8. A patient who has fallen from a ladder. **8.00** **GP's: behind Closed Doors** A gym-goer suffering from heart palpitations. (AD) **9.00** **New. 999: Emergency Call Out** Ep 13 Series 2. Officers track a gang who attacked a man. Repeated Thursday 10pm **10.00** **A&E after Dark** A man who fell through a window tries to discharge himself. **11.00** **999: Critical Condition** A woman is admitted with life-threatening head injuries. **12 midnight** Adults Only: How To Have an Orgasm (AD) **1.00am** Skin A&E **2.00** Casualty 24/7: Every Second Counts **2.50** **GP's: behind Closed Doors** (AD) **3.35-4.00am** Home and Away (AD) **5 Star** Freeview 32 Freesat 131 Sky 128 (129 Scotland) Virgin 126 +1 Freesat 141 Sky 228 (229 Scot) Virgin 326

5 Action

33

9.00am Entertainment News **9.15** Outback Truckers **10.15** Traffic Cops **11.15** Police Interceptors: a white van fails to stop **12.20pm** **FILM** Night Passage ★★ Western **2.10** **FILM** Sierra ★★ Western **4.00** Outback Truckers **5.00** Traffic Cops **6.00pm** **Police Interceptors** Officers search an estate for suspects involved in a shooting. **7.00** Jacko and the team box in a van carrying large quantities of cannabis. **8.00** **Motorway Cops: Catching Britain's Speeders** A suspected drink-driver gives a breathalyser test with surprising results. (AD) **9.00** **Traffic Cops** Officers investigate a report of a suspected break-in at a warehouse. **10.00** **New. Behind Bars: World's Toughest Prisons** In the Philippines, correction officers deal with more than 3,000 prisoners. **11.00** **HMP Full Sutton: Evil behind Bars** A look inside the walls of the maximum security prison in Yorkshire. **12.25am** Ultimate Police Interceptors (AD) **1.25** World's Deadliest Weather: Caught on Camera **2.25** Trucking Hell **3.25** Criminals: Caught on Camera **3.50-4.00am** Entertainment News

5 Action Freeview 33 Freesat 132 Sky 150 Virgin 130

5 Select

46

9.00am The Yorkshire Vet **3.00pm** Murder, She Wrote (AD) **4.00** Columbo **6.00pm** Eggheads The Baize Brains try their luck against the Eggheads. **6.30** The Seven Hills Students compete. **7.00** **HMS Invincible: Digging Up Britain's Past** The history of the Royal Navy ship. **8.00** **Britain's Great Cathedrals with Tony Robinson** The history of Liverpool Cathedral. **9.00** **Building Britain's Canals** Dan Jones examines the 152-mile Grand Union Canal. **10.00** **Draining Chicago: What Lies Beneath** Evidence beneath Lake Michigan of a catastrophe that killed 300 people. **11.05** **Buried Secrets of WWII** The awful truth behind Hitler's most advanced weapon. **12.05am** Forged in Fire: four editions of the competition **3.45-4.00am** Entertainment News

5 Select F'view (HD only) 46 F'sat 133 Sky 153 Virgin 138

FREEVIEW TV and film channels continue overleaf

TUESDAY Freeview & films

W 25



MasterChef Australia

6.00pm Reynold Poernomo

6.10am James Martin's Food Map of Britain (AD) **7.00 New.** My Kitchen Rules South Africa **8.00** Tipping Point **11.00** DIY SOS: the Big Build **1.00pm** Tipping Point **4.00** My Dream Home

6.00pm MasterChef Australia MasterChef alumni and dessert king Reynold Poernomo returns to set a pressure test.

7.00 DIY SOS: the Big Build Nick Knowles and the team head to Bangor in Down.

8.00 Completing a family's home in Corby, Northamptonshire.

9.00 24 Hours in A&E A man arrives after collapsing in the street while walking his dog.

10.00 A 64-year-old man is admitted in an induced coma.

11.00 Nurses on the Ward Rhona cares for Raymond, a patient with suspected sepsis. (AD)

12 midnight Alex Jones: Making Babies (AD) **1.00am** One Born Every Minute **2.00-3.00am** The Undateables (AD)

W F View 25 **F** Sat 156 **S**ky 132 (133 Scotland) **Virgin** 125 **+1** **S**ky 232 (233 Scotland) **Virgin** 325

HGTV 44

7.00am The Great Interior Design Challenge **8.00** Love Your Garden (AD) **9.00** A Place in the Sun **10.00** Escape to the Country **11.00** Building the Dream **12 noon** The Great Interior Design Challenge **1.00pm** Bargain Mansions (AD) **2.00** Flip or Flop **3.00** Good Bones **4.00** Escape to the Country **5.00** Love Your Garden (AD) **6.00pm** Salvage Hunters: the Restorers **7.00** Money for Nothing **8.00** Escape to the Country **9.00 New.** Rico to the Rescue: helping a family complete their renovation **10.00 New.** 100 Day Dream Home **11.00** Bargain Mansions (AD) **12 midnight** A Place in the Sun **1.00am** The Great Interior Design Challenge **2.00** Building the Dream **3.00-4.00am** My Lottery Dream Home

HGTV F View 44 **F** Sat 166 **S**ky 158 **Virgin** 191 **+1** **S**ky 258 **Virgin** 391

London Live 8

Available in London area only. Other regional stations are available on Freeview 7 or 8

6.00am A Taste of Shakespeare **6.45** London Districts **7.00** Forgotten Frontlines **8.00** Pet Island **8.30** Poh & Co **9.00** Aging in the Wild **10.00** Plane Crash Re-created **11.00** Raiders of the Lost Art **12 noon** Blandings **12.45pm** Big City Life **1.00 FILM** Once a Jolly Swagman **★★** (BW) **3.05 FILM** On the Fiddle **★★** (BW) **5.00** After Henry **6.00pm** News **7.00** The Sandbaggers **8.00** Scotch! **9.00** Haunted London **10.10 FILM** Another WolfCop **★★** **11.55 FILM** Cul-de-Sac **★★★** (BW) **2.10am FILM** Two Graves **★★** **3.50** Haunted London **5.00-6.00am** Aging in the Wild

London Live F View 8 **S**ky 117 **Virgin** HD 159

FREEVIEW channels continued from overleaf

Food Network 43



Jamie's Great Britain

10.00pm London's East End

6.00am Giada at Home (AD) **7.00** Be My Guest with Ina Garten **7.30** The Pioneer Woman **8.00** Kids Baking Championship **10.00** Tom Kerridge More Sunday Lunch **10.30** Tom Kerridge's American Feast **11.00** Hairty Bikers' Mississippi Adventure (AD) **12 noon** The Great British Bake Off **2.00pm** James Martin's Brittany **3.00** Jamie's Great Britain **4.00** Barefoot Contessa: back to Basics **5.00 New.** Be My Guest with Ina Garten **5.30** The Pioneer Woman **6.00** James Martin's Brittany: double bill. Martin Blunos examines scallops, then Lawrence Keogh joins James in preparing veal **7.00** The Great British Bake Off: the contenders face three bread-making tasks **8.00** Hairty Bikers' Mississippi Adventure: the duo arrive in Lafayette (AD) **9.00** Bake Off: the Professionals: the best teams from both sets of heats take each other on **10.00** Jamie's Great Britain **11.00** Diners, Drive-Ins and Dives: double bill **12 midnight** Guy's Grocery Games **1.00am** Diners, Drive-Ins and Dives **1.30-3.00am** Buddy vs Duff

Food Network F View 43 **F** Sat 148 **S**ky 140 (141 Scot) **Virgin** 190 **+1** **F** Sat 149 **S**ky 240 (241 Scot)

Great TV 50

8.00am Diagnosis Murder **10.00** The Father Dowling Mysteries **11.00** Castle **1.00pm** Sue Thomas: F.B.Eye **2.00** The Father Dowling Mysteries **3.00** Diagnosis Murder **4.00** Return of the Saint **5.00** Murder, She Wrote **7.00 M*A*S*H** **9.00** The Avengers: Steed works with a Scotland Yard colleague **10.00** Randall and Hopkirk (Deceased) **11.00** The Persuaders! **12 midnight** M*A*S*H **2.00am** Randall and Hopkirk (Deceased) **3.00** The Persuaders! **3.50** Movie News **4.00** Castle **4.50-5.00am** Movie News

Great TV Freeview 50 (limited) **Freesat** 142 **S**ky 157 **Virgin** 170 **+1** **Freesat** 143 **S**ky 257

True Crime Xtra 68

9.00am Written in Blood **11.00** Medical Detectives **2.00pm** Written in Blood **4.00** Medical Detectives: six editions. Computer image enhancement **4.30** A housewife's suspicious death **5.00** The case of a young E-coli victim **5.30** Tracking an elusive killer **6.00** The truth behind a supposed accidental drowning **6.30** A serial rapist **7.00** Judge Judy **4.50am** World's Most Unexplained **5.10-6.00am** Medical Detectives

True Crime Xtra Freeview 68 **Freesat** 134 **S**ky 147 **Virgin** 172

BBC Parliament 232

7.30am Lords Questions **8.15** Select Committees: recorded coverage of select committee proceedings **2.30pm** Live Lords Questions **3.15** Live House of Lords: Foreign Secretary's Questions: questions in the Lords to the Foreign Secretary Lord Cameron of Chipping Norton **4.00** Live House of Lords **11.00pm** Lords Questions **11.45** House of Lords: Foreign Secretary's Questions **12.30-7.30am** House of Lords

BBC Parliament Freeview 232 **Freesat** 201 **S**ky 504 **Virgin** 605

PBS America 84



The Six Queens of Henry VIII

7.55pm At Kentwell Hall

8.00am Beautiful Serengeti **8.45** The Spying Game **9.55 New series.** The Six Queens of Henry VIII **10.55** D-Day: Invasion **11.55** Inside Japan's War **1.00pm** Beautiful Serengeti **1.30** Mussolini: the First Fascist **2.40** The Spying Game **3.50** The Six Queens of Henry VIII **4.45** D-Day: Invasion **5.45** Inside Japan's War

6.50pm The Spying Game 2/3 The West's shift in focus to East Germany as the Warsaw Pact's major deployment zone.

7.55 The Six Queens of Henry VIII 1/4. Dan Jones and Suzannah Lipscomb discuss Catherine of Aragon and Anne Boleyn.

8.50 D-Day: Invasion 1/2 Charting the events of 6 June 1944.

9.55 Inside Japan's War 2/4 How Japan secured victory in Malaya and the fall of Singapore.

11.00 The Six Queens of Henry VIII As 7.55pm

PBS America F View 84 (1pm-12 midnight only) **Freesat** 155 **S**ky 174 **Virgin** 187

Blaze 64

6.00am Storage Wars **6.25** Hardcore Pawn **7.20** Close Encounters **7.45** UFO Hunters **8.40** Ancient Aliens **10.40** Strange Evidence **12.35pm** National Park Mysteries **1.35** Unidentified: inside America's UFO Investigation **2.35** Alien Files: Unsealed **3.00** Hardcore Pawn **4.00** Ancient Aliens **6.00** UFO Hunters **7.30** Pawn Stars **8.00** Dickinson's Real Deal **9.00 New** Deadman's Curse: Adam and Kru set out on the trail of missing prospector Volcanic Brown **10.00 New series.** Secret Societies: in the Shadows: the Knights Templar **11.00** Strangest Things **12 midnight** MysteryQuest **1.00am** Strange Evidence **2.00** UFO Hunters **3.00** Counting Cars **3.45** American Restoration **4.10** Kings of Pain **5.00-6.00am** Pawn Stars

Blaze F View 64 **F** Sat 162 **S**ky 164 **Virgin** 174

Challenge 48

7.00am The Crystal Maze **8.00** The Chase **10.00** Cash Trapped (AD) **11.00** Bridge of Lies **12 noon** Wheel of Fortune (AD) **1.00pm** Tenable: the Neo-It-Alls take part in the quiz hosted by Warwick Davis **2.00** Who Wants to Be a Millionaire? Celebrity Special: celebrities compete to win a cash prize for a charity of their choice (AD) **3.00** Strike It Lucky (AD) **4.00** Bullseye: darts-based quiz **6.00** The Crystal Maze: game show hosted by Richard O'Brien **7.00** Bridge of Lies: game show hosted by Ross Kemp **8.00** The Chase: with Bradley Walsh **10.00** Who Wants to Be a Millionaire? Celebrity Special **11.00** Bullseye **12 midnight** Bridge of Lies **1.00am** Cash Trapped **2.00** The Chase **4.00** Who Wants to Be a Millionaire? Celebrity Special **5.00-6.00am** Bullseye

Challenge Freeview 48 **Freesat** 146 **S**ky 145 **Virgin** 139

CHILDREN'S

Milkshake! on C5

5.35am Fireman Sam **5.45** Paw Patrol **6.00** Sunny Bunnies **6.05** Brave Bunnies **6.10** Peppa Pig **6.30** Oggy Oggy **6.35** Odo **6.45** Tweedy & Fluff **6.50** Fireman Sam **7.00 New.** Thomas & Friends: All Engines Go! **7.10** Peppa Pig **7.20 New.** Paw Patrol **7.35** Pip and Posy **7.45** Paddington **8.05** Milo **8.20** Paw Patrol **8.30** Pop Paper City **8.45** Animal Care Club **8.55** Peppa Pig **9.05-9.15am** Story Den

Full listings for Channel 5 are on p74

CBeebies 202

6.00am Colourblocks **6.05** Vegesaur **6.10** Bing **6.20** Teletubbies **6.35** Tee and Mo **6.40** Chuggington **6.50** Bing **7.00 New.** Colourblocks **7.05** Hey Duggee **7.20** Bluey **7.35** Supertato **7.45** Peter Rabbit **8.00** Octonauts **8.10** Go Jetters **8.20** Numberblocks **8.30** Alphablocks **8.35** Messy Goes to OKIDO **8.45** Olga Da Polga **8.55** Ranger Hamza's Eco Quest **9.00** Bing **9.10** Yakka Deel! **9.15 New.** Lu & the Bally Bunch **9.20** Hey Duggee **9.30** Colourblocks **9.35** Twirlywoos **9.45** Something Special **10.10** Teletubbies **10.25** The Baby Club **10.35** Kiri & Lou **10.45** Roots and Fruits **10.50 New.** Vegesaur **10.55** Bluey **11.05** Supertato **11.10** Let's Go for a Walk **11.25** Nicky's Popcast **11.30** Teeny Tiny Creatures **11.45** Our Family **12 noon** Big Cook Little Cook **12.20pm** Old Jack's Boat **12.35** Number 1 Newton Avenue **12.40** Andy's Dinosaur Adventures **1.00** Yakka Deel! **1.05** Numberblocks **1.10** Alphablocks **1.15** Hey Duggee **1.25** Love Monster **1.35** Colourblocks **1.45** Something Special **2.05** Teletubbies **2.20** Raa Raa the Noisy Lion **2.30** Vida the Vet **2.40** Supertato **2.50** Dog Squad **3.00** Grace's Amazing Machines **3.15** Octonauts **3.30** Small Potatoes **3.35 New.** Yukee **3.40** Hey Duggee **3.45** Peter Rabbit **4.00** Andy's Global Adventures **4.15** The Game Catchers **4.25** Bluey **4.40** Supertato **4.45** Vida the Vet **4.55** Our Family **5.00** Topsy and Tim **5.15** Waffle the Wonder Dog **5.25** Sarah & Duck **5.35** JoJo & Gran Gran **5.45** Moon and Me **6.10pm** Clangers **6.20** In the Night Garden... **6.50-7.00pm** Bedtime Stories

CBeebies F View 202 **F** Sat 608 **S**ky 608 **Virgin** 702

CBBC 201

7.00am Shaun the Sheep **7.10** Danger Mouse **7.20** Dennis & Gnasher Unleashed! **7.35 New.** Boy Girl Dog Cat Mouse Cheese **7.45 New.** Newsround **7.55** Grizzly and the Lemmings **8.10** Odd Squad **8.25** Monster Loving Maniacs **8.35** Pokémon Horizons **9.00** FILM Trolls **★★★** **10.25** Shrek: the Pig Who Cried Werewolf **10.35** Horrible Histories **11.00** Style It Out **11.25** One Zoo Three **11.50** Andy's Global Adventures **12.05pm** Ninja Express **12.15** Go Jetters **12.30** Danger Mouse **12.50** Octonauts **1.05** Waffle the Wonder Dog **1.15** Supertato **1.20** Dennis & Gnasher Unleashed! **1.35** Grizzly and the Lemmings **1.40** Summer Camp Island **1.55** Blue Peter **2.20** The Beaker Girls **2.50 New.** Pokémon: XY **3.15** Danger Mouse **3.25** Shaun the Sheep **3.35** Ninja Express **3.45** Taffy **3.50** Grizzly and the Lemmings **4.05** Boy Girl Dog Cat Mouse Cheese **4.20** Monster Loving Maniacs **4.30** Odd Squad **4.45** Total Dramarama **5.05** Pokémon Horizons **5.30** Deadly Mission Shark **6.00pm** Wallace & Gromit: the Wrong Trousers **6.25** The Next Step **6.50-7.00pm** Ooglies Funsize

CBBC F View 201 **F** Sat 607 **S**ky 607 **Virgin** 701

ITV Kids

Streamed on ITVX Kids, plus on ITV2 6am-9.00 and on ITVBe 9am to 12 noon

ITV2
6.00am Craig of the Creek **6.15** DC Super Hero Girls **6.25** Teen Titans Go! **6.50** Looney Tunes Cartoons **7.05-9.00am** Scooby-Doo

ITVBe
9.00am Chloe's Closet **9.15** Lily's Driftwood Bay **9.25** Mumfie **9.35** The Hive **9.45** Claude **10.00** Oddbods **10.10** Happy the Hoglet **10.20** The Sound Collector **10.25** Sooty **10.40** Pingu in the City **10.50** Bob the Builder **11.20** Teletubbies Let's Go **11.30** Bugs Bunny Builders **11.45** Momolou & Friends **11.55-12 noon** Athletics

FILMS

Film4 14

11.00am Anne of the Indies **★★★** Splendid seafaring tale starring Jean Peters as a notorious female pirate. **Review, right.** (1951, U) (S) **12.40pm Tora! Tora! Tora! ★★★★★** Meticulous account of the Japanese attack on the US naval base at Pearl Harbor on 7 December 1941. **Review, right.** Martin Balsam (1970, U) (S) **3.35 Ice Cold in Alex ★★★★★** Memorable Second World War drama starring John Mills as a doughty captain trying to get an ambulance crew across the north African desert. Sylvia Syms (1958, PG) (S) (AD)

6.15pm The Karate Kid ★★★★★ Stirring remake of the 1984 martial arts adventure about a bullied kid who receives instruction from reluctant trainer Jackie Chan. Jaden Smith (2010, PG) (S) (AD)

9.00 Kingsman: the Golden Circle ★★★★★ The Kingsman spies must team up with their American Statesman counterparts in this pacey, irreverent action adventure. Taron Egerton, Colin Firth (2017, 15) (S) (AD)

11.50 The Hunt ★★★★★ This twisted satirical tale of violent class warfare sees a band of rich US liberals pursuing a ragtag group of conservative strangers. Betty Gilpin, Hilary Swank (2020, 15) (S)

1.35-3.35am Happy Death Day 2U ★★ Disappointing sequel to 2017's smart horror about a college girl caught in a killer time loop. Jessica Rothe (2019, 15) (S)

Film4 Freeview 14 **Freesat** 300 **S**ky 313 **Virgin** 428 **+1 F** View 47 **F** Sat 301 **S**ky 314 **Virgin** 430

Talking Pictures TV 82

6.00am My Favorite Brunette **★★★** Bob Hope gets mistaken for a private detective in this amusing spoof. (1947, PG) (S) **8.00 Sherlock Holmes** TV detective drama. (S) **8.35 Treasure Hunt ★★★★★** Knockabout comedy starring Jimmy Edwards. (1952, U) (S) **10.10 Fighting Mad ★★** Brisk drama about a former boxer foiling a crime ring. Joe Robinson (1957, U)

11.15 Something in the City ★★ Comedy about a pavement artist who convinces his wife he is a high financier. Richard Heame (1950, U) (S)

12.50pm Carry On Spying ★★★★★ Merciless ribbing of the spy genre. **Film of the Day, right.** Kenneth Williams, Barbara Windsor (1964, U) (S) **2.35 Stayaway ★★** Gruff ship's captain Trevor Howard has a beautiful intruder in this modest romance. Elsa Martinelli (1957, PG) **4.25 Devil Girl from Mars ★★** British sci-fi movie with cult appeal. Hugh McDermott, Patricia Laffan (1954, U) (S)

6.00pm The Black Arrow TV adventure series. (S)

6.30 Scotland Yard Docudrama.

7.05 The Four Just Men TV drama with Vittorio De Sica. (S)

7.40 Dick Barton: Special Agent TV thriller series with Tony Vogel.

8.00 Manhunt TV drama. (S)

9.05 Maigret TV detective series.

11.00 Witchcraft ★★★★★ A witch continues an old family vendetta in this appealingly histrionic horror. **Review, right.** Lon Chaney Jr (1964, 12) (S)

12.40am Bloody New Year ★★ Cheap, derivative but fun British slasher. Suzy Atchison (1987, 15) (S) **2.35 Children Shouldn't Play with Dead Things ★★** Director Bob Clark's cult horror comedy. Alan Ormsby (1972, 15) (S)

4.15-6.00am Second Chorus **★★★★** Breezy musical comedy.

Fred Astaire, Paulette Goddard (1940, U) (S)

Talking Pictures TV Freeview 82 **Freesat** 306 **S**ky 328 **Virgin** 445



FILM REVIEWS

Great Movies 34

9.00am Deadly Paradise ★★
An idyllic trip turns sour. Boti Bliss (2016)
11.00 Fatal Performance ★★
A struggling actress takes a deadly role. Nicholle Tom (2013) **1.05pm**
A Twin Sister's Obsession ★★
Nicely played but unsurprising thriller. Lindsay Hartley (2018) **3.00 The Nanny Betrayal ★★**
A woman with a shady past. Michelle Borth (2018) **5.05 The Deadly Twin ★★**
Ludicrous but enjoyable melodrama. Bridget Brannagh (2017) **7.10pm An Aurora Teagarden Mystery: The Disappearing Game 9.00 Stratton ★★**
Elite commando Dominic Cooper tries to thwart a bizarre terrorist plot to bio-bomb London. Gemma Chan (2017, 15) **10.55 The Expatriate ★★**
Watchable if undistinguished chase drama starring Aaron Eckhart. Olga Kurylenko, Liana Liberato (2012, 15) **1.00am A Bronx Tale ★★★★★**
Intelligent crime drama. Robert De Niro, Chazz Palminteri (1993, 15) **3.30 Wild West Chronicles 4.00-5.40am Deadliest Switch ★★**
Predictably twisted thriller. Lindsay Hartley (2020)

Great Movies Freeview 34 Freesat 302 Sky 321 Virgin 425
+1 Freeview 61 (limited 10pm-5am) Sky 322

Great Action 42

8.00am Wild West Chronicles 9.00 Man in the Saddle ★★★★★
A deadly feud and a love triangle for rancher Randolph Scott. (1951, PG) **10.50 Battle Honours 12 noon Wild West Chronicles 1.00pm The Texas Rangers ★★★★★**
An ex-con is tasked with rounding up his outlaw pals. George Montgomery, Gale Storm (1951) **2.35 Badland ★★**
A hunt for Confederate war criminals. Kevin Makiel, Mira Sorvino (2019) **5.15 Mach 2 ★★**
Midair hijack action drama. Brian Bosworth (2001) **7.10pm Supercollider ★★**
High-concept disaster thriller about a malfunctioning particle accelerator. Robin Dunne (2013, 15) **9.00 Resident Evil: Extinction ★★**
Milla Jovovich returns in this third instalment of the horror franchise. Oded Fehr, Ali Larter (2007, 15) **10.55 I Am Wrath ★★**
Explosive but predictable revenge thriller starring John Travolta. (2016, 15) **12.50am Hard Luck ★★**
Violent crime thriller. Wesley Snipes, Cybill Shepherd (2006, 18) **2.45 The Blitz on London 4.00-5.00am Battle Honours**
Great Action Freeview 42 (limited) F'sat 305 Sky 323 Virgin 426 +1 Sky 324

Great Romance 52

8.00am Cooking with Love ★★
Sparks fly in the kitchen. Ali Liebert, Brett Dalton (2018) **10.00 My Birthday Romance ★★**
Will a fake boyfriend shut them up? (2020) **12 noon Love is a Piece of Cake ★★**
Sugary romance. Lindsey Gort, Greyson Holt (2020) **2.00pm Sweet as Maple Syrup ★★**
Saving a farm brings a couple together. (2021) **4.00 For the Love of Chocolate ★★**
A confectioner needs help. Rhiannon Fish (2020) **6.00pm Love's Sweet Recipe ★★**
Love blooms between a chef and her best friend. Megan Hutchinson (2021) **8.00 Love Struck Café ★★**
A woman runs into her childhood sweetheart. Sarah Jane Morris (2017) **10.00 You May Kiss the Bridesmaid ★★**
Is it a new job, or an old flame? (2021) **12.05am October Kiss ★★**
Fun Halloween romance. Ashley Williams (2015) **2.00am Highway to Heaven 3.10-5.00am The Convent Groom ★★**
Her old friend still has a crush. Vanessa Maril, David Sutcliffe (2016) **Great Romance** Freeview 52 Freesat 303 Sky 319 Virgin 424
+1 F'view 63 (limited 10pm-5am) F'sat 304 Sky 320

Sky Premiere

6.30am Jesus Revolution ★★
Polished drama. Joel Courtney (2023, 12) **8.45 As 4.15pm 10.30 The Cinema List: Jackie Chan 10.50 King of Killers ★★**
Corny action flick. Alain Moussi (2023, 15) **12.35pm As 10.10pm 2.25 57 Seconds ★★**
Twisty sci-fi thriller. Josh Hutcherson, Morgan Freeman (2023) **4.15 Ruby Gillman, Teenage Kraken ★★★★★**
Animated adventure. Review p38. Lana Condor, (2023, PG) **6.00pm The Bricklayer ★★**
An ex-CIA man is lured out of retirement to take down a rogue agent. Review p38. Aaron Eckhart, Nina Dobrev (2023) **8.00 Transformers: Rise of the Beasts ★★**
Noisy seventh entry in the sci-fi franchise. Anthony Ramos (2023, 12) **10.10 Hypnotic ★★★★★**
Mind-bending pulp sci-fi with Ben Affleck as a cop whose grasp on reality starts to slip. Alice Braga (2023, 15) **11.50 Desperation Road ★★**
Moody but overwrought thriller. Garrett Hedlund, Willa Fitzgerald (2023, 18) **1.45am Haunting of the Queen Mary ★★**
Grisly mystery horror. Alice Eve, Joel Fry (2023, 18) **3.55 As 2.25pm 5.40 Sky Cinema Preview**
Sky Premiere Sky 301 Virgin 401 EE 501/HD 515 +1 Sky 312

Legend 41

8.00am Walker, Texas Ranger 9.00 Knight Rider 10.00 Star Trek: Deep Space Nine 11.00 An Eye for an Eye ★★
Wounded bounty hunters team up. Robert Lansing, Pat Wayne (1966) **1.00pm Ransom ★**
Confusing hijack drama. Sean Connery, Ian McShane (1975, PG) **3.00 The Devil-Ship Pirates ★★★★★**
Action-packed Hammer swashbuckler with a Christopher Lee. Review, right. Andrew Keir (1964, PG) **5.00 Star Trek 6.00pm Star Trek: Deep Space Nine**
TV sci-fi drama. **7.00 Knight Rider**
TV adventure. **8.00 Walker, Texas Ranger**
TV action drama with Chuck Norris. **9.00 Soldier Blue ★★★★★**
Violent western that re-creates the Sand Creek Massacre of 1864. Review, right. Candice Bergen (1970, 18) **11.15 Desolation ★★**
Undercooked but tense horror about a mother and her children stalked through the woods by a creepy stranger. (2017, 15) **12.45am Death Trench ★★**
Well-mounted wartime horror. Rossif Sutherland (2017, 18) **2.35-4.20am Peripheral ★★★★★**
Videodrome-like sci-fi horror. Hannah Arterton, Rosie Day (2018, 18) **Legend** F'view 41 F'sat 137 Sky 148 Virgin 149

Legend Xtra 69

6.00am Earth's Final Hours ★★
As 5pm. **8.00 Atlantic Rim 2 ★★**
Mockbusting sci-fi sequel. (2017, 15) **10.00 Andromeda 11.00 San Andreas Mega Quake ★**
Is this the end for California? Joseph Michael Harris (2019) **1.00pm Moby Dick ★★**
Watchable low-budget update of the whaling classic. Rossif Sutherland, Renée O'Connor (2010, 12) **3.00 Andromeda 4.00 The Six Million Dollar Man 5.00 Earth's Final Hours ★★**
The world has stopped spinning in this low-budget disaster movie. Hamza Adam, Julia Benson, Cameron Bright (2011, 12) **7.00pm Andromeda**
TV sci-fi. **8.00 The Six Million Dollar Man**
TV fantasy adventure. **9.00 Warlords of Atlantis ★★**
Cheesily charming action adventure about the underwater city, starring Doug McClure and a monstrous menagerie of sea beasts. (1978, PG) **10.55 The Shed ★★**
Bullied teens use a trapped vampire to their advantage in this box-ticking but bloodthirsty horror. Jay Jay Warren (2019, 15) **1.00-3.00am As 9pm**
Legend Xtra F'view 69 F'sat 138 Sky 317 Virgin 171 +1 F'sat 139 Sky 318 Virgin 371



FILM OF THE DAY

Carry On Spying ★★★★★

12.50-2.35pm Talking Pictures TV

SPOOF Mercilessly ribbing the Bond movies and Graham Greene's spy stories, the ninth *Carry On* saw Barbara Windsor make her series debut as the most resourceful of a hamstrung quartet of agents sent on a mission to recover a secret formula. The Casbah scenes rather slow things down, but the action picks up pace in STENCH's underground HQ (a wonderfully observed 007 send-up). Charles Hawtrey, Kenneth Williams and Bernard Cribbins are on fine form as Babs's weak-kneed accomplices and there are splendid turns from Jim Dale and Eric Barker. **DAVID PARKINSON** (UK 1964, BW)

Anne of the Indies ★★★★★

11.00am-12.40pm Film4

SWASHBUCKLER Jean Peters plays the scourge of the Caribbean, surrounded by a great cast including James Robertson-Justice, Herbert Marshall and Thomas Gomez (as Blackbeard). Louis Jourdan is the dashing Frenchman who is forced to lure the pirate queen into a trap. Directed by the great Jacques Tourneur, this is a perfectly splendid seafaring yarn. **TONY SLOMAN** (US 1951, HD)

Tora! Tora! Tora! ★★★★★

12.40-3.35pm Film4

WAR This is a meticulous account of the preparations for and execution of the Japanese attack on Pearl Harbor on 7 December 1941. The battle sequences are magnificently staged, but with three directors from both the US and Japan on board, the film's even-handedness makes it impossible to judge the true impact on either nation. **DP** (US/Jpn 1970, HD)

The Devil-Ship Pirates ★★★★★

3.00-4.50pm Legend

ADVENTURE Hammer's agreeable period offering stars Christopher Lee as the wily Spanish captain looting the English coast, who attempts to convince the

locals that Spain has been victorious in its conquest after he runs his ship aground. Hammer delivers its usual top-notch production values and Lee gets to indulge in some splendid swordfights. **ALAN JONES** (UK 1964)

Blades of Glory ★★★★★

9.00-10.55pm Comedy Central

COMEDY In this enjoyable if trite romp, Will Ferrell plays an ice-skating bad boy who, along with his nemesis (Jon Heder), is banned from the sport after a brawl. The only way they are allowed to compete is for them to team up as a male/male pair. Amy Poehler and Will Arnett offer fine support as their pretentious opponents. **ANDREW COLLINS** (US 2007, swearing, sexual references, HD)

Soldier Blue ★★★★★

9.00-11.15pm Legend

WESTERN Very controversial on its release, this depiction of the Sand Creek Massacre of 1864 does not stint on the appalling carnage meted out to the Cheyenne by the US Cavalry. Candice Bergen stars as a white woman kidnapped by tribesmen, who then takes up their cause. At the time, it was taken to be an allegory of the My Lai massacre in Vietnam. **ADRIAN TURNER** (US 1970, violence, swearing, nudity)

Witchcraft ★★★★★

11.00pm-12.35am Talking Pictures TV

HORROR A 300-year-old feud takes a supernatural turn in this moody British B-movie. Jack Hedley is the construction boss whose work accidentally unleashes a long-buried sorceress (Yvette Rees), much to the chagrin of family patriarch Lon Chaney Jr, who brings a touch of bombastic menace to proceedings. **JEREMY ASPINALL** (UK 1964, violence, BW)

Gonzo: the Life and Work of Dr Hunter S Thompson ★★★★★

11.30pm-2.00am Sky Arts

DOCUMENTARY As the original gonzo journalist, gun nut, Nixon critic and druggie, Hunter S Thompson had a famously colourful life. Alex Gibney's flashy, fascinating portrait uses previously unseen home movies, archive footage and interviews to lay bare the writer's genius and his demons. Johnny Depp provides the narration. **JAMIE RUSSELL** (US/UK/Jpn 2008, swearing, drug abuse, nudity, col/BW, HD)

What We Do in the Shadows ★★★★★

12.05-1.30am BBC2

HORROR COMEDY This delightfully deadpan spoof follows a bunch of Kiwi vampires (including Taika Waititi and Jemaine Clement, who also share directing duties) as they argue over the washing-up, hit the clubs, and suck the blood of virgins. The riffs on undead mythology are hilarious, and Rhys Darby is a treat as an unfailingly polite werewolf. **LUCY BARRICK** (NZ 2014, violence, swearing, col/BW, HD)

Sky Cinema picks

Hitch ★★★★★

5.50-8.00pm Sky Valentines
Will Smith romcom. (2005, 12) Sky 302, Virgin 402, BT 502/516

Knock at the Cabin ★★★★★

8.00-9.45pm Sky Hits
Dark supernatural tale. (2023, 15) Sky 303, Virgin 403, BT 503/517

The Danish Girl ★★★★★

10.00pm-12.10am Sky British Icons
Transgender biopic. (2015, 15) Sky 304, Virgin 404, BT 504/518

Films to stream from p32
Netflix, Amazon, Disney+ and more

Sky Showcase



Football's Funniest Moments 9.00pm Chris Kamara shares

6.00am Sky News Breakfast
7.00 Kay Burley **8.00** Caught on Dashcam **9.00** Nothing to Declare (AD) **10.00** Strangest Things **11.00** New Kids in the Wild **12 noon** Supergirl **1.00pm** MacGyver **3.00** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00** The Simpsons: double bill
6.00pm **The Office US** 8/19 Series 4. Dwight pines over Angela. **6.30** 9/19. The Scranton branch is asked to take part in an advert. **7.00** **The Simpsons** Homer tries to reunite a band from his youth. **7.30** Marge takes part in a heist. **8.00** Mr Burns begins selling plant-based burgers. **8.30** Lisa makes an imaginary friend and Homer gets a new vehicle.

9.00 Football's Funniest Moments A look at comical incidents from the game over the last few years, with contributions from pundits including Gary Neville and Chris Kamara. (AD)

11.15 **Ted** 1/8. Comedy spin-off from the film, with the voice of Seth MacFarlane. (AD)
11.40 2/8. Matty evicts Blaire from his house. (AD)
12.15am **Magnum P.I.** 1.15 Fantasy Football League **1.55** Brit Cops: War on Crime **3.00** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00-6.00am** Motorway Patrol: double bill

Sky Showcase Sky 106 Virgin 109
 EE 340/HD 355 +1 Sky 206

Sky Sci-Fi

6.00am Most Haunted **8.00** Home Shopping **11.00** Merlin **12 noon** Star Trek: Voyager **1.00pm** Star Trek: Deep Space Nine **3.00** Merlin **4.00** Stargate SG-1 **5.00** Star Trek: Voyager

6.00pm **Star Trek: Deep Space Nine** 2/26 Series 6. The residents adapt to the new order aboard the occupied Deep Space Nine, while Sisko is forced to land the damaged Jem'Hadar ship on a remote planet. **7.00** 3/26. Despite earlier rejections of Klingon traditions, Worf's son Alexander volunteers for service as a warrior, but causes embarrassment all around.

8.00 **Star Trek: Enterprise** 19/24 Series 3. The crew recovers from a deadly Xindi assault, but the ship is crippled and needs immediate attention.

9.00 Supervolcano ★★ Disaster movie. When a supervolcano threatens Hawaii, a team of experts must race against the clock to save those in the path of the molten lava and stop the danger for good.

11.00 **Grimm** 5/22 Series 3. Nick and Hank battle a powerful Wesen who has become a vigilante carrying out deadly punishments for human criminals.

12 midnight **Merlin** 1.00am **FILM** Speed Kills ★★ **3.00** Star Trek: Enterprise **4.00-6.00am** Star Trek: Deep Space Nine

Sky Sci-Fi Sky 139 (140 Scotland) Virgin 122
 EE 348/HD 363 +1 Virgin 229

Sky Atlantic



The Gilded Age 10.00pm Mr Raikes gets close to Marian

6.00am Richard E Grant's Hotel Secrets (AD) **7.55** The Sopranos **10.30** The Wire (AD) **12.50pm** Game of Thrones (AD) **2.05** Gomorrah **3.10** The Sopranos

5.20pm **The Wire** 11/12 Series 2 The detail makes dawn raids on the targets of the investigation and Sobotka is arrested. (AD)
6.35 12/12. Nick turns himself in to the police and Agent Fitzhugh suspects a leak within the FBI. (AD)

7.50 **Game of Thrones** 1/7 Series 7. Arya reminds the Freys that the North remembers and the Night King makes his way south. (AD)

9.00 **Julia** 6/8 Series 2. Julia prepares for the annual WGBH fundraiser, while also fielding proposals from a network that has the financial means to distribute *The French Chef* to millions.

10.00 **The Gilded Age** 3/9 Series 1. An unfortunate development places George's new railway station under threat. (AD)

11.05 **Winning Time: the Rise of the Lakers Dynasty** 8/10. Paul and Pat reckon with the tenuous nature of their positions. (AD)

12.10am **Django**: Sarah and John discover oil (AD) **1.10** The Newsroom **2.20** Game of Thrones (AD) **3.30** In Treatment **4.00-6.00am** Richard E Grant's Hotel Secrets (AD)

Sky Atlantic Sky 108 (109 Wales)
 EE 342/HD 357 +1 Sky 208 (209 Wales)

Sky Witness

6.00am Air Ambulance **ER** 7.00 Border Patrol **8.00** Caught on Dashcam **9.00** Stop, Search, Seize (AD) **10.00** Brit Cops: Law and Disorder **11.00** The Rookie (AD) **12 noon** FBI (AD) **1.00pm** FBI: Most Wanted (AD) **2.00** Blue Bloods (AD) **3.00** Caught Red Handed **4.30** Border Security: Australia's Front Line

5.00pm **Nothing to Declare** Six editions following the work of customs officers in Australia.

8.00 **Blue Bloods** 7/21 Series 13 Erin and Anthony clash following a fatal shooting. Frank plans to punish a cop for his inaction during an armed robbery. (AD)

9.00 **Bull** 1/16 Series 5. Jason and the Trial Analysis Corporation team struggle to adapt to a new virtual court during lockdown.

10.00 **For Life** 4/10 Series 2 Aaron defends a man in a witness tampering case as a favour to Jamal. Things get tense as the Wallace family Thanksgiving approaches. (AD)

11.00 **The Rookie** 16/22 Series 5 The team must stop a militia from wreaking havoc. Nolan, Thorson, Juarez and Harper search for three men who may have been exposed to ebola. (AD)

12 midnight **FBI: International** (AD) **1.00am** Fire Country **2.00** New Fire Country **4/22**. Repeated tomorrow 9pm **3.00** Chicago PD **4.00** Brit Cops: Law and Disorder **5.00-6.00am** Road Wars

Sky Witness Sky 107 Virgin 110
 EE 341/HD 356 +1 Sky 207 Virgin 310

Sky Max



Agatha Raisin 8.00pm James's big day arrives

6.00am NCIS: Los Angeles **7.00** DC's Legends of Tomorrow (AD) **8.00** Supergirl **9.00** Stargate SG-1 **11.00** NCIS: Los Angeles **12 noon** Supergirl **1.00pm** MacGyver **3.00** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00** DC's Legends of Tomorrow (AD)

6.00pm **Stargate SG-1** 15/20 Series 9. Daniel Jackson is captured and imprisoned on an Ori-controlled planet. **7.00** 16/20. The team tries to do a deal with the Lucian Alliance, mercenaries who have moved into Goa'uld territories.

8.00 **Agatha Raisin** 4/4 Series 4 The sleuth reluctantly promises to attend James's wedding, but the nuptials take a sinister turn when a body is found on the big day. (AD)

10.00 **Strike Back: Vendetta** 5/10 Series 8. The team races to stop Zayef from carrying out a terrorist attack. (AD)

11.00 **Ted** 1/8. Comedy spin-off. When Matty makes Ted go to school with John, the bear decides to get expelled. (AD)

11.30 2/8. Matty evicts Blaire from his house after finding out about her drug business.

12.05am **Magnum P.I.** 1.00 Fantasy Football League **1.40** Entourage **3.00** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00-6.00am** Highway Patrol

Sky Max Sky 113 (114 Wales) Virgin 111
 EE 346/HD 361

Sky Replay

7.00am Sixth Sense with Colin Fry **8.00** Four Weddings (AD) **10.00** Stop, Search, Seize (AD) **11.00** Border Security USA (AD) **12 noon** Highway Patrol **1.00pm** Road Wars **2.00** Most Haunted **4.00** MacGyver **6.00** Stargate Atlantis: double bill. Sheppard is captured by a race of human travellers, then a virus causes amnesia in everyone but Teyla and Ronon **8.00** Highway Patrol **9.00** Stan Lee's Lucky Man: double bill. Harry meets a mysterious woman wearing a bracelet identical to his, then Harry investigates a wave of hate crimes (AD) **11.00** The Russell Howard Hour **12 midnight** The Force: North East **1.00am** Stop, Search, Seize (AD) **2.00** A League of Their Own Road Trip: Loch Ness to London (AD) **3.00** Duck Quacks Don't Echo (AD) **4.00** Four Weddings (AD) **5.00-6.00am** Sixth Sense with Colin Fry

Sky Replay Sky 152 Virgin 156

Sky Crime

6.00am Highway Patrol **7.00** UK Border Force (AD) **8.00** Border Patrol **9.00** Nothing to Declare (AD) **10.00** Caught Red Handed **11.30** Motorway Patrol **12 noon** How I Caught the Killer (AD) **1.00pm** Forensics: Catching the Killer (AD) **2.00** Killer in My Village **3.00** World's Most Evil Killers **4.00** Britain's Most Evil Killers **5.00** Forensics: Catching the Killer (AD) **6.00** How I Caught the Killer (AD) **7.00** World's Most Evil Killers (AD) **8.00** Britain's Most Evil Killers **9.00** Killer in My Village **10.00** How I Caught the Killer **11.00** World's Most Evil Killers **12 midnight** Killer in My Village **1.00am** Murders That Shocked the Nation (AD) **2.00** Love You to Death (AD) **3.00** Britain's Most Evil Killers **4.00** Road Wars **5.00-6.00am** Motorway Patrol

Sky Crime Sky 122 (123 Scotland) Virgin 121
 EE 349/HD 364 +1 Sky 222 (223 Scot) Virgin 321

Gold



The Young Ones 11.00pm Vyvyan and Mike are evicted

7.00am Hi-de-Hi! **8.00** Keeping Up Appearances (AD) **8.40** My Hero **9.20** Hi-de-Hi! **10.00** Porridge **10.40** Last of the Summer Wine **12 noon** Keeping Up Appearances (AD) **12.40pm** My Hero **1.20** Porridge **2.00** Dad's Army (BW) **2.40** The Thin Blue Line **3.20** Hi-de-Hi! **4.00** Last of the Summer Wine **5.20** Porridge

6.00pm **Keeping Up Appearances** Hyacinth tries to buy a country retreat. (AD)

6.40 **Dad's Army** Mainwaring attempts to obtain equipment for the platoon. (BW)
7.20 Mainwaring puts the defence of the realm before pride. (BW)

8.00 **Only Fools and Horses** Christmas special from 1987. Del goes in search of treasure. (AD)

9.20 **Not Going Out** Tim becomes part of a band.

10.00 **Live at the Apollo** Roshem Ranganathan hosts, with Jason Byrne and Stewart Francis.

11.00 **The Young Ones** The last episode of the sitcom sees the boys evicted from their bedsit.

11.45 **Only Fools and Horses** As 8pm.

1.05am **Live at the Apollo** **2.20** Not Going Out **2.50** The Young Ones **3.30-4.00am** The Thin Blue Line

Gold Sky 110 (111 Wales) Virgin 124
 EE 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

Sky Comedy

8.00am American Auto **9.00** The Conners **10.00** Run **10.30** Curb Your Enthusiasm **11.40** Ballers (AD) **12.50pm** How to Make It in America **2.10** Curb Your Enthusiasm **3.20** Ballers (AD) **4.30** Run **5.00** The Conners **6.00** The Office US **7.00** American Auto: double bill. The executives realise a Payne vehicle may have a faulty part, then Katherine and the team attempt to boost employee morale **8.00** Will & Grace: double bill. Karen becomes a conjurer's assistant, then she makes a conjugal visit to her imprisoned husband (AD) **9.00** Veep: double bill (AD) **10.15** Sort Of **11.15** **New**. The Tonight Show Starring Jimmy Fallon **12.15am** Whitmer Thomas: the Golden One **1.30** Hung **3.00** Ballers (AD) **3.40-5.00am** How to Make It in America

Sky Comedy Sky 114 (115 Wales)
 Virgin 112 EE 347/HD 362

Comedy Central

8.00am Most Ridiculous: Builders **8.35** Most Ridiculous: Fun and Games **9.00** Blockbusters **10.00** Impractical Jokers: Dinner Party **12 noon** Home Improvement **1.00pm** Dignan! **2.00** Friends (AD) **9.00** **FILM** Blades of Glory ★★ Ice-skating comedy starring Will Ferrell. **Review page 77** **10.55** Michael McIntyre: Hello Wembley! **11.55** **New series**. The Daily Show: a satirical swipe at news and current affairs **12.30am** Drunk History **1.00** Michael McIntyre's Big Christmas Show **2.00** Channel Hopping with Jon Richardson **3.00** Most Ridiculous: Builders **3.25** Most Ridiculous: Builders **3.50** Blockbusters **4.15-5.00am** Friends (AD)

Comedy Central Sky 112 (113 Wales)
 Virgin 132 EE 345/HD 360
 +1 Sky 212 (213 Wales) Virgin 332

Alibi



My Life Is Murder 10.00pm Alexa goes back to school

7.10am Murdoch Mysteries **9.00** Rizzoli & Isles (AD) **10.00** Unforgettable **11.00** Without a Trace **12 noon** The Doctor Blake Mysteries **1.00pm** Father Brown (AD) **2.00** Murdoch Mysteries **4.00** Rizzoli & Isles (AD) **5.00** Unforgettable

6.00pm **Without a Trace** 15/18 Series 6. When a businessman miraculously wakes from a coma after three years, why then does he go missing from the hospital?

7.00 **Elementary** 16/24 Series 5 Joan and Kitty try to prove that the Defence Intelligence Agency is behind an international conspiracy.

8.00 **Father Brown** 9/10 Series 6 The locals are unhappy when an ostentatious American opens a golf club near Kembleford. (AD)

9.00 **Death in Paradise** 5/8 Series 6. The Caribbean police unit's latest murder inquiry takes them to London. (AD)

10.00 **My Life Is Murder** 7/10 Series 1. Alexa's past catches up with her as she returns to her exclusive, private high school to investigate a mysterious death.

11.00 **Justified** 6/13 Series 3 One of Quarles's men kills a doctor.

12 midnight **Elementary** **1.00am** Unforgettable **2.00** Without a Trace **3.00-4.00am** Murdoch Mysteries

Alibi Sky 109 (110 Wales) Virgin HD 114
 EE 343/HD 358 +1 Sky 209 (210 Wales) Virgin 191

Discovery

6.00am How It's Made **7.00** Gold Divers **8.00** Building off the Grid **9.00** Alaska: the Last Frontier **10.00** Richard Hammond's Big **11.00** Wheeler Dealers **1.00pm** Building off the Grid **3.00** Blowing Up History **4.00** Alaska: Homestead Rescue **6.00** Richard Hammond's Big **7.00** Wheeler Dealers: Mike brings back a modern classic, a rare 2001 Audi S4 Avant (AD) **8.00** Blowing Up History: exploring the history behind the Nazca Lines (AD) **9.00** Gold Rush: Tony tries to resurrect his infamous dredge not **10.00** **New** Hustlers Gamblers Crooks: a blind man's ability to win at cards lands him in a fight for his life **11.00** Expedition X **12 midnight** Deadliest Catch **1.00am** Gold Rush **2.00** Hustlers Gamblers Crooks **3.00-5.00am** Naked and Afraid: Last One Standing

Discovery Sky 125 (126 Scotland) Virgin 177
 EE 320/HD 325 +1 Sky 225 (226 Scot) Virgin 377

Discovery History

6.00am Expedition Unknown **7.00** How the Universe Works **8.00** Blowing Up History **9.00** Combat Dealers **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers **12 noon** Combat Dealers **2.00pm** Secret Space Escapes **3.00** Salvage Hunters **4.00** Mummy King Mystery: Ramesses **5.00** Blowing Up History **6.00** Combat Dealers **7.00** Expedition Unknown **8.00** Greatest Events of World War II: restored footage recounts Japan's attack on Pearl Harbor **9.00** Combat Dealers **10.00** Salvage Hunters **11.00** World's Greatest Motorcycle Rides **12 midnight** Combat Dealers **2.00am** Salvage Hunters **3.00** Greatest Events of World War II **4.00-5.00am** World's Greatest Motorcycle Rides

Discovery History Sky 177 Virgin 181
 +1 Sky 277 Virgin 381

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Sky Documentaries



Hatton 9.00pm Profile of the Mancunian former boxer

6.00am The Sixties (AD) **7.00** Discovering: James Stewart (AD) **8.00** The Directors (AD) **9.00** 100 Foot Wave (AD) **10.00** OJ: Made in America **11.50** My Icon: Kadeem Corbin (AD) **12 noon** Laurel Canyon (AD) **3.00pm** Young Guns: the New Tennis Titans **4.00** The Directors (AD) **5.00** Discovering: James Stewart: a profile of the actor (AD)

6.00pm 100 Foot Wave After a series of unexpected setbacks, Garrett catches a wave that changes everything. (AD)

7.00 OJ: Made in America How OJ Simpson's life in the wealthy, privileged and predominantly white society of Los Angeles contrasted with that of the black community.

9.00 Hatton A profile of former boxer Ricky Hatton, charting his journey from the Hattersley estate near Manchester to headlining on the strip in Las Vegas. (AD)

11.00 Gascoigne ★★★ Documentary about the life of footballer Paul Gascoigne that uses a range of new interviews and archive material to track his spectacular rise to stardom. (W) **12.50am** SIC: Prince of MotoGP **2.30** Yusuf Hawkins: Storm over Brooklyn (AD) **4.30** Premier League Legends (AD) **5.00-6.00am** Discovering: James Stewart (AD)

Sky Documentaries Sky 121 (122 Scotland) Virgin 188 EE 352/HD 367

Nat Geographic

8.00am Food Factory **9.00** Air Crash Investigation (AD) **10.00** Nazi Megastructures **11.00** Megafactories **12 noon** Car SOS **1.00pm** Ultimate Airport Dubai **2.00** Air Crash Investigation (AD) **3.00** Megastructures **4.00** Europe from Above (AD) **5.00** Car SOS (AD) **6.00** Lost Treasures of Egypt **7.00** Air Crash Investigation **8.00** World War II: Secrets from Above **9.00** Hitler: the Lost Tapes of the Third Reich: Hitler turns his focus to the extermination of all European Jews **10.00** Hitler's Last Stand: an American observer is a French town's only hope (AD) **11.00** Air Crash Investigation (AD) **12 midnight** Airport Security: First Class **1.00am** Wicked Tuna **2.00** Money Meltdown **2.30** Food Factory **3.20** New. Food Factory USA **4.10-5.00am** Secrets of the Zoo: Keeper Tales

Nat Geographic Sky 129 (130 Scotland) Virgin 183 +1 Sky 229 (230 Scot) Virgin 383

Sky History

6.00am American Pickers **7.00** Pawn Stars **9.00** Storage Wars **10.00** Strangest Things **11.00** Swamp People: Serpent Invasion **1.00pm** Pawn Stars **2.00** Rust Valley Restorers **3.00** Greatest Heists with Pierce Brosnan **5.00** Pawn Stars **6.00am** American Pickers **7.00** Forged in Fire **8.00** Strange Evidence **9.00** New series Forbidden History: double bill. How the Nazis controlled the will of the German people, then experts investigate the Codex Gigas, also known as the "Devil's Bible" **11.00** New. The Proof Is Out There: evidence that UFOs really exist **12 midnight** Pawn Stars **2.00am** The Curse of Oak Island **3.00** Strange Evidence **4.00-6.00am** Greatest Heists with Pierce Brosnan

Sky History Sky 123 (124 Scotland) Virgin 131 EE 353/HD 368 +1 Sky 223 (224 Scot) Virgin 331

Sky Nature



Gangs of Lemur Island 9.00pm Feast and famine

6.00am Africa's Wild Horizons **7.00** Monkey Life (AD) **8.00** Arabian Inferno **9.00** Secrets of Wild Australia (AD) **10.00** Zambia Untamed **11.00** Great Blue Wild **12 noon** Africa's Hunters **1.00pm** Monkey Life (AD) **2.00** Arabian Inferno **3.00** Secrets of Wild Australia (AD) **4.00** Zambia Untamed **5.00** Great Blue Wild

6.00pm Africa's Hunters A leopard that has recently become the dominant predator of an area in Zambia's Luangwa Valley.

7.00 Monkey Life A chimp joins the park's bachelor group. (AD) **7.30** A police raid uncovers two rare chimps from Colombia. (AD)

8.00 Deep in the Heart A celebration of Texan wildlife, seeing the world through the eyes of catfish and ocelots.

9.00 Gangs of Lemur Island The troops rush to feast on the bounty that follows early rain.

10.00 Africa's Hunters As 6pm.

11.00 Great Blue Wild Creatures to be found in the Socorro Islands. **12 midnight** Hotspots: the Last Hope: Australia's diverse hotspots **1.00am** Arabian Seas **2.00** Deep in the Heart **3.00** Gangs of Lemur Island **4.00** Arabian Inferno **5.00-6.00am** Secrets of Wild Australia (AD)

Sky Nature Sky 124 (125 Scotland) Virgin 189 EE 354/HD 369

Eden

9.00am Train Truckers **11.00** Great British Landmark Fixers **3.00pm** Train Truckers **5.00** Great British Landmark Fixers: four editions. Craftspeople work to restore Canterbury Cathedral to its former glory **6.00** The team build a protection deck for the Edinburgh North Bridge **7.00** The historic Royal Albert Hall is in need of urgent repairs **8.00** Working to prevent Southend Pier from falling into the sea **9.00** Train Truckers: double bill. A locomotive must be hauled over 40 miles ready for a gala, then a 175-ton rail crane is destined for Egypt **11.00** Great British Landmark Fixers **12 midnight** New Anthony Bourdain: Parts Unknown **1.00am** Great British Landmark Fixers **3.00** Train Truckers **4.40** Great British Landmark Fixers **5.30-6.00am** David Attenborough's Natural Curiosities (AD)

Eden Sky 166 Virgin HD 176 +1 Sky 266 Virgin 376

Animal Planet

8.00am Animal Cries **9.00** Crikey! It's the Irwins **10.00** Bad Dog! **11.00** Alaska: Homestead Rescue **12 noon** Animal Cries **1.00pm** Crikey! It's the Irwins **2.00** Guardians of Rescue **3.00** Animal Cops Houston (AD) **4.00** Dogs 101 **5.00** Alaska: Homestead Rescue **6.00pm** Animal Cries **7.00** Crikey! It's the Irwins **8.00** From Wags to Riches: Bill Berloni trains his dogs for a music video **9.00** Pit Bulls and Parolees: Tia's Tales: Tia, Tania and Mariah recount their biggest successes and losses **10.00** Alaskan Bush People **11.00** Lair of the Killer Crocs **12 midnight** Monster Croc Invasion (AD) **1.00am** Alaskan Bush People **2.00** Dogs 101 **3.00** Alaska: Homestead Rescue **4.00-5.00am** Animal Cries

Animal Planet Sky 162 (178 NI) Virgin 178 +1 Sky 262 (278 NI) Virgin 378

SPORT

Sky Main Event

Sky 401 Virgin 511/HD 501 EE 419/HD 439

6.00am Sky Sports News **7.00** Good Morning Sports Fans **10.00** The Football Show **11.00** **LIVE** WTA Tennis Day three of the Qatar Open at the International Tennis and Squash Complex in Doha, Qatar. **7.30pm** **LIVE** Championship Football Bristol City v Southampton, coverage from Ashton Gate (kick-off 8.00). **10.30** **LIVE** ATP Tennis The second day of the Delray Beach Open from Delray Beach Tennis Centre in Florida, USA. **3.00-6.00am** Sky Sports News

Sky Football

Sky 403 Virgin 513/HD 503 EE 421/HD 441

6.00am Classic Play-Off Finals **9.00** EFL Greatest Games **10.00** Championship Retro (AD) **12 noon** Championship Highlights **12.30pm** German Football: highlights **1.30** Championship Highlights **3.00** League One and Two Goals **3.30** Championship Highlights **5.00** German Football: highlights **6.00** League One and Two Goals **6.30** Championship Highlights **7.30** **LIVE** Championship Football Bristol City v Southampton from Ashton Gate (kick-off 8.00). **10.30** German Football: highlights **11.30** Best Old Firm Derby Goals (AD) **12 midnight** EFL Greatest Games (AD) **1.00am** Championship Season Review **2.00** Best League Cup Goals **2.30** EFL Rivalries (AD) **3.00** Championship Retro **5.45-6.00am** EFL Greatest Games

Sky Golf

Sky 405 Virgin 515/HD 505 EE 423/HD 443

6.00am Best of the Open Zone 2017 (AD) **7.00** Best of the Sky Zone (AD) **7.30** Best of the Sky Zone: US Open (AD) **8.00** Golf Academy **9.00** School of Golf (AD) **10.00** PGA Tour Golf **11.00** Golf Academy **12 noon** School of Golf (AD) **1.00pm** Best of the Open Zone 2017 (AD) **2.00** PGA Tour Golf **3.00** Best of the Sky Zone (AD) **3.30** Best of the Sky Zone: US Open (AD) **4.00** Golf Academy **5.00** PGA Tour Golf **6.00** Ladies European Tour Golf **7.00** How the 2004 Ryder Cup Was Won (AD) **9.00** Ladies European Tour Golf **10.00** PGA Tour Golf **11.00** Golf Academy **12 midnight** Ladies European Tour Golf **1.00am** PGA Tour Golf **2.00** Best of the Open Zone (AD) **3.00** Best of the Sky Zone (AD) **4.00** Golf Academy **5.00-6.00am** School of Golf (AD)

Sky Tennis

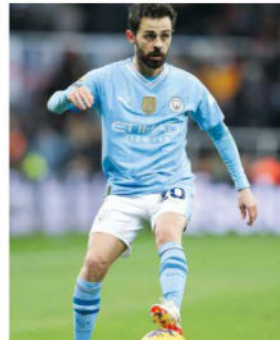
Sky 407 Virgin 537/HD 520 EE 425/HD 445

11.00am **LIVE** WTA Tennis Day three of the Qatar Open at the International Tennis and Squash Complex in Doha, Qatar. **8.30pm-3.00am** **LIVE** ATP Tennis Day two of the ABN AMRO Open from Rotterdam Ahoy; **10.30** The second day of the Delray Beach Open from Delray Beach Tennis Centre in Florida.

Eurosport 1

Sky 413 Virgin 521 EE HD 412

6.00am Snooker: Welsh Open **8.00** Cycling **10.30** Snooker: Welsh Open **12.30pm** **LIVE** Snooker The afternoon session on day two of the Welsh Open from Llandudno, featuring second-round matches. **4.30** Judo **5.30** Snooker **7.00** **LIVE** Snooker The evening session on day two of the Welsh Open at Venue Cymru, Llandudno, featuring second-round matches. **11.00** Snooker: Welsh Open **1.00am** Biathlon **2.00** Snooker **4.00** Biathlon **5.00-6.00am** Cross-Country Skiing



Champions League 7.00pm TNT Sports 1 City's creative force Bernardo Silva

Sky Premier League

Sky 402 Virgin 512/HD 502 EE 420/HD 440

6.00am Greatest Games **7.00** Highlights **10.00** The Football Show **12 noon** Soccerbox **1.00pm** Highlights **5.30** 100 Club (AD) **6.00** Legends (AD) **6.30** Netbusters **7.00** Soccer Special **10.15** Review **11.15** Netbusters **11.45** Greatest Games **12 midnight** Premier League Icons **1.00am** Premier League Years **3.00** Greatest Games **4.00** Best Goals **5.30-6.00am** 100 Club

Sky Cricket

Sky 404 Virgin 514/HD 504 EE 422/HD 442

6.00am Big Bash Highlights **9.00** Big Bash League Cricket **1.00pm** Big Bash League Cricket: Perth Scorchers v Adelaide Strikers **5.00** Best of the Big Bash (AD) **6.00** Secrets of Success **7.00** Big Bash League Highlights **9.00** Secrets of Success **10.00** Big Bash Highlights **12 midnight** Best of the Big Bash (AD) **1.00-6.00am** Big Bash Highlights

Sky NFL

Sky 408 Virgin 517/HD 507 EE 426/HD 446

6.00am NFL **10.00** Super Bowl LVIII **11.00** NFL: America's Game (AD) **12 noon** Good Morning Football **3.00pm** NFL Bitesize (AD) **6.00** 49 Hours **6.45** Super Bowl LVIII **7.45** Pro-Football Talk **9.45** NFL Bitesize **10.00** Super Bowl LVIII Highlights **11.00** NFL: America's Game (AD) **12 midnight** Total Action **1.00am** NFL Bitesize **2.00-6.00am** NFL

Sky Arena

Sky 412 Virgin 518/HD 508 EE 427/HD 447

6.00am Super League: highlights **7.00** Basketball **10.00** Darts **1.30pm** Super League **1.45** Women's Super League (AD) **2.30** Super League (AD) **3.00** Boxing **4.00** Unbeatable **4.30** Basketball **7.00** Super League (AD) **7.30** EFL Greatest Games **7.40** **LIVE** Championship Football Swansea City v Leeds United (kick-off 7.45). **9.45** Super League (AD) **10.00** Boxing (AD) **11.00** Darts **2.30am** Super League **4.00-6.00am** Boxing

Eurosport 2

Sky 414 Virgin 522 EE HD 413

6.00am Alpine Skiing **8.00** Snooker **10.00** Archery **11.00** Cycling **1.00pm** Padel Tennis **2.00** Biathlon **3.55** **LIVE** Biathlon The World Championships from Nove Mesto, women's 15km individual event. **6.05** Winter Sports **6.15** **LIVE** Cross-Country Skiing World Cup from Canmore, Canada, men's and women's sprint classics. **8.10** Cycling **8.40** Freestyle Skiing **9.00** Biathlon **10.00** Cross-Country Skiing **11.00** A Voyage of Discovery **12 midnight** Cyclo-Cross **2.00am** Biathlon **3.00** Cross-Country Skiing **4.00-6.00am** Snooker: Welsh Open

TNT Sports 1

Sky 410 Virgin 527 EE 408/HD 430

6.00am International T20 Cricket Highlights: Australia v West Indies **8.00** **LIVE** International T20 Cricket Australia v West Indies, the third and final T20 match in the men's series from Perth. **11.45** TNT Sports Cricket Reload **12 noon** **LIVE** Pro League Hockey Australia v Ireland, coverage of the men's match at Kalinga Stadium in Bhubaneswar, India (push-back 12.00); **2.00pm** Netherlands v Spain, coverage of the men's match in Bhubaneswar (push-back 2.00). **4.00** Test Cricket Highlights **5.00** Champions League Magazine **5.30** Premier League Netbusters (AD) **6.00** Premier League Stories (AD) **6.30** TNT Sports Goals Reload **6.45** Around the Block (AD) **7.00** **LIVE** Champions League Football FC Copenhagen v Manchester City, coverage of the round of 16, first-leg match from Parken Stadium (kick-off 8.00). **10.30** Original Documentary: Rylan: Homophobia, Football and Me (AD) **11.15** Premier League Reload **11.30** Premier League: the Big Interview **12 midnight-6.30am** **LIVE** NBA Orlando Magic v Oklahoma City Thunder, coverage of the inter-conference game from Kia Centre (tip-off 12.30am); **3.00am** Phoenix Suns v Sacramento Kings, coverage of the Western Conference game at Footprint Centre (tip-off 3.00).

TNT Sports 2

Sky 411 Virgin 528 EE 409/HD 431

6.00am World Rally (AD) **6.30** Champions League Magazine **7.00** Premier League Review (AD) **8.00** Sign Up: into Football **8.45** TNT Sports Goals Reload **9.00** Pro League Hockey: two games **11.00** Italian Football: highlights **12 noon** Premier League Review (AD) **1.00pm** Premier League Stories (AD) **1.30** National League Football **3.30** Premier League Review (AD) **4.30** French Football: highlights (AD) **5.30** Australian Football Highlights **6.30** Champions League Magazine **7.00** Between the Lines **7.30** **LIVE** Champions League Football RB Leipzig v Real Madrid, the round of 16, first-leg match at Red Bull Arena (kick-off 8.00). **10.30** Pro League Hockey **11.30** UFC **2.30am** Fight Week **3.00** UFC **3.30** International T20 Cricket Highlights **4.30** The Football's On **5.30-6.00am** Champions League Classics

TNT Sports 3

Sky 417 Virgin 529 EE 410/HD 432

6.00am Fishing (AD) **7.00** French Football **2.00pm** Fishing (AD) **3.00** Champions League Magazine **3.30** International T20 Cricket Highlights **4.30** International One-Day Cricket **5.30** Surfing: the Pipe Pro Finals **6.30** Pro League Hockey **7.30** International T20 Cricket Highlights **8.30** Test Cricket Highlights **9.30-6.00am** **LIVE** Test Cricket New Zealand v South Africa, day two of the second and final Test from Seddon Park, Hamilton.

TNT Sports 4

Sky 421 Virgin 530 EE 411/HD 434

6.00am NBA Action (AD) **6.30** NBA on Fire **7.00** Boxing **9.00** Fishing (AD) **10.00** World Rally (AD) **10.30** NBA Action (AD) **11.00** NBA on Fire **11.30** NBA **4.00pm** NBA Action (AD) **4.30** NBA **9.00** Wrestling **11.30** Fight Week **12 midnight** Champions League Football **2.00am** Pro League Hockey **4.00** French Football: highlights (AD) **5.00-6.00am** MLB Classic

Wednesday

ACTING THE PART
Bill Bailey with the eight hopefuls (see below)



REALITY

Bring the Drama 9.00pm **BBC2** Catch up via iPlayer

NEW SERIES

Forget about the mic drop, what we're looking out for here is the pen drop. It's the moment prolific casting director Kelly Valentine Hendry halts her notetaking because a performance at an audition has impressed her so much. And those praying for that biro to slip through her fingers in this peppy new talent contest are eight hopefuls with dreams of becoming professional actors, but who perhaps haven't had the resources to achieve their ambition.

This, however, can be a brutal business, and TV drama doesn't come more fast-paced than the filming

schedule on a soap. So these wannabe screen stars, along with host Bill Bailey, are driven over to the set of *EastEnders*, where emotions must always be readily accessed.

The job at hand is to re-create a cliffhanger in the Queen Vic where Sonia is called upon to save the life of Phil's son Ben. But what's required are not impersonations of Natalie Cassidy and Steve McFadden, but a reinterpretation of the scene. Those who impress the most, in a reward reminiscent of *Bake Off's* Star Baker, get Actor of the Week. **DAVID BROWN** See feature: page 26

MEET THE CAST

1 GEORGE
62, retired police officer

2 LIZZIE
26, civil servant

3 DELASI
27, cab driver

4 LUCA
24, digital marketer

5 CHRIS
23, construction administrator

6 JANICE
67, healthcare assistant

7 JORDAN
27, barista

8 REHANNA
47, former child contact worker

ART

Landscape Artist of the Year

8.00pm **Sky Arts** Catch up via Now
"Today I can't find a view I'd paint, so we're asking a lot of our artists," says judge Tai Shan Schierenberg. And he's standing in front of Hever Castle in Kent, with its moat and topiary! But actually, there's a serious point to be made about the technical difficulties of rendering an architectural marvel, and avoiding anything too "chocolate box". The artists swerve this superbly, by means of collage, not using any green and an extremely clever crop.

Among the series' great pleasures are the half-time report, with the *Landscape* quartet comparing notes while sitting in director's chairs (all they need is some orange segments), and the judges' warm appreciation of all styles on show – there's no right or wrong here. **MARK BRAXTON**

DOCUMENTARY

Ambulance

9.00pm **BBC1** Catch up via iPlayer

For an episode postponed from last week, we're in Manchester in the spring. Fiftysomething Derek has put a ladder up a tree in his garden and fallen off. Paramedic Aiden reflects on the incident later with a nugget of medic's wisdom: "Live today. Tomorrow's never guaranteed." It's the kind of uncomplicated insight this series adds a little extra weight to.

It's also good at showing paramedics going the extra mile, even when patients claim they want to be left alone. One crew pursues an injured woman with suicidal thoughts through the rainy streets, trying to persuade her to get help, while another crew has a more uplifting call, helping a newborn baby – albeit one delivered in McDonald's.

DAVID BUTCHER

DRAMA

After the Flood

9.00pm **ITV1**

Full series available on ITVX

SERIES FINALE

We start with a Flood Warning, as there will now be a mention of last week's cliffhanger.

Ready? OK. So, when we left the tenacious Jo (Sophie Rundle), she was reeling from what ought to be known as the Broadchurch Bombshell – ie her husband appearing to be guilty as sin.

But do bear in mind that there's still this final hour to go, so further developments may be in store. What I will say is that some of what follows is guessable (Jo's late-stage pregnancy has very much been the Chekhov's gun of this series), but there are definite surprises when it comes to the capacity of people to be bad but also their instinct to do good. **DB**

DRAMA

Too Good to Be True

9.00pm **Channel 5** Catch up via My5

NEW SERIES

Even without the opening sequence of a woman and child being chased by someone in the dark

(followed by a "three weeks earlier" caption), we'd be suspicious about such an apparent change of fortunes for cleaner Rachel (Kara Tointon). A single mum, she's overworked, in debt and has an abusive ex, so it certainly does seem too good to be true when she's asked to work for an anonymous wealthy man whose hotel suite she had cleaned.

It's no better when she finally meets her good-looking employer Elliot (Allen Leech). He's generous and gets on famously with her son Liam (Charlie Hodson-Prior), but clearly something's not right. Continues tomorrow at 9pm. **JANE RACKHAM**

ALSO ON TODAY

Kirstie and Phil's Love It or List It

8.00pm **C4**

Kirstie Allsopp and Phil Spencer visit a couple in Stockport who have spent 14 years fostering more than 30 children.

Text Scams: Don't Get Caught Out

8.00pm **Channel 5**

The psychological impact that scams can have on victims, including a woman who lost £67,000 online.



Fire Country

9.00pm **Sky Witness**
After a building collapses, the team coordinate a rescue mission – while Sharon (Dianne Farr, left) must make a tough decision.

DRAMA

Domino Day

9.00pm **BBC3** Catch up via iPlayer

Up until now, Silas (Sam Howard-Sneyd) has remained on the periphery, from where he's been brooding away in his leather jacket in the dark on street corners like he's cosplaying as Angel from *Buffy*. But here we learn more about why Domino (Siena Kelly) cast a spell that resulted in his disappearance, though the reasons he has now returned aren't yet clear, even to him.

What is made plain is that Silas has had his magic "clipped" and now wants Domino's help in restoring his abilities. But Domino will need to work fast, as the coven hanging out in the plant shop believe that the unpredictable witch ought to have her powers severed before she does something catastrophic. **DB**

DRAMA

Miss Scarlet and the Duke

9.00pm **Alibi** Catch up via Now

Eliza Scarlet has many antagonists in Victorian London. Tonight's story sees her trying and failing to engage the help of Mr Potts (Simon Ludders), city coroner but also, of course, the fuddy-duddy suitor of her housekeeper/mother figure Ivy. Then they both witness a very theatrical death – that of an undertaker friend of Potts – and he is obliged to co-operate.

In the course of her inquiries, Eliza's fighting spirit is echoed by another resourceful woman. William, too, becomes involved in the case, despite working for a stretched-to-capacity Scotland Yard. It's a poignant mystery with moments to put smiles on fans' faces, but this story is all about the final act. **MB**

FACTUAL

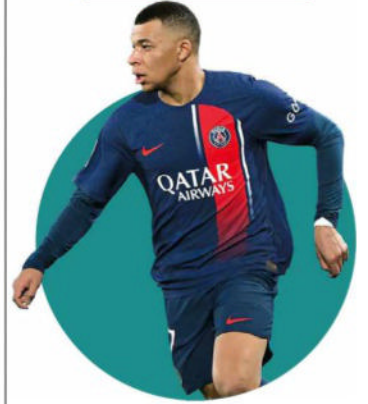
Johnny Vegas: Carry On Glamping

10.00pm **C4** Catch up: C4 streaming

It's been five months since Johnny Vegas had to step back from his Field of Dreams project because of ill health. Since then, the vandalised vehicles have been repaired, they've got planning permission for a full season of camping at Melbourne Hall and his team have been busy repurposing a houseboat, Puma helicopter and Rat Pack-inspired camper van.

There are ups and downs because, while he's beyond excited at the Puma, the boat is too cramped inside and yet Johnny wants a bathtub installed. Nobody seems able to say no to him, although his long-suffering assistant Bev gives as good as she gets. **JR**

LIVE SPORT



Football: Champions League

Paris Saint-Germain v Real Sociedad

7.30pm (k/o 8pm) **TNT Sports 2**
Last-16 action at Parc des Princes.

Could PSG star Kylian Mbappé (above) help his team finally secure the Champions League title?

Lazio v Bayern Munich
7pm (k/o 8pm) **TNT Sports 1**

Football: Championship

Millwall v Ipswich Town

7.30pm (k/o 8pm) **Sky Sports Main Event/Football**
Action from The New Den.

Tennis: Delray Beach Open
10.30pm **Sky Sports Main Event/Tennis** Day three in Florida.

FILM OF THE DAY



One Day ★★★ 12

6.40pm **Film4**

With a new series based on David Nicholls's bestseller on Netflix (see p33), here's a chance to catch the original film version. Anne Hathaway and Jim Sturgess play the sometime couple whose on-off relationship is charted on the same date every year. (2011)

FILM REVIEWS
page 87



STAR-CROSSED
Are Jack and Alice destined to be together?

DRAMA

Alice & Jack

9.00pm **C4** Catch up via C4 streaming

NEW SERIES

Blame *Normal People*. The phenomenal success of the BBC3 miniseries must have had TV commissioners gasping for similar dramedies about people in intense "situationships", who are pulled together and torn apart against a montage of half-lit snogging, melancholic music and very little plot. While some are charming (*Conversations with Friends* was compulsive and it's easy to get lost in Netflix's *One Day*), others take more time to warm to.

Alice (Andrea Riseborough) and Jack (Domhnall Gleeson) meet on a blind date. After a (frankly rather brusque) chat, they go back to her flat and are soon in a relationship – one so flimsy that to describe it as on/off would be too committed. After a while he's left in her slipstream wondering what happened. He pines, time passes and when their lives eventually converge some years later, everything has changed. More tomorrow at 9pm. **FRANCES TAYLOR** See page 22

WEDNESDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Sally Nugent, Ben Thompson. (S) (HD)
9.30 Morning Live Michelle Ackerley and Gethin Jones present the weekday magazine show. (S) (HD)
10.45 Dr Xand's Con or Cure Dr Xand delves into the tongue-scraping trend and dermatologist Dr Ophelia Veraitch looks at collagen supplements. (S) (HD)
11.15 Homes under the Hammer Properties in Norfolk, Southampton and Stoke-on-Trent. (R) (S) (AD) (HD)
12.15pm Bargain Hunt Christina Trevanion and the teams shop for antiques in Peterborough. (R) (S) (AD) (HD)
1.00 BBC News Regional News; Weather (S) (HD)
1.45 Doctors Suni faces the review panel. (S) (AD) (HD)
2.15 Clean It, Fix It Meeting a craft enthusiast from south London who wants to transform her spare room into a teaching space. Repeated tomorrow 7.15am BBC2 (S) (HD)
3.00 Escape to the Country Steve Brown helps a couple search for a new home in Cornwall. (R) (S) (AD) (HD)
3.45 The Repair Shop Items include an elegant wooden desk and a swimming trophy. (R) (S) (AD) (HD)
4.30-5.15 Antiques Road Trip Dutch dishes, a south Indian lamp and a Chinese canister are among the items unearthed on the Isle of Wight. (R) (S) (HD)

BBC2

6.30am Bargain Hunt Shown Monday 12.15pm BBC1 (S) (AD) (HD)
7.15 Clean It, Fix It Shown yesterday 2.15pm BBC1 (S) (HD)
8.00-9.00 Sign Zone **8.00 Amanda and Alan's Italian Job 1/8 Series 2.** Alan Carr buys a rundown 17th-century house with a medieval watchtower. (R) (S) (AD) (HD) **8.30 Robson Green's Weekend Escapes 5/15 Series 2.** Robson, his brother David and uncle Matheson visit the Yorkshire Dales. (R) (S) (AD) (HD)
9.00 BBC News (S) (HD)
9.00 BBC RED BUTTON 10.00am-4.30pm Snooker Live coverage of the Welsh Open from Venue Cymru in Llandudno
1.00pm Impossible Quiz with Rick Edwards. (R) (S) (HD)
1.45 The Tournament Quiz with Alex Scott. (R) (S) (HD)
2.30 The Farmers' Country Showdown Two farming families sell their local meat and cheese at Ripley Farmers' Market in Surrey. (R) (S) (HD)
3.15 The Great British Sewing Bee The quarter-finalists make 1930s-style sailor trousers. (R) (S) (AD) (HD)
4.15-5.15 New Zealand: Earth's Mythical Islands How the arrival of humans affected wildlife. (R) (S) (AD) (HD)

ITV1

6.00am Good Morning Britain (S) (HD)
9.00 Lorraine Showbiz and style tips. (S) (HD)
10.00 This Morning Lifestyle advice, competitions and star interviews. Including **Regional Weather** (S) (HD)
12.30pm Loose Women The regular panellists and their guests put the world to rights once more. (S) (HD)
1.30 ITV Lunchtime News Regional News; Weather (S) (HD)
2.00 Jimmy's Taste of Florida On the west coast, Jimmy Doherty takes to the water with skipper Mark and learns more about a local delicacy, before trying his hand at catching one. Signed repeat 5.05am (S) (AD) (HD)
3.00-4.00 Lingo Sutandra and Sagarika, Kelly and Joe, and David and Tommy battle to win the jackpot. Adil Ray hosts. (R) (S) (HD) Followed by **Regional Weather**

Channel 4

6.10am Countdown Tim Rice guests. (R) (S) (HD)
6.50 Cheers Double bill of the comedy. (R) (S) (HD)
7.40 3rd Rock from the Sun (R) (S) (AD)
8.30 Everybody Loves Raymond (R) (S) (AD) (HD)
10.00 Frasier Double bill of the comedy. (R) (S) (AD)
11.00 The Great House Giveaway A house in the south Wales Valleys. (R) (S) (HD) **12 noon News** (S) (HD)
12.05pm Sun, Sea and Selling Houses In Almería, Sharon and Shaun search for a countryside villa for a couple who want to move to Spain. (R) (S) (HD)
1.05 Find It, Fix It, Flog It Transforming four bar stools and two old sheepshearer seats. (R) (S) (AD) (HD)
2.10 Countdown With guest Tim Rice. (S) (HD)
3.00 A Place in the Sun A couple look for a holiday home in the hillside villages of western Cyprus. (R) (S) (HD)
4.00-5.00 A New Life in the Sun The heat is on for Lancashire couple Bev and Graeme in Bulgaria, and a race to the finish line is in store for Josie and Steve at their B&B in Almería. Repeated 6pm 4seven (S) (HD)

BBC1

1

EastEnders

7.30pm George finally learns the truth about his childhood during a chat with Eddie



5.15pm Pointless

With Alexander Armstrong and Alex Brooker. (R) (S) (HD)

6.00 BBC News Weather

(S) (HD)

6.30 Regional news magazines

(S) (HD)

Followed by **Party Political Broadcast**

By the Labour Party. (S) (HD)

7.00 The One Show

Presented by Jermaine Jenas and Alex Jones.

Editor Joanne Vaughan-Jones (S) (HD)

7.30 EastEnders

George engages in a painful confrontation with his dad. Gloria tries to explain herself to Elaine.

George Knight	Colin Salmon	Ricky Mitchell	Frankie Day
Eddie Knight	Christopher Fairbank	Ollie Carter	Harry Farr
Gloria Knight	Elizabeth Counsell	Janet Mitchell	Grace
Elaine Peacock	Harriet Thorpe	Pearl Fox	Ayarah Harris-Buckle
Arthur Fowler	Rocco Brenner	Tommy Moon	Sonny Kendall
Ernie Moon	Cody Briffett	Denzel Danes	Jaden Ladega
Bert Moon	Elliot Briffett	Will Mitchell	Freddie Phillips
Lexi Pearce	Isabella Brown	Lily Slater	Lillia Turner
Raymond Dawkins	Michael Jose Pomares Calixte	Lauren Branning	Jacqueline Jossa
Davinder "Nugget" Gullati	Juham Rasul Choudhury	Penny Branning	Kitty Castledine
Amey Mitchell	Elie Dadd	Johnny Carter	Sophie Khan Levy
Writer Lauren Klee	More cast Thursday (S) (AD) (HD)	Gerald	Charlie Sufi
			Geoff McGivern

8.00 The Repair Shop

Jay Blades welcomes more people with treasured items in need of restoration into the barn. Wood restorer Will Kirk works his magic on a battered old kitchen table that's been in a family for generations, while master cobbler Dean Westmoreland tries to put a gleam back on a scuffed pair of giant clown shoes. A Victorian diorama of a horse-racing scene made of wood and cardboard presents an exciting challenge for expert David Burville, and the owner of a beloved toy bear that he has had since birth hopes Amanda Middleditch and Julie Tatchell can do something about its decrepit state of repair. A box set is on iPlayer.

Director Rich Merritt; Series producers Tanveer Bari and Rebecca McLaughlin (R) (S) (AD) (HD)

9.00 Ambulance

2/6 Series 12. Jodie and Tom are dispatched to a category one emergency for a patient with a history of carrying weapons, and Aaron and Emily are called to a patient in a mental health crisis who has absconded from hospital. Elsewhere a call is received for a woman who didn't know she was pregnant but is in the process of giving birth, and Aiden is sent out to an emergency for a patient reported to be unconscious and not breathing on a balcony. A box set of previous episodes is on iPlayer. **See page 80.**

Series producer Tasha McLintock; Executive producers Simon Ford and Peter Wallis-Taylor Postponed from Wednesday 7 February (S) (HD)

10.00 BBC News Regional News; Weather

(S) (HD)

10.40 The Last Letter from Your Lover ★★

P Romantic drama with Felicity Jones and Shailene Woodley. In present-day London, journalist Ellie discovers a stash of love letters from 1965 and tries to uncover the identities of the couple involved. Meanwhile, in the 1960s, married socialite Jennifer awakes with amnesia following a head injury and pieces together the details of her affair with Anthony, a journalist. On iPlayer for 30 days. **Review page 87.**

Ellie Haworth Felicity Jones Laurence Stirling Joe Alwyn
Jennifer Stirling Shailene Woodley Rory Nabhaan Rizwan
Anthony O'Hare Callum Turner Older Anthony Ben Cross
Director Augustine Frizzell (2021, 12) (S) (W) (HD)

12.25am Would I Lie to You? 7/9. With guests Sinitta, Jo Brand, Ivo Graham and Johnny Marr. Shown last Friday (S) (HD)

12.55 Weather for the Week Ahead (S) (HD)

1.00-6.00am BBC News (S) (HD)

BBC1 Freeview 1/HD 101 Freesat 101 Sky 101 Virgin 101

BBC2

2

Bring the Drama

9.00pm Kelly Valentine Hendry and Bill Bailey host a talent show for budding actors



5.15pm Flog It!

From Down, Worcestershire and Somerset. (R) (S) (HD)

6.00 Richard Osman's House of Games

Former winners Kaye Adams, Alex Brooker, Kiell Smith-Bynoe and Isy Suttie take part. (S) (HD)

6.30 Rick Stein's Food Stories

3/15. Lincolnshire. The chef meets inventor James Dyson at his "farm of the future" where strawberries, tended by robots, are grown all year round. Elsewhere, chef Rachel Green cooks Rick some traditional plum bread and later he meets pig farmers producing some of the county's finest sausages. (S) (AD) (HD)

7.00 Marcus Wareing's Tales from a Kitchen Garden

Marcus gets ten new piglets for the farm, builds a fire pit with help from chef Chris Taylor, and has a go at hedge laying and ploughing.

Director Ollie Scarth-Saunders

Series producer Bridget Gregory (Revised rpt) (S) (HD)

9.00 BBC RED BUTTON 7.00-10.00 Snooker

Live coverage of the Welsh Open from Venue Cymru in Llandudno

8.00 Great British Menu

The remaining Scotland chefs tackle the next round using the theme of the Olympics and Paralympics.

Mains are roe deer and haggis with a French twist, an Athenian feast of lamb, and an Indian take on a British classic – the Sunday roast. Desserts comprise a white chocolate cheesecake, a rugby ball-shaped crepeux, and another crepeux inspired by Paralympian archer Nathan MacQueen. Continues tomorrow 8pm.

Director François Gandolfi

Series producers Avril Beaven and Liz Rumbold (S) (HD)

9.00 Bring the Drama

New series. 1/6. Soaps. Bill Bailey hosts as eight

aspiring actors are mentored over six weeks by casting director Kelly Valentine Hendry, working on the sets of some of the UK's best-loved dramas. They start out in the world of soaps, and it's a baptism of fire as they head to the set of *EastEnders*, where guest mentor Natalie Cassidy wants to see emotion on camera as they try to re-create one of her character Sonia Fowler's greatest scenes. If they don't work together as a cast, it will cost them dear. **See p80.**

Executive producers Emily Smith and Alan Brown

Repeated tomorrow 12.15am (S) (AD) (HD)

See feature: page 26

10.00 Inside No 9

Series 8. Love Is a Stranger. When Vicky decides to try online dating, she hopes to meet her match. But will she end up chatting to the Lonely Hearts Killer?

Vicky Manny Claire Rushbrook Edgar Mathew Horne
Manny Steve Pemberton Lesley Frances Barber
Norman Reece Shearsmith Jai Asim Chaudhry

Writers Reece Shearsmith and Steve Pemberton

Director Jesse Quinones; Producer Kim Crowthor (R) (S) (AD) (HD)

10.30 Newsnight

With Kirsty Wark. (S) (HD)

11.10 Weather

(S) (HD)

11.15 Unspun World with John Simpson

The week's major global news stories. (S) (HD)

11.45 The Space Shuttle That Fell to Earth

1/3. The story of the *Columbia* disaster of 2003, featuring personal stories. **See choice, page 60.**

Shown Monday 9pm (S) (AD) (HD)

12.45-3.30am Sign Zone

12.45 Make It at Market

Furniture maker Martin and stained-glass artist Charlotte try to turn their hobbies into businesses. (R) (S) (AD) (HD)

1.30 Great British Menu

The chef representing London and the South East is chosen. Shown last Thursday (S) (HD)

2.30 Antiques Roadshow

Fiona Bruce and the experts visit Crystal Palace Park in south-east London. (R) (S) (HD)

BBC2 Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102

ITV1

3

After the Flood

9.00pm Jo and Molly search for the truth as the town faces up to another deluge



4.00pm Tipping Point

Three contestants answer questions and take turns on the supersized arcade machine in an attempt to walk away with a potential jackpot of £20,000. Ben Shephard presents. (S) (HD)

5.00 The Chase

Bradley Walsh presents as Paul, Bethan, Claire and Niraj attempt to outrun one of the mighty Chasers and scoop the contents of a prize pot potentially worth thousands of pounds. (S) (HD)

6.00 Regional News Weather

(S) (HD)

6.20 Party Political Broadcast

By the Labour Party. (S) (HD)

6.30 ITV Evening News Weather

(S) (HD)

7.30 Emmerdale

Belle is sad about the absence of her parents, Tom storms off, and the penny drops for Ruby. Writer Julie Parsons. Cast Thursday/Friday (S) (AD) (HD)

8.00 Coronation Street

Leanne catches Nick off guard with a marriage proposal. Maria takes action when Liam refuses to go to school. Bobby finds he has competition for Lauren's affections. Amy walks in on Tracy and Tommy while they are having a row. Writer Mark Burt. Cast Monday/Tuesday (S) (AD) (HD)

9.00 After the Flood

RT 6/6. **Breaking Cover.** As Waterside braces itself for another flood, Jo finally uncovers the answers she's been searching for – but the truth is set to change everything. **See page 80.**

Joanna Marshall Sophie Rundle Jack Radcliffe
Tasha Eden Anita Adam Gaby Daniel Eden
Lee Ellison Jonas Armstrong PC Gibson
DCI Roy Daniel Betts Greg Gidley
Sarah Mackie Jacqueline Boatswain Emma
Sgt Phil Mackie Nicholas Gieves DS Babak
Pat Holman Matt Stokoe Leylo
Deepa Das Tripti Tripathi Andrew
Molly Marshall Lorraine Ashbourne Chris Robinson
Writer Mick Ford; Producer Juliet Charlesworth
Director Azhur Saleem (S) (AD) (HD)

10.00 ITV News at Ten

Weather; Regional News and Weather (S) (HD)

10.45 Notting Hill ★★★★★

Romantic comedy starring Julia Roberts and Hugh Grant. An American movie star bumps into a humble London bookshop owner and they embark on an unlikely affair. But their relationship soon comes under strain when the press learns of their romance. **Review page 87.**

Anna Scott Julia Roberts Rufus the thief Dylan Moran
William Thacker Hugh Grant Time Out journalist Julian Rhind-Tutt
Spike Rhys Ifans 12-year-old actress Mischa Barton
Bernie Hugh Bonneville Loud man in restaurant
Honey Emma Chambers Sanjeev Bhaskar
Max Tim McInnerny Perfect girl Emily Mortimer
Martin James Dreyfus Jeff King Alec Baldwin
Bella Gina McKee Fan receiving Anna's autograph
Tony Richard McCabe Joe Cornish
Director Roger Michell (1999, 15) (S) (AD) (W) (HD)

12.45am Home Shopping (HD)

3.00 Rishi Sunak: Up Close – Tonight Anushka Asthana profiles prime minister and Conservative leader Rishi Sunak. Shown last Thursday (S) (SL) (HD)

3.25 Big Zuu's 12 Dishes in 12 Hours 3/6. The rapper and chef takes actress Anna Maxwell-Martin on a culinary tour of Amsterdam. (R) (S) (SL) (AD) (HD)

4.00 Unwind A sequence to calm the mind. (S) (HD)

5.05–6.00am Jimmy's Taste of Florida Jimmy Doherty heads to Florida's west coast, where he tries to catch a local delicacy. Shown 2pm (S) (SL) (AD) (HD)

ITV1 Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 103

+1 Freeview 35 Freesat 112 Sky 203 Virgin 303

Channel 4

4
7 in Wales

Alice & Jack

9.00pm Andrea Riseborough and Domhnall Gleeson star in a drama about modern love



5.00pm Château DIY

Becky and Mark prepare for an open day attended by 50 guests at their new gîte. Sarah and George host a wedding during a heatwave. Repeated tomorrow 4pm 4seven (S) (AD) (HD)

6.00 Come Dine with Me

Influencer and model Thandie serves an exotic menu at the third dinner party in Bolton. (S) (HD)

6.30 The Simpsons

Love Is a Many-Splintered Thing. Homer lands himself in the doghouse. (R) (S) (AD) (HD)

7.00 Channel 4 News Sport; Weather

(S) (HD)

8.00 Kirstie and Phil's Love It or List It

Ep 9 Series 9. Kirstie Allsopp and Phil Spencer visit Stockport to help Jacqueline and Renee, who have devoted the last 14 years to fostering more than 30 children. Renee is ready to sell their six-bedroom property after a previous ground-floor renovation failed to solve their space issues, but Jacqueline believes that, with some alterations, it could be their perfect home. While Kirstie devises a plan to improve the downstairs layout, Phil shows the pair some spectacular houses. Series producer James Marx; Executive producer Jonny Wharton. Repeated tomorrow 8pm 4seven (S) (AD) (HD)

9.00 Alice & Jack

RT **New series. 1/6.** Romantic drama starring Andrea Riseborough and Domhnall Gleeson. When Alice and Jack meet, they form a powerful, seemingly unbreakable connection. But a trauma from Alice's past leads her to reject Jack, who proceeds to find solace in other, less profound relationships. Continues tomorrow 9pm. **See p81.**

Writer Victor Levin; Directors Juho Kuosmanen; Exec producers Juho Kuosmanen, Andrea Riseborough and Domhnall Gleeson. Cast tomorrow (S) (AD) (HD)

See feature: page 22

10.00 Johnny Vegas: Carry On Glamping

RT 4/6 **Series 2.** The planning issues have been resolved and a full glamping season beckons, but it begins in just three weeks' time and there's a lot of work to do. When presented with the repurposed boat, Johnny asks for a rebuild, including the addition of a bathtub, even though time is fast running out. Meanwhile, aviation expert Stu is nervous about unveiling the overhauled helicopter, and heavy downpours spell trouble in the final stages of preparation. The whole series is available to stream. **See p81.**

Series director Will Fisher; Series producer Stephen Leigh. Repeated tomorrow 9pm 4seven (S) (AD) (HD)

11.05 First Dates: Be My Valentine

Ep 6. An online content creator, a nonagenarian and a journalist are among those looking for love. **See choice, page 71.** Shown yesterday 9pm (S) (AD) (HD)

12.05am Open House: the Great Sex Experiment

A couple explore whether opening up sexually to other people will future-proof their relationship. (R) (S) (AD) (HD)

1.00 Ramsay's Kitchen Nightmares USA

The chef helps Lido Di Manhattan in California. (R) (S) (SL) (HD)

1.50 Insidious: the Last Key ★★

Supernatural horror starring Lin Shaye. Psychic Elise Rainier attempts to exorcise her haunted childhood home. Director Adam Robitel (2018, 15) (S) (SL) (W) (HD)

3.35 Couples Come Dine with Me

A fruity Hawaiian feast and Indian fare are served in Cardiff. (R) (S) (SL) (HD)

4.25 Kirstie and Phil's Love It or List It: Brilliant Builds

Looking back on two period properties. (R) (S) (AD) (HD)

5.20–6.10am Undercover Boss USA

Singer/songwriter Jewel goes under cover as an event planner. (R) (S) (HD)

Channel 4 Freeview 4/HD 104 Freesat 104 Sky 104 Virgin 104

+1 Freeview 15 Freesat 121 Sky 204 Virgin 304

BBC4

9
24 in Scotland

Lady Chatterley

10.00pm Sean Bean and Joely Richardson star in the hit 1993 drama series



7.00pm Dynasties

5/5 Series 1. Tiger. A tigress, Raj Bhera, and her litter of four cubs face rivalry for their territory on a reserve in Bandhavgarh National Park, central India. Chief among the other tigers competing for the resources Raj Bhera enjoys is one of her own adult offspring. Narrated by David Attenborough. More tomorrow 7pm. A box set is on iPlayer. Repeated 1.30am (R) (S) (AD) (HD)

8.00 Invasion! with Sam Willis

2/3. Sam Willis relates the tale of King Louis the Lion, a French king who invaded Britain in 1216 on the invitation of some scheming noblemen. He was even crowned at St Paul's Cathedral, but politely retreated when asked. Sam also charts the invasion attempt by 15th-century imposter Perkin Warbeck. Director Colin Murray. Executive producer Debbie Christie (R) (S) (HD)

9.00 Rise of the Nazis

2/3 Series 1. The First Six Months in Power. In 1933, Hitler is chancellor of Germany but does not have absolute power, so he sets about dismantling the state. When the Reichstag is set on fire, the Nazis pin the blame on the left, and Hitler pushes through laws to suspend democracy and restrict the freedom of the Jewish population. A box set is on iPlayer.

Adolf Hitler Hermann Göring
Mindaugas Capas Juozas Budraitis
Paul von Hindenburg Ernst Röhm
Heinrich Himmler Josef Hartinger
Director Julian Jones; Producers Ella Wright and Catalina Bingham. Rptd 2.30am (R) (S) (AD) (HD)

10.00 Lady Chatterley

1/4. Ken Russell's 1993 adaptation of DH Lawrence's controversial novel, *Lady Chatterley's Lover*. An aristocratic woman, stifled by a sexless marriage, embarks on an affair with her husband's gamekeeper.

10.50 2/4. Sir Clifford employs a nurse to look after him, leaving his wife with more time to devote to her clandestine relationship with Mellors.

11.45 3/4. As Connie's marriage begins to fall apart, she decides to spend the summer with her father.

12.35am 4/4. While Connie relaxes on holiday, dramatic developments begin to unfold back at home.

Lady Connie Chatterley Oliver Mellors
Sir Clifford Chatterley Mrs Bolton
Hilda Sir Michael Reid Rector Ashby
Duke of Oaklands Duchess of Oaklands
Simpson Mrs Mellors Betty Mellors
Field
Writer/Director Ken Russell. First shown on BBC1 (S)

1.30 Dynasties

Shown 7pm (S) (AD) (HD)

2.30–3.30am Rise of the Nazis

Shown 9pm (S) (SL) (AD) (HD)

BBC4 F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

BBC1 SCOTLAND

6.30–7.00pm Reporting Scotland; Party Political Broadcast: by the Scottish Labour Party
8.00–9.00 Antiques Roadshow **10.40** SportsScene: Premiership Highlights **11.25** Debate Night **12.25am** The Edit **12.40 FILM:** The Last Letter from Your Lover **2.25** Weather for the Week Ahead **2.30–6.00** BBC News

BBC SCOTLAND

7.00pm This Farming Life **8.00** Secret Body **9.00** The Nine **10.00** Jules and Greg's Wild Swim **10.30** Debate Night **11.30–12 midnight** The Trials That Shocked Scotland

STV

6.20–6.30pm Party Political Broadcast: by the Scottish Labour Party **10.40** Scotland Tonight **11.05** Joanna Lumley's Spice Trail Adventure **12 midnight** –**3.00am** Night Vision **4.00–5.05** Night Vision

ITV1 BORDER SCOTLAND

6.20–6.30pm Party Political Broadcast: by the Scottish Labour Party

BBC1 WALES

6.30–7.00pm BBC Wales Today; Party Political Broadcast: by the Welsh Labour Party **10.00** BBC News; BBC Wales Today; Weather **10.45–12.25am** **FILM:** The Last Letter from Your Lover **12.55–6.00** BBC News

BBC2 WALES

9.00am BBC News **10.00** Snooker **4.30–5.15pm** The Farmers' Country Showdown **7.00–8.00** Snooker **10.00–10.30** Mastermind **11.15** Snooker **12 midnight** Unspun World with John Simpson **12.30–12.45am** Hairly Bikers: Teatime Treats

ITV1 WALES

6.20–6.30pm Party Political Broadcast: by the Welsh Labour Party

BBC1 NORTHERN IRELAND

6.30–7.00pm BBC Newsline **10.40** Nolan Live **11.40 FILM:** The Last Letter from Your Lover ★★ Romantic drama starring Felicity Jones **1.25am** Would I Lie to You? **1.55–6.00** BBC News

BBC2 NORTHERN IRELAND

10.00–10.30pm Our Flag Means Death

Channel 5
listings are overleaf

WEDNESDAY Freeview

Channel 5

5



Too Good to Be True 9.00pm Mum Rachel gets an offer she can't refuse

5.35am Milkshake! See page 86.
9.15 Jeremy Vine (S) (HD)
11.15 Storm Huntley (S) (HD)
12.45pm Alexis Conran and Friends (S) (HD)
1.40 5 News (S) (HD)
1.45 Home and Away Dana goes in to bat for John, and Alf is in over his head. Shown yesterday 6.30pm 5 Star (S) (AD) (HD)
2.15 A Dangerous Affair ★★ Drama. After the death of her son, Olivia moves to a new town and befriends Shane. When Shane's wife goes missing, Olivia is suspected. Directors Spiro Grant, Jason Wan Lim (S) (W) (HD)
4.00 Bargain-Loving Brits in the Sun Drag artist Wayne and his husband cook meals for the homeless. (R) (S) (AD) (HD)

5.00pm 5 News (S) (HD)
6.00 Susan Calman's Grand Day Out Exploring Cornwall's coast, taking in the delights from Charlestown. (R) (S) (HD)
6.55 5 News Update (S) (HD)
7.00 Shoplifters: Caught Red Handed Undercover private detectives Steve and Adam witness a woman trying to steal bottles of booze, and in Newton Abbot, Vasin spots a prolific shoplifter. (S) (HD)
7.55 5 News Update (S) (HD)

8.00 Text Scams: Don't Get Caught Out
 Alexis Conran learns about the devastating psychological impact that scams can have on victims, including a woman who lost £67,000 in an online romance fraud. Series producer Phil Stein (S) (HD)

9.00 New series. Too Good to Be True

RT 1/4. Drama starring Kara Tointon. Single mum Rachel works to provide for her son, but after she accepts a job offer from a wealthy man, she becomes suspicious of his intentions. Continues tomorrow at 9pm. See page 80.

Rachel Elliot
 Liam Simone
 Jasmine Geoff
 Keiron Martin
 Michelle Teacher
 Shopkeeper
 Police Officer
 Receptionist
 Writer Cameron McAllister; Producer John Wallace
 Director Megan K Fox (S) (HD)

10.00 Ambulance: Code Red
 First responders arrive after a joiner collapses from a cardiac arrest. (S) (HD)
11.05 999: Emergency Call Out
 The Kent Joint Response Unit head to a car that has been rolled over. Series producer Matt Holden (R) (S) (HD)

12.05am Motorway Cops: Catching Britain's Speeders in Cheshire (R) (S) (HD) **1.00 Casino** (S) (HD) **3.00 The Great British Bake-Off** (R) (S) (HD) **4.15 House Doctor** (R) (S) (SL)
4.40 Wildlife SOS (R) (S) (SL) **5.30-5.35am Entertainment News** (S) (HD)
CS Freeview 5/HD 105 Freesat 105 Sky 105 Virgin 105
+1 Freeview 38 Freesat 128 Sky 205 Virgin 305

BBC4 listings are overleaf

BBC3

23



Domino Day 9.00pm The young witch gets into more trouble in Manchester

7.00pm Top Gear
 The hosts attempt to prove that cars can be art. More tomorrow 7pm. (S) (HD)
 Followed by **New. The Catch Up** (S) (HD)
8.00 Ghosts US
14/22 Series 2. Trevor receives disturbing news about his parents. (S) (HD)
8.25 15/22. Sam and Jay help Thorfinn create a perfect first date with Flower. More tomorrow 8pm. (S) (HD)

8.45 Zen Motoring
 Ogmios tests out his prototype "gentle beep", to take to a different realm. (S) (HD)
9.00 New. Domino Day
RT 3/6. Domino is thrown by the reappearance of her ex-boyfriend who wants to pick up where they left off. The series is on iPlayer. See p81. (S) (AD) (HD)

9.45 Weird Science ★★
 Comedy fantasy starring Anthony Michael Hall and Kelly LeBrock. Computer nerds Gary and Wyatt summon up the computer-generated woman of their dreams. On iPlayer for 24 days. Director John Hughes (1985, 12) (S) (W) (HD)

11.15 Paranormal: the Girl, the Ghost and the Gravestone
 3/4. Sian Eleri's probe into the haunting of Penryffordd Farm continues. (S) (AD) (HD)
11.45 4/4. Sian meets an exorcist. The whole series is on iPlayer. (S) (AD) (HD)
12.15am Domino Day (S) (AD) (HD) **1.00 Fresh Cops** (S) (HD) **2.00 Paranormal: the Girl, the Ghost and the Gravestone** (S) (AD) (HD)
3.00-3.45am Domino Day (S) (SL) (AD) (HD)

BBC3 Freeview 23/HD 107 (not Scot/Wales) **Freesat** 107 Sky 115 (117 Wales; 121 Scotland) **Virgin** 107 (157 Scotland/Wales)

ITV2

6

6.00am CITV (HD) **9.00 Chuck** (S) (HD)
10.00 One Tree Hill: two episodes (S) (HD)
12 noon Secret Crush (S) (HD) **1.00pm Dress to Impress** (S) (HD) **2.00 Alan Carr's Epic Game Show** (S) (AD) **3.00 One Tree Hill** (S) (HD) **5.00 Dress to Impress** (S) (HD)

6.00pm Celebrity Catchphrase Stephen Mulhern welcomes Rickie Haywood-Williams, Roisin Conaty and Sunetra Sarker. (S) (AD) (HD)
7.00 Ant & Dec's Limitless Win The quiz that offers contestants a stab at the biggest cash prize in British TV history. How high will Zee and his father Tony climb? (S) (AD) (HD)
8.00 Superstore 6/22 Series 3. Jonah and Amy offer an alternative to Cloud 9's terrible health insurance plan. (S) (AD) (HD)
8.30 7/22. Amy turns a dull Christmas Eve into a holiday adventure. Garrett and Jonah's roommate issues boil over. (S) (AD) (HD)
9.00 New. Love Island: All Stars As the clock ticks down to the finale, the tension in the villa is reaching boiling point. (S) (HD)
10.05 Deep Fake Neighbour Wars 5/6 Andy Murray and his mum Lorraine Kelly clash with RuPaul over noisy chickens. (S) (HD)
10.35 6/6. Harry Kane is in dispute with his clumsy neighbour Stormzy when Gal Gadot comes to the rescue. (S) (HD)

11.05 Family Guy Series 11. Brian is visited by all of his former girlfriends and Quagmire is transformed into a woman. (S) (AD) (HD)
11.35 Series 7. Stewie persuades Brian to take it slow with his new girlfriend Carolyn, but she soon grows impatient. (S) (AD) (HD)
12.05am American Dad!: double bill (S) (AD) (HD)
1.00 Superstore (S) (AD) (HD) **2.00 Ruby Speaking** (S) (HD) **2.30-3.00am Unwind** (S) (HD)
ITV2 Freeview 6 Freesat 113 Sky 118 Virgin 115
+1 Freeview 29 (7am-2am) Freesat 114 Sky 218 Virgin 315

ITV3

10



Midsomer Murders 8.00pm Barnaby and Winter unravel a web of lies

6.00am Classic Emmerdale (S) **7.00 Classic Coronation Street** (S) (AD) **8.05 Where the Heart Is: 2/16 Series 5. Runaways.** Stephen is faced with a dilemma. Rptd 1.15am; **9.10 3/16 Sanctuary.** Karen clashes with Dr Kenworthy (S) (AD) **10.15 Agatha Christie's Poirot: Peril at End House** 2/2. Poirot has doubts about the woman he has met (S) (AD) (HD) **11.30 The Royal: 5/12 Series 4.** Samantha receives bad news. Repeated 12.25am (S) (AD)
12.35pm Heartbeat: 20/24. Nick, Jo and Katie prepare to leave (S) (AD) **1.35 Classic Emmerdale: double bill.** Bob decides to embark on a new career, then Turner is asked to make a TV appeal (S) **2.40 Classic Coronation Street: double bill.** Sarah finds Todd and Karl together, then Les plies Janice with drink (S) (AD)
3.45 Foyle's War: The German Woman A German woman is found dead (S) (AD) (HD)

5.55pm Heartbeat
21/24 Series 7. A former PoW causes chaos in the village and Greengrass is fleeced by a pair of con men. (S) (AD)
6.55 22/24. A girl takes an overdose, while Blaketon becomes very secretive when his car goes missing. (S) (AD)

8.00 Midsomer Murders
Series 19. The Village That Rose from the Dead. The village of Little Auburn, abandoned since the war, is going to be reoccupied - but then a man is found murdered at its grand reopening. (S) (AD) (HD)

10.00 Trial and Retribution
Blue Eiderdown 2/2. Walker takes Jonathan Southwood in for questioning, while Connor goes under cover at a private club. From 2004. A new two-part story starts tomorrow 10pm. (S)

11.30 The Ruth Rendell Mysteries
Going Wrong 2/3. Guy asks Danny to kill Leonora's brother - but when he learns of an impending marriage, he realises he has targeted the wrong man. With James Callis. Concludes tomorrow 11.30pm. (S)

12.25am The Royal Shown 11.30am (S) (SL) (AD)
HD 1.15 Where the Heart Is Shown 8.05am (S) (AD) **2.05-2.30am Unwind** (S) (HD)

ITV3 Freeview 10 Freesat 115 Sky 119 Virgin 117
+1 Freesat 116 Sky 219 Virgin 317

ITV4

26

6.00am The Best of the 90s (S) (HD) **6.10 Minder** (S) (SL) (AD) **7.15 The Professionals** (S) (SL) (AD) **8.15 The Saint** (S) **9.20 The Casebook of Sherlock Holmes** (S) (AD) **10.30 Magnum, PI** (S) (AD) **11.30 The Saint** (S)
12.35pm The Casebook of Sherlock Holmes (S) (AD) **1.40 Kojak** (S) (HD) **2.40 Magnum, PI** (S) (AD) **3.40 Minder** (S) (AD) **4.50 The Professionals** (S) (AD) **5.55 BattleBots** (S) (HD)

7.00pm The Chase Celebrity Special
 Bradley Walsh hosts as I'm a Celebrity... veterans AJ Pritchard, Hollie Arnold, Giovanna Fletcher and Russell Watson take on one of the six formidable Chasers. (S) (HD)
8.00 FILM Rocky Balboa ★★ Boxing drama starring, written and directed by Sylvester Stallone. A TV sports show airs a computer-simulated fight between ex-heavyweight champ Rocky Balboa and current title holder Mason "The Line" Dixon. Dixon's management entertain the idea of a real-life bout. **Review p87.** (S) (AD) (W) (HD)
10.10 New. All Elite Wrestling: Collision
 Action from AEW's newest show. (S) (HD)
12.10am EFL Highlights (S) (HD) **1.40 Minder** (S) (SL) (AD) **2.30-3.00am The Protectors** (S) (SL) (HD)

ITV4 Freeview 26 Freesat 117 Sky 120 Virgin 118
+1 Freesat 118 Sky 220 Virgin 318

Drama

20



The Inspector Lynley Mysteries 8.00pm The detective returns home

7.10am All Creatures Great and Small Rptd 4.10pm (S) **8.00 Doctors: double bill.** Ben encounters a racist patient, then a temporary receptionist causes a stir **9.20 Classic Holby City: Raf** is thrown by an unexpected request from Amy Rptd 3am (S) (HD) **10.40 Classic Casualty: a pair of twins** are both taken ill (S)
11.40 The Bill: Gina gets devastating news
12.40pm Classic EastEnders: double bill. Zoe tries her seduction technique out on someone other than Dennis, then Alfie and Little Mo get closer **2.00 Monarch of the Glen: 5/10 Series 4.** A group of naturalists camps at Glenbogle (S) **3.10 Kingdom: 3/6 Series 3.** A complex moral case emerges at the local medical research facility. Repeated 2am (S) **4.10 All Creatures Great and Small: 2/14 Series 2. Attendant Problems.** A stray dog worries a flock of sheep Shown 7.10am (S)
5.20 Terry and June: 6/6 Series 3. An all-expenses-paid weekend beckons

6.00pm As Time Goes By
8/10 Series 4. Wedding Day Nerves
 Lionel gets cold feet about the wedding. (S)

6.40 Last of the Summer Wine
Series 31. Happy Camping. Pearl throws Howard out of the house. (S) (HD)

7.20 The Rights of Man (Except for Howard). Stella sniffs out a smoker. (S) (HD)

8.00 The Inspector Lynley Mysteries
3/4 Series 2. A Suitable Vengeance
 Lynley returns to his ancestral home to celebrate his engagement. (S)

10.00 New Tricks
5/10 Series 9. Body of Evidence. The death of a computer expert, who turns up under a false name in a hospital morgue, draws Lane and McAndrew into the world of online hacktivists. (S) (AD) (HD)

11.20 Spooks
6/10 Series 4. The Innocent. The agents release an imprisoned terrorist. (S)

12.40am Hustle: 2/6 Series 6. Sean lands in hot water when he tries to help a friend (S) (HD)
2.00 Kingdom Shown 3.10pm (S) **3.00-4.00am Classic Holby City** Shown 9.20am

Drama Freeview 20 Freesat 158 Sky 143 Virgin 116
+1 Freeview 60 Sky 243 Virgin 316

ITVBe

28

7.00am Billie and Greg: the Family Diaries (S) (AD) (HD) **8.00 Masters of Flip** (S) (HD)
9.00 LittleBe: children's programmes (HD)
12 noon Sugar Showdown (S) (HD) **12.25pm The Real Housewives of Beverly Hills** (S) (HD)
1.20 The Only Way Is Marbs (S) (HD) **2.00 Buying and Selling** (S) (HD) **3.00 Million Dollar Listing: NYC** (S) (HD) **4.00 The Real Housewives of Atlanta** (S) (HD) **5.00 New. The Real Housewives of New Jersey** (S) (HD)
6.00pm Masters of Flip Creating a family-friendly dream home. (S) (HD)
7.00 Million Dollar Listing: NYC Steve's brokerage shuts down without warning. (S) (HD)
8.00 James Martin's Spanish Adventure
 James samples dishes including garlic prawns and a calamari sandwich. (S) (AD) (HD)
9.00 Emergency Nurses: A&E Stories
 The nurses face severed arteries. (S) (HD)
10.00 New. My Mom, Your Dad: USA
 A parent gets a chance to meddle. (S) (HD)
10.45 The Cabins Guests waste no time slipping into the hot tub. (S) (HD)
11.45 The Only Way Is Essex Animosity arises from the girl band reunion. (S) (HD)
12.35-1.00am Unwind (S) (HD)

ITVBe Freeview 28 Freesat 119 Sky 131 (132 Scotland) Virgin 119
+1 Virgin 319

More4

18



Building Britain's Superhomes 10.00pm
Property developer Guy Phoenix

8.55am A Farmer's Life **9.30** A Place in the Sun: from Barbados **10.25** A New Life in the Sun **11.25** Find It, Fix It, Flog It (AD)

12.30pm Come Dine with Me: five editions (AD) **3.10** Four in a Bed **5.50** Heir Hunters

6.55pm The Dog House French bulldog Buddy arrives, having been rejected by seven potential owners already. Can stray Labrador Leah win over eight-year-old Georgia? (AD) **7.55** Siblings and curious terrier puppies Bobo and Lenny start scouting out their new surroundings. Will Bobo be the dog that five-year-old Summer-Joules has been asking for over the past year? (AD)

9.00 Grand Designs Kevin McCloud meets furniture maker Lucinda, whose dream is to build an entire house made of wood near the family home where her children grew up. (AD) **10.00 Building Britain's Superhomes** Property developer Guy Phoenix's latest project is the transformation of a dated hillside house in Nottingham into a bespoke abode, complete with glass flooring and an indoor pool with a waterfall. (AD)

11.05 24 Hours in A&E An 88-year-old man brought in with a suspected abdominal aortic aneurysm has only a 50 per cent chance of surviving the urgent surgery he requires. And a 33-year-old has attempted to take his life with a lethal cocktail of drugs. (AD) **12.05am** Emergency Helicopter Medics (AD) **1.10** Grand Designs (AD) **2.15** 24 Hours in A&E (AD) **3.20-3.50am** A Farmer's Life

More4 F'view 18 F'sat 124 Sky 136 (137 Scotland) Virgin 147 **+1** Freesat 125 Sky 236 (237 Scot) Virgin 347

E4

13

6.00am Hollyoaks Shown Monday/Tuesday 7pm (AD) **7.00** Ramsay's Kitchen Nightmares USA (SL) **9.00** Brooklyn Nine-Nine (AD) **10.00** Young Sheldon (AD) **11.00** Modern Family

12 noon The Big Bang Theory (AD) **2.00pm** Brooklyn Nine-Nine (AD) **3.00** Modern Family **4.00** Young Sheldon (AD) **5.00** The Big Bang Theory: double bill (AD)

6.00pm The Big Bang Theory 9/17 Series 1 An invitation to a conference causes conflict. (AD) **6.30 10/17** Penny appears in a musical. (AD)

7.00 New. Hollyoaks Wise words from a friend encourage one resident to go after what he wants. Repeated tomorrow 6.30am (AD)

7.30 Modern Family 17/24 Series 1 Phil meets his former high-school girlfriend. **8.00 New. Below Deck Down Under** Jamie's fellow crew members upset him and Captain Jason wants the boat to keep improving. (AD)

9.00 Celebrity Gogglebox Shows appraised include *Platinum Party at the Palace*. (AD)

10.05 Opinions on TV offerings include *Vigil*, *Take a Hike* and *Beat the Chasers*. (AD)

11.05 Naked Attraction A 28-year-old nature lover hopes to find his first ever girlfriend. (AD)

12.15am The Big Bang Theory (SL) (AD) **12.50** The Big Bang Theory (AD) **1.15** Brooklyn Nine-Nine (AD) **2.10** Modern Family **3.00** Below Deck Down Under (AD) **3.55** Ramsay's Kitchen Nightmares USA (SL) **4.40-6.00am** How I Met Your Mother (AD)

E4 Freesat 13 Freesat 122 Sky 135 (136 Scot) Virgin 106 **+1** Freesat 30 Freesat 123 Sky 235 (236 Scot) Virgin 306

E4 Extra F'view 31 F'sat 126 Sky 138 (139 Scot) Virgin 144

Really

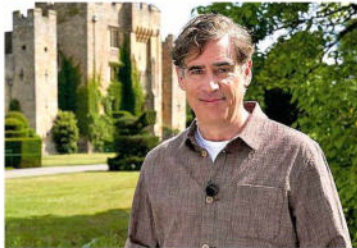
17

6.00am Fantasy Homes by the Sea **7.00** Shopping **8.00** Salvage Hunters **10.00** The Great Antiques Challenge **11.00** Antiques Road Trip (AD) **12 noon** Repair Shop **1.00pm** Long Lost Family US **2.00** My 600lb Life **4.00** Animal Cops Houston (AD) **5.00** Ambulance **6.00** Great Antiques Challenge **7.00** Antiques Road Trip (AD) **9.00 New.** The Bad Skin Clinic **10.00 New.** Dr Pimple Popper **11.00** Ghost Adventures **12 midnight** Spooked Ireland **1.00am** Ghost Adventures **2.00** Shopping **4.00** Animal Cops (AD) **5.00-6.00am** Animal Cops Houston (AD)

Really Freesat 17 Freesat 160 Sky 142 Virgin 128

Sky Arts

36



Landscape Artist of the Year 8.00pm
Stephen is at Hever Castle

6.00am Darbar Festival 2022 **7.10** Reinventing the Orchestra with Charles Hazlewood **8.05** The Joy of Painting (AD) **9.05** Tales of the Unexpected **10.00** Alfred Hitchcock Presents **11.00** Discovering: Claudette Colbert (AD)

12 noon The Joy of Painting (AD) **1.00pm** Tales of the Unexpected **2.00** The Art of Architecture: Great Museums of the World **3.00** Boswell and Johnson's Scottish Road Trip **4.00** Discovering: Rock Hudson (AD) **5.00** Tales of the Unexpected

6.00pm Alfred Hitchcock Presents Two sisters plot to poison an estate agent. **6.30** Poker brings a man to the brink of ruin. **7.00** The Joy of Painting Bob Ross creates soft purple sky and tall trees. **7.30** Bob Ross depicts a lakeside cabin.

8.00 CHOICE New. Landscape Artist of the Year Stephen Mangan heads back to Hever Castle in Kent for the final heat, where eight artists and a host of wildcards hope to claim a spot in the semi-final. **See p80.** (AD)

9.00 Discovering Romance on Film Critics discuss their favourite romantic movies, including *Casablanca* and *When Harry Met Sally...* (AD)

10.30 André Rieu: Love in Maastricht The Dutch violinist and his Johann Strauss Orchestra perform a concert in his home town. **11.30 Comedy Legends** Barry Cryer pays tribute to actor Peter Sellers.

12.30am Laurel and Hardy: Their Lives and Magic (AD) **2.15** Oscar Peterson: Black + White **3.55** The Art of Australia **5.10-6.00am** Auction

Sky Arts Freesat 36 Freesat 147 Sky 130 (131 Scotland) Virgin 140/HD 123 EE 350/HD 365

4seven

49

9.00am Find It, Fix It, Flog It (AD) **10.00** Come Dine with Me: five episodes (AD)

12.30pm Everybody Loves Raymond: triple bill (AD) **2.00** Frasier: double bill (AD) **3.00** The Great House Giveaway **4.00** Château DIY (AD) **5.00** A Place in the Sun

6.00pm A New Life in the Sun Cal and Marina get in a twist, and it's a frantic dash to the finish line at Josie and Steve's B&B in Almería. Shown 4pm Channel 4

7.00 Kirstie and Phil's Love It or List It Ep 8 Series 9. This week, Phil Spencer catches up with Carol and Andrew who, in 2016, were considering selling their semi-detached home in Harrogate. (AD)

8.00 999: on the Front Line Ep 3 Series 10 Police discover a man lying unconscious in the street following a suspected drug overdose. Shown yesterday 8pm Channel 4

9.00 To Catch a Copper 3/3. The unit looks into allegations of sexual misconduct. **See choice, p61.** Shown Monday 9pm Channel 4 (AD)

10.00 FILM The Firm ★★★★★ Legal thriller based on John Grisham's bestseller, starring Tom Cruise and Jeanne Tripplehorn. **Review page 47.** Show Saturday 11.35pm C4 (AD)

1.00am Gogglebox (AD) **3.05** Johnny Vegas: Carry on Glamping (AD) **4.10-4.40am** Four in a Bed

4seven F'view 49 F'sat 127 Sky 137 (138 Scot) Virgin 143

Quest

12

6.00am How Do They Do It? **6.30** Shed and Buried **7.00** The Repair Shop **8.00** American Pickers (AD) **10.00** Chasing Classic Cars **11.00** Richard Hammond's Workshop **12 noon** How Do They Do It? **1.00pm** Money for Nothing **2.00** The Repair Shop **3.00** Find It, Fix It, Flog It **4.00** Salvage Hunters **5.00** Salvage Hunters: the Restorers **6.00** Wheeler Dealers **7.00** Aussie Gold Hunters **8.00** Salvage Hunters **9.00 New.** Salvage Hunters **10.00** The Great Antiques Challenge **11.00** How Do They Do It? **12 midnight** Wheeler Dealers **1.00am** Border Control: Spain **2.00** Chasing Classic Cars **3.00** Richard Hammond's Workshop **4.00-5.00am** How It's Made

Quest Freesat 12 Freesat 172/HD 167 Sky 144 Virgin 137 **+1** Freesat 70 Freesat 168 Sky 244 Virgin 337

Yesterday

27



Joanna Lumley's Japan 9.00pm
The actress visits a nightclub in Tokyo

6.10am Underground Worlds **8.00** Abandoned Engineering (AD) **10.00** War Factories **11.00** Narrow Escapes of World War II (AD)

12 noon Great American Railroad Journeys **1.00pm** Antiques Roadshow **2.00** Bangers and Cash: Restoring Classics (AD) **4.00** War Factories: the exploitation of the Baku Oilfields **5.00** Narrow Escapes of World War II (AD)

6.00pm Antiques Roadshow A second visit to the Black Country Living Museum. **7.00 Great British Railway Journeys** Michael Portillo discovers how a derelict part of London is being rejuvenated.

7.30 How Lincolnshire farmers utilised the railways to improve their harvests. **8.00 Great Canal Journeys** Timothy West and Prunella Scales's waterway adventures. **9.00 Joanna Lumley's Japan** The actress explores Tokyo, which was extensively rebuilt after the Second World War.

10.00 Bangers and Cash: Restoring Classics A 1950s Austin Westminster rally car. (AD) **11.00 Abandoned Engineering** A prison built to house a Mafia kingpin. (AD)

12 midnight Great British Railway Journeys **1.00am** Underground Worlds: a labyrinth of tunnels **2.00-3.00am** Smoke and Steel (AD)

Yesterday Freesat 27 Freesat 159 Sky 155 Virgin 129 **+1** Sky 255 Virgin 329

Dave

19

7.15am Extreme Heights Repair Team **8.00** Cops on the Rock (AD) **10.00** Survivor Australia **11.30** Rick Stein's Cornwall: Rick travels to St Ives to talk about artist Alfred Wallis

12 noon Storage Hunters UK **2.00pm** Extreme Fishing with Robson Green **3.00** Top Gear (AD) **5.00** Rick Stein's Far Eastern Odyssey (AD)

6.00pm The Hairy Bikers: Mums Know Best Salmon curry and meat and potato pie. **7.00 Richard Osman's House of Games** Guests include Rachel Riley and JB Gill.

7.40 Guests include Maggie Aderin-Pocock, the Rev Richard Coles and Lou Sanders. **8.20** Would I Lie to You? With Lorraine Kelly, Dara O Briain, Barry Cryer and Sue Perkins. **9.00 QI XL** Sally Phillips, Ross Noble and Nish Kumar on all things "Odorous and Odious".

10.00 Have I Got a Bit More News for You Guest host Jack Dee joins the quiz. **11.00 Taskmaster 8/10 Series 7** Jessica Knappett demonstrates her mastery of a child's percussion instrument.

12 midnight Release the Hounds: Jingle Hell **1.00am** Would I Lie to You? **1.40** Schitt's Creek **2.10** Meet the Richardsons (AD) **2.50** Richard Osman's House of Games **3.20-4.00am** Beat the Internet with John Robins

Dave F'view 19 F'sat 157 Sky 111 (112 Wales) Virgin HD 127 **Dave Ja Vu** Freesat 57 Sky 211 (212 Wales) Virgin 327

Sky Mix

11

7.00am Border Security: Canada's Front Line (AD) **8.00** Nothing to Declare **9.00** Motorway Patrol **10.00** UK Border Force **11.00** Highway Patrol **12 noon** Motorway Patrol **1.00pm** Border Patrol (AD) **2.00** Border Security: Canada's Front Line (AD)

3.00 Nothing to Declare **4.00** Stargate Atlantis **5.00** Stargate SG-1 **6.00pm** Star Trek: Enterprise **7.00** Stargate Universe (AD) **8.00 CHOICE New.** Landscape Artist of the Year: the final heat, from Hever Castle. **See page 80** **9.00 New.** Murdered at First Sight: a 69-year-old pastor killed in his own home First shown on Sky Crime (AD) **10.00** Grimm **11.00** Killer in My Village

12 midnight How I Caught the Killer: a woman killed in a bath full of bleach **1.00am** Caribbean Cops (AD) **2.00** Brit Cops: Law & Disorder (AD) **3.00** Highway Patrol (AD) **4.00** Motorway Patrol **5.00-6.00am** Highway Cops

Sky Mix Freesat 11 Freesat 144 Sky 151 Virgin 135

5 USA

21

9.00am NCIS (AD) **9.55** Entertainment News **10.00** NCIS (AD) **11.55** Entertainment News **12 noon** NCIS (AD) **1.00pm** Law & Order

6.00pm NCIS Series 1. Triple bill. Three execution-style killings take place **7.00** Gibbs puts his career on the line **8.00** An autopsy takes a bizarre turn when an armed terrorist emerges from a body bag (AD) **9.00 New.** Criminal Minds Series 8. Morgan suspects the man who abused him as a child is connected to three murders in Chicago

First shown on Sky Witness **10.00** Law & Order: Special Victims Unit: four episodes **1.50am** Blue Bloods **2.50** Lucifer **3.35-4.00am** Criminals: Caught on Camera

5 USA F'view 21 F'sat 129 Sky 141 Virgin 120 (162 Scot) **+1** Freesat 130 Sky 241 Virgin 320

5 Star

32

8.00am Rich Kids Go Skint (AD) **9.00** Bargain-Loving Brits in the Sun **10.00** The Cruise: Below Deck **11.00** Nightmare Tenants, Slum Landlords **12 noon** Traffic Cops **2.00pm** Police Interceptors (AD) **5.00** Car Pound Cops: Give Me My Car Back!

6.00pm Home and Away Dana goes in to bat for John. Shown 1.45pm Channel 5 (AD) **6.30 New.** Felicity returns some belongings to Tane. Repeated tomorrow 1.45pm C5 (AD)

7.00 GPs: behind Closed Doors A smoker has developed a chronic lung condition. (AD) **8.00 Casualty 24/7: Every Second Counts** A man has an epileptic seizure at work.

9.00 New. Cold Case Killers The 1990s murders of Samo Paul and Tracey Turner. **10.00 Making a Serial Killer** Series exploring what makes a serial killer tick. **11.00 Sleeping with My Murderer** A mother found dead by her young daughter. (AD)

12 midnight My Lover, My Killer **1.00am** Evil Up Close: Kids Who Kill (AD) **2.00** Killer at the Crime Scene **2.50** Casualty 24/7: Every Second Counts **3.35-4.00am** Home and Away (AD)

5 Star Freesat 32 Freesat 131 Sky 128 (129 Scotland) Virgin 126 **+1** Freesat 141 Sky 228 (229 Scotland) Virgin 326

5 Action

33

9.00am Outback Truckers **10.00** Traffic Cops **11.00** Police Interceptors **12 noon** FILM Pillars of the Sky ★★ Western starring Jeff Chandler. **Review p87** **2.00pm** FILM Ten Seconds to Hell ★★ Drama (BW)

4.00 Outback Truckers **5.00** Traffic Cops **6.00pm** Police Interceptors A driver abandons his vehicle on a railway line. **7.00** Faulko is rammed off the road at 80mph. **8.00 Motorway Cops: Catching Britain's Speeders** A three-vehicle crash. (AD)

9.00 Coastguard: Search and Rescue SOS An around-the-UK rowing boat challenge goes disastrously wrong. **10.00 Warship: Life at Sea** Somewhere off the Syrian coast, HMS Duncan's mission to support a French aircraft carrier is jeopardised.

11.00 FILM Texas Rangers ★ Western with James Van Der Beek and Dylan McDermott. After the American Civil War, a group of men set out to bring law and order to Texas.

12.50am World's Deadliest Weather: Caught on Camera **1.45** Trucking Hell **2.45** Big Road Rescue: Emergency Call Out (AD) **3.35-4.00am** Criminals: Caught on Camera (AD)

5 Action Freesat 33 Freesat 132 Sky 150 Virgin 130

5 Select

46

9.00am The Yorkshire Vet **3.00pm** Murder, She Wrote (AD) **4.00** Columbo **6.00pm** Eggheads The Pedigree Chums try their luck against the Eggheads.

6.30 Team Wiki Woo competes. **7.00 Walking Wartime Britain** Places that changed the course of the Second World War, beginning in Liverpool. **8.00 World War I in Colour** Whether the conflict could have been avoided. (AD)

9.00 Sunken Warships: Secrets from the Deep The Nazi battleship *Scharnhorst*. **10.00 Draining the Bermuda Triangle** An exploration of the mysterious area of ocean. **11.00 Buried Secrets of WWII** The team investigates the Hurtgen Forest in Germany.

12.05am Forged in Fire: four episodes. A claymore **1.00** A hook sword **2.00** An Ethiopian shetel **3.00** A pirate cutlass **3.45-4.00am** Entertainment News

5 Select F'view (HD only) 46 F'sat 133 Sky 153 Virgin 138

FREEVIEW TV and film channels continue overleaf

WEDNESDAY Freeview & films

W 25



DIY SOS: Children in Need Special 7.00pm In Swansea

6.10am James Martin's Food Map of Britain (AD) **7.00 New.** My Kitchen Rules South Africa **8.00** Tipping Point **11.00** DIY SOS: the Big Build **1.00pm** Tipping Point **4.00** My Dream Home

6.00pm MasterChef Australia Chef Curtis Stone leads the teams in a fast food versus fancy food service.

7.00 DIY SOS: Children in Need Special A Children in Need-funded charity in south Wales.

8.00 Rhod Gilbert presents as the team builds an adventure campsite in East Yorkshire.

9.00 24 Hours in A&E

A man is admitted to hospital after a serious bicycle collision. **10.00** Medics treat three women who have been stabbed in Surrey.

11.00 Nurses on the Ward Sarah helps terminally ill cancer patient Siobhan with her pain. (AD)

12 midnight Alex Jones: Making Babies (AD) **1.00am** One Born Every Minute **2.00-3.00am** The Undateables (AD)

W Fview 25 F'sat 156 Sky 132 (133 Scotland) Virgin 125 +1 F'sat 232 (233 Scotland) Virgin 325

HGTV 44

7.00am The Great Interior Design Challenge **8.00** Love Your Garden (AD) **9.00** A Place in the Sun **10.00** Escape to the Country **11.00** Building the Dream **12 noon** The Great Interior Design Challenge **1.00pm** Bargain Mansions (AD) **2.00** Flip or Flop **3.00** Good Bones **4.00** Escape to the Country **5.00** Love Your Garden (AD) **6.00** Salvage Hunters: the Restorers **7.00** Money for Nothing **8.00** Escape to the Country **9.00** Alan Cumming's Paradise Homes **10.00 New.** Home Town: a young designer looks to buy her first home **11.00** Bargain Mansions (AD) **12 midnight** A Place in the Sun **1.00am** The Great Interior Design Challenge **2.00** Building the Dream **3.00-4.00am** My Lottery Dream Home **HGTV Fview 44 F'sat 166 Sky 158 Virgin 191 +1 Sky 258 Virgin 391**

London Live 8

Available in London area only. Other regional stations are available on Freeview 7 or 8

6.00am Taste of Shakespeare **6.45** London Districts **7.00** Forgotten Frontlines **8.00** Pet Island **8.30** Poh & Co **9.00** Aging in the Wild **10.00** Britain's Biggest Heists **11.00** Monkey **12 noon** Scotland! The Story of Whisky **1.00pm** FILM A Canterbury Tale ★★★★★ (BW) **3.30** FILM The Painted Smile ★ **4.50** London Districts **5.00** Posh Pawn **6.00** News **7.00** Danger Man (BW) **8.15** Big City Life **8.30 New series.** Roller Derby **9.00** Mistresses **10.15** Murder in Suburbia **11.15** FILM Forget Me Not ★★ **1.15am** FILM Another WolfCop ★★ **3.00** Pet Island **3.30** News Rewind **5.00-6.00am** Talking Points

London Live Fview 8 Sky 117 Virgin HD 159

FREEVIEW channels continued from overleaf

Food Network 43



Hairy Bikers' Mississippi Adventure 8.00pm Si and Dave

6.00am Giada at Home (AD) **7.00** Be My Guest with Ina Garten **7.30** The Pioneer Woman **8.00** Kids Baking Championship **10.00** Bake Off: the Professionals **11.00** Hairy Bikers' Mississippi Adventure (AD) **12 noon** The Great British Bake Off **2.00pm** James Martin's Brittany **3.00** Jamie's Great Britain **4.00** Barefoot Contessa: back to Basics **5.00 New.** Be My Guest with Ina Garten **5.30** The Pioneer Woman **6.00pm** James Martin's Brittany: double bill. Lawrence Keogh helps the chef prepare pommes frites, then joins the chef at a celebrated market in Lamballe **7.00** The Great British Bake Off **8.00** Hairy Bikers' Mississippi Adventure: the jazz heritage of New Orleans (AD) **9.00** Mary Berry's Simple Comforts: double bill. Mary heads to the Yorkshire coast, then the Highlands **10.00** Jamie's Great Britain: Jamie Oliver samples Persian-inspired lamb and Jewish smoked trout in Yorkshire **11.00** Diners, Drive-Ins and Dives **12 midnight** Guy's Grocery Games **1.00am** Restaurant: Impossible **2.00-3.00am** Buddy vs Duff

Food Network Fview 43 F'sat 148 Sky 140 (141 Scot) Virgin 190 +1 F'sat 149 Sky 240 (241 Scot)

Great TV 50

8.00am Diagnosis Murder **10.00** The Father Dowling Mysteries **11.00** Castle **1.00pm** Sue Thomas: F.B.Eye **2.00** The Father Dowling Mysteries **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00** M*A*S*H **9.00** The Avengers: the murders of several British agents seem to be the work of an infamous spy **10.00** Randall and Hopkirk (Deceased) **11.00** The Persuaders! **12 midnight** M*A*S*H **2.00am** Randall and Hopkirk (Deceased) **3.00** The Persuaders! **3.50** Movie News **4.00** Castle **4.50-5.00am** Movie News

Great TV Freeview 50 (limited) Freesat 142 Sky 157 Virgin 170 +1 Freesat 143 Sky 257

True Crime Xtra 68

9.00am Written in Blood **11.00** Medical Detectives **2.00pm** Written in Blood **4.00** Medical Detectives: six editions. Fibres lead to a killer **4.30** Insects help to identify a killer **5.00** The body of a man is found 30 years after he was killed **5.30** A policeman's home is burned down **6.00** A pregnant woman is attacked **6.30** Hair is found at a murder scene **7.00** Judge Judy **4.50am** World's Most Unexplained **5.10-6.00am** Medical Detectives

True Crime Xtra Freeview 68 Freesat 134 Sky 147 Virgin 172

BBC Parliament 232

7.30am Lords Questions **8.15** House of Lords: Foreign Secretary's Questions **9.00** Select Committees **11.00** Live Lords Questions **11.45** Live House of Lords: business from Wednesday 14 February **7.00pm** Select Committees **11.00** Lords Questions: questions in the House of Lords from Wednesday 14 February **11.45pm-7.00am** House of Lords: business in the House of Lords from Wednesday 14 February

BBC Parliament Freeview 232 Freesat 201 Sky 504 Virgin 605

PBS America 84



Hunting for Klaus Barbie 8.30pm The Gestapo head

8.00am Beautiful Serengeti **8.30** The Spying Game **9.35 New.** The Six Queens of Henry VIII **10.45** Hunting for Klaus Barbie **11.55** Inside Japan's War **1.00pm** Beautiful Serengeti **1.30** The Spying Game **2.40** The Six Queens of Henry VIII **3.50** Hunting for Klaus Barbie **5.05** Inside Japan's War

6.15pm The Spying Game 3/3. The threat of nuclear war during the autumn of 1983.

7.20 The Six Queens of Henry VIII 2/4. After 20 years of marriage, Henry abandons Catherine for Anne Boleyn.

8.30 Hunting for Klaus Barbie The story of Klaus Barbie, head of the Gestapo in Lyon in 1943-44.

9.50 Inside Japan's War 3/4 The experiences of those in the occupied territories, along with treatment of the PoWs.

10.50 The Six Queens of Henry VIII As 7.20pm.

12 midnight Hunting for Klaus Barbie **1.15-2.00am** Beautiful Serengeti

PBS America Fview 84 (1pm-12 midnight only) Freesat 155 Sky 174 Virgin 187

Blaze 64

6.00am Amelia Earhart: the Lost Evidence **7.30** The Next Nostradamus **9.30** History's Greatest Mysteries **10.55** World's Greatest Treasure Myths **11.55** History's Greatest Myths **12.50pm** Big Cat Britain Declassified **2.40** Elusive: Bigfoot in Britain **5.00** Craig Charles: UFO Conspiracies **6.00pm** UFO Hunters **7.00** Pawn Stars **8.00** Dickinson's Real Deal **9.00 New.** Mission Unexplained: death scents and orbs of light experienced in Afghanistan **10.00** Weird or What? With William Shatner: incredible stories of people who cheated death **11.00** Believers: Extreme Hauntings **12 midnight** Paranormal: Caught on Camera **1.00am** Strange Evidence **2.00** UFO Hunters **3.00** Counting Cars **3.45** American Restoration **4.10** Kings of Pain **5.00-6.00am** Pawn Stars

Blaze Fview 64 F'sat 162 Sky 164 Virgin 174

Challenge 48

7.00am The Crystal Maze **8.00** The Chase **10.00** Cash Trapped (AD) **11.00** Bridge of Lies **12 noon** Wheel of Fortune (AD) **1.00pm** Tenable **2.00** Who Wants to Be a Millionaire? Celebrity Special **3.00** Strike It Lucky (AD) **4.00** Bulls-eye **6.00pm** The Crystal Maze: game show hosted by Richard O'Brien **7.00** Bridge of Lies: presented by Ross Kemp **8.00** The Chase: double bill of the quiz show hosted by Bradley Walsh **10.00** Weakest Link: Anne Robinson hosts the general knowledge quiz **11.00** Bulls-eye: double bill of the quiz that tests contestants' skill at darts and their general knowledge **12 midnight** Bridge of Lies **1.00am** Cash Trapped **2.00** The Chase: two editions **4.00** Who Wants to Be a Millionaire? Celebrity Special **5.00-6.00am** Bulls-eye: double bill

Challenge Freeview 48 Freesat 146 Sky 145 Virgin 139

CHILDREN'S

Milkshake! on C5

5.35am Fireman Sam **5.45** Paw Patrol **6.00** Sunny Bunnies **6.05** Brave Bunnies **6.10** Peppa Pig **6.30** Oggy Oggy **6.35** Odo **6.45** Tweedy & Fluff **6.50** Fireman Sam **7.00** Thomas & Friends **7.10** Peppa Pig **7.25 New.** Paw Patrol **7.35** Pip and Posy **7.50** Paddington **8.05** Milo **8.20** Paw Patrol **8.35** Pop Paper City **8.45** Animal Care Club **8.55** Peppa Pig **9.10-9.15am** Milkshake! Story Den

Full listings for Channel 5 are on p84

CBeebies 202

6.00am Colourblocks **6.05** Vegesaur **6.10** Bing **6.20** Teletubbies **6.35** Tee and Mo **6.40** Chuggington **6.50** Bing **7.00 New.** Colourblocks **7.05** Hey Duggee **7.20** Bluey **7.35** Supertato **7.45** Peter Rabbit **8.00** Octonauts **8.10** Go Jetters **8.20** Numberblocks **8.30** Alphablocks **8.35** Messy Goes to OKIDO **8.45** Olga Da Polga **8.55** Ranger Hamza's Eco Quest **9.00** Bing **9.10** Yakka Deel **9.15 New.** Lu & the Bally Bunch **9.20** Hey Duggee **9.30** Colourblocks **9.35** Twirlywoos **9.45** Something Special **10.10** Teletubbies **10.25** The Baby Club **10.35** Kiri & Lou **10.45** Roots and Fruits **10.50 New.** Vegesaur **10.55** Bluey **11.05** Supertato **11.10** Let's Go for a Walk **11.25** Nick Cope's Postcard; My Petaurus **11.30** Teeny Tiny Creatures **11.45** Our Family **12 noon** Big Cook Little Cook **12.20pm** Old Jack's Boat **12.35** Number 1 Newton Avenue **12.40** Andy's Dinosaur Adventures **1.00** Yakka Deel **1.05** Numberblocks **1.10** Alphablocks **1.15** Hey Duggee **1.25** Love Monster **1.40** Colourblocks **1.45** Something Special: We're All Friends **2.05** Teletubbies **2.20** Raa Raa the Noisy Lion **2.30** Vida the Vet **2.45** Supertato **2.50** Dog Squad **3.00** Grace's Amazing Machines **3.15** Octonauts **3.30** Small Potatoes **3.35 New.** Yukee **3.40** Hey Duggee **3.50** Peter Rabbit **4.00** Andy's Global Adventures **4.15** The Game Catchers **4.25** Bluey **4.40** Supertato **4.45** Vida the Vet **5.00** Apple Tree House **5.15** Waffle the Wonder Dog **5.25** Sarah & Duck **5.35** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden... **6.50-7.00pm** Bedtime Stories

CBeebies Fview 202 F'sat 608 Sky 608 Virgin 702

CBBC 201

7.00am Shaun the Sheep **7.10** Danger Mouse **7.20** Dennis & Gnasher **7.35 New.** Boy Girl Dog Cat Mouse Cheese **7.45 New.** Newsround **7.55** Grizzly and the Lemmings **8.10** Odd Squad **8.25** Monster Loving Maniacs **8.35** Pokémon **10.30** Horrible Histories **11.00** Style It Out **11.25** One Zoo Three **11.50** Andy's Global Adventures **12.05pm** Ninja Express **12.15** Go Jetters **12.25** Danger Mouse **12.50** Octonauts **1.00** Waffle the Wonder Dog **1.15** Supertato **1.20** Dennis & Gnasher **1.35** Grizzly and the Lemmings **1.40** Summer Camp Island **1.50** Operation Ouch! **2.20** Transformers **2.40** Shaun the Sheep **2.50 New.** Pokémon: XY **3.10** Danger Mouse **3.25** Shaun the Sheep **3.30** Ninja Express **3.45** Taffy **3.50** Grizzly and the Lemmings **4.05** Boy Girl Dog Cat Mouse Cheese **4.20** Monster Loving Maniacs **4.30** Odd Squad **4.45** Total Dramarama **5.05** Pokémon **5.30** Deadly Mission Shark **6.00 New series.** So Awkward Academy **6.25** The Next Step **6.50-7.00pm** Grizzly and the Lemmings

CBBC Fview 201 F'sat 607 Sky 607 Virgin 701

ITV Kids

Streamed on ITXV Kids, plus on ITV2 6am-9.00 and on ITVBe 9am to 12 noon

ITV2 **6.00am** Craig of the Creek **6.15** DC Super Hero Girls **6.25** Teen Titans Go! **6.55** Looney Tunes Cartoons **7.10** Scooby-Doo! Mystery Incorporated **7.35-9.00am** Scooby-Doo! Pirates Ahoy

ITVBe

9.00am Chloe's Closet **9.15 New.** Lily's Driftwood Bay **9.35** The Hive **9.45** Claude **10.00** Oddbods **10.10** Happy the Hoglet **10.20** Sound Collector **10.25** Sooty **10.40** Pingu in the City **10.50** Bob the Builder **11.20** Teletubbies Let's Go **11.30** Bugs Bunny Builders **11.45** Momolus & Friends **11.55-12 noon** Athletics

FILMS

Film4 14

11.00am Footsteps in the Fog ★★ Stewart Granger and his then wife Jean Simmons star together in this suspenseful thriller. (1955, U) (S) (AD)

12.50pm 13 Rue Madeleine ★★ James Cagney plays an American agent in this cloak-and-dagger Second World War drama. (1946, U) (S)

2.45 It Should Happen to You ★★★★★ A small-town girl arrives in New York in this fine comedy. Review, right. Judy Holliday (1954, U) (S)

4.30 Robin and Marian ★★★★★ Wonderfully original take on the legend of Robin Hood starring Sean Connery and Audrey Hepburn that picks up the story 20 years after Robin and Marian met. (1976, PG) (S)

6.40pm One Day ★★ Anne Hathaway and Jim Sturgess star in this romantic yarn about the lives of two friends. Film of the Day, right. (2011, 12) (S) (AD)

9.00 10 Things I Hate about You ★★★★★ Smart teen romcom that relocates Shakespeare's *The Taming of the Shrew* to an LA high school. Heath Ledger (1999, 12) (S) (AD)

11.00 Friends with Benefits ★★★★★ Justin Timberlake and Mila Kunis play the likeable leads in this smart and funny romantic comedy. Woody Harrelson (2011, 15) (S) (AD)

1.10-3.10am My Beautiful Laundrette ★★★★★ An Asian man enlists an old friend to help with his new business in this marvellously played drama. Daniel Day-Lewis (1985, 15) (S) (AD)

Film4 Freeview 14 Freesat 300 Sky 313 Virgin 428 +1 Fview 47 F'sat 301 Sky 314 Virgin 430

Talking Pictures TV 82

6.00am Burke's Law TV drama. **7.00 The Fabulous Dorseyes** ★★ Rather lacklustre music biopic. Tommy Dorsey, Jimmy Dorsey (1947, U) (S) **8.45**

Impact ★★ British B-thriller. Conrad Phillips (1963, U) (S) **10.00 Together** TV drama. **10.30 The Buccaneers** TV drama. (S) **11.00 The Boy and the Pirates** ★★ Standard children's fantasy. Charles Herbert, Susan Gordon (1960, U) (S)

12.45pm Allan Quatermain and the Lost City of Gold ★★ Shoddy adventure sequel to *King Solomon's Mines*. Richard Chamberlain, Sharon Stone (1987, PG) (S) **3.05 Cannon for Cordoba** ★★★★★ Entertaining spaghetti western starring George Peppard as a US soldier battling Mexican bandits. (1970, 12) (S) **5.15 Johnny Ringo** TV drama. (S) **5.45 The Long Memory** ★★ John Mills stars as an old lag desperate to discover who framed him for murder in this thriller. Review, right. John McCallum (1952, PG)

7.45pm Public Eye TV drama. **9.05 Gideon's Way** TV drama. (S) **10.10 The Upturned Glass** ★★ James Mason is a vengeful brain surgeon in this brooding drama. Review, right. Rosamund John (1947) (S)

11.55 What a Crazy World ★★ Joe Brown stars in this amiable but outdated musical that offers songs from stars of the 1950s and 60s, but not much else. (1963, 12)

1.40am Jail Bait TV comedy. **2.00 The Main Chance** TV drama. **3.00 Mannaja** ★★★★★ Highly entertaining spaghetti western following a bounty hunter who is pulled into a violent, twisty world of kidnapping and double-crossing. Maurizio Merli (1977, 18)

4.50-6.00am Circumstantial Evidence ★★ Compact British noir that sees a wife plotting to divorce her husband to tie the knot with a young doctor. Rona Anderson (1952) (S)

Talking Pictures TV Freeview 82 Freesat 306 Sky 328 Virgin 445



FILM REVIEWS



FILM
OF THE
DAY

One Day ★★★ 6.40-9.00pm **Film4** 12

ROMANCE Showing in a day of romantically themed films for Valentine's Day on Film4, this romcom spans two decades in the life of friends Emma and Dexter (Anne Hathaway and Jim Sturgess), and muses on the possibility of something more existing between them. Adapting the script from his bestselling novel, writer David Nicholls produces an impressionistic take on the frustration of missed opportunities. Hathaway and Sturgess make great company, with plenty of witty banter to counter all the brooding. A new series based on the book is now on Netflix – see Smart TV, p31. **STELLA PAMAMICHAEL** (US 2011, edited for content, HD)

Pillars of the Sky ★★★ 12 noon-2.00pm **5 Action**

WESTERN This handsome CinemaScope western stars two of Universal's smouldering contract icons, Jeff Chandler and Dorothy Malone. Chandler plays the cavalry scout who predicts disaster when the army builds a fort on Native American land. Director George Marshall does what he can with a weak script, but the overall tone is a bit sanctimonious. **TONY SLOMAN** (US 1956, HD)

It Should Happen to You ★★★ 2.45-4.30pm **Film4** U

ROMCOM Judy Holliday and Jack Lemmon pair up to delightful effect in this romance from George Cukor. Holliday's small-town woman longs to be "somebody", and on her arrival in the Big Apple hires a billboard on which she has her name displayed. But a businessman covets her prime advertising site... **ROBYN KARNEY** (US 1954, BW, HD)

The Long Memory ★★★ 5.45-7.45pm **Talking Pictures TV** PG

THRILLER Robert Hamer is best remembered as the director of the Ealing classic *Kind Hearts and Coronets*, but his films also demonstrated a

keen eye for local detail. Here he cleverly captures the murky side of life in London's marshlands. Sadly, John Mills is badly miscast as an old lag desperate to discover who framed him for murder. **DAVID PARKINSON** (UK 1952, BW)

Rocky Balboa ★★★ 8.00-10.10pm **ITV4** 12

DRAMA This affectionate sixth film in the series finds Sylvester Stallone's pugilist tempted out of retirement for an exhibition bout against the current champ. It's hokey and sentimental in the extreme, but as Rocky rolls with the punches and Bill Conti's theme tune swells, this old warhorse still proves it has what it takes to be a contender. **JAMIE RUSSELL** (US 2006, some violence, HD)

The Upturned Glass ★★★ 10.10-11.55pm **Talking Pictures TV**

DRAMA In his last British film before heading for Hollywood, James Mason plays a brain surgeon who concocts an elaborate revenge on the person responsible for the death of the woman he loved. The killer is played by Pamela Kellinn, then Mason's wife, who also co-wrote the script. The plot is contrived, but Mason is on magnificent form. **ALLEN EYLES** (UK 1947, BW)

The Last Letter from Your Lover ★★★

10.40pm-12.25am **BBC1** (starts 11.40pm in N Ireland, Scotland, 11.45pm in Wales) 12

ROMANCE Based on the novel by Jojo Moyes, this tear-jerker stars Felicity Jones as a journalist who enlists her newspaper's archivist (Nabhaan Rizwan) to uncover the story behind a series of love letters from 1965. Shailene Woodley and Callum Turner star in the flashback sequences, but they lack the chemistry of their modern-day counterparts. **HANNA FLINT** (UK 2021, swearing, a sex scene, HD)

Notting Hill ★★★★★ 10.45pm-12.45am **ITV1** 15 (not STV)

ROMCOM The *Four Weddings* team produced another hit with this tale of a bookshop owner (Hugh Grant) who falls for a film star (Julia Roberts). But the course of true love proves to be a bumpy one. Despite its whitewashed portrayal of a racially mixed area of London, it's still a fun romp. **LORIAN HAYNES** (US/UK 1999, swearing, sexual situations, HD)

Hitsville: the Making of Motown ★★★ 11.15pm-1.25am

Sky Documentaries 12

DOCUMENTARY This celebratory – if somewhat self-congratulatory – profile of Detroit's Motown record label focuses mostly on its late-1950s/60s glory years. The testimonies of founder Berry Gordy, singer Smokey Robinson and more are knitted into the captivating archive footage. **ANDREW COLLINS** (US 2019, racist language, col/BW)

Sky Cinema picks

Together Together ★★★ 4.00-5.40pm

Sky Cinema Comedy Bittersweet romcom. (2021, 15) Sky 308; Virgin 408; BT 508/522

The Last Samurai ★★★★★ 8.00-10.40pm **Sky Action**

Tom Cruise goes to war. (2003, 15) Sky 306; Virgin 406; BT 506/520

The World's End ★★★ 10.15pm-12.10am

Sky British Icons Raucous sci-fi comedy. (2013, 15) Sky 304; Virgin 404; BT 504/518

Films to stream from p32 Netflix, Amazon, Disney+ and more

Great Movies 34

9.00am A Woman Deceived ★★ Predictable thriller. Ashley Scott (2017)
11.00 Vows of Deceit ★★ Thriller. Katherine Bailess (2018) **1.05pm The Work Life ★★** Hokey thriller. Cerina Vincent, Kevin Sizemore (2018) **3.00 Her Son's Deadly Secret ★★** Predictably plotted TV movie. Olivia d'Abo (2018)
5.05pm Instakiller ★★ Solid but predictable melodrama about the dangers of the internet and social media. Kelly Sullivan, Lizzie Broadway (2018)
7.10 Garage Sale Mysteries: the Novel Murders TV drama.
9.00 Australia ★★ Visually stunning romantic epic set at the start of the Second World War. Nicole Kidman, Hugh Jackman (2008, 12)
12.15am Love and Honor ★★ Soapy romance in which soldier Liam Hemsworth abandons his post in the name of love. Teresa Palmer (2013, 12)
2.20 A Dangerous Date ★★ Tepid and predictable TV-movie thriller. Jillian Murray, David Chokachi (2018)
4.00-5.40am Paint by Murder ★★ Enjoyable twisting thriller set in the art world. Alexis Lemire (2018)
Great Movies Freeview 34 **Freesat** 302 **Sky** 321 **Virgin** 425
+1 Freeview 61 (limited 10pm-5am) **Sky** 322

Great Action 42

8.00am Wild West Chronicles 9.00 Gun Fury ★★★ Moody western about a rancher who goes after the gang that abducted his fiancée. Rock Hudson (1953, U) **10.45 The Blitz on London 12 noon Wild West Chronicles 1.00pm Massacre Canyon ★★** Straightforward B-western. Phil Carey, Audrey Totter, Douglas Kennedy (1954, U) **2.25 Monte Walsh ★★★** Handsome western about the dying days of the cowboy. Tom Selleck, Isabella Rossellini (2003)
5.05 Bitter Victory ★★★ Richard Burton and Curt Jurgens cross swords in this taut war drama. (1957, PG)
7.20pm Stonados ★★ Stone-throwing tornadoes could take Boston off the map in this low-budget sci-fi disaster flick. Paul Johansson (2013, 12)
9.00 Red Dawn ★★ Ludicrously gung-ho fantasy. Patrick Swayze (1984, 15)
11.20 Phantom ★★ Cold War thriller set on board a Soviet nuclear submarine. Ed Harris (2013, 15)
1.25am 6 Below ★★ Thriller with impressive action sequences. Josh Hartnett (2017, 12) **3.10 Battle Honours 4.10-5.00am Battle for Warsaw**
Great Action Freeview 42 (limited) **F'sat** 305 **Sky** 323 **Virgin** 426 **+1 Sky** 324

Great Romance 52

8.00am Valentine in the Vineyard ★★ Satisfying end to the "Vineyard" romance trilogy. (2019) **10.00 Valentine Ever After ★★** So-so romcom. (2016)
12 noon All Things Valentine ★★ Mildly inventive romcom. Sarah Rafferty (2016) **2.00pm Be Mine ★★** Sweet but undercooked romance. (2021)
4.00 Be My Valentine ★★ Gentle romantic tale. William Baldwin (2013)
6.00pm Valentine's Again ★★ A woman is forced to relive the same 24 hours over and over. (2017)
8.00 Matching Hearts ★★ A dating professional tries to match a client who lives by the motto "stay single". Taylor Cole, Ryan Paevey (2020)
10.00 Cupid ★★ A lonely TV talk-show hostess makes a deal with Cupid – with her own future happiness as the prize. Joely Fisher (2012)
12.05am Love at Sunset Terrace ★★ Amiable romance. Ellen Woglom, Carlo Marks (2020) **2.00 Highway to Heaven 3.10-5.00am Surprised by Love ★★** Bizarre, though pleasant enough, romcom. (2015)

Great Romance Freeview 52 **Freesat** 303 **Sky** 319 **Virgin** 424
+1 F'view 63 (limited 10pm-5am) **F'sat** 304 **Sky** 320

Sky Premiere

6.30am As 12.05pm **8.15 Hypnotic ★★★** Mind-bending pulp sci-fi. Ben Affleck (2023, 15) **10.05** As 6.05pm **12.05pm Ruby Gillman, Teenage Kraken ★★★** Warm and wonderfully designed animated adventure. **Review p38.** Lana Condor (2023, PG) **1.50** As 8pm **3.50 Transformers: Rise of the Beasts ★★** Noisy seventh entry in the CGI-heavy fantasy franchise. Anthony Ramos, Dominique Fishback (2023, 12)
6.05pm No Hard Feelings ★★ Raunchy but likeable coming-of-age romcom. Jennifer Lawrence (2023, 15)
8.00 The Bricklayer ★★ Lively but disposable action flick with Aaron Eckhart. **Review p38.** (2023)
10.00 Insidious: the Red Door ★★ Scare-free fifth film in the horror franchise. Patrick Wilson (2023, 15)
12 midnight Soft & Quiet ★★ Discomforting horror thriller. Stefanie Estes (2022, 18) **1.40am Desperation Road ★★** Moody but overwrought thriller. Garrett Hedlund (2023, 18) **3.40 King of Killers ★★** Corny but well-staged action flick. (2023, 15) **5.15 57 Seconds ★★** Nicely twisty but often outlandish sci-fi thriller. Josh Hutcherson (2023)
Sky Premiere Sky 301 **Virgin** 401 **EE** 501/HD 515 **+1 Sky** 312

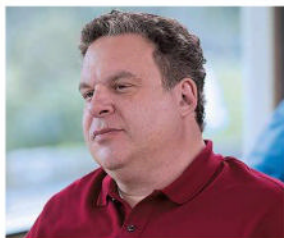
Legend 41

8.00am Walker, Texas Ranger 9.00 Knight Rider 10.00 Star Trek: Deep Space Nine 11.00 The Gambler ★★ Western drama. Kenny Rogers (1980, PG)
1.00pm The Ride to Hangman's Tree ★★ Fun and likeable cowboy adventure. Jack Lord, James Farentino, Don Galloway (1967, U) **3.00 Against a Crooked Sky ★★** Serviceable but outmoded western. Henry Wilcoxon, Richard Boone (1975, U) **5.00 Star Trek 6.00pm Star Trek: Deep Space Nine** TV sci-fi adventure.
7.00 Knight Rider TV sci-fi.
8.00 Walker, Texas Ranger TV action drama with Chuck Norris.
9.00 Rogue Hostage ★★ Thriller in which masked gunmen take over a supermarket. Tyrese Gibson (2021, 15)
10.50 Deadly Force ★★ Violent crime thriller about an ex-cop on the tail of a killer. Wings Hauser (1983, 18)
12.45am The Scars of Dracula ★★ Fan-friendly horror sequel with Christopher Lee. Dennis Waterman (1970, 15) **2.40-4.30am The Golem ★★** Gory period horror that sees a grief-stricken mother summon a violent protector. Hans Furst (1978, 15)
Legend F'view 41 **F'sat** 137 **Sky** 148 **Virgin** 149

Legend Xtra 69

6.00am As 5pm **8.00 Moby Dick ★★** Watchable low-budget update of the whaling classic. Barry Bostwick (2010, 12)
10.00 Andromeda 11.00 Earth's Final Hours ★★ Low-budget disaster movie in which dense matter from space stops the planet rotating. Hamza Adam (2011, 12) **1.00pm The Day the Earth Stopped ★** Sci-fi mockbuster in which giant robots land on Earth. C Thomas Howell, Judd Nelson (2009, 15) **3.00 Andromeda 4.00 The Six Million Dollar Man 5.00 Monster Island ★** Sub-par *Godzilla* cash-in. Eric Roberts (2019, 12)
7.00pm Andromeda TV sci-fi series starring Kevin Sorbo.
8.00 The Six Million Dollar Man TV sci-fi series with Lee Majors.
9.00 Mara ★★ Decent chiller about a criminal psychologist who believes a sleep demon is responsible for a slew of killings. Olga Kurylenko (2018, 15)
11.00 Fright Fest ★★ A horror event in a small town is hijacked by an escaped maniac in this generic slasher movie. Dylan Walsh (2018, 15)
1.00-3.00am Mara As 9pm
Legend Xtra F'view 69 **F'sat** 138 **Sky** 317 **Virgin** 171 **+1 F'sat** 139 **Sky** 318 **Virgin** 371

Sky Showcase



Curb Your Enthusiasm 12.35am Jeff suffers a setback

6.00am Sky News Breakfast
7.00 Kay Burley **8.00** Caught on Dashcam **9.00** Nothing to Declare (AD) **10.00** Strangest Things **11.00** New Kids in the Wild (AD) **12 noon** Supergirl **1.00pm** MacGyver **3.00** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00** The Simpsons: double bill

6.00pm **The Office US 10/19** Series 4. Karen tries to lure Stanley from the Scranton branch. **6.30 11/19**. Michael treks into the woods on a survival adventure.

7.00 **The Simpsons** Professor Frink plays matchmaker. **7.30** Homer becomes the owner of the nuclear power plant.

8.00 **New. Landscape Artist of the Year Ep 6 Series 9** **RT** The final heat comes from Hever Castle. **See page 80**. (AD)

9.00 **Red ★★** **RT** Action comedy starring Bruce Willis. A former special agent reassembles his old team when he is targeted by an assassin. (W)

11.15 **True Detective: Night Country 5/6 Series 4**. Prior digs into the links between Tsalal and mining company Silver Sky.

12.35am **Curb Your Enthusiasm** **1.20** Fantasy Football League **2.00** Brassic (AD) **3.00** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00-6.00am** Motorway Patrol

Sky Showcase Sky 106 Virgin 109 EE 340/HD 355 **+1** Sky 206

Sky Sci-Fi

6.00am Most Haunted **8.00** Home Shopping **11.00** Merlin **12 noon** Star Trek: Voyager **1.00pm** Star Trek: Deep Space Nine **3.00** Merlin **4.00** Stargate SG-1 **5.00** Star Trek: Voyager

6.00pm **Star Trek: Deep Space Nine 4/26 Series 6**. Dax is given command of the *Defiant*, and Odo's loyalty to the Federation is tested by a fellow shape-shifter promising a reunion with the Founders. **7.00 5/26**. The Cardassians prepare to destroy the Federation's protective minefield, while Odo finds himself preoccupied with a female shapeshifter.

8.00 **Star Trek: Enterprise 20/24 Series 3**. Archer calls a meeting with two high-ranking Xindi in an attempt to stop the superweapon's launch, but a mechanical failure puts the *Enterprise* in danger. **9.00 21/24**. While trying to get through a subspace corridor used by the Xindi, Archer and the crew have an unusual encounter.

10.00 **My Bloody Valentine ★★** **RT** Horror thriller remake starring Jensen Ackles and Jaime King. Ten years after a mining tragedy caused a damaged survivor to turn violent, a new series of brutal slayings begins. **12 midnight** Grimm **1.00am** Merlin **2.00** Star Trek: Enterprise **3.00** Star Trek: Deep Space Nine **5.00-6.00am** Most Haunted

Sky Sci-Fi Sky 139 (140 Scotland) Virgin 122 EE 348/HD 363 **+1** Virgin 229

Sky Atlantic



Succession 9.00pm Logan makes a big announcement

6.00am Richard E Grant's Hotel Secrets (AD) **7.55** The Sopranos **10.05** The Wire (AD) **12.20pm** Game of Thrones (AD) **1.25** Gomorrah **3.25** The Sopranos

5.35pm **The Wire 1/12 Series 3** The Barksdale crew need new places to sell their drugs after the Franklin Terrace towers are demolished. **6.45 2/12**. Bodie faces a critical test against rival dealer Mario Stanfield and Omar continues his raids on Barksdale stash houses.

7.55 **Game of Thrones 2/7 Series 7**. Daenerys receives an unexpected visitor, while Jon faces resistance and Tyrion plans the conquest of Westeros. (AD)

9.00 **Succession 1/10 Series 1** Media magnate Logan Roy shocks his family with an announcement on his 80th birthday. (AD)

10.10 **True Detective: Night Country 5/6 Series 4**. Prior digs into the links between Tsalal and mining company Silver Sky. Navarro rescues Leah from a violent protest.

11.25 **The Newsroom 4/10 Series 1**. Will makes enemies in the tabloid press following an ill-advised rant at a gossip columnist.

12.35am Lovecraft Country (AD) **1.45** Perry Mason (AD) **2.50** Game of Thrones (AD) **4.00-6.00am** Richard E Grant's Hotel Secrets (AD)

Sky Atlantic Sky 108 (109 Wales) EE 342/HD 357 **+1** Sky 208 (209 Wales)

Sky Witness

6.00am Air Ambulance ER **7.00** Border Patrol **8.00** Caught on Dashcam **9.00** Stop, Search, Seize (AD) **10.00** Brit Cops: Law & Disorder **11.00** The Rookie (AD) **12 noon** FBI: International (AD) **1.00pm** FBI: Most Wanted **2.00** Blue Bloods (AD) **3.00** Caught Red Handed

4.30pm **Nothing to Declare** Seven editions following the work of customs officers in Australia. **8.00** **Blue Bloods 8/21 Series 13** Danny crosses paths with a criminal from a previous case. Frank and Mayor Chase butt heads over an off-duty cop. (AD)

9.00 **Fire Country 4/22 Series 1** The team co-ordinates a search and rescue mission after a building collapses. Meanwhile, Sharon must make a tough decision.

10.00 **The Equalizer 5/18 Series 3** When a smuggler being detained by the CIA must be transferred to a secure debriefing site, McCall and Griffin work to ensure he arrives unharmed. (AD)

11.00 **The Rookie 17/22 Series 5** With Elijah and Abril now allies, the team relies on Monica to uncover their plans. Meanwhile, Nolan and Juarez reopens her sister's case. (AD)

12 midnight FBI: International (AD) **1.00am** New Amsterdam: Max heads to Connecticut (AD) **2.00** The Rookie (AD) **3.00** Chicago PD **4.00** Brit Cops: Law & Disorder **5.00-6.00am** Road Wars

Sky Witness Sky 107 Virgin 110 EE 341/HD 356 **+1** Sky 207 Virgin 310

Sky Max



Hold the Front Page 10.00pm Nish and Josh are in Blackpool

6.00am NCIS: Los Angeles **7.00** DC's Legends of Tomorrow (AD) **8.00** Supergirl **9.00** Stargate SG-1 **11.00** NCIS: Los Angeles **12 noon** Supergirl **1.00pm** MacGyver **3.00** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00** DC's Legends of Tomorrow (AD)

6.00pm **Stargate SG-1 17/20 Series 9**. A swarm of alien insects puts the Gamma Site at risk. **7.00 18/20**. A dangerous assassin strikes out at the Sodan.

8.00 **There's Something about Movies 1/6 Series 1**. With Lolly Adefope, Jimmy Carr, Roisin Conaty and Jessica Brown Findlay. (AD)

9.00 **The Ultimate Romcom Movies** With Clara Amfo, Ellie Taylor and Russell Kane. (AD)

10.00 **Hold the Front Page 1/6 Series 1**. Nish Kumar and Josh Widdicombe work for local papers, beginning in Blackpool. (AD)

11.00 **The Force: North East** Two women are caught fighting in the street in Sunderland.

11.55 **Fantasy Football League 2/8 Series 3**. Alex Horne and Katherine Ryan enter the dugout. **12.30am** Brassic (AD) **1.30** Road Wars **2.00** New. Rob and Roshes vs F1 Ep 1 Series 6. Rptd Thu 9pm

3.00 Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00-6.00am** Highway Patrol

Sky Max Sky 113 (114 Wales) Virgin 111 EE 346/HD 361

Sky Replay

7.00am Sixth Sense with Colin Fry **8.00** Four Weddings (AD) **10.00** Stop, Search, Seize (AD) **11.00** Border Security USA (AD) **12 noon** Highway Patrol **1.00pm** Road Wars **2.00** Most Haunted **4.00** MacGyver **6.00** Stargate Atlantis **8.00** Highway Patrol **9.00** Stan Lee's Lucky Man: double bill. Golding closes in on Harry and kidnaps Eve, then East London's technology district comes under scrutiny when a driverless car is hacked (AD) **11.00** Fire Country: the team co-ordinates a search and rescue mission after a building collapses **12 midnight** The Russell Howard Hour: topical comedy and entertainment show **1.00am** Stop, Search, Seize (AD) **2.00** A League of Their Own Road Trip: Loch Ness to London (AD) **3.00** Duck Quacks Don't Echo (AD) **4.00** Four Weddings (AD) **5.00-6.00am** Sixth Sense with Colin Fry

Sky Replay Sky 152 Virgin 156

Sky Crime

6.00am Highway Patrol **7.00** UK Border Force (AD) **8.00** Border Patrol **9.00** Nothing to Declare (AD) **10.00** Caught Red Handed **11.30** Motorway Patrol **12 noon** How I Caught the Killer (AD) **1.00pm** Forensics: Catching the Killer (AD) **2.00** Killer in My Village **3.00** World's Most Evil Killers **4.00** Britain's Most Evil Killers **5.00** Forensics: Catching the Killer (AD) **6.00** How I Caught the Killer **7.00** World's Most Evil Killers (AD) **8.00** Britain's Most Evil Killers **9.00** Dating Death (AD) **10.00** Love You to Death (AD) **11.00** World's Most Evil Killers **12 midnight** Killer in My Village **1.00am** Murders That Shocked the Nation **2.00** Love You to Death (AD) **3.00** Britain's Most Evil Killers **4.00** Road Wars (AD) **5.00-6.00am** Motorway Patrol

Sky Crime Sky 122 (123 Scotland) Virgin 121 EE 349/HD 364 **+1** Sky 222 (223 Scot) Virgin 321

Gold



Mrs Brown's Boys 10.00pm Agnes is in the mood to party

7.00am Hi-de-Hi! **8.00** Keeping Up Appearances (AD) **8.40** My Hero **9.20** Hi-de-Hi! **10.00** Porridge **10.40** Last of the Summer Wine **12 noon** Keeping Up Appearances (AD) **12.40pm** My Hero **1.20** Porridge **2.00** Dad's Army (BW) **2.35** The Thin Blue Line **3.20** Hi-de-Hi! **4.00** Last of the Summer Wine **5.20** Porridge

6.00pm **Keeping Up Appearances** Hyacinth plans a special luxury barbecue. (AD)

6.40 **Dad's Army** Captain Mainwaring puts the defence of the realm before personal pride. (BW) **7.20** Mainwaring and his platoon have their hands full with two German prisoners. (BW)

8.00 **Only Fools and Horses** The duo become caped crusaders at a fancy-dress party. (AD)

9.20 **Not Going Out** Lee's dad turns up. Bobby Ball guest-stars.

10.00 **Mrs Brown's Boys** Agnes tries to gatecrash Maria's hen party. **10.40** Dermot gets cold feet in the run-up to his wedding.

11.15 **Live at the Apollo** Katherine Ryan hosts, with guests Henning Wehn and James Acaster.

12.15am Only Fools and Horses (AD) **1.35** Not Going Out **2.10** Mrs Brown's Boys **3.25-4.00am** Hi-de-Hi!

Gold Sky 110 (111 Wales) Virgin 124 EE 344/HD 359 **+1** Sky 210 (211 Wales) Virgin 324

Sky Comedy

8.00am American Auto **9.00** The Conners **10.00** Run **10.30** Curb Your Enthusiasm **11.40** Ballers (AD) **12.50pm** How to Make It in America **2.10** Curb Your Enthusiasm **3.20** Ballers (AD) **4.30** Run **5.00** The Conners **6.00** The Office US: double bill. Karen tries to lure Stanley from the Scranton branch, then Michael treks into the woods **7.00** American Auto: double bill. The group attends the Payne Foundation Fundraising Gala, then a TV news magazine films a segment on Katherine **8.00** Will & Grace (AD) **9.00** Insecure (AD) **10.00** **New**. The Tonight Show Starring Jimmy Fallon **11.00** Curb Your Enthusiasm **11.45** Sarah Silverman: Someone You Love **1.00am** Girls (AD) **2.10** Ballers (AD) **2.45** House of Lies **3.25** Wellington Paranormal (AD) **3.55-5.00am** How to Make It in America: double bill

Sky Comedy Sky 114 (115 Wales) Virgin 112 EE 347/HD 362

Comedy Central

8.00am Most Ridiculous: Teen Disasters **8.35** Most Ridiculous: Parties **9.00** Michael McIntyre's Big Christmas Show **10.00** Impractical Jokers: Dinner Party **11.00** Impractical Jokers: British Invasion **12 noon** Home Improvement **1.00pm** Friends (AD) **9.00** **New**. Jeff Dunham: I'm with Cupid **10.00** Jeff Dunham: Me the People **11.00** Jeff Dunham: Comedy Central Live **11.30** Rich Hall: Comedy Central Live **12 midnight** Jack Whitehall Gets Around **1.00am** Rhod Gilbert's Growing Pains **2.00** Chris Ramsey Live: All Grown Up **3.00** Most Ridiculous: Fun and Games **3.25** Most Ridiculous: Teen Disasters **3.45** **New**. The Daily Show **4.10-5.00am** Friends (AD)

Comedy Central Sky 112 (113 Wales) Virgin 132 EE 345/HD 360 **+1** Sky 212 (213 Wales) Virgin 332

Alibi



Miss Scarlet and the Duke 9.00pm A man is murdered

7.10am Murdoch Mysteries **9.00** Rizzoli & Isles (AD) **10.00** Unforgettable **11.00** Without a Trace **12 noon** The Doctor Blake Mysteries **1.00pm** Father Brown (AD) **2.00** Murdoch Mysteries **4.00** Rizzoli & Isles (AD) **5.00** Unforgettable

6.00pm **Without a Trace 16/18 Series 6**. Following the discovery that a missing woman won millions on the lottery, doubts about the validity of the ticket surface.

7.00 **Elementary 17/24 Series 5** A homicide is picked up by a cutting-edge gunshot detection system.

8.00 **Father Brown 10/10 Series 6**. The sleuth races to protect a crown that is believed to contain a nail from the Crucifixion. (AD)

9.00 **New. Miss Scarlet and the Duke 2/6 Series 4**. A close friend of Mr Potts is murdered. **See page 81**. (AD)

10.00 **Father Brown 2/10 Series 7** The sleuth tries to solve a case involving a musical director. (AD)

11.00 **Justified 7/13 Series 3** Raylan tries to pull strings at the FBI to bring Quarles down and asks a judge for a warrant to evict him from his home.

12 midnight Elementary **12.55am** Unforgettable **1.55** Without a Trace **2.50-4.00am** Murdoch Mysteries

Alibi Sky 109 (110 Wales) Virgin 114 EE 343/HD 358 **+1** Sky 209 (210 Wales) Virgin 191

Discovery

6.00am How It's Made **7.00** Gold Divers **8.00** Building off the Grid **9.00** Alaska: the Last Frontier **10.00** Richard Hammond's Big **11.00** Wheeler Dealers **1.00pm** Building off the Grid **3.00** Blowing Up History (AD) **4.00** Alaska: Homestead Rescue **6.00** Richard Hammond's Big **7.00** Wheeler Dealers: Mike Brewer hunts down a Swedish classic, a 2001 Saab 9-3 (AD) **8.00** Blowing Up History: experts investigate Alcatraz's remarkable engineering secrets **9.00** **New**. Gold Divers: Chris finds himself stranded on the ice and Shawn hits a dry spell **10.00** Street Cops UK: response officers Alysha and Amy hunt for a teenager with a firearm **11.00** Expedition X **12 midnight** Deadliest Catch **1.00am** Gold Divers **2.00** Street Cops UK **3.00-5.00am** Naked and Afraid: Last One Standing

Discovery Sky 125 (126 Scotland) Virgin 177 EE 342/HD 325 **+1** Sky 225 (126 Scot) Virgin 377

Discovery History

6.00am Expedition Unknown **7.00** Secret Space Escapes **8.00** Blowing Up History **9.00** Combat Dealers **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers **12 noon** Combat Dealers **2.00pm** Secret Space Escapes **3.00** Salvage Hunters **4.00** Aircraft Unsolved: the Mystery of Helios 522 **5.00** Blowing Up History **6.00pm** Combat Dealers **7.00** Expedition Unknown **8.00** Greatest Events of World War II **9.00** Combat Dealers **10.00** Salvage Hunters **11.00** World's Greatest Motorcycle Rides **12 midnight** Combat Dealers **2.00am** Salvage Hunters **3.00** Greatest Events of World War II **4.00-5.00am** World's Greatest Motorcycle Rides

Discovery History Sky 177 Virgin 181 **+1** Sky 277 Virgin 381

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED



Sky Documentaries



JFK Revisited: through the Looking Glass 9.00pm

6.00am The Sixties (AD) **7.00** Discovering: Katharine Hepburn (AD) **8.00** The Directors **9.00** 100 Foot Wave (AD) **10.00** OJ: Made in America **12 noon** Fatboy Slim: Right Here, Right Now **1.50pm** My Icon: Michael Holding (AD) **2.00** King Otto **3.30** Premier League Legends (AD) **4.00** The Directors **5.00** Discovering: Katharine Hepburn (AD)

6.00pm 100 Foot Wave

Brazilian surfers new to Nazare fail to heed safety advice. (AD)

7.00 OJ: Made in America

The police discover the bodies at the condo on Bundy Drive and the trial of OJ Simpson for the murders of Nicole Brown Simpson and Ronald Goldman begins.

9.00 JFK Revisited: through the Looking Glass ★★ ★★

Documentary in which Oliver Stone examines startling new evidence about the 1963 Kennedy assassination. (AD) (W)

11.15 Hitsville: the Making of

Motown ★★ ★★ Berry Gordy and Smokey Robinson take us through six decades of archives and memories of the iconic record label. **Review page 87.** (W)

1.25am Hurst: the First and Only

(AD) **3.10** Queen of Speed (AD)

5.00-6.00am Discovering: Katharine Hepburn (AD)

Sky Documentaries Sky 121 (122 Scotland) Virgin 188 EE 352/HD 367

Nat Geographic

8.00am Food Factory **9.00** Air Crash Investigation (AD) **10.00** Nazi Megastructures **11.00** Megafactories **12 noon** Car SOS **1.00pm** Ultimate Airport Dubai **2.00** Air Crash Investigation (AD) **3.00** Inside Sydney Airport (AD) **4.00** New Air Force One: Flying Fortress **5.00** Car SOS (AD)

6.00pm Lost Treasures of Egypt: experts investigate why the pharaohs built a secret cemetery **7.00** Air Crash Investigation: a Boeing 737 nosedives, killing everyone on board (AD)

8.00 Car SOS: restoring a 1972 Ford Escort Mexico (AD) **11.00** Air Crash Investigation (AD) **12 midnight** Airport Security: First Class **1.00am** Wicked Tuna **2.00** Money Meltdown **2.30** Food Factory **3.20** New Food Factory USA **4.10-5.00am** Secrets of the Zoo: Keeper Tales

Nat Geographic Sky 129 (130 Scotland) Virgin 183 +1 Sky 229 (230 Scot) Virgin 383

Sky History

6.00am American Pickers **7.00** Pawn Stars **9.00** Strange Evidence **10.00** Strangest Things **11.00** Swamp People: Serpent Invasion **1.00pm** Pawn Stars **2.00** Rust Valley Restorers **3.00** Greatest Heists with Pierce Brosnan **5.00** Pawn Stars **6.00** American Pickers **7.00** Forged in Fire **8.00** New Bermuda Triangle: into Cursed Waters: the team seeks the wreck of a racing yacht that vanished in 1958 **9.00** New. The Curse of Oak Island: the team experiences a frustrating setback **10.00** New. Truthseekers: the Ark of the Covenant **11.00** Haunted Hospitals **12 midnight** Pawn Stars **2.00am** Rust Valley Restorers **3.00** Bermuda Triangle: into Cursed Waters **4.00-6.00am** Greatest Heists with Pierce Brosnan

Sky History Sky 123 (124 Scotland) Virgin 131 EE 353/HD 368 +1 Sky 223 (224 Scot) Virgin 331

Sky Nature



Hotspots: the Last Hope 8.00pm Pumas of Costa Rica

6.00am Africa's Wild Horizons **7.00** Monkey Life (AD) **8.00** Arabian Inferno **9.00** Extreme Animals: One Wild Day (AD) **10.00** Zambia Untamed **11.00** Great Blue Wild **12 noon** Africa's Hunters **1.00pm** Monkey Life (AD) **2.00** Arabian Inferno **3.00** Extreme Animals: One Wild Day (AD) **4.00** Zambia Untamed **5.00** Great Blue Wild

6.00pm Africa's Hunters A pride of lions faces a struggle to survive during Zambia's rainy season.

7.00 Monkey Life Kaiyah the lemur struggles to adapt to her new enclosure after spending her early years as a pet. (AD)

7.30 The chimps enjoy a party with buckets, jelly and soap suds, while Peanut requires an operation. (AD)

8.00 Hotspots: the Last Hope The diversity of creatures in Costa Rica, home to 225 bird species.

9.00 Arabian Seas The explosion of life off the coast of Oman.

10.00 Africa's Hunters As 6pm

11.00 Great Blue Wild The natural wonders of the Bahamas, including giant pine forests.

12 midnight Wild Israel **1.00am** Reef Wrecks **2.00** Hotspots: the Last Hope **3.00** Arabian Seas **4.00** Arabian Inferno **5.00-6.00am** Extreme Animals: One Wild Day (AD)

Sky Nature Sky 124 (125 Scotland) Virgin 189 EE 354/HD 369

Eden

9.00am Great British Landmark Fixers **11.00** Smoke and Steel (AD) **3.00pm** Great British Landmark Fixers **5.00** Smoke and Steel: four editions. Examining a cliff in England that offered the public a new ride experience **6.00** Examining The Warrior, an ironclad warship on the south coast of England **7.00** The industrial legacy of a tunnel under the Thames **8.00** Examining a mill in Manchester that was part of a dawning revolution in the way we work - the factory (AD) **9.00** Great British Landmark Fixers: Manchester Town Hall **11.00** Smoke and Steel (AD) **12 midnight** New. Anthony Bourdain: Parts Unknown **1.00am** Smoke and Steel (AD) **3.00** Great British Landmark Fixers **4.00** Smoke and Steel (AD) **5.30-6.00am** David Attenborough's Natural Curiosities (AD)

Eden Sky 166 Virgin HD 176 +1 Sky 266 Virgin 376

Animal Planet

8.00am Animal Cries **9.00** Crikey! It's the Irwins **10.00** Dogs 101 **11.00** Alaska: Homestead Rescue **12 noon** Animal Cries **1.00pm** Crikey! It's the Irwins **2.00** Coyote Peterson: Brave the Wild **3.00** Tanked **4.00** Dogs 101 **5.00** Alaska: Homestead Rescue **6.00** Animal Cries **7.00** Crikey! It's the Irwins **8.00** Return to the Isle of Jaws: documentary investigating an unusual absence of females at a great white shark breeding ground **9.00** Sharkwrecked: Crash Landing **10.00** Alaskan Bush People **11.00** From Wags to Riches **12 midnight** Pit Bulls and Parolees: Tia's Tales **1.00am** Alaskan Bush People **2.00** Dogs 101 **3.00** Alaska: Homestead Rescue **4.00-5.00am** Animal Cries

Animal Planet Sky 162 (178 NI) Virgin 178 +1 Sky 262 (278 NI) Virgin 378

SPORT

Sky Main Event

Sky 401 Virgin 511/HD 501 EE 419/HD 439

6.00am Sky Sports News **9.00** Good Morning Sports Fans **10.00** The Football Show **11.00** **LIVE** WTA Tennis Day four of the Qatar Open at the International Tennis and Squash Complex in Doha, Qatar. **7.30pm** **LIVE** Championship Football Millwall v Ipswich Town from the Den (kick-off 8.00). **10.30** **LIVE** ATP Tennis The Delray Beach Open, coverage of day three from Delray Beach Tennis Centre in Florida, USA. **3.00-6.00am** Sky Sports News

Sky Football

Sky 403 Virgin 513/HD 503 EE 421/HD 441

6.00am Classic Play-Off Finals **9.00** EFL Greatest Games **10.00** Championship Retro **12 noon** Championship Football **2.00pm** German Football: highlights **3.00** Championship Highlights **3.30** Best Old Firm Derby Goals (AD) **4.00** Championship Highlights **6.30** League One and Two Goals **7.00** Championship Highlights **7.30** **LIVE** Championship Football Millwall v Ipswich Town from the Den (kick-off 8.00). **10.30** League One and Two Goals **11.00** Championship Highlights **12 midnight** EFL Greatest Games (AD) **1.00am** Championship Season Review **2.00** League Cup Football (AD) **2.30** EFL Trophy Football **3.00** League Cup Retro **5.45-6.00am** EFL Greatest Games

Sky Golf

Sky 405 Virgin 515/HD 505 EE 423/HD 443

6.00am PGA Tour Golf **9.00** Ladies European Tour Golf **10.00** PGA Tour Golf **11.00** How the 2004 Ryder Cup Was Won: from Oakland Hills (AD) **1.00pm** The Players Championship Official Film: the 2018 tournament (AD) **2.00** PGA Championship Official Film 2019 **3.00** US Open Official Films **4.00** The Open: Official Films (AD) **5.00** Ladies European Tour Golf **6.00** PGA Tour Golf **7.00** PGA Tour: the Cut **7.30** European Challenge Tour Golf **8.00** PGA Tour Golf **9.00** Ladies European Tour Golf **10.00** PGA Tour: the Cut **10.30** European Challenge Tour Golf **11.00** PGA Tour Golf **12 midnight** Ladies European Tour Golf **1.00-6.00am** PGA Tour Golf

Sky Tennis

Sky 407 Virgin 537/HD 520 EE 425/HD 445

11.00am **LIVE** WTA Tennis Day four of the Qatar Open at the International Tennis and Squash Complex in Doha, Qatar. **8.30pm-3.00am** **LIVE** ATP Tennis Day three of the ABN AMRO Open at Rotterdam Ahoy; **10.30** Day three of the Delray Beach Open from Florida.

Sky Sports Mix

Sky 416 Virgin 510 EE 429/HD 449

12 midnight-2.00am **LIVE** Basketball Clemson Tigers v Miami Hurricanes at Littlejohn Coliseum (tip-off 12.00).

Eurosport 1

Sky 413 Virgin 521 EE HD 412

6.00am Snooker **8.00** Cycling **10.30** Snooker: Welsh Open **12.30pm** **LIVE** Snooker Day three of the Welsh Open from Llandudno, featuring round two. **4.30** Snooker: Welsh Open **7.00** **LIVE** Snooker Day three of the Welsh Open in Llandudno. **11.00** Snooker **1.00am** Biathlon **2.00** Snooker **4.00-6.00am** Biathlon



Test Cricket 3.30am

TNT Sports 1 England skipper Ben Stokes is batting for glory

Sky Premier League

Sky 402 Virgin 512/HD 502 EE 420/HD 440

6.00am Greatest Games **7.00** Highlights **10.00** The Football Show **12 noon** Soccerbox **1.00pm** Highlights **3.00** 100 Club (AD) **6.00** Legends (AD) **6.30** Stories **7.00** Soccer Special **10.15** Stories **10.45** Review **11.45** Stories **12.15am** Icons **12.45** Greatest Games **1.00** Premier League Years **3.00** Greatest Games **4.00** Best Goals (AD) **5.30-6.00am** 100 Club (AD)

Sky Cricket

Sky 404 Virgin 514/HD 504 EE 422/HD 442

6.00am Best of the Big Bash (AD) **7.00** Big Bash League Highlights **9.00** Big Bash League Cricket **1.00pm** Big Bash League Cricket: the 2024 final at Sydney Cricket Ground **5.30** Best of the Big Bash (AD) **6.00** Secrets of Success **7.00** Big Bash League Highlights **9.00** Secrets of Success **10.00** Big Bash Highlights **12 midnight** Big Bash League: the 2024 final from Sydney **4.30am** Best of the Big Bash (AD) **5.00-6.00am** Women's World Cup Highlights (AD)

Sky NFL

Sky 408 Virgin 517/HD 507 EE 426/HD 446

6.00am NFL **12 noon** Good Morning Football **3.00pm** America's Game (AD) **4.00** Super Bowl LVIII **5.00** Super Bowl Bitesize **6.00** Pro-Football Talk **8.00** NFL Highlights **9.00** Super Bowl LVIII **10.00** Super Bowl Bitesize **11.00** America's Game (AD) **12 midnight** Total Access **1.00-6.00am** NFL

Sky Arena

Sky 412 Virgin 518/HD 508 EE 427/HD 447

6.00am Boxing (AD) **7.00** Premier League Darts **10.30** Super League **10.45** Women's Super League (AD) **11.30** Super League **1.00pm** British Basketball League **3.30** Unbeatable **4.00** Netball **6.00** Boxing **7.00** Rugby League Retro **9.00** British Basketball League **11.30** Unbeatable **12 midnight** **LIVE** Basketball Clemson Tigers v Miami Hurricanes, an NCAA game (tip-off 12.00). **2.00am** Premier League Darts **5.30-6.00am** Super League (AD)

Eurosport 2

Sky 414 Virgin 522 EE HD 413

6.00am Cross-Country Skiing **7.00** Biathlon **8.00** Snooker: Welsh Open **10.00** Judo **11.00** Cyclo-Cross **1.00pm** **LIVE** Cycling: Stage one of the Tour of Andalusia; **3.00** Tour of Algarve, stage one. **4.55** **LIVE** Biathlon The World Championships from Nove Mesto, the men's 20km individual event. **6.15** Winter Sports **6.30** Discovery Golf **7.00** Cycling **9.00** Biathlon **10.00** World Superbikes **11.00** A Voyage of Discovery **12 midnight** Cycling **2.00am** Biathlon **3.00** Cyclo-Cross **4.00-6.00am** Snooker

TNT Sports 1

Sky 410 Virgin 527 EE 408/HD 430

6.30am Premier League Netbusters (AD) **7.00** Wrestling **9.30** World Rally (AD) **10.00** Champions League Football **12 noon** **LIVE** Pro League Hockey China v Australia, the women's match (push-back 12.00); **2.00pm** India v Netherlands, the women's match (push-back 2.00). **4.00** Premier League Football **5.30** Football Is for Everyone (AD) **7.00** **LIVE** Champions League Football Lazio v Bayern Munich, the round of 16, first-leg match at Stadio Olimpico (kick-off 8.00). **10.15** Champions League Football **11.00** Premier League Reload **11.15** TNT Sports Goals Reload **11.30** Serie A: Full Impact (AD) **12 midnight** **LIVE** NBA Philadelphia 76ers v Miami Heat at Wells Fargo Centre (tip-off 12.00). **2.30am** Australian Football **3.30-6.00am** **LIVE** Test Cricket India v England, the first day of the third Test in the five-match series. Coverage continues until 12 noon.

TNT Sports 2

Sky 411 Virgin 528 EE 409/HD 431

6.00am Italian Football: the best action from ten Serie A matches **4.00pm** Test Cricket Highlights **5.00** **LIVE** Spanish Football Barcelona v Levante, a women's Liga F match (kick-off 5.00). **7.00** TNT Sports Reload (AD) **7.15** Premier League Reload **7.30** **LIVE** Champions League Football Paris Saint-Germain v Real Sociedad, the round of 16, first-leg match (kick-off 8.00). **10.15** Wrestling (AD) **11.15** UFC **12.15am** Champions League Football **2.15** Crouchy and Cole **2.30** UFC **3.00-6.00am** **LIVE** Test Cricket Australia v South Africa, day one of the one-off women's Test match from the WACA Ground, Perth. Coverage continues until 11am.

TNT Sports 3

Sky 417 Virgin 529 EE 410/HD 432

6.00am Champions League Football **8.00** Sign Up: into Football **8.45** **LIVE** International One-Day Cricket Sri Lanka v Afghanistan, the third and final ODI in the series from Colombo. **5.00pm** TNT Sports Reload (AD) **5.30** Serie A: Full Impact (AD) **6.00** **LIVE** Italian Football Bologna v Fiorentina at Stadio Renato Dall'Ara (kick-off 6.00). **8.00** Serie A: Full Impact (AD) **8.30** Test Cricket Highlights **9.30-6.00am** **LIVE** Test Cricket New Zealand v South Africa, day three of the second and final Test from Seddon Park, Hamilton.

TNT Sports 4

Sky 421 Virgin 530 EE 411/HD 434

6.00am Australian Football Highlights **6.30** NBA **9.30** Australian Football Highlights **10.00** Pool **11.30** Surfing **12.30pm** Europa League Magazine **1.30** NBA **4.30** Australian Football Highlights **5.00** Wrestling: WWE (AD) **7.00** International T20 Cricket Highlights **8.00** Pro League Hockey **10.00** **LIVE** Pro League Hockey Argentina v Belgium, the men's match (push-back 10.00). **12 midnight** Reload (AD) **12.30am** **LIVE** Pro League Hockey Argentina v Belgium, the women's match (push-back 12.30). **2.30** Serie A: Full Impact (AD) **3.00** **LIVE** NBA Golden State Warriors v Los Angeles Clippers from Chase Centre (tip-off 3.00). **5.30-6.00am** Reload (AD)

Thursday

DOCUMENTARY The Dog House

8.00pm **C4** Catch up via C4 streaming

The dogs of Woodgreen Pets Charity in Cambridgeshire are back to overwhelm us with their lovability. This is a show (now in its fifth series) that jumps up, licks your face and looks at you with puppy eyes until you give in. There is no resisting. The sunny niceness of the charity's staff would be enough on its own, but combined with quirky would-be owners and a good dash of manic doggy energy, it's a slam dunk.

The format works like a dating show. Applicants turn up at the centre and, in a cosy space stuffed with lenses and mics, meet animals that might fill the dog-shaped hole they sense in their lives.

James arrives with his four young daughters: he and the girls' mother are separated and he hopes a pet might help during the 50 per cent of the time when he lives on his own. "It'll give me a purpose when the kids aren't here," he says, rather forlornly. In a show that forever treats dogs as if they were people (and people like big, warm-hearted dogs), he's a perfect case study.

DAVID BUTCHER



PLAYMATES
Woodgreen staff member Casey with his doggy pals Daisy and Rome

DRAMA Darby and Joan

8.00pm **Drama**
Catch up via UKTV Play

Had Jack and Joan not crashed into each other back in episode one, it's doubtful that they'd ever have crossed paths. But both ought to be thankful for the collision, as their new-found friendship is having therapeutic effects. Jack's obviously aiding Joan when it comes to her late husband's secrets, but she's also helping him atone, especially when it comes to the mess he's made of past relationships.

Tonight, there's more from the jilted Rosemary, who appears again after her daughter, a surf life-saving champion, gets caught up in a doping scandal. It's bad news for her, but the coastal setting makes the episode a perfectly packaged piece of paradise for us. **DAVID BROWN**

HISTORY Pearl Harbor, World on Fire

8.40pm **PBS America**
Catch up via Freeview Play

Perhaps the most striking aspect of Japan's attack on the US naval base at Pearl Harbor, Hawaii, on 7 December 1941 was just how shocking it was. As the first episode in this two-parter explains, the Japanese had planned meticulously, using 200 informants, while also seeking diplomatic means of ending the US-imposed fuel embargo thwarting their ambitions.

The US somehow failed to notice an armada of six aircraft carriers, eight tankers, 32 ships and 20 patrol boats sailing 4,000 miles over 11 days. When approaching Japanese aircraft were spotted, the weather prevented the warning from getting through. It was the perfect storm.

JOHN AIZLEWOOD

REALITY The Apprentice

9.00pm **BBC1** Catch up via iPlayer

After two disastrous food-related tasks (the apple crumble fishcakes will live on in infamy and the cheesecakes weren't much better), Lord Sugar takes the candidates out of the kitchen before they cause some kind of public health crisis.

Instead, they're trading mini-bites for megabits, designing and flogging "virtual escape rooms" to investors. In other words, they're merging *Crystal Maze*-style team puzzle-solving activities with a video game VR headset.

As ever, watching the hapless *Apprentice* wannabes get to grips with fleeting technology trends is good fun – though, after the pitches, the industry experts might be looking for their own swift escape through a back door. **HUW FULLERTON**

DRAMA Alice & Jack

9.00pm **C4**
Catch up via C4 streaming

Jack (Domhnall Gleeson) confides in friend and colleague Paul (Sunil Patel) about what he should do now that Alice (Andrea Riseborough) has got back in touch. His mate's take? She belongs to the pages of history. Sage advice indeed.

If he took it, though, there wouldn't be a six-part series. Instead Jack, somewhat unwisely, agrees to meet Alice and, also somewhat unwisely, chooses not to tell Lynn (Aisling Bea). The fallout is profound.

As Alice and Jack get reacquainted, she's still closed off to him (her emotional wall is so high he's barely able to peep over it) and struggles not to let a traumatic past dictate her future. **FRANCES TAYLOR**
See feature: page 22

ALSO ON TODAY

Dragons' Den8.00pm **BBC1**

Whose money-making ideas will get the Dragons competing to open their wallets to invest in tonight's business pitches?

Bangers and Cash8.00pm **Yesterday**

In the first of a new series, Derek takes off for the Yorkshire coast to pick up a super-luxe 1963 Austin campervan.

**Julia**9.00pm **Sky Atlantic**

TV cook Julia Child (Sarah Lancashire, left) and the WGBH crew are invited to the White House to film in the President's kitchen.

DRAMA**Too Good to Be True**9.00pm **Channel 5**

Catch up via My5

"We're not a charity case," snaps Rachel (Kara Tointon) as her fabulously wealthy employer Elliot (Allen Leech) lavishes gifts on her and her son. His generosity is over the top – he even gives the 11-year-old Liam (Charlie Hodson-Prior) a car.

There's clearly a spark of attraction between Rachel and Elliot (and he has history with conflagrations as he reveals his parents tragically died in a fire), although his fierce assistant Simone (Sara Powell) is suspicious.

However – spoiler alert, don't read on if you've not yet seen yesterday's opening episode – what's with his obsession with surveillance cameras? **JANE RACKHAM**

COMEDY**Billy Connolly Does...**9.00pm **Gold**

Catch up via Now

Billy Connolly has had a very long relationship with bad habits. Gags and observations about smoking and drinking have always played a big part in his act. "When you have a smoke, God takes a year off your life and gives it to Keith Richards," he told one audience.

Here, amid glorious clips from the Big Yin's stand-up shows and travelogues as well as old ads and quirky archive film, he reminisces about fags, booze and the proper way to make porridge.

He also tells a great story about what happened after he got chatting to a drunk standing at a pie cart in Australia during one of his travelogues. **JR**

DRAMA**Murdoch Mysteries**9.00pm **Alibi** Catch up via Now

Halloween has become a time for the writers of *Murdoch Mysteries* to indulge themselves, with this year's special finding inspiration in *The Treehouse of Horror* episodes of *The Simpsons*. Sounds unlikely? Well, yes, it's true that most of what plays out is too parodic to be truly scary, though there are flashes of fright to be found in the four vignettes, each of which focuses on a different series regular.

For my money, the best is the first, which centres on Julia and that staple of ghoulish fantasy drama: the brain in a jar. We've seen pulsing, bubbling grey matter in everything from *The Twilight Zone* to *Doctor Who*, but never, by my reckoning, in a period police procedural. **DB**

LIVE SPORT

**Cricket: Men's Test Series****India v England**3.30am (Thu am) **TNT Sports 1**

Day one of the third Test (of five) begins in Rajkot, Gujarat, where batter Ollie Pope will be looking to make another big innings.

Football: Europa League**Feyenoord v AS Roma**5.30pm (k/o 5.45pm) **TNT 1****AC Milan v Rennes**7.45pm (k/o 8pm) **TNT 1**

Play-off action.

Rugby League:**Super League****Hull FC v Hull Kingston Rovers**7pm (k/o 8pm) **Sky Arena**

The hosts won their last derby.

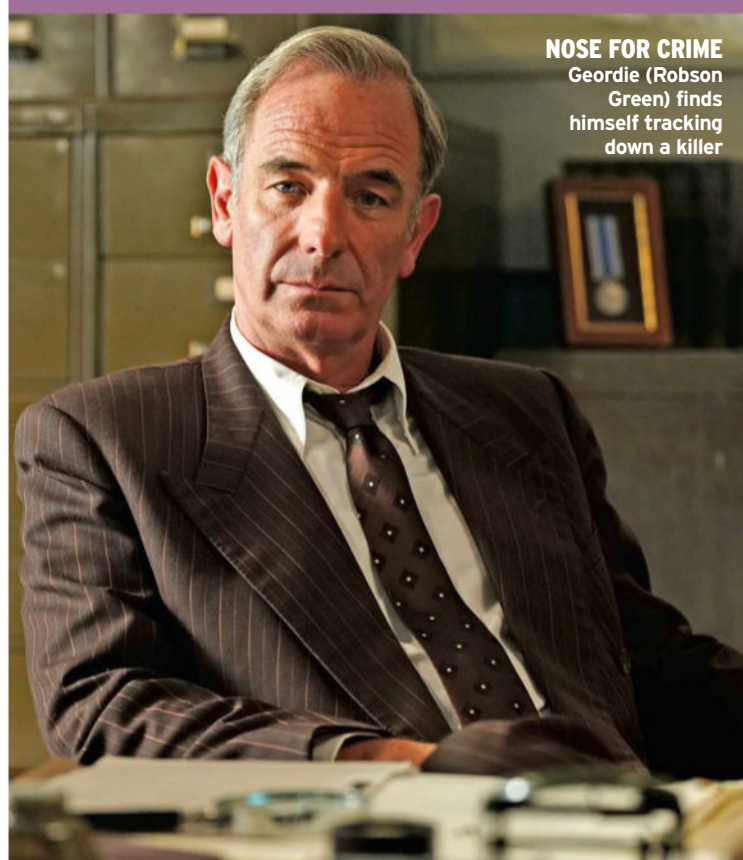
FILM OF THE DAY

**The Three Faces of Eve**★★★★ **PG** 9.00pm **BBC4**

Joanne Woodward won an Oscar for her trio of performances in this drama based on a real-life case.

She plays a woman with split personalities, while Lee J Cobb provides stalwart support as the psychiatrist who diagnoses her condition. (1957)

FILM REVIEWS
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**NOSE FOR CRIME**

Geordie (Robson Green) finds himself tracking down a killer

DRAMA**Grantchester**9.00pm **ITV1** Catch up via ITVX**SERIES FINALE**

Will was last seen leaving town in search of oblivion, but thanks to a drunken fight, he only makes it as far as Colchester. Luckily, a kind-hearted PC played by Mark Benton takes Will in, though with a T-shirt stained with blood and a thumping hangover, he's not exactly giving off vicarish vibes.

Geordie, meanwhile, who is just days away from retirement, hares off to collect his friend. But their reunion is soon marred by murder, which Geordie soon starts investigating.

Handily, the case focuses on the theme of forgiveness – something that's uppermost in Will's mind anyway. But with this being the last episode of the current series, there's also the need to resolve all the other ongoing subplots in the space of 60 minutes: something that's done a little too tritely and cloyingly for my liking. **DB**

THURSDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Naga Munchetty, Charlie Stayt. (S) (HD)
9.30 Morning Live Weekday magazine programme hosted by Gethin Jones and Kym Marsh. (S) (HD)
10.45 Dr Xand's Con or Cure Dr Megan Rossi looks into the validity of food intolerance tests. (S) (HD)
11.15 Homes under the Hammer Properties in Mexborough, Orpington and Greengill. (R) (S) (AD) (HD)
12.15pm Bargain Hunt Roo Irvine is at the Antiques, Vintage and Collectors Fair in Detling. (R) (S) (HD)
1.00 BBC News Regional News; Weather (S) (HD)
1.45 Doctors Suni waits the outcome of the panel, and Luca and Maria face an uncomfortable truth. (S) (AD) (HD)
2.15 Clean It, Fix It Making a home baby-friendly ahead of the arrival of twins. Rptd Friday 7.15am BBC2 (S) (HD)
3.00 Escape to the Country Chris Bavin helps a couple find a new home in Shropshire. (R) (S) (HD)
3.45 The Repair Shop The experts repair a stuffed toy lamb, an inherited breadcrumb maker that is over 100 years old, and a vintage radiogram. (R) (S) (AD) (HD)
4.30-5.15 Antiques Road Trip Items in Wiltshire include a ceramic cat and an old clothes rail able to hang a large pair of Victorian pants. (R) (S) (HD)

BBC2

6.30am Escape to the Country Finding a home in the Cairngorms. Shown Monday 3pm BBC1 (S) (AD) (HD)
7.15 Clean It, Fix It Shown yesterday 2.15pm BBC1 (S) (HD)
8.00-9.00 Sign Zone Gardeners' World In the third of four compilations, Monty Don plants up some pots with shade-loving plants for a summer display. Shown Sat 9am (S) (AD) (HD)
9.00 BBC News (S) (HD)
9.00 BBC RED BUTTON 12.30-4.30 Snooker Live coverage of the Welsh Open from Venue Cymru in Llandudno
1.00pm Impossible Quiz with Rick Edwards. (R) (S) (HD)
BBC SPORT ONLINE 1.00-7.00 Darts Live coverage of the World Seniors Championships from Purfleet, at bbc.co.uk/sport
1.45 The Tournament Eight players do battle in the knockout quiz show, hosted by Alex Scott. (R) (S) (HD)
2.30 The Farmers' Country Showdown Farmers head to Barnard Castle Farmers' Market. (R) (S) (HD)
3.15 The Great British Sewing Bee The four semi-finalists return to the sewing room to celebrate the influences of Japanese design and sewing. (R) (S) (AD) (HD)
4.15-5.15 Animals with Cameras A close-up look at the lives of various wild creatures. (R) (S) (AD) (HD)

ITV1

6.00am Good Morning Britain (S) (HD)
9.00 Lorraine Fashion, food and chat. (S) (HD)
10.00 This Morning Celebrity interviews, cookery and lifestyle advice. Including **Regional Weather** (S) (HD)
12.30pm Loose Women Heated debates. (S) (HD)
1.30 ITV Lunchtime News Regional News; Weather (S) (HD)
2.00 Jimmy's Taste of Florida In central Florida, Jimmy Doherty learns the secrets of perfect grilling at a barbecue restaurant. Signed repeat 5.05am (S) (AD) (HD)
3.00-4.00 Lingo Jack and Rob, Rosie and Wes, and Jenny and Dev aim for the jackpot in the word game. Adil Ray hosts. (R) (S) (HD) Followed by **Regional Weather**

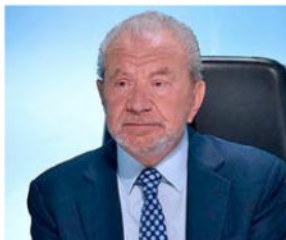
Channel 4

6.10am Countdown With guest Tim Rice. (S) (HD)
6.50 Cheers Two episodes of the comedy. (R) (S) (HD)
7.40 3rd Rock from the Sun Double bill. (R) (S) (AD)
8.30 Everybody Loves Raymond (R) (S) (AD) (HD)
10.00 Frasier Double bill of the sitcom. (R) (S) (AD)
11.00 The Great House Giveaway Mair and Dafydd have six months to restore and sell a historic chapel in Neath and Port Talbot. (R) (S) (HD) **12 noon News** (S) (HD)
12.05pm Sun, Sea and Selling Houses A couple from Huddersfield want to move to Spain. (R) (S) (HD)
1.05 Find It, Fix It, Flog It Henry Cole and Simon O'Brien head to Dumfries and Galloway. (R) (S) (AD) (HD)
2.10 Countdown Tim Rice is in Dictionary Corner. (S) (HD)
3.00 A Place in the Sun Jasmine Harman helps semi-retired children's nurse Tracey look for a holiday home in La Duquesa on the Costa del Sol. (R) (S) (HD)
4.00-5.00 A New Life in the Sun In Almería, renovation hitches reach new heights for Yorkshire B&B owners Josie and Steve. Repeated 6pm 4seven (S) (HD)

BBC1

1

The Apprentice
9.00pm Can Lord Sugar's candidates discover the key to success with an escape room pitch?



5.15pm Pointless

Quiz in which contestants try to score the fewest points possible by giving the least obvious correct answers to questions. Presented by Alexander Armstrong, assisted by guest co-host Alex Brooker. Director John Spencer; Series producer Laura Turner (R) (S) (HD)

6.00 BBC News Weather

6.30 Regional news magazines

7.00 The One Show

Jermaine Jenas and Lauren Laverne host. (S) (HD)

7.30 EastEnders

Gloria implores George to give her a chance to explain herself. Jack rejects Denise's suggestions for Valentine's Day, secretly yearning to be with Stacey.

Jack Branning	Scott Maslen	Reiss Colwell	Jonny Freeman
Denise Fox	Diane Parish	Gina Knight	Francesca Henry
Stacey Slater	Lacey Turner	Vinny Panesar	Shiv Jalota
Chelsea Fox	Zaraah Abrahams	Peter Beale	Thomas Law
Howie Danes	Delroy Atkinson	Sam Mitchell	Kim Medcalf
Honey Mitchell	Emma Barton	Phil Mitchell	Steve McFadden
Jay Brown	Jamie Borthwick	Whitney Dean	Shona McGarty
Harvey Monroe	Ross Boatman	Bobby Beale	Clay Milner Russell
Ben Mitchell	Max Bowden	Felix Baker	Matthew Morrison
Freddie Slater	Bobby Brazier	Bernadette Taylor	Claire Norris
Linda Carter	Kellie Bright	Eve Unwin	Heather Peace
Martin Fowler	James Bye	Alfie Moon	Molly Rainford
Sonia Fowler	Natalie Cassidy	Ravi Gulati	Shane Richie
Nish Panesar	Navin Chowdhry	Suki Kaur Panesar	Balvinder Sopal
Callum Highway	Tony Clay	Kathy Beale	Gillian Taylforth
Cindy Beale	Michelle Collins	Kat Mitchell	Aaron Thiara
Dean Wicks	Matt Di Angelo	Patrick Trueman	Rudolph Walker
Sharon Watts	Letitia Dean	Ian Beale	Jessie Wallace
Kim Fox	Tameka Empson	Jean Slater	Adam Woodyatt
Zack Hudson	James Farrow	Yolande Trueman	Gillian Wright
Billy Mitchell	Perry Fenwick		Angela Wynter

Writer Pete Lawson This week's episodes directed by Toby Frow
 More cast Wednesday (S) (AD) (HD)

8.00 Dragons' Den

7/14. Entrepreneurs pitch their money-making ideas to Peter Jones, Deborah Meaden, Touker Suleyman, Sara Davies and Steven Bartlett, as the hopefuls seek much-needed investment to propel their innovative products to the next level. Presented by Evan Davis. A box set of previous episodes is available on iPlayer. Series producer Natalie Richardson
 Executive producer Samantha Davies (S) (AD) (HD)

9.00 The Apprentice

RT 3/12. The candidates are thrown into the world of virtual escape rooms as Lord Sugar tasks them with creating a new game concept, before they pitch their ideas to industry experts. Aides Baroness Karren Brady and Tim Campbell witness medieval madness for one team, while logic goes out of the window for the other group. But who will be shown the door? *You're Fired* follows on BBC2. See p90.
 Director Roman Green; Series producer Kat Airy (S) (AD) (HD)

10.00 BBC News Regional News; Weather

10.40 Question Time

Fiona Bruce invites a panel of politicians and other guests in Lancaster to answer questions from an invited audience. Available live at 8pm on iPlayer. Executive producer Nicolai Gentchev; Editor Daniel Maxwell (S) (HD)
 Have Your Say: tweet with #bbcqt

11.40 Newscast

BBC journalists including Adam Fleming and Chris Mason host a weekly round-up from Westminster. Senior editors Jonathan Aspinwall and Sam Bonham (S) (HD)
 The podcast is available via BBC Sounds

12.10am Michael McIntyre's Big Show 5/6 Series 7
 Michael McIntyre presents another hour of entertainment at London's prestigious Theatre Royal, Drury Lane, featuring musical and comedy performances. Shown Sat 6.50pm (S) (HD)

1.10 Weather for the Week Ahead (S) (HD)

1.15-6.00am BBC News (S) (HD)

BBC1 Freeview 1/HD 101 Freesat 101 Sky 101 Virgin 101

BBC2

2

Great British Menu

8.00pm
 Olympic gold medal-winning rower Katherine Grainger guests



5.15pm Flog It!

Paul Martin presents a compilation edition, featuring valuations at Blethley Park, the Ulster Transport Museum and Crowcombe Court. (R) (S) (HD)

6.00 Richard Osman's House of Games

Former winners Kaye Adams, Alex Brooker, Kiell Smith-Bynoe and Isy Suttie take part. (S) (HD)

6.30 Rick Stein's Food Stories

4/15. Northern Ireland. Rick takes into a Filipino-style Sunday lunch in Belfast before heading to Northern Ireland's Atlantic coast to meet an award-winning chef who transforms fish offal and under-used species such as dog fish into stunning dishes. Rick makes his first ever Filipino dish and, after witnessing the dry-ageing of some special Irish beef, cooks a beef and Guinness pie. (S) (AD) (HD)

7.00 Inside the Factory

8/10 Series 8. Chocolate Bars. Gregg Wallace is in York to find out how the Nestlé factory makes more than eight million bars of chocolate every day. Shown Sunday 8pm (S) (AD) (HD)

9 BBC RED BUTTON 7.00-10.00 Snooker Live coverage of the Welsh Open from Venue Cymru in Llandudno

9 BBC SPORT ONLINE 7.00-11.00 Darts
 Live coverage of the World Seniors Championships from Purfleet, available at bbc.co.uk/sport

8.00 Great British Menu

The two highest scoring chefs from Scotland go head to head and cook their six-course menus again. Olympic gold medal-winning rower Katherine Grainger joins the judging panel, which comprises restaurateur Nisha Katona, Michelin-starred chef Tom Kerridge and comedian and podcast host Ed Gamble. Presented by Andi Oliver. (S) (HD)

9.00 Fake or Fortune?

Series 10. Fiona Bruce and Philip Mould investigate a charming landscape painting of a French village, which American owners Kim and Chuck Van Fossan believe to be by British artist Alfred Sisley, a founding member of the 19th-century impressionist movement. Will the team gather enough evidence to convince the authorities that the painting really does belong in the catalogue of the artist's work? A box set is on iPlayer. Producer Guy Arthur; Series editor Robert Murphy
 First shown on BBC1 (S) (AD) (HD)

10.00 The Apprentice: You're Fired

Tom Allen meets the third fired candidate and shares exclusive behind-the-scenes content. Executive producer Amanda Sangorski (S) (HD)

10.30 Newsnight

With Victoria Derbyshire. (S) (HD)

11.10 Weather

11.15 Slammed: the Eighties

New series. 1/3 Series 3. Documentary charting the most turbulent decade in Welsh rugby history, with the golden era of the 1970s coming to an end. A new generation of talent emerged, but the world they found themselves in was changing rapidly and Wales had to learn to adapt or die. As the team lurched from crisis to crisis, could a hero emerge to lead them to victory? Featuring interviews with Jonathan Davies, Terry Holmes, Gareth Davies and Steve Fenwick. Series producer Eric Haynes First shown on BBC1 Wales (S) (HD)

12.15am Bring the Drama 1/6. Eight aspiring actors are mentored by casting director Kelly Valentine Hendry. See choice, page 90. Shown yesterday 9pm (S) (AD) (HD)

1.15-3.15am Sign Zone 1.15 Digging for Britain 6/6 Series 11
 Archaeological treasures in the west of Britain. (R) (S) (HD)

2.15 Putin vs the West: At War 2/2. How the impact of the war in Ukraine was felt across the globe. (R) (S) (AD) (HD)

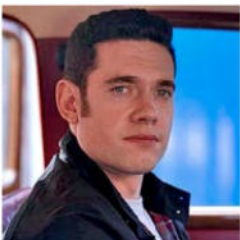
BBC2 Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102

ITV1

3

Grantchester

9.00pm Will finds himself embroiled in a tragic murder when he is found in a remote spot

**4.00pm Tipping Point**

Ben Shephard hosts as three players try to hit the jackpot on the big arcade machine. (S) (HD)

5.00 The Chase

Diane, Matt, Katie and Andy take on one of the fearsome Chasers. Bradley Walsh hosts. (S) (HD)

6.00 Regional News Weather (S) (HD)**6.30 ITV Evening News Weather** (S) (HD)**7.30 Emmerdale**

It's the day of the wedding, and Suzy becomes stressed as the reception descends into chaos.

Suzy Merton **Martelle Edinborough** Charles Anderson **Kevin Mathurin**
Aaron Dingle **Danny Miller** Chas Dingle **Lucy Pargeter**
Amit Sharma **Anil Goutam** Claudette Anderson **Flo Wilson**
Amy Wyatt **Natalie Ann Jamieson** Dawn Fletcher **Olivia Bromley**
Bear Wolf **Joshua Richards** Ella Forster **Paula Lane**
Belle Dingle **Eden Taylor-Draper** Eric Pollard **Christopher Chittell**
Billy Fletcher **Jay Kontzle** Ethan Anderson **Emile John**
Bob Hope **Tony Audenshaw** Evan Fletcher **Malachi McKenzie**
Brenda Walker **Lesley Dunlop** Gabby Thomas **Rosie Bentham**
Charity Dingle **Emma Atkins** Gail Loman **Rachael Gill-Davies**
Writer Kirsty Halton More cast Friday (S) (AD) (HD)

8.30 Help! We Need a Builder: Britain's Skills Shortage – Tonight

It's been estimated that the country will need more than a million new recruits in trades and construction over the next decade. Michelle Ackerley investigates the nation's skills gap. Producer Keeley Lane (S) (HD)

NOTE: as *Tonight* reacts to the news its subject matter may change

9.00 Grantchester

RT 6/6 Series 8. Will ends up battered and bruised in the middle of nowhere and is taken in by a local policeman. Georgie is called to collect him, but they soon find themselves caught up in a tragic murder. **See page 91.**

Geordie Keating **Robson Green** Esme Keating **Skye Lucia Degrutola**
Will Davenport **Tom Brittny** Keith Pruitt **Narinder Samra**
Leonard Finch **Al Weaver** Sam "Mac" MacKenzie **Mark Benton**
Mrs Chapman **Tessa Peake-Jones** Jacob Wilson **Badger Skelton**
Cathy Keating **Kacey Ainsworth** Sadie Wilson **Audrey Kattan**
Jack Chapman **Nick Brimble** Rob Wilson **Andrew Westfield**
Daniel Marlowe **Oliver Dimsdale** June Wilson **Carol Harvey**
Bonnie Davenport **Charlotte Ritchie** Curtis Cooper **Eric Stroud**
Larry Peters **Bradley Hall** Matron **Karlina Grace-Pasada**
Miss Scott **Melissa Johns** Ivy Keating **Rubie-Rose Fearfield**
Elliott Wallace **Michael D Xavier** Dora Keating **Rose Allen**
Ernie Evans **Isaac Hignams** David Keating **Carter-Jae O'Neil**
Writer Daisy Coulam; Producer Tim Whitby
Director Rob Evans (S) (AD) (HD)

10.00 ITV News at Ten

Weather; Regional News and Weather (S) (HD)

10.45 Born from the Same Stranger

4/4. Following the efforts of people who were donor-conceived to track down their siblings and the anonymous donors who gave them life. Davina McCall narrates. **See choice, page 60.** Shown Monday 9pm (S) (AD) (HD)

11.40 Big Zuu's 12 Dishes in 12 Hours

6/6. The rapper and chef sets out on a culinary journey around Valencia with comedian Sindhu Vee, sampling a dozen local dishes to find out more about the Spanish city. **See choice, p41.** Shown Saturday 10.45pm (S) (AD) (HD)

12.15am All Elite Wrestling: Rampage Hard-hitting action from the USA. Shown Tuesday 11.35pm ITV4 (S) (HD)

1.10 Home Shopping

3.00 Grantchester 7/8 Series 6. When a prisoner is accused of murder, the investigation stirs up some unpleasant memories for Georgie. (R) (S) (SL) (AD) (HD)

3.50 Unwind A sequence to calm the mind. (S) (HD)

5.05-6.00am Jimmy's Taste of Florida Jimmy explores central Florida. Shown 2pm (S) (SL) (AD) (HD)

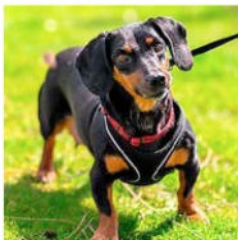
ITV1 Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 103

+1 Freeview 35 Freesat 112 Sky 203 Virgin 303

Channel 4

4
7 in Wales**The Dog House**

8.00pm Sausage dog Tinkerbelle hopes to make a good impression as the series returns

**5.00pm Château DIY**

Donna and Paul turn a cowshed into a business suite, while Alison and Zion discover a nest of bees on the balcony of their bridal suite.

Repeated tomorrow 4pm 4seven (S) (AD) (HD)

6.00 Come Dine with Me

On the fourth night in Bolton, HR manager Jay decides that simplicity is the key to success. (S) (HD)

6.30 The Simpsons

The Changing of the Guardian. Marge and Homer seek out guardians for their children. (R) (S) (AD) (HD)

7.00 Channel 4 News Sport; Weather (S) (HD)**8.00 The Dog House**

RT **New series. Ep 1 Series 5.** The staff at Woodgreen Pets Charity are back to find new homes for more abandoned canines. This week, James and his daughters meet Papaya, while Yvonne and Graham think their sausage dog Baxter needs a buddy and have their eye on fellow sausage Tinkerbelle. And, keen to become more active following a health scare, Tom and Adele are introduced to two pooches. The next edition will be available to stream after this episode is shown. **See page 90.**

Series director Jordan Maloy; Series producer Katie Brimblecombe
Repeated tomorrow 8pm 4seven (S) (AD) (HD)

9.00 Alice & Jack

RT 2/6. The romantic drama starring Andrea Riseborough and Domhnall Gleeson continues. Now a father and happily married, Jack receives an unexpected call that turns his life upside down. **See page 90.**

Alice **Andrea Riseborough** Randall **Mark Cameron**
Jack **Domhnall Gleeson** Caro **Sian Goff**
Lynn **Aisling Bea** Balfrey **Derek Horsham**
Paul **Sunil Patel** Reya **Bairavi Manoharan**
Maya **Aimee Lou Wood** Maligioglio **Jasmine Nazih Jones**
Donna **Rachel Adedeji** Vicar **Matthew Cottle**
Louise **Ella Bruccoleri** Reporter **Sam Naz**
Young Alice **Megan Lindsay**

Writer Victor Levin (S) (AD) (HD)

See feature: page 22

10.00 Gogglebox

The armchair critics share their thoughts on small-screen offerings from April 2023, including *I'm a Celebrity... South Africa*, *Married at First Sight Australia*, *Obsession*, *Britain's Got Talent*, *Absolutely Dyer: Danny and Dani Do Italy* and *The Yorkshire Vet*. (R) (S) (AD) (HD)

11.05 Opinions from May 2023, including *I'm a Celebrity... South Africa*, *Citadel*, *The 1% Club*, *Celebrity Hunted*, *Britain's Got Talent*, *Reunion Hotel* and *Canal Boat Diaries*. A new series starts tomorrow 9pm. (R) (S) (AD) (HD)

12.05am To Catch a Copper 3/3. The unit investigates allegations of sexual misconduct made against police officers. **See choice, p61.** Shown Mon 9pm (S) (SL) (AD) (HD)

1.00 Big Boys 6/6 Series 2. During a long night, Jack's whole family must confront past tragedies. **See choice, page 50.** Shown Sunday 10pm (S) (SL) (AD) (HD)

1.30 Brits Down Under As their stay on the farm draws to a close, the group celebrate their time together with an awards ceremony. Shown Tuesday 11.05pm (S) (AD) (HD)

2.25 First Dates Hotel Sparks fly when cab driver Josie meets plumber Martin. (R) (S) (SL) (AD) (HD)

3.15 Know Your S*: inside Our Guts** The experts meet a woman with a wind problem. (R) (S) (AD) (HD)

4.10 Kirstie and Phil's Love It or List It: Brilliant Builds Looking back on two bungalows. (R) (S) (AD) (HD)

5.00 Undercover Boss USA Stephanie McMahon of the WWE meets aspiring wrestlers and fans. (R) (S) (HD)

5.45-6.10am Supermarkets Unwrapped: the Freezer Aisle A look at soft-scoop ice cream. (R) (S) (SL) (AD) (HD)

Channel 4 Freeview 4/HD 104 Freesat 104 Sky 104 Virgin 104

+1 Freeview 15 Freesat 121 Sky 204 Virgin 304

BBC4

9
24 in Scotland**The Three**

Faces of Eve
9.00pm Joanne Woodward stars as a troubled young woman

**7.00pm Dynasties II**

1/4 Series 2. Puma. David Attenborough narrates as a mother puma battles her rivals and tackles her prey nearly three times her size. She must also endure the wild mountain weather of Patagonia in order to raise her four cubs, which is her biggest litter to date. Repeated 1.55am (R) (S) (AD) (HD)

8.00 Pluto: Back from the Dead

New discoveries are transforming what is known about Pluto, thanks to the New Horizons space probe that took the first ever close-up images. Pluto was once thought to be geologically dead, but the pictures revealed it to be an active world of stunning complexity, as explored in this *Horizon* documentary. Director/Producer Alastair Duncan
Repeated 2.55am (R) (S) (HD)

9.00 The Three Faces of Eve

★★★ Psychological drama with Joanne Woodward and Lee J Cobb. When wife and mother Eve experiences headaches, blackouts and memory loss, psychiatrist Dr Luther investigates and realises that she has three very different personalities. Her husband Ralph is sceptical, but Dr Luther attempts to merge the disparate personalities into one. On iPlayer for 30 days. **Film of the Day: page 97.**
Eve **Joanne Woodward**
Ralph White **David Wayne**
Dr Luther **Lee J Cobb**
Dr Day **Edwin Jerome**
Secretary **Alena Murray**
Mrs Black **Nancy Kulp**
Mr Black **Douglas Spencer**
Bonnie **Terry Ann Ross**
Narrator **Alistair Cooke**
Director Nunnally Johnson (1957, PG) (S)

10.30 How to Marry a Millionaire ★★★

★★★ Romantic comedy. Three beautiful young women who are determined to find wealthy husbands rent a luxurious Manhattan apartment together to impress affluent bachelors. On iPlayer for 25 days. **Review p47.**

Loco **Betty Grable**
Pola **Marilyn Monroe**
Schatzle Page **Lauren Bacall**
Freddie Denmark **David Wayne**
Eben **Rory Calhoun**
Tom Brookman **Cameron Mitchell**
J Stewart Merrill **Alex D'Arcy**
Waldo Brewster **Fred Clark**
JD Hanley **William Powell**
Mike, elevator man **George Dunn**
Director Jean Negulesco (1953, U) (S)
Shown Saturday 2pm BBC2

12 midnight Sex Symbols: Talking

Pictures Sylvia Syms introduces archive interviews featuring the handsome heroes and pin-ups of the silver screen, including Gary Cooper, Paul Newman, Robert Redford, Jane Russell and Marilyn Monroe. (R) (S)

12.45am Parkinson Michael Parkinson reflects on when he met Walter Matthau and George Burns, in highlights from this 1976 interview. Shown Saturday 10.20pm (S)

1.25 Bob Hope: Talking Comedy A selection of archive interviews featuring the American actor and comedian. Shown Saturday 11pm (S)

1.55 Dynasties II Shown 7pm (S) (AD) (HD)

2.55-3.55am Pluto: Back from the Dead Shown 8pm (S) (HD)

BBC4 F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

BBC1
SCOTLAND

6.30-7.00pm
Reporting Scotland;
Party Political
Broadcast: by the
Scottish National Party

BBC
SCOTLAND

7.00pm Gold Town
8.00 Island Crossings
9.00 The Nine 10.00
Scot Squad 10.30
Dougray Scott: Bringing
Football Home
11.30-12 midnight
T in the Park: Best Bits

STV

6.00pm STV News
6.20-6.30 Party
Political Broadcast: by
the Scottish National
Party 8.30-9.00
Scotland Tonight:
Local Hero 10.45 Help!
We Need a Builder:
Britain's Skills
Shortage – Tonight
11.10 Born from the
Same Stranger
12.05am Big Zuu's 12
Dishes in 12 Hours
12.40-3.00 Night
Vision 3.50-5.05
Night Vision

ITV1 BORDER
SCOTLAND

6.00pm Lookaround
6.20-6.30 Party
Political Broadcast:
by the Scottish
National Party

BBC1 WALES

1.10-6.00am News

BBC2 WALES

9.00am BBC News
12.30pm Snooker
4.30-5.15 The Farmers'
Country Showdown
7.00-8.00 Snooker
11.15 Snooker
12 midnight-12.15am
Planet Earth –
a Lion's Tale

ITV1 WALES

10.45pm Face to Face
11.15 Born from the
Same Stranger
12.05-12.15am
Coast and Country

BBC1
NORTHERN
IRELAND

10.40pm Gerald Dawe
– Out of the Ordinary
11.40 Question Time
from Lancaster
12.40-1.10am
Newscast

BBC2
NORTHERN
IRELAND

9.00-10.00pm
Michael Longley:
Where Poems Come
From: a profile of the
Belfast poet

UTV

8.30-9.00pm Rare
Breed: a Farming Year
10.45 Help! We Need a
Builder: Britain's Skills
Shortage – Tonight
11.15 Born from the
Same Stranger 12.05-
12.15am Hidden
Northern Ireland

Channel 5
listings are overleaf

THURSDAY Freeview

Channel 5

5



Isle of Wight: Jewel of the South 8.00pm Susan makes a new friend

5.35am Milkshake! See page 96
9.15 Jeremy Vine (S) (HD)
11.15 Storm Huntley (S) (HD)
12.45pm Alexis Conran and Friends (S) (HD)
1.40 5 News (S) (HD)
1.45 Home and Away Felicity is wounded when she returns some belongings to Tane. Shown yesterday 6.30pm 5 Star (S) (AD) (HD)
2.15 Good Wife's Guide to Murder ★★ Thriller starring Nola Martin and Tennille Read. A crime vlogger becomes the prime suspect in her husband's murder. Director Max McGuire (2023) (S) (W) (HD)
4.00 Bargain-Loving Brits in the Sun Fiona is busy baking to raise funds for a local dog shelter. (R) (S) (AD) (HD)

5.00pm 5 News (S) (HD)
6.00 Susan Calman's Grand Day Out The comedian climbs the dramatic peaks of north Wales, stopping at a tea room before ascending Mount Snowdon using the mountain railway. (R) (S) (HD)
6.55 5 News Update (S) (HD)
7.00 The 1970s Supermarket 3/3. How supermarkets battled it out with price cuts and clever advertising campaigns as they fought to offer customers the best bargains, including the launch of the iconic "ASDA price" tag adverts. Directors Simon Newton and Mark Williams (R) (S) (HD)
7.55 5 News Update (S) (HD)

8.00 Isle of Wight: Jewel of the South
Ep 3 Series 2. In Calbourne, viewers meet Sally Chaucer, who owns the oldest working watermill on the island, and newcomer Susan McCall, who works at the Isle of Wight Donkey Sanctuary. Directors James Nutt and Tom Goddard Repeated tomorrow 3.50am (S) (HD)

9.00 Too Good to Be True
RT 2/4. Elliot and Rachel's relationship moves beyond platonic as they spend more time together. He asks her to be his plus one at a lavish gala fundraiser, and as they grow closer, Elliot confides in her about the loss of his mother at the hands of his father. See p91. For cast see Wednesday (S) (HD)

10.00 A&E after Dark
A patient in police custody is brought into hospital for treatment to a split eyebrow and facial wounds. (R) (S) (HD)

11.05 999: Criminals Caught on Camera
Featuring a Cornish cave rescue, a look at the hunt for the Croydon Cat Killer and a report about a clamdamp on infamous "puppy mills". First shown on 5 Action (S) (HD)

12.05am Nightmare Tenants, Slum Landlords: a family whose rent payments are overdue (R) (S) (HD) **1.00 Casino** (S) (HD) **3.00 Coastal** Devon and Cornwall with Michael Portillo (R) (S) (HD) **3.50 OMG: My Midlife Plastic Crisis** (R) (S) (SL) (HD) **4.40 House Doctor** (R) (S) (SL) (HD) **5.05 Wildlife SOS** (R) (S) (SL) **5.30-5.35am** Entertainment News (S) (HD)

C5 Freeview 5/HD 105 Freesat 105 Sky 105 Virgin 105
+1 Freeview 38 Freesat 128 Sky 205 Virgin 305

BBC4 listings are overleaf

BBC3

23



Normal People 10.35pm Connell and Marianne instantly feel the attraction

7.00pm Top Gear
Richard Hammond tries out a £340,000 Lexus. More tomorrow 7pm. (S) (HD)
8.00 Ghosts US 16/22 Series 2. Trevor and Hetty conspire to keep their relationship hidden. (S) (HD)
8.20 17/22. Elias Woodstone returns to the mansion. More tomorrow 8pm. (S) (HD)
Followed by **New. The Catch Up** (S) (HD)

8.45 Zen Motoring
Navigating his way through nature, Ogmios secures himself a country wave. (S) (HD)

9.00 Aftersun ★★ ★★
Drama starring Paul Mescal. Now an adult, Sophie reminisces about a holiday she took as a girl with her father. As she revisits her home video footage of the trip, Sophie reflects on her dad and the struggles with his mental health. On iPlayer for 12 months. Review page 57. Director Charlotte Wells (2022, 12) (S) (AD) (W) (HD) Shown Sunday BBC2

10.35 Normal People 1/12. Adaptation of Sally Rooney's bestselling novel set in Ireland. (S) (AD) (HD)
11.05 2/12. The relationship continues in secret. The series is on iPlayer. (S) (AD) (HD)
11.35 Brickies 5/6 Series 1. The bricklayers head to a village in Derbyshire. (S) (AD) (HD)
12.05am 6/6. The builders face a big challenge. A box set is on iPlayer. (S) (AD) (HD)
12.35 Drugs Map of Britain (S) (HD) **1.35 Normal People** (S) (AD) (HD) **2.35 Brickies** (S) (AD) (HD) **3.40-3.55am** Zen Motoring (S) (HD)

BBC3 Freeview 23/HD 107 (not Scot/Wales) Freesat 107 Sky 115 (117 Wales; 121 Scotland) Virgin 107 (157 Scotland/Wales)

ITV2

6

6.00am CITV (HD) **9.00** Chuck (S) (HD)
10.00 One Tree Hill: two episodes (S) (HD)
12 noon Secret Crush (S) (HD) **1.00pm** Dress to Impress (S) (HD) **2.00** Alan Carr's Epic Game Show (S) (AD) (HD) **3.00** One Tree Hill (S) (HD) **5.00** Dress to Impress (S) (HD)

6.00pm Celebrity Catchphrase Stephen Mulhern welcomes Kiehl Smith-Bynoe, Katie Piper and Shaun Williamson. (S) (AD) (HD)
7.00 Ant & Dec's Limitless Win Sisters Sarah and Amy return to continue their ascent of the money ladder. (S) (AD) (HD)

8.00 Superstore 8/22 Series 3. The staff's social media feeds are scrutinised when a controversial video is posted. (S) (AD) (HD)
8.30 9/22. Amy organises a post-divorce party with Dina and Jonah's help. (S) (AD) (HD)

9.00 New. Love Island: All Stars The twists and turns keep coming in the villa as the final week nears the end. (S) (HD)
10.05 New. Count Abdulla Abdulla is introduced as Amrita's new Sikh boyfriend when he gatecrashes a hen night. (S) (HD)
10.35 Family Guy Series 17. When Brian teases him about his stature, Stewie decides to invent a shrinking machine. (S) (AD) (HD)

11.05 After falling in love with a woman called Jess, Brian receives the devastating news that she has cancer. (S) (AD) (HD)
11.35 American Dad! Series 13. Jeff becomes a dog-racing coach. (S) (AD) (HD)
12.05am Stan has to take over Roger's different personas when a tumour takes the alien out of commission. (S) (AD) (HD)

12.30 Superstore: two episodes (S) (AD) (HD)
1.30 Deep Fake Neighbour Wars: double bill (S) (HD) **2.35-3.00am** Unwind (S) (HD)

ITV2 Freeview 6 Freesat 113 Sky 118 Virgin 115
+1 Freeview 29 (Tm-2am) Freesat 114 Sky 218 Virgin 315

ITV3

10



Trial and Retribution 10.00pm DCI Roisin Connor looks for a missing man

6.00am Classic Emmerdale (S) **7.00** Classic Coronation Street (S) (AD) **8.05** Where the Heart Is: 4/16 Series 5. Choices. Jess falls for a new man. Repeated 1.15am; **9.10 5/16.** The Ties That Bind. A glamorous woman stirs up trouble (S) (AD) **10.15** The Royal: 6/12 Series 4 Samantha makes a big decision. Rptd 12.25am (S) (AD) **11.20** Heartbeat: 21/24. A former PoW causes chaos in the village; **12.25pm 22/24.** Blaketon's car is stolen (S) (AD)

1.30pm Classic Emmerdale: double bill. Turner appears on daytime TV show *This Morning* and begs Shelly to get in touch, then the police warn Alan his broadcast may have damaged the case against Steph (S) **2.40** Classic Coronation Street: double bill. Sarah suggests to Todd that Karl should be his best man, then Dennis gives Fred several pictures of mail-order brides from Thailand (S) (AD) **3.45** Foyle's War: *The White Feather.* A pro-Hitler organisation is investigated (S) (AD) (HD)

5.55pm Heartbeat 23/24 Series 7. Ventress investigates missing golf balls, and some lads break into a local war hero's home. (S) (AD) **6.55 24/24.** Everyone is under suspicion when a girl reports a stalker. (S) (AD)

8.00 Endeavour 3/3 Series 7. Zenana. The detective uncovers a potential link between a series of peculiar accidents, leading him to an all-female Oxford college determined to eschew co-education. (S) (AD) (HD)

10.00 Trial and Retribution
The Lovers 1/2. A man vanishes while honeymooning in London, but there is little evidence to suggest foul play. Drama from 2005 starring David Hayman and Victoria Smurfit. Concludes tomorrow 10pm. (S)

11.30 The Ruth Rendell Mysteries
Going Wrong 3/3. After losing the fight with William, Guy decides to forget Leonora and make it up to Celeste. *The Orchard Walls* is tomorrow 11.30pm. (S)

12.25am The Royal Shown 10.15am (S) (SL) (AD)
1.15 Where the Heart Is Shown 8.05am (S) (AD)
2.05-2.30am Unwind (S) (HD)

ITV3 Freeview 10 Freesat 115 Sky 119 Virgin 117
+1 Freesat 116 Sky 219 Virgin 317

ITV4

26

6.00am The Protectors (S) (SL) (HD) **6.30** Minder (S) (SL) (AD) **7.35** The Professionals (S) (SL) (AD) **8.40** Magnum, PI (S) (AD) (HD) **9.40** The Saint (S) (AD) **10.45** The Casebook of Sherlock Holmes (S) (AD) (HD) **11.55** Kojak (S) (HD)

1.00pm Magnum, PI (S) (AD) (HD) **3.00** Minder (S) (AD) **4.05** The Professionals (S) (AD) **5.10** EFL Highlights (S) (HD)

6.40pm The Best of the 70s A look back at a selection of sports covered by ITV. (S) (HD)
7.00 The Chase Celebrity Special Julia Goulding, Oz Clarke, Laura Hamilton and Mr Motivator take on one of the Chasers. (S) (HD)

8.00 Monster Carp Ali Hamidi travels to South Africa and experiences a safari. (S) (HD)
9.00 FILM Shaun of the Dead ★★★★★ Comedy horror starring Simon Pegg. On the day north London slacker Shaun decides to sort his life out, the dead rise. (S) (AD) (W) (HD)

11.05 FILM Hot Fuzz ★★★★★ Action comedy starring Simon Pegg. London policeman Nicholas Angel is reassigned to a sleepy rural village, but soon finds that the big city doesn't have a monopoly on crime. (S) (AD) (W) (HD)

1.30am BattleBots (S) **2.30** Auto Mundial (S) (HD) **2.55-3.00am** Unwind (S) (HD)
ITV4 Freeview 26 Freesat 117 Sky 120 Virgin 118
+1 Freesat 118 Sky 220 Virgin 318

Drama

20



Darby and Joan 8.00pm Jack is asked to help a professional athlete

7.10am All Creatures Great and Small Rptd 4.10pm (S) **8.00** Doctors: double bill. Marc makes a misdiagnosis, then a pregnant 18-year-old consults Mac **9.20** Classic Holby City: Zosia gets emotionally involved with a patient Rptd 3am (S) (HD) **10.40** Classic Casualty: Charlie's colleagues show their support for him (S) **11.40** The Bill: Gina keeps the news of her cancer secret (S)

12.40pm Classic EastEnders: double bill. Alfie celebrates his new job, then the Slaters prepare for Freddie's christening **2.00** Monarch of the Glen: 6/10 Series 4. Lexie makes a disturbing discovery (S) **3.10** Kingdom: 4/6 Series 3. Peter takes on a blackmail case Rptd 2am (S) (HD) **4.10** All Creatures Great and Small: 3/14 Series 2. Fair Means and Fowl. The vets face a lawsuit Shown 7.10am (S) **5.20** Terry and June: 1/6 Series 4. A giant jigsaw proves to be a dangerous pastime

6.00pm As Time Goes By 9/10 Series 4. Judith's New Romance
Judith has a new boyfriend. (S)

6.40 Last of the Summer Wine Series 31. Howard and the Great Outdoors
Marina tries dressing down. (S) (HD)

7.20 Look Who's Wheel's Come Off
Pearl kisses Hobbo. (S) (HD)

8.00 New. Darby and Joan
RT 6/8. Jack is asked to help a professional athlete facing a doping accusation. See page 90. (AD) (HD)

9.00 Maisie Raine 2/6 Series 1. Food of Love. An elderly man is viciously attacked. (S) (AD)

10.00 New Tricks 6/10 Series 9. Love Means Nothing in Tennis. The death of a teenage tennis star occupies the team. (S) (AD) (HD)

11.20 Spooks 7/10 Series 4. Syria. Fiona's ex-husband turns up at a conference. (S)

12.40am Hustle: 3/6 Series 6. The team tries to raise £500,000 in a hurry (S) (HD)
2.00 Kingdom Shown 3.10pm **3.00-4.00am** Classic Holby City Shown 9.20am

Drama Freeview 20 Freesat 158 Sky 143 Virgin 116
+1 Freeview 60 Sky 243 Virgin 316

ITVBe

28

7.00am Billie and Greg: the Family Diaries (S) (HD) **8.30** Sugar Showdown (S) (HD) **9.00** LittleBe: children's programmes (HD)

12 noon Sugar Showdown (S) (HD) **12.25pm** The Real Housewives of Beverly Hills (S) (HD)

1.20 The Only Way Is Essex (S) (HD) **2.00** Buying and Selling (S) (HD) **3.00** Million Dollar Listing: NYC (S) (HD) **4.00** The Real Housewives of Atlanta (S) (HD) **5.00 New.** The Real Housewives of New Jersey (S) (HD)

6.00pm Masters of Flip Dave and Kortney Wilson face a difficult challenge. (S) (HD)

7.00 Million Dollar Listing: NYC Ryan tries to help a couple find a new home. (S) (HD)
8.00 James Martin's Spanish Adventure The chef is introduced to carcamusa and meets an organic honey producer. (S) (AD) (HD)

9.00 Emergency Nurses: A&E Stories Nurses Ben and Chloe treat a seizure patient and nurse Kia reveals her bodybuilding. (S) (HD)

10.00 New. Botched A woman needs Dr Nassif to fix her nose. (S) (HD)

11.00 The Cabins There is a frosty atmosphere in one of the cabins. (S) (HD)

12 midnight The Only Way Is Essex (S) (HD)

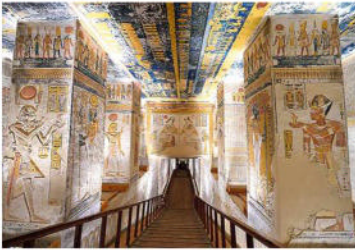
12.45-1.00am Unwind (S) (HD)
ITVBe Freeview 28 Freesat 119 Sky 131 (132 Scotland) Virgin 119 +1 Virgin 319

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED



More4

18



Secrets of Egypt's Valley of the Kings 9.00pm A glimpse inside the tombs

8.55am A Farmer's Life **9.30** A Place in the Sun: properties in St Lucia **10.25** A New Life in the Sun **11.25** Find It, Fix It, Flog It (AD) **12.30pm** Come Dine with Me: in Edinburgh (AD) **3.10** Four in a Bed **5.50** Heir Hunters **6.55pm** **The Dog House** Young Labrador Loki arrives at the centre, unwilling to part from his owner who can't take him into rented accommodation, and a small terrier called Midnight is looking for a forever home. (AD) **7.55** **Grand Designs** Kevin McClood returns to Devon to meet Kevin McCabe, the man who wanted to build one of the biggest houses the show has ever seen. (AD) **9.00** **Secrets of Egypt's Valley of the Kings** Why did the great pharaohs of Egypt abandon the pyramids of Giza and choose a secret cemetery in the Valley of the Kings for their final resting place? Archaeologists descend 100 metres underground to explore the first tomb built in the valley. (AD) **10.00** **Car SOS** Tim and Fuzz go on a trip to Cambridgeshire to pick up their very first supercar, a rare 1989 Ultima race car. (AD) **11.00** **24 Hours in A&E** A regular patient who suffers from schizophrenia is admitted after failing to take his diabetes medicine. A young girl in crisis seeks refuge with the mental health team, and two patients with suspected strokes are admitted. (AD) **12.05am** **Secrets of Egypt's Valley of the Kings** (AD) **1.05** 999: on the Front Line (AD) **2.10** 24 Hours in A&E (AD) **3.15-3.45am** A Farmer's Life **More4** F'view 18 F'sat 124 Sky 136 (137 Scotland) Virgin 147 +1 Freesat 125 Sky 236 (237 Scot) Virgin 347

E4

13

6.00am Hollyoaks Shown Tue/Wed 7pm (AD) **7.00** Ramsay's Kitchen Nightmares USA (SL) **9.00** Brooklyn Nine-Nine (AD) **10.00** Young Sheldon (AD) **11.00** Modern Family **12 noon** The Big Bang Theory (AD) **2.00pm** Brooklyn Nine-Nine (AD) **3.00** Modern Family **4.00** Young Sheldon: double bill (AD) **5.00** The Big Bang Theory: two episodes (AD) **6.00pm** **The Big Bang Theory 13/17** Series 1. Leonard, Raj and Howard kick Sheldon off their physics quiz team. (AD) **6.30** **14/17** Leonard changes his ways. (AD) **7.00** **New. Hollyoaks** Nancy confronts Carter. Repeated tomorrow 6.30am (AD) **7.30** **Modern Family 18/24** Series 1. Mitchell, Jay and Manny enjoy an outing together. **8.00** **New. Below Deck Down Under** With Thalassa in turmoil, Captain Jason tries to find his footing with his new team. (AD) **9.00** **Celebrity Gogglebox** The Savoy and This Is MY House are appraised. (AD) **10.00** **First Dates** A party animal and a former Playboy bunny seek romance. (AD) **11.00** **Naked Attraction** Singletons from Somerset and Coventry take part. (AD) **12.05am** The Big Bang Theory (SL) (AD) **1.00** Rick and Morty (AD) **1.30** **New. Unicorn: Warriors Eternal** **2.10** Brooklyn Nine-Nine (AD) **3.00** Modern Family **3.45** Below Deck Down Under (AD) **4.30-6.00am** How I Met Your Mother (AD) **E4** Freeview 13 Freesat 122 Sky 135 (136 Scot) Virgin 106 +1 Freeview 30 Freesat 123 Sky 235 (236 Scot) Virgin 306 **E4 Extra** F'view 31 F'sat 126 Sky 138 (139 Scot) Virgin 144

Really

17

6.00am Fantasy Homes by the Sea **7.00** Shopping **8.00** Salvage Hunters **10.00** The Great Antiques Challenge **11.00** Antiques Road Trip (AD) **12 noon** The Repair Shop **1.00pm** Long Lost Family US **2.00** My 600lb Life **4.00** Animal Cops Houston (AD) **5.00** Ambulance **6.00** The Great Antiques Challenge **7.00** Antiques Road Trip (AD) **9.00** **New. 1000lb Sisters** **10.00** My Extreme Excess Skin (AD) **11.00** Ghost Adventures **12 midnight** Spooked Ireland **1.00am** Ghost Adventures **2.00** Shopping **4.00** Animal Cops (AD) **5.00-6.00am** as 4pm **Really** Freeview 17 Freesat 160 Sky 142 Virgin 128

Sky Arts

36



Discovering: Roy Scheider 9.00pm The life and career of the Jaws actor

6.00am Arts Uncovered **6.15** Gilbert and Sullivan: a Motley Pair **6.45** Pavarotti: Tenth Anniversary Gala **8.00** The Joy of Painting (AD) **9.00** Tales of the Unexpected **10.00** Alfred Hitchcock Presents **11.00** Discovering: Rock Hudson: a profile of the actor (AD) **12 noon** The Joy of Painting: double bill **1.00pm** Tales of the Unexpected: double bill **2.00** The Art of Architecture **3.00** My Greatest Shot: Travel **3.30** My Greatest Shot: Food **4.00** Discovering: Groucho Marx (AD) **5.00** Tales of the Unexpected **6.00pm** **Alfred Hitchcock Presents** A student suspects his stepmother of foul play. **6.30** A middle-aged mobster suspects his younger wife is cheating on him. **7.00** **Landscape Artist of the Year** The final heat comes from Hever Castle. (AD) **8.00** **The Directors** The life and work of Robert Wise, who won an Oscar for West Side Story and directed The Andromeda Strain. **9.00** **Discovering: Roy Scheider** A look at the life and career of the actor. **10.00** **Classic Movies: the Story of Terminator 2: Judgment Day** Movie critic Ian Nathan examines the sci-fi sequel. (AD) **11.00** **The Lot of Fun: Where the Movies Learned to Laugh** Documentary about producer and director Hal Roach. **12 midnight** I Am Paul Walker **2.00am** Idles at Main Square Festival **3.15** Don't Shoot the Messenger **4.00** The Other Art Show (AD) **5.00-6.00am** Auction: double bill **Sky Arts** Freeview 36 Freesat 147 Sky 130 (131 Scotland) Virgin 140/HD 123 EE 350/HD 365

4seven

49

9.00am Find It, Fix It, Flog It (AD) **10.00** Come Dine with Me: in east Lancashire (AD) **12.30pm** Everybody Loves Raymond: triple bill (AD) **2.00** Frasier: double bill (AD) **3.00** The Great House Giveaway **4.00** Château DIY (AD) **5.00** A Place in the Sun **6.00pm** **A New Life in the Sun** In Almería, renovation hitches continue for Yorkshire B&B owners Josie and Steve. Shown 4pm C4 **7.00** **Location, Location, Location** Kirstie Allsopp and Phil Spencer head to Glasgow. **8.00** **Kirstie and Phil's Love It or List It Ep 9** Series 9. Kirstie Allsopp and Phil Spencer visit Stockport to help Jacqueline and Renee. Shown yesterday 8pm Channel 4 (AD) **9.00** **Johnny Vegas: Carry On Glamping 4/6** Series 2. The planning issues have been resolved and a full glamping season beckons. See choice, p81. Shown yesterday 10pm C4 (AD) **10.00** **Eight out of Ten Cats Does Countdown** With Jon Richardson, Asim Choudhry, Joe Wilkinson, Roisin Conaty and guest Lucy Pearson. Shown last Friday C4 **11.05** **First Dates: Be My Valentine** Online content creator Holly enters the restaurant looking for love. Shown Tuesday 9pm C4 (AD) **12.05am** I Literally Just Told You with Jimmy Carr **1.10** Gogglebox (AD) **4.15-4.45am** Four in a Bed **4seven** F'view 49 F'sat 127 Sky 137 (138 Scot) Virgin 143

Quest

12

6.00am How Do They Do It? **6.30** Shed and Buried **7.00** The Repair Shop **8.00** American Pickers (AD) **10.00** Chasing Classic Cars **11.00** Richard Hammond's Workshop **12 noon** How Do They Do It? **1.00pm** Money for Nothing **2.00** The Repair Shop **3.00** Find It, Fix It, Flog It **4.00** Salvage Hunters **5.00** Salvage Hunters: the Restorers **6.00pm** Wheeler Dealers **7.00** Aussie Gold Hunters **8.00** Salvage Hunters **9.00** **FILM** Exit Wounds ★★ Action drama (W) **11.30** How Do They Do It? **12 midnight** Wheeler Dealers **1.00am** Border Control: Spain: double bill **2.00** Chasing Classic Cars: double bills **3.00** Richard Hammond's Workshop **4.00-5.00am** How It's Made **Quest** Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 137 +1 Freeview 70 Freesat 168 Sky 244 Virgin 337

Yesterday

27



Bangers and Cash 8.00pm A 1963 Austin J2 Paralanian campervan

6.10am Underground Worlds **8.00** Abandoned Engineering (AD) **10.00** War Factories **11.00** Narrow Escapes of World War II (AD) **12 noon** Great American Railroad Journeys **1.00pm** Antiques Roadshow **2.00** Bangers and Cash: Restoring Classics (AD) **4.00** War Factories **5.00** Narrow Escapes of World War II: tanker master Dudley Mason (AD) **6.00pm** **Antiques Roadshow** The team revisits Helmingham Hall in Suffolk. **7.00** **Great British Railway Journeys** Michael Portillo visits a Highland Games. **7.30** A journey from Dundee to Aberdeen. **8.00** **New series. Bangers and Cash Ep 1** Series 9. Derek goes to the Yorkshire coast to pick up a 1963 Austin J2 Paralanian camper van – the "Rolls-Royce of camper vans". (AD) **9.00** **Bangers and Cash: Restoring Classics** A rare Reliant Scimitar GTC undergoes an expert recommission. (AD) **10.00** With a strict budget, the team is on the hunt to restore a Bugatti. (AD) **11.00** **Abandoned Engineering** A Middle Eastern region littered with ruins. (AD) **12 midnight** Great British Railway Journeys **1.00am** Underground Worlds: underground cities in Turkey **2.00-3.00am** Smoke and Steel (AD) **Yesterday** Freeview 27 Freesat 159 Sky 155 Virgin 129 +1 Sky 255 Virgin 329

Dave

19

7.15am Extreme Heights Repair Team **8.00** Cops on the Rock (AD) **10.00** Survivor Australia **11.30** Rick Stein's Cornwall: Rick meets Springwatch presenter Gillian Burke **12 noon** Celebrity Storage Hunters **2.00pm** Extreme Fishing with Robson Green: angling for catfish in Africa **3.00** Top Gear (AD) **5.00** Rick Stein's Far Eastern Odyssey (AD) **6.00pm** **The Hairy Bikers: Mums Know Best** Traditional Sunday dinners. **7.00** **Richard Osman's House of Games** Rachel Riley, JB Gill, Katie Derham and Richard Herring compete. **7.40** With Maggie Aderin-Pocock, Richard Coles, Stuart Maconie and Lou Sanders. **8.20** **Would I Lie to You?** Guests include Alex Jones and Alexander Armstrong. **9.00** **QI XL** Questions on "odds and ends". **10.00** **Have I Got a Bit More News for You** Mel Giedroyc hosts the quiz show. **11.00** **Taskmaster 9/10** Series 7. Phil Wang's Bruce Lee costume offers an advantage. **12 midnight** Release the Hounds **1.00am** Would I Lie to You? **1.40** Schitt's Creek **2.10** Meet the Richardsons: the pair make a travel show (AD) **2.50** Richard Osman's House of Games **3.20-4.00am** Beat the Internet with John Robins

Dave F'view 19 F'sat 157 Sky 111 (112 Wales) Virgin HD 127 **Dave Ja Vu** Freeview 57 Sky 211 (212 Wales) Virgin 327

Sky Mix

11

7.00am Border Security: Canada's Front Line (AD) **8.00** Nothing to Declare **9.00** Motorway Patrol **10.00** UK Border Force **11.00** Highway Patrol (AD) **12 noon** Motorway Patrol (AD) **1.00pm** Border Patrol (AD) **2.00** Border Security: Canada's Front Line (AD) **3.00** Nothing to Declare **4.00** Stargate Atlantis **5.00** Stargate SG-1 **6.00pm** Star Trek: Enterprise **7.00** Stargate Universe: an alien ship crashes (AD) **8.00** Merlin: Arthur starts to lose hope that Morgana will ever be found (AD) **9.00** **New series. Cobra: Cyberwar:** an unseen enemy strikes from the shadows First shown on Sky Max (AD) **10.00** Grimm **11.00** Killer in My Village **12 midnight** How I Caught the Killer **1.00am** Caribbean Cops (AD) **2.00** Brit Cops: Law & Disorder (AD) **3.00** Highway Patrol: double bill (AD) **4.00** Motorway Patrol: double bill (AD) **5.00-6.00am** Highway Cops: double bill (AD) **Sky Mix** Freeview 11 Freesat 144 Sky 151 Virgin 135

5 USA

21

9.00am NCIS (AD) **11.55** Entertainment News **12 noon** Law & Order: six episodes **6.00pm** NCIS Series 1. Triple bill. The team investigates the killing of a US Marine **7.00** A former US Navy Seal escapes from prison **8.00** Gibbs and his team are called to investigate the murder of a NCIS agent (AD) **9.00** **New. Blue Bloods Series 4.** Danny and Baez investigate the kidnapping of a child whose parents aren't as willing to co-operate with the detectives as they would like First shown on Sky Atlantic **10.00** Law & Order: Special Victims Unit Series 16. Four episodes. **1.55am** Criminal Minds: double bill **3.35-4.00am** Criminals: Caught on Camera **5 USA** F'view 21 F'sat 129 Sky 141 Virgin 120 (162 Scot) +1 Freesat 130 Sky 241 Virgin 320

5 Star

32

8.00am Bargain-Loving Brits in the Sun **10.00** The Cruise: Fun-Loving Brits at Sea **11.00** Nightmare Tenants, Slum Landlords **12 noon** Traffic Cops **2.00pm** Police Interceptors (AD) **5.00** Car Pound Cops: Give Me My Car Back! **6.00pm** **Home and Away** Felicity is wounded when she returns some belongings to Tane. Shown 1.45pm Channel 5 (AD) **6.30** **New. Leah's insomnia** turns to paranoia. Repeated tomorrow 1.45pm C5 (AD) **7.00** **GPs: behind Closed Doors** Treating patients with problems below the waist. (AD) **8.00** **Casualty 24/7: Every Second Counts** An 87-year-old is in a critical condition. **9.00** **A&E after Dark** A man arrives in agony with a visible displacement to his arm. **10.00** **999: Emergency Call Out** Officers track a van known for catalytic converter thefts. **11.00** **Ambulance: Code Red** A man is left fighting for his life after a cardiac arrest. (AD) **12 midnight** Skin A&E **1.00am** Junior Doctors Down Under **2.00** Adults Only: Threesomes Are More Fun **2.50** 999: Criminals Caught on Camera **3.35-4.00am** Home and Away (AD) **5 Star** Freeview 32 Freesat 131 Sky 128 (129 Scotland) Virgin 126 +1 Freesat 141 Sky 228 (229 Scot) Virgin 326

5 Action

33

9.00am Entertainment News **9.10** Outback Truckers **10.10** Traffic Cops **11.10** Police Interceptors: a driver abandons his vehicle **12.10pm** **FILM** Death of a Gunfighter ★★★ **2.10** **FILM** The Cimarron Kid ★★★ Western starring Audie Murphy. **Review page 97.** **4.00** Outback Truckers **5.00** Traffic Cops **6.00pm** **Police Interceptors** Dog handler Duncan attends a midnight stand-off. **7.00** Dog handler Darren calls on all his powers of persuasion to end a rooftop stand-off **8.00** **Motorway Cops: Catching Britain's Speeders** PC Matt Turner chases a driver who caused a collision on the school run. **9.00** **New. Trucking Hell** In a 600-metre-long tunnel, Steve and Daniel try to shift a 44-ton unit and trailer full of breeze blocks. **10.00** **Outback Truckers** Nick and Jo face tough driving conditions with volatile cargo. **11.00** **Submarine: Life under the Waves** Captain Stephen Brian takes command of HMS Trenchant, coinciding with a growing threat. **12 midnight** World's Deadliest Weather: Caught on Camera **1.00am** Police: Night Shift 999 **2.00** Trucking Hell (AD) **3.50-4.00am** Entertainment News **5 Action** Freeview 33 Freesat 132 Sky 150 Virgin 130

5 Select

46

9.00am The Yorkshire Vet **3.00pm** Murder, She Wrote (AD) **4.00** Columbo: Publish or Perish **5.30pm** **Eggheads** Think Tank look for a winning strategy to defeat the Eggheads. **6.00** The FF9 Friends take part **6.30** The team WHAT take on the Eggheads. **7.00** **Susan Calman's Summer by the Sea** The comedian explores Bournemouth. **8.00** **Elizabeth II and the Traitor King: a Secret Friendship** The story of King Edward VIII and his relationship with Elizabeth II. **9.00** **Lord Mountbatten: Hero or Villain?** The public perception of Louis Mountbatten. **10.30** **Buried Secrets of WWII** Pete Kelsey and Marty Morgan examine the German siege. **11.35** A look for evidence in Papua New Guinea. **12.35am** Forged in Fire **3.20** Walking Tudor Britain **3.45-4.00am** Entertainment News **5 Select** F'view (HD only) 46 F'sat 133 Sky 153 Virgin 138

FREEVIEW TV and film channels continue overleaf

THURSDAY Freeview & films

W 25



Gemma and Gorka: Life behind the Lens 7.00pm

6.10am Property Brothers: Family Flashback **7.00 New.** My Kitchen Rules South Africa **8.00** Tipping Point **11.00** DIY SOS: the Big Build **1.00pm** Tipping Point **4.00** My Dream Home: double bill

6.00pm MasterChef Australia Guest chef Curtis Stone returns.

7.00 Gemma and Gorka: Life behind the Lens Gemma gets advice on breathing techniques as she prepares for a natural birth. (AD)

8.00 Sort Your Life Out with Stacey Solomon The Patel family declutter their home. (AD)

9.20 Katherine Ryan: Parental Guidance The comedian visits YouTubers the Marsh Family. (AD)

10.20 24 Hours in A&E An unknown patient arrives after collapsing in the street.

11.20 Cameras follow a woman who collapsed at home with an unexplained headache.

12.20am One Born Every Minute **1.30** The Undateables (AD) **2.20-3.00am** Inside the Ambulance

W F'view 25 F'sat 156 Sky 132 (133 Scotland) Virgin 125 +1 Sky 232 (233 Scotland) Virgin 325

HGTV 44

7.00am The Great Interior Design Challenge **8.00** Love Your Garden (AD) **9.00** A Place in the Sun **10.00** Escape to the Country **11.00** Building the Dream **12 noon** The Great Interior Design Challenge **1.00pm** Bargain Mansions (AD) **2.00** Flip or Flop **3.00** Good Bones **4.00** Escape to the Country **5.00** Love Your Garden (AD) **6.00pm** Salvage Hunters: the Restorers: sculptor Nick revives an antique anatomy model **7.00** Money for Nothing **8.00** Your Home Made Perfect **9.00 New.** Flipping 101 with Tarek El Moussa **10.00** Fixer Upper **11.00** Bargain Mansions (AD) **12 midnight** A Place in the Sun **1.00am** The Great Interior Design Challenge **2.00** Building the Dream **3.00-4.00am** My Lottery Dream Home

HGTV F'view 44 F'sat 166 Sky 158 Virgin 191 +1 Sky 258 Virgin 391

London Live 8

Available in London area only. Other regional stations are available on Freeview 7 or 8

6.00am A Taste of Shakespeare **6.45** London Districts **7.00** Forgotten Frontiers **8.00** Pet Island **8.30** Poh & Co **9.00** Aging in the Wild **10.00** Raiders of the Lost Art **11.00** Posh Pawn **12 noon** Auction **12.30pm** Animal Airport **1.00 FILM** On the Fiddle ★★ (BW) **2.50 FILM** The Frightened City ★★ (BW) **4.50** London Districts **5.00** Hairy Bikers' Pubs That Built Britain **5.45** London Districts **6.00** News **7.00** The Lion Queen **8.00** A Bit of a Do **9.15** Kate Humble: off the Beaten Track **10.00** Muck and Brass **11.00 FILM** Champions ★★ **11.55am FILM** CulDeSac ★★ (BW) **3.30** Rewind **5.00-6.00am** Talking Points

London Live F'view 8 Sky 117 Virgin HD 159

FREEVIEW channels continued from overleaf

Food Network 43



Roux down the River

9.00pm An alfresco fish dish

6.00am Giada at Home **7.00** Be My Guest with Ina Garten **7.30** The Pioneer Woman **8.00** Kids Baking Championship **10.00** Mary Berry's Simple Comforts **11.00** Hairy Bikers' Mississippi Adventure (AD) **12 noon** The Great British Bake Off **2.00pm** James Martin's Brittany **2.30** James Martin's Champagne **3.00** Jamie's Great Britain **4.00** Barefoot Contessa: back to Basics **5.00 New.** Be My Guest with Ina Garten **5.30** The Pioneer Woman **6.00pm** James Martin's Brittany **6.30** James Martin's Champagne **7.00** The Great British Bake Off: the contestants bake pastries **8.00** Hairy Bikers' Mississippi Adventure: the flavours of country music in Nashville, Tennessee (AD) **9.00 New.** Roux down the River: Michel Roux goes on a fishing expedition with an old friend **10.00** Tom Kerridge More Sunday Lunch **10.30** Tom Kerridge's American Feast **11.00** Diners, Drive-Ins and Dives: double bill **12 midnight** Guy's Grocery Games **1.00am** Restaurant: Impossible **2.00-3.00am** Buddy vs Duff

Food Network F'view 43 F'sat 148 Sky 140 (141 Scot) Virgin 190 +1 F'sat 149 Sky 240 (241 Scot)

Great TV 50

8.00am Diagnosis Murder **10.00** The Father Dowling Mysteries **11.00** Castle **1.00pm** Sue Thomas: F.B.Eye **2.00** The Father Dowling Mysteries **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00** M*A*S*H **9.00** The Avengers: three foreign spies go on the run **10.00** Randall and Hopkirk (Deceased): a bird-lover leaves a strange will **11.00** The Persuaders! **12 midnight** M*A*S*H **2.00am** Randall and Hopkirk (Deceased) **3.00** The Persuaders! **3.50** Movie News **4.00** Castle **4.50-5.00am** Movie News

Great TV Freeview 50 (limited) Freesat 142 Sky 157 Virgin 170 +1 Freesat 143 Sky 257

True Crime Xtra 68

9.00am Written In Blood **11.00** Medical Detectives **2.00pm** Written In Blood **4.00** Medical Detectives: six editions. Using orange fibres to solve a crime **4.30** A man is accused of killing his wife **5.00** Fatalities in a Texan hospital **5.30** Two potentially related cases **6.00** The wife of a reputable doctor goes missing **6.30** A postcard could incriminate a religious figure **7.00** Judge Judy **4.50am** Medical Detectives **5.40-6.00am** World's Most Unexplained...

True Crime Xtra Freeview 68 Freesat 134 Sky 147 Virgin 172

BBC Parliament 232

7.00am Lords Questions **7.45** Select Committees: recorded coverage of select committee proceedings **11.00** Lords Questions **11.45** House of Lords **7.30pm** Select Committees: recorded coverage of select committee proceedings **11.00** Lords Questions **11.45** House of Lords: Foreign Secretary's Questions: questions to Lord Cameron of Chipping Norton **12.30-7.30am** House of Lords

BBC Parliament Freeview 232 Freesat 201 Sky 504 Virgin 605

PBS America 84



Pearl Harbor, World on Fire

8.40pm The 1941 attack

8.00am Beautiful Serengeti **8.30** Dive WWII: Our Secret History **9.50 New.** The Six Queens of Henry VIII **10.55 New.** Pearl Harbor, World on Fire **11.55** Inside Japan's War **1.00pm** Beautiful Serengeti **1.30** Dive WWII: Our Secret History **2.50** The Six Queens of Henry VIII **4.00** Pearl Harbor, World on Fire **5.00** Inside Japan's War

6.10pm Dive WWII: Our Secret History 1/2. Searching for wrecks from the Battle of the Atlantic.

7.30 The Six Queens of Henry VIII 3/4. Henry's marriages to Jane Seymour and Anne of Cleves.

8.40 CHOICE Pearl Harbor, World on Fire 1/2. Exploring the consequences of the attack on Pearl Harbor. See page 90.

9.40 Inside Japan's War 4/4 American bombing pounds the Japanese home islands.

10.50 The Six Queens of Henry VIII As 7.30pm

12 midnight Pearl Harbor, World on Fire **1.05-2.00am** as 1pm

PBS America F'view 84 (1pm-12 midnight only) Freesat 155 Sky 174 Virgin 187

Blaze 64

6.00am Storage Wars **6.25** Hardcore Pawn **7.20** Alien Files: Unsealed **7.45** UFO Hunters **8.40** Ancient Aliens **10.40** Best of Monsterquest **12.35pm** National Park Mysteries **1.35** Unidentified: Inside America's UFO Investigation **2.35** Alien Files: Unsealed **3.00** Hardcore Pawn **4.00** Ancient Aliens **6.00** UFO Hunters **7.00** Pawn Stars **8.00** Dickinson's Real Deal: memorable moments **9.00 New.** Alien Files Reopened: how physicist Paul Bennenwith crossed the US military **10.00** Craig Charles: UFO Conspiracies: a case of an alien abduction reported in the UK in 1980 **11.00** Encounter: UFO **12 midnight** Curse of Skinwalker Ranch **1.00am** Strange Evidence **2.00** UFO Hunters **3.00** Counting Cars **4.10** Kings of Pain: Adam and Rob seek out a velvet ant **5.00-6.00am** Pawn Stars

Blaze F'view 64 F'sat 162 Sky 164 Virgin 174

Challenge 48

7.00am The Crystal Maze **8.00** The Chase **10.00** Cash Trapped (AD) **11.00** Bridge of Lies **12 noon** Wheel of Fortune (AD) **1.00pm** Tenable **2.00** Who Wants to Be a Millionaire? Celebrity Special **3.00** Strike It Lucky (AD) **4.00** Bullsseye **6.00pm** The Crystal Maze: game show hosted by Richard O'Brien. Another team takes on ingenious games and fiendish challenges **7.00** Bridge of Lies: quiz show hosted by Ross Kemp **8.00** The Chase: double bill of the quiz show hosted by Bradley Walsh **10.00** Who Wants to Be a Millionaire? Celebrity Special: celebrities compete to win a cash prize for a charity of their choice **11.00** Bullsseye **12 midnight** Bridge of Lies **1.00am** Cash Trapped **2.00** The Chase **4.00** Who Wants to Be a Millionaire? Celebrity Special **5.00-6.00am** Bullsseye

Challenge Freeview 48 Freesat 146 Sky 145 Virgin 139

CHILDREN'S

Milkshake! on C5

5.35am Fireman Sam **5.45** Paw Patrol **6.00** Sunny Bunnies **6.05** Brave Bunnies **6.10** Peppa Pig **6.30** Oggy Oggy **6.35** Odo **6.45** Tweedy & Fluff **6.50** Fireman Sam **7.00 New.** Thomas & Friends **7.10** Peppa Pig **7.25 New.** Paw Patrol **7.35** Pip and Posy **7.50** Paddington **8.05** Milo **8.20** Paw Patrol **8.35** Pop Paper City **8.45** Animal Care Club **8.55** Peppa Pig **9.10-9.15am** Milkshake! Story Den

Full listings for Channel 5 are on p94

CBeebies 202

6.00am Colourblocks **6.05** Vegesaur **6.10** Bing **6.20** Teletubbies **6.35** Tee and Mo **6.40** Chuggington **6.50** Bing **7.00 New.** Colourblocks **7.05** Hey Duggee **7.20** Bluey **7.35** Supertato **7.45** Peter Rabbit **8.00** Octonauts **8.10** Go Jetters **8.20** Numberblocks **8.30** Alphablocks **8.35** Messy Goes to OKIDO **8.45** Olga Da Polga **8.55** Ranger Hamza's Eco Quest Minis **9.00** Bing **9.10** Yakka Deel **9.15 New.** Lu & The Bally Bunch **9.20** Hey Duggee **9.30** Colourblocks **9.35** Twirlywoos **9.45** Something Special **10.10** Teletubbies **10.25** The Baby Club **10.40** Kiri & Lou **10.45** Roots and Fruits **10.50 New.** Vegesaur **10.55** Bluey **11.05** Supertato **11.10** Let's Go for a Walk **11.25** Nick Cope's Postcard: My Petsaurus **11.30** Teeny Tiny Creatures **11.45** Our Family **12 noon** Big Cook Little Cook **12.20pm** Old Jack's Boat **12.35** Number 1 Newton Avenue **12.40** Andy's Dinosaur Adventures **1.00** Yakka Deel **1.05** Numberblocks **1.10** Alphablocks **1.15** Hey Duggee **1.25** Love Monster **1.40** Colourblocks **1.45** Something Special **2.05** Teletubbies **2.20** Raa Raa the Noisy Lion **2.30** Vida the Vet **2.45** Supertato **2.50** Dog Squad **3.00** Grace's Amazing Machines **3.15** Octonauts **3.30** Small Potatoes **3.35 New.** Yukee **3.40** Hey Duggee **3.50** Peter Rabbit **4.00** Andy's Global Adventures **4.15** The Game Catchers **4.25** Bluey **4.40** Supertato **4.45** Vida the Vet **5.00** Giggglebiz **5.15** Waffle the Wonder Dog **5.25** Sarah & Duck **5.35** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden... **6.50-7.00pm** CBeebies Bedtime Stories

CBeebies F'view 202 F'sat 608 Sky 608 Virgin 702

CBBC 201

7.00am Shaun the Sheep **7.10** Danger Mouse **7.20** Dennis & Gnasher **7.35** New. Boy Girl Dog Cat Mouse Cheese **7.45 New.** Newsround **7.55** Grizzly and the Lemmings **8.10** Odd Squad **8.25** Monster Loving Maniacs **8.35** Pokémon Horizons **9.00** The Famous Five **10.30** Horrible Histories **10.55** Style It Out **11.25** One Zoo Three **11.50** Andy's Global Adventures **12.05pm** Ninja Express **12.15** Go Jetters **12.25** Danger Mouse **12.50** Octonauts **1.00** Waffle the Wonder Dog **1.15** Supertato **1.20** Dennis & Gnasher **1.30** Grizzly and the Lemmings **1.40** Summer Camp Island **1.50** Operation Ouch! **2.20** Transformers EarthSpark **2.40** Shaun the Sheep **2.50 New.** Pokémon: XY **3.10** Danger Mouse **3.25** Shaun the Sheep **3.30** Ninja Express **3.45** Taffy **3.55** Grizzly and the Lemmings **4.05** Boy Girl Dog Cat Mouse Cheese **4.20** Monster Loving Maniacs **4.30** Odd Squad **4.45** Total Dramarama **5.05** Pokémon Horizons **5.30** Deadly Mission Shark **6.00 New.** So Awkward Academy **6.25** The Next Step **6.50-7.00pm** Grizzly and the Lemmings

CBBC F'view 201 F'sat 607 Sky 607 Virgin 701

ITV Kids

Streamed on ITVX Kids, plus on ITV2 6am-9.00 and on ITVBe 9am to 12 noon

ITV2
6.00am Craig of the Creek **6.15** DC Super Hero Girls **6.25** Teen Titans Go! **6.50** Looney Tunes Cartoons **7.05-9.00am** Scooby-Doo

ITVBe
9.00am Chloe's Closet **9.15** Lily's Driftwood Bay **9.25** Mumfie **9.35** The Hive **9.45** Claude **10.00** Oddbods **10.10** Happy the Hoglet **10.20** The Sound Collector **10.25** Sooty **10.40** Pingü **10.50** Bob the Builder **11.20** Teletubbies **11.30** Bugs Bunny Builders **11.45** Momolu & Friends **11.55-12 noon** Athleticus

FILMS

Film4 14

11.00am Carrington VC ★★ Courtroom drama demonstrating the range of David Niven's talent, as he plays a war hero driven to theft by delays in repayments of his expenses. David Niven (1954, PG) (S) (AD) **1.20pm** Annie ★★ Patchy but enjoyable film version of the long-running Broadway musical. Review, right. Albert Finney (1982, U) (S) (AD) **3.55** Howards End ★★★★★ Elegant period drama about class and society in Edwardian England, based on the novel by EM Forster. Review, right. Anthony Hopkins (1992, PG) (S) (AD)

6.55pm Pacific Rim: Uprising ★★ There's more city-smashing mayhem in this disjointed but exciting sci-fi action sequel. Review, right. John Boyega (2018, 12) (S) (AD)

9.00 Meet the Fockers ★★ Uptight ex-CIA man Robert De Niro goes to visit future son-in-law Ben Stiller's hippy parents in this entertaining sequel to Meet the Parents. Review, right. (2004, 12) (S) (AD)

11.20 Four Weddings and a Funeral ★★★★★ Witty comedy about a group of 30-somethings agonising over the trials and tribulations of getting married. Hugh Grant, Andie MacDowell (1994, 15) (S) (AD)

1.40-3.40am Jackie ★★★★★ Natalie Portman gives a towering performance as Jackie Kennedy in this daringly intimate and unusually insightful biopic. Peter Sarsgaard, Greta Gerwig (2016, 15) (S) (AD)

Film4 Freeview 14 Freesat 300 Sky 313 Virgin 428 +1 F'view 47 F'sat 301 Sky 314 Virgin 430

Talking Pictures TV 82

6.00am The Larkins TV comedy. (S) **6.40** Take A Letter Mr Jones TV comedy. **7.10** Mohawk ★★ Frontier artist Scott Brady gets tangled up in a power struggle in this camp western. (1956, PG) (S) **9.00** Law of the Plainsman TV western. (S) **9.35** The Terror ★★ Mystery thriller. Wilfrid Lawson (1938, PG) (S) **11.05** Inquest ★★ Cheap and cheerful mystery tale, with young widow Elizabeth Allan on trial. (1939, U) (S) **12.20pm** The Ship That Died of Shame ★★ Richard Attenborough turns to smuggling after the Second World War in this drama-cum-morality play. (1955, PG) (S) **2.20** Behind the Camera: Peter Cushing TV documentary. (S) **3.10** Eternally Yours ★★ Magician David Niven charms Loretta Young out of a cosy society marriage in this lightweight but enjoyable romantic drama. (1939, PG) (S) **5.05** The Four Feathers ★★ Watchable TV-movie version of the classic adventure novel. Review, right. Beau Bridges (1978, U) **7.10pm** Look at Life Documentary. **7.30** Time to Remember Scenes from the start of the war in 1940. (S) **8.00** Danger UXB War TV series. **9.00** Rumpole of the Bailey British TV courtroom drama. **10.10** Black Tuesday ★★ Edward G Robinson plays a convict who escapes from death row in this crime flick. Review, right. (1954, 18) **11.50** Scotland Yard Docudrama. **12.30am** Sally Ann TV drama. (S) **1.00** Spearhead TV drama. **2.00** The Main Chance TV drama. **3.00** The Groundstar Conspiracy ★★ Glossy, suspenseful but often baffling neo-noir thriller. George Peppard (1972) **4.50-6.00am** The Devil's Jest ★★ Brief and clunky drama. Mara Russell-Tavernier, Ivan Craig (1954) (S) **Talking Pictures TV** Freeview 82 Freesat 306 Sky 328 Virgin 445

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

FILM REVIEWS



FILM
OF THE
DAY

The Three Faces of Eve ★★★

9.00-10.30pm **BBC4**

PG

DRAMA An Oscar-winning performance from

Joanne Woodward dominates Nunnally Johnson's film, here receiving a rare TV showing. Woodward plays Eve, a young wife and mother who has three personalities – insecure housewife, irresponsible floozy and educated woman. A psychiatrist (Lee J Cobb) takes on the task of trying to merge the disparate elements back into a whole, although Eve's husband (David Wayne) remains sceptical. Alistair Cooke adds some weight as the narrator, although the film falters away from the patient/doctor interactions. **JOANNA BERRY** (US 1957, BW, HD)

Annie ★★★

1.20-3.55pm **Film4**

MUSICAL John Huston lacks

the necessary light touch as director of this version of the Broadway hit. He's not helped by an eye-rolling turn from Albert Finney as Daddy Warbucks and a grimacing Tim Curry as the villain. But Carol Burnett is a zesty Miss Hannigan and Aileen Quinn is appealing as the moppet of the title. Dip in and enjoy the marvellous songs.

TONY SLOMAN (US 1982, HD)

The Cimarron Kid ★★★

2.10-4.00pm **5 Action**

WESTERN The Dalton gang

rides again in a serviceable western that, unusually, casts Audie Murphy in the role of outlaw. Released on parole, he hides out with Noah Beery Jr and his gang after being falsely accused of a train heist. While the prospect of a new life with Beverly Tyler is enticing, Murphy agrees to take on one last job.

DAVID PARKINSON (US 1951, HD)

Howards End ★★★★★

3.55-6.55pm **Film4**

PG

DRAMA This EM Forster adaptation is among Merchant Ivory's finest productions. Vanessa Redgrave plays Ruth Wilcox, who bequeaths her country home, Howards End, to new friend Margaret

(Emma Thompson). But the note is destroyed by snobs-in-residence the Wilcox family, whose head (Anthony Hopkins) then begins to fall in love with Margaret.

TOM HUTCHINSON (UK 1992, HD)

The Four Feathers ★★

5.05-7.10pm

Talking Pictures TV

ADVENTURE Given that the

1939 version is one of the all-time greats of British cinema, this made-for-TV remake was on a hiding to nothing. Still, Beau Bridges gives it his best shot as the disgraced army officer who redeems himself when he goes under cover as a tribesman to help his three old military chums who have accused him of cowardice.

JOHN FERGUSON (US TVM 1978)

Pacific Rim: Uprising ★★★

6.55-9.00pm **Film4**

12

SCI-FI This action sequel stars John Boyega as the son of Idris Elba's deceased hero, who avoids going to jail by training new robot-pilot cadets. And just in time, too, because rogue Jaegers are about to go on the rampage. The monster mayhem makes little sense, but once the gargantuan battles begin, this delivers on all city-trashing fronts. **ALAN JONES** (US 2018, edited for content, HD)

Meet the Fockers ★★★

9.00-11.20pm **Film4**

12

COMEDY Robert De Niro continues to lock horns with his future son-in-law Ben Stiller in this fun sequel to *Meet the Parents*. This time, Stiller takes fiancée Teri Polo and her parents (De Niro and Blythe Danner) to Florida to meet his own hippyish folks (Barbra Streisand, Dustin Hoffman). *Little Fockers* is showing tomorrow on C4 – see p107 for review. **ANDREW COLLINS** (US 2004, swearing, HD)

Black Tuesday ★★★

10.10-11.50pm

Talking Pictures TV

CRIME New this week on Talking Pictures TV, this brutal B-movie noir stars Edward G Robinson as a racketeer who escapes from death row with hostages in tow. The notable supporting players – Peter Graves as a cynical bank robber, Jean Parker as a brassy moll and Milburn Stone as a pious chaplain – take full advantage of writer Sidney Boehm's sizzling dialogue. **DP** (US 1954, violence, BW)

Heist ★★★★★ 11.10pm-

1.30am **Great Movies**

15

CRIME Writer/director David Mamet cranks up the suspense with this one-last-job heist movie. Gene Hackman is the master thief who is lumbered with nervy Sam Rockwell – the nephew of the job's organiser, Danny DeVito – and the double-crosses start rolling from there. Mamet's eye for plot detail is acute in what is a gripping and intelligent tale. **AC** (US/Can 2001, violence, swearing)

Sky Cinema picks

Shakespeare in Love

★★★★★ 8.00-10.10pm

Sky Cinema Comedy

The Bard is entranced. (1998, 15) Sky 308; Virgin 408; BT 508/522

Marcel the Shell with

Shoes On ★★★★★ 9.10-

10.50pm **Sky Animation**

An adorable mollusc sets out to find his family. (2021, PG) Sky 305; Virgin 412; BT 500/514

The Untouchables

★★★★★ 10.15pm-12.20am

Sky British Icons

Sean Connery on Oscar-winning form. (1987, 15) Sky 304; Virgin 404; BT 504/518

Films to stream from p32

Netflix, Amazon, Disney+ and more

Great Movies 34

9.00am Killer on the Island ★★ Routine dream-vacation thriller. Barbie Castro (2018) **11.00 The Neighbourhood Nightmare ★★** TV-movie thriller. Julie McNiven (2018) **1.05pm Text to Kill ★★** Teen thriller. Dina Meyer (2015) **3.00 Killer Mom ★★** Melodramatic thriller about an unhinged mother. Karen Cliche (2017) **5.05 Home Is Where the Killer Is ★★** Thriller in which a woman's landlady almost certainly has something to hide. Stacy Haiduk (2019) **7.10pm Garage Sale Mysteries: Murder Most Medieval** Mystery drama starring Lori Loughlin. **9.00 Brothers in Arms ★★** Uneven drama about a police officer crossing lines to help his brother in prison. Jai Courtney (2019, 15) **11.10 Heist ★★★★★** David Mamet's excellent crime drama is packed with plot twists. **Review, right.** Gene Hackman, Danny DeVito (2001, 15)

1.30am Into the Ashes ★★ Bloody revenge drama. Luke Grimes (2019, 15) **3.30 Wild West Chronicles 4.00-5.40am Dear Diary, I Died ★★** Unsurprising thriller. Whitney Rose Pynn (2016)

Great Movies Freeview 34 Freesat 302 Sky 321 Virgin 425

+1 Freeview 61 (limited 10pm-5am) Sky 322

Great Action 42

8.00am Wild West Chronicles 9.00 Gunfighters ★★ Predictable western. Randolph Scott (1947, PG) **10.50 Battle Honours 12 noon Wild West Chronicles 1.00pm Gunmen from Laredo ★★** Corny B-movie western. Robert Knapp (1958, U) **2.25 Massacre at Buffalo Valley ★★** Uneven western. Kelly Greysen, Natalie Racoonin (2013, 12) **4.35 Wild West Chronicles 5.15 Fallout ★★** B-movie action adventure in which space-station terrorists threaten America. Daniel Baldwin (1998) **7.05pm The Quick and the Dead ★★** American soldiers and Italian partisans escape Nazi pursuers in this effective drama. Victor French (1963) **9.00 The Eastern Front ★** Low-budget war drama. Josh Harper (2020, 15) **11.15 Shout at the Devil ★★** Uneven First World War action adventure based on the Wilbur Smith novel. Lee Marvin, Roger Moore (1976, 15) **2.05am Momentum ★★★★★** A sadistic CIA assassin relentlessly tracks a bank robber in this slick action thriller. Olga Kurylenko (2015, 15) **4.00-5.00am Battle for the Bulge** **Great Action** Freeview 42 (limited) F'sat 305 Sky 323 Virgin 426 +1 Sky 324

Great Romance 52

8.00am Lucky in Love ★★ Romcom. Jessica Szohr (2014) **10.00 The Irresistible Blueberry Farm ★★** Romantic drama. (2016) **12 noon Farmer Seeking Love ★★** Upbeat romcom. Donna Benedicto (2022) **2.00pm One of a Kind Love ★★** Feel-good romance about former childhood enemies who meet again. Jocelyn Hudon (2021) **4.00 Love at First Glance ★★** Breezy love story. Amy Smart (2017) **6.00pm The Story of Us ★★** A bookshop owner falls in love with the architect whose latest job threatens her store. Maggie Lawson (2019) **8.00 Love Stories in Sunflower Valley ★★** A Seattle journalist heads back to her home town for a story. Erin Cahill, Marcus Rosner (2021) **10.00 Anything for Love ★★** A couple lie about their jobs on their dating profiles. Erika Christensen (2016) **12.05am Harvest Love ★★** Romantic comedy. Jen Lilley (2017) **2.00 Highway to Heaven 3.10-5.00am Meet Me in New York ★★** Romantic comedy. Brooke Nevitt (2022)

Great Romance Freeview 52 Freesat 303 Sky 319 Virgin 424

+1 F'view 63 (limited 10pm-5am) F'sat 304 Sky 320

Sky Premiere

7.05am Hypnotic ★★★★★ Mind-bending pulp sci-fi. Ben Affleck (2023, 15) **8.55 As 2.25pm 10.45 King of Killers ★★** Action thriller. (2023, 15) **12.20pm 57 Seconds ★★** Often outlandish sci-fi thriller. Josh Hutcherson (2023) **2.10 The Cinema List: Jackie Chan 2.25 Ruby Gillman, Teenage Kraken ★★★★★** Warm and wonderfully designed animated adventure. **Review p38.** Lana Condor, Toni Collette (2023, PG) **4.10 No Hard Feelings ★★★★★** Likeable coming-of-age romcom. Jennifer Lawrence (2023, 15) **6.00pm Insidious: the Red Door ★★** Scare-free fifth film in the horror franchise. Patrick Wilson (2023, 15) **8.00 Transformers: Rise of the Beasts ★★** Noisy seventh entry in the CGI-heavy fantasy franchise. Anthony Ramos, Dominique Fishback (2023, 12) **10.10 The Bricklayer ★★** Lively but disposable action flick. **Review p38.** Aaron Eckhart, Nina Dobrev (2023) **12.10am Desperation Road ★★** Moody but overwrought thriller. Garrett Hedlund (2023, 18) **2.05 Haunting of the Queen Mary ★★** Grisly horror. Alice Eve, Joel Fry (2023, 18) **4.15 As 10.45am Sky Premiere Sky 301 Virgin 401 EE 501/HD 515 +1 Sky 312**

Legend 41

8.00am Walker, Texas Ranger 9.00 Knight Rider 10.00 Star Trek: Deep Space Nine 11.00 Against a Crooked Sky ★★ Outmoded western. Henry Wilcoxon (1975, U) **1.00pm The Shape of Things to Come ★★** Cheap Star Wars cash-in. Jack Palance, Carol Lynley (1979, PG) **3.00 Hawk the Slayer ★★** Woeful adventure. Jack Palance (1980, PG) **5.00 Star Trek 6.00pm Star Trek: Deep Space Nine** TV sci-fi with Avery Brooks. **7.00 Knight Rider** TV adventure. **8.00 Walker, Texas Ranger** TV action drama with Chuck Norris. **9.00 King Arthur: Excalibur Rising ★** Truly awful take on the Arthurian legend. Adam Byard (2017, 15) **11.00 The Most Dangerous Game ★★** Shipwrecked survivors become sport for a hunter in this thriller remake. Chris "C" Tamburello (2022, 15) **12.50am Lust for a Vampire ★★** Gothic horror set in a girls' finishing school. Ralph Bates, Yvette Stensgaard (1970, 18) **2.45-4.30am The Rezort ★★★★★** Entertaining horror in which tourists pay to run around an island and shoot zombies. Dougray Scott (2015, 15)

Legend Xtra 69

6.00am as 5pm **8.00 The Day the Earth Stopped ★★** Sci-fi mockbuster in which giant robots land on Earth. C Thomas Howell, Judd Nelson (2009, 15) **10.00 Andromeda 11.00 Monster Island ★** A beast is disturbed on the ocean floor in this sub-par *Godzilla* cash-in. Eric Roberts, Toshi Toda (2019, 12) **1.00pm Icetastrophe ★★** A meteor makes temperatures plummet in this gimmicky disaster movie. Victor Webster, Jennifer Spence (2014) **3.00 Andromeda 4.00 The Six Million Dollar Man 5.00 The Gambler V: Playing for Keeps 7.00pm Andromeda** TV sci-fi. **8.00 The Six Million Dollar Man** TV sci-fi drama with Lee Majors. **9.00 The Sorcerers ★★** *Witchfinder General* director Michael Reeves tackles mind control in *Swinging Sixties* London in this intelligent cult horror. Boris Karloff (1967, 15) **10.45 Open 24 Hours ★★** Blood-soaked slasher movie in which a young woman fears her serial-killer boyfriend is back from the dead. Vanessa Grasse, Brendan Fletcher (2018, 18) **1.00-2.45am** As 9pm **Legend Xtra** F'view 69 F'sat 138 Sky 317 Virgin 171 +1 F'sat 139 Sky 318 Virgin 371

Sky Showcase



An Idiot Abroad 8.00pm
A trip to Machu Picchu in Peru

6.00am Sky News Breakfast
7.00am Kay Burley **8.00am** Caught on Dashcam **9.00am** Nothing to Declare (AD) **10.00am** Strangest Things **11.00am** New Kids in the Wild (AD) **12 noon** Supergirl **1.00pm** MacGyver **3.00pm** Hawaii Five-0 **4.00pm** S.W.A.T. (AD) **5.00pm** The Simpsons: double bill

6.00pm The Office US **12/19** Series 4. Jan sues Dunder Mifflin. **6.30pm** 13/19. Jim and Pam visit Michael's house for dinner.

7.00pm The Simpsons Bart trades lives with a wealthy lookalike. **7.30pm** A series of flashbacks charts Homer and Marge's marriage.

8.00pm An Idiot Abroad 7/8 Series 1. Karl Pilkington visits Machu Picchu in Peru, where he fails to impress a local tribe.

9.00pm New. Rob and Romesh vs F1 Rob Beckett and Romesh Ranganathan hang out with the Mercedes team at the Monaco GP.

10.00pm Micky Flanagan - an' Another Fing Live A stand-up show at London's O2 Arena.

11.50pm Magnum P.I. 16/20 Series 5. Thomas and Higgins offer help to an Amish teenager.

12.50am Sex and the City **2.00am** Road Wars **3.00am** Hawaii Five-0 **4.00pm** S.W.A.T. (AD) **5.00-6.00am** Motorway Patrol: double bill

Sky Showcase Sky 106 Virgin 109
EE 340/HD 355 +1 Sky 206

Sky Sci-Fi

6.00am Most Haunted **8.00am** Home Shopping **11.00am** Merlin **12 noon** Star Trek: Voyager **1.00pm** Star Trek: Deep Space Nine **3.00pm** Merlin **4.00pm** Stargate SG-1 **5.00pm** Star Trek: Voyager

6.00pm Star Trek: Deep Space Nine 6/26 Series 6. Captain Sisko leads a dangerous mission to take back Deep Space Nine. **7.00pm** 7/26. Worf and Dax bring forward their wedding, but first Worf undergoes a Klingon ritual.

8.00pm Star Trek: Enterprise 22/24 Series 3. Archer and Hoshi try to make peace with the Xindi Council, while T'Pol leads a mission into one of the Spheres.

9.00pm The Twilight Zone 1/10 Series 2. A lonely bachelor discovers a telepathic link to a stranger. **10.00pm** 2/10. On the day she celebrates a promotion, a hotel manager questions her reality.

10.40pm Grimm 7/22 Series 3. Prince Viktor arrives in Europe to bring those responsible for the demise of his cousin Eric to justice.

11.30pm TBA After stumbling across a secret chamber, the young wizard accidentally releases a mischievous goblin.

12.30am FILM Supervolcano ★★ Disaster movie. A volcanic eruption threatens the people of Hawaii. **2.25am** Star Trek: Enterprise **3.15am** Star Trek: Deep Space Nine **5.05-6.00am** Most Haunted

Sky Sci-Fi Sky 139 (140 Scotland) Virgin 122
EE 348/HD 363 +1 Virgin 229

Sky Atlantic



Julia 9.00pm The TV chef travels to Washington DC

6.00am Richard E Grant's Hotel Secrets (AD) **7.55pm** The Sopranos **10.05pm** The Wire **12.20pm** Game of Thrones (AD) **3.25pm** The Sopranos

5.35pm The Wire 3/12 Series 3 As Omar plans a stick-up, Proposition Joe tips off Stringer Bell about police wire taps. **6.45pm** 4/12. Major Colvin gives residents at a community meeting some surprisingly straight-talking.

7.50pm Game of Thrones 3/7 Series 7. Jon and Daenerys finally meet, Sansa receives an unexpected visitor and Sam is confronted over his actions. (AD)

9.00pm New. Julia 7/8 Series 2 After receiving an invitation from the White House, the WGBH crew travels down to Washington DC to film inside the President's kitchen.

10.00pm True Detective: Night Country 5/6 Series 4. As Prior digs into the links between Tsalal and mining company Silver Sky, Navarro rescues Leah from a protest.

11.20pm Mare of Easttown 6/7 Given a second chance and motivated by the loss of a friend, Mare re-evaluates old suspects. (AD)

12.30am Succession (AD) **1.40am** Winning Time: the Rise of the Lakers Dynasty (AD) **2.45am** Game of Thrones (AD) **4.00-6.00am** Richard E Grant's Hotel Secrets (AD)

Sky Atlantic Sky 108 (109 Wales)
EE 342/HD 357 +1 Sky 208 (209 Wales)

Sky Witness

6.00am Air Ambulance ER **7.00am** Border Patrol **8.00am** Caught on Dashcam **9.00pm** Stop, Search, Seize (AD) **10.00pm** Brit Cops: Law & Disorder **11.00pm** The Rookie (AD) **12 noon** FBI: International **1.00pm** FBI: Most Wanted **2.00pm** Blue Bloods (AD) **3.00pm** Caught Red Handed

6.00pm Nothing to Declare Seven editions of the series following the work of customs and immigration officers in Australia.

8.00pm Blue Bloods 9/21 Series 13 Frank and Joe contend with a grievous insult to the memory of Joe's father. Elsewhere, Erin and Henry join forces. (AD)

9.00pm New Amsterdam 5/14 Series 3. Sharpe notices that the hospital's blood supply is running dangerously low, so Max concocts a plan to save the day. (AD)

10.00pm Chicago Fire 9/22 Series 11 Severide struggles with the cost of helping Pryma in the Martucci case, while Gallo campaigns for Herrmann to represent 51 at the conference.

11.00pm The Rookie 18/22 Series 5 When Dim goes missing, Officer Chen and Sergeant Bradford, along with the CIA, set out to find him and enlist the help of Juicy. (AD)

12 midnight FBI: International (AD) **1.00am** 9-1-1: workers become trapped in a factory fire **2.00am** Law & Order: Organized Crime (AD) **3.00am** Chicago PD **4.00pm** Brit Cops: Law & Disorder **5.00-6.00am** Road Wars

Sky Witness Sky 107 Virgin 110
EE 341/HD 356 +1 Sky 207 Virgin 310

Sky Max



Rob and Romesh vs F1 9.00pm At the Monaco GP

6.00am NCIS: Los Angeles **7.00pm** DC's Legends of Tomorrow (AD) **8.00pm** Supergirl **9.00pm** Stargate SG-1 **11.00pm** NCIS: Los Angeles **12 noon** Supergirl **1.00pm** MacGyver **3.00pm** Hawaii Five-0 **4.00pm** S.W.A.T. (AD) **5.00pm** DC's Legends of Tomorrow (AD)

6.00pm Stargate SG-1 19/20 Series 9. Vala contacts Stargate Command with startling news.

7.00pm 20/20. With the threat of an Ori invasion imminent, the team travels to the village of Camelot.

8.00pm An Idiot Abroad 7/8 Series 1. Karl Pilkington visits Machu Picchu in Peru, where he fails to impress a local tribe. (AD)

9.00pm New. Rob and Romesh vs F1 Rob Beckett and Romesh Ranganathan hang out with the Mercedes team at the Monaco GP.

10.00pm Poker Face 5/10. Charlie works at a retirement home and makes friends with two rebellious women who may have taken matters into their own hands. (AD)

11.05pm Magnum P.I. 16/20 Series 5 Thomas and Higgins help an Amish teenager who has travelled to Hawaii in search of his sister.

12 midnight Entourage **1.00am** Road Wars **2.00pm** New. Fantasy Football League **2.35pm** Road Wars **3.00pm** Hawaii Five-0 **4.00pm** S.W.A.T. (AD) **5.00-6.00am** Highway Patrol

Sky Max Sky 113 (114 Wales) Virgin 111
EE 346/HD 361

Sky Replay

7.00am Sixth Sense with Colin Fry **8.00pm** Four Weddings (AD) **10.00pm** Stop, Search, Seize (AD) **11.00pm** Border Security USA (AD) **12 noon** Highway Patrol **1.00pm** Road Wars **2.00pm** Most Haunted **4.00pm** MacGyver: double bill

6.00pm Stargate Atlantis: double bill **8.00pm** Highway Patrol: double bill **9.00pm** Stan Lee's Lucky Man: double bill. Harry grows suspicious of Isabella, then a hitman kills all the passengers on a charter flight (AD) **11.00pm** Rob and Romesh vs F1: the duo hang out with the Mercedes team at the Monaco GP

12 midnight The Russell Howard Hour **1.00am** Stop, Search, Seize (AD) **2.00am** A League of Their Own Road Trip: Loch Ness to London: the boys put their lawn bowls skills to the test (AD) **3.00pm** Duck Quacks Don't Echo (AD) **4.00pm** Four Weddings (AD) **5.00-6.00am** Sixth Sense with Colin Fry: double bill

Sky Replay Sky 152 Virgin 156

Sky Crime

6.00am Highway Patrol **7.00pm** UK Border Force (AD) **8.00pm** Border Patrol **9.00pm** Nothing to Declare (AD) **10.00pm** Caught Red Handed **11.30pm** Motorway Patrol **12 noon** How I Caught the Killer **1.00pm** Catching the Killer (AD) **2.00pm** Killer in My Village **3.00pm** World's Most Evil Killers **4.00pm** Britain's Most Evil Killers **5.00pm** Catching the Killer (AD)

6.00pm How I Caught the Killer **7.00pm** World's Most Evil Killers **8.00pm** Britain's Most Evil Killers **9.00pm** Killing Mum and Dad (AD) **10.00pm** Catching the Killer **11.00pm** World's Most Evil Killers **12 midnight** Killer in My Village **1.00am** Murders That Shocked the Nation **2.00pm** Love You to Death (AD) **3.00pm** Britain's Most Evil Killers **4.00pm** Road Wars **5.00-6.00am** Motorway Patrol

Sky Crime Sky 122 (123 Scotland) Virgin 121
EE 349/HD 364 +1 Sky 222 (223 Scot) Virgin 321

Gold



Billy Connolly Does... 9.00pm A look at drinking culture

7.00am Hi-de-Hi! **8.05pm** Keeping Up Appearances (AD) **8.40pm** My Hero **9.20pm** Hi-de-Hi! **10.00pm** Porridge **10.40pm** Last of the Summer Wine **12 noon** Keeping Up Appearances (AD) **12.40pm** My Hero **1.20pm** Porridge **2.00pm** Dad's Army (BW) **2.40pm** The Thin Blue Line **3.20pm** Hi-de-Hi! **4.00pm** Last of the Summer Wine **5.20pm** Porridge

6.00pm Keeping Up Appearances Hyacinth agrees to meet a VIP guest. (AD)

6.35pm Dad's Army The platoon takes two prisoners. (BW)

7.15pm Jones's age becomes a matter of concern to HQ.

7.55pm Only Fools and Horses Del becomes a showbiz manager. (AD)

9.00pm New. Billy Connolly Does... **RT** Ep 2 Series 3. Billy looks at how our attitudes towards drink have changed. See p91. (AD)

10.00pm Live at the Apollo Katherine Ryan hosts, with guests Henning Wehn and James Acaster.

11.00pm Mrs Brown's Boys Grandad hopes to witness his own funeral, so the Browns stage a fake wake.

11.40pm Only Fools and Horses As 7.55pm.

12.50am Billy Connolly Does... (AD) **1.50pm** Mrs Brown's Boys **2.20-3.20am** The Thin Blue Line

Gold Sky 110 (111 Wales) Virgin 124
EE 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

Sky Comedy

8.00am American Auto **9.00pm** The Conners **10.00pm** Run **10.30pm** Curb Your Enthusiasm **11.40pm** Ballers (AD) **12.50pm** How to Make It in America **2.10pm** Curb Your Enthusiasm **3.20pm** Ballers (AD) **4.30pm** Moonbase 8 (AD) **5.00pm** The Conners: double bill

6.00pm The Office US **7.00pm** American Auto **8.00pm** Will & Grace: double bill (AD) **9.00pm** Girls: double bill. Mimi-Rose's friend Ace winds up Adam, then Desi and Marnie clash over money (AD)

10.15pm New. Sort Of: double bill. BRLIN prepares for an important installation, then Sabi is forced to go to the ER **11.15pm** Micky Flanagan: An' Another Fing Live **1.00am** New. The Tonight Show Starring Jimmy Fallon: American chat show **2.00am** Sex and the City: double bill **3.10pm** Ballers (AD) **3.45-5.00am** How to Make It in America: double bill

Sky Comedy Sky 114 (115 Wales)
Virgin 112 EE 347/HD 362

Comedy Central

8.00am Most Ridiculous: Gadgets **8.35pm** Most Ridiculous: Fashion Crimes **9.00pm** Blockbusters **10.00pm** Impractical Jokers: Hits, Errors and Balls **10.30pm** Impractical Jokers **12 noon** Home Improvement **1.00pm** Friends (AD) **9.00pm** Chris Ramsey Live: All Grown Up: stand-up show by the comedian **10.00pm** Michael McIntyre: Hello Wembley!

11.00pm Bo Burnham: Comedy Central Live **11.30pm** Donald Glover: Comedy Central Live **12 midnight** Reno 91! **12.30am** Impractical Jokers **1.00pm** Rhod Gilbert's Growing Pains **2.00pm** Henning Wehn: It'll All Come Out in the Wash **3.00pm** Most Ridiculous: Parties **3.25pm** Most Ridiculous: Gadgets **3.45pm** The Daily Show **4.10-5.00am** Friends (AD)

Comedy Central Sky 112 (113 Wales)
Virgin 132 EE 345/HD 360
+1 Sky 212 (213 Wales) Virgin 332

Alibi



Murdoch Mysteries 9.00pm What is a fortune teller hiding?

7.10am Murdoch Mysteries **9.00pm** Rizzoli & Isles (AD) **10.00pm** Unforgettable **11.00pm** Without a Trace **12 noon** The Doctor Blake Mysteries **1.00pm** Father Brown (AD) **2.00pm** Murdoch Mysteries **4.00pm** Rizzoli & Isles (AD) **5.00pm** Unforgettable

6.00pm Without a Trace 18/18 Series 6. Five people are abducted from a coffee shop. Meanwhile, Sam prepares to give birth.

7.00pm Elementary 18/24 Series 5 Sherlock and Joan question how well they know Shinwell when they investigate his role in the unsolved murder of his friend.

8.00pm Father Brown 2/10 Series 7 The sleuth tries to solve a case involving a musical director. (AD)

9.00pm New. Murdoch Mysteries **RT** 5/24 Series 17. The detective descends into a house of horrors after making wishes with a malevolent mechanical fortune teller at a street fair. See page 91.

10.00pm Miss Scarlet and the Duke 2/6 Series 4. Eliza finds herself investigating the world of Victorian undertakers. (AD)

11.00pm Justified 8/13 Series 3 Winona's ex-husband is murdered.

12 midnight Elementary **1.00am** Unforgettable **2.00pm** Without a Trace **2.55-4.00am** Murdoch Mysteries

Alibi Sky 109 (110 Wales) Virgin HD 114
EE 343/HD 358 +1 Sky 209 (210 Wales) Virgin 191

Discovery

6.00am How It's Made **7.00pm** Gold Divers **8.00pm** Building off the Grid **9.00pm** Alaska: the Last Frontier **10.00pm** Richard Hammond's Big **11.00pm** Wheeler Dealers **1.00pm** Building off the Grid: double bill **3.00pm** Blowing Up History (AD)

4.00pm Alaska: Homestead Rescue **6.00pm** Junkyard Empire **7.00pm** Wheeler Dealers (AD) **8.00pm** Blowing Up History: the secrets behind the world's most perfectly preserved mummy (AD) **9.00pm** New. Naked And Afraid: Castaways: a water migration tests Na'im, Kerra and Justin's raft **10.00pm** New. Caught! elusive criminals evade the law **11.00pm** Expedition X: a deckhand narrowly escapes disaster on the Cornelia Marie

12 midnight Deadliest Catch **1.00am** Naked And Afraid: Castaways **2.00pm** Caught! **3.00-5.00am** Naked And Afraid: Last One Standing

Discovery Sky 125 (126 Scotland) Virgin 177
EE 320/HD 325 +1 Sky 225 (226 Scot) Virgin 377

Discovery History

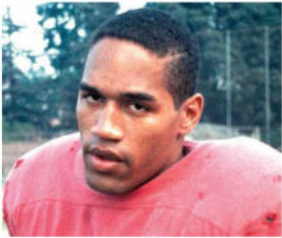
6.00am Expedition Unknown **7.00pm** Secret Space Escapes **8.00pm** Blowing Up History **9.00pm** Combat Dealers **10.00pm** Salvage Hunters **11.00pm** Salvage Hunters: the Restorers **12 noon** Combat Dealers **2.00pm** Secret Space Escapes **3.00pm** Salvage Hunters **4.00pm** Mysteries of the Missing **5.00pm** Blowing Up History **6.00pm** Combat Dealers **7.00pm** Expedition Unknown **8.00pm** Greatest Events of World War II: the Battle of Stalingrad **9.00pm** Combat Dealers: a Russian civilian seeks artefacts from the fall of Berlin **10.00pm** Salvage Hunters **11.00pm** World's Greatest Motorcycle Rides **12 midnight** Combat Dealers **2.00am** Salvage Hunters **3.00pm** Greatest Events of World War II **4.00-5.00am** World's Greatest Motorcycle Rides

Discovery History Sky 177 Virgin 181
+1 Sky 277 Virgin 381

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED



Sky Documentaries



OJ: Made in America 7.00pm
The rise and fall of the icon

6.00am The Sixties (AD) **7.00** Discovering: Paul Newman (AD) **8.00** The Directors **9.00** 100 Foot Wave (AD) **10.00** OJ: Made in America **12 noon FILM** Next Goal Wins **1.00pm** The changing fortunes of the football team of American Samoa (AD) (W) **1.50pm** My Icon: Chris Hughton (AD) **2.00** Brazil 2002 **3.50** My Icon: Leon McKenzie (AD) **4.00** The Directors: the career of Clint Eastwood **5.00** Discovering: Paul Newman (AD)

6.00pm 100 Foot Wave
Nazare's largest swell to date paves the way for a broken record – and a broken back. (AD)

7.00 OJ: Made in America
How OJ Simpson's trial for the murders of his ex-wife Nicole and her friend Ron Goldman became a media phenomenon.

9.00 Bruno vs Tyson The story of the boxing rivalry between Frank Bruno and Mike Tyson, which spanned two fights marred by politics and race relations. (AD)

10.50 Laurel Canyon Double bill telling the story of the Hollywood Hills community and the musicians who made history there. (AD)

1.50am FILM Undeclared **2.00** American football documentary (W) **4.00** The Directors **5.00–6.00am** Discovering: Paul Newman (AD)

Sky Documentaries Sky 121 (122 Scotland) Virgin 188 EE 352/HD 367

Nat Geographic

8.00am Food Factory **9.00** Air Crash Investigation **10.00** Nazi Megastructures **11.00** Megafactories (AD) **12 noon** Car SOS **1.00pm** Ultimate Airport Dubai **2.00** Air Crash Investigation (AD) **3.00** Hitler's American Battleground **5.00** Car SOS: Fuzz Townshend and Tim Shaw restore a 1983 Citroen 2CV (AD) **6.00pm** Lost Treasures of Egypt **7.00** Air Crash Investigation **8.00** Arctic Ascent with Alex Honnold: the climbers face what could be their most dangerous ascent yet (AD) **9.00 New.** The Space Race: the battle to put the first black man in orbit **11.00** Air Crash Investigation (AD) **12 midnight** Airport Security: First Class **1.00am** Wicked Tuna **2.00** Money Meltdown **2.30** Food Factory **3.20 New.** Food Factory USA: salsa verde's key ingredient **4.10–5.00am** Secrets of the Zoo: Keeper Tales

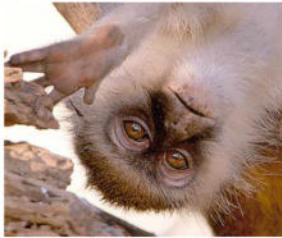
Nat Geographic Sky 129 (130 Scotland) Virgin 183 +1 Sky 229 (230 Scot) Virgin 383

Sky History

6.00am American Pickers **7.00** Pawn Stars **9.00** Bermuda Triangle: into Cursed Waters **10.00** Strangest Things **11.00** Swamp People: Serpent Invasion **1.00pm** Pawn Stars **2.00** Rust Valley Restorers **3.00** Hillier's Secret Tunnels **5.00** Pawn Stars **6.00** American Pickers **7.00** Forged in Fire **8.00 New** Pawn Stars: a seller comes in with a letter from Stephen King **9.00 New** Rust Valley Restorers: Avery gambles on finishing a build from his past **10.00 New.** Mountain Men: Alaska: Marty digs his plane out from a deep snow drift **11.00** Forged in Fire **12 midnight** Pawn Stars **2.00am** Secrets of Great British Castles **3.00** Pawn Stars **4.00** Rust Valley Restorers **5.00–6.00am** Forged in Fire: forging the flensing knife

Sky History Sky 123 (124 Scotland) Virgin 131 EE 353/HD 368 +1 Sky 223 (224 Scot) Virgin 331

Sky Nature



Tales from Zambia 9.00pm
A vervet monkey is educated

6.00am Africa's Wild Horizons **7.00** Monkey Life (AD) **8.00** Arabian Inferno **9.00** Extreme Animals: One Wild Day (AD) **10.00** Zambia Untamed **11.00** Great Blue Wild **12 noon** Africa's Hunters **1.00pm** Monkey Life (AD) **2.00** Arabian Inferno **3.00** Extreme Animals: One Wild Day (AD) **4.00** Zambia Untamed **5.00** Great Blue Wild

6.00pm Africa's Hunters The dominant male lions are under pressure to defend their position.

7.00 Monkey Life Capuchin Bruce receives a new jacket. (AD) **7.30** Alison goes under cover to save Cadi the chimp. (AD)

8.00 Kalahari: Land of Secret Alliances The incredible tactics animals and plants use to survive in the Kalahari desert.

9.00 Tales from Zambia Two young monkeys learn who they can trust and what they should avoid.

10.00 Africa's Hunters As 6pm.

11.00 Great Blue Wild The Belize Barrier Reef – the second-largest coral reef in the world.

12 midnight My Best Friend's an Animal **1.00am** How the Wild Things Sleep **2.00** Kalahari: Land of Secret Alliances **3.00** Tales from Zambia **4.00** Arabian Inferno **5.00–6.00am** Extreme Animals: One Wild Day (AD)

Sky Nature Sky 124 (125 Scotland) Virgin 189 EE 354/HD 369

Eden

9.00am Smoke and Steel (AD) **11.00** Impossible Engineering (AD) **3.00pm** Smoke and Steel (AD) **5.00** Impossible Engineering: four editions. A multi-billion-pound 32km super sewer **6.00** A vast new island which has been created in the seas off Dubai **7.00** The construction of remote ski resort Whistler **8.00** NATO's Airborne Warning and Control System (AD) **9.00** Smoke and Steel: double bill. The legacy of a cable hut in Cornwall, then the first iron framed building – a mill in Shrewsbury (AD) **11.00** Impossible Engineering (AD) **12 midnight New** Anthony Bourdain: Parts Unknown: Anthony visits Sri Lanka **1.00am** Impossible Engineering (AD) **3.00** Smoke and Steel (AD) **4.40** Impossible Engineering (AD) **5.30–6.00am** David Attenborough's Natural Curiosities (AD)

Eden Sky 166 Virgin HD 176 +1 Sky 266 Virgin 376

Animal Planet

8.00am Animal Cries **9.00** Crikey! It's the Irwins **10.00** Dogs 101 **11.00** Alaska: Homestead Rescue **12 noon** Animal Cries **1.00pm** Crikey! It's the Irwins **2.00** Lair of the Killer Crocs **3.00** Monster Croc Invasion (AD) **4.00** Dogs 101 **5.00** Alaska: Homestead Rescue: the Raneys help an Oregon couple with a toxic saltwater well **6.00** Animal Cries **7.00** Crikey! It's the Irwins: Robert wrangles western diamondback rattlesnakes in Arizona **8.00** Project Grizzly **10.00** Alaskan Bush People: an accidental explosion leaves Matt injured **11.00** From Wags to Riches **12 midnight** Pit Bulls and Parolees: Tia's Tales **1.00am** Alaskan Bush People **2.00** Dogs 101 **3.00** Alaska: Homestead Rescue **4.00–5.00am** Animal Cries

Animal Planet Sky 162 (178 NI) Virgin 178 +1 Sky 262 (278 NI) Virgin 378

SPORT

Sky Main Event

Sky 401 Virgin 511/HD 501 EE 419/HD 439

6.00am Sky Sports News
8.00 LIVE NRL Canterbury Bulldogs v Melbourne Storm, the Pre-Season Challenge (ko **8.00**).
10.00 LIVE ATP Tennis Day four of the ABN AMRO Open.
12.15pm LIVE WTA Tennis The Qatar Open, quarter-finals.
7.00 LIVE Super League Hull FC v Hull Kingston Rovers at MKM Stadium (kick-off **8.00**).
10.15 LIVE PGA Tour Golf Day one of the Genesis Invitational at Riviera Country Club, California.
1.00am LIVE ATP Tennis Day four of the Delray Beach Open.
3.00–6.00am Sky Sports News

Sky Football

Sky 403 Virgin 513/HD 503 EE 421/HD 441

6.00am Classic Play-Offs **9.00** EFL Greatest Games (AD) **10.00** League Cup Retro **12 noon** Championship Highlights **3.30pm** German Football **4.30** League One and Two Goals **5.00** Championship Highlights **6.00** German Football: previews **6.30** Championship Highlights **8.30** League One and Two Goals **9.00** German Football: previews **9.30** Championship Highlights **11.30** League One and Two Goals **12 midnight–6.00am** SPFL Greatest Games: memorable matches

Sky Golf

Sky 405 Virgin 515/HD 505 EE 423/HD 443

6.00am PGA Tour: the Cut **6.30** Golf's Greatest Holes **7.30** European Challenge Tour Golf **8.00** PGA Tour Golf **9.00** Ladies European Tour Golf **10.00 LIVE Ladies European** **Tour Golf** Day one of the Aramco Saudi Ladies International.
2.00pm European Challenge Tour Golf **2.30** PGA Tour Golf **3.30 LIVE PGA Tour Golf** Day one of the Genesis Invitational.
1.00am PGA Tour Champions Learning Centre **1.30** The Players Championship Official Film (AD) **2.30** Best of the Sky Zone (AD) **3.00–6.00am** PGA Tour

Sky Tennis

Sky 407 Virgin 537/HD 520 EE 425/HD 445

10.00am LIVE ATP Tennis Day four of the ABN AMRO Open.
12.15pm LIVE WTA Tennis The Qatar Open quarter-finals.
8.30–3.00am LIVE ATP Tennis Day four of the ABN AMRO Open; **10.30** Coverage of day four of the Delray Beach Open in Florida.

Eurosport 1

Sky 413 Virgin 521 EE HD 412

6.00am Snooker: Welsh Open **8.00** Cycling **10.30** Snooker: Welsh Open **12.30pm LIVE Snooker** Day four of the Welsh Open in Llandudno.
4.30 Snooker: Welsh Open
7.00 LIVE Snooker Day four of the Welsh Open from Llandudno.
11.00 Snooker: Welsh Open **1.00am** Biathlon **2.00** Snooker **4.00** Biathlon **5.00–6.00am** Alpine Skiing

Eurosport 2

Sky 414 Virgin 522 EE HD 413

6.00am Biathlon **8.00** Snooker **10.00** Showjumping **11.30** Cycling **1.00pm LIVE Cycling** Stage two of the Tour of Andalusia.
3.00 Tour of Algarve, stage two.
4.45 LIVE Biathlon The World Championships from Nove Mesto.
6.00 Motor Racing **7.00** Cycling **9.00** Biathlon **10.00** Superbikes **11.00** Sailing **12 midnight** Cycling **2.00am** Biathlon **3.00** Cyclo-Cross **4.00** Snooker **5.55–6.50am** Biathlon



Super League 7.00pm
Sky Arena Danny Houghton of Hull kicks off a new season

Sky Premier League

Sky 402 Virgin 512/HD 502 EE 420/HD 440

6.00am Premier League Greatest Games **7.00** Legends (AD) **8.00** Premier League Best Goals **9.00** 100 Club **10.00** The Football Show **12 noon** Soccerbox **1.00pm** Premier League Years: review of the 1996/97 season (AD) **3.00** Greatest Games **4.00** Best Goals (AD) **5.00** 100 Club **6.00** Legends (AD) **7.00** The Big Interview **7.30** Premier League Stories **8.00** Gary Neville's Soccerbox **9.00** The Big Interview **9.30** Premier League Stories **10.00** Premier League Icons **10.30** Premier League Retro **12.30am** Premier League Icons **1.00** Premier League Years **3.00** Premier League Greatest Games **4.00** Best Goals **5.30–6.00am** 100 Club

Sky Cricket

Sky 404 Virgin 514/HD 504 EE 422/HD 442

6.00am SA20 Highlights **9.00** SA20 Cricket: the qualifier **1.30pm** SA20 Cricket: the eliminator **6.00** Secrets of Success **6.30** Best of the World T20 **7.00** SA20 Highlights **9.00** Secrets of Success **9.30** Pushing Boundaries **10.00** SA20 Cricket **5.00–6.00am** Best of the World T20

Sky Action

Sky 408 Virgin 517/HD 507 EE 426/HD 446

6.00am Premier League Darts **9.30** NFL Bitesize **9.45** Neil Meets **10.00** NFL Highlights **11.00** Super Bowl LVIII Highlights **12 noon** Good Morning Football **3.00pm** NFL Gameday **3.30** Super Bowl LVIII Bitesize **4.00** Boxing **5.00** Pro-Football Talk **7.00 LIVE Premier League** **Darts** Night three at OVO Hydro, Glasgow, featuring quarter-finals, semi-finals and the final.
10.30 NFL Bitesize (AD) **10.45** Super Bowl LVIII Bitesize **11.00** NFL Gameday **11.30** Super Bowl LVII **12 midnight** NFL: Total Access **1.00am** Premier League Darts **4.30** Super Bowl LVIII Bitesize **4.45** NFL Bitesize **5.30–6.00am** Gameday

Sky Arena

Sky 412 Virgin 518/HD 508 EE 427/HD 447

6.00am NRLW **7.00** NRL **8.00 LIVE NRL** Canterbury Bulldogs v Melbourne Storm, the Pre-Season Challenge (ko **8.00**).
10.00 Women's Super League (AD) **11.00** Sam Tomkins: a Super League Legend **12.30pm** Super League (AD) **2.00** James Roby: the Heart of a Saint (AD) **2.30** Rugby League Retro **4.30** Super League: highlights of 2023 (AD) **7.00 LIVE Super League** Hull FC v Hull Kingston Rovers at MKM Stadium (kick-off **8.00**).
10.15 Super League: highlights (AD) **10.30** James Roby: the Heart of a Saint (AD) **11.00** Boxing **12 midnight** Super League **12.30am** Unbeatable **1.00** Super League **1.15** Rugby League Retro **3.30** Unbeatable **4.00–6.00am** Nations Cup Netball

TNT Sports 1

Sky 410 Virgin 527 EE 408/HD 430

6.00am LIVE Test Cricket India v England, continued coverage of the opening day of the third Test in the five-match series from Rajkot.
12 noon LIVE Pro League **Hockey** Spain v Ireland, the men's match in India (push-back **12.00**); **2.00pm** India v Australia, the men's match (push-back **2.00**).
4.00 Europa League Magazine **5.00** The Big Interview **5.30 LIVE Europa League** **Football** Feyenoord v AS Roma, the play-off round, first-leg match from De Kuip (kick-off **5.45**); **7.45** AC Milan v Rennes, the play-off round, first-leg match from San Siro (kick-off **8.00**).
10.00 Europa League Football **11.15** Premier League Reload **11.30** Premier League: the Big Interview **12 midnight** French Football **12.30am LIVE Pro League** **Hockey** Belgium v Germany, the women's match (push-back **12.30**).
2.30 Italian Football: highlights **3.30–6.00am LIVE Test** **Cricket** India v England, day two of the third Test match in Rajkot. Coverage continues until 12 noon.

TNT Sports 2

Sky 411 Virgin 528 EE 409/HD 431

6.00am LIVE Test Cricket Australia v South Africa, continued coverage of day one of the one-off women's Test match from Perth.
11.00 International One-Day Cricket **12 noon** Wrestling **4.00pm** Test Cricket Highlights **5.00** French Football **5.30 LIVE Europa League** **Football** Shakhtar Donetsk v Marseille, the play-off round, first-leg match (kick-off **5.45**); **7.45** Benfica v Toulouse, the play-off round, first-leg match at Estadio da Luz (kick-off **8.00**).
10.00 LIVE Pro League Hockey Belgium v Germany, a men's match from Argentina (push-back **10.00**).
12 midnight NBA Action (AD) **12.30am LIVE NBA** Memphis Grizzlies v Milwaukee Bucks from FedExForum (tip-off **1.30**).
5.00 NBA Action (AD) **5.30–6.00am** French Football

TNT Sports 3

Sky 417 Virgin 529 EE 410/HD 432

6.00am Champions League Football **8.00 LIVE Pro League Hockey** USA v Australia, a women's match from Rourkela (push-back **8.00**); **10.00** China v Netherlands, the women's match (push-back **10.00**).
12 noon Premier League Review (AD) **1.00pm** National League Football **2.30** Champions League Football **4.30** NBA Action (AD) **5.00** Serie A: Full Impact (AD) **5.30 LIVE Europa League** **Football** The Goals Show.
10.00 Test Cricket Highlights **12 midnight** Europa League Football **2.00am** Test Cricket Highlights **3.00–6.00am LIVE Test Cricket** Australia v South Africa, day two of the women's Test from Perth. Coverage continues until 11am.

TNT Sports 4

Sky 421 Virgin 530 EE 411/HD 434

6.00am Premiership Women's Rugby Union **7.00** Italian Football **9.00** Surfing **10.00** NBA **4.00pm** Spanish Football **5.00** Test Cricket Highlights **6.00 LIVE World Rally** Day one of Rally Sweden, special stage one.
8.00 TNT Sports Reload (AD) **8.30** Test Cricket Highlights **9.30–6.00am LIVE Test Cricket** New Zealand v South Africa, day four of the second Test in Hamilton.

Friday



OWN GOAL
Will Paul
(Jim Howick,
far left) lose
his sporting
ambition?

SITCOM Here We Go

8.00pm **BBC1** Catch up via iPlayer

If you've previously given this sitcom a go and found it wanting, maybe try this episode for size because it might – *might* – just win you over. Yes, the farcical elements and downright silliness won't be for everyone, but there's a fun set-up

tonight in what is a solid outing for the Jessops.

Desperate to fit in with his fellow police trainees, Paul (Jim Howick, whose exasperated-to-camera looks here are priceless) not only invites them over to his house to watch an England match but misguidedly signs up to a five-a-side football team. Having zero knowledge of the sport, he gets a crash course from daughter Amy (Freya Parks) that consists of learning the difference between Man

On, Man Up and Man U, being reminded it's a pitch rather than a lawn and getting corrected when he says his favourite player of all time is "John Barn".

Before that, though, it's Valentine's Day and Robin (Tom Basden, who also created and writes the series) has a big question to ask Cherry (Tori Allen-Martin), while Rachel (Katherine Parkinson) has a big secret to hide from her husband.

FRANCES TAYLOR

DRAMA Father Brown

1.45pm **BBC1**
Catch up via iPlayer

Those who prefer their whodunnits with a melodramatic gothic flavour are well served here. There's a country house that, thanks to a storm, becomes increasingly isolated; a solitary forensic pathologist with a burdened air about him, candles flickering along every corridor and even a damsel in distress, in the form of Mrs Devine (Claudie Blakley).

The requisite monster is, of course, a murderer who's at liberty due to a false conviction – but Father Brown (Mark Williams) is, naturally, able to offer illumination in the darkness and provide a neat solution. This he does with his usual air of humility and patience while all around him flail as rain lashes windows and lightning strikes. **DAVID BROWN**

PROPERTY Extraordinary Extensions

8.00pm **C4** Catch up: C4 streaming

**LAST IN
SERIES**

When Tinie surveys the grandeur and kerb appeal of tonight's first property, he remarks that if he were watching at home, he'd be urging the owners not to touch their imposing Victorian pile. Charles and Daxa probably wish they'd listened to him, as their plans for a gigantic extension spiral, with costs becoming eye-watering. Paraphrasing the words of *Spider-Man's* Uncle Ben, Tinie has some sage advice: "With great ambition comes great risk".

The pressure is also on for Derek and Mamta, who are in a stressful and unenviable race: will the extension to their south London 1930s semi be completed before the arrival of their new baby? **FT**

PROPERTY Amanda and Alan's Italian Job

8.30pm **BBC1**
Catch up via iPlayer

Amanda Holden and Alan Carr are now planning to renovate the oddly shaped tower and "hellhole" of a cellar in their dilapidated Tuscan home, converting them into a cinema room and a wine room respectively. This involves a trip to a local vineyard, shopping at an antiques market (where the sudden sound of "gunfire" nearly gives Alan a heart attack) – and Amanda buying the world's largest sun hat.

In between their fun and games, project manager Scott is beaver away, plastering rocky walls, building plush seating units and – trickiest of all – working out how to divert the water that runs through the cellar when it rains. **JANE RACKHAM**

PANEL SHOW Would I Lie to You?

9.00pm **BBC1** Catch up via iPlayer

Has Claudia Winkleman picked up any devious tricks from *The Traitors*? Her first story in this episode – about wearing gravy granules as fake tan during filming on the BBC reality series – sounds too ridiculous to be true. But maybe she learnt a thing or two about double bluffs while holed up in that Scottish castle...

Also spinning truths and lies this week are comedians Mike Bubbins, Jessica Knappett and Babatunde Aléshé, and they all get a chance to shine alongside regulars Rob Brydon, Lee Mack and David Mitchell. Bubbins, in particular, makes plenty of hay from his 1980s Welsh childhood, striking moustache and Elvis impression, which he demonstrates with an unusual cover of a classic BBC theme. **HUW FULLERTON**

ALSO ON TODAY

Celebrity Mastermind

7.30pm **BBC1**
Aaron Evans, one of the winners of *The Traitors'* first series, is among those being grilled by Clive Myrie tonight.

Gardeners' World

9.30pm (not Wales) **BBC2**
In this final highlights compilation, Monty Don plants out sweet peas and Sue Kent looks at heritage vegetables.



The Graham Norton Show

10.40pm **BBC1**
Graham welcomes Jodie Foster, Olivia Colman (left), Wanda Sykes and Lorraine Kelly to the sofa.

TRAVEL

Sue Perkins: Lost in Alaska

9.00pm **Channel 5** *Catch up: My5*
The residents of the remote areas around Anchorage, Alaska certainly have a sense of humour. They all seem to like playing pranks (as Sue finds out when she goes panning for gold), there's an annual beard competition (for men and women) – and you won't believe it when Sue meets the mayor of the prospecting town of Talkeetna.

First, though, she discovers how exuberant huskies are trained for mushing by pulling a *Mad Max*-style vehicle and meets a pair of "preppers" who've built a "doomsday dome" in the wilderness for when Armageddon comes. "It's like an entrepreneurial Center Parcs" is Sue's conclusion. **JR**
RT Travel special: centre pages

ENTERTAINMENT

The Last Leg

10.00pm **C4** *Catch up via C4 streaming*

Back in 2012, when *The Last Leg* launched as an adjunct to C4's revolutionary coverage of the London Paralympic Games, few would have predicted Adam Hills, Josh Widdicombe and Alex Brooker becoming staples of Friday night entertainment. Yet the blend of satire, silliness and the ingenious vehicle for taboo busting, #isitok, is enduringly and hearteningly popular, especially when allied to an unpredictable roster of guests. The 30th series begins with Rosie Jones and Richard Ayoade in the studio: both have long associations with the broadcaster and neither is averse to a bit of back and forth. Another richly entertaining hour looms. **GABRIEL TATE**

DOCUMENTARY

Amityville: an Origin Story

11.05pm (11.50pm in Wales), 11.55pm (not Wales) **BBC2** *Catch up: iPlayer*

LAST EPISODE

In grainy news footage, we see 1970s moviegoers leaving cinemas looking wan after watching *The Exorcist*. Yet it seemed film fans couldn't enough of demonology during this period. So, when *The Amityville Horror* arrived in 1979, its focus on the satanic resulted in a stellar box-office performance.

This final double bill charts the flurry of spin-offs that followed – some 30+ have been pushed out. But who's been making money from it all? The answers are surprising, as are the revelations about the fates of the real-life family members caught up in this haunted-house drama. **DB**



SAY WHAT YOU SEE
Gogglebox stalwarts and best friends Jenny and Lee

REALITY

Gogglebox

9.00pm **C4** *Catch up: C4 streaming*

The armchair critics are back – and it feels like there's rarely been a more relevant time to see them tuck into telly. Because despite years of dire predictions about the death of traditional, communal TV viewing, 2024 is already showing that there's life in the old dog yet.

Millions of us were glued to every twist and turn of BBC1's *The Traitors*, while *Gladiators* is getting huge numbers to revive Saturday teatime viewing. On ITV1, *Mr Bates vs The Post Office* proved that traditional drama can still get bums on seats – and make a real difference – no matter how many streaming shows are competing for viewers.

Gogglebox is recorded so close to transmission there's no news yet on what they'll be casting an eye over, but expect plenty of no-nonsense critiques of the latest reality, drama and international shows that have kept us square-eyed lately. **HF**

LIVE SPORT



Football: Championship

West Bromwich Albion v Southampton
7.30pm (k/o 8pm)
Sky Sports Football
At 20, West Brom midfielder Tom Fellows is one of the division's brightest rising stars.

Cricket: Men's Test Series

India v England
3.30am (Fri am) **TNT Sports 1**
Day two in Rajkot.

Rugby League: Super League

Leeds Rhinos v Salford Red Devils
7.30pm (k/o 8pm) **SS Arena**
From Headingley Stadium.

FILM OF THE DAY



Save Yourself! ★★★

9.00pm **Film4**

Two Brooklyn hipsters pick the wrong week to ditch their phones and reconnect with nature in this goofy alien-invasion movie, whose unearthly visitors bear more than a passing resemblance to those troublesome tribbles from *Star Trek*. (2020)

FILM REVIEWS
page 107

FRIDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Naga Munchetty, Charlie Stayt. (S) (HD)

9.30 Morning Live Weekday magazine programme hosted by Gethin Jones and Gaby Roslin. (S) (HD)

10.45 Dr Xand's Con or Cure A look at castor oil, the dangers of skin-lightening creams and tips for getting a good night's sleep. Last in series. (S) (HD)

11.15 Homes under the Hammer Properties in Suffolk, South Yorkshire and Cambridgeshire. (R) (S) (AD) (HD)

12.15pm Bargain Hunt Two teams search for items of value at Southwell Racecourse. (S) (HD)

1.00 BBC News Regional News; Weather (S) (HD)

1.45 Father Brown 7/10 Series 11. Lady Felicia asks the sleuthing cleric to help prove that a convicted serial killer didn't kill her goddaughter. A box set is available on iPlayer. **See page 100.** (S) (AD) (HD)

2.30 Clean It, Fix It The team helps a family of six transform their dining room and work areas as well as increasing storage in the bathroom. (S) (HD)

3.15 Escape to the Country Helping a couple look for a home in the Wye Valley. (Revised rpt) (S) (AD) (HD)

3.45 The Repair Shop The experts restore a 1960s split-flap clock that's stuck in time. (R) (S) (AD) (HD)

4.30-5.15 Antiques Road Trip David Harper and Catherine Southon scour shops in Devon. (R) (S) (HD)

BBC2

6.30am Escape to the Country Searching for a home along the Welsh border. Shown Tuesday 3pm BBC1 (S) (HD)

7.15 Clean It, Fix It Shown yesterday 2.15pm BBC1 (S) (HD)

8.00-9.00 Sign Zone Inside the Factory 6/10 Series 8 Gregg Wallace is at the Lush factory in Dorset. (R) (S) (AD) (HD)

9.00 BBC News (S) (HD)

9.00 BBC RED BUTTON 12 noon-4.30pm Snooker Live coverage of the Welsh Open from Venue Cymru in Llandudno

12.15pm Politics Live: By-Election Special A look at the Kingswood and Wellingborough by-elections. (S) (HD)

1.00 Impossible Quiz with Rick Edwards. (R) (S) (HD)

9.00 BBC SPORT ONLINE 1.00-7.00 Darts Live coverage of the World Seniors Championships from Purfleet, at bbc.co.uk/sport

1.45 The Tournament Quiz with Alex Scott. (R) (S) (HD)

2.30 The Farmers' Country Showdown Farmers compete at the Moreton-in-Marsh Show. (R) (S) (HD)

3.15 The Great British Sewing Bee The finalists fashion a party outfit using their old scraps. (R) (S) (AD) (HD)

4.15-5.15 Animals with Cameras Bodycams reveal how cheetahs select and stalk their prey. (R) (S) (AD) (HD)

ITV1

6.00am Good Morning Britain (S) (HD)

9.00 Lorraine Showbiz gossip and guests. (S) (HD)

10.00 This Morning Lifestyle features, fashion and celebrity interviews. Including **Regional Weather** (S) (HD)

12.30pm Loose Women Frank exchanges. (S) (HD)

1.30 ITV Lunchtime News Regional News; Weather (S) (HD)

2.00 Jimmy's Taste of Florida In central Florida, Jimmy Doherty rides the rollercoasters and explores the restaurants at Universal Studios Resort, and gets a sushi-making masterclass. Signed rpt 5.05am (S) (AD) (HD)

3.00-4.00 Lingo Banita and Seema, Jheanell and Mark, and Pete and Sam take part in the word game. Adil Ray hosts. (R) (S) (HD) Followed by **Regional Weather**

Channel 4

6.10am Countdown With guest Tim Rice. (R) (S) (HD)

6.50 Cheers Two episodes of the comedy. (R) (S) (HD)

7.40 3rd Rock from the Sun Double bill. (R) (S) (AD)

8.30 Everybody Loves Raymond (R) (S) (AD) (HD)

10.00 Frasier Double bill of the sitcom. (R) (S) (AD)

11.00 The Great House Giveaway Renovating a bungalow in Flintshire. (R) (S) (HD) **12 noon News** (S) (HD)

12.05pm Sun, Sea and Selling Houses Searching for a property with business potential in Almeria. (R) (S) (HD)

1.05 Find It, Fix It, Flog It Simon O'Brien turns a pile of old slate into an unusual lamp. (R) (S) (AD) (HD)

2.10 Countdown With guest Tim Rice. (S) (HD)

3.00 A Place in the Sun Helping a couple search for a holiday home in western Tenerife. (R) (S) (HD)

4.00-5.00 A New Life in the Sun Manchester entrepreneur Lloyd deals with a concrete crisis in Portugal. Last in series. Repeated 6pm 4seven (S) (HD)

BBC1

1

Here We Go

8.00pm Bench warmer: Sue offers support for Paul when he pretends to enjoy football



5.15pm Pointless

Quiz presented by Alexander Armstrong. (R) (S) (HD)

6.00 BBC News Weather (S) (HD)

6.30 Regional news magazines (S) (HD)

7.00 The One Show

Presented by Angelica Bell and Roman Kemp. (S) (HD)

7.30 Celebrity Mastermind

11/14. Michelle Heaton, Nihal Arthanayake, Aaron Evans and Maisie Adam answer questions on Disney princesses, hip-hop group Public Enemy, cephalopods and the 2006 film *This Is England*. Clive Myrie hosts.

Producer Paul Christian; Executive producers Jimmy Mulville, Chris Jones, David Young and Kate Middleditch. Postponed from Friday 9 February (S) (HD)

8.00 Here We Go

3/6 Series 2. Amy's Valentine's Flowers

It's Valentine's Day, and the Jessops attempt to expose Paul's secret admirer, while Robin prepares to propose to Cherry. A box set is on iPlayer. **See p100.**

Rachel Jessop	Katherine Parkinson	Zoe	Sophie Wu
Paul Jessop	Jim Howick	Robin Hankey	Tom Basden
Sue Jessop	Alison Steadman	Cherry	Tori Allen-Martin
Sam Jessop	Jude Collie	Amy Jessop	Freya Parks
Dean	Ed Kear	Greg	Andrew Brooke
Ugly Chris	Ned Porteous	Fozzie	Paul Longley

Writer Tom Basden; Director Will Sinclair; Producer Sam Ward (S) (AD) (HD)

8.30 Amanda and Alan's Italian Job

7/8 Series 2. Amanda Holden and Alan Carr aim to transform the medieval tower room into a cinema, while Amanda hopes to turn her damp cellar into a wine grotto. A box set is on iPlayer. **See p100.**

Director Alex Mucadam; Producer Eleanor Scaglioni (S) (AD) (HD)

RT TRAVEL Eight days in Tremezzo on the shore of Lake Como: p143

9.00 Would I Lie to You?

8/9. Babatunde Aléshe, Mike Bubbins, Jessica Knappett and Claudia Winkelman join Lee Mack and David Mitchell. Presented by Rob Brydon. A box set of previous episodes is on iPlayer. **See page 100.**

Director Barbara Wiltshire
Producers Zoe Waterman and Jake Graham (S) (HD)

9.30 Not Going Out

Series 13. Day Out. To take advantage of three free tickets to a theme park, Lee takes Mollie out of school without permission. A box set is available on iPlayer.

Lee	Lee Mack	Benji	Max Pattison
Lucy	Sally Bretton	Charlie	Finlay Southby
Mollie	Francesca Newman	Dental receptionist	Tanvi Virmani
Miss Anstis	Selina Griffiths		

Writers Lee Mack and Daniel Peak; Director Nick Wood
Producer Jamie Rix (R) (S) (AD) (HD)

10.00 BBC News Regional News; Weather (S) (HD)

10.40 The Graham Norton Show

Graham is joined by Hollywood royalty Jodie Foster, Oscar-winner Olivia Colman, US comedian Wanda Sykes and doyenne of daytime TV Lorraine Kelly. Director Toby Baker; Series producer Jon Magnusson (S) (HD)

11.30 RuPaul's Drag Race UK vs the World

1/8 Series 2. Elite queens from around the world compete alongside fan favourites from *RuPaul's Drag Race UK*. With judges Richard E. Grant, Alan Carr and Michelle Visage. Series 1 is on iPlayer. Executive producers Fenton Bailey, Randy Barbato and Tom Campbell. Shown last Friday BBC3 (S) (HD)

12.45am Just Jim ★★ Coming-of-age comedy directed by and starring Craig Roberts, with Emile Hirsch. Jim is a teenage loner living in a small Welsh village with only his dog for a best friend. However, that all changes when Dean, a laid-back American, moves in next door and begins to teach Jim how to be cool enough to take control of his life. Available on iPlayer for 30 days. (2015, 15) (S) (W) (HD)

2.05 Weather for the Week Ahead (S) (HD)

2.10-6.00am BBC News (S) (HD)

BBC1 Freeview 1/HD 101 Freesat 101 Sky 101 Virgin 101

BBC2

2

Amityville: an Origin Story

11.05pm Kathy and George Lutz are now famous, but it comes at a cost



5.15pm Flog It!

Mark Stacey and Jonathan Pratt value objects at the Old Royal Naval College in Greenwich. Paul Martin takes a ride on an amphibious vehicle. (R) (S) (HD)

6.00 Richard Osman's House of Games

Former winners Kaye Adams, Alex Brooker, Kiell Smith-Bynoe and Isy Suttie take part.

Director John Smith

Executive producers Breid McLoone and Tamara Gilder (S) (HD)

6.30 Rick Stein's Food Stories

5/15. Manchester. At a market in Bury, the chef immerses himself in the food traditions of the North West. He also meets chef Joe Otway, who's reinventing the region's culinary heritage for a hip crowd. Later, Rick cooks a scotch egg for a ploughman's and one of his favourite dishes – liver, bacon and onions.

Director Matt Bennett; Producer Caroline Topless (S) (AD) (HD)

7.00 Match of the Day Live: Women's Super League

Chelsea v Manchester City

Coverage of the match from Kingsmeadow (kick-off 7.15). These two teams and Arsenal are involved in what looks to be a three-horse race for the title, with Chelsea aiming to win the league for the fifth successive season and the Citizens looking to emulate their sole triumph in 2016. The reverse fixture saw the sides share the spoils in a 1-1 draw and another closely contested clash is anticipated. (S) (HD)

9.00 BBC RED BUTTON 7.00-10.30 Snooker Live coverage of the Welsh Open from Venue Cymru in Llandudno

9.00 BBC SPORT ONLINE 7.00-11.00 Darts Coverage of the World Seniors Championships from Purfleet, at bbc.co.uk/sport

9.30 Gardeners' World

In the last of the highlights compilations, Monty Don plants out sweet peas. Elsewhere, Nick Bailey visits a Herefordshire garden designed to make the most of its glorious setting, while Sue Kent goes in search of heritage vegetables and Rekha Mistry reviews the first growing season in her new plot in the Peak District. Series producer Becky Pratt; Exec producer Gary Broadhurst (S) (HD)

RT GARDENING Save money on a complete potato-growing kit that's ideal for patios; plus offer on compost: page 145

10.30 Newsnight With Katie Razzall. (S) (HD)

11.00 Weather (S) (HD)

11.05 Amityville: an Origin Story

RT 3/4. The Big Time. After paranormal trailblazers Ed and Lorraine Warren "confirm" a demonic presence at 112 Ocean Ave, the Lutz family turn their "true story" into a hit book and film. But they're then accused of perpetrating a hoax. (S) (AD) (HD)

11.55 4/4. The Feedback Loop. The success of *The Amityville Horror* reinvents the haunted-house trope for a new generation, spawning sequels, conspiracy theories and rabid fandom. George Lutz's secret past is revealed, as the legacy of Amityville comes into focus. The series is on iPlayer. **See p100.** (S) (AD) (HD)

12.40am Homebound ★★ Horror mystery. Holly and her new husband Richard visit the country house where he used to live, in order to celebrate the birthday of one of his children. As the trip progresses, Holly becomes concerned that her spouse is not the man she thought he was. On iPlayer for 30 days. **Review page 107.**

Holly Richard Anna

Aisling Loftus Tom Goodman-Hill Raffiella Chapman

Ralph Lucia

Lukas Rolfe Hattie Gotobed

Director Sebastian Godwin (2021, 15) (S) (W) (HD)

2.00-3.30am Sign Zone 2.00 Alzheimer's: a Turning Point? - Panorama A look at a possible breakthrough in the treatment for Alzheimer's. Shown Monday 8pm BBC1 (S) (HD)

2.30 Gladiators 5/11. Legend gets into trouble on the Collision bridge. **See choice, p40.** Shown Sat 5.50pm BBC1 (S) (AD) (HD)

BBC2 Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102

ITV1

3

Emmerdale

7.30pm Tracy has to battle with her emotions as she realises the truth is set to spill out



4.00pm Tipping Point

Three contestants try to hit the jackpot on the giant arcade machine. Ben Shephard presents. Director Richard van't Riet. Series producer Chris Hale (S) (HD)

5.00 The Chase

Bradley Walsh presents as Caroline, Tim, Jacqui and Dale take on one of the fearsome Chasers. Executive producers Michael Kelpie, Martin Scott and Helen Tumbridge (S) (HD)

6.00 Regional News Weather (S) (HD)

6.30 ITV Evening News Weather (S) (HD)

7.30 Emmerdale

Tracy gets a massive shock. Caleb attempts to rectify things with his family, and receives some advice from Kyle regarding Cain.

Tracy Robinson	Amy Walsh	Moira Dingle	Natalie J Robb
Caleb Miligan	William Ash	Nate Robinson	Jurell Carter
Kyle Winchester	Huey Quinn	Nicky Miligan	Lewis Cope
Cain Dingle	Jeff Hordley	Nicola King	Nicola Wheeler
Jacob Gallagher	Joe Warren Plant	Noah Dingle	Jack Downham
Jai Sharma	Christopher Bisson	Paddy Dingle	Dominic Brunt
Jimmy King	Nick Miles	Rhona Goskirk	Zoe Henry
Kerry Wyatt	Laura Norton	Rodney Blackstock	Patrick Mower
Kim Tate	Claire King	Ruby Fox-Miligan	Beth Cordingley
Laurel Thomas	Charlotte Bellamy	Ryan Stocks	James Moore
Leyla Harding	Roxy Shahidi	Sam Dingle	James Hooton
Liam Cavanagh	Jonny McPherson	Sarah Sugden	Katie Hill
Lydia Dingle	Karen Blick	Suni Sharma	Brahmeo Shannon
Mackenzie Boyd	Lawrence Robb	Tom King	James Chase
Mandy Dingle	Lisa Riley	Vanessa Woodfield	Michelle Hardwick
Manpreet Sharma	Rebecca Sarker	Victoria Sugden	Isabel Hodgins
Marlon Dingle	Mark Charnock	Vinny Dingle	Bradley Johnson
Mary Goskirk	Louise Jameson	Wendy Posner	Susan Cookson
Matty Barton	Ash Palmisciano	Will Taylor	Dean Andrews

Writer Karin Young. This week's episodes produced by Kate Brooks and Laura Shaw, directed by Alan Wareing, Miguel Guerreiro and Adrian Bean. More cast Thursday (S) (AD) (HD)

8.00 Coronation Street

Maria and Gary make a shattering discovery about Liam's state of mind, Lauren discloses her secret source of income, and David urges Nick to express his doubts to Leanne.

Writers David Proud and Nessah Muthy. Cast Monday/Tuesday (S) (AD) (HD)

9.00 Beat the Chasers Celebrity Special

Bradley Walsh presents as actors Clive Mantle and Omid Djalili, comedian Jenny Eclair and Paralympian Richard Whitehead try to outwit the Beast, the Vixen, the Sinnerman, the Dark Destroyer, the Menace and the Governess and scoop the jackpot for their chosen charities. Executive producers Michael Kelpie, Martin Scott and Helen Tumbridge (R) (S) (HD)

10.00 ITV News at Ten

Weather; Regional News and Weather (S) (HD)

10.45 Lucy ★★★

Action adventure with Scarlett Johansson. Lucy, a US student in Taiwan, is persuaded by her boyfriend to deliver a briefcase to brutal crime boss Mr Jang, who forces her to become a mule for an experimental drug, leading to a mind-blowing transformation. **Review page 107.**

Lucy Scarlett Johansson The Limey Julian Rhind-Tutt
Professor Norman Morgan Freeman Pierre Del Rio Amr Waked
Mr Jang Choi Min-sik Richard Pilou Asbaek

Director Luc Besson (2014, 15) (S) (AD) (W) (HD)

12.15am Home Shopping (HD)

3.00 Monster Carp Ali Hamidi and his friends head to Thailand, home of the Siamese carp. (R) (S) (SL) (HD)

3.50 Unwind A sequence to calm the mind. (S) (HD)

5.05-6.00am Jimmy's Taste of Florida A visit to Universal Studios Resort. Shown 2pm (S) (SL) (AD) (HD)

ITV1 Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 103

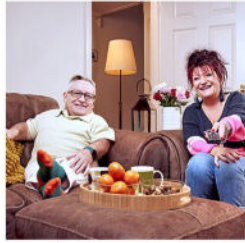
+1 Freeview 35 Freesat 112 Sky 203 Virgin 303

Channel 4

4
7 in Wales

Gogglebox 9.00pm

Siblings Simon and Jane return to share their views on the latest small-screen gems



5.00pm Château DIY

Alison and Zion's fairy-tale turret reveals a secret when they attempt to turn it into a wedding gown closet as part of their bridal suite.

Series producer Daniela Carson. Executive producer Joff Hatfield-Powell (S) (AD) (HD)

6.00 Come Dine with Me

At the last party in Bolton, financial advisor Louis's fine-dining menu includes a lamb wellington.

Director/Producer Ben Franklin (S) (HD)

6.30 The Simpsons

A Test before Trying. Springfield Elementary is threatened with closure. (R) (S) (AD) (HD)

7.00 Channel 4 News Sport; Weather (S) (HD)

8.00 Extraordinary Extensions

RT 6/6 Series 2. Musician and property developer Tinie follows more people expanding their homes upwards, downwards or outwards. This week, he meets a couple attempting to add a modernist glass extension to their Victorian property in Manchester. And a couple in south London have high hopes of transforming their small space before their baby arrives. **See p100.**

Series director Abdullai Adejumo. Series producer Mike Ratcliffe (S) (AD) (HD)

9.00 Gogglebox

RT New series. Ep 1. The nation's sharpest armchair critics return to offer their candid opinions on what they have been watching on television during the week. **See page 101.**

Executive producers Mike Cotton, Leon Campbell and Victoria Ray. Repeated 11.05pm 4seven (S) (AD) (HD)

10.00 The Last Leg

RT New series. Ep 1. Adam Hills, Alex Brooker and Josh Widdicombe return to share their satirical insight into current global events, as they dissect the week's biggest news stories with guests from the worlds of entertainment, comedy and politics. Tonight, they are joined by Rosie Jones and Richard Ayado. **See page 101.**

Series producer Tom Messer. Executive producers Andrew Beint and Danny Carr (S) (HD)

11.05 Little Fockers ★★★

Comedy sequel. Greg Focker and his wife Pam are now the proud parents of twins, but their respective families are still interfering. Available to stream for 30 days. **Review p107.**

Jack Byrnes Robert De Niro Prudence
Greg Focker Ben Stiller Kevin Rawley
Bernie Focker Dustin Hoffman Randy Weir
Rozalin Focker Barbra Streisand Dina Byrnes
Andi Garcia Jessica Alba Dr Bob
Pamela Byrnes-Focker Teri Polo
Director Paul Weitz (2010, 12) (S) (AD) (W) (HD)

12.55am 47 Metres Down ★★★ Horror thriller starring Mandy Moore, Claire Holt and Matthew Modine. Two thrill-seeking sisters go on a shark-watching trip, but their adventure turns into a nightmare when their shark-proof cage becomes detached from the boat and plummets to the ocean floor. With their air running out and great whites circling, the women realise that they are in big trouble. Director Johannes Roberts (2017, 15) (S) (W) (HD)

2.25 Ramsay's Kitchen Nightmares USA Gordon Ramsay heads to Boca Raton in Florida to help the owner of an Italian restaurant. (R) (S) (SL) (HD)

3.15 Come Dine with Me The culinary contest spends five nights in Newcastle, where spicy Indian dishes and locally sourced produce are on the menu. (R) (S) (AD) (HD)
5.20 Kirstie's House of Craft Comedians Rufus Hound and Jenny Eclair make kimono-style garments. (R) (S) (HD)
5.30-6.20am Undercover Boss USA Ashley Graham goes under cover to meet aspiring youngsters hoping to break through into the fashion world. (R) (S) (HD)

Channel 4 Freeview 4/HD 104 Freesat 104 Sky 104 Virgin 104

+1 Freeview 15 Freesat 121 Sky 204 Virgin 304

BBC4

9
24 in Scotland

When Bob

Marley Came to Britain 9.00pm
How the singer inspired British youth in the 70s



7.00pm Top of the Pops 1995

Jo Brand and Mark Lamarr host the 7 September edition, featuring Donna Summer, Whigfield, Michael Bolton, Celine Dion, Janet Jackson, Erasure, Michael Jackson and Simply Red.

Repeated 1.30am (R) (S)

7.30 Robbie Williams presents the 14 September edition, featuring D:Ream, Cappella, Foo Fighters, Lloyd Cole, Mariah Carey, the Rembrandts, Michael Jackson and the Rolling Stones.

Director Phil Chilvers; Producer Ric Blaxill. Repeated 2am (R) (S)

8.00 Top of the Pops 1989

Mark Goodier and Andy Crane present an edition from 16 February, featuring performances by Def Leppard, Simple Minds, Gloria Estefan, Poison, Pop Will Eat Itself, Debbie Gibson and Texas. Director/Producer Paul Ciani. Rptd 12.30am (R) (S)

8.30 Top of the Pops 1986

Gary Davies and Steve Wright present performances by Belouis Some, Whitney Houston, Su Pollard, Shakin' Stevens and Billy Ocean. First shown 13 February. Producer Brian Whitehouse; Executive producer Michael Hurll. Repeated 1am (R) (S)

9.00 When Bob Marley Came to Britain

One of Jamaica's most famous exports, Bob Marley came to view Britain as his second home over the course of the 1970s. Here, rarely seen archive footage and interviews with some of the people who met him combine to shed light on the musician's special relationship with this country and reveal how his presence helped to influence British politics, culture and identity. Director Stuart Ramsay; Producer Karen Gabay. Repeated 2.30am (R) (S) (HD)

10.00 Bob Marley Reimagined

Recorded in July 2022 at Town Hall in Birmingham, this one-hour concert is a unique celebration of the music of the global superstar and also marked the 60th anniversary of Jamaican independence. Europe's first majority black and ethnically diverse orchestra, Chineke!, who are joined by Marley's grandson Skip Marley, explore the music of the reggae pioneer through tracks including *One Love/People Get Ready*, *Redemption Song*, *I Shot the Sheriff*, *Exodus* and *Get Up, Stand Up*. Director Sian Parry. Producer Martyn Stevens (R) (S) (HD)

11.00 Reggae at the BBC

A compilation of reggae performances from the BBC archives features Bob Marley and the Wailers, Desmond Dekker, Gregory Isaacs, Burning Spear, Althea and Donna, and Dennis Brown. Producer Sasha Duncan. Executive producer Mark Cooper (R) (S) (HD)

12.30am Top of the Pops 1989 Shown 8pm (S)

1.00 Top of the Pops 1986 Shown 8.30pm (S)

1.30 Top of the Pops 1995

Shown 7pm/7.30pm (S)

2.30-3.30am When Bob Marley Came to Britain Shown 9pm (S) (HD)

BBC4 F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

BBC1 SCOTLAND

11.30pm Jules and Greg's Wild Swim: the couple explore Mull and Iona 12 midnight RuPaul's Drag Race UK vs the World
1.15am FILM: Just Jim
2.35 Weather for the Week Ahead
2.40-6.00 BBC News

BBC SCOTLAND

7.00pm The Seven
7.30 SportsScene: Championship Live: Raith Rovers v Dundee United at Stark's Park (kick-off 7.45)
10.00 Still Game: Winston becomes a hero 10.30 Limmy's Show: double bill
11.30-12 midnight T in the Park: Best Bits

STV

6.30pm ITV Evening News; Weather
7.00-7.30 What's on Scotland: arts round-up with Laura Boyd and Gordon Smart
12.15-3.00am Night Vision
3.50-5.05 Night Vision

ITV1 BORDER SCOTLAND

7.00-7.30pm Border Life: stories about life in southern Scotland

BBC2 WALES

9.00am BBC News
12 noon Snooker: live coverage of the Welsh Open quarter-finals
4.30-5.15pm The Farmers' Country Showdown
7.00 Snooker: Welsh Open quarter-finals
7.20 Scrum V Live: Scarlets v Munster (kick-off 7.35)
9.30-10.30 Snooker: Welsh Open, day five
11.05 Snooker: Welsh Open highlights
11.50 Amityville: an Origin Story
12.35-12.40am Coast

ITV1 WALES

6.30pm ITV Evening News; Weather
7.00-7.30 Vanished Wales: a mansion perched on a cliff top

UTV

6.30pm ITV Evening News 7.00-7.30 UTV Life: join Pamela Ballantine for the best of local chat

Channel 5 listings are overleaf

FRIDAY Freeview

Channel 5

5



Sue Perkins: Lost in Alaska 9.00pm
A visit to a wilderness homestead

5.35am Milkshake! See page 106

9.15 Jeremy Vine (S) (HD)

11.15 Storm Huntley (S) (HD)

12.45pm Alexis Conran and Friends (S) (HD)

1.40 5 News (S) (HD)

1.45 Home and Away Roo's attempt to do a good turn backfires.

Shown yesterday 6.30pm 5 Star (S) (AD) (HD)

2.15 Don't Steal My Husband ★★

Thriller starring Christie Burson and Lily Anne Harrison. A young couple purchase a house, but soon their estate agent begins to drop by a little too often. Director Devon Downs (2020) (S) (AD) (W) (HD)

4.00 Bargain-Loving Brits in the Sun Erik and Paul renovate a caravan, but have to dismantle most of it first. (R) (S) (AD) (HD)

5.00pm 5 News (S) (HD)

6.00 Susan Calman's Grand Day Out

The comedian visits Shakespeare Country and stops off at the impressive Warwick Castle. There she is invited to try the ancient art of archery and, to her surprise, finds she's a natural. (R) (S) (HD)

6.55 5 News Update (S) (HD)

7.00 Coastal Devon and Cornwall with Michael Portillo

5/6. Michael begins the penultimate leg of his journey at Devon's most southerly point, Start Point, and embarks on a walk which takes in a broad sweep of eroding shingle coastline and some of the most picturesque beaches he has encountered. Executive producer Charlie Bunce (R) (S) (HD)

Followed by **5 News Update** (S) (HD)

8.00 Cruising with Susan Calman

7/7 Series 3. The comedian concludes her epic trek to Antarctica, and the ship's onboard submersible gives Susan the chance to take in a very different view of the region. She is also given the chance to celebrate with the famous Antarctic Plunge, where guests jump off the back of the ship into the water. Series producer Jenny MacLeod (S) (HD)

9.00 Sue Perkins: Lost in Alaska

RT 2/3. The presenter follows the old gold trail route into the interior of America's largest and wildest state, where she meets people who live in the wilderness. Sue begins her journey in Willow, where she takes part in Alaska's "state sport" of dog mushing, one of the few modes of transport available to locals come wintertime. See page 101. Series producer James Pearson (S) (HD)

10.00 When TV Goes Horribly Wrong

Live gaffes, slips of the tongue, technical mishaps and bust-ups, with clips featuring Phillip Schofield, Jonathan Ross, Nick Owen, Jenni Falconer and Gloria Hunniford. Shown Sunday 6pm (S) (HD)

12.05am Police Interceptors (R) (S) (HD) **1.00 Casino** (S) (HD) **3.00 Bargain-Loving Brits in the Sun** (R) (S) (AD) (HD) **3.50 Isle of Wight: Jewel of the South** (R) (S) (HD) **4.40 House Doctor** (R) (S) (SL) **5.05 Wildlife SOS** (R) (S) (SL)

5.30-5.35am Entertainment News (S) (HD)

5.30-5.35am Entertainment News (S) (HD)

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5.30-5.35am Entertainment News (S) (HD)

BBC3

23



RuPaul's Drag Race: UK vs the World 9.00pm
Guest judge Adwoa Aboah

7.00pm Top Gear

Jeremy Clarkson investigates the history of three-wheeled cars and puts a Reliant Robin through its paces. (S) (HD)

Followed by **New. The Catch Up** (S) (HD)

8.00 Ghosts US

18/22 Series 2. A woman comes to Woodstone to learn about Alberta. (S) (HD)

8.25 19/22. Sam tries to persuade Pete's daughter to host her wedding. (S) (HD)

8.45 Zen Motoring

On the hunt for a new car, Ogmios explores life as a scooter-boy and meets a friend in the strange land of Milton Keynes. (S) (HD)

9.00 New. RuPaul's Drag Race UK vs the World

2/8 Series 2. Adwoa Aboah joins RuPaul as guest judge and the queens race against the clock to create a fairytale costume fit for a princess. Series 1 is on iPlayer. (S) (HD)

10.15 Cherry Valentine: Gypsy Queen and Proud

Drag Race UK queen and mental health nurse Cherry Valentine explains how she's influenced by her heritage. (S) (AD) (HD)

11.10 Charlotte in Sunderland

5/10 Series 2. Charlotte and Jake hatch a plan to make time for date nights. (S) (HD)

11.40 6/10. Charlotte takes Jake and Alba with her on a top-secret work trip to Australia. A box set is on iPlayer. (S) (HD)

12.10am Drugs Map of Britain (S) (HD) **1.10 Bricks** (S) (AD) (HD) **1.40 Charlotte in Sunderland** (S) (AD) **2.40-3.55am** RuPaul's Drag Race UK vs the World (S) (SL) (HD)

BBC3 Freeview 23/HD 107 (not Scot/Wales) Freesat 107 Sky 115 (117 Wales; 121 Scotland) Virgin 107 (157 Scotland/Wales)

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ITV3

10



Doc Martin 8.00pm Phil Pratt blames the doctor for his wife's death

6.00am Classic Emmerdale (S) **7.00** Classic Coronation Street (S) (AD) **8.05** Where the Heart Is: 6/16 Series 5. Home to Roost. A new nurse arrives. Repeated 11.15am; **9.10 7/16 Faith.** Anna clashes with a faith healer (S) (AD) **10.10 The Royal: 7/12 Series 4.** A new nurse arrives at the hospital. Repeated 12.25am (S) **11.15 Heartbeat: 23/24 Series 7.** Some lads break into a local war hero's home; **12.20pm 24/24.** The new sergeant arrives (S) (AD) **1.30pm** Classic Emmerdale: double bill. Zak throws Charity and Cain out of the Dingle house, then Sam is torn between his family and a future with Alice (S) **2.35** Classic Coronation Street: double bill. Audrey has her suspicions about Tim confirmed, then Ashley and Mike worry Fred is heading for another romantic fall (S) (AD) **3.45** Foyle's War: A Lesson in Murder. A conscientious objector dies while in police custody (S) (AD) (HD)

5.55pm Heartbeat

1/24 Series 8. Resident rogue Greengrass comes off worst in a car deal. (S) (AD)

6.55 2/24. Two joyriders steal a car from the pub, unaware there is a radioactive isotope hidden in the boot. (S) (AD)

8.00 Doc Martin

5/9 Series 2. Always on My Mind. Martin is accused of murder by the husband of a patient who died in his care. (S) (AD)

9.00 6/9. The Family Way. Martin is taken aback when his parents visit him for the first time in seven years. (S) (AD)

10.00 Trial and Retribution

The Lovers 2/2. Susan receives a call from the mysterious man, who claims he can take her to her husband – and the police race to prevent a tragedy. (S)

11.30 The Ruth Rendell Mysteries

The Orchard Walls. A teenage evacuee sent to live in the countryside at the height of the Blitz uncovers a clandestine affair that results in tragedy. Sylvia Syms and John McGlynn star. (S)

12.25am The Royal. Shown 10.10am (S) **1.15** Where the Heart Is. Shown 8.05am (S) (SL) (AD) **2.05-2.30am** Unwind (S) (HD)

ITV3 Freeview 10 Freesat 115 Sky 119 Virgin 117

+1 Freesat 116 Sky 219 Virgin 317

ITV4

6.00am Minder (S) (SL) (AD) **7.00** The Professionals (S) (AD) **8.05** The Casebook of Sherlock Holmes (S) (AD) (HD) **9.15** Magnum, PI (S) (AD) (HD) **11.20** The Saint (S)

12.25pm The Casebook of Sherlock Holmes (S) (AD) (HD) **1.35** Kojak (S) (HD) **2.40** Magnum, PI (S) (AD) (HD) **3.40** Minder (S) (AD) **4.50** The Professionals (S) (AD) **5.55** BattleBots (S) (HD)

6.55pm The Chase Celebrity Special Tim Vine, Alice Beer, Ken Bruce and Sonny Jay work together to take on the Chaser. (S) (HD)

8.00 FILM Rocky Balboa ★★ Boxing drama starring, written and directed by Sylvester Stallone. A TV sports show airs a computer-simulated fight between former heavyweight champ Rocky Balboa and current title holder Mason "The Line" Dixon. The interest the programme sparks sees Dixon's management entertain the idea of a real-life charity bout. Review page 87. (S) (AD) (W) (HD)

10.10 New. All Elite Wrestling: Dynamite Hard-hitting action from the world of All Elite Wrestling, featuring Chris Jericho. (S) (HD)

12.10am Monster Carp (S) (HD) **1.10** The Motorbike Show (S) (HD) **2.10-3.00am** Giant Lobster Hunters (S) (SL) (HD)

ITV4 Freeview 26 Freesat 117 Sky 120 Virgin 118

+1 Freesat 116 Sky 220 Virgin 318

Drama

20



Father Brown 8.00pm The priest encounters a murderous spirit

7.10am All Creatures Great and Small. Rptd 4.10pm (S) **8.00** Doctors: double bill. Helen receives a tempting offer, then Faith proposes to Jerry **9.20** Classic Holby City: a familiar face returns to the hospital. Repeated 3am (S) (HD) **10.40** Classic Casualty: Josh is asked to attend a fire at his own home (S) **11.40** The Bill: Sun Hill gets a new receptionist (S)

12.40pm Classic EastEnders: double bill. Billy makes a momentous decision, then Zoe takes a pregnancy test **2.00** Monarch of the Glen: 7/10 Series 4. Archie faces losing the estate (S) **3.10** Kingdom: 5/6 Series 3. Lyle tries to help save his mum's allotment. Repeated 2am (S) **4.10** All Creatures Great and Small: Siegfried deals with a miserly scrap merchant. Shown 7.10am (S) **5.20** Terry and June: 2/6 Series 4. Terry advertises his snooker table

6.00pm As Time Goes By

10/10 Series 4. Improvements

Lionel's script is radically altered. (S)

6.40 Last of the Summer Wine

Series 31. How Not to Cry at Weddings

In the last ever episode, preparations are made for the wedding. (S) (HD)

7.20 Series 1. Of Funerals and Fish. Pilot episode. Two men steal Compo's TV. (S)

8.00 Father Brown

3/10 Series 7. The Whistle in the Dark

Poor weather plagues a picnic. (S) (AD) (HD)

9.00 4/10. The Demise of the Debutante

A killer strikes at a school. (S) (AD) (HD)

10.00 New Tricks

7/10 Series 9. Dead Poets. When the case of a young poet whose burnt body was found ten years earlier is reopened, Brian thinks the key might lie in his poetry. (S) (AD) (HD)

11.20 Spooks

8/10 Series 4. The Russian. Adam insists on running the operation, but it soon becomes clear he's taken on too much. (S)

12.40am Hustle: 4/6 Series 6. Sean vows to get even with his estranged father (S) (HD)

2.00 Kingdom. Shown 3.10pm (S) **3.00-4.00am** Classic Holby City. Shown 9.20am

Drama Freeview 20 Freesat 158 Sky 143 Virgin 116

+1 Freeview 60 Sky 243 Virgin 316

ITVBe

7.00am Billie and Greg: the Family Diaries (S) (HD)

More4

18



Astrid: Murder in Paris 9.00pm The duo investigate a death in a factory

8.55am A Farmer's Life **9.30** A Place in the Sun: in St Lucia. **10.25** A New Life in the Sun **11.25** Find It, Fix It, Flog It (AD)

12.30pm Come Dine with Me: five editions (AD) **3.10** Four in a Bed **5.50** Heir Hunters

6.55pm The Dog House After four unsuccessful rehommings, poodle cross Wally is still searching for an owner who can cope with his tricky behaviour, and a bichon frise called Bruce is looking for a quiet home. (AD) **7.55 Grand Designs** Flying instructor Colin and hovercraft instructor and trapeze artist Marta own an airfield that's so important to them that they've decided to live there. (AD) **9.00 Astrid: Murder in Paris 3/8 Series 2** A man is killed in an ultra-secure factory and the main suspect vanishes – only to return in a haze of strange events. Was there an extraterrestrial abduction? French +subtitles.

10.05 24 Hours in A&E A return visit to King's College Hospital's A&E department. Two cyclists arrive with serious head injuries sustained during rush hour. IT analyst Christopher hit a log on his commute, and a scan reveals a bleed on his brain. (AD)

11.10 Following emergency medicine trainee Matt as he treats a 16-year-old who may have serious spinal injuries after being thrown from her horse. Meanwhile, a four-year-old has a fish bone stuck in his tonsils. (AD)

12.15am Eight out of Ten Cats Does Countdown: Jimmy Carr hosts the game show **1.15 24 Hours in A&E** (AD) **3.25-3.55am** A Farmer's Life

More4 F'view 18 F'sat 124 Sky 136 (137 Scotland) Virgin 147 **+1** Freesat 125 Sky 236 (237 Scot) Virgin 347

E4

13

6.00am Hollyoaks Shown Wednesday/Thursday 7pm (AD) **7.00** Ramsay's Kitchen Nightmares USA (SL) **9.00** Brooklyn Nine-Nine (AD) **10.00** Young Sheldon (AD) **11.00** Modern Family

12 noon The Big Bang Theory (AD) **2.00pm** Brooklyn Nine-Nine (AD) **3.00** Modern Family **4.00** Young Sheldon: double bill (AD) **5.00** The Big Bang Theory: two episodes (AD)

6.00pm The Big Bang Theory 17/17 Series 1 Penny agrees to a date with Leonard. (AD)

6.30 1/23 Series 2. Penny confides that her date with Leonard was underwhelming. (AD) **7.00 New. Hollyoaks** Darren tries to build a relationship with Frankie and JJ. (AD)

7.30 Modern Family 19/24 Series 1. Claire tries to find a birthday present for Phil.

8.00 New. Below Deck Down Under Captain Jason starts to notice that Jamie is having a hard time managing Culver. (AD)

9.00 FILM Jumanji: the Next Level ★★ Fantasy adventure sequel starring Dwayne Johnson, Jack Black and Kevin Hart. (AD)

11.20 Naked Attraction Twenty-three-year-old trans woman and make-up artist Callie seeks a man who is proud to show her off. (AD)

12.30am The Big Bang Theory (SL) (AD) **1.30** Brooklyn Nine-Nine (AD) **2.25** Modern Family **3.20** Below Deck Down Under (AD) **4.10** Ramsay's Kitchen Nightmares USA (SL)

5.00-6.00am How I Met Your Mother (AD)

E4 Freeview 13 Freesat 122 Sky 135 (136 Scot) Virgin 106 **+1** Freeview 30 Freesat 123 Sky 235 (236 Scot) Virgin 306

E4 Extra F'view 31 F'sat 126 Sky 138 (139 Scot) Virgin 144

Really

17

6.00am Fantasy Homes by the Sea **7.00** Shopping **8.00** Salvage Hunters **10.00** The Great Antiques Challenge **11.00** Antiques Road Trip (AD) **12 noon** Repair Shop **1.00pm** Long Lost Family **2.00** My 600lb Life **4.00** Animal Cops Houston (AD) **5.00** Ambulance **6.00** Yorkshire Antiques House **7.00** Antiques Road Trip **9.00 New.** Paranormal: Caught on Camera **10.00 New.** Jack Osbourne's Buried Bloodlines **11.00** Ghost Adventures **12 midnight** Spooked Ireland **1.00am** Ghost Adventures **2.00** Shopping **4.00** Animal Cops (AD) **5.00-6.00am** as 4pm

Really Freeview 17 Freesat 160 Sky 142 Virgin 128

BBC News Freeview 231 Freesat 212 Sky 503 Virgin 601 **Sky News** Freeview 233 Freesat 202 Sky 501 Virgin 603 EE 313

Sky Arts

36



Billy Joel Live at Yankee Stadium 8.00pm The Piano Man plays

6.00am André Rieu: Live at the Royal Albert Hall **8.00** The Joy of Painting **9.00** Tales of the Unexpected **10.00** Alfred Hitchcock Presents **11.00** Discovering: Groucho Marx (AD)

12 noon The Joy of Painting **1.00pm** Tales of the Unexpected **2.00** The Art of the Garden **3.00** The Big Design Challenge (AD)

4.00 Discovering: Jean Harlow (AD) **5.00** Tales of the Unexpected: double bill

6.00pm Alfred Hitchcock Presents A book publisher visits two sisters at their mansion. **6.30** A writer's imagination gets her in trouble when she turns her overstimulated mind to her new next-door neighbours.

7.00 The Joy of Painting Bob Ross depicts a cabin in a vibrant wooded setting. **7.30** Bob depicts a bubbling mountain brook that appears the perfect complement to a range of rugged mountains.

8.00 Billy Joel Live at Yankee Stadium Concert filmed at the Yankee Stadium in New York, featuring a performance of *Piano Man*.

9.50 Billy Joel in Black and White The singer performs at Miami's Faena Theatre and talks about his musical inspirations.

10.50 Guy Garvey: from the Vaults The Elbow frontman introduces performance from 1988, including Sinead O'Connor.

11.50 Marvin Gaye, behind the Legend Interviews with the star's family and friends. **1.10am** Bob Marley: Up Close and Personal **2.30** Berlin Live: Petula Clark **3.45** United Kingdom of Pop (AD) **5.00-6.00am** Auction: double bill

Sky Arts Freeview 36 Freesat 147 Sky 130 (131 Scotland) Virgin 140/HD 123 EE 350/HD 365

4seven

49

9.00am Find It, Fix It, Flog It (AD) **10.00** Come Dine with Me: five editions (AD)

12.30pm Everybody Loves Raymond: triple bill (AD) **2.00** Frasier: double bill (AD)

3.00 The Great House Giveaway **4.00** Château DIY (AD) **5.00** A Place in the Sun

6.00pm A New Life in the Sun Manchester entrepreneur Lloyd deals with a concrete crisis in Portugal. Shown 4pm Channel 4

7.00 George Clarke's Adventures in Americana 4/4. George explores the towns and landscapes of New Jersey and Connecticut. **See choice, p60.** Shown Monday 8pm C4 (AD)

8.00 The Dog House Ep 1 Series 5 Doting owners Yvonne and Graham seek a companion for their sausage dog Baxter. **See choice, p90.** Shown yesterday 8pm C4 (AD)

9.00 24 Hours in A&E A 95-year-old woman may have sustained life-changing injuries after falling down a flight of stairs. (AD)

10.00 To Catch a Copper 3/3. Investigations into allegations of sexual misconduct made against police officers. **See choice, page 61.** Shown Monday 9pm Channel 4 (AD)

11.05 CHOICE Gogglebox Ep 1. Opinions on recent TV. **See page 101.** Shown 9pm C4 (AD)

12.05am Gogglebox (AD) **3.20** First Dates: Be My Valentine (AD) **4.15-4.45am** Four in a Bed

4seven F'view 49 F'sat 127 Sky 137 (138 Scot) Virgin 143

Quest

12

6.00am How Do They Do It? **6.30** Shed and Buried **7.00** The Repair Shop **8.00** American Pickers (AD) **10.00** Chasing Classic Cars **11.00** Richard Hammond's Workshop **12 noon** How Do They Do It? **1.00pm** Money for Nothing **2.00** The Repair Shop **3.00** Find It, Fix It, Flog It

4.00 Salvage Hunters **5.00** Salvage Hunters: the Restorers **6.00** Wheeler Dealers **7.00** Aussie Gold Hunters **8.00** Salvage Hunters **9.00** Ambulance **10.00 New.** Border Control: Spain **11.00** How Do They Do It? **12 midnight** Wheeler Dealers **1.00am** Border Control: Spain **2.00** Chasing Classic Cars **3.00** Richard Hammond's Workshop **4.00-5.00am** How It's Made

Quest Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 137 **+1** Freeview 70 Freesat 168 Sky 244 Virgin 337

Yesterday

27



Tony Robinson's Marvellous Machines 9.00pm A boat hoist's workings

6.10am Underground Worlds **8.00** Abandoned Engineering (AD) **10.00** War Factories

11.00 Narrow Escapes of World War II (AD) **12 noon** Great American Railroad Journeys

1.00pm Antiques Roadshow **2.00** Bangers and Cash: Restoring Classics (AD) **4.00** War Factories: the production of the Volkswagen car **5.00** Narrow Escapes of World War II (AD)

6.00pm Antiques Roadshow Fiona Bruce presents from Newcastle's Civic Centre.

7.00 Great British Railway Journeys Michael Portillo travels along one of Scotland's most impressive viaducts.

7.30 Scotland's smallest railway station. **8.00 Great Continental Railway Journeys** Michael Portillo travels from Rome to Sicily.

9.00 Tony Robinson's Marvellous Machines The presenter meets some mighty machines that do heavy lifting. (AD)

10.00 Bangers and Cash: Restoring Classics A 1990s Alfa with electrical issues lives up to its stereotype. (AD)

11.00 Abandoned Engineering An island just off Taiwan containing chilling ruins. (AD)

12 midnight Great British Railway Journeys: double bill **1.00am** Underground Worlds

2.00-3.00am Guitar Heroes at the BBC

Yesterday Freeview 27 Freesat 159 Sky 155 Virgin 129 **+1** Sky 255 Virgin 329

Dave

19

7.15am Extreme Heights Repair Team **8.00** Cop Car Workshop **10.00** Survivor Australia **11.30** Rick Stein's Cornwall

12 noon Celebrity Storage Hunters **2.00pm** Extreme Fishing with Robson Green **3.00** Top Gear (AD) **5.00** Rick Stein's Spain (AD)

6.00pm The Hairy Bikers: Mums Know Best Si King and Dave Myers sample recipes usually reserved for special occasions.

7.00 Richard Osman's House of Games Guests include Rachel Riley and JB Gill.

7.40 With Dr Maggie Aderin-Pocock, the Rev Richard Coles, Stuart Maconie and Lou Sanders.

8.20 Would I Lie to You? Guests include Richard Madeley, Kate Humble and Miles Jupp.

9.00 Qi XL Sara Pascoe, Colin Lane and Jimmy Carr on the theme of "Opposites".

10.00 Have I Got a Bit More News for You Jo Brand hosts an extended edition.

11.00 Taskmaster 10/10 Series 7. Kerry Godliman, Jessica Knappett, James Acaster, Phil Wang and Rhod Gilbert compete.

12 midnight Release the Hounds: horror game show **1.00am** Would I Lie to You? **1.40** Schitt's Creek **2.10** Meet the Richardsons (AD) **2.50** Richard Osman's House of Games **3.20-4.00am** Beat the Internet with John Robins

Dave F'view 19 F'sat 157 Sky 111 (112 Wales) Virgin HD 127 **Dave** F'view 57 Sky 211 (212 Wales) Virgin 327

Sky Mix

11

7.00am Border Security: Canada's Front Line (AD) **8.00** Nothing to Declare **9.00** Motorway Patrol (AD) **10.00** UK Border Force

11.00 Highway Patrol (AD) **12 noon** Motorway Patrol (AD) **1.00pm** Border Patrol

2.00 Border Security: Canada's Front Line (AD) **3.00** Nothing to Declare: double bill

4.00 Stargate Atlantis **5.00** Stargate SG-1 **6.00pm** Star Trek: Enterprise **7.00** Stargate Universe (AD) **8.00** Merlin: a battle breaks out at the citadel (AD) **9.00 New.** Big Little Lies: Jane learns the identity of the school bully First shown on Sky Atlantic (AD) **10.00** Grimm: Nick investigates an organ-harvesting plot **11.00** Killer in My Village

12 midnight How I Caught the Killer **1.00am** Caribbean Cops: a tourist is caught trying to buy cannabis (AD) **2.00** Brit Cops: Law and Disorder (AD) **3.00** Highway Patrol (AD) **4.00** Motorway Patrol (AD) **5.00-6.00am** Highway Cops (AD)

Sky Mix Freeview 11 Freesat 144 Sky 151 Virgin 135

5 USA

21

9.00am NCIS (AD) **11.55** Entertainment News **12 noon** Law & Order: six episodes

6.00pm NCIS Series 1. Four episodes. The team investigates the disappearance of a US Marine and discovers three former members of his unit have recently died **7.00** The remains of a US Marine are discovered impaled on a tree stump in a forest **8.00** A navy Seal falls to his death while training for a secret mission

9.00 Gibbs faces an old adversary who has re-emerged with a plan to assassinate the US president (AD) **10.00** Law & Order: Special Victims Unit Series 16. Four episodes.

1.55am Lucifer: double bill **3.35-4.00am** Criminals: Caught on Camera (AD)

5 USA F'view 21 F'sat 129 Sky 141 Virgin 120 (162 Scot) **+1** Freesat 130 Sky 241 Virgin 320

5 Star

32

8.00am Bargain-Loving Brits in the Sun **10.00** The Cruise: Fun-Loving Brits at Sea

11.00 Nightmare Tenants, Slum Landlords **12 noon** Traffic Cops: double bill **2.00pm** Police Interceptors: triple bill (AD) **5.00** Car Pound Cops: Give Me My Car Back!

6.00pm Home and Away Leah's insomnia turns to paranoia. Shown 1.45pm Channel 5 (AD)

6.30 New. Leah turns on those closest to her. Justin's desperation leads him to danger.

7.00 GPs: behind Closed Doors A partially sighted woman fears her one functioning eye may be starting to shut down. (AD)

8.00 Casualty 24/7: Every Second Counts A patient is rushed in after a suspected overdose with a slow heart rate.

9.00 FILM Tomb Raider ★★ Action adventure starring Alicia Vikander, Dominic West and Walton Goggins. **Review page 107.**

11.25 FILM The Hangover ★★★★★ Comedy starring Bradley Cooper and Zach Galifianakis.

1.35am Adults Only: How To Have an Orgasm (AD) **2.30** Evil Up Close: Kids Who Kill (AD)

3.15-4.00am Killer at the Crime Scene

5 Star Freeview 32 Freesat 131 Sky 128 (129 Scotland) Virgin 126 **+1** Freesat 141 Sky 228 (229 Scot) Virgin 326

5 Action

33

9.00am Entertainment News **9.05** Outback Truckers **10.05** Traffic Cops **11.05** Police Interceptors: Suggs pulls over a motorist

12.05pm FILM Attack on the Iron Coast ★★ Second World War drama **2.00 FILM** The Fastest Gun Alive ★★ Western starring Glenn Ford. **Review page 107** (BW) **4.00** Outback Truckers **5.00** Traffic Cops

6.00pm Police Interceptors Officers track down a 17-year-old suspected of a robbery.

7.00 A dog tracks down a car thief.

8.00 Motorway Cops: Catching Britain's Speeders Inspector Anton Sullivan receives a hug from a stranded motorist. (AD)

9.00 Police: Night Shift 999 PC Merchant spots a man driving while on his phone.

10.00 Behind Bars: World's Toughest Prisons In the Philippines, correction officers deal with more than 3,000 prisoners.

11.00 HMP Full Sutton: Evil behind Bars Exploring life inside HMP Full Sutton.

12.25am Ultimate Police Interceptors **1.25** World's Deadliest Weather: Caught on Camera **2.30** Trucking Hell (AD) **3.25** Criminals: Caught on Camera (AD) **3.50-4.00am** Entertainment News

5 Action Freeview 33 Freesat 132 Sky 150 Virgin 130

5 Select

46

9.00am The Yorkshire Vet: six editions **3.00pm** Murder, She Wrote **4.00** Columbo: Murder Under Glass **5.30** Eggheads

6.00pm Eggheads Casual Chess will be looking for a winning strategy to defeat the Eggheads, and walk away with the cash prize.

6.30 The Pie Party hope to topple the mighty Eggheads and ride away with the spoils.

7.00 Our Yorkshire Farm The girls buy a pony at a horse fair but struggle to get it home.

8.00 Captain Tom: Where Did the Money Go? A look at questions surrounding money raised from the sale of Tom Moore's books.

9.30 When 80s TV Goes Horribly Wrong Small screen disasters from the 1980s.

11.35 Buried Secrets of WWII Pete and Marty investigate the Allied advance into Rome.

12.35-4.00am Forged in Fire

5 Select F'view (HD only) 46 F'sat 133 Sky 153 Virgin 138

FREEVIEW TV and film channels continue overleaf

FRIDAY Freeview & films

W 25



The Catherine Tate Show

11.00pm Bernie the nurse

6.10am Property Brothers: Family Flashback **7.00 New.** My Kitchen Rules South Africa **8.00** Tipping Point **11.00** DIY SOS: the Big Build **1.00pm** Tipping Point **4.00** My Dream Home: double bill

6.00pm MasterChef Australia Who will crack in an "eggcellent" elimination challenge?

7.30 Inside the Ambulance A patient's chronic cough leaves him struggling to breathe.

8.00 999 Rescue Squad The team is called to a major fire in a chemicals factory. (AD)

9.00 24 Hours in A&E A man is injured when a garage collapses. **10.00** A man is treated after being involved in a motorcycle accident.

11.00 The Catherine Tate Show Comedy sketch show, featuring a woman frightened of her shadow.

11.30 Bernie is feeling romantic. **12.10am** Featuring Nan Taylor and Essex couple Paul and Sam. (AD)

12.50 One Born Every Minute **1.50-3.00am** The Undateables (AD)

W F View 25 **F**sat 156 **Sky** 132 (133 Scotland) **Virgin** 125 **+1** **Sky** 232 (233 Scotland) **Virgin** 325

HGTV 44

7.00am The Great Interior Design Challenge **8.00** Love Your Garden

9.00 A Place in the Sun **10.00** Escape to the Country **11.00** Building the Dream **12 noon** The Great Interior Design Challenge

1.00pm Bargain Mansions (AD) **2.00** Flip or Flop **3.00** Good Bones **4.00** Escape to the Country

5.00 Love Your Garden **6.00** Salvage Hunters: the Restorers: piecing a grand Tudor-style four poster bed back together **7.00** Money for Nothing **8.00** Escape to the Country **9.00** Good Bones

10.00 My Lottery Dream Home **11.00** Bargain Mansions (AD) **12 midnight** A Place in the Sun

1.00am The Great Interior Design Challenge **2.00** Building the Dream **3.00-4.00am** My Lottery Dream Home

HGTV F View 44 **F**sat 166 **Sky** 158 **Virgin** 191 **+1** **Sky** 258 **Virgin** 391

London Live 8

Available in London area only. Other regional stations are available on Freeview 7 or 8

6.00am Taste of Shakespeare **6.45** London Districts **7.00** Forgotten Frontlines **8.00** Pet Island **8.30** Poh & Co **9.00** Aging in the Wild

10.00 Scotch! **11.00** A Bit of a Do **12.15pm** Big City Life **12.30** Roller Derby **1.00** FILM A Place of One's Own ★★ (BW) **3.00** FILM Once a Jolly Swagman ★★ (BW) **5.00** Britain's Biggest Heists **6.00** News

7.00 Monkey **8.00** Hairy Bikers' Pubs That Built Britain **8.45** London Districts **9.00** FILM Bel Ami ★★ **11.00** FILM The L-Shaped Room ★★ (BW) **1.30am** FILM Forget Me Not ★★ **3.30** News Rewind **5.00-6.00am** Talking Points

London Live F View 8 **Sky** 117 **Virgin** HD 159

BBC Parliament 232

7.30am Select Committees **11.00** Lords Questions: questions in the House of Lords from Wednesday 14 February **11.45** House of Lords: business in the House of Lords from Wednesday 14 February **7.00pm** Select Committees: recorded coverage of proceedings **11.00** Lords Questions: questions in the House of Lords from 12 February **11.45pm-6.00am** House of Lords: business from 12 February

BBC Parliament Freeview 232 **Freesat** 201 **Sky** 504 **Virgin** 605

FREEVIEW channels continued from overleaf

Food Network 43



Beat Bobby Flay

9.00pm Francis Legge gets to work

6.00am Giada at Home **7.00** Be My Guest with Ina Garten **7.30** The Pioneer Woman **8.00** Kids Baking Championship **10.00** Roux down the River **11.00** The Hairy Bikers' Food Tour of Britain **12 noon** The Great British Bake Off **2.00pm** James Martin's Champagne **3.00** Jamie's Great Britain **4.00** Barefoot Contessa: back to Basics **5.00** Be My Guest with Ina Garten **5.30** The Pioneer Woman **6.00pm** James Martin's Champagne: double bill. The chef retraces the journey he made as a student. Plus, a visit to the famous cheese village of Chaulcey **7.00** The Great British Bake Off **8.00** The Hairy Bikers' Food Tour of Britain: Suffolk's regional specialties **9.00 New.** Beat Bobby Flay: Brooklyn Beckham leads a transatlantic takeover of Bobby's kitchen, then Anne Burrell and Marc Murphy challenge Bobby to a global gauntlet **10.00** Jamie's Great Britain **11.00** Diners, Drive-Ins and Dives: double bill **12 midnight** Guy's Grocery Games **1.00am** Restaurant: Impossible **2.00-3.00am** Buddy vs Duff

Food Network F View 43 **F**sat 148 **Sky** 140 (141 Scot) **Virgin** 190 **+1** **F**sat 149 **Sky** 240 (241 Scot)

Food Network F View 43 **F**sat 148 **Sky** 140 (141 Scot) **Virgin** 190 **+1** **F**sat 149 **Sky** 240 (241 Scot)

Food Network F View 43 **F**sat 148 **Sky** 140 (141 Scot) **Virgin** 190 **+1** **F**sat 149 **Sky** 240 (241 Scot)

Food Network F View 43 **F**sat 148 **Sky** 140 (141 Scot) **Virgin** 190 **+1** **F**sat 149 **Sky** 240 (241 Scot)

Food Network F View 43 **F**sat 148 **Sky** 140 (141 Scot) **Virgin** 190 **+1** **F**sat 149 **Sky** 240 (241 Scot)

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Food Network F View 43 **F**sat 148 **Sky** 140 (141 Scot) **Virgin** 190 **+1** **F**sat 149 **Sky** 240 (241 Scot)

Great TV 50

8.00am Diagnosis Murder **10.00** The Father Dowling Mysteries **11.00** Castle **1.00pm** Sue Thomas: F.B.Eye **2.00** The Father Dowling Mysteries **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00** M*A*S*H **9.00** The Avengers: Steed suspects an African dignitary of stealing weapons from the army **10.00** Randall and Hopkirk (Deceased) **11.00** The Persuaders! **12 midnight** M*A*S*H **2.00am** Randall and Hopkirk (Deceased) **3.00** The Persuaders! **3.50** Movie News **4.00** Castle **4.50-5.00am** Movie News

Great TV Freeview 50 (limited) **Freesat** 142 **Sky** 157 **Virgin** 170 **+1** **Freesat** 143 **Sky** 257

True Crime Xtra 68

9.00am Written in Blood **11.00** Medical Detectives **2.00pm** Written in Blood **4.00** Medical Detectives: six editions. A gym teacher is murdered **4.30** Using a watch and a tattoo to identify a man's body **5.00** Investigating a surgeon's apparent suicide **5.30** A hit and run incident **6.00** CCTV footage of a murder is too fuzzy **6.30** A woman goes missing **7.00** Judge Judy **4.50-6.00am** World's Most Unexplained: three editions

True Crime Xtra Freeview 68 **Freesat** 134 **Sky** 147 **Virgin** 172

BBC Parliament 232

7.30am Select Committees **11.00** Lords Questions: questions in the House of Lords from Wednesday 14 February **11.45** House of Lords: business in the House of Lords from Wednesday 14 February **7.00pm** Select Committees: recorded coverage of proceedings **11.00** Lords Questions: questions in the House of Lords from 12 February **11.45pm-6.00am** House of Lords: business from 12 February

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BBC Parliament Freeview 232 **Freesat** 201 **Sky** 504 **Virgin** 605

PBS America 84



Armenian Genocide

9.50pm Events between 1915 and 1916

8.15am as 6.15pm **9.30 New.** The Six Queens of Henry VIII **10.40 New.** Pearl Harbor, World on Fire **11.45** Hadrian **1.00pm** Beautiful Serengeti **1.30** as 6.15pm **2.50** The Six Queens of Henry VIII **3.55** Pearl Harbor, World on Fire **5.05** Hadrian

6.15pm Dive WWII: Our Secret History 2/2. The divers uncover submarines sunk as part of the German surrender.

7.35 The Six Queens of Henry VIII 4/4. After four failed marriages, Henry VIII weds teenager Catherine Howard.

8.40 Pearl Harbor, World on Fire 2/2. Exploring the aftermath of the attack on Pearl Harbor.

9.50 Armenian Genocide Shining a light on the Armenian genocide, which took place between April 1915 and July 1916.

10.55 The Six Queens of Henry VIII As 7.35pm.

12 midnight Pearl Harbor, World on Fire **1.05-2.00am** Beautiful Serengeti: a look at migration

PBS America F View 84 (1pm-12 midnight only) **Freesat** 155 **Sky** 174 **Virgin** 187

Blaze 64

6.00am Storage Wars **6.25** Hardcore Pawn **7.20** Alien Files: Unsealed **7.45** UFO Hunters **8.40** Ancient Aliens **10.40** Best of Monsterquest **12.35pm** Lost Relics of the Knights Templar **1.35** Unidentified: inside America's UFO Investigation **2.35** Alien Files: Unsealed **3.00** Hardcore Pawn **4.00** Ancient Aliens: double bill **6.00** UFO Hunters **7.00** Pawn Stars **8.00** Dickinson's Real Deal **9.00 New.** Cracking the Code: this edition focuses on the Japanese Super Code **10.00 New.** Combat Ships: the smallest ships of war **11.00** History's Greatest Mysteries: the sacred Holy Grail **12 midnight** Secret Societies: in the Shadows **1.00am** Strange Evidence **2.00** UFO Hunters **3.00** Counting Cars **4.10** Kings of Pain **5.00-6.00am** Pawn Stars: double bill

Blaze F View 64 **F**sat 162 **Sky** 164 **Virgin** 174

Challenge 48

7.00am The Crystal Maze **8.00** The Chase **10.00** Cash Trapped (AD) **11.00** Bridge of Lies **12 noon** Wheel of Fortune (AD) **1.00pm** Tenable **2.00** Who Wants to Be a Millionaire? Celebrity Special **3.00** Strike It Lucky (AD) **4.00** Bullseye **6.00pm** The Crystal Maze: Richard O'Brien hosts the game show, as another team takes on ingenious games and fiendish challenges **7.00** Bridge of Lies: quiz show hosted by Ross Kemp **8.00** The Chase: double bill of the quiz show hosted by Bradley Walsh **10.00** Who Wants to Be a Millionaire? Celebrity Special: celebrities compete to win a cash prize for a charity of their choice **11.00** Bullseye **12 midnight** Bridge of Lies **1.00am** Cash Trapped **2.00** The Chase **4.00** Who Wants to Be a Millionaire? Celebrity Special **5.00-6.00am** Bullseye

Challenge Freeview 48 **Freesat** 146 **Sky** 145 **Virgin** 139

Challenge 48

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Challenge Freeview 48 **Freesat** 146 **Sky** 145 **Virgin** 139

Challenge 48

7.00am The Crystal Maze **8.00** The Chase **10.00** Cash Trapped (AD) **11.00** Bridge of Lies **12 noon** Wheel of Fortune (AD) **1.00pm** Tenable **2.00** Who Wants to Be a Millionaire? Celebrity Special **3.00** Strike It Lucky (AD) **4.00** Bullseye **6.00pm** The Crystal Maze: Richard O'Brien hosts the game show, as another team takes on ingenious games and fiendish challenges **7.00** Bridge of Lies: quiz show hosted by Ross Kemp **8.00** The Chase: double bill of the quiz show hosted by Bradley Walsh **10.00** Who Wants to Be a Millionaire? Celebrity Special: celebrities compete to win a cash prize for a charity of their choice **11.00** Bullseye **12 midnight** Bridge of Lies **1.00am** Cash Trapped **2.00** The Chase **4.00** Who Wants to Be a Millionaire? Celebrity Special **5.00-6.00am** Bullseye

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Challenge Freeview 48 **Freesat** 146 **Sky** 145 **Virgin** 139

CHILDREN'S

Milkshake! on C5

5.35am Paw Patrol **5.50** Fireman Sam **6.00** Sunny Bunnies **6.05** Brave Bunnies **6.10** Peppa Pig **6.30** Oggy Oggy **6.35** Odo **6.45** Tweedy & Fluff **6.50** Fireman Sam **7.00 New.** Thomas & Friends **7.10** Peppa Pig **7.25** Paw Patrol **7.35** Pip and Posy **7.50** Paddington **8.05** Milo **8.20** Paw Patrol **8.35** Pop Paper City **8.45** Animal Care Club **8.55</**

FILM REVIEWS



FILM
OF THE
DAY

Save Yourselves! ★★★

9.00-10.50pm **Film4**

SCI-FI COMEDY This gloriously silly romp stars Sunita Mani and John Reynolds as Brooklyn hipsters who head to a remote cabin for a digital detox. Meteors are then seen in the sky and things start to get weird. Writer/directors Alex H Fischer and Eleanor Wilson should be applauded for creating an alien-invasion movie where special effects take a back seat to a smart script and well-rounded characters. The fact that our heroes are more skilled in making sourdough than in survival makes their situation all the more hopeless and hilarious. **JAMIE HEALY** (US 2020, violence, swearing, drug abuse, HD)

The Fastest Gun Alive ★★★

2.00-4.00pm **5 Action** **U**

WESTERN In this underrated western, Glenn Ford is trying to live down his father's gunslinging past by working in a store. Then Broderick Crawford blasts in, exposing Ford and taunting him with his father's name. Russ Tamblyn has some rowdy moments at a barn dance, while Jeanne Crain gives an earnest turn as Ford's wife. **TONY SLOMAN** (US 1956, BW, HD)

The Iron Petticoat ★★★

2.30-4.25pm **Film4** **U**

ROMCOM This updated version of *Ninotchka* is a sheer joy thanks to the fine chemistry between Katharine Hepburn, as a Russian aviatrix, and Bob Hope, as an American serviceman. The clever screenplay comes courtesy of Hollywood veteran Ben Hecht, and it was filmed in England by *Doctor in the House* director Ralph Thomas. **TS** (UK 1956, HD)

Dr Who and the Daleks

★★★ 4.25-6.10pm **Film4** **U**

SCI-FI The first big-screen outing for the BBC series has Peter Cushing playing the time-travelling Doctor with amiable aplomb as he pits his wits against those mobile tin cans forever shrieking "Exterminate!" The props

Lucy ★★★

10.45pm-12.15am **ITV1** **15**

ACTION Scarlett Johansson stars here as a woman who is forced to be a drugs mule for a Taiwanese crime boss. However, after accidentally ingesting the substance, her brain power expands to cosmic proportions. Morgan Freeman adds a touch of gravitas as a scientist, while director Luc Besson revels in turning action clichés on their head. **JEREMY ASPINALL** (Fr 2014, violence, HD)

Little Fockers ★★★

11.05pm-12.55am **C4** **12**

COMEDY In the third entry in the *Meet the Parents* series, Greg Focker (Ben Stiller) is now a successful nurse and a proud dad to twins. But his ex-CIA father-in-law (Robert De Niro) continues to meddle in his affairs, and he also finds himself having to fend off the advances of a sizzling pharmaceutical saleswoman (Jessica Alba). The script sags in places, but mostly pings with laughs. **KK** (US 2010, sexual references, HD)

Homebound ★★

12.40-2.00am **BBC2** **15**

HORROR A trip to the country takes a menacing twist in this slow-burn mystery. Richard (Tom Goodman-Hill) and his new wife (Aisling Loftus) arrive at his ex's country pile to celebrate his daughter's birthday, only for events to turn toxic. Writer/director Sebastian Godwin creates an air of unease, but his film is a little too enigmatic for its own good. **JA** (UK 2021, violence, swearing, upsetting scenes, HD)

Sky Cinema picks

Swallows and Amazons

★★★★ 1.55-3.35pm

Sky British Icons

Adventure based on the classic children's story. (2016, PG) Sky 304; Virgin 404; BT 504/518

Allelujah ★★★

6.15-8.00pm **Sky Drama**

Jennifer Saunders plays a no-nonsense nurse. (2022, 12) Sky 310; Virgin 410; BT 510/524

Bridget Jones's Baby

★★★★ 10.25pm-12.30am

Sky Bridget Jones

Motherhood beckons. (2016, 15) Sky 303; Virgin 403; BT 503/517

Films to stream from p32
Netflix, Amazon, Disney+ and more

Great Movies 34

9.00am Dangerous Company ★★ Forgettable made-for-TV thriller. Alicia Leigh Willis, Rick Ravanello (2015) **11.00 Hidden in Plain Sight ★★** Routine thriller. Victoria Barabas (2018) **1.05pm Patient Killer ★★** Uneven thriller. Victoria Pratt (2015) **3.00 A Woman Deceived ★★** Predictable thriller. Ashley Scott (2017) **4.55 Killer Cove ★★** Clunky thriller. Haley Webb (2018) **6.50pm Ricki and the Flash ★★★** Meryl Streep convinces as a failed rock star in this laugh-laced drama. **Review, right.** (2015, 12) **9.00 Safe ★★** Old-fashioned but well-oiled action flick in which a former cage fighter must protect a maths genius. Jason Statham (2011, 15) **10.55 Bronson ★★★** Tom Hardy gives a stunning performance in this stylised biopic of Britain's most violent and feared prisoner. (2008, 18) **12.50am Manhattan Night ★★** Hardboiled noir-like mystery. Adrien Brody, Yvonne Strahovski (2016, 15) **3.20 Wild West Chronicles 4.00-5.40am Deadly Paradise ★★** Predictable thriller. Boti Bliss, Antonio Sabato Jr (2016)

Great Movies Freeview 34 Freesat 302 Sky 321 Virgin 425
+1 Freeview 61 (limited 10pm-5am) Sky 322

Great Action 42

8.00am Wild West Chronicles 9.00 Bitter Victory ★★ Taut and fraught war drama. Richard Burton, Kurt Jurgens (1957, PG) **11.05 Battle of Kursk 12 noon Wild West Chronicles 1.00pm The Scalphunters ★★** Enjoyable comedy western. Burt Lancaster (1968, PG) **3.10 Coroner Creek ★★** Routine western. Randolph Scott (1948, U) **5.10 Hell River ★★** Noisy wartime action drama. Rod Taylor (1974, PG) **7.15pm Earthstorm ★★** Daff sci-fi thriller in which an asteroid's impact on the Moon threatens the future of our own planet. Stephen Baldwin (2006) **9.00 Killing Salazar ★** Steven Seagal lets co-star Luke Goss do all the heavy lifting in this lumbering action thriller. Georges St-Pierre (2016, 15) **11.05 Resident Evil: Extinction ★★** Milla Jovovich returns to fight zombies and monstrous mutations in the ruins of Las Vegas. (2007, 15) **1.00am Seraphim Falls ★★** Mean and moody western drama. Liam Neeson, Pierce Brosnan (2006, 15) **3.05 Battle for Warsaw 3.55-5.00am The Heroes of WW2**

Great Action Freeview 42 (limited) F'sat 305 Sky 323 Virgin 426 +1 Sky 324

Great Romance 52

8.00am Love, of Course ★★ So-so romantic yarn. Kelly Rutherford, Cameron Mathison (2018) **10.00 Love Knots ★★** Romantic comedy. Brooke Williams, Matthew Walker (2021) **12 noon The Beauty of Love ★★** Romantic fluff. Katerina Eichenberger, Jonathan Stoddard (2021) **2.00pm Starting Up Love ★★** Romance. Anna Hutchison, Rocky Myers (2019) **4.00 A Dash of Love ★★** Inviting romantic comedy. Jen Lilley (2017) **6.00pm Walking the Dog ★★** Rival lawyers are brought together by their love-struck pooches in this likeable romcom. Jennifer Finnigan (2017) **8.00 An Hour Behind ★★** A simple mistake sees the wrong couple on a blind date in this amiable romance. (2017) **10.00 Calling for Love ★★** A relationship podcaster falls for a caller in this so-so romcom. (2020) **12.05am Recipe for Love ★★** Pleasant culinary romcom. Danielle Panabaker (2014) **2.00 Highway to Heaven 3.10-5.00am The Baby Proposal ★★** Perky romance. (2019) **Great Romance** Freeview 52 Freesat 303 Sky 319 Virgin 424
+1 F'view 63 (limited 10pm-5am) F'sat 304 Sky 320

Sky Premiere

6.00am Arthur's Whisky ★★ Light and likeable fantasy comedy. Patricia Hodge (2023, 15) **7.40 As 4.05pm 9.25 No Hard Feelings ★★** Raunchy coming-of-age romcom. Jennifer Lawrence (2023, 15) **11.15 As 8pm 2.05pm As 10.45pm 4.05 57 Seconds ★★** Nicely twisty sci-fi thriller. Josh Hutcherson, Morgan Freeman (2023) **5.50pm Transformers: Rise of the Beasts ★★** Noisy seventh entry in the CGI-heavy fantasy franchise. Anthony Ramos (2023, 12) **8.00 Mission: Impossible – Dead Reckoning Part One ★★★★★** High-octane thriller with some classy action. Tom Cruise (2023, 12) **10.45 The Bricklayer ★★** Lively action flick about an ex-CIA man helping to take down a rogue agent. **Review p38.** Aaron Eckhart (2023) **12.45am Desperation Road ★★** Moody mystery action thriller. Garrett Hedlund (2023, 18) **2.50 Soft & Quiet ★★** Discomforting horror thriller that plays out in real time. Stefanie Estes (2022, 18) **4.30 King of Killers ★★** Corny but well-staged action flick starring Frank Grillo. (2023, 15) **Sky Premiere** Sky 301 Virgin 401 EE 501/HD 515 +1 Sky 312

Legend

8.00am Walker, Texas Ranger 9.00 Knight Rider 10.00 Star Trek: Deep Space Nine 11.00 Hawk the Slayer ★★ Woeful fantasy adventure. Jack Palance, John Terry (1980, PG) **1.00pm Jesse James Meets Frankenstein's Daughter ★★** Drab cult horror western. John Lupton (1966, PG) **2.40 Raise the Titanic ★★** Famously expensive deep-sea exploration flop. Jason Robards (1980, PG) **5.00 Star Trek 6.00pm Star Trek: Deep Space Nine** TV sci-fi series. **7.00 Knight Rider** TV drama. **8.00 Walker, Texas Ranger** TV action drama with Chuck Norris. **9.00 The Fan ★★** Poor thriller with Robert De Niro as a deranged fan stalking baseball player Wesley Snipes. **Review p47.** (1996, 15) **11.15 Every Last One of Them ★★** Convoluted vigilante thriller in which a former soldier uncovers a deep conspiracy. Paul Sloan (2021, 18) **12.50am Office Uprising ★★** Bloody, tongue-in-cheek action horror. Brenton Thwaites (2018, 15) **2.35-4.20am Jackals ★★** Uneven home-invasion horror. Johnathon Schaech (2017, 15) **Legend** F'view 41 F'sat 137 Sky 148 Virgin 149

Legend Xtra 69

6.00am The Gambler V: Playing for Keeps 8.00 Icetastrophe ★★ Gimmicky disaster movie. Victor Webster, Jennifer Spence (2014) **10.00 Andromeda 11.00 The Gambler V: Playing for Keeps 1.00pm Coward of the County ★★** Sincere but unconvincing wartime drama. Kenny Rogers (1981) **3.00 Andromeda 4.00 The Six Million Dollar Man 5.00 The Gambler V: Playing for Keeps 7.00pm Andromeda** TV sci-fi series starring Kevin Sorbo. **8.00 The Six Million Dollar Man** TV sci-fi series starring Lee Majors. **9.00 An American Werewolf in Paris ★★** Inferior but still enjoyable sequel to *An American Werewolf in London*, with three American students on a "daredevil tour of Europe". Tom Everett Scott (1997, 15) **11.00 Mercy Black ★★** Well-honed but patchy horror in which a woman must prevent her nephew from succumbing to the spectral figure from her own youth. Daniella Pineda, Austin Amelio, Elle LaMont (2019, 15) **1.00-3.00am As 9pm Legend Xtra** F'view 69 F'sat 138 Sky 317 Virgin 171 +1 F'sat 139 Sky 318 Virgin 371



Sky Showcase



Fantasy Football League
9.45pm Tony Adams guests

6.00am Sky News Breakfast **7.00** Breakfast with Anna Jones **8.00** Caught on DASHcam **9.00** Nothing to Declare (AD) **10.00** Strangest Things **11.00** New Kids in the Wild (AD) **12 noon** Supergirl **1.00pm** MacGyver **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00** The Simpsons

6.00pm The Office US **14/19** Series 4. Michael becomes obsessed with a chair model in a catalogue. **6.30 15/19** Dwight and Michael pay a surprise visit to Ryan.

7.00 The Simpsons Homer is suspicious of Bart's new friend. **7.30** Marge's past is scrutinised.

8.00 Rob and Romesh vs F1 The duo hang out with the Mercedes team at the Monaco GP.

9.00 New. Ted 3/8. Ted and John plan to take revenge on a bully.

9.45 New. Fantasy Football League 3/8 Series 3. Tony Adams guests on the chat show.

10.20 Curb Your Enthusiasm **2/10** Series 12. Jeff takes Larry's advice for Susie's birthday gift.

11.05 Never Mind the Buzzcocks **1/7** Series 1. Greg Davies hosts. (AD)

11.50 The Force: North East **12.50am** Brit Cops: War on Crime **1.45** Road Wars **3.10** Hawaii Five-0 **4.05** S.W.A.T. (AD) **5.00-6.00am** Motorway Patrol: double bill (AD)

Sky Showcase Sky 106 Virgin 109
EE 340/HD 355 +1 Sky 206

Sky Sci-Fi

6.00am Most Haunted **8.00** Home Shopping **11.00** Merlin **12 noon** Star Trek: Voyager **1.00pm** Star Trek: Deep Space Nine **3.00** Merlin **4.00** Stargate SG-1 **5.00** Star Trek: Voyager: Chakotay encounters the inhabitants of a distant moon

6.00pm Star Trek: Deep Space Nine **8/26** Series 6. The double of Kira's slain love requests asylum on Deep Space Nine. **7.00 9/26** Dr Bashir makes a startling discovery about a group of genetically enhanced misfits, whose abilities have far-reaching implications for the Federation.

8.00 Star Trek: Enterprise **23/24** Series 3. Archer finds himself in a race against time when he has to make a pact with Xindi factions.

9.00 True Blood **3/10** Series 7. Sookie hatches a dangerous plan, while Pam looks to motivate Eric. **10.05 4/10** Sookie enlists a band of vampires and humans to track down the H-Vamps, and Pam recalls the events that led her and Eric to Shreveport.

11.10 Grimm **8/22** Series 3. Nick, Hank and Wu search for two missing teenagers, and realise they have been taken by an evil spirit of Christmas.

12.10am Merlin **1.00am** FILM Speed Kills **★★** **3.00** Star Trek: Enterprise **4.00-6.00am** Star Trek: Deep Space Nine

Sky Sci-Fi Sky 139 (140 Scotland) Virgin 122
EE 348/HD 363 +1 Virgin 229

Sky Atlantic



Band of Brothers **10.00pm**
Capt Speirs and Maj Winters

6.00am Urban Secrets **7.55** The Sopranos **10.05** The Wire **12.20pm** Game of Thrones (AD) **1.30** Gomorrah **3.30** The Sopranos

5.40pm The Wire **5/12** Series 3 A party is thrown to celebrate Avon's release from prison.

6.50 6/12 Avon initiates a war over territory, while McNulty and Greggs go behind Daniels's back.

7.55 Game of Thrones **4/7** Series 7. Daenerys launches an attack on the Lannister army, and Jaime and Bronn collect the spoils of the war with the Tyrells. (AD)

9.00 Julia **7/8** Series 2. After receiving an invitation from the White House, the WGBH crew travels down to Washington DC for a chance to film inside the President's own kitchen.

10.00 Band of Brothers **8/10**. Hagenau, Alsace: an Easy Company patrol is sent across a river to take enemy prisoners.

11.10 Django **3/10**. John, Django and Sarah travel to buy an oil rig from John Ellis's old comrade, but their plan quickly unravels. (AD)

12.10am I Know This Much Is True (AD) **1.15** Penny Dreadful: City of Angels (AD) **2.20** Game of Thrones (AD) **3.30** In Treatment **4.00-6.00am** Urban Secrets: double bill

Sky Atlantic Sky 108 (109 Wales)
EE 342/HD 357 +1 Sky 208 (209 Wales)

Sky Witness

6.00am Air Ambulance ER **7.00** Border Patrol **8.00** Caught on DASHcam **9.00** Stop, Search, Seize (AD) **10.00** Brit Cops: Law & Disorder (AD) **11.00** The Rookie (AD) **12 noon** FBI: International **1.00pm** FBI: Most Wanted **2.00** Blue Bloods (AD) **3.00** Caught Red Handed

4.30pm Nothing to Declare Seven editions of the fly-on-the-wall documentary accessing the world of national security at Australia's biggest airports.

8.00 Blue Bloods **10/21** Series 13 Jamie and his new intel team officer infiltrate a high-tech car smuggling ring. Frank faces off against the city's transit chief. (AD)

9.00 Law & Order: Special Victims Unit **5/22** Series 24 The SVU are asked for help when a man suspects his boss is preying on his sister. Elsewhere, Velasco pushes a witness to testify in court.

10.00 Blue Bloods **5/20** Series 12 Jamie and Eddie experience marital tension when Eddie allows her father to live with them. (AD)

11.00 The Rookie **19/22** Series 5 The team investigates a pattern of kidnappings which leads them to a discovery that hits close to home with one of their own. (AD)

12 midnight FBI: International (AD) **1.00am** The Good Doctor **2.00** Chicago PD **3.00** The Force: North East **4.00** Brit Cops: Law & Disorder (AD) **5.00-6.00am** Road Wars

Sky Witness Sky 107 Virgin 110
EE 349/HD 356 +1 Sky 207 Virgin 310

Sky Max



Ted **9.00pm** John and Ted come up with a revenge plan

6.00am NCIS: Los Angeles **7.00** DC's Legends of Tomorrow (AD) **8.00** Supergirl **9.00** Stargate SG-1 **11.00** NCIS: Los Angeles **12 noon** Supergirl **1.00pm** MacGyver **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00** DC's Legends of Tomorrow (AD)

6.00pm Stargate SG-1 **1/20** Series 10. Vala's daughter Adria is proclaimed the new leader.

7.00 2/20 The search for the Sangraal leads to serious trouble.

8.00 Rob and Romesh vs F1 The duo hang out with the Mercedes team at the Monaco GP.

9.00 New. Ted **3/8**. Ted and John's plan to take revenge on the school bully inadvertently puts them in a parental role.

9.45 New. Fantasy Football League **3/8** Series 3. Tony Adams is one of the celebrity managers joining Elis James and Matt Lucas.

10.20 Strike Back: Vendetta **6/10** Series 8. Mac attends therapy sessions after leaving the army. (AD)

11.20 Never Mind the Buzzcocks **1/7** Series 1. Comedy music quiz hosted by Greg Davies. (AD)

12.05am The Force: North East **1.00** Brit Cops: War on Crime **2.00** Road Wars **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00-6.00am** Highway Patrol: double bill

Sky Max Sky 113 (114 Wales) Virgin 111
EE 346/HD 361

Sky Replay

7.00am Sixth Sense with Colin Fry **8.00** Four Weddings (AD) **10.00** Stop, Search, Seize (AD) **11.00** Border Security USA (AD) **12 noon** Highway Patrol **1.00pm** Road Wars **2.00** Most Haunted **4.00** MacGyver: double bill **6.00pm** Stargate Atlantis: double bill **8.00** Highway Patrol: double bill following Australia's traffic enforcers (AD) **9.00** Fire Country: the team co-ordinates a search and rescue mission after a building collapses **10.00** The Russell Howard Hour: the comedian reflects on the US presidential election **11.00** Ted: Ted and John take revenge on a bully **11.45** Fantasy Football League **12.20am** Stop, Search, Seize (AD) **2.05** A League of Their Own Road Trip: Loch Ness to London (AD) **3.00** Duck Quacks Don't Echo (AD) **4.00** Four Weddings (AD) **5.00-6.00am** Sixth Sense with Colin Fry: double bill

Sky Replay Sky 152 Virgin 156

Sky Crime

6.00am Highway Patrol **7.00** UK Border Force (AD) **8.00** Border Patrol **9.00** Nothing to Declare (AD) **10.00** Caught Red Handed **11.30** Motorway Patrol **12 noon** How I Caught the Killer **1.00pm** Forensics: Catching the Killer (AD) **2.00** Killer in My Village **3.00** World's Most Evil Killers (AD) **4.00** Britain's Most Evil Killers **5.00** Forensics: Catching the Killer (AD) **6.00** How I Caught the Killer **7.00** World's Most Evil Killers **8.00** Britain's Most Evil Killers **9.00** Forensics: Catching the Killer **10.00** The Jane Doe Murders **11.40** World's Most Evil Killers **12.30am** Killer in My Village **1.30** Murders That Shocked the Nation: Jack the Ripper **2.30** Love You to Death (AD) **3.30** Britain's Most Evil Killers **4.30-7.00am** Motorway Patrol (AD)

Sky Crime Sky 122 (123 Scotland) Virgin 121
EE 349/HD 364 +1 Sky 222 (223 Scot) Virgin 321

Gold



Inside No 9 **11.00pm** A jewel heist goes goes up in smoke

7.00am Hi-de-Hi! **7.45** Keeping Up Appearances (AD) **8.15** My Hero **8.55** Hi-de-Hi! **9.35** Porridge **10.15** Last of the Summer Wine **11.35** Keeping Up Appearances (AD) **12.15pm** My Hero **12.55** Porridge **1.35** Dad's Army **2.15** Only Fools and Horses (AD) **3.20** Hi-de-Hi! **4.00** Last of the Summer Wine **5.20** Porridge

6.00pm Keeping Up Appearances Hyacinth searches for a small country retreat. (AD)

6.40 Dad's Army Corporal Jones's fitness to serve is tested.

7.20 The platoon competes to guard Winston Churchill. (BW)

8.00 Only Fools and Horses Del buys a new manual to show him how to make positive decisions. (AD)

9.20 Murder, They Hope A serial killer is on the loose. (AD)

10.20 Mrs Brown's Boys Newlyweds Dermot and Maria argue over whether they should buy their own home.

11.00 Inside No 9 Pantalone plans the heist of the century - £12 million in rough-cut diamonds.

11.40 Only Fools and Horses As 8pm.

1.00-4.00am Britain's Greatest Comedian: a jury of nine tries to establish the definitive answer

Gold Sky 110 (111 Wales) Virgin 124
EE 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

Sky Comedy

8.00am American Auto **9.00** The Conners **10.00** Moonbase 8 (AD) **10.30** Curb Your Enthusiasm **11.40** Ballers (AD) **12.50pm** Vice Principals (AD) **2.10** Curb Your Enthusiasm **3.20** Ballers (AD) **4.30** Moonbase 8 (AD) **5.00** The Conners: double bill **6.00pm** The Office US **7.00** American Auto **8.00** Will & Grace: double bill. The pregnancy is put on hold, then Karen and Jack conspire to unite Will and Grace (AD) **9.00** Curb Your Enthusiasm: Jeff pays the price for taking Larry's advice for Susie's birthday gift **9.45** New. The Tonight Show Starring Jimmy Fallon: American chat show featuring guests from the world of showbusiness **10.45** Insecure (AD) **12 midnight** Leo Reich: Literally Who Cares?! **1.20am** Bliss (AD) **3.00** Ballers (AD) **3.40-5.00am** Vice Principals (AD)

Sky Comedy Sky 114 (115 Wales)
Virgin 112 EE 347/HD 362

Comedy Central

8.00am Most Ridiculous: Babies **8.35** Most Ridiculous: Friends **9.00** Blockbusters **10.00** Impractical Jokers: the Second Hundred **10.30** Impractical Jokers: Slam Dunks **11.00** Impractical Jokers: Twists and Turns **11.30** Impractical Jokers: Highlights from the High Seas **12 noon** Home Improvement **1.00pm** Friends (AD) **9.00** FILM National Lampoon's Loaded Weapon 1 **★★★** **10.35** FILM Richard Pryor: Live on the Sunset Strip **★★★** **12.20am** Jeff Dunham: I'm with Cupid **1.20** South Park **2.50** Beavis and Butt-Head **3.00** Rhod Gilbert's Growing Pains **3.45** New. The Daily Show **4.10-5.00am** Friends (AD)

Comedy Central Sky 112 (113 Wales)
Virgin 132 EE 345/HD 360
+1 Sky 212 (213 Wales) Virgin 332

Alibi



CSI: Vegas **10.00pm** Max looks into a famous chef's death

7.10am Murdoch Mysteries **9.00** Rizzoli & Isles (AD) **10.00** Unforgettable **11.00** Without a Trace **12 noon** Father Brown (AD) **1.00pm** The Doctor Blake Mysteries **2.00** Murdoch Mysteries **4.00** Rizzoli & Isles (AD) **5.00** Unforgettable

6.00pm Without a Trace **17/18** Series 6. The team searches for information relating to a truck driver who disappeared.

7.00 Elementary **19/24** Series 5 Holmes and Watson investigate the murder of a man Sherlock considered to be one of New York's worst private investigators.

8.00 Father Brown **3/10** Series 7 Poor weather plagues Bunty and Mrs McCarthy's picnic. (AD)

9.00 Death in Paradise **6/8** Series 6. The discovery of a second body leaves the detectives with two murders to solve. (AD)

10.00 CSI: Vegas **6/21** Series 2 Max leads her team to investigate the death of a prestigious Michelin-starred chef. (AD)

11.00 Justified **9/13** Series 3 Raylan tries to close the net on Quarles for the murder of Winona's ex-husband.

12 midnight Elementary **1.00am** Unforgettable **2.00** Without a Trace **2.55-4.00am** Murdoch Mysteries

Alibi Sky 109 (110 Wales) Virgin HD 114
EE 343/HD 358 +1 Sky 209 (210 Wales) Virgin 191

Discovery

6.00am How It's Made **7.00** Gold Divers **8.00** Building off the Grid (AD) **9.00** Alaska: the Last Frontier **10.00** Junkyard Empire **11.00** Wheeler Dealers **1.00pm** Building off the Grid **3.00** Blowing Up History **4.00** Alaska: Homestead Rescue **6.00** Junkyard Empire **7.00** Wheeler Dealers: Mike and Ant turn their attention to a rare 2004 MX-5 Mazdaspeed (AD) **8.00** Gold Rush **9.00** The Dino Hunters: the Harris-Bolans have found evidence of a ceratopsian skull **10.00** New. Mysteries at the Museum: Don Wildman investigates a curse on Rudolph Valentino **11.00** Expedition X: Josh Gates sends his team to New Mexico **12 midnight** Deadliest Catch **1.00am** The Dino Hunters **2.00** Mysteries at the Museum **3.00** New. Gold Rush **4.00-5.00am** Naked and Afraid: Alone

Discovery Sky 125 (126 Scotland) Virgin 177
EE 320/HD 325 +1 Sky 225 (226 Scot) Virgin 377

Discovery History

6.00am Expedition Unknown **7.00** Secret Space Escapes **8.00** Blowing Up History **9.00** Combat Dealers **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers **12 noon** Combat Dealers **2.00pm** Secret Space Escapes **3.00** Salvage Hunters **4.00** Mysteries of the Missing **5.00** Blowing Up History **6.00** Combat Dealers **7.00** Expedition Unknown **8.00** Greatest Events of World War II: the D-Day invasion **9.00** Combat Dealers: Bruce hears about some Second World War equipment for sale **10.00** Salvage Hunters **11.00** World's Greatest Motorcycle Rides **12 midnight** Combat Dealers **2.00am** Salvage Hunters **3.00** Greatest Events of World War II **4.00-5.00am** World's Greatest Motorcycle Rides

Discovery History Sky 177 Virgin 181
+1 Sky 277 Virgin 381

Sky Documentaries



Music Box 9.00pm The troubles of Woodstock 1999

6.00am The Sixties (AD) **7.00** Discovering: Lana Turner (AD) **8.00** The Directors **9.00** 100 Foot Wave (AD) **10.00** OJ: Made in America **12 noon** Missile from the East (AD) (W) **2.00pm** Seve (AD) (W) **4.00** The Directors: a look at the career of Ang Lee **5.00** Discovering: Lana Turner: the life of the actress (AD)

6.00pm 100 Foot Wave Garrett has concerns about proposed safety measures as the world's top surfers arrive in Nazare for the WSL's Tow Surfing Challenge. (AD)

7.00 OJ: Made in America A look at the response to the verdict and how different groups reacted to the decision, as well as the subsequent twists in Simpson's life that led to him being jailed.

9.00 Music Box The story of Woodstock 1999, a music festival marketed as promoting unity but instead descended into riots, looting and sexual assaults. (AD)

11.10 Fatboy Slim: Right Here, Right Now All about the Big Beach Boutique II free event in 2002, when an estimated quarter of a million people turned up to the concert on Brighton beach.

1.00am Liverpool Narcos **2.00** Pete Doherty: Stranger in My Own Skin **4.00** The Directors **5.00-6.00am** Discovering: Lana Turner (AD)

Sky Documentaries Sky 121 (122 Scotland) Virgin 188 EE 352/HD 367

Nat Geographic

8.00am Food Factory **9.00** Air Crash Investigation **10.00** Nazi Megastructures: America's War **11.00** Megafactories **12 noon** Car SOS **1.00pm** Ultimate Airport Dubai **2.00** Air Crash Investigation (AD) **3.00** Vikings: the Rise and Fall (AD) **5.00** Car SOS **6.00** Inside Sydney Airport (AD) **7.00** Mayday: a plane that disintegrated in mid-air **8.00** Air Crash Investigation: double bill. A Boeing 737 nosedives, killing everyone on board. Then investigating the crash of Air France Flight 447 (AD) **10.00** Airport Security: Rome: an Albanian woman panics when denied entry to Italy **11.00** Air Crash Investigation (AD) **12 midnight** Airport Security: First Class **1.00am** Rewind the 90s **2.00** Money Meltdown **2.30** Food Factory **3.20** Food Factory USA **4.10-5.00am** Secrets of the Zoo: Keeper Tales

Nat Geographic Sky 129 (130 Scotland) Virgin 183 +1 Sky 229 (230 Scot) Virgin 383

Sky History

6.00am American Pickers **7.00** Pawn Stars **10.00** Strangest Things **11.00** Swamp People: Serpent Invasion **1.00pm** Pawn Stars **2.00** Britain in Colour **5.00** Pawn Stars **6.00** American Pickers **7.00** Forged in Fire **8.00** The Bermuda Triangle Enigma: Ortis Deley goes in search of the lost city of Atlantis **9.00** Secrets of Great British Castles: the history of Stirling Castle **10.00** Ross Kemp: Shipwreck Treasure Hunter: the actor dives to Nelsonian frigate HMS *Amethyst*, launched in 1799 **11.00** Secret Wars Uncovered: an examination of the new Cold War **12 midnight** Pawn Stars **2.00am** Secrets in the Ice **3.00** The Bermuda Triangle Enigma **4.00** Britain in Colour **5.00-6.00am** Forged in Fire **Sky History** Sky 123 (124 Scotland) Virgin 131 EE 353/HD 368 +1 Sky 223 (224 Scot) Virgin 331

Sky Nature



My Best Friend's an Animal 8.00pm Tasmanian devils

6.00am Africa's Wild Horizons **7.00** Monkey Life (AD) **8.00** Arabian Inferno **9.00** Extreme Animals: One Wild Day (AD) **10.00** Zambia Untamed **11.00** Great Blue Wild **12 noon** Africa's Hunters **1.00pm** Monkey Life (AD) **2.00** Arabian Inferno **3.00** Extreme Animals: One Wild Day (AD) **4.00** Zambia Untamed **5.00** Great Blue Wild

6.00pm Africa's Hunters A hyena goes in search of a new clan.

7.00 Monkey Life Concerns remain over Trudy the chimp. (AD) **7.30** Ailing chimp Trudy begins a strict new diet. (AD)

8.00 New. My Best Friend's an Animal A Tasmanian devil shows its softer side and Buttons the deer enjoys a family dinner.

9.00 Deep in the Heart A celebration of Texan wildlife.

10.00 Africa's Hunters As 6pm.

11.00 Great Blue Wild An underwater cave system hidden in the crystal clear waters of Cozumel in the Caribbean.

12 midnight David Attenborough's Rise of Animals: Triumph of the Vertebrates **1.00am** Nature's Fast Attacks: the quickest predators (AD)

2.00 My Best Friend's an Animal **3.00** Deep in the Heart **4.00** Arabian Inferno **5.00-6.00am** Extreme Animals: One Wild Day (AD)

Sky Nature Sky 124 (125 Scotland) Virgin 189 EE 354/HD 369

Eden

9.00am Chris Tarrant: Extreme Railways (AD) **12 noon** Railway Journeys with Chris Tarrant (AD) **1.00pm** Forbidden History (AD) **3.00** Chris Tarrant: Extreme Railways (AD) **6.00pm** Railway Journeys with Chris Tarrant (AD) **7.00** Forbidden History: double bill (AD) **9.00** Chris Tarrant: Extreme Railways: triple bill. Chris travels through Morocco and the Sahara to Timbuktu in Mali **10.00** Chris sets out to cross Estonia, Latvia and Lithuania by rail in just one week **11.00** The traveller explores five countries that were part of Yugoslavia (AD) **12 midnight** New. Anthony Bourdain: Parts Unknown **1.00am** Forbidden History (AD) **3.00** Chris Tarrant: Extreme Railways (AD) **5.30-6.00am** David Attenborough's Natural Curiosities (AD)

Eden Sky 166 Virgin HD 176 +1 Sky 266 Virgin 376

Animal Planet

8.00am Animal Cries **9.00** Crikey! It's the Irwins **10.00** Dogs 101 **11.00** Alaska: Homestead Rescue **12 noon** Animal Cries **1.00pm** Crikey! It's the Irwins **2.00** From Wags to Riches **3.00** Pit Bulls and Parolees: Tia's Tales **4.00** Pit Bulls and Parolees **5.00** Alaska: Homestead Rescue **6.00** Animal Cries **7.00** Crikey! It's the Irwins **8.00** I'm Alive: two men who encountered 35 chimpanzees (AD) **9.00** I Was Prey: a man who stepped on a crocodile (AD) **10.00** Alaskan Bush People: the Brown kids face a big decision as Ami awaits cancer treatment in California **11.00** Project Grizzly **1.00am** Alaskan Bush People **2.00** Pit Bulls and Parolees **3.00** Alaska: Homestead Rescue **4.00-5.00am** Animal Cries **Animal Planet** Sky 162 (178 NI) Virgin 178 +1 Sky 262 (278 NI) Virgin 378

SPORT

Sky Main Event

Sky 401 Virgin 511/HD 501 EE 419/HD 439
6.00am Sky Sports News
10.00 LIVE Ladies European Tour Golf Day two of the Saudi Ladies International from Riyadh.
12 noon LIVE ATP Tennis The ABN AMRO Open quarter-finals.
1.45pm LIVE WTA Tennis The Qatar Open, the first semi-final.
4.00 The second semi-final.
6.30 LIVE ATP Tennis The ABN AMRO Open quarter-finals.
7.30 LIVE Super League Leeds Rhinos v Salford Red Devils from Headingley Stadium (kick-off 8.00).
10.15 LIVE PGA Tour Golf Day two of the Genesis Invitational.
1.00am LIVE ATP Tennis The Delray Beach Open quarter-finals.
3.00 LIVE Boxing O'Shaquie Foster v Abraham Nova.
5.00-6.00am Sky Sports News

Sky Football

Sky 403 Virgin 513/HD 503 EE 421/HD 441
6.00am Classic Play-Off Finals **9.00** EFL Greatest Games (AD) **10.00** League Cup Retro **12 noon** German Football **12.30pm** Championship Highlights **2.30** German Football **3.00** League One and Two Goals **3.30** Championship Highlights **6.30** German Football **7.00** Championship Highlights **7.30 LIVE Championship Football** West Bromwich Albion v Southampton (kick-off 8.00).
10.30 League One and Two Goals **11.00** EFL Greatest Games **1.00am** Championship Season Review (AD) **2.00** Best Goals (AD) **2.30** EFL Trophy Football (AD) **3.00** Classic Play-Offs **5.30-5.45am** EFL Greatest Games

Sky Golf

Sky 405 Virgin 515/HD 505 EE 423/HD 443
6.00am PGA Tour **8.00** European Challenge Tour Golf **8.30** PGA Tour Learning Centre **9.00** PGA Tour Golf **10.00 LIVE Ladies European Tour Golf** Day two of the Saudi Ladies International from Riyadh.
2.00pm PGA Tour Champions Learning Centre **2.30** PGA Tour **3.30 LIVE PGA Tour Golf** Day two of the Genesis Invitational.
1.00am PGA Championship Official Film **2.00** Golf Academy **3.00** PGA Tour **5.00-6.00am** Golf Academy

Sky Tennis

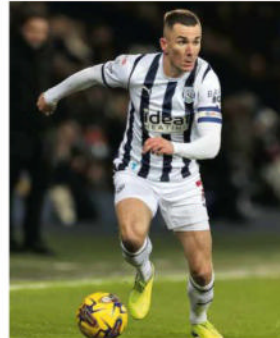
Sky 407 Virgin 537/HD 520 EE 425/HD 445
12 noon LIVE ATP Tennis The ABN AMRO Open quarter-finals.
1.45pm LIVE WTA Tennis The semi-finals of the Qatar Open.
6.30 LIVE ATP Tennis The ABN AMRO Open quarter-finals.
10.30-3.00am LIVE ATP Tennis Delray Beach Open quarter-finals.

Sky Sports Mix

Sky 416 Virgin 510 EE 429/HD 449
7.55-10.00pm LIVE Super League Leigh Leopards v Huddersfield Giants (ko 8.00).
4.45-6.45am LIVE NRL Sydney Roosters v Manly-Warringah Sea Eagles (ko 4.45).

Eurosport 1

Sky 413 Virgin 521 EE HD 412
6.00am Snooker **8.00** Cycling **9.50** Snooker: Welsh Open
11.45 LIVE Snooker The Welsh Open quarter-finals in Llandudno.
6.00pm Snooker: Welsh Open
6.45 LIVE Snooker The Welsh Open quarter-finals in Llandudno.
10.00 Snooker **12 midnight** Alpine Skiing **2.00am** Snooker **4.00** Alpine Skiing **5.00-6.00am** Cycling



Championship Football 7.30pm **Sky Football** West Brom wingman Jed Wallace

Sky Premier League

Sky 402 Virgin 512/HD 502 EE 420/HD 440
6.00am Greatest Games (AD) **7.00** Legends (AD) **8.00** Best Goals (AD) **9.00** 100 Club **10.00** Total Football **5.00pm** 100 Club (AD) **6.00** Legends (AD) **7.00** Preview **7.30** Big Interview **8.00** Fantasy Show **8.30** Soccerbox (AD) **9.00** Preview **9.30** The Big Interview **10.00** Icons **10.30** Retro **12.30-6.00am** Premier League

Sky Cricket

Sky 404 Virgin 514/HD 504 EE 422/HD 442
6.00am SA20 Highlights **9.00** SA20 Cricket **1.30pm** SA20 Cricket: the final **6.30** Best of the World T20 (AD) **7.00** SA20 Highlights **9.00** Pushing Boundaries **10.00** SA20 Highlights **12 midnight** SA20 Cricket **5.00-6.00am** World T20 (AD)

Sky Action

Sky 408 Virgin 517/HD 507 EE 426/HD 446
6.00am Boxing (AD) **7.00** Premier League Darts **10.45** NFL **3.30pm** Super League **3.45** Boxing (AD) **5.45** Pro-Football Talk **7.45** My Icon (AD) **7.55 LIVE Super League** St Helens v London Broncos at Langtree Park (kick-off 8.00).
10.00 NFL **11.00** Unbeatable **11.30** NFL **12 midnight** Total Access
1.00am LIVE Boxing O'Shaquie Foster v Abraham Nova.
5.00-6.00am NFL

Sky Arena

Sky 412 Virgin 518/HD 508 EE 427/HD 447
6.00am Super League **7.15** Netball **9.15** Unbeatable **9.45** Basketball **12.15pm** Super League **12.30** Premier League Darts **4.00** Super League (AD) **4.15** Basketball **6.45** Super League **7.30 LIVE Super League** Leeds Rhinos v Salford Red Devils from Headingley Stadium (kick-off 8.00).
10.15 Super League **10.30** Boxing Archive (AD) **12 midnight** Super League **12.30am** Unbeatable
1.00 LIVE MMA Jonathan Haggerty v Felipe Lobo
5.00-6.00am Boxing Archive (AD)

Eurosport 2

Sky 414 Virgin 522 EE HD 413
6.50am LIVE Ski Jumping World Cup, men's HS134 qualifying.
8.00 Winter Sports
9.15 LIVE Alpine Skiing World Cup, women's downhill, first run.
11.15 Cycling: Tour of Andalusia
12.15pm LIVE Cycling Stage three of the Tour of Andalusia;
2.00 The Classic Var in France;
3.00 Tour of Algarve, stage three.
5.00 Alpine Skiing **6.00** Motor Racing **7.00** Cycling **10.00** World Superbikes **11.00** Alpine Skiing: World Cup
12 midnight Cycling **2.00am** Alpine Skiing **3.00** Cycling **3.55** Snooker **5.50-6.45am** Alpine Skiing

TNT Sports 1

Sky 410 Virgin 527 EE 408/HD 430
6.00am LIVE Test Cricket India v England, continued coverage of day two of the third Test in Rajkot.
12 noon Pool: Ultimate Pool
1.30pm LIVE World Rally The second day of Rally Sweden.
4.30 Premier League Football **5.30** Inside Serie A: magazine
6.00 LIVE Italian Football Torino v Lecce (kick-off 6.00);
8.00 Inter Milan v Salernitana.
10.00 Champions League Magazine
10.30 Premier League Football
11.30 UFC 12 **midnight** World Rally **12.30am** French Football **1.30** NBA
2.00 LIVE NBA The All-Star Rising Stars Challenge.
4.30 Premier League Preview
5.00-6.00am Australian Football

TNT Sports 2

Sky 411 Virgin 528 EE 409/HD 431
6.00am What I Wore **6.15** Premier League: the Big Interview **6.45** Europa League Football (AD)
7.45 LIVE World Rally Day two of Rally Sweden. More 9.45am.
9.30 TNT Sports Reload (AD)
9.45 LIVE World Rally Sweden.
10.45 Around the Block (AD)
11.00 Pro League Hockey
12 noon LIVE Pro League Hockey Netherlands v Australia, a men's match (push-back 12.00);
2.00pm India v Ireland, the men's match (push-back 2.00).
4.00 Hockey **5.00** Test Cricket
6.00 LIVE World Rally Sweden.
7.15 French Football: previews
7.45 LIVE French Football Lyon v Nice (kick-off 8.00).
10.00 World Rally **10.30** Test Cricket Highlights **11.30** Netbusters (AD)
12 midnight Wrestling (AD)
1.00am LIVE Wrestling WWE.
3.00 UFC Fight Week
3.30-6.00am LIVE Test Cricket India v England, coverage of day three of the third Test from Rajkot.

TNT Sports 3

Sky 417 Virgin 529 EE 410/HD 432
6.00am LIVE Test Cricket Australia v South Africa, day two of the women's Test continued.
11.00 Europa League Football **1.00pm** French Football **1.30** Inside Serie A **2.00** Europa League Football (AD) **3.00** Champions League Football **3.45** Spanish Football **4.45** Australian Football **5.45** Crouchy and Cole
6.00 Test Cricket **7.00** Premier League Preview **7.30** Test Cricket
9.30-6.00am LIVE Test Cricket New Zealand v South Africa, day five of the second Test in Hamilton.

TNT Sports 4

Sky 421 Virgin 530 EE 411/HD 434
6.00am TNT Sports Reload (AD) **6.15** French Football **6.45** Wrestling (AD) **7.45** Premier League Review (AD)
8.45 LIVE Australian Football Western United v Newcastle Jets, A-League Women (kick-off 8.45).
10.45 NBA **3.15pm** Reload (AD)
3.30 International One-Day Cricket
4.30 Europa League Football
6.30 Champions League Football
7.15 Europa League Football (AD)
8.15 What I Wore **8.30** NBA
10.00 LIVE Pro League Hockey Argentina v Germany, the men's match (push-back 10.00).
12 midnight Premier League
12.30am LIVE Pro League Hockey Argentina v Germany, the women's match (push-back 12.30).
2.30 TNT Sports Cricket Reload
3.00-6.00am LIVE Test Cricket Australia v South Africa, day three of the women's Test from Perth.

Stephen Mangan

Sunday 4.00pm **Classic FM**

CLASSIC FM's new star presenter didn't grow up with Mozart and Bach in the house. "My parents weren't classical music fans," Stephen Mangan tells me, a few days after the launch of his Sunday afternoon show. "My gateway drug was being in the school choir and singing Mozart's *Requiem* and lots of nice anthems on a Sunday. At the boarding school I went to there were only girls in the sixth form so, if you were 15, the only way to interact with girls was to get into the choir. I was a late voice-breaker and got to sing alto next to actual, real-life girls. I associate choral music with latent sexual tension."

That seems an unusual insight into the great canon of music that Classic FM does so much to disseminate. "That the erotic and the choral coincide? But what is great music but a reflection of the great themes of life? It makes sense that they are intertwined. When I went to Cambridge my girlfriend was a choral scholar. I'm not religious at all, but the college I was at had a beautiful little chapel and slipping in at six o'clock on a Sunday evening to

listen to some choral music felt quite rebellious, when everyone else was drinking in the bar. She was a Grade 8 pianist, played the violin and she introduced me to a lot of my first sorts of classical music. I first heard of Arvo Pärt there and she would play me Ravel's piano concertos and all the stuff that wasn't really on my radar.

That was a big leap forward in my love of classical music."

Listeners will hear all this and more in the three-hour Sunday afternoon show, which the star of *Green Wing* and *The Split* hopes is like, "someone leading you by the hand and showing you stuff that you wouldn't ordinarily think of". Mangan will also be doing some learning himself. "Opera has never been at the forefront of my listening tastes," he admits. "Partly because it's supposed to be an amalgamation of the best music, the best singing, the best acting, the best stagecraft, and as



OFFBEAT

Mangan in *Green Wing* with Tamsin Greig and Julian Rhind-Tutt

an actor, I've always felt slightly sniffy about some of the acting you see in operas."

The 55-year-old father of three boys favours the dark stuff, seldom happier than when he's engulfed in the cascading sorrow of the Mozart *Requiem*. "I love melancholia," he says. "I like going to that deep, dark, tragic place, which my wife can't understand at all. There's obviously some big psychological need in me to go there. Masses, requiems, anthems, anything to do with death, dying and the loss of hope, I'm all ears!"

DESPITE THIS PENCHANT for the sombre, in the flesh Mangan radiates the amiable good humour that makes him such appealing company on the radio – though not everyone is impressed. A sniffy *Guardian* review

'I associate choral music with latent sexual tension'

dismissed him as a "genial *Celebrity Goggleboxer*." "I've done two episodes of *Celebrity Gogglebox* in my life, so it's a bit odd to pick that particular thing out."

Perhaps Mangan, also a successful children's author and respected stage actor, is a victim of our culture's distrust of people who do well across the board? "Yeah, it's definitely – stay in your lane. I think being a jack-of-all-trades isn't regarded as a positive thing. When I first started out as an actor, I wanted to do nothing but stage work and I did for five years. I turned down all auditions for television, for films, but I couldn't quite make ends meet, so I would do foreign commercials. One was filmed in Cape Town – I was in a jacuzzi, with four women either side, and I was wearing a thong with a tiger's face on. I had to look into the camera and growl." That's quite a picture... "Yes, so I can understand the confusion about me; my career is quite confusing." **MICHAEL HODGES**

SEX, DEATH AND CHORAL MUSIC

New Classic FM presenter Stephen Mangan's playlist reflects the great themes of life



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ARTS

Words and Music

Sunday 5.30pm **Radio 3**

On 12 February 1974, the most magical, saggy old cloth cat in the world captured our imaginations – *Bagpuss*, the creation of Oliver Postgate and Peter Firmin. His 50th birthday is celebrated in such a loving way in this carefully curated selection of music and readings. There are examples of Sandra Kerr and John Faulkner's folk songs from the TV series, but there's also everything from the Cure to Tchaikovsky to Glenn Miller, segued around George Eliot, Henry James and Roald Dahl. A proper family listen. **ANNA JONES** See page 144

FROM THE ARCHIVES

Listener Request Weekend

Saturday from 6.00am

Radio 4 Extra

Radio is all about the voice and the listener, but here the listener is given a voice. After a request weekend last August, Radio 4 Extra is again giving over its weekend schedule to archive programmes selected by listeners.

The listeners' stories are often as fascinating as the shows themselves. *Robbing Hood*, a rare 1992 radio outing for Norman Wisdom, is requested by a man who, as a ten-year-old, heard four out of the six episodes and, because it has never been repeated, he's been waiting over 30 years to hear how it ends.

One listener asks for the 1990 drama *The Senses: Taste*, starring Alex Jennings, as she'd heard a German translation on Bavarian radio and has always wanted to hear the original.

Then there's the writer who, as a 23-year-old, entered the first Radio 4 Young Playwrights Festival and was delighted to have his work broadcast with a cast led by John Duttine, prompting one reviewer to call it "the *Under Milk Wood* of the 80s". The playwright says hearing it again "would make an old man very happy". It's all testament to the power of radio. **DC**



CONVERSATION

Desert Island Discs

Sunday 11.15am **Radio 4**

Cillian Murphy is the film star of the moment, but the Oscar nominee reveals to Lauren Laverne that he relishes rehearsing above performing and feels more nervous on a film set than he does on a stage. He also talks about his big break, which he got by hand writing a letter to a director, and recalls an inspirational English teacher. As an occasional presenter on 6 Music, you may expect some left-field choices and he does pick a song with lyrics that terrified him, which he and his brother used to listen to in the dark before they went to sleep.

DAVID CRAWFORD

INTERVIEW

Young Again

Tuesday 11.00am **Radio 4**

Her *Desert Island Discs* days may be behind her, but Kirsty Young has very much re-established herself with this series in which her guests look back. Series two gets off to a magnificent start with former *Doctor Who* and Malcolm Tucker actor Peter Capaldi, whose tales are priceless. "My career has been characterised by wonderful strokes of luck followed by confusion," he says. Not for a moment does his modesty seem false.

SIMON O'HAGAN



AMBRIDGE DIARY

The Archers

Sun-Fri 7.00pm **Radio 4**

As the upheaval at The Bull continues, David (Timothy Bentinck, left) eagerly offers to fill in for Kenton. But will his well-intentioned efforts behind the bar help or hinder? Fallon has a suggestion for a troubled Alice about what to do about Harry, some news for Adam leaves Susan speechless, Tony's expertise is called upon at a short-staffed Brookfield, and Hilda the cat is unwelcome at the party. **DC**



THIS WEEK'S RADIO LISTINGS START PAGE 114 ►

Listen PODCASTS



TELEVISION

Offstage: Inside The X Factor

Masterminded by pop Svengali Simon Cowell, *The X Factor* ran from 2004 to 2018, bringing in nearly 17 million viewers per show at its peak. But how did its dizzying, make-or-break format affect the hopefuls and British culture as a whole? In this excellent six-part series, former Radio 1 *Newsbeat* reporter Chi Chi Izundu talks to former contestants and staff on the programme, revealing how the show discarded vulnerable people who did nothing more than dream. **MATT GLASBY**

ALL IN THE GRIND

What do men really talk to each other about? Shaun Keaveny reveals all...



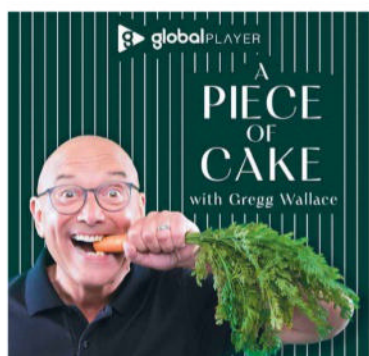
PICK OF THE WEEK

CONVERSATION

Shaun Keaveny's Daily Grind

Jerry Seinfeld always insists that women shouldn't worry about what men are talking about when they're with other men, because the truth is they're talking about nothing. Shaun

Keaveny's daily podcast belongs in that tradition of male desultoriness. Imagine a show on an indie music station without the records or the time checks; you'd be left with two people trying to amuse each other without seeming to try, jamming instead on themes like the Fred Dibnah movie, wondering if they have more names for alcohol than the Inuits have for snow and the likelihood of the playwright Arthur Miller ever having played snooker at the Crucible. Each episode is long enough to walk one dog. **DAVID HEPWORTH**



HEALTH

A Piece of Cake with Gregg Wallace

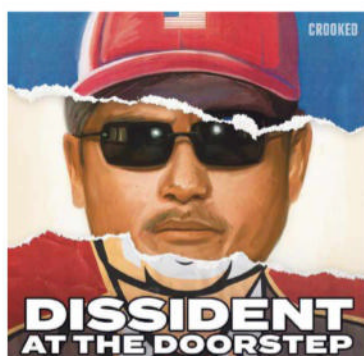
Now that Gregg Wallace has lost nearly five stone, he is keen to help us all understand how we can be "the healthiest versions" of ourselves, not just in body but mind and soul, too. Fronting Global's new 12-part podcast, the presenter chats to a range of guests, beginning with obesity expert Dr Giles Yeo. Together they lay out a lot of useful information and two easy ways forward: eat more protein and a lot more fruit and vegetables. **FIONA HUGHES**



INTERVIEW

Russell Howard's Wonderbox

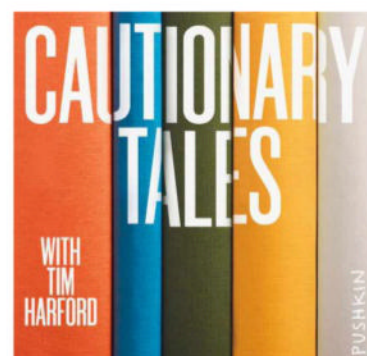
The amiable Russell Howard hosts a podcast that warms the cockles like an anti-*Room 101*. He's keeper of the "Wonderbox", a place to put reminders of what makes life worth living. Guests, including Guz Khan and Roisin Conaty, share their selections and the associated fond memories. Greg Davies is on particularly funny form – chuckling uncontrollably as he regales Russell with tales of his chaotic childhood and consigns his dad's swimming trunks to the box. **EMMA SIMMONDS**



INVESTIGATION

Dissident at the Doorstep

US film-maker Alison Klayman (*Ai Weiwei: Never Sorry*) has found another compelling – and this time baffling – story in Beijing. In 2006, when he was jailed for challenging China's one-child policy, activist Chen Guangcheng was hailed by the West as a symbol of democracy. There was a crisis when he escaped house arrest and was welcomed in the US. But in 2020 he turned up at the Republican Convention and has backed Donald Trump's claims that the 2019 election was "stolen". How come? **DAVID MCGILLIVRAY**



HISTORY

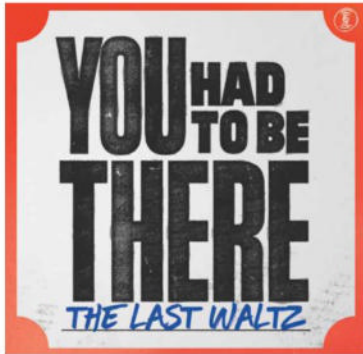
Cautionary Tales with Tim Harford

Radio 4 listeners will know Tim Harford from the exemplary work he does debunking topical statistics on *More or Less*. His *Cautionary Tales* likewise sees through what the powers that be would prefer hidden. As with *More or Less*, these real-life stories of human error – many of them tragic – carry lessons aplenty, and we could all do worse than sit down and listen to Uncle Tim. From his "Classics" vault, try the tale of the catastrophic *Torrey Canyon* oil spill. **SIMON O'HAGAN**



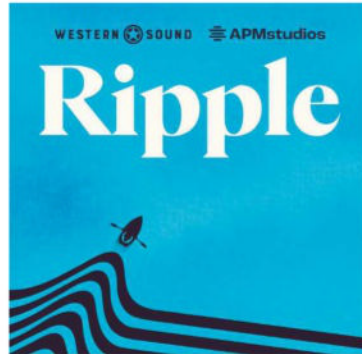
THE PICK OF THE BEST AUDIO ON DEMAND

I'M LISTENING
Shaun Keaveny
and guests
are making
conversation



ENTERTAINMENT **You Had to Be There**

A cracking idea for an podcast from Hi Barr, aimed at Gen-Xers and millennials: take a key moment in pop history, assign it to a different host each week and give them 48 hours to find and interview someone who was there. The opening episode has producer/director Julia Thompson seeking out anyone who was at the Band's final concert in 1976, which was famously captured by Martin Scorsese in *The Last Waltz*. So far, so good, but this series will live or die on its choice of quest and guest. **ANNA JONES**



ENVIRONMENT **Ripple**

Many people will remember the 2010 Deepwater Horizon disaster, an explosion on a BP-operated oil rig in the Gulf of Mexico that killed 11 crew and caused the largest marine oil spill in history, but few could probably tell you how it was resolved. While BP may have been fined, Gulf Coast residents say the impact on their health is far from over. In this documentary series, Dan Leone travels to the region to piece together the true narrative at a time when corporations around the world are increasingly under scrutiny. **TOM GOULDING**



Podcasting footballers really score when they go off piste

IN AN EARLY Monty Python sketch, John Cleese appeared as Jimmy Buzzard, thereby providing us with a neat caricature of the incoherent footballer, whose only answer to any question was, "Well, Brian, I'm opening a boutique."

Judging by how many ex-footballers are making a living in the podiverse on the basis of their ability to keep us entertained, we may have to revise that whiskery old cliché. Their football careers may have got them the job, but in most cases those finished long ago and the game has changed out of all recognition since. Therefore it's their ability to chat and to think on their feet that keeps us coming back.

The attractive thing about *Stick to Football*, the streaming show and podcast with Gary Neville, Jamie Carragher, Jill Scott, Ian Wright and Roy Keane, is it feels like they can't wait to change the subject. On some of their shows the camera starts rolling before the show does, catching them chatting about where they got the T-shirt they're wearing, which members of the panel employ the service of a professional stylist and which ones just happen to know a designer who'll do them a deal. Boutiques are so passé.

WHAT MAKES THIS work is all five of them are natural gossips. Jill Scott asks the direct question. She's the one who finds out how much the men spend on a haircut and how often. Gary Neville, as anchor, gets the most leg-pulling. Ian Wright, being the most charismatic, gets the most attention. Jamie Carragher can always be relied upon to raise the emotional temperature and actual pitch of the exchanges. Even Roy Keane, whose body language always suggests he has been brought there against his will, can't resist topping the last anecdote.

And because they're facing each other around a table rather than awkwardly arranged side by side for the benefit of a TV director, they appear pleasingly unaware we're eavesdropping. For once, it's a good thing they're not being chaired by a professional broadcaster. The last thing we want them to do is stick to the point.

See David's pick of the week, Shaun Keaveny's *Daily Grind*, top left opposite page

THE RadioTimes PODCAST

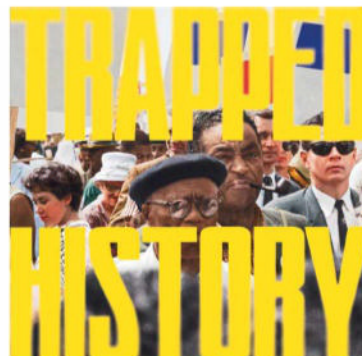
THIS WEEK This week's guest is *Peaky Blinders* star Sophie Rundle. In this episode, she talks about how revolutionary Sally Wainwright's *Gentleman Jack* was in depicting LGBTQ+ love stories – and discusses her own experience filming intimate scenes and how they have changed over the course of her career. Available from 6 February.

HOW TO FIND US
Search **Radio Times Podcast** on your podcast provider, scan the QR code or visit **radiotimes.com/podcast**



SCAN
QR CODE
TO ACCESS
PODCAST
VIA YOUR
TABLET
OR PHONE

NEW
EPISODE
SOPHIE
RUNDLE



HISTORY **Trapped History**

Forgotten figures from the past are the beating heart of this series inspired by writer James Baldwin's notion that "people are trapped in history and history is trapped in them". Among the unsung heroes are journalist, traveller and entrepreneur Nellie Bly, and Peter Stevens, a fraudster-turned-bomber pilot (and a German Jew) whose time as a PoW was the basis for James Garner's character "the Scrounger" in *The Great Escape*.

JEREMY ASPINALL

SATURDAY Radio

TODAY'S CHOICES



Opera on 3: Strauss's Elektra

6.30pm **Radio 3**

The curse of the House of Atreus, with its self-perpetuating cycle of internecine murder and revenge, plagues ancient Greek tragedy like a psychic sore, and the tale of course remains as topical today as in Periclean Athens. Unlike Aeschylus's complete *Oresteia* trilogy, where vendetta finally yields to justice, Sophocles's *Elektra* survives only as a limbed torso, its two bloody murders left shrieking into the void. Richard Strauss's operatic version, though, cleverly squares the circle by climaxing in a dance of triumph that suddenly descends into a dance of death. In tonight's recording from Covent Garden, the great Finnish soprano-turned-mezzo Karita Mattila (above) sings the guilt-ridden husband-slayer Queen Klytämnestra. **MARK PAPPENHEIM**

Drama: Turning Point: Southall Uprising

3.00pm **Radio 4**

As the 45th anniversary of the Southall Uprising approaches in April, this gripping dramatisation charts the events of St George's Day in 1979 when the black and Asian community united with anti-fascist activists, youth groups and striking locals to protest peacefully against a National Front rally. Satinder Chohan's drama is an inspiring testimony to a multicultural diaspora standing up to the far right. More disturbingly, it also reveals the brutally excessive police response, which led to the death of teacher Blair Peach. **JEREMY ASPINALL**

THIS WEEK'S HIGHLIGHTS

See p111

Listener Request Weekend

From 6.00am **Radio 4 Extra**

Two days of programmes from the archive, chosen by listeners.

BBC Radio 1

97.6-99.8 FM DAB bbc.co.uk/radio1
F'view* 700 F'sat 700 Sky 0101 Virgin 901
6.00am Radio 1 Happy 7.00 Weekend
Breakfast 10.30 Katie Thistleton
1.00pm Matt and Mollie **4.00** Dance
Anthems **7.00** Soundsystem Party
9.00 Radio 1's Rap Show **10.30** Rap
Mixtape **11.00** Drum 'n' Bass Show
12.00 Drum 'n' Bass Mix **1.00am**
Classic Essential Mix **3.00** Future
Dance Mix **3.30** Pete Tong's Hot Mix
4.00 Dance Anthems **5.00** Relax

BBC Radio 2

88-90.2 FM DAB bbc.co.uk/radio2
F'view* 702 F'sat 702 Sky 0102 Virgin 902
6.00am Sounds of the 60s
8.00 Dermot O'Leary
Guests include Jonny Lee Miller
and Tanya Reynolds, currently on
the West End stage in *A Mirror*.
10.00 Emma Willis
Sitting in for Claudia Winkleman.
1.00pm Pick of the Pops
Steve Wright with the Top 20s
from this week in 1978 and 1986.
Rptd Mon 3am (1978) and Tue 3am (1986)
3.00 Paddy McGuinness
The comedian and presenter sits in
for Rylan for the next three weeks,
today with guest Vicky McClure, star
of *Trigger Point*. See tomorrow 9pm ITV1
6.00 Liza Tarbuck
8.00 Sounds of the 80s
With Gary Davies, including the **My
80s** feature and a **Mastermix**.
10.00 Sounds of the 90s
12.00 Radio 2 Piano Room
Omnibus, starting with Anastacia.
At **12.14am** Olivia Dean, at **12.25**
Johnny Marr, at **12.37** Shaznay,
and at **12.48** Rick Astley.
1.00am Dance Sounds of the 90s
with **Vernon Kay** A themed playlist.
2.00 Rick Wakeman's Key to Keys
2/4. The former Yes keyboardist
shares favourite tracks. From 2016. (R)
3.00 The Good Groove with DJ
Spoon. Floor fillers from the 1990s.
3.30 Steve Wright's Love Songs
Extra A playlist from a certain year.
4.00 Radio 2 in Concert
Happy Mondays in 1992. (R)
5.00 Tracks of My Years
Omnibus with Tom Kerridge.

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 Freesat 707 Sky 0120 Virgin 909
6.00am Amy Lamé
8.00 Radcliffe and Maconie
10.00 The Huey Show Including a
celebration of hip-hop producer J Dilla.
1.00pm Femi Koleoso
Sitting in for Jamz Supernova.
3.00 Gilles Peterson
6.00 The Craig Charles
Funk and Soul Show
9.00 Don Letts's Culture Clash Radio
11.00 Shellee The rave continuum.
1.00am 6 Music's Rave Forever
2.00 The Morning After Mix

Greatest Hits

DAB greatesthitsradio.co.uk
Freeview 716 Regional variations on FM/MW
6.00am Jenny Powell **10.00** Mark
Goodier **1.00pm** Richard Allinson
4.00 Weekend Anthems **5.00** Paul
Gambaccini **7.00** Kate Thornton
10.00 Rhythm of the Night **1.00am**
Good Times **2.00** Music Marathon

Boom Radio

DAB+ boomradio.co.uk
6.00am Dave Jamieson **8.00**
Roger Day's My Generation **10.00**
Rob Jones **12.00** Simon's 70s
2.00pm Jenny Hanley **4.00** John's
Jukebox **7.00** Saturday Soul **9.00**
Graham Torrington **12.00** Night Ride
2.00am Music through the Night

BBC Radio 3

90.2-92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 Freesat 703 Sky 0103 Virgin 903
News and weather 7.00am, 8.00 and 1.00pm
7.00am Breakfast With Elizabeth Alker.
9.00 Record Review
Andrew McGregor with a detailed look at classic
recordings and some of the week's new releases.
9.30 Flora Willson returns to discuss personal
favourite new releases and, in the **On Repeat**
feature, shares a track that is a current obsession.
10.30 Building a Library Southbank Centre artistic
associate Gillian Moore discusses her favourite
recording of Stravinsky's *The Soldier's Tale*.
11.20 Record of the Week Andrew's top pick.
Record Review Extra is broadcast tomorrow at 9.05pm
bbc.co.uk/recordreview; EMAIL: recordreview@bbc.co.uk
11.45 Music Matters
Tom Service covers myriad facets of the classical
music world, including arts news. Plus guests, today
with Soviet Russian-born Berlin pianist Igor Levit,
who last month became the youngest ever recipient
of the Wigmore Hall Medal. Repeated Monday 10pm
12.30pm This Classical Life
Jess Gillam is joined by Colombian cellist Santiago
Cañón-Valencia to share their favourite music,
including Schnittke, Casals and Lili Boulanger, and
recordings by Willie Nelson and Black Midi.

1.00 Inside Music
Dublin-based clarinettist Berginall Rash shares music
that, for him, conjures up vivid images including the
red clay of the Mississippi Delta and the constellations
of the night sky. Featuring clarinettist Mariam
Adam and vocal performances by sopranos
Natalie Dessay and Renée Fleming and gospel
singer Daryl Coley. First broadcast April 2022. (R)
3.00 Sound of Cinema
Matthew Sweet shines a spotlight on tyrannical
characters, featuring highlights from scores by
Charlie Chaplin and Meredith Wilson (*The Great
Dictator*), John Barry (*You Only Live Twice*), Ennio
Morricone (1900), John Williams (*Star Wars
Episode I: the Phantom Menace*) and more.
4.00 Music Planet
Lopa Kothari with the latest roots-based music
from around the globe, today featuring an interview
with violinist and composer Catriona Price about
the Routes to Roots project. The **Classic Artist** is
Malian guitarist Mama Sissoko.
5.00 J to Z
With Kevin Le Gendre, featuring a live set from
jazz supergroup Artemis: Ingrid Jensen (trumpet),
Rachael Cohen (alto saxophone), Nicole Glover
(tenor saxophone), Renée Rosnes (piano), Noriko
Ueda (bass) and Allison Miller (drums). And
Franco-Syrian flautist and vocalist Naïssam Jalal
shares her inspirations. First broadcast April 2023. (R)
6.30 Opera on 3: Strauss's Elektra
A recent Royal Opera House performance of
Richard Strauss's intense take on Sophocles's
tragedy *Elektra*, in a new staging by Christof Loy
originally scheduled for 2020. Determined to
honour her father, King Agamemnon, and
longing to avenge his murder by her mother,

Scala Radio

DAB+ scalarradio.co.uk

7.00am Hannah Cox With the Piano Playlist at **8.00**.
10.00 Danielle Perry With a pick of classical
favourites and new discoveries.
1.00pm Mark Kermode The film enthusiast with
new, familiar and lesser known film scores.
3.00 Jack Pepper's Culture Bunker Ahead of
Valentine's Day on Wednesday, a playlist exploring
how love has informed great classical works.
5.00 The Console with Luci Holland Game music.
6.00 Ayanna Witter-Johnson Personal picks and
anecdotes from the cellist, singer and composer.
8.00 Saturday Night Scala With Darren Redick.
10.00 The Space Soothing and calming music.
1.00am Night Music **5.00** In the Park

BBC Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 F'sat 709 Sky 0119 Virgin 912
6.00am The Everyday Hustle **7.00** Motivation
8.00 Smash Bengali **10.00** Certified **11.00** Beyond
Bollywood **1.00pm** Mehreen Baig **3.00** Certified
Throwbacks **4.00** Nayha **6.00** Panjabi Hit Squad
9.00 Pure Spice **12.00** S.O.S Bhangra Mix
1.00am Panjabi Hit Squad **4.00** BBC Introducing

Klytämnestra, and her lover, Aegisth, Elektra
becomes increasingly unkempt, desperate and
unhinged. In his last new production before he steps
down as ROH musical director, Antonio Pappano
conducts an international cast. Presented by Martin
Handley, with contributions from Pappano himself
and Karita Mattila. Recorded on 23 January.

Strauss Elektra

Elektra
Chrysothemis
Klytämnestra
Aegisth
Orest
Orest's companion
Young servant
Old servant
Overseer
Maids

Ausrine Stundytė (soprano)
Sara Jakubiak (soprano)
Karita Mattila (mezzo)
Charles Workman (tenor)
Lukasz Golinski (bass)
Michael Mofidian (bass)
Michael Gibson (tenor)
Jeremy White (bass)
Lee Bisset (soprano)
Noa Beinart (contralto)
Veena Akama-Makia (mezzo)
Gabriele Kupczyk (mezzo)
Ella Taylor (soprano)
Valentina Puskas (soprano)

Royal Opera House Chorus and Orchestra,
conductor Antonio Pappano
RT OFFER Strauss *Elektra* (CDs) – a 2010 recording featuring
Jeanne-Michèle Charbonnet, Angela Denoke, Felicity Palmer,
Matthias Goerne and the London Symphony Orchestra conducted
by Valery Gergiev – is available for £14.95 incl p&p. Call 015
982 7500 quoting ref LSO 0701 or visit radiotimes.com/cds

10.00 New Music Show

Kate Molleson with a playlist that includes *Answer
Machine Tape, 1987* – a 2022 extended multimedia
work by Philip Venables, developed in collaboration
with the pianist Zubin Kanga, focusing on the
answering machine tapes of New York artist David
Wojnarowicz from the days leading up to the death
of his close friend and fellow artist Peter Hujar
from an Aids-related illness in 1987.

12.00 Freeness

Corey Mwamba presents new music, digging
through history, memory and interspecies relations.
Including bassist Ruth Goller and celebrated quartet
Ahmed (Pat Thomas, Joel Grip, Antonin Gerbal
and Seymour Wright) with honking, futuristic swing.

1.00am Through the Night With Danielle Jalowiecka.
Bach Triple Concerto in A minor, BWV1044 **Geminiani**
Concerto grosso in D minor, Op 3 No 4 **Bach** Brandenburg
Concerto No 5 in D, BWV1050 Lorenzo Brufatto (violin),
Fiorella Andriani (transverse flute), La Mole Armonica of the
RAI National SO, director Ottavio Dantone (harpischord)
1.52 Bach Organ Sonata No 3 in D minor, BWV527; Violin
Partita No 3 in E, BWV1006; Cantata No 2: Ich hatte viel
Bekümmernis **3.01** Chopin Piano Concerto No 1 in E minor,
Op 11 **3.42** Franck Cello Sonata in A **4.12** Vivaldi Nulla
in mundo pax sincera, RV630 **4.19** D Scarlatti Keyboard
Sonata in C, K132 **4.26** Piccinni Toccata; Mariona alla vera
spagnola **4.35** Szymanowski Four Polish Dances
4.43 Anon Bassa danza (Codex Faenza) **4.49** Grieg
Solveig's Song (Peer Gynt, Op 23) (arr for oboe and piano)
4.53 Sibelius Valse triste **5.01** Grossman Csardas (The
Ghost of Vayvode) **5.10** Stenhammar Spring Night
5.19 Agay Five Easy Dances for Wind Quintet
5.27 Marc-André Hamelin Variations on a Theme
by Paganini **5.37** Beethoven Seven Variations on Bei
Männern, welche Liebe fühlen, WoO 46 **5.47** Ockeghem
Salve regina **5.58** Schubert Symphony No 3 in D
6.24 Anon Canto di lanzi venturieri; Canto ti lanzi sonatori
di rubechine; Canto di lanzi venturieri; Canto dei capi tondi;
Carro della morte **6.32** Mendelssohn Sextet in D, Op 110

Classic FM

99.9-101.9 FM DAB+ classicfm.com

Freeview 731 Freesat 721 Sky 0106 Virgin 922

7.00am Classic FM's **More Music Breakfast**
Tim Lihoreau with music and features.
10.00 Aled Jones Including after **12.00** Saturday
Singer, showcasing great voices in classical music.
1.00pm Alexander Armstrong
4.00 Alan Titchmarsh Including **Off the Box** –
with a classic TV theme – and **Alan's Gardening Tip**.
7.00 Classic FM at the Movies with Jonathan Ross
Ahead of Valentine's Day, highlights of scores by Nino Rota
(*Romeo and Juliet*), Maurice Jarre (*Ghost*) and Shigeru
Umebayashi (*In the Mood for Love*). See Friday 7pm.
9.00 Connecting Notes **6/11** John Humphrys looks
at composers and musicians pushing boundaries.
With music by Stravinsky, Bach and Ethel Smyth.
10.00 Calm Classics With Myleene Klass.
1.00am Katie Breathwick **4.00** Sam Pittis

Absolute Radio

DAB absoluteradio.co.uk Freeview 727

8.00am Frank Skinner **11.00** Sarah Champion
2.00pm Rock 'n' Roll Football **5.00** Andy Bush's Indie
Disco **7.00** Absolute Classic Rock Party with Jennie
Longdon **10.00** Sophie K **4.00am** Emil Franchi



BBC Radio 4

92.4-94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 Freesat 704 (FM) 710 (LW)

Sky 0104 (FM) 0130 (LW) Virgin 904 (FM) 911 (LW)

News 5.30am, 6.00 and hourly to 12 midnight

Weather 6.04am, 6.57, 7.57, 12.57pm, 5.57, 9.59, 12.15am

Shipping Forecasts 5.20am, 12.01pm (LW), 5.54pm, 12.48am

5.30am News Briefing

5.43 Prayer for the Day

With Eleanor Jeans, an associate vicar at an Anglican church in Leamington Spa, and the author of a course for Christians who are single.

5.45 The Banksy Story

6/10. LA Story. A new show in LA, *Barely Legal*, brings in huge celebrity names and, back in the UK, Steph's life at Pictures on Walls gets trickier. James Peak continues his series. Repeated from Saturday 2.45pm

6.00 News and Papers

6.07 Open Country

The River Quail meanders through the drumlin countryside in Down. In the past it was a busy thoroughfare for Viking long boats and, later, steam ships. Flood defences kept it at bay from the nearby county town of Downpatrick – until they failed in last winter's storms. Helen Mark reports on the Quail's colourful life. Repeated from Thursday

6.30 Farming Today This Week

7.00 Today

With Martha Kearney and Nick Robinson.

7.20 Yesterday in Parliament

7.25, 8.25 Sports News

7.48 Thought for the Day

With Brian Draper.

8.31 LW Yesterday in Parliament

9.00 Saturday Live

Greg James and Nikki Bedi host the weekend entertainment show, on which they are joined by comedian Joe Lycett and artist Alison Lapper. Producer Ben Mitchell

10.00 You're Dead to Me

6/13. Greg Jenner is joined by historian Dr Francisco Eissa-Barroso and comedian Katie Green to learn about the complicated life and legacy of 19th-century South American revolutionary leader Simón Bolívar. Available on BBC Sounds since yesterday. Producers Emmie Rose Price-Goodfellow and Greg Jenner; Series producer Emma Nagouse

10.30 Alexei Sayle's Strangers on a Train

6/6. On a journey from Llandudno to Cardiff, Alexei meets a pair of aspiring footballers, a man seeking a retreat from his mental-health problems, and two seasoned travellers who tell him of a trip on the Trans-Siberian Express fuelled only by pot noodles and vodka, and travelling thousands of miles in India in second-class carriages. Producer Peter Lowe (R)

11.00 The Week in Westminster

The week's political proceedings.

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra

Freeview 708 Freesat 708 Sky 0126 Virgin 910

ALL REQUEST WEEKEND

From 6am until 10pm today and tomorrow the bulk of broadcast programmes have been chosen by listeners. See p111.

6.00am **CHOICE: Flambards** A dramatisation of the first novel in KM Peyton's *Flambards* series. From 1999. See **choice: page 111**

7.30 **The Senses** as 12.30pm

8.00 **No Signposts in the Sea** as 1pm

8.45 **Nightmare** as 7.45pm

9.00 **Petticoat Line** as 8pm

9.30 **Robbing Hood** as 2.30pm

10.00 **The Wow Show** Surreal sketch show

10.30 **Sexton's Tales** as 9.30pm

11.00 **Flambards** as 6am

12.30pm **The Senses** Alex Jennings stars in Bob Sinfield's comedy drama *Taste*

1.00 **No Signposts in the Sea** Dramatisation by Jill Hyem of Vita Sackville-West's 1961 novel. With Ronald Pickup and others. From 1998

1.45 **Nightmare** as 7.45pm

2.00 **Petticoat Line** as 8pm

2.30 **Robbing Hood** Comedy by John Graham and Peter Ling from an idea by Norman Wisdom, who stars with Moira Lister. An old burglar is

11.30 From Our Own Correspondent

Presented by Kate Adie.

12.04pm Money Box

Personal finance. Repeated tomorrow 9pm

Your RT Money: page 136

12.30 The News Quiz

6/10. Topical comedy panel game hosted by Andy Zaltzman, with guests including Neil Delamere and Diona Doherty. Rptd from yesterday. Repeated Monday 11pm Radio 4 Extra

1.00 News

1.10 Any Questions?

Alex Forsyth chairs the political forum from St Matthew's Church in Perth. Repeated from yesterday

2.00 Any Answers?

Phone-in responding to *Any Questions?*

Presented by Anita Anand.

Producers Ed Prendeville and Lowri Rhiannon Morgan

PHONE: 0370 010 0444 Lines open from 12.30pm

EMAIL: any.answers@bbc.co.uk

2.45 The Banksy Story

7/10. A Nightmare on Oxford St. James Peak hears more about Steph's time in Banksy's secret team, including an exhibition on Oxford Street that got her in big trouble. Producer James Peak (R)

3.00 Drama: Turning Point: Southall Uprising

RT Satinder Chohan's drama based on the 1979 peaceful protests held in the diverse west London neighbourhood.

Rami Kiyana	Gavi Singh Chera	Mum/Auntie	Manjinder Virk
Bhupri	Grace Saif	Police officer/Protestor	
Asim	Zainab Hasan	John Lightbody	
Dad/Shera/Uncle Monu	Gurjeet Singh	Police officer/Protestor	
	Ameeth Chana	Tyler Cameron	

Producer Nadia Molinari

4.00 Weekend Woman's Hour

Anita Rani presents a round-up of highlights.

5.00 Saturday PM With Caroline Wyatt.

5.30 Political Thinking with Nick Robinson

4/8. Shadow secretary of state for justice Shabana Mahmood talks to Nick Robinson about her political life. Producer Daniel Kraemer

6.00 Six o'Clock News

6.15 Loose Ends Clive Anderson is joined in Leicester by comedians Stella Graham and Luisa Omelian. Producer Tim Bano Repeated tomorrow 9.30pm

7.00 Profile

An insight into a topical figure from those who know them best.

Repeated tomorrow 5.45am and 5.40pm

7.15 This Cultural Life

7/7. Film director Yorgos Lanthimos – best known for the Oscar-nominated *The Favourite* and *Poor Things* – is John Wilson's guest. His influences include the playwright Sarah Kane and the choreographer Pina Bausch. Producer Edwina Pitman Repeated Monday 2.15pm

offered a job and accommodation, with strings attached. From 1992

3.00 The Wow Show

Surreal sketch show

3.30 **Sexton's Tales** as 9.30pm

4.00 **Pilgrim** By Sebastian Baczkiewicz (2/4)

4.45 **The Strange and the Sinister** William Croft Dickinson's *Let the Dead Bury Their Dead*

5.00 **Flambards** as 6am

6.30 **The Senses** as 12.30pm

7.00 **No Signposts in the Sea** as 1pm

7.45 **Nightmare** By RD Wingfield. A murderer has escaped and may be returning to the scene of his crime, a remote cottage. From 1979

8.00 **Petticoat Line** A 1969 edition of the show involving listeners' letters

8.30 **Robbing Hood** as 2.30pm

9.00 **The Wow Show** Surreal sketch show

9.30 **Sexton's Tales** An episode of Emlyn Harris's 1995 series on six Victorians buried in Highgate Cemetery. With George Cole (1/7)

10.00-12.00 **Comedy Club: Saturday Night Fry** (2/6), at 10.30 I've Never Seen Star Wars (1/6), at 11.00 Vent (5/6), and at 11.30 28 Acts in 28 Minutes (1/3) 12.00 **The Man in Black**

Mark Gatiss narrates Lucy Gough's *The White Hare*

12.30am **Haunted** R Chetwynd-Hayes's 1981 tale *Which One?* 1.00 as 6am 2.30 as 6.30pm

3.00 as 7pm 3.45 as 7.45pm 4.00 as 8pm

4.30 as 8.30pm 5.00 as 9pm 5.30 as 9.30pm

8.00 Archive on 4:

Chemists' Dirty Secrets

For more than a hundred years chemical weapons have terrorised, maimed and killed soldiers and civilians alike. Andrea Sella, professor of chemistry at University College London, examines the motivation of chemists like Dr Fritz Haber, who first encouraged the German military to deploy chlorine gas in the First World War, and of Dr Gerhard Schrader who, in his hunt for an effective pesticide, accidentally discovered a new class of lethal nerve agents for Nazi Germany. Producer Fiona Hill (R)

9.00 Drama: China Towns

4/11. A radical reinterpretation by Shaun McKenna and Lin Coghlan of six novels by Arnold Bennett, following the inhabitants of Burslem and the Five Towns (of Stoke-on-Trent) between 1865 and 1903. Sophia is stranded in Paris, leaving her fate hanging in the balance, while back in Staffordshire, the outspoken and fearless Hilda Lessways is breaking hearts and turning heads.

Ephraim Tellwright	Neil Dudgeon	George Cannon
Edwin	Cameron Percival	Sarah Gailey
Sophia	Alexandra Constantinidi	Dayton
Gerald	Christopher Harper	Florie
Chirac	Charlie Anson	Cassie
Mme Foucault	Caroline Loncq	Elliott
Hilda Lessways	Lucy Doyle	Davis
		Gunnar Caughery
		Clare Corbett
		Don Gilet
		Helen Monks
		Jeanette Percival
		Paul Bown
		Tony Turner

Producer/Director Marion Nancarrow (R)

10.00 News

10.15 Add to Playlist

1/8. Singer Corinne Bailey Rae, tenor Nicky Spence and the London Bulgarian Choir fill the studio as the series returns, with presenters Cerys Matthews, Jeffrey Boakye and two massive pop classics. Repeated from yesterday

11.00 Counterpoint

9/13. Paul Gambaccini chairs the eclectic music quiz, with contestants from Sheffield, Cheshire and Lancashire. Repeated from Monday

11.30 Offstage: Inside the X Factor

3/6. The Biggest Opportunity. Chi Chi Izundu hears tales of long days, press stories, painful teeth whitening, and a sense of nervous anticipation among those who made it to the live shows' shared houses. All episodes available on BBC Sounds. Producers Jo Adnitt, Lucy Burns, Joe Kent and Rob Brown; Editor Clare Fordham

12.00 News and Weather

12.15-12.45am **Testament to Rose** Poet and rapper Testament explores the life of 19th-century mixed-heritage Mancunian poet Robert Rose, finding poems and tantalising clues of a life lived for poetry. Actor Paterson Joseph brings Rose's lyrical verse to life. Repeated from Sunday

1.00 as BBC World Service

BBC World Service

DAB bbc.co.uk/worldserviceradio

Freeview* 710 Freesat 711 Sky 0115 Virgin 906

Programmes may differ online, and on Freesat, Sky, and Virgin

5.00am The Newsroom 5.30 Amazing Sport

Stories: The Black 14: the football players take their protest plans to their coach. Available on BBC Sounds since 5 February (2/4) Sport: page 29 5.50 More or Less 6.00 Weekend 9.00

News 9.05 BBC OS Conversations 9.30 Pick of the World 9.50 Over to You 10.00 News 10.05

Sports Hour 11.00 The Newsroom 11.30 Unspun

World with John Simpson 12.00 News 12.05pm

World Questions: Jonny Dymond hosts a debate from Warsaw on Poland's new government 1.00

Newshour 2.00 Sportsworld 6.00 The Newsroom

6.30 Amazing Sport Stories: The Black 14 6.50

Sporting Witness 7.00 News 7.05 World Book Club: the new boom in feminist fiction in Madrid

8.00 News 8.05 The Arts Hour 9.00 Newshour

10.00 The Newsroom 10.20 Sports News

10.30 Assignment 11.05 Music Life 12.00 News

12.05am BBC OS Conversations 12.30 Amazing

Sport Stories: The Black 14 12.50 Sporting

Witness 1.00 News 1.05 Unexpected Elements

2.00 The Newsroom 2.30 Health Check

3.00 News 3.05 World Questions

4.00 News 4.05 From Our Own Correspondent

4.30 Trending 4.50 Sporting Witness

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive

F'view 705 F'sat 705 Sky 0105 Virgin 905

Sports Extra F'view 706 F'sat 706

Sky 0131 Virgin 908

News and sport bulletin every half-hour

Times vary during live sports coverage

5.00am 5 Live Boxing

6.00 Saturday Breakfast

Presented by Chris Warburton and Eleanor Oldroyd.

9.00 Patrick Kielty

Featuring laughs, guests and the odd football chant.

11.00 Fighting Talk

Panel show with Rick Edwards.

12.00 5 Live Sport

Mark Chapman with sports news, including updates from Manchester City v Everton. He's joined by Alan Shearer, Andy Reid, Alan Hutton and Statman Dave for football discussion, including build-up to today's 3.00pm commentary on Liverpool v Burnley in the Premier League. From 4.45 there's Six Nations commentary on England v Wales from Twickenham, followed at 6.45 by second-half commentary on Nottingham Forest v Newcastle United in the Premier League.

7.30pm 6-0-6

Robbie Savage and Chris Sutton with a football phone-in.

9.00 Stephen Nolan

12.00 Murder They Wrote Podcast featuring Laura Whitmore and Iain Stirling with true crime cases from 1930s Arizona and Blackpool in 1915.

1.00am Lisa McCormick

Calls and features through the night.

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra

F'view 706 F'sat 706 Sky 0131 Virgin 908

2.00pm-4.30 Six Nations

Scotland v France (kick-off 2.15).

5.25-7.30 Premier League

Football Nottingham Forest v

Newcastle United (kick-off 5.30).

Talksport

1053, 1089 MW DAB talksport.co.uk

F'view 723 F'sat 731 Sky 0108 Virgin 927

6.00am GameDay Breakfast

9.00 GameDay Warm Up

11.00 Premier League Football

Man City v Everton (k/o 12.30).

2.30pm GameDay Live

5.30 The GameDay Phone-In

7.30 The Mark Goldbridge Show

9.00 Fight Night 12.00

A Talksport Special 1.00am

Extra Time with Martin Kelner.

Talksport 2

DAB+ talksport.co.uk

12 noon-2.30pm Championship

Football Ipswich Town v West

Bromwich Albion (kick-off 12.30).

2.30-5.00 Premier League

Football Tottenham Hotspur v

Brighton & Hove Albion (k/o 3.00).

6.00-11.00 PGA Tour Golf

Day three of the Phoenix Open.

LBC

97.3 FM (London area) DAB lbc.co.uk

F'view 732 F'sat 734 Sky 0123 Virgin 919

7.00am Matthew Wright 10.00 Matt

Frei 1.00pm Sangita Myska 4.00

Ali Miraj 7.00 Natasha Devon 9.00

The Legal Hour 10.00 Nick Abbot

1.00am Clive Bull 4.00 Debate

Times Radio

DAB thetimes.co.uk/radio

6.00am Chloe Tilley and Calum

Macdonald 10.00 Hugo Rifkind

1.00pm Alexis Conran 4.00 Ayesha

Hazarika 7.00 Times Podcasts 8.00

Stories of Our Times 8.30 Highlights

10.00 Darryl Morris 1.00am Stories

of Our Times 1.30 Highlights

2.00 The Best of Times Radio

SUNDAY Radio

TODAY'S CHOICES



Romance Is Dead: the Rise and Fall (and Rise) of Romantic Comedy

4.00pm Radio 4
Which is your favourite romcom? It's 100 years since the release of *Girl Shy* starring Harold Lloyd (above), when inter-war audiences – as now – felt the need for heartwarming and hopeful entertainment. But the genre can be traced back to Shakespeare's plays, then on through the stories of Jane Austen, long before the golden romcom years of the 1980s and 90s spawned *When Harry Met Sally* and *Four Weddings and a Funeral*, and right up to last year's sweet, streetwise, Bafta-nominated release *Rye Lane*. Romantic comedy is a trope that rarely changes – but how can the classic "boy meets girl" plots evolve to reflect our more diverse society? **CAROLINE MEYER**

Private Passions

12 noon Radio 3
We know a great deal about the culinary career of chef Raymond Blanc, not so much about how important classical music is to him. One of the pieces he chooses today features the late organist Simon Preston. We hear about the most unusual way Preston introduced Blanc to music he knew next to nothing about. (He liked rock 'n' roll!) He also tells us about meeting young Vanessa-Mae in Beijing, a pivotal moment. Blanc also talks vividly throughout about his love of food. Bon appétit! **DAVID MCGILLIVRAY**

THIS WEEK'S HIGHLIGHTS See p111

Desert Island Discs

11.15am Radio 4
Actor Cillian Murphy talks through the soundtrack to his life.

Words and Music

5.30pm Radio 3
On the theme of *Bagpuss*.

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 F'sat 700 Sky 0101 Virgin 901
6.00am Chillout Anthems **7.00** Weekend Breakfast **10.30** Nat O'Leary **1.00pm** Matt and Mollie **4.00** Life Hacks **6.00** Official Chart: First Look **7.00** Chillest Show **9.00** Indie Show **11.00** BBC Introducing **12.00** Future Soul **1.30am** UK R&B Mix **2.00** Decompression Session **3.00** Chill Mix **4.00** Dance **5.00** Arielle Free

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 F'sat 702 Sky 0102 Virgin 902
6.00am Good Morning Sunday
9.00 Steve Wright's Sunday Love Songs Personal dedications.
11.00 The Michael Ball Show With Wanted singer and 2015 *Strictly* co-winner Jay McGuinness – to coincide with his debut novel – and wildlife presenter Ben Fogle ahead of his tour of tales from his adventures around the world.
1.00pm Elaine Paige on Sunday Featuring a Cinema Love Story, a selection of romantic show tunes and movie songs, and a song from the new musical *Cable Street*.
3.00 Sounds of the 70s with Johnnie Walker
5.00 Rob Beckett
7.00 Tony Blackburn's Golden Hour Pop and soul oldies, with LaBelle, Sheena Easton and Arthur Conley.
8.00 The Paul Gambaccini Collection This week's playlist anticipates Valentine's Day with romantic recordings by Chet Baker and Lisa Stansfield. Plus a trio of tracks produced by Sly Stone.
10.00 Radio 2 Unwinds with Angela Griffin
12.00 Phil Williams
3.00am Alternative Sounds of the 90s with Dermot O'Leary A playlist of piano-led 90s classics from Radiohead, Oasis, Ben Folds, Dr Dre and Nick Cave.
4.00 Owain Wyn Evans

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 Freesat 707 Sky 0120 Virgin 909
6.00am Amy Lamé New and old tunes.
8.00 Radcliffe and Maconie
10.00 Gideon Coe
1.00pm John Grant's Finest Hour John Grant sits in for Guy Garvey.
4.00 Iggy Pop Featuring tracks by Snooper, Miles Davis and Lea Bertucci.
6.00 Now Playing @6Music
8.00 Stuart Maconie's Freak Zone
10.00 Lose Yourself with...
12.00 Guy Garvey's Finest Hour (R)
3.00am Jukebox
4.00 BBC Introducing Mixtape
5.00 Nathan Shepherd

Greatest Hits

DAB greatesthitsradio.co.uk
Freeview 716 Regional variations on FM/MW
6.00am Jenny Powell **10.00** Mark Goodier **1.00pm** Simon Mayo: Album Show **4.00** Greatest Hits Superstars **5.00** Smash Hits Years **7.00** Boogie and Arlene **10.00** Andy Crane **1.00am** Music Marathon **4.00** Alex Lester

Boom Radio

DAB+ boomradio.co.uk
7.00am Rod Whiting **10.00** Les Ross **12.00** Vintage Charts **2.00pm** Simon Bates **4.00** Judi Spiers **6.00** Requests with Paul Robey **8.00** The Easy Hour **9.00** Albert Hammond's Choices **10.00** The World of Bill Bingham **12.00** Through the Night

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 Freesat 703 Sky 0103 Virgin 903
News and weather 7.00am, 8.00 and 1.00pm
7.00am Breakfast With Martin Handley.
9.00 Sunday Morning With Sarah Walker.
12.00 Private Passions
Michael Berkeley welcomes chef and restaurateur Raymond Blanc. His music choices include Vivaldi, Verdi and Beethoven and a recording by Leonard Cohen.
1.00pm Radio 3 Lunchtime Concert Monday's recital from Wigmore Hall in London, presented by Hannah French.
François Leleux (oboe/cor anglais), Emmanuel Strosser (piano)
Saint-Saëns Oboe Sonata in D, Op 166
Dutilleul Oboe Sonata
Tsotne Zedginidze Oboe Sonata (first performance)
Bozza Fantaisie pastorale, Op 37
Debussy, arr Silvestrini Rapsodie (R)
2.00 The Early Music Show
Lucie Skeaping celebrates German organist and composer Matthias Weckmann, who died 350 years ago this month in Hamburg.
3.00 Choral Evensong From St Wulfram's Church, Grantham, with the Gesualdo Six. Recorded on 23 January. Introit: The Promised Light of Life (Cheryl Frances-Hoad). Responses: William Smith. Psalm 37. First Lesson: Isaiah 52, vv13 to end; 53, vv1–6. Canticles: Second Service (Orlando Gibbons). Second Lesson: Romans 15, vv14–21. Anthem: When David Heard (Thomas Tomkins). Motet: O Lord Support Us (Henrietta Moran). Hymn: The Race That Long in Darkness Pined (*Dundee*). Voluntary: Prelude and Fugue in A, BWV536 (Bach). Repeated from Wednesday
4.00 Jazz Record Requests Alyn Shipton with jazz requests, including tracks to mark the centenary of saxophonist Sonny Stitt.
5.00 The Listening Service Tom Service explores the connections between music and magic. He's joined by magician and performer Naomi Paxton, who describes what happens when a trick goes wrong. (R) Rptd Friday 4.30pm
5.30 Words and Music
For Love of Bagpuss. An edition to mark tomorrow's 50th anniversary of the TV debut of *Bagpuss*, an animated children's series created by Peter Firmin and Oliver Postgate. The playlist features Sandra Kerr and John Faulkner's score for the series, alongside music by Tchaikovsky, Elgar, Hindemith and Price, and recordings by the Glenn Miller Orchestra and cellist Ailbhe McDonagh. Janet Ellis and Ben Faulks read from works by George Eliot, Roald Dahl, Eleanor Farjeon and Robert Louis Stevenson. See choice: page 111. See also 8pm BBC4 See feature: page 144
6.45 Sunday Feature: American Rhapsody Radio 3 celebrates tomorrow's 100th anniversary of the premiere of Gershwin's *Rhapsody in Blue*. The piece was written just a few weeks ahead of the performance, and in it Gershwin had blended classical

Scala Radio

DAB+ scalarradio.co.uk
7.00am Hannah Cox At **8.00** the Piano Playlist.
10.00 Simon Mayo Classical works and features.
12.00 Yolanda Brown Including picks for children.
3.00pm Jack Pepper Classical favourites.
5.00 The West End Weekend on Scala Radio
6.00 William Orbit on Scala Radio 1/3 William Orbit shares classical music influenced by art and music by other artists and composers linked to the art world. (R)
8.00 Sunday Night Scala Darren Redick presents a Valentine-themed playlist, including Prokofiev's *Romeo and Juliet* and He Zhanhao and Chen Gang's *Butterfly Lovers' Violin Concerto*.
10.00 The Space Soothing and calming music.
1.00am Night Music **5.00 In the Park**

BBC Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 F'sat 709 Sky 0119 Virgin 912
6.00am Old Skool Mix **7.00** R&B Anthems **8.00** Smash Bengali **10.00** Certified Throwbacks **11.00** Gagan Grewal **1.00pm** Dipies Bhamrah **3.00** Nadia Ali **5.00** Kan D Man **7.00** Pritt **9.00** Noreen Khan **11.00** Chill **12.00** Motivation **1.00am** Asian Network News Presents **2.00** Asian Network Celebrates **4.00** Bobby Friction

music and jazz in a way that no American composer had done before. Culture writer Olivia Giovetti returns to her former home, New York, to investigate the legacy of this American masterwork, inviting Jennifer Higdon, Steve Reich, Anthony Davis, Rachel Grimes, Allison Loggins-Hull and Carlos Simon to discuss their creative process and how they might approach a modern-day rhapsody. And Michael Feinstein reveals the fascinating stories behind *Rhapsody in Blue*'s conception. Producer Nick Taylor

7.30 Drama on 3: French like Faiza

Faiza is French, of Algerian descent, and moves to London hoping to reset her life. She has never felt truly accepted in her own country and arrives in Britain eager to escape a sense of exclusion she believes unique to France. When she meets Mehdi, a British Pakistani, Faiza discovers that Britain is far from the land of butterflies and rainbows she imagined. Written by Ilana Navaro, with Sudha Bhuchar and Nicolas Jackson.

Faiza	Laila Alj	Echo	Liz Sutherland-Lim
Mehdi	Navin Chowdhry	Altif	Danny Ashok
Elsa	Jade Matthew	Sabrina	Adélia Esteve Richard
Affrine	Sophie Khan Levy	Elias	Djan Miské Navaro
Deepika	Hussina Raja	Salma/Adèle	Fatima Adoum
Prema	Sudha Bhuchar	Nico	Yves Heck
Paul	Will Howard		
	Producer Nicolas Jackson (R)		

9.05 Record Review Extra

Hannah French expands on yesterday's show, with more from Stravinsky's *The Soldier's Tale*.

11.00 The Colours in Sound, with Caroline Shaw 2/3. Inner Space and Outer Worlds.

Composer Caroline Shaw takes listeners on a journey through orchestration, tonight looking at the concept of "space" in music. The idea is that through choosing different instruments or tone colours composers can evoke a sense of closeness in physical space – and also a great sense of cosmic vastness and of wonder. Music featured includes pieces by Mahler, Sibelius, Hildegard and Holst. Producer James Taylor

12.00 Classical Fix

Linton Stephens creates a bespoke playlist for a guest.

12.30am Through the Night With Catriona Young.

Magi Symphony Saint-Saëns Cello Concerto No 1 in A minor; The Swan (Carnival of the Animals) Rachmaninov Symphony No 1 in D minor Indrek Leivategija (cello), Estonian National SO, conductor Andres Kaljuste
1.50 Chopin Andante spianato et grande polonaise brillante in E flat, Op 22 **2.05 Brahms Trio in A minor, Op 114** **2.31 Zelenka Requiem Mass in D** **3.15 Moscheles Grosse sonate, Op 41** **3.43 Trad, arr Hurst Ten Thousand Miles Away** **3.49 Schubert String Trio in B flat, D471** **3.58 Sibelius Finlandia, Op 26** **4.06 Mackeben Schläfe, mein Geliebter!** **4.11 A Scarlatti Toccata in A minor** **4.14 Rachmaninov Vocalise, Op 34 No 14** **4.21 Aber Quartetto II** **4.31 Haydn Overture: L'isola disabitata** **4.39 Allegri Primo ballo della notte d'amore and Sinfonica (Spirito del ciel)** **4.49 Chopin Scherzo in B flat minor, Op 31** **4.58 Pergolesi Violin Sonata in G** **5.06 WF Bach Three Polonaises (Twelve Polonaises, F12)** **5.16 Groneman Concerto in G for solo flute, two flutes, viola and basso continuo** **5.24 Geijer Sonata in F minor for piano, four hands** **5.45 Mozart Serenade in C minor, K388** **6.07 Beethoven Piano Trio in B flat, Op 11 (Gassenhauer-Trio)** Revised repeat

Classic FM

99.9–101.9 FM DAB+ classicfm.com
Freeview 731 Freesat 721 Sky 0106 Virgin 922
7.00am Classic FM's More Music Breakfast Tim Lihoreau with music and features, including after **8.00 Play It Forward** and at **9.00 the Hall of Fame Hour**.
10.00 Aled Jones With a Choral Classic at **10.00**.
1.00pm Joanna Gosling Music and features, including after **1.00 Sunday Symphony** – this week exploring Berlioz's *Symphonie fantastique* – and at **2.00 Stop the Clock**, featuring Vaughan Williams's *Fantasia on a Theme by Thomas Tallis*. Plus **Hall of Fame 3 at 3**.
4.00 CHOICE: Stephen Mangan The comedian and actor shares his passion for classical music, today featuring a recording of Liszt's *Hungarian Rhapsody No 2 in C sharp minor*. See feature: page 110.
7.00 Relaxing Evenings With Zeb Soanes.
10.00 Calm Classics With Ritula Shah.
1.00am Bill Overton **4.00 Sam Pittis**

Absolute Radio

DAB absoluteradio.co.uk Freeview 727
8.00am Jason Manford **11.00** Sarah Champion **2.00pm** Rock 'n' Roll Football: with Jay Lawrence **6.00** Request Show: with Dan Noble **8.00** Sunday Night Music Club **10.00** The Skin Show **12.00** Dan Noble



BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)
News 5.30am, 6.00 and hourly to 9.00;
 12 noon then hourly to 12 midnight
Weather 6.57am, 7.57, 12.57pm, 5.57, 9.59, 12.15am
Shipping Forecasts 5.20am, 12.01pm (LW),
 5.54pm, 12.48am
5.30am News Briefing
5.43 Bells on Sunday
 From St Mary's in Bridgwater, Somerset.
5.45 Profile Repeated from 7pm
6.00 News Summary
6.05 Something Understood
2/2. 99 Words. Liz Gray continues her
 quest to discover what people would say if
 they only had enough breath for 99 words,
 introducing contributions from, among
 others, artist Keith Critchlow, human rights
 campaigner Helen Bamber, writer Russell
 Hoban and film-maker Sally Potter.
 Producer Alan Hall (R)
6.35 On Your Farm
5/8. Verity Sharp meets brothers Robert
 and John-James Savage Onstwedder at the
 Ceredigion farm where they've branched
 out from traditional cheese-making into
 organic spirits. Producer Verity Sharp
7.00 News; Sunday Papers
7.10 Sunday Religious and ethical issues.
7.54 The Radio 4 Appeal
 Alexander Armstrong makes an appeal on
 behalf of Future Talent.
 Producer Katy Takatsuki Rptd 9.25pm and Thu 3.27pm
 Donations: Freepost BBC Radio 4 Appeal, marked Future
 Talent on the back of the envelope; Credit/debit cards:
 Freephone 0800 404 8144; online via the Radio 4 website
8.00 News; Sunday Papers
8.10 Sunday Worship
 Rachel Gardner and Dr Krish Kandiah OBE
 discuss matters of identity and love raised by
 the blockbuster film *Barbie* in advance of
 Valentine's Day, and reflect on parallels
 between the film and biblical themes. With
 hymns, worship songs and the award-
 winning *Barbie* music, along with readings
 from 1 Corinthians 13 and Psalm 139.
8.48 A Point of View Repeated from Friday
8.58 Tweet of the Day
 The great black-backed gull. (R)
9.00 Broadcasting House
 Presented by Paddy O'Connell.
10.00 The Archers Omnibus edition.
11.15 Desert Island Discs
 Actor Cillian Murphy, star of *Peaky*
Blinders and *Oppenheimer*, is Lauren
 Laverne's castaway. **See choice, page 111.**
 Producer Paula McGinley Repeated Friday 9am
12.04pm Just a Minute
5/6. Sue Perkins chairs as Paul Merton,
 Eshaan Akbar, Lucy Porter and Angela Barnes
 do battle. Repeated from Monday
 Repeated tomorrow 10pm Radio 4 Extra

2.00 Gardeners' Question Time
 Peter Gibbs chairs in Pewsey, Wiltshire, with a
 panel of Pippa Greenwood, Anne Swithinbank
 and Chris Beardshaw. Repeated from Friday
2.45 Short Works
She Named Us, a story by Matthew McDevitt.
 A musician looks back at the band he left weeks
 before they hit the big time. Read by Nigel
 O'Neill. Producer Michael Shannon; Editor Andy Martin (R)
3.00 Drama: The Medici – the Inheritors
3/3. Blood on the Streets. By Mike Walker.
 Catherine de Medici is now Queen of France,
 and has secured her position by producing an
 heir. But religious conflict between Protestants
 and Catholics is on the rise across Europe,
 and when the king dies, it is left to Catherine
 to try to hold a nation together.
 Catherine de Medici Catrin Aaron Isabelle
 Silvestri Julian Lewis Jones Coligny
 Diane de Poitiers Juliette Aubrey Le Conde
 King Henri III Arthur Hughes Margot
 Guise Joel MacCormack Cardinal Guise
 Nurse Heather Craney Tom Mumford
 Director John Norton
4.00 Open Book
 Ahead of Valentine's Day, Johnny Pitts
 explores the explosion of "romantasy"
 fiction, talking to Madeline Grey about her
 funny and dark novel *Green Dot*. Plus Freya
 North sharing her "book I'd never lend".
 Producer Kirsten Locke Repeated Thursday 3.30pm
4.30 Romance Is Dead: the Rise and Fall
(and Rise) of the Romantic Comedy
 Corin Throsby looks back over 100
 years of romantic comedy in movies.
 With contributions from writer Scott Meslow,
 Hollywood screenwriter Tiffany Paulsen, Tim
 Bevan, CEO of Working Title, and Nathan
 Byron and Tom Melia, writers of Bafta-
 nominated *Rye Lane*. Producer Belinda Naylor

5.00 File on 4
A Plan to Kill: the Murder of Brianna Ghey
 Katie Barnfield investigates what motivated
 two teenagers to lure Brianna Ghey to her
 death. Repeated from Tuesday
5.40 Profile Repeated from yesterday 7pm
6.00 Six o'Clock News
6.15 Pick of the Week
 With Jon Holmes. Producer Elizabeth Foster
7.00 The Archers
 Fallon has a suggestion for Alice, and
 David lends a hand. **See choice: p111.**
 For cast see Friday Repeated tomorrow 2pm
7.15 United Thingdom
 Sketches reflecting modern life in today's UK,
 recorded before a live audience in Glasgow.
 Performed by a collection of comedians from
 the Scotland, Wales, Northern Ireland and
 England: Diona Doherty, Paul G Raymond,
 Tudor Owen, Lana Pheutan and Karen Bartke.
 Repeated Friday 10pm on Radio 4 Extra
7.45 The Song Thief
New series. 1/5. By Colin Carberry. A
 songwriter travels across Ireland to find the
 woman who started his career. After recording
 her singing years before, Harry stole her
 song and shared it with the world to make his
 fortune. Now penniless and on the run from
 the violent Shanks family, Harry must return
 to Ireland. Read by Aibhéal McCann.
 Producer Michael Shannon; Editor Andy Martin
8.00 More or Less
5/8. Tim Harford presents the programme
 that interrogates and debunks topical
 numbers and statistics. Rptd from Wednesday
8.30 Last Word
 Matthew Bannister profiles the lives of the
 recently deceased. Repeated from Friday
9.00 Money Box Repeated from yesterday 12.04pm
9.25 The Radio 4 Appeal Rptd from 7.54am
9.30 Loose Ends Repeated from yesterday 6.15pm
10.00 The Westminster Hour
11.00 The Moral Maze
4/8. Michael Buerk is joined by Giles Fraser,
 Sonia Sodha, Ash Sarkar and Tim Stanley for a
 debate on a moral issue. Rptd from Wednesday
12.00 News and Weather
12.15–12.45am Thinking Allowed
6/7. Capitalism. Do people across the world
 regard capitalism positively or negatively?
 Laurie Taylor talks to Michael Sonenscher,
 Fellow of King's College, Cambridge, about the
 evolution of a word first coined in France in
 the early 19th century. They're joined by the
 German sociologist and historian Rainer
 Zitelman whose latest study examines the
 largest survey of attitudes towards capitalism.
 Why is Great Britain – the motherland of this
 economic system – so critical of it?
 Repeated from Wednesday
1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0126 **Virgin** 910
ALL REQUEST WEEKEND
 4 Extra continues a showcase of listeners' picks,
 broadcast between 6am and 10pm
6.00am Poetry Extra as 5pm
6.30 A Day in the Life of Radio 4 as 5.30pm
7.15 One Friday Not a Million Miles Past
7.50 Inheritance Tracks With Ade Edmondson
8.00 A Far Cry from Brazil as 1pm
9.00 The Law Game as 2pm
9.30 Sam and Janet as 8.30pm
10.00 The Canteen Ladies as 9pm
10.45 One Man and His Bog as 9.45pm
11.00 Poetry Extra as 5pm
11.30 A Day in the Life of Radio 4 as 5.30pm
12.15pm One Friday Not a Million Miles Past
 Drama by Richard Hayton, about a man who loses
 his girl and his job. Narrated by John Duttine and
 starring Ian Tarrant and others. From 1988
12.50 Inheritance Tracks With Ade Edmondson
1.00 A Far Cry from Brazil Footballing drama
 written by Robert East. From 1993
2.00 The Law Game A 1988 episode of the
 series in which Shaw Taylor invites guests to
 give their verdicts on some intriguing law cases
2.30 Sam and Janet as 8.30pm

3.00 The Canteen Ladies as 9pm
3.45 One Man and His Bog as 9.45pm
4.00 The Man in Black Mark Gatiss introduces
 Lucy Gough's chilling 2009 tale *The White Hare*,
 with Tom Goodman-Hill, Janice Acquah and others
4.30 Haunted A dramatisation of R Chetwynd-
 Hayes's 1981 tale *Which One?* From 1984
5.00 Poetry Extra With Daljit Nagra. Recorded
 in 1981 at the Theatre Royal during the Bath Festival
5.30 A Day in the Life of Radio 4 A 1983
 programme by Russell Davies. With Chris Emmett,
 Sally Grace, Sheila Steafel and Eugene Fraser
6.15 One Friday Not a Million Miles Past
6.50 Inheritance Tracks With Ade Edmondson
6.55 A Far Cry from Brazil as 1pm
8.00 The Law Game as 2pm
8.30 Sam and Janet By David Cumming.
 With David Kossoff and Joan Sims. From 1966
9.00 The Canteen Ladies Documentary on the
 women of a supermarket staff canteen. From 1994
9.45 One Man and His Bog A walk on the
 Pennine Way. Read by David Roper. From 1984
10.00–12.00 Comedy Club: The Confessional
(6/10), 10.30 Unnatural Acts, 11.00 The Hudson
and Peppermint Show (5/5), 11.30 Edge Falls (1/6)
12.00 as 5pm **12.30am** as 5.30pm **1.15** as
 6.15pm **1.50** as 6.50pm **1.55** as 6.55pm **3.00**
 as 2pm **3.30** as 8.30pm **4.00** as 9pm **4.45** as
 9.45pm **5.00 The Brothers Karamazov (1/5)**

BBC World Service
DAB bbc.co.uk/worldserviceradio
Freeview 710 **Freesat** 711 **Sky** 0115 **Virgin** 906
 Programmes may differ online, and on Freesat, Sky, and Virgin
5.00am The Newsroom **5.30** The Documentary
6.00 Weekend **9.00** News **9.05** From Our Own
 Correspondent **9.30** The Documentary **10.00**
 News **10.05** Music Life **11.00** The Newsroom **11.30**
 Trending: a survivor of a mass shooting meets a
 conspiracy theorist. Revised rpt from *Why Do*
You Hate Me? last Wednesday Radio 4 **11.50**
 More or Less **12.00** News **12.05pm** World Book
 Club: Madrid **1.00** Newshour **2.00** News **2.05**
 Music Life: with Joel Shadbolt, Dallas Tamaira,
 Anna Coddington and Allen Stone **3.00** News
3.05 Sportsworld **7.00** The Newsroom **7.30**
 Unspun World **8.00** News **8.05** Unexpected
 Elements **9.00** Newshour **10.00** The Newsroom
10.20 Sports News **10.30** The Documentary:
 Eight Numbers to Understand China: Celia Hatton
 sheds light on China **11.00** The Climate Question:
 why countries want to triple nuclear power **11.30**
 Pick of the World **11.50** Over to You **12.00** News
12.05am From Our Own Correspondent **12.30**
 Trending **12.50** More or Less **1.00** The Newsroom
1.30 Happy News **2.00** The Newsroom **2.30**
 Crowd Science **3.00** News **3.05** People Fixing the
 World **3.30** Pick of the World **3.50** Over to You
4.00 The Newsroom **4.30** The Conversation

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706
Sky 0131 **Virgin** 908
News and sport bulletin every half-hour
 Times vary during live sports coverage
5.00am Newscast
 With Adam Fleming and friends.
6.00 5 Live Science Dr Chris Smith
 and the team with science issues.
7.00 Sunday Breakfast With Chris
 Warburton and Eleanor Oldroyd.
10.00 Colin Murray
 Topical and sports show.
12.00 5 Live Sport
 Steve Crossman is joined by
 Nedum Ounoha, Julien Laurens
 and Ellen White for build-up to
 today's **2.00pm** commentary on
 West Ham United v Arsenal in the
 Premier League. Plus at **4.30**
 commentary on Aston Villa v
 Manchester United.
6.30 6-0-6
 Football phone-in with Robbie
 Savage and Chris Sutton.
8.00 Connie McLaughlin
 Sitting in for Gordon Smart.
 Psychotherapist Owen O'Kane
 counsels listeners over their fears.
11.00 5 Live NFL
 Commentary on Super Bowl LVIII
 with Kansas City Chiefs playing
 San Francisco 49ers at the
 Allegiant Stadium in Las Vegas
 (kick-off 11.30). **Sport: page 29**
3.30am Dotun Adebayo

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra
F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908
8.00am–12 noon International
T20 Cricket Australia v West
 Indies, the second T20 in Adelaide.
2.55pm–5.00 Six Nations
 Commentary on Ireland v Italy at
 Aviva Stadium (kick-off 3.00).

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927
6.00am Sports Breakfast
9.00 Sunday Edition
11.00 The Warm Up
1.30pm The Sunday Session
6.30 Final Word
8.30 Trans Europe Express
10.30 Super Bowl LVIII Kansas
 City Chiefs v San Francisco 49ers
 (kick-off 11.30). **Sport: p29**
4.00am A Talksport Special
5.00 Early Breakfast

Talksport 2

DAB+ talksport.co.uk
11.45am–2.00pm Championship
Football Commentary on Coventry
 City v Millwall (kick-off 12.00).
6.00am–12 noon Test Cricket
 Day three of the Second Test
 between India and England.
6.00–11.00 PGA Tour Golf
 Day four of the Phoenix Open.

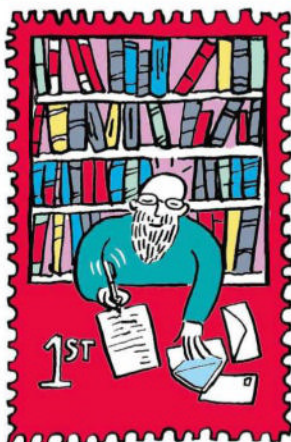
LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0123 **Virgin** 919
7.00am Matthew Wright **10.00** David
 Lammy **1.00pm** Sangita Myska
4.00 Carol Vorderman **7.00** Rachel
 Johnson **10.00** Nick Abbot **1.00am**
 Richard Spurr **4.00** Ian Payne

Times Radio

DAB thetimes.co.uk/radio
6.00am Chloe Tilley and Calum
 Macdonald **10.00** Kate McCann
 and Adam Boulton **1.00pm** Alexis
 Conran **4.00** Ayesha Hazarika
7.00 Best of Times Podcasts **8.00**
 Stories of Our Times **8.30** Highlights
10.00 Darryl Morris **1.00am**
 Stories of Our Times **1.30** Highlights
2.00 The Best of Times Radio

TODAY'S CHOICES



The Essay: Letters to the Overrated and the Underrated

10.45pm **Radio 3**

When *The Essay* fancies a spot of irreverence it has an excellent go-to contributor in Ian Sansom. Back in 2020 the writer and critic gave us his less than solemn *Letters to Artists* ("Dear Caravaggio, you're the sort of man who might know: what is wrong with us?"); now the japey is literary. It's all about the bathos. Writing to her from his sick bed, Sansom seeks common ground with the famously illness-prone Katherine Mansfield. Sansom feels an affinity with Joseph Conrad because they both have beards. He's travelling aboard a rail replacement bus service for this letter, sympathising with Conrad for the way that his writing has fallen out of favour and that people these days "don't so much read *Heart of Darkness* as have opinions about it". Clarice Lispector, Octavia Butler and John le Carré are the other writers Sansom has fun with, and it's all very droll. **SIMON O'HAGAN**

The Gift

4.00pm **Radio 4**

In a special episode of the series about the life-changing consequences of taking an at-home DNA test, Jenny Kleeman investigates the vast hack of DNA testing company 23andMe. Nothing unusual about cybertheft these days, but this incident took place on 6 October last year, the day before the attack on Israel, and included the location and ancestry details of Ashkenazi Jews globally, including Kleeman's family. Could it be a racially motivated attack? Or is there an ominous example of the real-life risk of allowing genetic data to become a corporate asset? **JEREMY ASPINALL**

BBC Radio 1

97.6-99.8 FM DAB bbc.co.uk/radio1
F'view* 700 F'sat 700 Sky 0101 Virgin 901
7.00am Greg James **10.30** Rickie, Melvin and Charlie **1.00pm** Dean and Vicky **3.30** Vick and Jordan **6.00** Future Sounds **7.00** Hottest Records of the Week **8.00** Future Artists **10.00** Power Down Playlist **11.00** Daniel P Carter **1.00am** BBC Introducing Rock **2.00** Future Alternative **3.00** Relax in Love **4.00** Dance **5.00** Arielle Free

BBC Radio 2

88-90.2 FM DAB bbc.co.uk/radio2
F'view* 702 F'sat 702 Sky 0102 Virgin 902
6.30am Nicki Chapman
Nicki Chapman sits in for Zoe Ball.
9.30 Vernon Kay
Vernon continues a month of **Piano Room** performances featuring top artists together with the BBC Concert Orchestra, live from the BBC's Maida Vale Studios in London. Each performs a new song, a signature song and a cover, today with Texas. Plus at **10.30** the pop quiz **Ten to the Top** and at **11.10** throughout the week **Tracks of My Years**, featuring ten of the favourite records of chef Tom Kerridge who today talks about his first two picks.
12.00 Jeremy Vine
2.00pm Scott Mills
4.00 Sara Cox
7.00 Jo Whiley
9.00 The Blues Show with Cerys Matthews
Cerys is joined by veteran Fame Records songwriter Dan Penn.
10.00 Trevor Nelson's Rhythm Nation
12.00 Phil Williams
Phil Williams sits in for OJ Borg
3.00am Pick of the Pops **1/2** Hits from 1978. (R) See tomorrow
4.00 Owain Wyn Evans

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 Freesat 707 Sky 0120 Virgin 909
7.30am Deb Grant
Sitting in for Lauren Laverne all week
10.30 Mary Anne Hobbs
1.00pm Craig Charles
4.00 Steve Lamacq's Teatime Session
Idles perform material from their new album *Tangk*.
7.00 New Music Fix Daily
9.00 Riley and Coe
With alt-rock band Imperial Wax live in session.
11.00 6 Music Artist in Residence **1/4**. With hip-hop trio Young Fathers.
12.00 The National: Their Albums in Their Words
Kicking off five hours devoted to US indie rock quintet the National, the band's members pick tracks and share stories from each of their ten albums.
1.00am The National at the BBC
2.00 The National Live
4.00 The National Playlist
5.00 Nathan Shepherd

Greatest Hits

DAB greatesthitsradio.co.uk
Freeview 716 Regional variations on FM/MW
6.00am Rossie **10.00** Ken Bruce
1.00pm Debbie Mac **4.00** The Simon Mayo Drivetime Show **7.00** Jackie Brambles **10.00** Andy Crane **1.00am** Music Marathon **4.00** Alex Lester

Boom Radio

DAB+ boomradio.co.uk
6.00am Andy Marriott **7.30** Graham Dene **10.00** David Lloyd **12.00** David Hamilton **2.00pm** Roger Day **4.00** Nicky Horne **6.00** Jane Markham **8.00** The Easy Hour **9.00** David Hamilton **10.00** Diana Luke **12.00** Derek Webster **2.00am** Through the Night

BBC Radio 3

90.2-92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 Freesat 703 Sky 0103 Virgin 903
News and weather Half-hourly 6.30-8.00am, 1.00pm, 6.00
6.30am Breakfast With Petroc Trelawny.
9.00 Essential Classics With Tom McKinney.
12.00 Composer of the Week: Karl Jenkins **1/5**. In the Beginning. Donald Macleod talks to Welsh-born composer Karl Jenkins, who is 80 on Saturday, about his life and music.
Benedictus Polyphony, conductor Stephen Layton
In the Beginning (One World) World Choir and Orchestra for Peace, conducted by the composer
Let's Go (The Tower of Babel) (One World) World Choir and Orchestra for Peace, Stay at Home Choir, conducted by the composer
Yet, Here I Am (One World) World Choir and Orchestra for Peace, conducted by the composer.
Dance (Saraziz) Marat Bisenaliev (violin), LSO, conducted by the composer
Incantation; Vidi Jesum in tormentis; Paradisi gloria (Stabat mater) Jurgita Adamonyte (mezzo), Jody K Jenkins (percussion), Belinda Sykes (vocals and mey), Royal Liverpool Philharmonic Choir and Orchestra, conducted by the composer; EMO Ensemble, conductor Pasi Hyokki
Tikkun olam (One World) Kathryn Rudge (mezzo), Krzysztof Wisniewski (violin), Valentino Worlitzsch (cello)
RT OFFER Karl Jenkins *The Armed Man: a Mass for Peace* - featuring soloists and the London Philharmonic Orchestra, and the National Youth Choir of Great Britain conducted by the composer - is available for £12.95 incl p&p. Call 0115 982 7500 quoting ref 4817826 or visit radiotimes.com/cds
1.00pm Radio 3 Lunchtime Concert
From Wigmore Hall in London, Andrew McGreggor introduces bass-baritone Ashley Riches and pianist Joseph Middleton in a recital celebrating the art of storytelling.
Schubert *Erk König, D328; Der König in Thule, D367*
Wolf *Die Geister am Mummelsee (Mörke Lieder)*
Liszt *Die Loreley, S273*
C Loewe *Der Zauberlehrling, Op 20 No 2*
Saint-Saëns *Le pas d'armes du roi Jean*
Hahn *Trois jours de vendange*
Debussy *Ballade des femmes de Paris (Trois ballades de François Villon)*
Warlock *Yarmouth Fair*
Trad, arr *Quilter* *Barbara Allen*
Britten *Little Sir William*
Barber *Solitary Hotel (Despite and Still, Op 41)*
William Bolcom *Song of Black Max* Rptd Sunday 1pm
2.00 Afternoon Concert With Ian Skelly.
Including a week-long spotlight on the Prague RSO.
Rossini *Overture: The Barber of Seville*
BBC Philharmonic, conductor Ben Gernon
Suk *Piano Quintet, Op 8 (2nd mvt)* Nash Ensemble
Gershwin *Piano Concerto (3rd mvt)* Kirill Gerstein (piano), St Louis SO, conductor David Robertson
Mozart *Horn Concerto No 4 in E flat, K495*
Anthony Halstead (horn), Academy of Ancient Music, conductor Christopher Hogwood
Schumann *Arabeske* Andras Schiff (piano)
3.00 Dvorak *Czech Suite* Prague Radio Symphony Orchestra, conductor Fedor Rudin

Scala Radio

DAB+ scalarradio.co.uk
7.00am Charles Nove
Music, a light look at the newspapers and features including **Questions of the Day** and, from **9.00**, **Screen Time**, featuring an hour of music from films, TV shows, adverts and video games.
10.00 Penny Smith
Including the **Scala Album of the Week** and, after **11.00**, this week's **Listener in Residence**, who shares favourite recordings daily.
1.00pm Sam Hughes
With popular classical works, new discoveries and rediscoveries.
4.00 Richard Allinson
With **Classical Bangers** at **5.30**.
7.00 Mark Forrest
Music and features, including new classical releases and the **Peaceful Piano** playlist at **9.00**.
10.00 The Space
Soothing and calming music.
1.00am Night Music **5.00** In the Park

BBC Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 F'sat 709 Sky 0119 Virgin 912
6.00am The Everyday Hustle **7.00** Nikita Kanda
10.00 Certified **11.00** Haroon Rashid **2.00pm** Certified Throwbacks **3.00** Ankur Desai **6.00** Bobby Friction **8.00** Motivation **10.00** Asian Network Chill
11.00 News Presents **12.00** Shades On Mix **1.00am** Bobby Friction **3.00** R&B Anthems **4.00** Noreen Khan

Vivaldi *Se lo crede Bireno: Amore ai rai del sole (Orlando furioso)* Lucia Cirillo (soprano), Frankfurt Radio Symphony Orchestra, conductor Diego Fasolis
Haydn *Symphony No 49 in F minor (Passione)* Württemberg CO, conductor Anna Handler
Bach *Partita No 1 in B flat, BWV825* Andras Schiff (piano)

4.30 New Generation Artists

Mozart *String Quartet No 4 in C, K157* Leonkoro Quartet
Brahms *Dein blaues Auge hält so still, Op 59 No 8*
Schubert *Der Tod und das Mädchen, D531* Niamh O'Sullivan (mezzo), Gary Beecher (piano)
Vladimir Kobekin *Ariadne's Lament (Variations on a Theme by Claudio Monteverdi)* Anastasia Kobekina (cello)

5.00 In Tune

Sean Rafferty with news from the classical world, music and studio guests, today featuring soprano Natalya Romaniw and pianist Belle Chen.

7.00 Classical Mixtape

An inspired playlist.
7.30 Radio 3 in Concert
In a concert from December in Frankfurt, Fiona Talkington introduces the Frankfurt RSO in Elgar's *Enigma Variations* and a work by pianist and composer Fazil Say.
Gabor Boldoczki and Sergei Nakariakov (trumpets), Fazil Say (piano), Frankfurt Radio Symphony Orchestra, director Alain Altinoglu (piano)
Bach *Concerto in C minor for two keyboards, BWV1062*

Fazil Say *Concerto for two trumpets*
Bach, *orch* *Elgar* *Fantasy and Fugue in C minor, BWV537*

Elgar *Variations on an Original Theme (Enigma)*

10.00 Music Matters Repeated from Saturday 11.45am

10.45 The Essay: Letters to the Overrated and the Underrated

RT **1/5. Dear Katherine Mansfield...**
Ian Sansom imagines he's writing to figures from literary history whom he believes to have been either overpraised or unfairly discounted. He begins his correspondences with New Zealand-born modernist author Katherine Mansfield (1888-1923). Producer Conor Garrett

11.00 Night Tracks With Sara Mohr-Pietsch.

12.30am Through the Night

With Danielle Jalowiecka. **Beethoven** *Bagatelles, Op 119 (excerpts); Piano Sonata in E, Op 109; Diabelli Variations, Op 120* Richard Goode (piano) **1.46** Jordi Cervello *Etüden nach Kreutzer* **2.02** Ravel *Ma Mère l'Oye* **2.31** Panufnik *String Quartet No 1* **2.51** Melartin, arr Jalas *Suite: Marionettes, Op 1* **3.08** Handel *The Alchemist, HWV43* **3.25** Shostakovich *Five Works for two violins and piano (arr Atovmyan/Zurich for flute, bassoon and harp)* **3.36** Mozart *Twelve Variations on Ah, vous dirai-je, Maman, K265* **3.47** Walton *Orb and Sceptre* **3.55** Vivaldi *Recorder Concerto in C, RV444* **4.05** Barber *Agnus Dei* **4.14** Piazzolla *Histoire du tango* **4.31** Bosmans *Verses from Maria Lecina* **4.44** Merikanto *Scherzo* **4.55** Cesti *Qual profondo letargo (Oroneta)* **5.03** Rontgen *Theme and Variations, Op 17* **5.14** K Förster *Ah peccatores graves* **5.22** Debussy *Prélude à l'après-midi d'un faune* **5.33** Brahms *Schicksalslied, Op 54* **5.51** Bach *Partita No 3 in A minor, BWV 827* **6.09** Ibert *Flute Concerto*

Classic FM

99.9-101.9 FM DAB+ classicfm.com

Freeview 731 Freesat 721 Sky 0106 Virgin 922

6.30am Classic FM Breakfast Aled Jones sits in for Dan Walker with music and features, including at

9.00 the Classic FM Hall of Fame Hour.

10.00 Alexander Armstrong
Classical favourites and features, including at **10.30** Alexander

Armstrong's Famous Five quiz, followed at **11.00** by Classic FM's Album of the Week.

1.00pm Anne-Marie Minhall
With an hour of requests from **1.00** and, at **3.00**, **Hall of Fame 3** at **3**, with three works from the current Classic Hall of Fame Top 300.

Text requests on 61812 or via the website at ClassicFM.com

4.00 Margherita Taylor
Classic FM favourites.

7.00 Relaxing Evenings
Zeb Soanes with three hours of potentially calming classical music.

10.00 Calm Classics
With Ritula Shah.

1.00am Bill Overton **4.00** Sam Pitts

Absolute Radio

DAB absoluteradio.co.uk Freeview 727

6.00am Dave Berry **10.00** Leona Graham **1.00pm** Emil Franchi **4.00** Bush and Richie **7.00** Danielle

Perry: old and new mainstream and indie rock and pop **10.00** Jay Lawrence **1.00am** Dan Noble



BBC Radio 4

92.4-94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)
News 5.30am, 6.00 and hourly to 12 midnight
Weather 5.56am, 6.07, 6.57, 7.57, 12.57pm, 5.57, 9.59, 12.30am
Shipping Forecasts 5.20am, 12.01pm (LW), 5.54pm (LW), 12.48am
5.30am News Briefing
5.43 Prayer for the Day With Eleanor Jeans.
5.45 Farming Today Rural affairs.
5.58 Tweet of the Day The pied butcherbird. (R)
6.00 Today
 Presented by Mishal Husain and Justin Webb.
6.25, 7.25, 8.25 Sports News
7.48 Thought for the Day
 With the Rev Professor David Wilkinson.
9.00 Start the Week
Global Influences. Historian Josephine Quinn, curator Richard Abdy and writer Christopher Harding explore global influences travelling east and west, from the ancient world to today. With Kirsty Wark. Producer Katy Hickman Shortened repeat 9.30pm
9.45 FM Book of the Week: Fire Weather 1/5. John Vaillant's non-fiction book explores the past and future of the ever-hotter, more flammable world using a devastating wildfire at the hub of Canada's oil industry as an example to explore the intertwined histories of the oil industry and climate science, the unprecedented devastation wrought by modern wildfires, and the lives forever changed by these disasters. Abridged by Polly Coles and read by Kerry Shale. Producer Clive Brill Repeated 12.30am
9.45 LW Daily Service
 Led by Steven Benson. Matthew 4, vv1-11. Forty Days and Forty Nights, sung by the Choir of Chichester Cathedral; Lead Us, Heavenly Father, Lead Us, performed by Geraldine Latty; Guide Me O Thou Great Redeemer, sung by the Daily Service Singers.
10.00 Woman's Hour
 Presented by Emma Barnett. Editor Karen Dalziel
11.00 The Gatekeepers
2/8. Blitzscaling. From the rubble of the dotcom crash, an ambitious young Harvard student sets up an exciting new website. Mark Zuckerberg's Facebook is an instant success on college campuses. Soon it's attracts the attention of one of Silicon Valley's most controversial venture capitalists. Jamie Bartlett tells the story. Producer Caitlin Smith
11.30 The Bottom Line
4/8. Feedback. The annual appraisal - that brief meeting into which a whole 12 months' of work is condensed, upon which pay rises, bonuses, even jobs depend. Is it really the best way of measuring an employee's performance? Evan Davis and guests discuss feedback in the workplace. Repeated from Thursday

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 Sky 0126 **Virgin** 910
6.00am Down Payment on Death as 4pm
6.30 Colvil and Soames Political thriller (3/6)
7.00 Letters from Tove as 5pm
7.15 Dombey and Son By Charles Dickens (16/20)
7.30 Welcome to Our Village, Please Invade Carefully 2014 sitcom about an alien invasion
8.00 Steptoe and Son Vintage sitcom
8.30 The Wordsmiths at Gorsemere (3/6)
9.00 Wordaholics Comedy panel show (3/6)
9.30 Sneakiepeeks as 7.30pm
10.00 The Brothers Karamazov as 3pm
11.00 Down Payment on Death as 4pm
11.30 Colvil and Soames Political thriller (3/6)
12.00 Letters from Tove as 5pm
12.15pm Dombey and Son By Charles Dickens
12.30 Welcome to Our Village, Please Invade Carefully 2014 sitcom about an alien invasion
1.00 Steptoe and Son Vintage sitcom
1.30 The Wordsmiths at Gorsemere (3/6)
2.00 Wordaholics Comedy panel show (3/6)
2.30 Sneakiepeeks as 7.30pm
3.00 The Brothers Karamazov Dramatisation by Melissa Murray of Fyodor Dostoyevsky's final novel, published in 1880. With Roy Marsden, Paul Hilton, Nicholas Boulton, Carl Prekopp and Rachel Atkins. From 2006 (1/5)

12.04pm You and Yours
 Consumer affairs and public interest stories.

1.00 The World at One
 Presented by Sarah Montague.

1.45 In the Loop
1/5. Stone Circle. Poet Paul Farley goes walking in circles in five different loopy locations to investigate how circular formations are embedded in cultures throughout history. Paul starts at the 5,000-year-old stone circle at Castlerigg in Cumbria, a ring of stones within a ring of hills, where he is joined by archaeologists Gill Hey and Richard Bradley. Producer Jeremy Grange (R)

2.00 The Archers Rptd from yesterday 7pm

2.15 This Cultural Life
 Repeated from Saturday 7.15pm

3.00 Counterpoint
10/13. Paul Gambaccini presents the first semi-final of the music quiz, with contestants from Brighton, Milton Keynes and County Wicklow. Producer Paul Bajoria

3.30 The Food Programme
 Repeated from yesterday 12.32pm

4.00 The Gift
Hacked. One-off special in which Jenny Kleeman asks whether a recent, unprecedented DNA data theft was racially motivated in an attempt to target Ashkenazi Jews living globally. She investigates the 23andMe breach to discover what happened, who was targeted and whether information as sensitive as our genetic code can ever be stored safely. Producer Conor Garrett; Executive producer Philip Sellers

4.30 Beyond Belief
7/7. Religious institutions are some of the biggest establishments in society, but does this give people the right to joke about religion? Where is the line drawn between what we can and what we should not joke about? Aleem Maqbool discusses these questions with a panel of comedians to learn about what they feature in their comedy sets. Producer Rebecca Maxted

5.00 PM Presented by Evan Davis.

6.00 Six o'Clock News

6.30 Just a Minute
6/6. Sue Perkins chairs as Tony Hawks, Eleanor Tiernan, Heidi Regan and Paul Merton do battle. Producer Rajiv Karia Repeated Sunday 12.04pm

7.00 The Archers
 Revenge is sweet for Adam, and Tony's on the ropes. For cast see Friday Repeated tomorrow 2pm

7.15 Front Row
 Director Reinaldo Marcus Green talks to Tom Sutcliffe about his Bob Marley biopic, *One Love*, and Bryce Dessner of the National and pianist Alice Ott discuss their new symphony. Producer Olivia Skinner

4.00 Down Payment on Death Thriller by Jim Eldridge starring Dinsdale Landen. From 1976 (1/5)
4.30 Colvil and Soames Political thriller (3/6)
5.00 Letters from Tove Sarah Lambie reads the personal letters of Moomin creator Tove Jansson. Translated from the Swedish by Sarah Death and abridged by Polly Coles. From 2019 (1/5)
5.15 Dombey and Son By Charles Dickens (16/20)
5.30 Welcome to Our Village, Please Invade Carefully 2014 sitcom about an alien invasion
6.00 Steptoe and Son Vintage sitcom
6.30 The Wordsmiths at Gorsemere (3/6)
7.00 Wordaholics Comedy panel show (3/6)
7.30 Sneakiepeeks 2009 sitcom by Harry Venning and Neil Brand, starring Richard Lumsden and Daniel Kaluuya (*Get Out*) (1/6)
8.00 The Moth Radio Hour US radio show (7/8)
8.55 Inheritance Tracks With Grayson Perry
9.00 A Good Read With Harriett Gilbert in 2016
9.30 Fahrenheit 451 Alex Jennings reads Ray Bradbury's cult 1953 novel. From 2017 (1/10)
9.45 24 Kildare Road By Katie Hims (1/10)
10.00-12.00 Comedy Club: Just a Minute (5/6), at **10.30 Flight of the Conchords** (2/6), at **11.00 The News Quiz** (6/10), at **11.30 Concrete Cow** (5/6)
12.00 as 3pm **1.00am** as 4pm **1.30** as 4.30pm **2.00** as 5pm **2.15** as 5.15pm **2.30** as 5.30pm **3.00** as 6pm **3.30** as 6.30pm **4.00** as 7pm **4.30** as 7.30pm **5.00 The Brothers Karamazov** (2/5)

8.00 The Great PFI Debt

The debt owed by schools to private companies is worth billions and they are forced to make the payments from their annual budget. Charlotte Foden, head at Broad Oak Primary School in Liverpool, asks what exactly is being done for when schools are free from PFI contracts. What will the price of freedom be?

8.30 Analysis

2/8. "What is 'British Culture'?" I was born in the UK and have lived here for 40 years, and yet, as a British-Asian person, I am constantly told 'We are not integrating'. Not integrating into what culture exactly?" When broadcaster and commentator Bushra Shaikh posted this question on social media, she received thousands of replies, a multitude of insults, but no clear definition of British culture. She goes in search of an answer. Producer Ravi Naik; Editor Clare Fordham

9.00 Wild Inside

4/4. The Sea Lion. Professor Ben Garrod and veterinary surgeon Jess French learn about the California sea lion and the key to its success both on land and at sea. Zookeeper and sea lion trainer Mae Betts adds insight to the intelligence of the marine mammal and explains the unique internal anatomy that allows it to stay warm in icy waters, run on land and dive hundreds of metres down. Repeated from Tuesday

9.30 Start the Week Shortened rpt from 9am

10.00 The World Tonight
 Presented by James Coomarasamy.

10.45 Book at Bedtime: Mr Norris Changes Trains

1/5. By Christopher Isherwood. English teacher William Bradshaw gets caught up in the strange world of Mr Norris on a Berlin train. Abridged by Lucy Ellis and read by Joseph Kloska. Producer Clive Brill

11.00 Word of Mouth

5/7. Are You Different in Another Language? Michael Rosen speaks to neuroscientist Dr Julia Ravey about whether speaking another language can change a person's personality. Repeated from Tuesday

11.30 Just One Thing with Michael Mosley

1/10. Be Kind. Michael Mosley discovers that small acts of kindness can not only boost your mental health and improve your relationships but also boost the immune system. Volunteer Sam enjoys finding ways to incorporate kindness into his week. Series producer Nija Dalal-Small; Editor Zoe Heron (R)

11.45 Today in Parliament

12.00 News and Weather

12.30-12.45am Book of the Week: Fire Weather Repeated from 9.45am (FM only)
1.00 as BBC World Service

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 Sky 0115 **Virgin** 906
 Programmes may differ online, and on Freeview, Sky, and Virgin
5.00am Newday **8.00** News **8.05** Hardtalk **8.30** Business Daily **8.50** Witness History **9.00** The Newsroom **9.30** Crowd Science **10.00** News **10.05** The History Hour **11.00** The Newsroom **11.30** The Conversation: Beatriz De La Pava Hucke meets female carpenters Angela Cacace and Clémentine Mollier **12.00** News **12.05pm** Outlook **12.50** Witness History **1.00** The Newsroom **1.30** Crowd Science **2.00** Newshour **3.00** News **3.05** Hardtalk **3.30** World Business Report **4.00** BBC OS **6.00** News **6.05** Outlook **6.50** Witness History: a 1940 operation that helped Allied servicemen escape from Nazi-occupied France **7.00** The Newsroom **7.30** Sport Today **8.05** From Our Own Correspondent **8.30** The Life Scientific: Professor Mercedes Maroto-Valor on making carbon dioxide useful. First broadcast on Radio 4 **9.00** Newshour **10.00** The Newsroom **10.20** Sports News **10.30** World Business Report **11.00** News **11.05** Hardtalk **11.30** The Conversation **12.00** News **12.05am** The History Hour **1.00** News **1.05** Business Matters **2.00** The Newsroom **2.30** The Documentary: Reporting Greece **3.00** News **3.05** Outlook **3.50** Witness History **4.00** The Newsroom **4.30** In the Studio

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 Sky 0105 **Virgin** 905
Sports Extra **F'view** 706 **F'sat** 706
Sky 0131 **Virgin** 908

News and sport bulletin every half-hour
 Times vary during live sports coverage

5.00am Wake Up to Money
 Financial news, reports and analysis, with input by movers and shakers, business leaders and big bosses.

6.00 5 Live Breakfast
 Rachel Burden and Rick Edwards with a look at the headlines, sports news, weather and unique stories from across the UK.

9.00 Nicky Campbell
 Topical discussions, big-name interviews and listeners' calls.

11.00 Naga Munchetty
 With the latest news, big-name interviews from around the UK and listeners' personal experiences.

1.00pm Nihal Arthanayake
 News and topical conversation including big-name interviews.

4.00 5 Live Drive
 Tony Livesey and Clare McDonnell with the latest news and sport. Plus interviews linked to topical and cultural issues.

7.00 5 Live Sport
 Mark Chapman with sports news, debate and features, including at **7.00 The Monday Night Club**, in which he's joined by Chris Sutton, Andros Townsend and Rory Smith to discuss the weekend's football. Plus updates of Crystal Palace v Chelsea.

10.00 Nick Bright
 Sitting in for Gordon Smart, with topical discussion, in-depth interviews and daily themed features. Plus listeners' texts.

1.00am Dotun Adebayo
 News and topical discussion, with a chance for listeners to phone in throughout the night.

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 Sky 0108 **Virgin** 927
6.00am Talksport Breakfast
 Presented by Ally McCoist.
10.00 Jim White and Simon Jordan Sporting insight.
1.00pm Hawksbee and Jacobs
 Paul Hawksbee and Andy Jacobs with sports news, guests and more.
4.00 Drive Andy Goldstein and Darren Bent with opinionated sporting debate.
7.00 Premier League Football
 Crystal Palace v Chelsea at Selhurst Park (kick-off 8.00).
10.00 Sports Bar Reaction, analysis and the chance for listeners to have a say on the day's sport.
1.00am Extra Time
5.00 Early Breakfast

LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 Sky 0123 **Virgin** 919
7.00am Nick Ferrari: fast-paced show marked by strong opinions
10.00 James O'Brien **1.00pm** Shelagh Fogarty **4.00** Tom Swarbrick **6.00** Tonight with Andrew Marr **7.00** Iain Dale
10.00 Ben Kentish **1.00am** Richard Spurr **4.00** Ian Payne

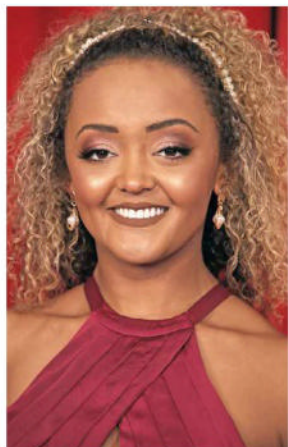
Times Radio

DAB thetimes.co.uk/radio
5.00am Rosie Wright
6.00 Aasman Mir and Stig Abell
10.00 Matt Chorley
1.00pm Mariella Frostrup
3.00 Jane Garvey and Flo Glover
5.00 John Pienaar
7.00 Pienaar and Friends
8.00 The Evening Edition with Kait Borsay **10.00** Carole Walker
1.00am Stories of Our Times
1.30 Highlights from Matt Chorley
2.00 Best of Times Radio



TUESDAY Radio

TODAY'S CHOICES



Drama: The New Sugar

2.15pm **Radio 4**

The recent legalisation of medical marijuana production in Barbados has Big Pharma muscling in. It is a fascinating story for writer Ben Tagoe to explore, especially as he places it in the context of the Rastas imprisoned for growing the stuff for their own use. While on a visit from Yorkshire to see her recently returned dad, Charlene (former *Corrie* inhabitant Alexandra Mardell, above) is offered a job in the burgeoning new industry. She is tempted because she also has a boyfriend on the island and wants to stay, but it's not that simple. Even if the characters explain too much to each other, here is an intriguing world for the patient listener.

FIONA HUGHES

Radio 3 in Concert

7.30pm **Radio 3**

Just three years into his conducting career, Gianandrea Noseda became Principal Guest at the Mariinsky Theatre in St Petersburg, and the Italian maestro has long shown an affinity for the Russian repertoire. Now Principal Guest with the LSO, he's working through Prokofiev's symphonies with them. Based on music originally written for the Balanchine ballet *The Prodigal Son*, the rarely heard Fourth is a work whose vestigial narrative elements have attracted a certain critical disdain. Yet, in the *Evening Standard's* view, "one couldn't hope for a more persuasive advocate". MARK PAPPENHEIM

THIS WEEK'S HIGHLIGHTS

See p111

Young Again

11.00am **Radio 4**

The actor Peter Capaldi opens up to Kirsty Young.

BBC Radio 1

97.6-99.8 FM DAB bbc.co.uk/radio1
F'view* 700 F'sat 700 Sky 0101 Virgin 901

7.00am Greg James **10.30** Rickie, Melvin and Charlie **1.00pm** Dean and Vicky **3.30** Vick and Jordan **6.00** Future Sounds **8.00** Future Artists **10.00** Power Down Playlist **11.00** Martha **1.00am** Drum 'n' Bass Mix **2.00** Workout Anthems **3.00** Relax **4.00** Dance **5.00** Arielle Free

BBC Radio 2

88-90.2 FM DAB bbc.co.uk/radio2
F'view* 702 F'sat 702 Sky 0102 Virgin 902

6.30am Nicki Chapman
9.30 Vernon Kay
Including at **11.30** a **Piano Room** performance by Jalen Ngonda with the BBC Concert Orchestra, live from the BBC's Maida Vale Studios in London. And at **11.10** **Tracks of My Years**, with two more music picks from this week's guest, chef and restaurateur Tom Kerridge.

12.00 Jeremy Vine
2.00pm Scott Mills
4.00 Sara Cox
Including at **6.30** Sara Cox's **Half Wower**, with a playlist of familiar oldies designed to be mood-lifting.
7.00 Jo Whiley
9.00 The Jazz Show with Jamie Cullum
A playlist of music rooted in jazz.
10.00 Trevor Nelson's Rhythm Nation
Soul, R&B, funk and disco, starting at **10.00** with the **Magnificent 7**, plus **Five Seconds to Name** and **Musical Youth**.
12.00 Phil Williams
3.00am Pick of the Pops
2/2 Steve Wright with the chart from this week in 1986. (R)
4.00 Owain Wyn Evans

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 Freesat 707 Sky 0120 Virgin 909

7.30am Deb Grant
10.30 Mary Anne Hobbs
1.00pm Craig Charles
4.00 Huw Stephens From Cardiff.
7.00 New Music Fix Daily With Tom Ravenscroft solo. Including a live session from Swiss duo Bound by Endogamy.
9.00 Riley and Coe
Gideon Coe presents solo.
11.00 6 Music Artist in Residence
2/4 Further picks from Young Fathers.
12.00 6 Music's Rave Forever
1.00am Shout Sister Shout
Ruby Turner profiles gospel superstar Sister Rosetta Tharpe (1915-73). (R)
2.00 Whatever Happened to Bobbie Gentry? Rosanne Cash presents a profile of Mississippi-born singer/songwriter Bobbie Gentry. (R)
3.00 Live Hour In Tua Nua in Manchester in 1988, plus Peggy Sue (2013) and the Damned (2016).
4.00 The 6 Music Playlist
5.00 Nathan Shepherd

Greatest Hits

DAB greatesthitsradio.co.uk
Freeview 716 Regional variations on FM/MW
6.00am Rossie **10.00** Ken Bruce
1.00pm Debbie Mac **4.00** Simon Mayo Drivetime **7.00** Jackie Brambles **10.00** Andy Crane **1.00am** Music Marathon **4.00** Alex Lester

Boom Radio

DAB+ boomradio.co.uk
6.00am Andy Marriott **7.30** Graham Dene **10.00** David Lloyd **12.00** David Hamilton **2.00pm** Roger Day **4.00** Nicky Horne **6.00** Jane Markham **8.00** The Easy Hour **9.00** David Hamilton **10.00** Diana Luke **12.00** Night Ride **2.00am** Through the Night

BBC Radio 3

90.2-92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 Freesat 703 Sky 0103 Virgin 903

News and weather as Monday
6.30am Breakfast With Petroc Trelawny.
9.00 Essential Classics With Tom McKinney.
12.00 Composer of the Week: Karl Jenkins
2/5. Fusion. Donald Macleod and Karl Jenkins discuss immersion in jazz fusion.
Suo Gan Cory Band, Only Men Aloud
Quirky Blue Karl Jenkins (piano)
Hazard Profile Part One Soft Machine (Karl Jenkins, Allan Holdsworth, Mike Ratledge, Roy Babbington, John Marshall)
Carol Ann Soft Machine (Karl Jenkins, Mike Ratledge, Roy Babbington, John Marshall)
La folia Neil Percy (marimba), LSO, conducted by the composer
Cortège; Lacrimosa Lullaby (Cantata memoria) Bryn Terfel (bass-baritone), David Childs (euphonium), Catrin Finch (harp), Jody Jenkins (percussion), Joo Yeon Sir (violin), Cywair, CFI, Cor Caerdydd, Cór Heol y March, Cór y Cwm, Sinfonia Cymru, conducted by the composer
1.00pm Radio 3 Lunchtime Concert
Sarah Walker introduces performances from last summer at the prestigious Festival International de Piano de La Roque d'Anthéron, in the heart of Provence, starting with 20-year-old pianist Kevin Chen in an open-air concert given in early August.
Chopin Etude in G sharp minor, Op 25 No 6
Liszt Réminiscences de Norma, S394
Chopin Ballade No 4 in F minor, Op 52; Etudes, Op 10
2.00 Afternoon Concert With Ian Skelly.
Shostakovich Festive Overture, Op 96
BBCSO, conductor Leonard Slatkin
Vivaldi Così da questi dei; Così potessi anch'io (Orlando furioso) Lucia Cirillo (soprano), Frankfurt Radio Symphony Orchestra, conductor Diego Fasolis
Bach O Jesu Christ, meins Lebens Licht, BWV118 Monteverdi Choir, English Baroque Soloists, conductor John Eliot Gardiner
Britten Simple Symphony Camerata Nordica, director Terje Tonnesen
3.00 Mendelssohn Violin Concerto in E minor, Op 64 Prague Radio Symphony Orchestra, director Fedor Rudin (violin)
Beethoven Symphony No 8 in F
Handel Concerto grosso in B flat, Op 3 No 2 Frankfurt Radio Symphony Orchestra, conductor Diego Fasolis
Strauss Mädchenblumen, Op 22 Katharina Konradi (soprano), Joseph Middleton (piano)
Mahler, arr Britten What the Wild Flowers Tell Me Frankfurt Radio Symphony Orchestra, conductor Paavo Jarvi

5.00 In Tune
Sean Rafferty with guests violinist Ning Feng – ahead of his concerto performance with the Bournemouth SO – and, performing live, Spanish mezzo Clara Mouriz and pianist Joseph Middleton.

Scala Radio

DAB+ scalarradio.co.uk

7.00am Charles Nove Music, a light look at the papers and features including **Questions of the Day** and, from **9.00**, **Screen Time**, featuring an hour of music from films, TV shows, adverts and video games.
10.00 Penny Smith Including at **11.30** an interview with Tracy-Ann Oberman about starring as Shylock in *The Merchant of Venice* 1936 ahead of its West End run. Plus requests from **12.00**.
1.00pm Sam Hughes With popular classical works...
4.00 Richard Allinson Music and features, including at **5.30** **Classical Bangers**.
7.00 Mark Forrest At **9.00** the **Peaceful Piano** playlist.
10.00 The Space Soothing and calming music.
1.00am Night Music **5.00 In the Park**

BBC Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 F'sat 709 Sky 0119 Virgin 912
6.00am Chill **7.00** Nikita Kanda **10.00** Certified **11.00** Haroon Rashid **2.00pm** Certified Throwbacks **3.00** Ankur Desai **6.00** Bobby Friction **8.00** BBC Introducing **10.00** All Star Anthems **11.00** Celebrates **12.00** Ankur Desai **1.00am** Bobby Friction **3.00** DJ Limelight and Kan D Man **5.00** Asian Network News Presents

7.00 Classical Mixtape

An eclectic, nonstop half-hour of music of classical, contemporary and experimental sounds.

7.30 Radio 3 in Concert

RT In a concert recorded in December at the Barbican in London, Martin Handley presents the London Symphony Orchestra in works by Brahms and Prokofiev. Simon Trpcski (piano), LSO, conductor Gianandrea Noseda
Prokofiev Symphony No 4
Brahms Piano Concerto No 2 in B flat, Op 83

10.00 Free Thinking

Matthew Sweet leads a discussion on Charles Darwin's arguments about the human species, sex and race as explored in *The Descent of Man*, and *Selection in Relation to Sex*. He is joined by Christine Yao, Joe Cain and Ruth Mace from University College London, who have been re-reading the 1871 book, which, when first published, immediately went into a second printing. But it has always had its critics. Producer Luke Mhail (R)

10.45 The Essay: Letters to the Overrated and the Underrated

2/5. Dear Joseph Conrad... From the puffed up and overpraised, to those he thinks may have been unfairly discounted, Ian Sansom imagines he's writing to some key figures from modern literary history. Ian's epistolary adventures continue with a few missives to Polish-British novelist Joseph Conrad (1857-1924), author of *Heart of Darkness*, *Lord Jim* and *The Secret Agent*.

11.00 Night Tracks

Sara Mohr-Pietsch with an adventurous soundtrack for late-night listening, from classical to contemporary and everything in between.

12.30am Through the Night

With Danielle Jalowiecka, who begins with the Swedish Radio Symphony Orchestra in works by Tchaikovsky and Elena Langer.
Elena Langer Suite: Figaro Gets a Divorce
Tchaikovsky The Nutcracker (excerpts) Swedish Radio Symphony Orchestra, conductor Anna Rakitina
1.21 Brahms Piano Sonata No 1 in C, Op 1
1.52 Schumann Violin Concerto in D minor, WoO 23 (Op posth) **2.25 Mozart Overture: Le nozze di Figaro** **2.31 Bach Cantata No 21: Ich hatte viel Bekümmernis** **3.08 Norman Piano Sextet in A minor, Op 29** **3.39 Fauré Fantaisie, Op 79** **3.45 Bartók, arr Weiner Ten Pieces from For Children** **3.54 Guerrero Prado verde y florido** **3.59 Puccini Crisantemi** **4.06 Bouwman Thalia** **4.15 Szymanowski Prelude and Fugue in C sharp minor** **4.23 Dvorak Slavonic Dance in E minor, Op 72 No 2** **4.31 Vivaldi Concerto in F for four violins and cello, RV567** **4.40 Liszt Saint François d'Assise prêchant aux oiseaux (Deux légendes, S175)** **4.49 Mendelssohn Laudate pueri, Op 39 No 2** **4.58 Hellendaal Cello Sonata in G, Op 5 No 1** **5.07 Brahms, arr Haensler Intermezzo, Op 118 No 2** **5.17 Josquin In te Domine speravi** **Anon Zorzi; Giorgio; Forte cosa e la speranza** **5.26 Sowande African Suite for harp and strings** **5.51 Ruppe Duetto in F** **6.01 Reicha Oboe Quintet in F, Op 107 (R)**

Classic FM

99.9-101.9 FM DAB+ classicfm.com

Freeview 731 Freesat 721 Sky 0106 Virgin 922
6.30am Classic FM Breakfast Aled Jones sits in for Dan Walker. Including **Three Little Words** – three clues, connected by a place, person or object – and, at **9.00**, the **Classic FM Hall of Fame Hour**.
10.00 Alexander Armstrong Classical favourites and features, including at **10.30** **Alexander Armstrong's Famous Five** quiz – a daily clue with a week-long connection – followed at **11.00** by **Classic FM's Album of the Week**.
1.00pm Anne-Marie Minhall With an hour of requests from **1.00** and at **3.00**, **Hall of Fame 3 at 3**.
4.00 Margherita Taylor Classic FM favourites.
7.00 Relaxing Evenings Zeb Soanes with a playlist designed to help listeners relax and recharge.
10.00 Calm Classics With Ritula Shah.
1.00am Bill Overton **4.00 Sam Pitts**

Absolute Radio

DAB absoluteradio.co.uk Freeview 727

6.00am Dave Berry: chat, guests and tunes, with Dave joined by Matt Tyson **10.00** Leona Graham **1.00pm** Emil Franchi **4.00** Bush and Richie **7.00** Danielle Perry **10.00** Jay Lawrence **1.00am** Dan Noble

BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)
News, weather and **shipping forecasts** as
 yesterday; no weather at 5.56am

5.30am News Briefing

5.43 Prayer for the Day With Eleanor Jeans.

5.45 Farming Today Rural developments.

5.58 Tweet of the Day

Chris Watson on the shore lark. (R)

6.00 Today

With Mishal Husain and Nick Robinson.

6.25, 7.25, 8.25 Sports News

6.45 Yesterday in Parliament

7.48 Thought for the Day

With Dr Rachel Mann.

8.45 LW Yesterday in Parliament

9.00 Things Fell Apart

6/8. A Hierarchy of Trauma. Jon Ronson looks into the number one bestseller that helped the culture war over free speech burst out of colleges and into the workplace. All episodes are available on BBC Sounds. Producer Sarah Shebbeare Repeated 9.30pm

9.30 The Miners' Strike: Return Journey

3/5. Scotland. Chris Jackson meets Malcolm Dickson who as a young sergeant policed the picket lines during the miners' strike. They return to the site where so many confrontations took place.

Producer Jo Dwyer; Executive producer Rosamund Jones

9.45 FM Book of the Week: Fire Weather 2/5. By John Vaillant. When Fire 009 ignited in Fort McMurray it felt like it could obliterate it too. Hundreds of firefighters were sent in to try to extinguish it. Read by Kerry Shale. For details see yesterday Repeated 12.30am

9.45 LW Daily Service

Led by Lyndall Bywater. Romans 7, vv14–25. Be Still My Soul (*Finlandia*), performed by the Priests; Sacrifice, performed by Lou Fellingham; Christ Has Set Me Free, performed by Rend Collective.

10.00 Woman's Hour With Emma Barnett.

11.00 Young Again

New series. 1/6. Kirsty Young returns with the programme that invites a guest to look into their past and offer some advice to their younger selves. Today she is joined by the actor Peter Capaldi. An extended interview is available on BBC Sounds from today. Producer Laura Northedge Rptd Monday 9pm See choice: page 111

11.30 Blasts from the Megaphone

Poet Paul Farley looks back through history to find out about the various uses of the megaphone, beginning in ancient Greece where actors used them to raise the volume of their voices and following up to the modern day where the megaphone is used as an instrument of power and resistance. Producer Geoff Bird; Exec producer Eloise Whitmore

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra

Freeview 708 **Freesat** 708 **Sky** 0126 **Virgin** 910

6.00am Down Payment on Death as 4.30pm

6.30 Colvil and Soames as 4.30pm

7.00 Letters from Tove as 5pm

7.15 Dombey and Son By Charles Dickens (17/20)

7.30 The Cold Swedish Winter as 5.30pm

8.00 The Goon Show as 1pm

8.30 The Michael Bentine Show as 1.30pm

9.00 Quote... Unquote Quiz show (5/6)

9.30 Artists Comedy by Gareth Edwards (1/6)

10.00 The Brothers Karamazov as 3pm

11.00 Down Payment on Death as 4pm

11.30 Colvil and Soames as 4.30pm

12.00 Letters from Tove as 5pm

12.15pm Dombey and Son By Charles Dickens

12.30 The Cold Swedish Winter as 5.30pm

1.00 The Goon Show A 1958 re-recording of a 1954 episode of the classic comedy

1.30 The Michael Bentine Show One-man comedy show. From 1984 (1/13)

2.00 Quote... Unquote Quiz show (5/6)

2.30 Artists Comedy by Gareth Edwards (1/6)

3.00 The Brothers Karamazov Dramatisation by Melissa Murray of Dostoyevsky's final novel (2/5)

4.00 Down Payment on Death Thriller by Jim Eldridge, with Dinsdale Landen as hitman Art Gordo, who's lured out of retirement for one

12.04pm Call You and Yours

Consumer issues with Winifred Robinson. PHONE: 0370 010 0444 (Lines open from 10am) EMAIL: youandyours@bbc.co.uk

1.00 The World at One With Sarah Montague.

1.45 In the Loop

2/5. Traffic Roundabout. Paul Farley is in orbit around one of the largest traffic roundabouts in Europe – the Coryton Interchange near Cardiff. He explores its interior with ecologist Elen Hall and roundabout enthusiast Kevin Beresford. (R)

2.00 The Archers Repeated from yesterday 7pm

2.15 Drama: The New Sugar

Drama by Ben Tagoe. Yorkshire-born Charlene follows her father home to Barbados where she finds tensions brewing over the recently legalised cannabis industry, raising the spectre of the injustices of the island's historical sugar trade.

Charlene Frank	Alexandra Mardell	Derek	Everal A Walsh
Richard	Richard Laing	Ras Kwame	Don Gillet
Richard	Kieran Smith		
Director	Gaynor Macfarlane		

3.00 Short Cuts

6/6. Hereafter. Josie Long presents short documentaries and audio adventures exploring the past, present and future. Producer Axel Kacoutie

3.30 A Thorough Examination with Drs Chris and Xand: Exercise 2/8. The Scale of the Crisis. The head of the World Health Organisation, Dr Fiona Bull, explains how the WHO is tackling the global activity crisis and how things need to change to face the challenge. All episodes are available on BBC Sounds. Producer Tom Woolfenden

4.00 Word of Mouth

6/7. The Words and Phrases We've Picked Up from Family and Friends. Michael Rosen shares listeners' stories about the words and phrases they have inherited from loved ones and how they go on to make idioms. Producer Beth O'Dea Repeated Monday 11pm

4.30 A Good Read

3/9. Joe Talbot and Nancy Medina discuss their favourite books, in conversation with Harriett Gilbert. Titles include *The Brief Wondrous Life of Oscar Wao* by Junot Diaz, *All about Love* by Bell Hooks and *The Hitchhikers Guide to the Galaxy* by Douglas Adams. Producer Toby Field Repeated Thursday 11.30am

5.00 PM Presented by Evan Davis.

6.00 Six o'Clock News**6.30 ReincarNathan**

1/6. Cat. Comedy starring Daniel Rigby and Diane Morgan about a man struggling to cope with being reincarnated as various animals. Producer Harriet Jaine Rptd next Tuesday on R4 Extra (R)

7.00 The Archers

Alistair jumps to conclusions and things get awkward for Harry. For cast see Friday Repeated tomorrow 2pm

7.15 Front Row

Singer/songwriter Declan McKenna performs in the studio and talks to Samira Ahmed about his latest album, *What Happened to the Beach?* Producer Julian May

8.00 The Today Debate

Mishal Husain presents topical discussion, exploring broader questions with a panel of expert guests and a studio audience. Repeated Sunday 5pm

8.40 In Touch

News and features for blind and partially sighted listeners. Presented by Peter White. Producer Pete Wilson

9.00 Inside Health**6/6. Coffee, Nap, Rave, Repeat...**

Laura Foster explores how much caffeine is too much, whether you should take an afternoon nap, and whether having your night out earlier in the day is better for you body. As she experiments by drinking espresso, having a snooze in a supermarket car park and attending a daytime rave, she's joined by a Spanish sleep expert from Manchester to a body boffin on Barry Island. Producer Gerry Holt Repeated tomorrow 3.30pm

9.30 Things Fell Apart Repeated from 9am

10.00 The World Tonight

News round-up with James Coomarasamy.

10.45 Book at Bedtime: Mr Norris Changes Trains

2/5. By Christopher Isherwood. Arthur Norris reveals he has certain sympathies with the left that could prove to be dangerous. Read by Joseph Kloska. For details see yesterday

11.00 Icklewick FM

4/6. The Fundraiser. Comedy by Chris Cantrill and Amy Gledhill. Amy and Chris lead a fundraising drive to help a local girl suffering from migraines and Mr Patel wrangles some surprising celebrity endorsements.

Chris Pipe	Chris Cantrill	Lottie Brisket	Em Humble
Amy Winnett	Amy Gledhill	Barry from Watford	Alex Lowe
Sharon L'Beach	Lucy Beaumont	Helena Brisket	Nimisha Odedra
Mr Patel	Mark Silcox	Cousin Dunc	
Chief Constable Catherine Caehole	Jen Brister	Various	Steen Raskopoulos
Pat	Janice Connolly	Various	Nicola Redman
Simon Toke	Colin Hoult	Various	Tom Burgess
Producer	Benjamin Sutton		Tai Campbell

11.30 Just One Thing with Michael Mosley

2/10. Take Vitamin D. Michael meets Professor David Llewellyn from Exeter University who explains the health benefits of taking a vitamin D supplement during the winter months. (R)

11.45 Today in Parliament**12.00 News and Weather****12.30–12.45am Book of the Week:**

Fire Weather Repeated from 9.45am (FM only)

1.00 as BBC World Service

BBC World Service

DAB bbc.co.uk/worldserviceradio

Freeview * 710 **Freesat** 711 **Sky** 0115 **Virgin** 906

Programmes may differ online, and on Freesat, Sky, and Virgin

5.00am Newsday **8.00** News **8.05** People

Fixing the World **8.30** Business Daily **8.50**

Witness History **9.00** The Newsroom **9.30** The

Documentary: Reporting Greece: threats to

journalists' ability to report freely in Europe **10.00**

News **10.05** The Arts Hour **11.00** The Newsroom

11.30 In the Studio: the creative process of Jon

Foreman, who makes art in harmony with nature

12.00 News **12.05pm** Outlook **12.50** Witness

History: how 16 men survived a plane crash in the

Andes in 1972 **1.00** The Newsroom **1.30** The

Life Scientific **2.00** Newshour **3.00** News **3.05**

People Fixing the World: ways to overcome cultural

stigma **3.30** World Business Report **4.00** BBC OS

6.00 News **6.05** Outlook **6.50** Witness History

7.00 The Newsroom **7.30** Sport Today **8.00**

News **8.05** The Documentary: Reporting Greece

8.30 Tech Life **9.00** Newshour **10.00** Newsroom

10.20 Sports News **10.30** World Business Report

11.00 News **11.05** People Fixing the World **11.30**

In the Studio **12.00** News **12.05am** The Arts Hour

1.00 News **1.05** Business Matters **2.00** The

Newsroom **2.30** The Climate Question **3.05**

Outlook **3.50** Witness History **4.00** Newsroom

4.30 World of Secrets: The Disciples (6/6)

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706
Sky 0131 **Virgin** 908

News and **sport** bulletin every half-hour
 Times vary during live sports coverage

5.00am Wake Up to Money

Financial news stories and reports from the business world.

6.00 5 Live Breakfast

Rachel Burden and Rick Edwards with a detailed look at the headlines, sports news, weather and unique stories from across the UK.

9.00 Nicky Campbell

Topical discussions, with a phone-in.

11.00 Naga Munchetty

With the latest news, big-name interviews from around the UK and listeners' personal experiences.

1.00pm Nihal Arthanayake

News, big-name interviews and topical conversation.

4.00 5 Live Drive

Tony Livesey and Clare McDonnell with a round-up of the day's latest news and sport.

7.00 5 Live Sport

Kelly Cates with sports and debate.

Plus build-up to the **8.00**

commentary on FC Copenhagen

v Manchester City in the round of

16 of the Champions League.

10.30 Nick Bright

Sitting in for Gordon Smart with topical discussion and interviews.

1.00am Dotun Adebayo

News and topical discussion, with a chance for listeners to phone in.

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra

F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908

8.00am–12 noon International T20 Cricket

Australia v West Indies, the third and final T20 in the series from Perth.

Talksport

1053, 1089 MW DAB talksport.co.uk

F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927

6.00am Talksport Breakfast

Presented by Ally McCoist.

10.00 Jim White and Simon Jordan

Sporting insight.

1.00pm Hawksbee and Baker**4.00 Talksport Drive**

With Andy Goldstein and Darren Bent.

7.00 Champions League Football

FC Copenhagen v Manchester City, the last-16 match (kick-off 8.00).

10.00 Sports Bar**12.00 Extra Time****5.00am Early Breakfast**

Talksport 2

DAB+ talksport.co.uk

7.00pm–10.00 Championship Football

Commentary on Swansea City v Leeds United (kick-off 8.00).

LBC

97.3 FM (London area) **DAB** lbc.co.uk

F'view 732 **F'sat** 734 **Sky** 0123 **Virgin** 919

7.00am Nick Ferrari **10.00** James

O'Brien **1.00pm** Shelagh Fogarty

4.00 Tom Swarbrick **6.00** Tonight

with Andrew Marr **7.00** Iain Dale

10.00 Ben Kentish **1.00am**

Richard Spurr **4.00** Ian Payne

Times Radio

DAB thetimes.co.uk/radio

5.00am Rosie Wright 6.00

Aasmah Mir and Stig Abell **10.00**

Matt Chorley **1.00pm** Mariella

Frostrup **3.00** Jane Garvey and Fi

Glover **5.00** John Pienaar **7.00**

Pienaar and Friends **8.00** The

Evening Edition with Kait Borsay

10.00 Carole Walker **1.00am**

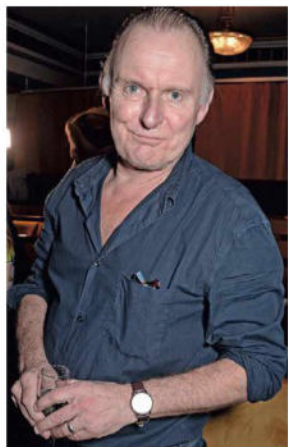
Stories of Our Times **1.30**

Highlights from Matt Chorley

2.00 The Best of Times Radio

WEDNESDAY Radio

TODAY'S CHOICES



Drama: Trespass

2.15pm **Radio 4**

This is something very special. It's the final radio play written by David Pownall, who has more than 90 audio dramas to his credit, and it's directed by his long-time collaborator, Martin Jenkins. Peter Ackroyd once summed up the prodigious playwright's skills thus: "Pownall treats fiction itself as a kind of brilliant lie, sacred and yet at the same time malevolent." This is the perfect description of *Trespass*, a historical drama packed full of contemporary questions about what constitutes acceptable behaviour, the role of protest, and the grey zone between personal and public morality. Robert Glenister (above) is superb as a drunken aristocrat; Clare Corbett becomes his nemesis as a woman determined to get what she wants; and Adrian Scarborough should get a standing ovation for his portrayal of the poet John Clare. **ANNA JONES**

The Skewer

11.15pm **Radio 4**

Jon Holmes and company return with the 11th series of *The Skewer*, inevitable because it remains an international award-winner, and yet the surreal, satirical mash-up of topical comedy and archive is – and this is an understatement of some magnitude – "not for everyone". Surprisingly, in view of editing continuing up until broadcast, there was a preview available. Wicked juxtapositions tonight may include Jane McDonald boarding the Government's migrant barge, and Keir Starmer answering the question before last. Be advised that the show doesn't draw the line at the Israel/Gaza conflict. I listened binaurally on headphones – recommended. **DAVID MCGILLIVRAY**

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 F'sat 700 Sky 0101 Virgin 901

7.00am Greg James **10.30** Rickie, Melvin and Charlie **1.00pm** Dean and Vicky **3.30** Vick and Jordan **6.00** Future Sounds **8.00** Future Artists **10.00** Power Down Playlist **11.00** Benji B **1.00am** Dance Anthems **2.00** The Radio 1 Interview **2.15** Radio 1 Playlists **3.00** Relax **4.00** Dance **5.00** Arielle Free

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 F'sat 702 Sky 0102 Virgin 902

6.30am Nicki Chapman **9.30** Vernon Kay
Including at **11.30** a **Piano Room** performance by singer/songwriter Lisa Stansfield with the BBC Concert Orchestra, live from the BBC's Maida Vale Studios in London. And at **11.10** **Tracks of My Years**, with two more music picks from Tom Kerridge. **12.00** Jeremy Vine **2.00pm** Scott Mills **4.00** Sara Cox **7.00** Jo Whiley
Including the **Shiny Happy Playlist** – with 30 minutes of feel-good music to start the show. **9.00** **The Folk Show** with Mark Radcliffe
Folk and acoustic music, broadcast live from Salford. Plus live sessions. **10.00** Trevor Nelson's **Rhythm Nation** **12.00** Phil Williams **3.00am** **Dance Sounds of the 90s** with Vernon Kay A playlist of dance music with big vocals. (R) **4.00** Owain Wyn Evans

BBC 6 Music

DAB bbc.co.uk/6music

Freeview 707 Freesat 707 Sky 0120 Virgin 909
7.30am Deb Grant **10.30** Mary Anne Hobbs **1.00pm** Craig Charles **4.00** Huw Stephens
In conversation with Brittany Howard, discussing her second solo album, *What Now*. **7.00** **New Music Fix Daily** **9.00** Riley and Coe
Gideon Coe presents solo with a live set from Birmingham folk artist Katherine Priddy. **11.00** **6 Music Artist in Residence** 3/4. Picks from Young Fathers. **12.00** **Freak Zone Playlist**
Music picks chosen by left-field and experimental musicians and DJs. **1.00am** **The Story of Pop** 11/12/52. A 1994 series in which Alan Freeman explored the history and development of popular music. **3.00** **Live Hour** Paul McCartney in Liverpool in 1990. Plus Godspeed You! Black Emperor (1998) and the Fantasy Funk Band (2009) (R) **4.00** Jukebox **5.00** Nathan Shepherd

Greatest Hits

DAB greatesthitsradio.co.uk

Freeview 716 Regional variations on FM/MW
6.00am Rossie **10.00** Ken Bruce **1.00pm** Debbie Mac **4.00** Simon Mayo **7.00** Jackie Brambles **10.00** Andy Crane **1.00am** Music Marathon **4.00** Alex Lester

Boom Radio

DAB+ boomradio.co.uk

6.00am Andy Marriott **7.30** Graham Dene **10.00** David Lloyd **12.00** David Hamilton **2.00pm** Roger Day **4.00** Nicky Horne **6.00** Jane Markham **8.00** The Easy Hour **9.00** The More Music Hour **10.00** Diana Luke **12.00** Night Ride **2.00am** Music through the Night

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 Freesat 703 Sky 0103 Virgin 903

News and weather as Monday

6.30am Breakfast With Petroc Trelawny. **9.00** **Essential Classics** With Tom McKinney. **12.00** **Composer of the Week: Karl Jenkins** 3/5. **From Advertising to Adiemus.** The composer chats with Donald Macleod about his years in the advertising industry and the huge success of *Adiemus*. *Cantilena* London Philharmonic Choir, *Adiemus* SO of Europe, conducted by the composer *Adiemus* Miriam Stockley (vocals), Mick Taylor (flute), Jody K Jenkins (percussion), LPO, conducted by the composer *Hymn* Miriam Stockley (vocals), LPO, conducted by the composer *Adiemus*; *Kayama* Miriam Stockley and Mary Carewe (vocals), Mike Taylor (flute), Frank Ricotti and Jody K Jenkins (percussion), LPO, conducted by the composer *Canción plateada* Karl Jenkins (piano) *Palladio* (1st mv't) LSO, conducted by the composer *Lullay* (Stella natalis) Polyphony, conductor Stephen Layton *Only Heavenly Music* (Stella natalis) Kate Royal (soprano), Alison Balsom (trumpet), Jody K Jenkins and Zands Duggan (percussion), *Adiemus* Singers, Marylebone Camerata, Tenebrae, conducted by the composer *The Proclamation* (Gloria) Jody K Jenkins (percussion), LSO, National Youth Choir of Great Britain, conducted by the composer *Laudamus te* (Gloria) Tim Hugh (cello), National Youth Choir of Great Britain, LSO, conducted by the composer **1.00pm** **Radio 3 Lunchtime Concert** Sarah Walker with further performances from the Festival International de Piano de La Roque d'Anthéron. *Liszt Années de pèlerinage, première année: Suisse, S160* Tanguy de Willencourt (piano) *Rachmaninov La nuit; L'amour* (Suite No 1, Op 5) Anna Geniushene and Lukas Geniusas (pianos) *Liszt Frühlingssnacht, S568* (after Schumann's *Liederkreis, Op 39* No 12) Kevin Chen (piano) **2.00** **Afternoon Concert** With Ian Skelly. *Smetana Overture: The Bartered Bride* BBC Concert Orchestra, conductor Barry Wordsworth *Mozart Andante in C, K315* Wolfgang Schulz (flute), Salzburg Mozarteum Orchestra, conductor Leopold Hager *Strauss Dance of the Seven Veils* (Salome) Berlin Philharmonic Orchestra, conductor Herbert von Karajan *Schubert Impromptu in F minor, D935* No 1 Alim Beisembayev (piano) *Gershwin Cuban Overture* BBC Philharmonic, conductor Yan Pascal Tortelier *Farrenc Piano Quintet No 1 in A minor, Op 30* (4th mv't) Linos Ensemble **3.00** **Stravinsky Danses concertantes** Prague Radio Symphony Orchestra, conductor Fedor Rudin *Beethoven Ah! perfido* Lucia Cirillo (soprano), Frankfurt Radio SO, conductor Diego Fasolis

Scala Radio

DAB+ scalarradio.co.uk

7.00am Charles Nove Music, a light look at the newspapers and features including **Questions of the Day** and, from **9.00**, **Screen Time**, featuring an hour of music from films, TV, adverts and video games **10.00** **Penny Smith** Popular classical works and features, including at **11.30** the weekly classical **Scala Sessions**, with a live performance. **1.00pm** **Sam Hughes** Popular classical works, new discoveries and rediscoveries. **4.00** **Richard Allinson** Music and features. **7.00** **Mark Forrest** Including new classical releases and at **9.00** the **Peaceful Piano** playlist. **10.00** **The Space** Soothing and calming music. **1.00am** **Night Music** **5.00** **In the Park**

BBC Asian Network

DAB bbc.co.uk/asiannetwork

F'view 709 F'sat 709 Sky 0119 Virgin 912
6.00am R&B Anthems **7.00** Nikita Kanda **10.00** Certified **11.00** Haroon Rashid **2.00pm** Certified Throwbacks **3.00** Ankur Desai **6.00** Bobby Friction **8.00** DJ Limelight and Kan D Man **10.00** Club Hit Squad Mix **11.00** Motivation **12.00** News Presents **1.00am** AJD **3.00** DJ Nish **5.00** The Everyday Hustle

Mozart Horn Quintet in E flat, K407 David Pyatt, members of the Academy of St Martin in the Fields

4.00 Choral Evensong

From Guildford Cathedral on Ash Wednesday, **LIVE** with music by Weelkes, James MacMillan, Gregory May and Roxanna Panufnik. Introit: Kyrie after Byrd (Roxanna Panufnik). Responses: Byrd. Psalm 51 (James MacMillan). First Lesson: Isaiah 1, vv10–18. Canticles: The Short Service (Weelkes). Second Lesson: Luke 15, vv11–32. Anthem: Half So Well (Gregory May) (first performance). Hymn: Forty Days and Forty Nights (*Aus der Tiefe*). Voluntary: Meditation (James MacMillan). Organist and master of the choristers Katherine Dienes-Williams. Sub-organist Asher Oliver. Repeated Sunday 3pm

5.00 In Tune

With Sean Rafferty, today featuring choreographers Joshua Junker and Jessica Lang and, performing live, pianist Daniel Lebhardt.

7.00 **Classical Mixtape** An inspired playlist.

7.30 Radio 3 in Concert

In a concert from Saturday at the Bridgewater Hall in Manchester, Elizabeth Alker presents the BBC Philharmonic in works by Bruckner and Beethoven, and settings by Finnish composer Kaija Saariaho (1952–2023) of poetry by Eino Leino. Elizabeth Atherton (soprano), BBC Philharmonic, conductor John Storgards

Beethoven Overture: Egmont

Saariaho Leino Songs

Bruckner Symphony No 3 in D minor

10.00 Free Thinking

Chocolate. Shahidha Bari celebrates chocolate with historians of food, Switzerland and trade Seán Williams and Caroline Dods Pennock of Sheffield University and Misha Ewen from Bristol University.

10.45 The Essay: Letters to the Overrated and the Underrated

3/5. **Dear Clarice Lispector...** Ian Sansom imagines he's writing to the Brazilian novelist Clarice Lispector (1920–77) about judging a book by its cover.

11.00 **Night Tracks** With Sara Mohr-Pietsch.

12.30am Through the Night

With Danielle Jalowiecka. *Pachelbel Fantasia in G minor Buxtehude Membra Jesu nostri, BuxWV75* *Pachelbel Fantasia in A minor Buxtehude Laudate pueri Dominum, BuxWV69* Alexandra Oomens and Lauren Lodge-Campbell (sopranos), Hannah Fraser (mezzo), Louis Hurley (tenor), Andrew O'Connor (bass), Orchestra of the Antipodes, director Erin Helyard (organ) **1.45** **Bach Keyboard Partita in E minor BWV830: Brandenburg Concerto No 3 in G, BWV1048** **2.31** **Zarebski Piano Quintet in G minor, Op 34** **3.06** **Mozart Symphony No 29 in A, K201** **3.28** **Hildegard of Bingen Ave generosa** **3.34** **Dvorak Romance in F minor, Op 11** **3.46** **Debussy Images** (Set 1) **4.01** **Schütz Magnificat anima mea Dominum, SWV468** **4.11** **Françaix Sérénade** **4.21** **Grieg Norwegian Peasant Dances, Op 72** (selection) **4.31** **Schreker Scherzo for string orchestra, Op 8** **4.38** **Janacek Fairy Tale** **4.50** **Vivaldi Flute Concerto in G minor, RV439** (La notte) **5.00** **Chaminade Automne, Op 35** No 2 **5.07** **Svensden Romeo and Juliet, Op 18** **5.22** **Rore Mentre, lumi maggior** **5.27** **Auric, arr Lane Suite: The Tittfield Thunderbolt** **5.32** **Brahms Clarinet Trio in A minor, Op 114** **5.55** **Nielsen Symphony No 4** (The Inextinguishable)

Classic FM

99.9–101.9 FM DAB+ classicfm.com

Freeview 731 Freesat 721 Sky 0106 Virgin 922

6.30am **Classic FM Breakfast** With Aled Jones. **10.00** **Alexander Armstrong** Including at **10.30** **Alexander Armstrong's Famous Five** quiz, followed at **11.00** by **Classic FM's Album of the Week**. **1.00pm** **Anne-Marie Minhall** With requests from **1.00pm** and, at **3.00**, **Hall of Fame 3** at **3**. **4.00** **Margherita Taylor** Classic FM favourites. **7.00** **Relaxing Evenings** Zeb Soanes with a special edition for Valentine's Day, including a recording by violinist Pinchas Zukerman and the Royal Philharmonic Orchestra of Elgar's *Salut d'amour*, written for the composer's then girlfriend Caroline Alice Roberts, who later would become his wife. Plus *Glasgow Love Theme* from Craig Armstrong's score to Richard Curtis's 2003 film *Love Actually*. **10.00** **Calm Classics** With Ritula Shah. **1.00am** **Bill Overton** **4.00** **Sam Pittis**

Absolute Radio

DAB absoluteradio.co.uk Freeview 727

6.00am Dave Berry **10.00** Leona Graham **1.00pm** Emil Franchi **4.00** Bush and Richie **7.00** Sarah Champion **10.00** Jay Lawrence **1.00am** Dan Noble



BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)
News, weather and shipping forecasts as yesterday
5.30am News Briefing
5.43 Prayer for the Day
 A chance to pause for reflection and contemplation with Eleanor Jeans.
5.45 Farming Today
5.58 Tweet of the Day
 Doug Allan on the emperor penguin. (R)
6.00 Today
 With Simon Jack and Justin Webb.
6.25 7.25 8.25 Sports News
6.45 Yesterday in Parliament
7.48 Thought for the Day
 With the Rev Jayne Manfredo.
8.45 LW Yesterday in Parliament
9.00 More or Less
 Tim Harford presents the programme that interrogates and debunks topical numbers and statistics.
 Series producer Richard Vadon Repeated Friday 4.30pm
9.30 Just One Thing with Michael Mosley
6/10. Get an Early Night. Michael Mosley finds out how going to bed at a decent hour can boost brain power, improve heart health and help loose weight. Available on BBC Sounds since last Wednesday.
 Series producer Nija Dalal-Small
9.45 FM Book of the Week: Fire Weather
3/5. By John Valliant. Within a few days, the Fort McMurray fire had quadrupled in size and firefighters struggled to tackle the blaze. Read by Kerry Shale. For details see Monday Rptd 12.30am
9.45 LW Daily Service
 Led by Fr Paschal Uche. Matthew 6, vv5–15. Father, Hear the Prayer We Offer, sung by St Martin's Voices; O Lord Hear My Prayer (Taizé), performed by Maggi Dawn; Down in the River to Pray, sung by Katherine Jenkins.
10.00 Woman's Hour With Emma Barnett.
11.00 Why Do You Hate Me?
3/5. Marianna Spring continues her series exploring online hate by investigating the origin of an audio deepfake of London Mayor, Sadiq Khan. She tracks down the suspected creator of the deepfake, and the remorseful user who made it go viral. And she hears the impact it had to the Mayor himself.
 Producers Ben Carter and Emma Close
11.30 Lady Killers with Lucy Worsley
6/11. Mary Surratt: Assassinating a President. Lucy Worsley is joined by former US Secret Service agent Ery Poupouras to investigate the case of Mary Surratt, a 42-year-old widow, mother and Catholic who was arrested in April 1865 for conspiring to assassinate President Abraham Lincoln. All episodes are available on BBC Sounds.
 Producer Jane Greenwood
 Series producer Julia Hayball

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0126 **Virgin** 910
6.00am Down Payment on Death as 4pm
6.30 Colvil and Soames as 4.30pm
7.00 Letters from Tove By Tove Jansson (3/5)
7.15 Dombey and Son By Charles Dickens (18/20)
7.30 The Golden Age as 5.30pm
8.00 Hancock's Half Hour Vintage 1959 comedy
8.30 Ballylenon Christopher Fitz-Simon's comedy drama set in Ballylenon, Co Donegal in 1954. With TP McKenna and Stella McCusker. Series two. From 1995 (4/4)
9.00 Whose Line Is It Anyway? From 1988
9.30 The Elephant Man 1996 sitcom (7/8)
10.00 The Brothers Karamazov as 3pm
11.00 Down Payment on Death as 4pm
11.30 Colvil and Soames as 4.30pm
12.00 Letters from Tove By Tove Jansson (3/5)
12.15pm Dombey and Son By Dickens (18/20)
12.30 The Golden Age as 5.30pm
1.00 Hancock's Half Hour 1959 comedy
1.30 Ballylenon as 8.30am
2.00 Whose Line Is It Anyway? From 1988
2.30 The Elephant Man Sitcom with Peter Serafinowicz as a zoo keeper. From 1996 (7/8)
3.00 The Brothers Karamazov Dramatisation of Fyodor Dostoyevsky's final novel (3/5)
4.00 Down Payment on Death Thriller (3/5)

12.04pm You and Yours
 Consumer affairs and public interest stories.

1.00 The World at One
 News and analysis with Sarah Montague.

1.45 In the Loop
3/5. A Strange Loop. Poet Paul Farley is on location in a location that doesn't exist. At the top of a building a procession of monks climb a staircase, while another line of monks comes down. Yet the top of the staircase somehow – impossibly – loops back round to the bottom. MC Escher's print *Ascending and Descending* is an example of a "strange loop", a loop that ascends through different levels yet still comes back to its starting point. (R)
2.00 The Archers Rptd from yesterday 7pm
2.15 Drama: Trespass

By David Pownall. With the elderly Earl of Leighton Mar confined to an asylum and threatening to dispose of his assets and renounce his title, his lover takes actions to prevent his plans. A satirical radio play about over-population, inherited wealth and a remarkable poetry festival.

Lord Tim John Clare	Robert Glenister	Gregory	Luke Nunn
Adrian Scarborough	Hugh	Hasan Dixon	
Marjorie Clare Corbett	Sarah	Lucy Phelps	
The Earl Nigel Anthony			
Director Martin Jenkins			

3.00 Money Box Live
 Listeners receive financial advice.
 EMAIL: moneybox@bbc.co.uk

Your RT Money: page 136

3.30 Inside Health Rptd from yesterday 9pm

4.00 Thinking Allowed
 Laurie Taylor talks to Tara Isabella Burton, Visiting Fellow at George Mason University in Virginia about the crafting of public personae – from Leonardo da Vinci to the Kardashians. And Thomas DeGloma from City University of New York explores how and why we use anonymity.
 Producer Jayne Egerton Repeated Sunday 12.15am

4.30 The Media Show

With Katie Razzall. Repeated 9.30pm

5.00 PM Presented by Evan Davis.

6.00 Six o'Clock News

6.30 Clare in the Community

6/6. Killing Clare. The final episode of the comedy by Harry Venning and David Ramsden. Nali's leaving the Barker household to go home to her village. But she's got some "tidying up" to do first.

Clare Barker	Sally Phillips	Tench	Rosie Cavaliero
Brian	Alex Lowe	Kinell	Richard Lumsden
Nali	Nina Conti	Thomas	Gbemisola Ikumelo

Simon Andrew Wincott
 Producer Alexandra Smith
 Repeated next Wednesday on Radio 4 Extra. (R)

7.00 The Archers

Fallon and Harrison are due for a chat and Kenton decides enough is enough.
 For cast see Friday Repeated tomorrow 2pm

4.30 Colvil and Soames Amanda Redman stars in historian Christopher Lee's political thriller. With Dudley Sutton. From 1998 (5/6)
5.00 Letters from Tove By Tove Jansson (3/5)
5.15 Dombey and Son By Charles Dickens (18/20)
5.30 The Golden Age Robert Bathurst stars in Arthur Mathews's sitcom, set in Broadcasting House at the BBC during the 1930s. (3/3)
6.00 Hancock's Half Hour 1959 comedy
6.30 Ballylenon as 8.30am
7.00 Whose Line Is It Anyway? From 1988
7.30 The Elephant Man as 2.30pm
8.00 Isy Suttie's Guide to Love and Romance Lessons in life and love. From 2018 (1/3)
9.00 Short Cuts Stories about phones (4/7)
9.30 Fahrenheit 451 By Ray Bradbury (3/10)
9.45 24 Kildare Road Radio drama by Katie Hims. With Marcia Warren. From 2020 (3/10)
10.00–12.00 Comedy Club: Clare in the Community (5/6), at **10.30 Rob Newman's Neuropolis** A unique odyssey of our brains (1/4), at **11.00 Phil Wang: Wansplaining**, at **11.30 It Is Rocket Science** (4/4), and at **11.45 Tina C's Global Depression Tour** (4/6)
12.00 as 3pm **1.00am** as 4pm **1.30** as 4.30pm
2.00 as 5pm **2.15** as 5.15pm **2.30** as 5.30pm
3.00 as 6pm **3.30** as 6.30pm **4.00** as 7pm **4.30** as 7.30pm
5.00 The Brothers Karamazov Dramatisation of Dostoyevsky's final novel (4/5)

7.15 Front Row

To mark two years since the Russian invasion of Ukraine, correspondent Andrew Harding talks to Nick Ahad about his Radio 4 drama about the conflict, *Small, Stubborn Town*, which will be broadcast next week.
 Producer Ekene Akalawu

8.00 The Moral Maze

5/8. Michael Buerk is joined by Sonia Sodha, Ash Sarkar, Tim Stanley and Anne McElvoy – as well as the witnesses they call – to debate a topical moral issue.
 Producer Dan Tierney

9.00 When It Hits the Fan

5/11. David Yelland and Simon Lewis go inside the world of crisis management and spin doctors as they take a look at recent PR disasters, and find out how, where and when it all began to go wrong. Producer Eve Streeter

9.30 The Media Show Repeated from 4.30pm

10.00 The World Tonight
 Presented by James Coomarasamy.

10.45 Book at Bedtime: Mr Norris Changes Trains

3/5. Christopher Isherwood's 1935 novel. William is mystified by Arthur Norris's hurried exit from Berlin and suspects some foul play. Read by Joseph Kloska. For details see Monday

11.00 What's the Story, Ashley Storrie?
3/4. Comedian Ashley Storrie Ashley with her usual visceration of popular culture and societal norms from a neurodivergent perspective. Tonight's guide to love and lust is packed with embarrassing personal stories and surprising scientific facts, including how Ashley's first taste of love took devotion to the next level, and led to what was probably the most confusing and inappropriate children's party entertainment ever.
 Producer Julia Sutherland

11.15 The Skewer

New series. 1/8. Jon Holmes twists current affairs clips into a surreal, satirical soundscape. Producer Jon Holmes

11.30 Just One Thing with Michael Mosley

3/10. Drink Green Tea. Dr Edward Okello, from the Human Nutrition Research Centre at the University of Newcastle, reveals how green tea can benefit our brain power and health. Professor Okello explains how a polyphenol in green tea inhibits a destructive enzyme that harms our brain cells. Michael learns that a cup of green tea also induces calming brain waves, improves heart health and could even help delay dementia. (R)

11.45 Today in Parliament

Including Prime Minister's Questions.

12.00 News and Weather

12.30–12.45am Book of the Week:

Fire Weather Repeated from 9.45am (FM only)

1.00 as BBC World Service

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906
 Programmes may differ online, and on Freeview, Sky, and Virgin
5.00am Newsday **8.00** News **8.05** Hardtalk
8.30 Business Daily **8.50** Witness History: a club dedicated to answering letters to sent to Shakespeare's Juliet **9.00** The Newsroom
9.30 The Climate Question **10.00** News **10.05** World Questions **11.00** The Newsroom **11.30** World of Secrets: The Disciples: TB Joshua's secret daughter, who rebelled against him, tells her story. All episodes are available on BBC Sounds (6/6) **12.00** News **12.05pm** Outlook **12.50** Witness History **1.00** The Newsroom
1.30 Tech Life **2.00** Newshour **3.00** News **3.05** Hardtalk **3.30** World Business Report **4.00** BBC OS **6.00** News **6.05** Outlook **6.50** Witness History **7.00** The Newsroom **7.30** Sport Today **8.00** News **8.05** The Climate Question **8.30** Health Check **9.00** Newshour **10.00** The Newsroom **10.20** Sports News **10.30** World Business Report **11.00** News **11.05** Hardtalk **11.30** World of Secrets: The Disciples **12.00** News **12.05am** World Questions **1.00** News **1.05** Business Matters **2.00** The Newsroom **2.30** Assignment **3.00** News **3.05** Outlook **3.50** Witness History **4.00** The Newsroom **4.30** The Food Chain

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706
Sky 0131 **Virgin** 908

News and sport bulletin every half-hour
 Times vary during live sports coverage

5.00am Wake Up to Money
 Financial news stories and reports from the business world.

6.00 5 Live Breakfast
 Rachel Burden and Rick Edwards with a detailed look at the headlines, sports news, weather and unique stories from across the UK.

9.00 Nicky Campbell
 Nicky Campbell takes calls on the day's talking points.

11.00 Naga Munchetty
 With the latest news, big-name interviews from around the UK and listeners' personal experiences.

1.00pm Nihal Arthanayake
 Nihal Arthanayake presents an afternoon of news, big name interviews and conversation.

4.00 5 Live Drive
 A round-up of the day's top news and sport with Tony Livesey and Clare McDonnell.

7.00 5 Live Sport
 Mark Chapman with sports and debate. Plus build-up to the

8.00 commentary on Lazio v Bayern Munich in the last 16 of the Champions League.

10.30 Nick Bright
 Sitting in for Gordon Smart.

1.00am Dotun Adebayo
 News, discussion, and a phone-in.

BBC 5 Sports Extra

DAB bbc.co.uk/sportsextra
F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908

2.30am Test Cricket
 Australia Women v South Africa
 Women on day one of the Test in Perth. Continues until 12 noon.

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927
6.00am Talksport Breakfast
10.00 Jim White and Simon Jordan Sporting insight.
1.00pm Hawksbee and Jacobs
4.00 Talksport Drive
7.00 Kick Off Sports debate.
10.00 Sports Bar
1.00am Extra Time
4.00 Cricket India v England.

Talksport 2

DAB+ talksport.co.uk
1.00pm–3.00 Racing
 From Fontwell.
7.00–10.00 Championship Football Commentary on Ipswich Town v Millwall (kick-off 8.00).
3.30am–12 noon Test Cricket
 Commentary on day one of the India v England Third Test.

LBC

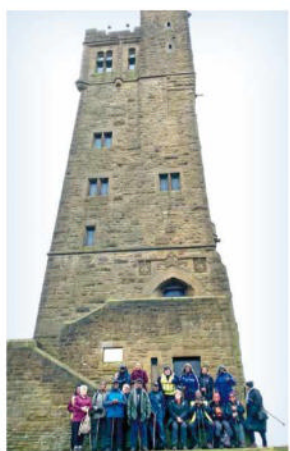
97.3 FM (London area) **DAB** lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0123 **Virgin** 919
7.00am Nick Ferrari **10.00** James O'Brien **1.00pm** Shelagh Fogarty **4.00** Tom Swarbrick **6.00** Tonight with Andrew Marr **7.00** Iain Dale **10.00** Ben Kentish **1.00am** Richard Spurr **4.00** Ian Payne

Times Radio

DAB thetimes.co.uk/radio
5.00am Rosie Wright **6.00** Aasmah Mir and Stig Abell **10.00** Matt Chorley **1.00pm** Mariella Frostrup **3.00** Jane Garvey and Fi Glover **5.00** John Pienaar **7.00** Pienaar and Friends **8.00** Kait Borsay **10.00** Carole Walker **1.00am** Stories of Our Times **1.30** Highlights from Matt Chorley **2.00** The Best of Times Radio

THURSDAY Radio

TODAY'S CHOICES



Ramblings

3.00pm **Radio 4**

It's just over 4,000 miles from West Yorkshire's Huddersfield to the tropical Grenadine island of Carriacou. So, what is the connection between the two, asks Clare Balding as she prepares to go on a walk up the steep ascent of Castle Hill in very slippery conditions to get a grand view over God's Own County. She finds the answer in her joyous encounter with the We in Front group of walkers (above, at Castle Hill's Victoria Tower). Founded by Errol Hamlet, one of many local people whose parents came from Carriacou to settle in Huddersfield after boarding HMT *Windrush* in 1948. The group is totally inclusive and has many "mature" walkers, determined to stay fit. It's hard to recall an edition of *Ramblings* where Balding has had so much fun – especially when the music and singing starts. Read Clare Balding's viewpoint on p13.

ANNA JONES

Drama: No Alternative

2.15pm **Radio 4**

In keeping perhaps with the radical reinvention of comedy that arrived in the late 1970s, *No Alternative* confounds expectations. The play is less about the alternative comedy movement, more a new take on a much older comedy cliché, the double act that's all smiles on stage, falling apart off it. It doesn't quite work. But author Ian Billings does love comedy. His first radio play in 2018, about Spike Milligan's campaign to save the Elfin Oak in London's Kensington Gardens, was marvellous. And it's fun trying to identify the real alternative comics – they include pioneer Tony Allen, who died in December – whose acts appear to comment on the action. **DAVID MCGILLIVRAY**

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 **F'sat** 700 **Sky** 0101 **Virgin** 901
7.00am Greg James **10.30** Rickie, Melvin and Charlie **1.00pm** Dean and Vicky **3.00** Pop Anthems **3.30** Going Home with Vick and Jordan **6.00** Future Sounds **8.00** Future Pop **10.00** BBC Introducing Dance **11.00** Residency **1.00am** Dance Presents **2.00** Happy **3.00** Relax and Chill **4.00** Dance **5.00** Chris Howard

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 **F'sat** 702 **Sky** 0102 **Virgin** 902
6.30am Nicki Chapman Upbeat show with chat, phone-ins and texts, features and music.
9.30 Vernon Kay Including at **11.30** a Piano Room performance by Crowded House with the BBC Concert Orchestra, live from the BBC's Maida Vale Studios in London. And at **11.10** Tracks of My Years, with two more music picks from this week's guest Tom Kerridge.
12.00 Jeremy Vine News, human interest stories and topical discussion including a phone-in. Plus new music and a pick of hip pop oldies.
2.00pm Scott Mills
4.00 Sara Cox
7.00 Jo Whiley
9.00 The Country Show with Bob Harris Ahead of her appearance at C2C: Country to Country next month, Carly Pearce performs a session live from Nashville.
10.00 Trevor Nelson's Rhythm Nation
12.00 Phil Williams
3.00am Sounds of the 90s Fearne Cotton with girl band hits. (R)
4.00 Owain Wyn Evans

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909
7.30am Deb Grant
10.30 Mary Anne Hobbs
1.00pm Craig Charles
4.00 Huw Stephens Including at **6.00** Roundtable, with Huw joined by Nitin Sawhney, Robin Morgan and Florence Shaw to assess new releases.
7.00 New Music Fix Daily With Tom Ravenscroft and Deb Grant.
9.00 Riley and Coe Giden Coe presents solo.
11.00 6 Music Artist in Residence 4/4. Picks from Young Fathers.
12.00 New Music Fix Playlist
1.00am New Album Fix Matt Everitt assesses the week's album releases.
2.00 Jukebox
5.00 Chris Hawkins Including The Remix featuring remixed, re-versioned and reimagined tracks.
5.30 Nathan Shepherd

Greatest Hits

DAB greatesthitsradio.co.uk
Freeview 716 **Regional variations on FM/MW**
6.00am Rossie **10.00** Ken Bruce
1.00pm Debbie Mac **4.00** Simon Mayo **7.00** Jackie Brambles
10.00 Andy Crane **1.00am** Music Marathon **4.00** Alex Lester

Boom Radio

DAB+ boomradio.co.uk
6.00am Andy Marriott **7.30** Graham Dene **10.00** David Lloyd
12.00 David Hamilton **2.00pm** Roger Day **4.00** Nicky Horne **6.00** Jane Markham **8.00** The Easy Hour
9.00 Albert Hammond's Choices **10.00** Diana Luke **12.00** Derek Webster **2.00am** Through the Night

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** as Monday
6.30am Breakfast With Petroc Trelawny.
9.00 Essential Classics With Tom McKinney.
12.00 Composer of the Week: Karl Jenkins 4/5. Peace, Peace! Donald Macleod invites Karl Jenkins to discuss his successful work *The Armed Man*. Commissioned by the Armouries Museum in 1999, it is dedicated to the victims of the Kosovo conflict, where horrific events were unfolding as the Mass was being composed.
Peace, Peace! (The Peacemakers) CBSO Youth Chorus, LSO, conductor Simon Halsey
The Armed Man; Kyrie; Sanctus (The Armed Man) National Youth Choir of Great Britain, London Philharmonic Orchestra, conducted by the composer
Healing Light; Anthem: Peace, Triumphant Peace! (The Peacemakers) Davy Spillane (pipes), Really Big Chorus, CBSO Youth Chorus, London Symphony Orchestra, conductor Simon Halsey
Agnus Dei (The Armed Man) Polyphony, conductor Stephen Layton
Benedictus (The Armed Man) National Youth Choir of Great Britain, LPO, conducted by the composer
1.00pm Radio 3 Lunchtime Concert Sarah Walker with further performances from last summer at the Festival International de Piano de La Roque d'Anthéron in Provence.
Liszt *Années de pèlerinage, deuxième année: Italie*, S161 Jean-Frédéric Neuburger (piano)
Rachmaninov *Waltz (Suite No 2)* Anna Geniushene and Lukas Geniushas (pianos)
2.00 Afternoon Concert With Ian Skelly, including more from the Prague Radio Symphony Orchestra, here performing Philip Glass's *Double Concerto*.
Rossini *Overture: The Silken Ladder* BBC National Orchestra of Wales, conductor James Clark
Philip Glass *Etude No 2* Víkingur Ólafsson (piano)
York Bowen *Horn Sonata, Op 101 (1st mvt)* Ben Goldscheider (horn), Daniel Hill (piano)
Shostakovich *Piano Concerto No 2* Kirill Gerstein, BBC Symphony Orchestra, conductor Semyon Bychkov
Dalberg *Scherzo, Op 6* Danish Philharmonic Orchestra, conductor Frans Rasmussen
3.00 *Jongen Symphonie concertante, Op 81* Iveta Apkalna (organ), Liège Royal Philharmonic Orchestra, conductor Gergely Madaras
Handel *Concerto grosso in B flat, Op 3 No 2* Frankfurt Radio Symphony Orchestra, conductor Diego Fasolis
Philip Glass *Double Concerto* Gidon Kremer (violin), Giedre Dirvanauskaitė (cello), Prague Radio Symphony Orchestra, conductor Omer Meir Wellber
Mozart *Flute Quartet in A, K298* William Bennett, Grumiaux Trio

Scala Radio

DAB+ scalarradio.co.uk
7.00am Charles Nove Including Questions of the Day and, from **9.00**, Screen Time, featuring an hour of music from films, TV shows, adverts and video games.
10.00 Penny Smith Including after **11.30** the Scala Radio Book Club, today with author Benjamin Myers discussing his latest novel, the 2023 Goldsmiths Prize winner *Cuddy*, a retelling of the story of the hermit St Cuthbert, unofficial patron saint of the north of England.
1.00pm Sam Hughes With popular classical works.
4.00 Richard Allinson Music and features.
7.00 Mark Forrest Music and features, including new releases and at **9.00** the Peaceful Piano playlist.
10.00 The Space Soothing and calming music.
1.00am Night Music **5.00** In the Park

BBC Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 **F'sat** 709 **Sky** 0119 **Virgin** 912
6.00am Certified Mashups **7.00** Nikita Kanda **10.00** Certified **11.00** Haroon Rashid **2.00pm** Certified Throwbacks: with Haroon Rashid **3.00** Ankur Desai **6.00** A.J.D **8.00** DJ Nish **10.00** Shisha Lounge Mix **11.00** Chill **12.00** Love Friday Mix **1.00am** DJ Limelight **4.00** Ankur Desai **5.00** Celebrates

5.00 In Tune

Sean Rafferty with news from the classical world, music and studio guests, including after **6.00** a live performance from soprano Gemma Summerfield and pianist Sebastian Wybrew.

7.00 Classical Mixtape An inspired playlist.

7.30 Radio 3 in Concert

From the City Halls in Glasgow, Valentina Peleggi conducts the BBC Scottish Symphony Orchestra in Romantic classics. Presented by Kate Molleson.
Boris Giltburg (piano), BBC Scottish Symphony Orchestra, conductor Valentina Peleggi
Puccini *Preludio sinfonico in A*
Tchaikovsky *Francesca da Rimini, Op 32*
Roxanna Panufnik *Alma's Songs without Words*
Rachmaninov *Piano Concerto No 2 in C minor*

10.00 Free Thinking

Histories of Sexual Health in Britain 1918–1980 is a research project being led by Anne Hanley. She joins Bill Yarbey from the Kinsey Institute of America, and Kate Lister from the Leeds Centre for Victorian Studies, who has looked at the experiences and depictions of sex work from the 19th century to the present day. Matthew Sweet hosts. Producer Julian Siddle

10.45 The Essay: Letters to the Overrated and the Underrated

4/5. Dear Octavia Butler... Ian Sansom imagines he's writing to figures from modern literary history. Today he writes to African-American sci-fi writer Octavia Butler (1947–2006) about the Apple TV+ dystopian sci-fi drama *Severance*.

11.00 The Night Tracks Mix

Sara Mohr-Pietsch with late-night listening.

11.30 Unclassified

Elizabeth Alker presents a new soundtrack to the classic 1920 German Expressionist film *The Cabinet of Dr Caligari* by former Kraftwerk member Karl Bartos. Plus languid instrumentation fused with field recordings of the wildlife around Japan's Hachirogata Lake from Chihei Hatakeyama, and 50 years on from his landmark album *Guitar Solos*, Fred Frith celebrates that pioneering 1974 recording.

12.30am Through the Night

With Danielle Jalowiecka. **Schumann** *Piano Concerto in A minor, Op 54; Von fremden Ländern und Menschen (Kinderszenen, Op 15)* **Schubert** *Symphony No 9 in C (Great)* Martha Argerich (piano), Lausanne CO, conductor Renaud Capuçon **2.01** Schubert *Die Liebe, D210* **2.03** Schumann *String Quartet in A, Op 41 No 3* **2.31** Rameau *Pygmalion* **3.15** Prokofiev *Cello Sonata, Op 119* **3.38** Debussy, orch Ravel *Tarantelle styrienne* **3.44** Villa-Lobos *Prelude No 3 in A minor* for guitar **3.51** Ibert *Trois pièces brèves* **3.59** Ruth Watson Henderson *Cantata Domino* **4.04** Piazzolla *Minlonga del Angel (arr for string quartet)* **4.12** Weber *Aufforderung zum Tanz* **4.21** Walton *Spitfire Prelude and Fugue* **4.31** Vivaldi *Violin Concerto in E, RV269 (Spring)* (The Four Seasons) **4.41** Chopin *Barcarolle in F sharp, Op 60* **4.50** Mendelssohn *Laudate pueri, Op 39 No 2* **4.59** Kuula *South Ostrobothnian Dances, Op 17 (excerpts)* **5.08** Anon *Middle Ages Suite* **5.18** Sterkel *Duet No 3 for two violas* **5.26** Britten *Serenade for tenor, horn and strings, Op 31* **5.50** Bach *Singet dem Herrn ein neues Lied, BWV225* **6.05** CPE Bach *Flute Concerto in G, Wq169*

Classic FM

99.9–101.9 FM DAB+ classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922
6.30am Classic FM Breakfast With Aled Jones. Including at **9.00** the Classic FM Hall of Fame Hour.
10.00 Alexander Armstrong Classical favourites and features, including at **10.30** Alexander Armstrong's Famous Five quiz – a daily clue with a week-long connection – followed at **11.00** by Classic FM's Album of the Week.
1.00pm Anne-Marie Minhall With an hour of requests from **1.00pm** and, at **3.00**, Hall of Fame 3 at 3, with three works from the Classic Hall of Fame Top 300.
4.00 Margherita Taylor Classic FM favourites, including the Discovery of the Week at **6.20**.
7.00 Relaxing Evenings With Zeb Soanes.
10.00 Calm Classics Ritula Shah with a soothing playlist tailored for late-night listening.
1.00am Bill Overton **4.00** Sam Pitts

Absolute Radio

DAB absoluteradio.co.uk **Freeview** 727
6.00am Dave Berry **10.00** Leona Graham: mainstream and indie rock and pop **1.00pm** Emil Franchi **4.00** Bush and Richie **7.00** Sarah Champion **10.00** Jay Lawrence **1.00am** Dan Noble



BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)
News, weather and shipping forecasts as Tuesday
5.30am News Briefing
5.43 Prayer for the Day
 A prayer to start the day with Eleanor Jeans.
5.45 Farming Today
 Food, farming and the countryside.
5.58 Tweet of the Day
 Stuart Butchart on the bronze-winged jacana. (R)
6.00 Today
 With Nick Robinson and Justin Webb.
6.25, 7.25, 8.25 Sports News
6.45 Yesterday in Parliament
7.48 Thought for the Day
 With the Rev Dr Michael Banner.
8.31 LW Yesterday in Parliament
 The *Today Podcast* is available on BBC Sounds from this morning and broadcast on Radio 4 at 11pm
9.00 In Our Time
Alice's Adventures in Wonderland
 Lewis Carroll's 1865 novel is one of the most celebrated and influential in all English literature, a "nonsense" work that has never been out of print in nearly 160 years. Discussing it with Melvyn Bragg are Franziska Kohlt from Leeds University; Robert Douglas-Fairhurst of Magdalen College, Oxford, whose books include *The Story of Alice: Lewis Carroll and the Secret History of Wonderland*; and Kiera Vaclavik from Queen Mary University of London. Producer Simon Tillotson. Shortened repeat 9.30pm
9.45 FM Book of the Week: Fire Weather 4/5. By John Vaillant. The first experiment proving that carbon dioxide could cause a catastrophic reaction in Earth's atmosphere happened as long ago as 1856 – but went largely unnoticed. Read by Kerry Shale. For details see Monday. Repeated 12.30am
9.45 LW Daily Service
 An act of worship on the theme of 40 Days and 40 Nights: Served You Faithfully, led by Dr Rachel Mann. With a reading from Matthew 6, vv25–34 and a range of choral music.
10.00 Woman's Hour
 Presented by Emma Barnett.
11.00 From Our Own Correspondent
 Kate Adie presents reports from BBC correspondents around the world.
11.30 A Good Read
 Repeated from Tuesday 4.30pm
12.04pm You and Yours
 Reports on consumer affairs.
12.32 Sliced Bread
2/8. Consumer show in which Greg Foot and his guests search for the scientific evidence behind a product's bold claims. Today their focus is on canine dental chews. Producer Simon Hoban
1.00 The World at One
 Presented by Sarah Montague.

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0126 **Virgin** 910
6.00am Down Payment on Death as 4.30pm
6.30 Colvil and Soames as 4.30pm
7.00 Letters from Tove as 5pm
7.15 Dombey and Son as 5.15pm
7.30 Cooking in a Bedsitter as 12.30pm
8.00 Dad's Army Vintage comedy
8.30 Wrinkles as 1.30pm
9.00 Guess What? Panel game. From 1998
9.30 Stockport, So Good They Named It Once
10.00 The Brothers Karamazov (4/5)
11.00 Down Payment on Death Thriller (4/5)
11.30 Colvil and Soames Thriller (6/6)
12.00 Letters from Tove as 5pm
12.15pm Dombey and Son as 5.15pm
12.30 Cooking in a Bedsitter An episode of the comedy by Sue Teddern, inspired by Katharine Whitehorn's classic guide to cooking. With Beattie Edmondson and Nikesh Patel, with Whitehorn reading extracts from her book. From 2016 (1/4)
1.00 Dad's Army Vintage comedy
1.30 Wrinkles Madcap sitcom written by Rob Grant and Doug Naylor. From 1981 (1/6)
2.00 Guess What? Panel game. From 1998 (10/10)
2.30 Stockport, So Good They Named It Once
3.00 The Brothers Karamazov (4/5)
4.00 Down Payment on Death Thriller (4/5)

1.45 In the Loop
4/5. Rollercoaster. Poet Paul Farley's exploration of all things circular continues with a visit to the Grand National Rollercoaster at Blackpool Pleasure Beach, where he talks to Andy Hine from the Rollercoaster Club of Great Britain to explore this addiction to "airtime". Paul also discovers that the Grand National isn't just an entertainment. It's also a mathematical phenomenon: a Möbius Loop. Paul meets rollercoaster fan and composer Anna Meredith to reflect on the importance of loops and repetition in her music. (R)
2.00 The Archers Repeated from yesterday 7pm
2.15 Drama: No Alternative
 By Ian Billings. Andy de la Tour stars in this drama about the politically volatile period that saw the rise of the alternative comedy movement. Based on true events, the story follows the fate of fictionalised comedy duo, Erica and Ernie, an anarchic, free-form homage to Morecambe and Wise, who are about to make their performance debut.
 Comedy Club **Andy de la Tour** Anthony Josh Bryant-Jones
James McNicholas Welsh Gwen Caryl Eleri
Erica Emma Sidi Chicken shop owner
Tommy Don Gillet Tyler Cameron
Ernie's mum Rhiannon Neads Marxist juggler
Ronnie Williams Samuel James Ian Billings
Mr Meltzer Zachary Lowe-McAlley TV presenter Rosie Mellett
Director Gemma Jenkins
3.00 Ramblings
New series. 1/7. Clare Balding takes a joyful hike up Castle Hill near Huddersfield with We in Front, an inspirational group of walkers. Leading the way is Errol Hamlet who, having retired, felt bored, unhealthy and wanted a new challenge. He spotted a neighbour out walking during the pandemic and decided to join her. Then, one by one, more people joined in until they eventually had a decent sized group. Most are senior citizens from the local West Indian community and they can often be heard singing as they disappear into the countryside surrounding Huddersfield. Producer Karen Gregor. Repeated Saturday 6.07am
Clare Balding's Viewpoint: page 13
3.27 The Radio 4 Appeal
 Repeated from Sunday 7.54am
3.30 Open Book Repeated from Sunday 4pm
4.00 Wokewash
4/4. Mind Your Business. Heydon Prowse takes a tongue-in-cheek look at corporations and mental health. It's one of the most pressing issues of our times, but when big business says it cares about our mental wellbeing, does it really mean it? Producer Sam Peach
4.30 BBC Inside Science
 Presented by Victoria Gill.
 Producer Hannah Robins. Repeated 9pm
5.00 PM Presented by Evan Davis.
6.00 Six o'Clock News

4.30 Colvil and Soames Thriller (6/6)
5.00 Letters from Tove By Tove Jansson (4/5)
5.15 Dombey and Son Dramatisation by Mike Walker of the late 1840s novel by Charles Dickens. Narrated by Alex Jennings and starring Robert Glenister and others. From 2007 (19/20)
5.30 Cooking in a Bedsitter as 12.30pm
6.00 Dad's Army Vintage comedy
6.30 Wrinkles as 1.30pm
7.00 Guess What? Panel game. From 1998 (10/10)
7.30 Stockport, So Good They Named It Once
8.00 Rik Mayall on Radio Producer John Lloyd explores the radio contributions of Rik Mayall. This final instalment features a 2018 episode of Radio 4's *The Reunion* – featuring cast members of *The Young Ones* – and a 2009 episode of episode of Rik Mayall's *Bedside Tales* (2/2)
9.00 Great Lives Nicholas Stern celebrates the legacy of Muhammad Ali (1942–2016) (7/9)
9.30 Fahrenheit 451 By Ray Bradbury (4/10)
9.45 24 Kildare Road By Katie Hims (4/10)
10.00–12.00 Comedy Club: Olga Koch: OK Computer (3/4), 10.30 My Teenage Diary (5/6), 11.00 Stockport, So Good They Named It Once (6/6), 11.30 Everyone Quite Likes Justin (2/4) 12.00 as 3pm **1.00am** as 4pm **1.30** as 4.30pm **2.00** as 5pm **2.15** as 5.15pm **2.30** as 5.30pm **3.00** as 6pm **3.30** as 6.30pm **4.00** as 7pm **4.30** as 7.30pm **5.00 The Brothers Karamazov (5/5)**

6.30 Olga Koch: OK Computer
4/4. Privacy. Olga and her virtual assistant Aldo talk about privacy. Does encryption actually work? Why can't anyone set a good password? And what do we need privacy for anyway? Producer Benjamin Sutton
 Repeated next Thursday on Radio 4 Extra (R)
7.00 The Archers
 Pip has a proposal for Ruth, and Paul receives shocking news.
 For cast see Friday. Repeated tomorrow 2pm
7.15 Front Row
 Jed Mercurio and Prasanna Puwanarajah talk to Tom Sutcliffe about adapting a doctor's memoir to create their new ITV drama, *Breathhtaking*, which follows healthcare workers through the Covid 19 pandemic. Producer Paul Waters
8.00 The Briefing Room
 David Aaronovitch and guests explore the issues behind a story in the news.
 Repeated tomorrow 11am
8.30 The Bottom Line
5/8. The Say-Do Gap. Most of us say we want to live, shop, and invest sustainably, but there's often a gap between what we say is important to us and the decisions we make. This intention-action, or "say-do", gap is well known to behavioural economists and policy-makers, but what's driving it and how should businesses respond? Evan Davis and guests discuss. Producer Simon Tulett. Postponed from last Tuesday. Repeated Monday 11.30am
9.00 BBC Inside Science Rptd from 4.30pm
9.30 In Our Time Shortened repeat from 9am
10.00 The World Tonight
 Presented by Julian Worricker.
10.45 Book at Bedtime: Mr Norris Changes Trains
4/5. By Christopher Isherwood. Arthur asks William to do a little business for him in Switzerland. Read by Joseph Kloska. For details see Monday
11.00 The Today Podcast
 Amol Rajan and Nick Robinson's take on the biggest news stories of the week. Available on BBC Sounds from this morning. Producer Tom Smithard
 Editors Jonathan Aspinwall and Louisa Lewis
11.30 The Rise of Sinn Féin
 As power-sharing looks set to return to Northern Ireland, Ireland correspondent Chris Page looks at the growth of Sinn Féin across the island of Ireland over the past 30 years, examining the party's current aims and policies, and what the implications might be of the party being in government in two jurisdictions. Producer Camellia Sinclair (R)
12.00 News and Weather
12.30–12.45am Book of the Week: Fire Weather Repeated from 9.45am (FM only)
1.00 as BBC World Service

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview 710 **Freesat** 711 **Sky** 0115 **Virgin** 906
 Programmes may differ online, and on Freeview, Sky, and Virgin
5.00am **Newsday** **8.00 News** **8.05 The Inquiry** **8.30 Business Daily** **8.50 Witness History** **9.00 The Newsroom** **9.30 Assignment** **10.00 News** **10.05 Unexpected Elements** **11.00 The Newsroom** **11.30 Food Chain** **12.00 News** **12.05pm** **Outlook** **12.50 Witness History: the late-1990s influx of Brazilians into the Irish town of Gort, which is now known as "Little Brazil"**
1.00 The Newsroom **1.30 Health Check: health issues and medical breakthroughs** **2.00 Newshour** **3.00 News** **3.05 The Inquiry** **3.30 World Business Report** **4.00 BBC OS** **6.00 News** **6.05 Outlook** **6.50 Witness History** **7.00 The Newsroom** **7.30 Sport Today** **8.00 News** **8.05 Assignment** **8.30 Science in Action** **9.00 Newshour** **10.00 The Newsroom** **10.20 Sports News** **10.30 World Business Report** **11.00 News** **11.05 The Inquiry** **11.30 The Food Chain** **12.00 News** **12.05am** **Unexpected Elements** **1.00 News** **1.05 Business Matters** **2.00 The Newsroom** **2.30 Tech Life** **3.00 News** **3.05 Outlook** **3.50 Witness History** **4.00 The Newsroom** **4.30 Heart and Soul: forensic psychiatrist Gwen Adhead reflects on how her faith informs her work with violent offenders**

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706
Sky 0131 **Virgin** 908
News and sport bulletin every half-hour
 Times vary during live sports coverage
5.00am Wake Up to Money
6.00 5 Live Breakfast
9.00 Nicky Campbell
 Discussion, interviews and calls.
11.00 Adrian Chiles
1.00pm Nihal Arthanayake
4.00 5 Live Drive
 Tony Livesey and Clare McDonnell with the latest news and sport.
7.00 5 Live Sport
 Steve Crossman with sports and debate. Plus at **8.00 5 Live Boxing**, in which Steve Bunce looks ahead to Tyson Fury v Oleksandr Usyk in Saturday's heavyweight title bout. Plus updates of the Europa League and Europa Conference League knockout play-offs and Hull FC v Hull KR in the opening game of the Super League season. At **9.00 Euro Leagues**, Steve Crossman and guests Guillem Balague, Mina Rzouki and Kristof Terreur with European football news. Plus further Europa League and Europa Conference League updates and from Hull FC v Hull KR in the Super League.
10.00 Nick Bright
 Sitting in for Gordon Smart.
1.00am Dotun Adebayo

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra
F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908
6.00am–12 noon Test Cricket
 Continued coverage of Australia Women v South Africa day one.
2.30am Test Cricket
 Australia Women v South Africa Women on day two of the Test in Perth. Continues until 12 noon.

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927
6.00am Talksport Breakfast
10.00 Jim White and Simon Jordan Sporting insight.
1.00pm Hawksbee and Baker
4.00 Talksport Drive
7.00 Kick Off 10.00 Sports Bar
1.00am Extra Time
4.00 Test Cricket India v England.

Talksport 2

DAB+ talksport.co.uk
6.00am–12 noon Test Cricket
 Continued commentary on day one of the India v England Third Test.
1.00pm–3.00 Racing Newcastle.
7.30–10.00 Rugby Super League
 Hull FC v Hull KR (kick-off 8.00).
10.00pm–1.00am PGA Tour Golf
 Day one of the Genesis Invitational.
3.30am–12 noon Test Cricket
 Commentary on day two of the India v England Third Test.

LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0123 **Virgin** 919
7.00am Nick Ferrari **10.00** James O'Brien **1.00pm** Shelagh Fogarty **4.00** Tom Swarbrick **6.00** Andrew Marr **7.00** Iain Dale **10.00** Ben Kentish **1.00am** Clive Bull **4.00** Ian Payne

Times Radio

DAB thetimes.co.uk/radio
5.00am Rosie Wright **6.00** Aasmah Mir and Stig Abell **10.00** Matt Chorley **1.00pm** Mariella Frostrup **3.00** Jane Garvey and Fi Glover **5.00** John Pienaar **7.00** Pienaar and Friends **8.00** Evening Edition **10.00** Henry Bonsu **1.00am** Stories of Our Times **1.30** Matt Chorley **2.00** The Best of Times Radio

FRIDAY Radio

TODAY'S CHOICES



Drama: Love and Other Lies

2.15pm **Radio 4**

Josie realises that she loves Larry more like a cousin or "a really good cheese" than as a husband. Anyone would be feeling a bit disillusioned, what with his snoring and his trouble remembering the right day of their anniversary. "What have I got to look forward to?" Josie asks herself. "Is it the shopping? Paying the bills?" As written by Sarah Cartwright and portrayed by Jessica Gunning, this middle-aged, day-dreaming mum is all living and breathing flesh and blood. Alongside her spirited character, others such as Larry or her daughter's boyfriend look sketchy in more ways than one. Fortunately, she is the driver of this comedy thriller (directed by Sally Avens), which begins with an inevitable turn of events and ends with her taking unpredictable action.

FIONA HUGHES

Heart and Soul

11.30am/11.30pm **World Service**

How can Christian faith be a guide to understanding and rehabilitation when you are working with the UK's most violent offenders? That is the conundrum for forensic psychiatrist Dr Gwen Adshead, who believes it comes from recognising everyone has a capacity for evil and that the therapeutic process can work by allowing the incarcerated the space to fathom their deeds and potentially become better. Insight and reflection also come from Erwin James, a convicted murderer who turned *Guardian* columnist while serving his life sentence. James died last month, prompting his editor at the paper to say: "he challenged our assumptions...about those who commit the most heinous crimes." Indeed, so does the programme. JEREMY ASPINALL

BBC Radio 1

97.6-99.8 FM DAB bbc.co.uk/radio1
F'view* 700 F'sat 700 Sky 0101 Virgin 901
6.30am Radio 1's Best New Pop **7.00**
Greg James **10.30** Anthems **1.00pm**
Matt and Mollie **3.00** Party Anthems
4.00 Official Chart **6.00** Dance Party
8.00 Future Dance **10.00** Pete Tong
12.00 Essential Mix **2.00am** Dance
Presents **3.00** Club Mix **4.00**
Chillout Anthems **5.00** Relax

BBC Radio 2

88-90.2 FM DAB bbc.co.uk/radio2
F'view* 702 F'sat 702 Sky 0102 Virgin 902
6.30am Nicki Chapman
9.30 Vernon Kay
Including at **11.30** a **Piano Room**
live performance by Jess Glynne
with the BBC Concert Orchestra.
And at **11.10** **Tracks of My Years**,
with two final music picks from
chef Tom Kerridge.
12.00 Jeremy Vine
2.00pm Scott Mills Including at
3.30 Scott Mills's **Wonder Years**,
featuring one track each from
successive years, starting with 1997.
4.00 Sara Cox
7.00 Michelle Visage
At **8.30**, a "gimme more"-themed
edition of **Handbag Hits**, featuring
Britney Spears, Daft Punk, Michael
Jackson, M People and more.
9.00 The Good Groove
With the **Rewind Selector** at **9.30**
- featuring guest Davina McCall -
and at **10.40** the **Deeper Cuts Mix**.
11.00 The Rock Show with
Johnnie Walker
12.00 Romesh Ranganathan:
for the Love of Hip-Hop
1.00am Rick Wakeman's **Key to Keys**
3/4. An instalment from April 2017,
with the former Yes keyboardist
playing the then world exclusive first
play of a rare alternative version of
David Bowie's *Kooks*. Plus Steve
Winwood's work with Spencer Davis
and Talk Talk. (R)
2.00 Radio 2 Unwinds with
Angela Griffin (R)
3.00 Jamie Cullum's
Jazz Piano Playlist (R)
4.00 Sophie Ellis-Bextor's
Kitchen Disco Uplifting tunes.
5.00 Radio 2 in Concert Supertramp
in 1997 at Sheffield Arena. (R)

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 Freesat 707 Sky 0120 Virgin 909
7.30am Deb Grant
10.30 Mary Anne Hobbs Including
at **12.00** the half-hour **Icons Mix**.
1.00pm Craig Charles
4.00 Huw Stephens
7.00 The People's Party
with Afrodeutsche
9.00 6 Music's Indie Forever
11.00 The Ravers Hour **12.00**
6 Music's Rave Forever **1.00am** **6**
MUSIC's EMO FOREVER **2.00** Focus
Beats **4.00** Ambient Focus

Greatest Hits

DAB greatesthitsradio.co.uk
Freeview 716 Regional variations on FM/MW
6.00am Rossie **10.00** Ken Bruce
1.00pm Debbie Mac **4.00** Simon Mayo
7.00 Martin Kemp **10.00** Rhythm of
the Night **1.00am** Good Times
Anthems **2.00** Music Marathon

Boom Radio

DAB+ boomradio.co.uk
6.00am Andy Marriott **7.30**
Graham Dene **10.00** David Lloyd
12.00 David Hamilton **2.00pm** Judi
Spiers **4.00** Nicky Horne **6.00** John
Peters **8.00** The Easy Hour **9.00**
Graham Torrington **12.00** Dave
Brown **2.00am** Through the Night

BBC Radio 3

90.2-92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 Freesat 703 Sky 0103 Virgin 903
News and weather as Monday
6.30am Breakfast With Petroc Trelawny.
9.00 Essential Classics With Tom McKinney.
12.00 Composer of the Week: Karl Jenkins
5/5. The Future. As his 80th birthday approaches
(tomorrow), Karl Jenkins shows no signs of slowing
down. In this week's final conversation, he tells
Donald Macleod about his recent compositions,
including the saxophone concerto *Stravaganza* -
which has its UK premiere next month - and *Fragile*
Earth, to be performed for the first time in April.
Chasing the Goose (Quirk)
Gareth Davies (flutes), John Alley (keyboards), Neil
Percy (percussion), LSO, conducted by the composer
White Water Karl Jenkins (piano)
The Golden Age Begins Anew (One World)
Jody K. Jenkins and Alexander Duggan (percussion),
World Choir and Orchestra for Peace,
conducted by the composer
It Takes Two (Euphonium Concerto) David Childs,
BBC NOW, conductor Bramwell Tovey
Tros y Garreg (Over the Stone) Catrin Finch
(harps), LSO, conducted by the composer
Sakura, Spring Has Come (One World)
Lucy Crowe (soprano), World Choir and Orchestra
for Peace, conducted by the composer
Introit; Dies irae; Pie Jesu (Requiem); *Serendipity*
Cor Caerdydd, Cylgan, West Kazakhstan Philharmonic
Orchestra, conducted by the composer
1.00pm Radio 3 Lunchtime Concert
Sarah Walker concludes a series of performances
from last summer at the Festival International de
Piano de La Roque d'Anthéron in Provence.
Liszt *Années de pèlerinage, troisième année:*
Italie, S163 Nathanaël Guouin (piano)
Rachmaninov *Les larmes;*
Pâques (Suite No 1 in G minor, Op 5)
Anna Geniushene and Lukas Geniushas (pianos)
2.00 Afternoon Concert With Ian Skelly.
Gluck, arr Berlioz *Overture: Orphée et Eurydice*
Frankfurt Radio SO, conductor Diego Fasolis
Bernstein *Clarinet Sonata*
Annelien Van Wauwe, Martin Klett (piano)
Bizet *Nocturne* (Carmen: Suite No 2) New York
Philharmonic, conductor Leonard Bernstein
Albéniz, arr Williams *Sevilla* (Suite española,
Op 47) John Williams (guitar)
Tallis *Spem in alium* BBC Singers,
conductor Stephen Cleobury
Prokofiev *Piano Concerto No 1* Evgeny Kissin,
Berlin PO, conductor Claudio Abbado
3.00 Dvorak *Violin Concerto in A minor* Jan Mracek,
Prague Radio SO, conductor Cornelius Meister
Gluck *Qu'entends-tu? Qu'a-t-il dit? ...Amour, viens*
rendre à mon âme (Orphée et Eurydice) Lucia Cirillo
(soprano), Frankfurt RSO, conductor Diego Fasolis
Mozart *Symphony No 36 in C, K425* (Linz)
BBCSO, conductor Stefan Solym
Rachmaninov *Piano Concerto No 3 in D minor*
(3rd mvt) Garrick Ohlsson, Atlanta Symphony
Orchestra, conductor Robert Spano

Scala Radio

DAB+ scalarradio.co.uk
7.00am Charles Nove Music, a look at the newspapers
and features including **Questions of the Day** and,
from **9.00**, **Screen Time**, featuring an hour of music
from films, TV shows, adverts and video games.
10.00 Penny Smith Including at **11.30** a guest from
the world of arts and culture. Plus requests from **12.00**.
1.00pm Sam Hughes Featuring popular classical
works, new discoveries and rediscoveries.
4.00 Richard Allinson Music and features, including
at **5.30** **Classical Bangers** and **Screen Time** at **Six**.
7.00 Classical Bangers Darren Redick with an
upbeat playlist to start the weekend.
10.00 The Space Soothing and calming music.
1.00am Night Music **5.00 In the Park**

BBC Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 F'sat 709 Sky 0119 Virgin 912
6.00am Fresh **7.00** Nikita Kanda **10.00** Certified
11.00 Haroon Rashid **2.00pm** Certified Throwbacks
3.00 The Official Asian Music Chart: Nayha counts
down the chart **5.00** Certified **6.00** Panjabi Hit
Squad **9.00** DJ Limelight **12.00** Desi Dancefloor
Mix **1.00am** Pure Spice **4.00** Fresh

4.30 The Listening Service Rptd from Sunday 5pm

5.00 In Tune

Sean Rafferty with classical news, music and guests,
today featuring live performances from jazz vocalist,
Silje Nergaard with pianist Espen Berg, and double
bassist Leon Bosch with pianist Rebeca Omordia.

7.00 Classical Mixtape An inspired playlist.

7.30 Radio 3 in Concert

This evening's concert from the Barbican in
Live London features, in its UK premiere
performance, a major statement from British-
American composer Bernard Rands.
Presented by Martin Handley,
Alexander Malofeev (piano), BBC Symphony
Orchestra, conductor Hannu Lintu
Bernard Rands *Symphonic Fantasy*
(BBC co-commission: first UK performance)
Prokofiev *Piano Concerto No 3*
Stravinsky *Song of the Nightingale*
John Adams *Slonimsky's Earbox*

10.00 The Verb

In an edition from last May, Ian McMillan revisits
the BBC Contains Strong Language festival
in September 2022 in Leeds to present a
gathering of poets from all over the world. (R)

10.45 The Essay: Letters to the Overrated and the Underrated

5/5. Dear John le Carré... From the puffed up,
to those who may have been unfairly discounted,
Ian Sansom imagines he's writing to some figures
from modern literary history. Today he sends a few
letters to John le Carré.

11.00 Late Junction

In the week of Valentine's Day, Verity Sharp shares
adventurous music for lonely hearts, including a
dark and heavy Valentines' mix by Kenyan producer
Lord Spikeheart, and archive radio adverts for 1990s
ravers' datelines and tracks for hopeless romance.
Plus sensual salsa from Venezuela, new music for
a cappella voices by New York ensemble Ekmeles,
and a melancholic serenade from the father of
Trinidadian Chutney music, Sundar Popo.

1.00am Gameplay with Baby Queen

Two episodes, first broadcast in January 2022. The first
hour features a playlist "to help you level up", with
highlights of scores by Jason Hayes (*World of Warcraft*),
Ross Tregenza (*Deathloop*), Viacheslav Pakalin (*Sherlock*
Holmes) and many more. Hour two taps into competitive
impulses, with scores from Rozen (*Legend of Zelda*), Yoko
Shimomura (*Kingdom Hearts*), Patrik Jarlestam (*Valheim*),
Yu-Peng Chen (*Genshin Impact*) and more. (R)

3.00 Through the Night

With Danielle Jalowiecka.
Janez Maticic *Suite for strings* **Mozart** *Horn Concerto*
No 2 in E flat, K417 **Paradis, arr Stanic** *Sicilienne* **Glilere**
Symphony No 1 Bostjan Lipovsek (french horn), SNG
Maribor Symphony Orchestra, conductor Ivan Hut
4.16 Beethoven *Piano Trio in B flat, Op 97* (Archduke)
4.57 Gallus *Musica nostra amor* **5.01 Verdi** *Overture: La*
forza del destino **5.08 Hildegard of Bingen** *Ave generosa*
5.14 Abel *Flute Concerto in C, Op 6 No 1* **5.27 Villa-Lobos**
Prelude No 3 in A minor **5.34 Moniuszko** *Hrabina* (*The*
Countess) (ballet music) **5.49 Handel** *Recorder Sonata in*
A minor, HWV362 **6.00 Grieg** *Holberg Suite, Op 40* **6.21**
Lars-Erik Larsson *Songs of the Naked Trees, Op 7* **6.37**
Mendelssohn *Sextet in D, Op 110* Revised repeat

Classic FM

99.9-101.9 FM DAB+ classicfm.com

Freeview 731 Freesat 721 Sky 0106 Virgin 922

6.30am Classic FM Breakfast Aled Jones sits in.
10.00 Alexander Armstrong Classical favourites.
1.00pm Anne-Marie Minhall Listeners' requests.
4.00 Margherita Taylor Classic FM favourites.
7.00 Classic FM at the Movies Jonathan Ross
presents a family-friendly playlist of movie music,
including highlights of scores by Ennio Morricone
(*Once upon a Time in the West*), John Williams
(*Jurassic Park*) and Elmer Bernstein (*Ghostbusters*).
9.00 Young Classical Stars Up-and-coming classical
musicians, today featuring pianist Marina Steneva
- who in 2020 won the Young Steinway Artist Award
- and American violinist Stella Chen, winner in 2019 of
the Queen Elizabeth International Violin Competition.
10.00 Calm Classics With Myleene Klass.
1.00am Katie Breathwick **4.00 Sam Pittis**

Absolute Radio

DAB absoluteradio.co.uk Freeview 727

6.00am Dave Berry **10.00** Leona Graham: mainstream
and indie rock and pop **1.00pm** Emil Franchi **4.00**
Bush and Richie **7.00** Absolute 80s Greatest Hits: with
Claire Sturgess **10.00** Sophie K **4.00am** Emil Franchi

BBC Radio 4

92.4-94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)
News, weather and shipping forecasts as Tuesday
5.30am News Briefing
5.43 Prayer for the Day
 A prayer and reflection with Eleanor Jeans.
5.45 Farming Today
 Rural developments.
5.58 Tweet of the Day
 In one of his five recollections about encounters with birds in Antarctica, wildlife cameraman Doug Allan recalls watching a snowy sheathbill. (R)
6.00 Today
 With Martha Kearney and Nick Robinson.
6.25, 7.25, 8.25 Sports News
7.48 Thought for the Day
 With Vishvapani.
9.00 Desert Island Discs
 Repeated from Sunday 11.15am
9.45 FM Book of the Week: Fire Weather
5/5. By John Vaillant. The author delves into the intertwined histories of the oil industry and climate science, the unprecedented devastation wrought by modern wildfires, and the lives blighted by these disasters. Here, he reflects on a ground-breaking lawsuit in 2021, which found that governments have a duty of care to protect citizens from damage caused by companies responsible for emissions of damaging gases. Read by Kerry Shale. For details see Monday Repeated 12.30am
9.45 LW Daily Service
 Led by Kirsty Thorpe. Psalm 46, vvi-7. Be Thou My Guardian and My Guide, sung by St Martin's Voices; How Deep the Father's Love for Us, performed by Stuart Townend; Dear Lord and Father of Mankind, sung by Daily Service Singers.
10.00 Woman's Hour
 Presented by Anita Rani.
11.00 The Briefing Room
 Repeated from yesterday 8pm
11.30 Athena Kugblenu: Magnifying Glass
 Stand-up comedy special in which Athena Kugblenu examines what it means to be upwardly mobile – and if the rigid way British society views class is in need of a rethink. Producer Leila Navabi (R)
12.04pm Rare Earth
5/7. Environmental journalist Tom Heap and physicist Helen Czerski tackle a major story about the environment and wildlife, work out how things got to become the way they are, and meet the brave and clever individuals with fresh ideas to help people – and nature – thrive. Today they ask: why do politicians have such trouble sticking to their environmental promises? Why are they happy to hug a husky one minute, then desperate to ditch the “green crap” the next? Producer Alasdair Cross
1.00 The World at One
 Presented by Jonny Dymond.

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0126 **Virgin** 910
6.00am Down Payment on Death as 4pm
6.30 Something to Fear as 4.30pm
7.00 Letters from Tove A memoir of sorts (5/5)
7.15 Dombey and Son By Charles Dickens (20/20)
7.30 Ed Reardon's Week as 12.30pm
8.00 Marriage Lines as 6pm
8.30 Know Your Place 1983 sitcom
9.00 The Third Degree Quiz from 2021 (2/6)
9.30 Relativity 2017 comedy (4/4)
10.00 The Brothers Karamazov (5/5)
11.00 Down Payment on Death Thriller (5/5)
11.30 Something to Fear as 4.30pm
12.00 Letters from Tove A memoir of sorts (5/5)
12.15pm Dombey and Son as 5.15pm
12.30 Ed Reardon's Week Comedy by Andrew Nickolds and Christopher Douglas, who stars as the curmudgeonly author. From 2016 (4/6)
1.00 Marriage Lines With Richard Briers
1.30 Know Your Place 1983 sitcom
2.00 The Third Degree Quiz from 2021 (2/6)
2.30 Relativity 2017 comedy (4/4)
3.00 The Brothers Karamazov (5/5)
4.00 Down Payment on Death Thriller (5/5)
4.30 Something to Fear Psychological thriller by John Graham. With Anthony Jacobs, Mary Wimbush and others. From 1967

1.45 In the Loop
5/5. Particle Accelerator. Paul Farley visits the Large Hadron Collider, which is 27 kilometres in circumference and lies deep beneath the Swiss/French border. A ring of supercooled magnets that accelerates subatomic particles to unimaginable speeds and smashes them together, its aim is to reveal the secrets of the universe. (R)
2.00 The Archers
 Repeated from yesterday 7pm
2.15 Drama: Love and Other Lies
New series. 1/5. Romance. By Sarah Cartwright. When an online flirtation turns bad, Josie goes from being titillated to terrified. Her dream of romance turning into the nightmare of sextortion. Soon she is embroiled in a web of deceit that can barely hold together her suburban life. All episodes are available on BBC Sounds from today.

Josie Larry Tyler	Jessica Gunning Paul Ready Anthony J Abraham	Aiden Emma Nick	Ed Coleman Kitty O'Sullivan Josh Bryant-Jones
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 Producer/Director Sally Avens
2.45 Child
6/27. The Unforeseen. India Rakusen explores why it is so difficult to discuss pregnancy loss, miscarriage and unexpected news during pregnancy. She speaks to Clea Harmer CEO of baby loss charity Sands about the idea of what is and isn't a person and how the law, science and our own feelings are at odds with each other on this topic. She also talks to Dr Gareth Thomas about foetal testing and screening in pregnancy. The first ten episodes are available on BBC Sounds.
 Series producer Ellie Sans; Executive producer Suzy Grant
3.00 Gardeners' Question Time
 From Wensleydale, where Kathy Clugston chairs a panel of Marcus Chilton-Jones, Anne Swithinbank and Matthew Wilson. Producer Dan Cocker Repeated Sunday 2pm
3.45 Short Works
 In *Byres Road*, by Rhiannon Tise, a woman returns to Glasgow after 30 years and meets her old university boyfriend. Rhiannon Tise has written dramas and adaptations for Radios 3 and 4, and her plays have been performed at theatres including the Royal National Theatre, the Royal Court and the Lyric Hammersmith. This is her first radio story. It's read by Sharon Small. Producer Jeremy Osborne
4.00 Last Word
 Matthew Bannister presents the programme that profiles the lives of the recently deceased. Producer Gareth Nelson Davies Rptd Sunday 8.30pm
4.30 More or Less
 Repeated from Wednesday 9am Repeated Sunday 8pm
5.00 PM
 Presented by Anita Anand.
6.00 Six o'Clock News

5.00 Letters from Tove A memoir of sorts (5/5)
5.15 Dombey and Son By Charles Dickens (20/20)
5.30 Ed Reardon's Week as 12.30pm
6.00 Marriage Lines Radio adaption by Richard Waring of his TV sitcom, with Richard Briers and Prunella Scales reprising their roles. From 1967
6.30 Know Your Place 1983 sitcom
7.00 The Third Degree Quiz from 2021 (2/6)
7.30 Relativity Richard Herring's comedy. With Alison Steadman, Phil Davis, Fenella Woolgar, Richard Herring and others. From 2017y (4/4)
8.00 When Cassius Met the Beatles
 Eyewitness accounts of the encounter between the king of the ring and the Fab Four. From 2010
8.30 Soul Music Gershwin's *Rhapsody in Blue*
9.00 And the Academy Award Goes to... Paul Gambaccini examines 1993 winner *Unforgiven*
9.30 Fahrenheit 451 By Ray Bradbury (5/10)
9.45 24 Kildare Road Radio drama (5/10)
10.00-12.00 Comedy Club: United Kingdom, at **10.30 Rum Bunch** Comedy sketch show (2/4), at **11.00 The Show What You Wrote** (4/4), at **11.30 All the World's a Globe** (3/8), and at **11.45 Before They Were Famous** (3/6)
12.00 Pilgrim 12.45am The Strange and the Sinister Dark magical fantasy **1.00** as 3pm
2.00 as 4pm **2.30** as 4.30pm **3.00** as 5pm
3.15 as 5.15pm **3.30** as 5.30pm **4.00** as 6pm
4.30 as 6.30pm **5.00** as 7pm **5.30** as 7.30pm

6.30 The News Quiz
7/10. Andy Zaltzman chairs the topical panel game, with guests including Zoe Lyons, Rachel Parris and Danny Finkelstein. Producer Samuel Holmes Repeated tomorrow 12.30pm
7.00 The Archers
 There are home truths at the Bull, and Harrison has his hands full.

David Archer Kenton Archer Pip Archer Ruth Archer Tony Archer Lilian Bellamy Harrison Burns Alice Carter Susan Carter Harry Chilcott	Timothy Bentinck Richard Attlee Daisy Badger Felicity Finch David Troughton Sunny Ormonde James Cartwright Hollie Chapman Charlotte Martin Jack Ashton	Clarrie Grundy Alistair Lloyd Adam Macy Paul Mack Denise Metcalfe Hannah Riley Fallon Rogers Joanna van Kampen Norris Bharti Patel	Heather Bell Michael Lumsden Andrew Wincott Joshua Riley Clare Perkins Helen Longworth
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 Writer Sarah McDonald Hughes; Director Pip Swallow Editor Jeremy Howe
7.15 Add to Playlist
2/8. Organist Anna Lapwood and baritone Benjamin Appl join Cerys Matthews and Jeffrey Boakye as they head from the Munich Hofbräuhaus to a 1970 Van Morrison classic. Producer Jerome Weatherald
8.00 Any Questions?
 Alex Forsyth presents political debate from Hope Valley College in the Peak District with a panel of figures from politics and elsewhere. Producer Camellia Sinclair Repeated tomorrow 1.00pm
8.50 A Point of View
 A reflection on a topical issue. Rptd Sunday 8.48am
9.00 The Cows Are Mad
2/2. Omnibus. Lucy Proctor looks back at the BSE outbreak, and the unanswered questions surrounding where the disease came from and how it was able to spread to humans. Producer Lucy Proctor
10.00 The World Tonight
 Presented by Shaun Ley.
10.45 Book at Bedtime: Mr Norris Changes Trains
5/5. By Christopher Isherwood. As the Nazis' grip on power tightens, Arthur has to consider whether it is safe to stay. Abridged by Lucy Ellis and read by Joseph Kloska. For details see Monday
11.00 Americast
 Justin Webb, Sarah Smith, Marianna Spring and Anthony “The Zurch” Zurcher survey the latest developments in US politics.
11.30 Playing the Salesman
 Christopher Bigsby hears from actors (Dustin Hoffman, Warren Mitchell) and directors (Michael Rudman, David Thacker), who discuss their work in revivals of Arthur Miller's 1949 play *Death of a Salesman*. From 2006. Producer Julian May Revised repeat
12.00 News and Weather
12.30-12.45am Book of the Week: Fire Weather Repeated from 9.45am (FM only)
1.00 as BBC World Service

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview * 710 **Freesat** 711 **Sky** 0115 **Virgin** 906
 Programmes may differ online, and on Freesat, Sky, and Virgin
5.00am Newsday **8.00** News **8.05** Hardtalk
8.30 Business Daily **8.50** Witness History **9.00** The Newroom **9.30** Science in Action **10.00** News **10.05** The Real Story **11.00** The Newroom
11.30 CHOICE: Heart and Soul: Doctor Gwen Adshead is a forensic psychiatrist working with the UK's most violent offenders. Here she reflects on her faith and the part it plays in her work
12.00 News **12.05pm** The Fifth Floor **12.50** Witness History: how a food supplement used in the Nigerian civil war was turned into the popular drink Supermalt **1.00** The Newroom **1.30** Science in Action **3.00** News **3.05** Hardtalk
3.30 World Business Report **4.00** BBC OS
6.00 News **6.05** The Fifth Floor **6.50** Witness History **7.00** The Newroom **7.30** Sport Today
8.00 News **8.05** BBC OS Conversations
8.30 Crowd Science **9.00** Newshour **10.00** The Newroom **10.20** Sports News **10.30** World Business Report **11.00** News **11.05** Hardtalk
11.30 CHOICE: Heart and Soul **12.00** News **12.05am** The Real Story **1.00** News **1.05** Business Matters **2.00** The Newroom **2.30** Stumped **3.00** News **3.05** The Fifth Floor **3.50** Witness History **4.00** News **4.05** The Real Story

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706
Sky 0131 **Virgin** 908
News and sport bulletin every half-hour
 Times vary during live sports coverage
5.00am Wake Up to Money
6.00 5 Live Breakfast With Rick Edwards and Nina Warhurst.
9.00 Nicky Campbell
11.00 Chiles on Friday
 Adrian Chiles presents a good-humoured weekly show.
1.00pm Elis James and John Robins
 A playful take on myriad issues. Available on Sounds since Tuesday.
2.00 Colin Murray
4.00 5 Live Drive Presented by Tony Livesey and Clare McDonnell.
7.00 5 Live Sport
 Sports news and features, including at **7.00 The Friday Football Social**, with Darren Fletcher and guests Clinton Morrison and Nigel Reo-Coker looking ahead to the weekend's action.
10.00 Stephen Nolan
1.00am Lisa McCormick

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra
F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908
6.00am-12 noon Test Cricket
 Continued coverage of Australia Women v South Africa day two.
2.30am Test Cricket
 Australia Women v South Africa Women on day three of the Test in Perth. Continues until 12 noon.
Radio 5 Live: Contact individual programmes via bbc.co.uk/5live.
 TELEPHONE: 0808 590 9693
 TEXT: 85058 (standard rate)

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927
6.00am Talksport Breakfast
10.00 Jim White and Simon Jordan Insight and opinion.
1.00pm Hawksbee and Jacobs
4.00 Talksport Drive
7.00 Thank Friday It's Football
10.00 Sports Bar
1.00am Extra Time with Martin Kelner Topical discussion.
4.00 Test Cricket India v England, the third day of the Third Test.

Talksport 2

DAB+ talksport.co.uk
6.00am-12 noon Test Cricket
 Continued commentary on day two of the India v England Third Test.
1.00pm-3.00 Racing From Ffos Las.
7.00-10.00 Championship Football West Bromwich Albion v Southampton (kick-off 8.00).
10.00pm-1.00am PGA Tour Golf Day two of the Genesis Invitational.
3.30am-12 noon Test Cricket
 India v England, day three, Third Test.

LBC

97.3 FM (London area) **DAB** lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0123 **Virgin** 919
7.00am Nick Ferrari **10.00** James O'Brien **1.00pm** Shelagh Fogarty
4.00 Tom Swarbrick **6.00** Lewis Goodall **9.00** Dean Dunham
10.00 Nick Abbot **1.00am** Clive Bull **4.00** Oli Dugmore

Times Radio

DAB thetimes.co.uk/radio
5.00am Rosie Wright **6.00** Chloe Tilley and Calum Macdonald **10.00** Matt Chorley **1.00pm** Ruth Davidson
4.00 Cathy Newman **7.00** Ed Vaizey
10.00 Henry Bonsu **1.00am** Stories of Our Times **1.30** Matt Chorley Highlights **2.00** Best of Times Radio

Face behind the voice Omah Howard Capital Xtra



Age 23
Current job
Presenter of the mid-morning show (Mon-Fri, 10am-1pm) on Capital Xtra.

CV Born in London, he grew up in Thames Ditton, Surrey. While he was studying at Esher College, he made his radio debut. "My mum knew Lynn Parsons, a presenter on Magic FM. I used to go and watch her radio shows and she told me about Eagle Radio. I did a ten-day course there." After college he was a home improvements salesman. "It was so important – being able to control a conversation. Those skills I'll carry for life." He took a course at the Bauer Academy, then won the Kiss Chosen One competition, which led to four years on Kiss Fresh, as well as co-hosting with Sam Darlston on Kiss FM. In 2021 he began hosting The Hundred Rising cricket tournament. As a continuity announcer for BBC3, his was the first voice heard when it relaunched as a terrestrial channel. He joined Capital Xtra to present the

evening show in September 2022. "A big passion for me is freestyling, expressing myself through music." The single *Purple Scrapbook* by Boy 2 Man featuring Omah Howard was released last year. He will DJ at London's TS5 Festival in March.

Social media – yes or no? "Yes – the world is always evolving and we have to learn to adapt. It's a good tool to connect to people all around the world. But no – in the sense of where we're putting our attention. Everything comes down to balance and that's what we have to try to find."

Best moments "I always had anxiety about under-achieving. 'What am I gonna do when I'm older?' But putting that fader up, talking to the nation for the first time – it was like gratitude. The things I'd wished for, I now had. My top moment on Capital Xtra was talking to Bugzy Malone. His character and energy is infectious."

Worst moment "I'm always being told to keep my mug away from the desk. I'm like 'Yeah, all right!' But it's habitual. Next thing you know I'd knocked it all over the faders. I

tried not to tell anyone. But then buttons started malfunctioning."

Off air "I live in Thames Ditton with mum and dad and a sheepadoodle called Winston – he has his own Instagram [ello.itswinston]."

First radio memory "My mum's a personal trainer. I used to train in her gym at the end of the garden and Reece Parkinson on Radio 1Xtra got me through my workout."

Favourite broadcasters "Big up Tyler West from Kiss FM, a great broadcaster. He's always been there to give me advice. Rob[ert] Bruce and Shayna [Marie], who do the Capital Xtra breakfast show. And Reece Parkinson most definitely."

Ambition/Dream job "I'd love to build a platform where artists can showcase their talent and have inspirational conversation. I want to do it all: documentaries, TV. I want to be a male Maya Jama."

Secret skills "I can speak back slang. Every syllable you add 'e-der-ga'. Edegai edergow edergar edergou? (That's 'Hi, how are you?')"

DAVID MCGILLIVRAY
Listen at capitalxtra.com

7.00 Mon: Farzana Chaudry; **Fri:** Angelle Joseph **8.00 Thu:** Introducing **10.00–1am (Tue: 10.30)** Becky Want; **Fri:** Jo Good

Gloucestershire

Saturday

6am Caroline Martin **10.00** Andy Bennett **2.00** Matchday **6.00** Upload **8.00** Introducing **10.00–1am** Jo Good

Sunday

6am Caroline Martin **10.00** Andy Bennett **1.50 FM** Matchday **2.00** *MW only until 4.00* Dominic Cotter **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Jon Smith; **Thu:** David Smith **10.00** Nicky Price **2pm** Dominic Cotter **6.00 Mon:** Sport; **Tue:** Scrum; **Wed:** Dan Pascoe; **Thu:** Upload; **Fri:** Sport **7.00 Mon:** Manny Masih; **Tue:** Matchnight; **Fri:** Kevin Philemon **8.00 Thu:** Introducing **9.30 Wed:** Mums without Makeup **10.00–1am** Becky Want; **Fri:** Jo Good

Guernsey

Saturday

6am Matthew Price **10.00** Jim Delbridge **2pm** Warren Muggleton **6.00** Introducing **10.00–1am** Jo Good

Sunday

6am Matthew Price **10.00** Jim Delbridge **2pm** Danny Parkinson **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Tim Hunter **10.00** Danny Parkinson; **Fri:** Jim Delbridge **2pm** Darcy Kelly **6.00 Mon:** James Dundon; **Tue/Wed:** Dan Pascoe; **Thu:** Introducing; **Fri:** Danny Parkinson **8.00 Thu:** BBC Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Hereford/Worcester

Saturday

6am Lorna Bailey **10.00** Liz Ellis **2.00** Sport **6.00** Upload **8.00** Introducing **10.00–1am** Jo Good

Sunday

6am Donna Alos **10.00** Liz Ellis **2pm** Paula White **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Tammy Gooding; **Thu/Fri:** Jonathan Ray **10.00** Malcolm Boyden **2pm** Toni McDonald **6.00 Mon/Fri:** Sport; **Tue/Wed:** Arun Verma; **Thu:** Upload **7.00 Mon:** Gagan Grewal; **Fri:** Merisha Stevenson **8.00 Thu:** BBC Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Humberside

Saturday

6am Fiona Mills **10.00** Jono Brine **2pm** Sport **5.00** Football **6.00** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Fiona Mills **10.00** Jono Brine **2pm** Sarah-Jane Honeywell **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Kofi Smiles **9.05** **Fri:** Kofi's Good Things **10.00** Carla Greene **2pm** Richard Stead; **Fri:** Fiona Mills

6.00 Sportstalk **7.00 Mon:** Arzu Dutta; **Tue/Thu:** Sport; **Wed:** John Kane; **Fri:** Sile Sibanda **9.35** **Tue:** Football **10.00–1am (Tue: 10.30)** Becky Want; **Fri:** Jo Good

Jersey

Saturday

6am Matthew Price **10.00** Jim Delbridge **2pm** Warren Muggleton **6.00** Introducing **10.00–1am** Jo Good

Sunday

6am Matthew Price **10.00** Jim Delbridge **2pm** Danny Parkinson **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Jenny Mullin **10.00** Sara Palmer **2pm** Darcy Kelly **6.00 Mon:** James Dundon; **Tue/Wed:** Dan Pascoe; **Thu:** Introducing; **Fri:** Danny Parkinson **8.00 Thu:** BBC Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Kent

Saturday

6am Allison Ferns **10.00** Stephen Brown **2pm** Sports Hub **6.00** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Allison Ferns **10.00** Pat Marsh **2pm** Erika North **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am The Wake Up Call **10.00** Dominic King **2pm** Adam Dowling **6.00 Mon:** Game Changers; **Tue/Wed:** Stephen Brown; **Thu:** Upload; **Fri:** The Huddle **7.00 Mon:** Rena Annobli; **Fri:** Dan Simpson **8.00 Thu:** Introducing **9.00** **Wed:** Kathy Caton **10.00–1am** Becky Want; **Fri:** Jo Good

Lancashire

Saturday

6am Paul Beesley **10.00** Hayley Kay **2pm** Matchday Live **6.00** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Joe Wilson **10.00** Hayley Kay **2pm** Billy Hui **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Graham Liver **10.00** Joe Wilson **2pm** Nishma Hindocha **6.00** Sport; **Tue:** Matchnight Live **7.00 Mon:** Raees Khan; **Wed:** Matchnight; **Thu:** Upload **8.00 Thu:** Introducing; **Fri:** Rachel Teate **10.00–1am** Becky Want; **Fri:** Jo Good

Leeds

Saturday

6am Kat Cowan **10.00** Nick Ahad **2pm** Sport **6.00** Upload **8.00** Introducing **10.00–1am** Jo Good

Sunday

6am Kat Cowan **10.00** Becky Measures **2pm** Sport **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Rima Ahmed; **Fri:** Rich Williams **10.00** Steve Bailey **2pm** Toby Foster **6.00** Sport **7.00** Sport; **Mon:** Arzu Dutta; **Thu:** Upload **8.00 Thu:** Introducing **10.00–1am Mon/Thu (Tue/Wed: 10.30)** Becky Want; **Fri:** Jo Good

Berkshire

Saturday

6am Katie Martin **10.00** Alice Hopkins **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Katie Tyler **10.00** Alice Hopkins **2pm** Tony Blackburn **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Kirsten O'Brien; **Fri:** Katie Tyler **10.00** Sarah Walker; **Thu/Fri:** Alice Hopkins **2pm** Bridgitte Tetteh **6.00 Mon/Tue:** Sport; **Wed:** Stephen Brown; **Thu:** Upload; **Fri:** Kick-Off **7.00 Mon:** Rena Annobli; **Fri:** Dan Simpson **8.00 Thu:** Introducing **9.00** **Wed:** Kathy Caton **10.00–1am** Becky Want; **Fri:** Jo Good

Bristol

Saturday

6am Caroline Martin **10.00** Andy Bennett **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Caroline Martin **10.00** Andy Bennett **2pm** Steve Yabsley **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Joe Sims **10.00** John Darvall **2pm** Claire Carter; **Fri:** Andy Bennett **6.00 Mon:** Sound of the City; **Tue:** Scrum; **Wed:** Extra Time; **Thu:** Having a Gas; **Fri:** Sport **7.00 Mon:** Manny Masih; **Tue:** Sport; **Wed:** Dan Pascoe; **Thu:** Upload; **Fri:** Kevin Philemon **8.00 Thu:** Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Cambridgeshire

Saturday

6am Babs Michel **10.00** Amir Suleman **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Babs Michel **10.00** Amir Suleman **2pm** John Leech Soul Show **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Dotty McLeod **10.00** Chris Mann **2pm** Louise Hulland **6.00** Sport; **Mon:** Farzana Chaudry; **Wed:** Babs Michel **7.00 Tue:** Pre-Match; **Thu:** Upload; **Fri:** Angelle Joseph **7.45 Tue:** Sport **8.00 Thu:** BBC Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Cornwall

Saturday

6am Mel Osborne **10.00** James Dundon **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Faith Programme **10.00** Daphne Skinnard **2pm** Mel Everett **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am James Churchfield **10.00** Julie Skentelbery **2pm** David White **6.00** Anoushka Williams; **Thu:** Upload; **Fri:** Tom Williams **8.00 Thu:** Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Cumbria

Saturday

6am Paul Beesley **10.00** Hayley Kay **2.00** Sport

6.00 Upload **8.00** Introducing **10.00–1am** Jo Good

Sunday

6am Joe Wilson **10.00** Hayley Kay **2pm** Billy Hui **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Mike Zeller **10.00** Chris Felton **2pm** Nishma Hindocha **6.00** Sport; **Wed:** Joel Mitchell; **Thu:** Upload **7.00 Mon:** Emma Millen; **Fri:** Rachel Teate **8.00 Thu:** Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

CWR

Saturday

6am Richard Williams **10.00** Elise Evans **2pm** Letitia George **6.00** Upload **8.00** Introducing **10.00–1am** Jo Good

Sunday

6am Donna Alos **10.00** Elise Evans **11.00** Sport **3pm** Paula White **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Phil Upton **10.00** Vic Minett **2pm** Trish Adudu **6.00** Sport; **Fri:** The Sound of the Sky Blues **7.00 Mon:** Gagan Grewal; **Tue:** Arun Verma; **Wed:** Sport; **Thu:** Upload; **Fri:** Merisha Stevenson **8.00 Thu:** Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Derby

Saturday

6am Becky Measures **10.00** Dino **2pm** SportsScene **6.00** Dean Jackson **10.00–1am** Jo Good

Sunday

6am Kelly Hinch **10.00** Dino **2pm** Dean Jackson **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Andy Twigg **10.00** Ian Skye **2pm** Ben Jackson **6.00** SportsScene **7.00 Mon:** Shruti Chauhan; **Wed:** Arun Verma; **Thu:** Dean Jackson; **Fri:** Letitia George **10.00–1am (Tue: 10.15)** Becky Want; **Fri:** Jo Good

Devon

Saturday

6am Caroline Cook **10.00** Richard Green **2pm** Sport **6.00** Upload **8.00** Introducing **10.00–1am** Jo Good

Sunday

6am Rick Edwards **10.00** Toby Buckland **2pm** Mel Everett **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am John Acres; **Mon/Tue:** Rick Edwards **10.00** Toby Buckland **2pm** David White **6.00** Sport; **Mon:** Anoushka Williams; **Thu:** Upload; **Fri:** Tom Williams **8.00 Thu:** Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Essex

Saturday

6am Babs Michel **10.00** Sadie Nine **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Babs Michel **10.00** Sadie Nine **2pm** John Leech **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Sonia Watson **10.00** Ben Fryer **2pm** Akyah Rodriguez **6.00 Mon:** Sport; **Tue:** Framed; **Wed:** Babs Michel; **Thu:** Upload; **Fri:** Phone-in **6.30 Tue:** Sport

Leicester**Saturday**

6am Becky Measures
10.00 Dino 1pm Early Kick-Off
2.00 Sport 6.00 The Beat
10.00–1am Jo Good

Sunday

6am Kelly Hinch 10.00 Dino
2pm Dean Jackson 6.00
Gagan Grewal 8.00 Nikki
Tapper 10.00–1am Becky Want

Monday–Friday

6am Ady Dayman; **Mon:** Jack Rafferty 10.00 Kelly Hinch 2pm Dean Jackson; **Thu/Fri:** Letitia George 6.00 **Mon:** Football; **Tue:** Game Night; **Wed:** Rugby Show; **Thu:** Boot Room; **Fri:** Preview 7.00 **Mon:** Shruti Chauhan; **Tue:** Sport; **Wed:** Arun Verma; **Thu:** Dean Jackson; **Fri:** Kevin N'Cube 10.00–1am (Tue: 11.00); Becky Want 10.00–1am **Fri:** Jo Good

Lincolnshire**Saturday**

6am Fiona Mills 10.00 Charlie Burley 2pm Hope and Glory 6.00 Beat 8.00 Introducing 10.00–1am Jo Good

Sunday

6am Fiona Mills 10.00 Charlie Burley 2pm Sarah-Jane Honeywell 6.00 Country Lincs 7.00 Folk 10.00–1am Becky Want

Monday–Friday

6am Scott Dalton 10.00 Frances Finn 2pm Richard Stead 6.00 In the Game; **Tue/Fri:** Hope and Glory 7.00 **Mon:** Arzu Dutta; **Wed:** John Kane's Northern Soul; **Thu:** Upload; **Fri:** Sile Sibanda 8.00 **Thu:** BBC Introducing 10.00–1am Becky Want; **Fri:** Jo Good

London**Saturday**

6am Carrie and David Grant 10.00 Robert Elms 1pm Gary Crowley 2.00 Sport 6.00 Alice Dale 8.00 Introducing 10.00 Jo Good 1am–5.00 Lisa McCormick

Sunday

6am Inspirat 10.00 Robert Elms 2pm Gaby Roslin 6.00 Dotun Adebayo 10.00 Becky Want 1am–5.00 Dotun Adebayo

Monday–Friday

6am Salma El-Wardany; **Fri:** Riz Lateef 10.00 Eddie Nestor; **Fri:** Robert Elms 2pm Shay Grewal; **Fri:** Jumoké Fashola 6.00 Sport 7.00 **Mon:** Asad Ahmad; **Tue:** Kim Davis; **Wed:** Jacqueline Shepherd; **Thu:** Alice Dale; **Fri:** Aminata Kamara 8.00 **Thu:** Introducing 10.00 Becky Want; **Fri:** Jo Good 1am–5.00 Dotun Adebayo; **Fri:** Lisa McCormick

Manchester**Saturday**

6am Phil Trow 10.00 Simone Riley 12.00 Sport 3.00 FM Bill Rice; DAB Sport 6.00 Upload 8.00 BBC Introducing 10.00–1am Jo Good

Sunday

6am Phil Trow 10.00 Simone Riley 2pm Stacey Copeland 6.00 Dotun Adebayo 10.00–1am Becky Want

Monday–Friday

6am Anna Jameson 10.00 Mike Sweeney; **Fri:** Joe McGrath 2pm Michelle Dignan; **Thu/Fri:** Simone Riley 6.00 Sport 7.00 **Mon:** Raees Khan; **Tue/Fri:** Sport; **Wed:** Joel Mitchell; **Thu:** Upload; **Fri:** DAB Ngunan Adamu 8.00 **Thu:** Introducing 10.00–1am Becky Want; **Fri:** Jo Good

Merseyside**Saturday**

6am Paul Beesley 10.00 Sean Styles 12.00 Total Sport 6pm Upload 8.00 BBC Introducing 10.00–1am Jo Good

Sunday

6am Joe Wilson 10.00 Sean Styles 2pm Billy Hui 7.00 Dotun Adebayo 10.00–1am Becky Want

Monday–Friday

6am Phil Munns; **Fri:** Lisa Marrey 10.00 Kevin Duala 2pm Helen Jones 6.00 Total Sport 8.00 **Mon:** Raees Khan; **Tue:** Jade Burns; **Wed:** Joel Mitchell; **Thu:** Introducing; **Fri:** UK Black 9.00 **Mon:** Orient Express 10.00–1am Becky Want; **Fri:** Jo Good

Newcastle**Saturday**

6am Tom Campbell 10.00 Chris Felton 2pm Sport 8.00 BBC Introducing 10.00–1am Jo Good

Sunday

6am Tom Campbell 9.00 Garden Mania 10.00 Chris Felton 2pm Simon Logan 6.00 Dotun Adebayo 10.00–1am Becky Want

Monday–Friday

6am Matt Bailey 10.00 Anna Foster 2pm Scott Makin 6.00 Sport 8.00 **Mon:** Emma Millen; **Tue:** Jade Burns; **Thu:** BBC Introducing; **Fri:** Rachel Teate 10.00–1am Becky Want; **Fri:** Jo Good

Norfolk**Saturday**

6am Babs Michel 10.00 Amir Suleman 2pm Sport 5.00 Canary Call 6.00 Upload 8.00 Introducing 10.00–1am Jo Good

Sunday

6am Babs Michel 10.00 Amir Suleman 2pm John Leech Soul 6.00 Dotun Adebayo 10.00–1am Becky Want

Monday–Friday

6am Chris Greham 10.00 Kayleigh Poacher 2pm Louise Hullah 6.00 **Mon:** Scrimmage; **Tue/Wed:** Babs Michel; **Thu:** Upload; **Fri:** Yellow Friday 6.30 **Fri:** Local Report 7.00 **Mon:** Farzana Chaudry; **Tue:** Sport; **Fri:** Angelle Joseph 8.00 **Thu:** Introducing 9.45 **Tue:** Canary Call 10.00–1am (Tue: 10.30) Becky Want; **Fri:** Jo Good

Northampton**Saturday**

6am Babs Michel 10.00 Justin Dealey 1pm Sport 6.00 Upload 8.00 BBC Introducing 10.00–1am Jo Good

Sunday

6am Babs Michel 10.00 Justin Dealey 2pm Paul Lovett 4.00 The John Leech Soul Show

6.00 Dotun Adebayo
10.00–1am Becky Want

Monday–Friday

6am Annabel Amos 10.00 Bernie Keith 2pm Roberto Perrone 6.00 **Mon:** Chance Litchfield; **Tue:** Babs Michel; **Wed:** Saints Show; **Thu:** Cobblers Show; **Fri:** Sports Show 7.00 **Mon:** Farzana Chaudry; **Tue:** Sport; **Wed:** Babs Michel; **Thu:** Upload; **Fri:** Angelle Joseph 8.00 **Thu:** BBC Introducing 10.00–1am Becky Want; **Fri:** Jo Good

Nottingham**Saturday**

6am Becky Measures 10.00 Dino 2pm Matchday 8.00 Dean Jackson 10.00–1am Jo Good

Sunday

6am Kelly Hinch 10.00 Dino 2pm Dean Jackson 5.00 We Are Notts 6.00 Gagan Grewal 8.00 Nikki Tapper 10.00–1am Becky Want

Monday–Friday

6am Andy Whittaker; **Mon:** Sarah Julian 10.00 Dino 2pm Dean Jackson; **Thu:** Letitia George 6.00 In the Game 7.00 **Mon:** Shruti Chauhan; **Tue:** Matchnight; **Wed:** Arun Verma; **Thu:** Dean Jackson; **Fri:** Letitia George 10.00–1am Becky Want; **Fri:** Jo Good

Oxford**Saturday**

6am Katie Martin 10.00 Alice Hopkins 2pm Sport 6.00 Upload 8.00 BBC Introducing 10.00–1am Jo Good

Sunday

6am Katie Tyler 10.00 Alice Hopkins 2pm Tony Blackburn 6.00 Dotun Adebayo 10.00–1am Becky Want

Monday–Friday

6am Lilley Mitchell; **Thu/Fri:** Jerome Sale 10.00 Adam Ball 2pm Bridgitte Tetteh 6.00 **Mon/Fri:** Sport; **Tue:** Pete Bestwick; **Wed:** Stephen Brown; **Thu:** Upload 7.00 **Mon:** Rena Annobil; **Tue:** Sport; **Fri:** Dan Simpson 8.00 **Thu:** BBC Introducing 10.00–1am Becky Want; **Fri:** Jo Good

Sheffield**Saturday**

6am Kat Cowan 9.00 Yorkshire Kitchen 10.00 Nick Ahad 2pm Football Heaven 3.00 DAB Football Heaven 5.00 Praise or Grumble 6.00 Upload 8.00 BBC Introducing 10.00–1am Jo Good

Sunday

6am Kat Cowan 9.00 The Grow Show 10.00 Becky Measures 2pm Sile Sibanda 6.00 Dotun Adebayo 10.00–1am Becky Want

Monday–Friday

6am Ellie Colton 10.00 Paulette Edwards 2pm Toby Foster 6.00 Football Heaven 7.00 **Mon:** Arzu Dutta; **Wed:** John Kane's Northern Soul; **Thu:** Upload; **Fri:** Sile Sibanda 7.45 **Tue:** DAB Football Heaven 8.00 **Thu:** BBC Introducing 10.00–1am Becky Want; **Fri:** Jo Good

Shropshire**Saturday**

6am Lorna Bailey 10.00 Liz Ellis 2pm Sport 6.00 Upload 8.00 Introducing 10.00–1am Jo Good

Sunday

6am Donna Alos 10.00 Liz Ellis 2pm Paula White 6.00 Dotun Adebayo 10.00–1am Becky Want

Monday–Friday

6am Adam Green 10.00 Clare Ashford 2pm Toni McDonald 6.00 **Mon/Fri:** Sports Hour; **Tue/Wed:** Arun Verma; **Thu:** Upload 7.00 **Mon:** Gagan Grewal; **Tue:** Sport; **Fri:** Merisha Stevenson 8.00 **Thu:** BBC Introducing 10.00–1am Becky Want; **Fri:** Jo Good

Radio Solent**Saturday**

6am Katie Martin 10.00 Alice Hopkins 2pm Sport 6.00 Upload 8.00 BBC Introducing 10.00–1am Jo Good

Sunday

6am Katie Tyler 10.00 Alice Hopkins 2pm Tony Blackburn 6.00 Dotun Adebayo 10.00–1am Becky Want

Monday–Friday

6am Alun Newman 10.00 Lou Hannan 2pm Carl Ralley 6.00 **Mon:** Fern Buckley; **Tue/Fri:** Sport; **Wed:** Tom Deacon; **Thu:** Fan Club 7.00 **Mon:** Rena Annobil; **Wed:** Stephen Brown; **Thu:** Upload 8.00 **Thu:** Introducing 9.00 **Wed:** Kathy Caton 10.00–1am **Mon/Wed/Thu:** Becky Want 10.30–1am **Tue:** Becky Want; **Fri:** Jo Good 103.8 FOR WEST DORSET As Radio Solent, including Dorset news and features, plus: **Monday–Friday** 7am–9.00 Carl Ashwin

Somerset**Saturday**

6am Caroline Martin 10.00 Andy Bennett 2pm Sport 6.00 Upload 8.00 Introducing 10.00–1am Jo Good

Sunday

6am Caroline Martin 10.00 Andy Bennett 2pm Mel Everett 6.00 Dotun Adebayo 10.00–1am Becky Want

Monday–Friday

6am Paris Troy 10.00 Simon Parkin 2pm Claire Carter; **Fri:** Andy Bennett 6.00 **Mon:** Sound of the City; **Tue:** The Scrum; **Wed:** Extra Time; **Thu:** Having a Gas; **Fri:** Sport 7.00 **Mon:** Manny Masih; **Tue:** Sport; **Wed:** Dan Pascoe; **Thu:** Upload; **Fri:** Kevin Philemon 8.00 **Thu:** Introducing 9.30 **Wed:** Mums without Makeup 10.00–1am (Tue: 10.30) Becky Want; **Fri:** Jo Good

Stoke**Saturday**

6am Lorna Bailey 10.00 Liz Ellis 2pm Sport 6.00 Upload 8.00 BBC Introducing 10.00–1am Jo Good

Sunday

6am Donna Alos 10.00 Liz Ellis 2pm Paula White

6.00 Dotun Adebayo
10.00–1am Becky Want

Monday–Friday

6am Lee Blakeman; **Mon:** Paula White 10.00 Susan Hanks 2pm Toni McDonald 6.00 Sport; **Fri:** Praise and Grumble 7.00 **Mon:** Gagan Grewal; **Tue/Wed:** Sport; **Thu:** Upload; **Fri:** Merisha Stevenson 8.00 **Thu:** Introducing 10.00–1am Becky Want; **Fri:** Jo Good

Suffolk**Saturday**

6am Babs Michel 10.00 Amir Suleman 12.00 Matchday 6pm Upload 8.00 Introducing 10.00–1am Jo Good

Sunday

6am Babs Michel 10.00 Amir Suleman 2pm John Leech 6.00 Dotun Adebayo 10.00–1am Becky Want

Monday–Friday

6am Wayne Bavin 10.00 Sarah Lilley 2pm Louise Hulland 6.00 **Mon:** Tractor; **Tue/Wed:** Babs Michel; **Thu:** Upload; **Fri:** Sport 7.00 **Mon:** Farzana Chaudry; **Fri:** Angelle Joseph 7.30 **Wed:** Matchnight 8.00 **Thu:** Introducing 10.00–1am (Tue: 10.30) Becky Want; **Fri:** Jo Good

BBC Surrey and BBC Sussex**Saturday**

6am Allison Ferns 10.00 Stephen Brown 2pm Tim Durrans 6.00 Upload 8.00 Introducing 10.00–1am Jo Good

Sunday

6am Allison Ferns 10.00 Pat Marsh 2pm Erika North 6.00 Dotun Adebayo 10.00–1am Becky Want

Monday–Friday

6am Surrey: James Cannon; Sussex: Danny Pike 10.00 Sarah Gorrell 2pm Adam Dowling 6.00 **Mon:** Game Changers; **Tue/Wed:** Stephen Brown; **Thu:** Upload; **Fri:** Sporting Preview 7.00 **Mon:** Rena Annobil; **Fri:** Evening Show 8.00 **Thu:** Introducing 9.00 **Tue:** Sussex: Sport Focus; **Wed:** Kathy Caton 10.00–1am Becky Want; **Fri:** Jo Good

Tees**Saturday**

6am Tom Campbell 10.00 Chris Felton 2pm Sport 8.00 BBC Introducing 10.00–1am Jo Good

Sunday

6am Tom Campbell 9.00 Garden Mania 10.00 Chris Felton 2pm Simon Logan 6.00 Dotun Adebayo 10.00–1am Becky Want

Monday–Friday

6am Amy Oakden 10.00 Gary Philipson 2pm Scott Makin 6.00 Sport 7.00 **Mon:** Emma Millen; **Tue:** Jade Burns; **Thu:** Upload; **Fri:** Rachel Teate 8.00 **Thu:** BBC Introducing 10.00–1am Becky Want; **Fri:** Jo Good

Three Counties**Beds, Herts and Bucks****Saturday**

6am Babs Michel 10.00 Justin Dealey 2pm Sport

5.00 5-0-5 6.00 Upload
8.00 BBC Introducing
10.00–1am Jo Good

Sunday

6am Babs Michel 10.00 Justin Dealey 2pm Paul Lovett 4.00 The John Leech Soul Show 6.00 Dotun Adebayo 10.00–1am Becky Want

Monday–Friday

6am Andy Collins 10.00 JVS 2pm Roberto Perrone 6.00 **Mon:** Non League Show; **Tue:** Sport; **Wed:** Babs Michel; **Thu:** Upload; **Fri:** Sport 7.00 **Mon:** Farzana Chaudry; **Fri:** Angelle Joseph 8.00 **Thu:** BBC Introducing 10.00–1am Becky Want; **Fri:** Jo Good

Wiltshire**Saturday**

6am Caroline Martin 10.00 Andy Bennett 2pm Sport 6.00 Upload 8.00 Introducing 10.00–1am Jo Good

Sunday

6am Caroline Martin 10.00 Andy Bennett 2pm Dominic Cotter 6.00 Dotun Adebayo 10.00–1am Becky Want

Monday–Friday

6am Ben Prater 10.00 Sue Davies 2pm Dominic Cotter 6.00 **Mon/Fri:** Sport; **Tue/Wed:** Dan Pascoe; **Thu:** Upload 7.00 **Mon:** Manny Masih; **Fri:** Kevin Philemon 8.00 **Thu:** Introducing 10.00–1am Becky Want; **Fri:** Jo Good

WM**Saturday**

6am Lorna Bailey 10.00 Elise Evans 12.00 Sport 6pm Upload 8.00 BBC Introducing 10.00–1am Jo Good

Sunday

6am Grace Smith 10.00 Mollie Green 2pm Paula White 4.00 Sport 6.30 Dotun Adebayo 10.00–1am Becky Want

Monday–Friday

6am Rakeem Omar 10.00 Kathryn Stanczyzyn; **Fri:** Mollie Green 2pm Trish Adudu 6.00 The Football Phone-in 7.00 **Mon:** WM Community; **Tue/Fri:** Sport; **Wed:** Arun Verma; **Thu:** Upload 8.00 **Thu:** BBC Introducing 10.00–1am (Tue: 10.30); Becky Want 10.30–1am **Fri:** Jo Good

York**Saturday**

6am Kat Cowan 10.00 Nick Ahad 2pm Sport 6.00 Upload 8.00 BBC Introducing 10.00–1am Jo Good

Sunday

6am Kat Cowan 10.00 Becky Measures 2pm Sport 5.00 Sile Sibanda 6.00 Dotun Adebayo 10.00–1am Becky Want

Monday–Friday

6am Georgie Spanswick; **Mon/Tue:** Steve Jordan 10.00 Joanita Musisi 2pm Toby Foster 6.00 Sport 7.00 **Mon:** Arzu Dutta; **Wed:** John Kane's Northern Soul; **Thu:** Upload; **Fri:** Sile Sibanda 8.00 **Thu:** BBC Introducing 10.00–1am Becky Want; **Fri:** Jo Good

Face behind the voice Omah Howard Capital Xtra



Age 23
Current job
Presenter of the mid-morning show (Mon-Fri, 10am-1pm) on Capital Xtra.

CV Born in London, he grew up in Thames Ditton, Surrey. While he was studying at Esher College, he made his radio debut. "My mum knew Lynn Parsons, a presenter on Magic FM. I used to go and watch her radio shows and she told me about Eagle Radio. I did a ten-day course there." After college he was a home improvements salesman. "It was so important – being able to control a conversation. Those skills I'll carry for life." He took a course at the Bauer Academy, then won the Kiss Chosen One competition, which led to four years on Kiss Fresh, as well as co-hosting with Sam Darlston on Kiss FM. In 2021 he began hosting The Hundred Rising cricket tournament. As a continuity announcer for BBC3, his was the first voice heard when it relaunched as a terrestrial channel. He joined Capital Xtra to present the

evening show in September 2022. "A big passion for me is freestyling, expressing myself through music." The single *Purple Scrapbook* by Boy 2 Man featuring Omah Howard was released last year. He will DJ at London's TS5 Festival in March.

Social media – yes or no? "Yes – the world is always evolving and we have to learn to adapt. It's a good tool to connect to people all around the world. But no – in the sense of where we're putting our attention. Everything comes down to balance and that's what we have to try to find."

Best moments "I always had anxiety about under-achieving. 'What am I gonna do when I'm older?' But putting that fader up, talking to the nation for the first time – it was like gratitude. The things I'd wished for, I now had. My top moment on Capital Xtra was talking to Bugzy Malone. His character and energy is infectious."

Worst moment "I'm always being told to keep my mug away from the desk. I'm like 'Yeah, all right!' But it's habitual. Next thing you know I'd knocked it all over the faders. I

tried not to tell anyone. But then buttons started malfunctioning."

Off air "I live in Thames Ditton with mum and dad and a sheepadoodle called Winston – he has his own Instagram [ello.itswinston]."

First radio memory "My mum's a personal trainer. I used to train in her gym at the end of the garden and Reece Parkinson on Radio 1Xtra got me through my workout."

Favourite broadcasters "Big up Tyler West from Kiss FM, a great broadcaster. He's always been there to give me advice. Rob[ert] Bruce and Shayna [Marie], who do the Capital Xtra breakfast show. And Reece Parkinson most definitely."

Ambition/Dream job "I'd love to build a platform where artists can showcase their talent and have inspirational conversation. I want to do it all: documentaries, TV. I want to be a male Maya Jama."

Secret skills "I can speak back slang. Every syllable you add 'e-der-ga'. Edegai edergow edegar edergou? (That's 'Hi, how are you?')"

DAVID MCGILLIVRAY
Listen at capitalxtra.com

1.30pm The Afternoon Show

Janice Forsyth presents a Scottish arts and entertainment round-up, tuning into what's current in film, TV, theatre and music across Scotland.

4.00 Drivetime

Breaking down the day's talking points with comment and opinion, plus sport, travel and weather.

6.00 Get It On... with Bryan Burnett

Bryan presents a selection of essential music chosen by listeners. Text 80295. Email: getiton@bbc.co.uk

8.00 Vic Galloway

Vic introduces new releases from Scotland's alternative artists, and classic album cuts alongside live session tracks. Text 80295. Repeated Wednesday 10pm. Email: vicgalloway@bbc.co.uk

10.00 Iain Anderson

Iain invites listeners to end the day in the company of the songwriting masters of country, folk, blues and soul.

12 midnight–6.00am as Radio 5 Live

Tuesday

NEWS: SPORT: WEATHER:
LOCAL NEWS as Monday

6.00am Good Morning Scotland

The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08**, **7.35**, **8.08** and **8.35**.

9.00 Mornings

Kaye Adams gets to the heart of the news and offers listeners the opportunity to have their say on the day's stories.

12.00 Lunchtime Live
News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

1.30pm The Afternoon Show

Janice Forsyth presents a Scottish arts and entertainment round-up, tuning into what's current in film, TV, theatre and music across Scotland.

4.00 Drivetime

Breaking down the day's talking points with comment and opinion, plus sport, travel and weather.

6.00 Get It On... with Bryan Burnett

Bryan presents a selection of essential music chosen by listeners. Text 80295. Email: getiton@bbc.co.uk

8.00 Another Country with Ricky Ross

Ricky Ross enters the musical landscape of Americana and alternative country. Featuring new and classic tracks, with Ricky taking a closer look at the stories behind the songs.

10.00 Roddy Hart

An inviting mix of new music and back-catalogue selections.

12 midnight–6.00am as Radio 5 Live

Wednesday

NEWS: SPORT: WEATHER:
LOCAL NEWS as Monday

6.00am Good Morning Scotland

The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08**, **7.35**, **8.08** and **8.35**.

9.00 Mornings

Kaye Adams gets to the heart of the news and offers listeners the opportunity to have their say on the day's stories.

12.00 Lunchtime Live

News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

1.30pm The Afternoon Show

Michelle McManus presents a Scottish arts, entertainment and music round-up.

4.00 Drivetime

Breaking down the day's talking points with comment and opinion, plus sport, travel and weather.

6.00 Get It On... with Bryan Burnett

Bryan presents a selection of essential music chosen by listeners. Text 80295. Email: getiton@bbc.co.uk

8.00 The Quay Sessions with Roddy Hart

Live performances from across the musical landscape – all captured in front of an audience in the intimate setting of the foyer at BBC Radio Scotland's Pacific Quay.

10.00 Vic Galloway

Vic introduces new releases from Scotland's alternative artists, and classic album cuts alongside live session tracks. Repeated from Monday 8pm

12 midnight–6.00am as Radio 5 Live

Thursday

NEWS: SPORT: WEATHER:
LOCAL NEWS as Monday

6.00am Good Morning Scotland

The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08**, **7.35**, **8.08** and **8.35**.

9.00 Mornings

Stephen Jardine gets to the heart of the news and offers listeners the opportunity to have their say.

12.00 Lunchtime Live

News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

1.30pm The Afternoon Show

Michelle McManus presents a Scottish arts, entertainment and music round-up.

4.00 Drivetime

Breaking down the day's talking points with comment and opinion, plus sport, travel and weather.

Saturday

NEWS: SPORT: WEATHER
hourly 8.00am to 12 noon, 6.00pm, 7.00, 9.00, 10.00, 11.00, 12 midnight
NEWS HEADLINES 2.00pm, 5.00

6.30am Out of Doors

Mark Stephen and Rachel Stewart present stories from the great outdoors in Scotland and beyond. Email: outofdoors@bbc.co.uk

8.00 Good Morning Scotland

The latest news from home and abroad, along with sport, travel and weather updates.

10.00 Shereen

Shereen Nanjiani and guests with a unique take on the things getting Scotland talking this Saturday morning.

11.30 Noising Up

Comedy show featuring a mix of sketches, spoofs, quickies and take-offs, satirising all that's happening right now and poking fun at what might just be around the corner. Starring Karen Bartke, Stephen Buchanan, Zara Janjua, Lana Pheutan and Manjot Sumal. Repeated from yesterday

12.00 Off the Ball

Football forum which claims to be the most petty and ill-informed football show on radio. Presented by Stuart Cosgrove and Tam Cowan. Text 80295. Email: offtheball@bbc.co.uk

Radio Scotland Extra

2.00–5.00 Sportsound Rugby
Coverage of Scotland v France in the second round of Six Nations fixtures, held at Murrayfield (kick-off **2.15**).

FM only

2.00pm Sportsound

Comprehensive coverage of Scottish sport including live and exclusive commentary, breaking news, interviews, analysis and discussion. Text 80295. @BBCSportsound on social media

5.00 Sportsound

Fans react to the day's big football stories. Text 80295. @BBCSportsound on social media

8.00 Take the Floor

Gary Innes presents traditional music including a band session and a chat with special guests. Email: takethefloor@bbc.co.uk

9.00 Piping Sounds

A selection of pipe music from Scotland and beyond.

10.00 Billy Sloan

A varied selection of music from the rich history of Scotland's – and the rest of the world's – rock and pop.

1.00am–7.00 as Radio 5 Live

Sunday

NEWS: SPORT: WEATHER
hourly 6.00am to 9.00, 11.00, 12 noon, 2.00pm, 5.00, hourly 7.00 to 11.00

7.00am New Every Sunday

Acts of worship from different churches around Scotland.

7.30 Playback

Heather Kane presents highlights from the week that was on BBC Radio Scotland.

8.00 Sunday Morning

Music and conversation with a faith and ethical perspective, looking at the week's events to ask what they say about people's values and beliefs.

10.00 The Sunday Show

Martin Geissler and Fiona Stalker discuss the big issues of the week and talk to the people behind the headlines.

12.00 Off the Ball

Football forum with light-hearted features and competitions, which claims to be the most petty and ill-informed football show on radio. Text 80295. Email: offtheball@bbc.co.uk

2.00pm Sportsound

Comprehensive coverage of Scottish sport including live and exclusive commentary, news, interviews, analysis and discussion. Text 80295. @BBCSportsound on social media

5.00 Your Requests with Gary Innes

Gary shares listeners' messages and dedications and plays favourite Scottish music requests.

7.00 Classical Now

Jamie MacDougall presents the Scottish Chamber Orchestra's 50th anniversary celebrations with live performance recordings of Mozart's playful *Concerto in E Flat for Two Pianos* and Haydn's *Surprise* Symphony. Jamie points towards Valentine's Day with romantic music, as cellist Natalie Clein joins the BBC Scottish Symphony Orchestra and conductor Andrew Manze for one of Saint Saëns's best-known and loved cello concertos. Ahead of the UK premiere of Jonathan Dove's latest opera *Marx* in London by

Scottish Opera, the Scottish Opera Orchestra performs music by Franz Lehar and there is concert news for St Andrews as clarinettist Maximiliano Martin joins friends for a recital of chamber music for winds.

9.00 Iain Anderson

Iain invites listeners to end the day in the company of the songwriting masters of country, folk, blues and soul.

11.00 Seven Days

The news, sport and entertainment stories explained and analysed.

12 midnight–6.00am as Radio 5 Live

Monday

NEWS: SPORT: WEATHER
hourly 6.00am to 8.00, 10.00 to 5.00pm, 7.00, 8.00, 10.00, 11.00
LOCAL NEWS *Dumfries, Aberdeen, Inverness, Selkirk:* 6.30am, 7.30, 8.30, 12.30pm, 4.30, 5.30; *Orkney:* 7.30am, 12 noon, 6.00pm; *Shetland:* 12.30pm, 5.30, 6.00

6.00am Good Morning Scotland

The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08**, **7.35**, **8.08** and **8.35**.

9.00 Mornings

Kaye Adams gets to the heart of the news and offers listeners the opportunity to have their say on the day's stories.

12.00 Lunchtime Live

News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

Frequencies

6.00 Get It On...

with **Bryan Burnett**
Bryan presents a selection of essential music chosen by listeners. Text 80295.
Email: getiton@bbc.co.uk

8.00 Travelling Folk

Anna Massie presents folk and roots music from around the world.

10.00 Natasha Raskin Sharp

Natasha presents an eclectic mix of music, as well as paying tribute to a "Late Great" and spinning the globe for the Out of This World feature.

12 midnight–6.00am
as **Radio 5 Live**

Friday

NEWS: SPORT: WEATHER:
LOCAL NEWS as Monday

6.00am Good Morning Scotland

The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08**, **7.35**, **8.08** and **8.35**.

9.00 Mornings

Stephen Jardine gets to the heart of the news and offers listeners the opportunity to have their say.

11.30 Noising Up

Comedy show featuring a mix of sketches, gags, spoofs, quickies and take-offs, satirising all that's happening right now and poking fun at what might just be around the corner. Repeated tomorrow

12.00 Lunchtime Live

News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

1.30pm Breaking the News

Des Clarke hosts the award-winning comedy news quiz.

2.00 The Afternoon Show

Nicola Meighan presents ideas for fun things to do around Scotland in the days ahead.

4.00 Drivetime

Breaking down the day's talking points with comment and opinion, plus sport, travel and weather.

6.00 Grant Stott's Vinyl Collective

Grant celebrates the vinyl revival with classic records and new releases, playing album tracks from his own collection and hearing the stories about listeners' cherished LPs.

8.00 BBC Introducing in Scotland

Phoebe FH and Shereen Cutkelvin present unsigned, undiscovered and under-the-radar music from Scotland.

10.00 Ashley Storrie

The comedian kicks off the weekend with a hand-picked playlist, lively chat and listener interaction, with the help of sidekick "Silent Paul".

1.00am–6.30 as **Radio 5 Live**

BBC Radio Scotland
40 Pacific Quay
Glasgow G51 1DA
bbc.co.uk/radioscotland

Local programmes

ORKNEY

Weekdays

6.00pm–7.00 Mon:
Enterprising Orkney: business and energy production under the spotlight; **Tue:** Tuesday Folk: traditional and modern folk with the fiddling piper veterinarian Andy Cant; **Wed:** Moved by Music: gospel and religious music; **Thu:** Whassigo: Orkney's answer to *Call My Bluff*; **Fri:** Friday Requests: weekly dedication programme, featuring music requests and greetings
PHONE: 01856 873939
EMAIL: radio.orkney@bbc.co.uk

SHETLAND

Weekdays

5.30pm Good Evening Shetland **6.00–7.00 Mon:**
Jazz and World Sounds: with Jeff Merryfield and Joy Duncan; **Tue:** Fae Hameaboot: presented by Barbara Cheyne; **Wed:** Discovering Shetland's Past: Dr Val Tuner excavates Shetland's archaeological past; **Thu:** Lie of the Land: artists, writers and musicians share stories of Shetland landscapes that inspired them; **Fri:** Give Us a Tune: request show
PHONE: 01959 694747
EMAIL: radio.shetland@bbc.co.uk

Radio nan Gaidheal

Mar Radio Alba a'ch:

Disathairne

9.00am Spòrs na Seachdain
Spòrs ionadail, nàiseanta agus bho air feadh an t-saoghail còmhla ri lain Moireasdan.
POST DEALAIN: sns@bbc.co.uk
FON AN ASGAIDH: 08000 967050

10.00 Fàilt' air an Dùthaich
Taghadh de cheòl dùthchail sean is ùr.

11.00 Tiompan

Ceòl Ceilteach, clàran ùra agus fios mu cò tha cluich càite le Mairead NicIlleinnein.

12.00–1.00pm Oran Annad
Tha Gillebrìde MacIlleMhaoil a' toirt aithne dhanach-òranaichean a' th' air a bhith a' cruthachadh òrain ùra ann an Gàidhlig.

Didòmhnaich

9.00am Dèanamaid Adhradh
Seirbheis Ghàidhlig.
ath-chraoladh aig 3pm

9.30 Alleluia

Tha Iain MacFhionghain a' toirt thuaghaibh laoidhean, sailm agus sgeulachdan pearsanta.

10.00 Sgeulachd Beatha

Tha Aonghas Iain MacIlleEathain a' còmhradh ri Maureen NicLeòid mu beatha.

10.30 Crùnuath

Taghadh de cheòl na pioba.
ath-chraoladh Diardaoin aig 3.30pm

12.00 Naoi gu Deich

Còmhradh, deasbad, cultur agus cur-seachadan.

1.00pm SpeakGaelic Podcast do luchd-ionnsachaidh ceangailte ris an t-sreath *SpeakGaelic* air BBC Alba.

1.30 An Litir Bheag

Litir Bheag na seachdain sa le Ruairidh MacIlleathain.

1.35 SpeakGaelic

Podcast do luchd-ionnsachaidh na Gàidhlig ceangailte ris an t-sreath *SpeakGaelic* air BBC Alba.

1.55 Litir do

Luchd-ionnsachaidh Litir do Luchd-ionnsachaidh le Ruairidh MacIlleathain.

2.00 Gleus Le Iain Moireach.

3.00 Dèanamaid Adhradh
Seirbheis Ghàidhlig.

3.30–4.00 Rogha is Tagha

Taghadh à prògraman na seachdain air a thoirt thuaghaibh le Anna Nic na Ceardaich.
ath-chraoladh aig 9.30pm

9.00 Dèanamaid Adhradh

Seirbheis adhradh à tasglann a' BhBC.

9.30–10.00 Rogha is Tagha

Dìluain

7.30am Aithris na Maidne

Naidheachdan ionadail, nàiseanta is eadar-nàiseanta gach madainn.

9.00 Naoi gu Deich

Còmhradh, deasbad, cultur agus cur-seachadan.
ath-chraoladh aig 10.25pm

10.00 A' Mire ri Mòir

Tha i beachdail, tha i beòthail agus tha i feitheamh ri bhleith taghadh ciùil.

12.00 Feasgar an-diugh

Naidheachdan, còmhradh, spòrs, ceòl agus fealla-dhà.
ath-chraoladh aig 9pm

1.30pm Caitheamh Ciùil

Ceòl Gàidhealach 's Ceilteach agus fiosrachadh air na tha dol agaibhse gach feasgar.
POST DEALAIN: dethadol@bbc.co.uk

4.00 Fàilt' air an Dùthaich

Taghadh de cheòl dùthchail sean is ùr.

5.00 Aithris an Fheasgair

Naidheachdan nàiseanta is ionadail o Dhiluain gu Dihaoine.

5.30 Siubhal gu Seachd le Pluto

Ceòl, fealla-dhà agus sùil air spòrs ionadail, nàiseanta agus eadar-nàiseanta.
POST DEALAIN: pluto@bbc.co.uk
FON AN ASGAIDH: 08000 967050

7.00 Cruinn

Ceòl, amaidheas 's na beachdan agaibh air cuspairean a' la' airson ur cuir ann a sunnd airson na seachdain.

9.00 Feasgar an-diugh

Naidheachdan, còmhradh, spòrs, ceòl agus fealla-dhà.

10.25–11.25 Naoi gu Deich

Còmhradh, deasbad, cultur agus cur-seachadan.

Dìmailt

7.30am Aithris na Maidne
Naidheachdan ionadail, nàiseanta is eadar-nàiseanta gach madainn.

9.00 Naoi gu Deich

Còmhradh, deasbad, cultur agus cur-seachadan.
ath-chraoladh aig 10.25pm

10.00 A' Mire ri Mòir

Tha i beachdail, tha i beòthail agus tha i feitheamh ri bhleith taghadh ciùil.

12.00 Feasgar an-diugh

Naidheachdan, còmhradh, spòrs, ceòl agus fealla-dhà.
ath-chraoladh aig 9pm

1.30pm Caitheamh Ciùil

Ceòl Gàidhealach 's Ceilteach agus fiosrachadh air na tha dol agaibhse gach feasgar.

3.30 Spòrscast

A còmhradh ri measgachadh de dhaoine 's iad ag innis mun phàirt a tha spòrs a cluich nam beatha.

4.00 Oran Annad

Tha Gillebrìde MacIlleMhaoil a' toirt aithne dha na h-òranaichean a' th' air a bhith a' cruthachadh òrain ùra ann an Gàidhlig.
ath-chraoladh a' maireach aig 7pm

5.00 Aithris an Fheasgair

Naidheachdan nàiseanta is ionadail o Dhiluain gu Dihaoine.

5.30 Siubhal gu Seachd le Pluto

Ceòl, fealla-dhà agus sùil air spòrs ionadail, nàiseanta agus eadar-nàiseanta.

7.00 Rapal

Orain ùra gu leòr.
POST DEALAIN: rapal@bbc.co.uk
FON AN ASGAIDH: 08000 967050

9.00 Feasgar an-diugh

10.25–11.25 Naoi gu Deich Diciadin

7.30am Aithris na Maidne

Naidheachdan ionadail, nàiseanta is eadar-nàiseanta gach madainn.

9.00 Naoi gu Deich

Còmhradh, deasbad, cultur agus cur-seachadan.
ath-chraoladh aig 10.25pm

10.00 A' Mire ri Mòir

Tha i beachdail, tha i beòthail agus tha i feitheamh ri bhleith taghadh ciùil.

12.00 Feasgar an-diugh

Naidheachdan, còmhradh, spòrs, ceòl agus fealla-dhà.
ath-chraoladh aig 9pm

1.30pm Caitheamh Ciùil

Ceòl Gàidhealach 's Ceilteach agus fiosrachadh air na tha dol agaibhse gach feasgar.

3.30 SpeakGaelic

Podcast do luchd-ionnsachaidh ceangailte ris an t-sreath *SpeakGaelic* air BBC Alba.
ath-chraoladh aig 8.30pm

4.00 Gleus Le Iain Moireach.

5.00 Aithris an Fheasgair

Naidheachdan nàiseanta is ionadail o Dhiluain gu Dihaoine.

5.30 Siubhal gu Seachd le Pluto

Ceòl, fealla-dhà agus sùil air spòrs ionadail, nàiseanta agus eadar-nàiseanta.

7.00 Oran Annad

Tha Gillebrìde MacIlleMhaoil a' toirt aithne dha na h-òranaichean a' th' air a bhith a' cruthachadh òrain ùra ann an Gàidhlig.

8.30 SpeakGaelic

9.00 Feasgar an-diugh

10.25–11.25 Naoi gu Deich Diardaoin

7.30am Aithris na Maidne

Naidheachdan ionadail, nàiseanta is eadar-nàiseanta gach madainn.

9.00 Naoi gu Deich

Còmhradh, deasbad, cultur agus cur-seachadan.
ath-chraoladh aig 10.25pm

10.00 A' Mire ri Mòir

Tha i beachdail, tha i beòthail agus tha i feitheamh ri bhleith taghadh ciùil.

12.00 Feasgar an-diugh

Naidheachdan, còmhradh, spòrs, ceòl agus fealla-dhà.
ath-chraoladh aig 9pm

1.30pm Caitheamh Ciùil

Ceòl Gàidhealach 's Ceilteach agus fiosrachadh air na tha dol agaibhse gach feasgar.

3.30 Crùnuath

5.00 Aithris an Fheasgair
Naidheachdan nàiseanta is ionadail o Dhiluain gu Dihaoine.

5.30 Siubhal gu Seachd le Pluto

Ceòl, fealla-dhà agus sùil air spòrs ionadail, nàiseanta agus eadar-nàiseanta.

7.00 Spòrscast

A còmhradh ri measgachadh de dhaoine 's iad ag innis mun phàirt a tha spòrs a cluich nam beatha.

7.30 Mo Chuairt Ciùil

Sùil air na h-òrain agus an ceòl a tha air buaidh a thoirt air beatha Luke MhicLeòid.
ath-chraoladh a' maireach aig 3.30pm

9.00 Feasgar an-diugh

10.25–11.25 Naoi gu Deich Dihaoine

7.30am Aithris na Maidne

Naidheachdan ionadail, nàiseanta is eadar-nàiseanta gach madainn.

9.00 Naoi gu Deich

Còmhradh, deasbad, cultur agus cur-seachadan.
ath-chraoladh aig 10.20

10.00 A' Mire ri Mòir

Tha i beachdail, tha i beòthail agus tha i feitheamh ri bhleith taghadh ciùil.

12.00 Feasgar an-diugh

Naidheachdan, còmhradh, spòrs, ceòl agus fealla-dhà.

1.30pm Caitheamh Ciùil

Ceòl Gàidhealach 's Ceilteach agus fiosrachadh air na tha dol agaibhse gach feasgar.

3.30 Mo Chuairt Ciùil

Sùil air na h-òrain agus an ceòl a tha air buaidh a thoirt air beatha Luke MhicLeòid.

5.00 Aithris an Fheasgair

Naidheachdan nàiseanta is ionadail o Dhiluain gu Dihaoine.

5.30 Rogha is Tagha

Taghadh à prògraman na seachdain air a thoirt thuaghaibh le Anna Nic na Ceardaich.

6.00 Na Dùrachdan

Ceòl, òrain is fealla-dhà.

9.00 Mac'ille Mhicheil

Cuiridh Iain Mac'illeMhicheil agus aoighean air a' fòn an deireadh seachdain air a chasan.

11.00 Tiompan

Ceòl Ceilteach, clàran ùra agus fios mu cò tha cluich càite le Mairead NicIlleinnein.

12.00–12.55am

Naoi gu Deich

National

BBC Radio 1* FM 97.7–99.7
BBC Radio 2* FM 88.1–90.1
BBC Radio 3* FM 90.3–92.3
BBC Radio 4 FM 94.6–96.1
103.5–104.9, LW 198, MW 1449 (Aberdeen, LW progs)
BBC Radio 5 Live MW 693, 909
BBC Radio Scotland FM 92.5–94.7
BBC Radio Scotland Extra MW 810
BBC Radio nan Gaidheal FM 103.5–104.9 (carries R4 in some parts)
Classic FM 99.9–101.9
Talksport MW 105.3, 1089
Above stations also on Freeview (*not Sat 4pm–1am, Sun 4pm–12 midnight), plus satellite, cable, internet and DAB (Radio Scotland Extra service only).

Local

Argyll FM 106.5, 107.1, 107.7 (Campbeltown)
BBC Cumbria FM 95.6 (Carlisle), 96.1 (Morecambe Bay), 95.2 (Kendal), 104.1 (Whitehaven/Keswick), 104.2 (Windermere), MW 756 (Carlisle), 837 (Barrow-in-Furness)
Capital 106.1 (Glasgow), 105.7 (Edinburgh)
Central FM 103.1 (Stirling/Falkirk/Clackmannanshire)
Clyde 1 FM 102.3 (Rothsay), 102.5 (Glasgow), 103.3 (Firth of Clyde), 97 (Vale of Leven)
Forth 1 FM 97.3, 97.6 (Edinburgh), 102.2 (Penicuik)
Greatest Hits Radio FM 96.4 (Carlisle), 96.8 (Selkirk), 97 (Dumfries), 102.2 (Workington), 102.3 (Berwick), 102.5 (Penrith), 103.1 (Peebles), 103.4 (Eyemouth/Whitehaven), MW 1035 (Ayrshire), 1107 (North of Scotland), 1152 (Glasgow & the West), 1161 (Dundee/Perth), 1548 (Edinburgh, the Lothians, Fife & Falkirk), DAB (North East Scotland)
Heart FM 100 (Vale of Leven), 101.1 (Edinburgh/Rosneath), 100.3 (Glasgow), 103.3 (Penicuik)
Heartland FM 97.5 (Pitlochry/Aberfeldy)
Isles FM 103 (Western Isles)
Kingdom FM 105.4 (St Andrews), 106.3 (The East Neuk), 95.2 (West Fife), 96.1 (Central & East Fife), 96.6 (Kirkcaldy)
Lochbroom FM 102.2 (Ullapool), 96.8 (North West Scotland)
Mearns FM 105.1 (Portlithen), 105.7 (Stonehaven), 106.2 (Inverberrie), 107.3 (Laurencekirk)
MFR FM 96.6 (Speyside), 96.7 (Fraserburgh/Wick), 97.4 (Highlands/Moray/Aberdeenshire), 102.5 (Caitness), 102.8 (Keith)
Nation FM 96.3 (Glasgow), 106.9 (Helensburgh), 103 (Dumbarton)
Nevis FM 96.6 (Fort William), 97 (Glencoe), 102.4 (Loch Leven), 102.3 (Skye & Mullagh)
Northsound 1 FM 96.9 (Aberdeen), 97.6 (Balgownie), 103 (Peterhead)
Oban FM 103.3
Original FM 106 (Aberdeen)
SIBC FM 96.2 (Bressay), 102.2 (Shetland)
Skye 106.2, 102.7 (Skye/Lochalsh)
Smooth Radio FM 105.2 (Glasgow)
Tay FM MW 102.8 (Dundee), 96.4 (Perth)
Two Lochs FM 106.6 (Loch Ewe), 106 (Gairloch)
Wave FM 102 (Dundee)
Waves Radio FM 101.2 (Peterhead/Fraserburgh)
West FM 96.7 (Ayrshire), 97.5 (Girvan), 106.7 (Rothsay)
West Sound FM 97 (Dumfries), 103 (Kirkcubright), 96.5 (Stranraer)

Face behind the voice Omah Howard Capital Xtra



Age 23
Current job
Presenter of the mid-morning show (Mon-Fri, 10am-1pm) on Capital Xtra.

CV Born in London, he grew up in Thames Ditton, Surrey. While he was studying at Esher College, he made his radio debut. "My mum knew Lynn Parsons, a presenter on Magic FM. I used to go and watch her radio shows and she told me about Eagle Radio. I did a ten-day course there." After college he was a home improvements salesman. "It was so important – being able to control a conversation. Those skills I'll carry for life." He took a course at the Bauer Academy, then won the Kiss Chosen One competition, which led to four years on Kiss Fresh, as well as co-hosting with Sam Darlston on Kiss FM. In 2021 he began hosting The Hundred Rising cricket tournament. As a continuity announcer for BBC3, his was the first voice heard when it relaunched as a terrestrial channel. He joined Capital Xtra to present the

evening show in September 2022. "A big passion for me is freestyling, expressing myself through music." The single *Purple Scrapbook* by Boy 2 Man featuring Omah Howard was released last year. He will DJ at London's TS5 Festival in March.
Social media – yes or no? "Yes – the world is always evolving and we have to learn to adapt. It's a good tool to connect to people all around the world. But no – in the sense of where we're putting our attention. Everything comes down to balance and that's what we have to try to find."
Best moments "I always had anxiety about under-achieving. 'What am I gonna do when I'm older?' But putting that fader up, talking to the nation for the first time – it was like gratitude. The things I'd wished for, I now had. My top moment on Capital Xtra was talking to Bugzy Malone. His character and energy is infectious."
Worst moment "I'm always being told to keep my mug away from the desk. I'm like 'Yeah, all right!' But it's habitual. Next thing you know I'd knocked it all over the faders. I

tried not to tell anyone. But then buttons started malfunctioning."
Off air "I live in Thames Ditton with mum and dad and a sheepadoodle called Winston – he has his own Instagram [ello.itswinston]."
First radio memory "My mum's a personal trainer. I used to train in her gym at the end of the garden and Reece Parkinson on Radio 1Xtra got me through my workout."
Favourite broadcasters "Big up Tyler West from Kiss FM, a great broadcaster. He's always been there to give me advice. Rob[ert] Bruce and Shayna [Marie], who do the Capital Xtra breakfast show. And Reece Parkinson most definitely."
Ambition/Dream job "I'd love to build a platform where artists can showcase their talent and have inspirational conversation. I want to do it all: documentaries, TV. I want to be a male Maya Jama."
Secret skills "I can speak back slang. Every syllable you add 'e-der-ga'. Edegai edergow edergar edergou? (That's 'Hi, how are you?')"
DAVID MCGILLIVRAY
Listen at capitalxtra.com

7.05 Classical Connections with John Toal
An evening of popular classical music, plus news, reviews and interviews with local and touring performers. Including news at **8.00**.

9.05 Jazz Club
Following the death of Walter Love, a Louis Armstrong season of shows from 2014. Here, Walter visits the Louis Armstrong archive in New York
10.05 Sunday Club with John Kerr
John Kerr sits in for John Bennett as Deputy President of the club, with conversation and a melodic mix of music. Dedications to: The Sunday Club, BBC Radio Ulster, Broadcast House, Belfast BT2 8HQ
Email: jb@bbc.co.uk

12.00 as Radio 5 Live

Monday

RADIO ULSTER NEWS:
half-hourly 6.30am to 9.30, hourly 10.00 to 11.00pm, plus 4.30pm, 5.30, 11.55

6.30am Good Morning Ulster
With Sarah Brett and Joel Taggart, including travel updates and analysis of finance and business news, plus agri-business in *Farm Gate* and a Thought for the Day at **7.20**.
Email: good.morning.ulster@bbc.co.uk

9.00 The Nolan Show
Breaking news and hard-hitting topical debate with Stephen Nolan. Listeners can share their views by phone, text or email. Including news and travel at **10.00**.
Phone: 03030 80 55 55
Text: 81771
Email: nolan@bbc.co.uk

10.30 The Connor Phillips Show
Music and mischief, with fun features such as Does My Head In, Useless Superpowers, Guess the Guest and Taylor Sifts. Including news at **11.00**.
Phone: 03030 80 55 55
Text: 81771
Email: connor@bbc.co.uk

12.05pm Talkback
William Crawley and the *Talkback* team present news and invite listeners' on-air reactions to the stories of the day, from politics and health to consumer issues and education. Including news at **1.00**.
Phone: 03030 80 55 55
Email: talk.back@bbc.co.uk
bbc.co.uk/talkback

1.30 Hugo Duncan
Country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at **2.00**.
Phone: 03030 80 55 55
Text: 81771

3.05 The Lynette Fay Show
Music, features and interviews.
Text: 81771
Email: lynette.fay@bbc.co.uk

4.00 Evening Extra
A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

6.05 Vinny and Cate
Teatime music and craic, presented by Vinny Hurrell and Cate Conway. Including news at **7.00**.

7.30 Blas
Fearghal Mag Uiginn le súil siar ar aicsean na gclubanna CLG agus craobhchomórtais na gContaetha ag teacht chun críche agus feachtais Chumainn Uladh faoi lánseol. Fearghal Mag Uiginn looks back at the weekend's sporting action.

8.05 The Ralph McLean Show
Classic rock, soul, blues, pop, gospel, reggae and funk both old and new, from home and abroad featuring live performance, interviews and more. Including news at **9.00**.

10.05 The Late Show with Eve Blair
Chilled-out music, including a selection of easy listening melodies both old and new, together with material by the Artist of the Week.
Email: eve.blair@bbc.co.uk

12.00 as Radio 5 Live

Tuesday

RADIO ULSTER NEWS: see Monday

6.30am Good Morning Ulster
With Sarah Brett and Chris Buckler, including regular news, travel and sport updates and analysis of finance and business news and Thought for the Day at **7.20**.
Email: good.morning.ulster@bbc.co.uk

9.00 The Nolan Show
Breaking news and hard-hitting topical debate with Stephen Nolan. Listeners can share their views by phone, text or email. Including news and travel at **10.00**.
Phone: 03030 80 55 55
Text: 81771
Email: nolan@bbc.co.uk

10.30 The Connor Phillips Show
A mid-morning mix of music and mischief, with fun features such as Does My Head In, Useless Superpowers, Guess the Guest and Taylor Sifts. Including news at **11.00**.
Phone: 03030 80 55 55
Text: 81771
Email: connor@bbc.co.uk

12.05pm Talkback
William Crawley and the *Talkback* team present news and invite listeners' on-air reactions to the stories of the day, from politics and health to consumer issues and education. Including news at **1.00**.
Phone: 03030 80 55 55
Email: talk.back@bbc.co.uk
bbc.co.uk/talkback

1.30 Hugo Duncan
Country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at **2.00**.
Phone: 03030 80 55 55
Text: 81771

3.05 The Lynette Fay Show
The host introduces a lively selection of music, features and interviews.
Text: 81771
Email: lynette.fay@bbc.co.uk

Saturday

RADIO ULSTER NEWS:
hourly 7.00am to 11.00pm, then 11.55

6.45am Farm Gate
Food, countryside and agricultural issues, focusing on business news, industry reports and new technology. Presented by Elaine Mitchell.

7.05 Kerry McLean
Music, chat and requests to ease listeners into the weekend.
Text: 81771
Email: kerry.mclean@bbc.co.uk

8.05 Your Place and Mine
The people, places and stories that make Northern Ireland unique, presented by Anne Marie McAleese.
Phone: 0289 033 8307
Email: ymam@bbc.co.uk

9.05 Gardeners' Corner
The weekly programme for keen horticulturists with the latest advice, news and visits to gardens large and small. Presented by David Maxwell.
Repeat
Phone: 03030 80 55 55

10.05 On Your Behalf
Linda McAuley champions the cause of consumers in Northern Ireland, helping them to solve their problems and make the right choices.
Write to: On Your Behalf, BBC Broadcasting House, Ormeau Avenue, Belfast BT2 8HQ
Phone: 0289 033 8314
bbc.co.uk/oyb

11.05 Saturday with John Toal
Tales of family and community life. Plus recipes, craic and music. Including news at **12.00**.
Phone: 03030 80 55 55
Text: 81771
Email: swjt@bbc.co.uk

1.05pm The Missing Madonna 5/9. A man sits nervously in a car. Will he get *The Madonna* back, or a bullet in the head? Olivia pieces together the most critical moment in the plan to rescue the painting. First aired on BBC Radio Scotland. Repeated Thursday 9.05pm

1.30 The Long and the Short of It
Ep 6. Tim McGarry and David Hume examine the history of the beautiful game between the two rival football associations with the help of some experts who know a thing or two about manoeuvring the pitch, including sports historians Dr Cormac Moore and Professor David Hassan, as well as former president of the Irish FA Jim Boyce.
Repeated tomorrow at 6.30pm

2.05 Sportsound
Michael McNamee presents coverage of the Irish Premiership, with live commentary and reports.

6.05 The House Party with Phil Taggart
Phil kicks off Saturday night with dance music to get the party started, from soul to house and funk to techno. Including news at **7.00**.

8.05 Folk Club with Lynette Fay
Traditional and contemporary folk music and song with studio guests, concert performances, new releases and vintage vinyl. Including news at **9.00**.
Email: lynette.fay@bbc.co.uk

10.05 Saturday Club with John Kerr
John Kerr sits in for John Bennett as Deputy President of the club, with late-night conversation and a melodic mix of music.
Text: 81771

12.00 as Radio 5 Live

Sunday

RADIO ULSTER NEWS:
hourly 7.00am to 11.00pm (not 3.00pm and 4.00), plus 3.50 and 11.55

7.05am Kerry McLean
Music, chat and requests to ease listeners into the morning. Including Thought for the Day at **7.55** and news at **8.00**.
Text: 81771
Email: kerry.mclean@bbc.co.uk

8.30 Sunday Sequence
Audrey Carville and guests debate the week's religious and ethical news, and explore the world of culture and ideas. Including news at **9.00**.
Phone: 0289 033 8355
Email: sunday.sequence@bbc.co.uk

10.05 Morning Service
A religious service from the Four Corners Festival, Belfast, with preacher the Rev Doug Gay.

10.45 Thought for the Week
Audrey Carville presents clips from last week's Thought for the Day features.

11.05 Sunday with Steven Rainey
Steven presents in-depth current affairs, interviews, discussion and analysis – including an essential guide to the Sunday newspapers. With news at **12.00**.

1.05pm Sunday with Brian D'Arcy
Brian delves into his wide experience of music to bring listeners some tracks just right for a Sunday afternoon, along with some reflections to make them think, laugh or cry. Including news at **2.00**.
Write to: Sunday with Brian D'Arcy, BBC Radio Ulster, Ormeau Avenue, Belfast BT2 8HQ

2.30 Six Nations Championship
Gavin Andrews presents live coverage of Ireland v Italy, both teams' second match of the championship, from Aviva Stadium, Dublin (kick-off **3.00**). With commentary by Jim Neilly. Including news at **3.50**.

5.05 Sounds Sacred
Richard Yarr introduces popular, sacred music by local and internationally acclaimed performers. He also plays listeners' requests and provides news of music events across Northern Ireland.

6.05 Kintra
Helen Mark and the *Kintra* team present stories, news, music and banter from Ulster-Scots communities at home and abroad.
Email: kintra@bbc.co.uk

6.30 The Long and the Short of It
Ep 6. Tim McGarry and David Hume examine the history of football and its two rival associations, with the help of some experts who know a thing or two about manoeuvring the pitch. Repeated from yesterday 1.30pm

Frequencies

4.00 Evening Extra

A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

6.05 Vinny and Cate

Teatime music and craic, with Vinny Hurrell and Cate Conway. Including news at 7.00.

7.30 Blas

Ag coinneáil an lucht éisteachta ar an eolas faoi na himeachtaí ar gá iad a fheiceáil agus a chluinstin i saol ealaíne agus cultúir na Gaeilge agus níos faide ó bhaile

Dáithí Ó Muir keeps listeners up-to-date with all that's happening in the arts.

8.05 The Ralph McLean Show

Classic rock, soul, blues, pop, gospel, reggae and funk both old and new, from home and abroad featuring live performance, interviews and more. Including news at 9.00.

10.05 The Late Show with Eve Blair

Chilled-out music, including a selection of easy listening melodies both old and new, together with material by the Artist of the Week.

Email: eve.blair@bbc.co.uk

12.00 as Radio 5 Live

Wednesday

RADIO ULSTER NEWS: see Monday

6.30am Good Morning Ulster

With Sarah Brett and Chris Buckler, including regular news, travel and sport updates and analysis of finance and business news and Thought for the Day at 7.20.

Email: good.morning.ulster@bbc.co.uk

9.00 The Nolan Show

Breaking news and hard-hitting topical debate with Stephen Nolan. Listeners can share their views by phone, text or email. Including news and travel at 10.00.

Phone: 03030 805555

Text: 81771

Email: nolan@bbc.co.uk

10.30 The Connor Phillips Show

A mid-morning mix of music and mischief, with fun features such as Does My Head In, Useless Superpowers, Guess the Guest and Taylor Sifts. Including news at 11.00.

Phone: 03030 805555

Text: 81771

Email: connor@bbc.co.uk

12.05pm Talkback

William Crawley and the Talkback team present news and invite listeners' reactions to the stories of the day, from politics and health to consumer issues and education. Including news at 1.00.

Phone: 03030 805555

Email: talk.back@bbc.co.uk

bbc.co.uk/talkback

1.30 Hugo Duncan

Country music old and new, plus the opportunity for listeners to submit requests. With news and travel at 2.00.

Phone: 03030 805555

Text: 81771

3.05 The Lynette Fay Show

The host presents a lively selection of music, features and interviews.

Text: 81771

Email: lynette.fay@bbc.co.uk

4.00 Evening Extra

A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

6.05 Vinny and Cate

Teatime music and craic, presented by Vinny Hurrell and Cate Conway. Including news at 7.00.

7.30 Blas

Caint agus comhrá faoi imeachtaí an tsaoil mhóir agus shaol an ghnáthlae. Beidh comhrá ann faoi imeachtaí áitiúla agus idirnáisiúnta, chomh maith le saincheistanna atá tábhachtach ag daoine agus ag pobail sa bhaile agus níos faide ar shiúl. Má tá sé i mbéal an phobail, beidh sé i mbéal Mháire agus a haionna chomh maith!

Máire Bhreathnach has all the latest news on local and international events and the issues of the day.

8.05 Ralph McLean: Country

From the sounds of Nashville to new bluegrass, Ralph takes another journey into the world of American roots music, offering a selection of classic tracks, live performance and timeless Americana along the way. Including news at 9.00.

9.55 Wah Yan Jee Sing

Local information on health and social issues in Cantonese.

10.05 The Late Show with Eve Blair

Chilled-out music, including a selection of easy listening melodies both old and new, together with material by the Artist of the Week.

Email: eve.blair@bbc.co.uk

12.00 as Radio 5 Live

Thursday

RADIO ULSTER NEWS: see Monday

6.30am Good Morning Ulster

With Sarah Brett and Chris Buckler, including regular news, travel and sport updates and analysis of finance and business news and Thought for the Day at 7.20.

Email: good.morning.ulster@bbc.co.uk

9.00 The Nolan Show

Breaking news and hard-hitting topical debate with Stephen Nolan. Listeners can share their views by phone, text or email. Including news and travel at 10.00.

Phone: 03030 805555

Text: 81771

Email: nolan@bbc.co.uk

10.30 The Connor Phillips Show

Music and mischief, with fun features such as Does My Head In and Taylor Sifts. Including news at 11.00.

Phone: 03030 805555

Text: 81771

Email: connor@bbc.co.uk

12.05pm Talkback

William Crawley and the team present news and invite listeners' on-air reactions to all the breaking stories of the day, from politics and health to consumer issues and education. Including news at 1.00.

Phone: 03030 805555

Email: talk.back@bbc.co.uk

bbc.co.uk/talkback

1.30 Hugo Duncan

Country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at 2.00.

Phone: 03030 805555

Text: 81771

3.05 The Lynette Fay Show

Music, features and interviews.

Text: 81771

Email: lynette.fay@bbc.co.uk

4.00 Evening Extra

A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

6.05 Vinny and Cate

Teatime music and craic, presented by Vinny Hurrell and Cate Conway.

7.05 The Mystery Mix Tape with Vinny and Cate

Vinny Hurrell and Cate Conway challenge listeners – and each other – to search through the music memory banks to correctly identify the year in question.

7.30 Blas

Dearcadh an duine óig ar ábhair a bhfuil spraoi ag baint leo agus ábhair níos troime, gach rud ón stíl mhaireachtála go taisteal agus cúrsaí spóirt.

A youthful view of lifestyle issues, travel, sport, beauty, fashion, cookery and more. Presented by Caoimhe Ní Chathail.

8.05 Blas Ceoil

Cuir tús spleodrach leis an deireadh seachtaine le rogha shiamsúil Caoimhe "Ceol" Ní Chathail de cheol traidisiúnta, fréamh agus dúchasach. Eisiúintí úra, sonraí gigeanna agus seisiúin bheo.

Caoimhe "Ceol" Ní Chathail introduces new releases, gig guide details and live acoustic sessions to keep listeners in touch with the best in traditional, roots and folk music.

9.05 The Missing Madonna

5/9. A man sits nervously in a car. Will he get *The Madonna* back, or a bullet in the head? Olivia pieces together the most critical moment in the plan to rescue the painting. Repeated from Saturday 1.05pm

9.30 Beat Seekers

Upcoming DJs bring the freshest beats. The DJ's change from show to show, but the quality of new electronica remains unparalleled as new beats are unearthed, alongside exclusives from the BBC Introducing uploader and beyond.

10.05 The Late Show with Eve Blair

Chilled-out music, including a selection of easy listening melodies both old and new, together with material by the Artist of the Week.

Email: eve.blair@bbc.co.uk

12.00 as Radio 5 Live

Friday

RADIO ULSTER NEWS:

half-hourly 6.30am to 9.30, hourly

10.00 to 11.00pm, plus 4.30pm, 11.55

6.30am Good Morning Ulster

With Chris Buckler and Joel Taggart, including regular news, travel and sport updates and analysis of finance and business news and Thought for the Day at 7.20.

Email: good.morning.ulster@bbc.co.uk

9.00 The Nolan Show

Breaking news and hard-hitting topical debate with Stephen Nolan. Listeners can share their views by phone, text or email. Including news and travel at 10.00.

Phone: 03030 805555

Text: 81771

Email: nolan@bbc.co.uk

10.30 The Connor Phillips Show

A mid-morning mix of music and mischief, with fun features such as Does My Head In, Useless Superpowers, Guess the Guest and Taylor Sifts. Including news at 11.00.

Phone: 03030 805555

Text: 81771

Email: connor@bbc.co.uk

11.30 Mobile Disco

Connor Phillips introduces 30 minutes of the biggest anthems to help round off the working week.

12.05pm Talkback

William Crawley and the Talkback team present news and invite listeners' on-air reactions to all the breaking stories of the day, from politics and health to consumer issues and education. Including news at 1.00.

Phone: 03030 805555

Email: talk.back@bbc.co.uk

bbc.co.uk/talkback

1.30 Hugo Duncan

A selection of country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at 2.00.

Phone: 03030 805555

Text: 81771

3.05 The Ticket

Kathy Clugston previews upcoming cultural attractions, from blockbuster movies to comedy gigs.

4.00 Evening Extra

A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

6.05 ATL Introducing

Gemma Bradley serves up the freshest new Irish musical talent, from indie-rock to hip-hop with live music and interviews.

7.05 The Stephen**McCauley Show**

Alternative music from punk to electronica from home and abroad, featuring live performance, interviews and more. Including news at 8.00 and 9.00 (not Radio Foyle).

10.05 The Mickey Bradley Record Show

There are loads of great records out there and Mickey has bought, borrowed and blagged lots of them since his teenage years. Here, he invites listeners to another selection of vintage rock, pop, and new releases. With news at 11.00.

Text: 81771

Email: michael.bradley@bbc.co.uk

12.00 as Radio 5 Live

BBC Northern Ireland**Broadcasting House**

Ormeau Avenue, Belfast BT2 8HQ

02890 338 000

Phone-in 0845 955 5678

RADIO FOYLE

As Radio Ulster except:

Weekdays

RADIO FOYLE NEWS: 8.30am, then hourly 9.00am to 3.00pm (not 1.00pm)

6.30am**Good Morning Ulster**

News from home and abroad, presented by **Mon:** Sarah Brett and Joel Taggart; **Tue–Thu:** Sarah Brett and Chris Buckler; **Fri:** Chris Buckler and Joel Taggart. Including **6.30, 7.00 and 7.30** news; **6.40 and 7.40** business and finance; **6.45 Farm Gate**; **7.20** Thought for the Day; **7.35** Sportsdesk. Plus regular traffic news.

8.00–9.00**North West Today**

A round-up of news, sport and weather across the north-west of Northern Ireland.

12.05pm**The Mark Patterson Show**

A daily look at issues affecting the lives of people in the north-west of Northern Ireland.

1.00 North West at One

Lunchtime round-up of the day's local, national and international news stories. Plus sport headlines.

1.10–1.30 20 Minutes with Mark Patterson

A snapshot of life in the north-west of Northern Ireland.

3.05–4.00 Sean Coyle

Music and chat, plus listeners are invited to phone in with their requests and dedications.

Mon: 8.05–10.00pm Caschlár

An-réimse ceoil ó phop go fréamh a chur le chéile agus a chur i láthair ag Brian Mullen. Brian Mullen presents a wide-ranging mix of music.

Fri: 7.30pm–10.00**Foyle Sportsound**

Dessie McCallion presents coverage of Derry City v Drogheda United at the Ryan McBride Brandywell Stadium, in the Premier Division (kick-off **7.45**). With commentary from Eric White and Liam Coyle.

BBC Radio Foyle, 8 Northland Road Londonderry BT48 7GD
Tel: 02871 266 522

National**BBC Radio 1**

FM 97.9–99.7

BBC Radio 2

FM 88.3–90.1

BBC Radio 3

FM 90.5–92.3

BBC Radio 4

93.2 (Ballycastle),

93.2 (Carnmoney Hill),

94 (Limavady),

94.9 (Londonderry),

95.6 (Brougher Mountain),

96 (Belfast),

103.5 (Larne),

103.9 (Rostrevor Forest/

Kilkeel),

104.6 (Camlough),

(R4FM cannot be heard in

some parts of NIreland)

LW 198 MW 720, 774

(Enniskillen (carry LW

programmes)

BBC Radio 5 Live

MW 693, 909

BBC Radio Foyle

FM 93.1

BBC Radio Ulster

FM 92.7–95.4

RTE Radio 1

FM 87.8–90.0, LW 252

RTE 2FM

FM 90.4–92.2, 97

RTE Raidió na Gaeltachta

92.6–94.4, 102.7

RTE Lyric FM

FM 97.8–99.6,

92.2, 95.2, 96.7, 102.2

Classic FM

FM 99.9–101.9 (not

Freeview)

Talksport

FM 105.3,

1089

Absolute

MW 1215

Today FM

FM 105.5

All the above stations are

also broadcast via

Freeview, satellite, cable,

digital radio and the

internet.

Local**Cool FM**

FM 97.4

Music, news and sport**Downtown**

FM 102.3

(Ballymena), 96.6

(Omagh/Enniskillen),

97.1 (Larne), 96.4

(Limavady), 102.4

Face behind the voice Omah Howard Capital Xtra



Age 23
Current job
Presenter of the mid-morning show (Mon-Fri, 10am-1pm) on Capital Xtra.

CV Born in London, he grew up in Thames Ditton, Surrey. While he was studying at Esher College, he made his radio debut. "My mum knew Lynn Parsons, a presenter on Magic FM. I used to go and watch her radio shows and she told me about Eagle Radio. I did a ten-day course there." After college he was a home improvements salesman. "It was so important – being able to control a conversation. Those skills I'll carry for life." He took a course at the Bauer Academy, then won the Kiss Chosen One competition, which led to four years on Kiss Fresh, as well as co-hosting with Sam Darlston on Kiss FM. In 2021 he began hosting The Hundred Rising cricket tournament. As a continuity announcer for BBC3, his was the first voice heard when it relaunched as a terrestrial channel. He joined Capital Xtra to present the

evening show in September 2022. "A big passion for me is freestyling, expressing myself through music." The single *Purple Scrapbook* by Boy 2 Man featuring Omah Howard was released last year. He will DJ at London's TS5 Festival in March.

Social media – yes or no? "Yes – the world is always evolving and we have to learn to adapt. It's a good tool to connect to people all around the world. But no – in the sense of where we're putting our attention. Everything comes down to balance and that's what we have to try to find."

Best moments "I always had anxiety about under-achieving. 'What am I gonna do when I'm older?' But putting that fader up, talking to the nation for the first time – it was like gratitude. The things I'd wished for, I now had. My top moment on Capital Xtra was talking to Bugzy Malone. His character and energy is infectious."

Worst moment "I'm always being told to keep my mug away from the desk. I'm like 'Yeah, all right!' But it's habitual. Next thing you know I'd knocked it all over the faders. I

tried not to tell anyone. But then buttons started malfunctioning."

Off air "I live in Thames Ditton with mum and dad and a sheepadoodle called Winston – he has his own Instagram [ello.itswinston]."

First radio memory "My mum's a personal trainer. I used to train in her gym at the end of the garden and Reece Parkinson on Radio 1Xtra got me through my workout."

Favourite broadcasters "Big up Tyler West from Kiss FM, a great broadcaster. He's always been there to give me advice. Rob[ert] Bruce and Shayna [Marie], who do the Capital Xtra breakfast show. And Reece Parkinson most definitely."

Ambition/Dream job "I'd love to build a platform where artists can showcase their talent and have inspirational conversation. I want to do it all: documentaries, TV. I want to be a male Maya Jama." **Secret skills** "I can speak back slang. Every syllable you add 'e-der-ga'. Edegai edergow edergar edergou? (That's 'Hi, how are you?')"

DAVID MCGILLIVRAY
Listen at capitalxtra.com

12.00 The Phone-in
With John Paul Davies.

2.00pm Behnaz Akhgar
Celebrity guests, advice and music quiz Backtracks.

5.00 Radio Wales Drive
Claire Summers and the team with everything you need to know as you head home.

6.30 Science Café
Adam Walton explores the ways scientists are using toys and video games to support scientific understanding. Repeated tomorrow 6.30am

7.00 Molly Palmer
Classic tracks and new music from Wales and beyond.

10.00 Eleri Siôn
Music and chat.

12.00 Relax with Radio Wales
Classic and contemporary tunes to unwind to.

1.00am–6.00 as Radio 5 Live

Wednesday

NEWS AND WEATHER: as Monday

6.05am Wake Up with Radio Wales
Music to start the day.

6.30 Science Café
Adam Walton explores the ways scientists are using toys and video games to support scientific understanding. Repeated from yesterday 6.30pm

7.00 Radio Wales Breakfast
The latest news, travel and weather, presented by Dot Davies and James Williams.

9.00 Wynne Evans
Featuring Soundtrack Stories and Mystery Voice.

12.00 The Phone-in
With John Paul Davies.

2.00pm Behnaz Akhgar
Celebrity guests, Midweek Menu recipes, expert advice and music quiz Backtracks.

5.00 Radio Wales Drive
Wyre Davies and the team with everything you need to know as you head home.

6.30 Country Focus
Rural affairs programme for those working in and living in the Welsh countryside. Repeated from Sunday 7am Repeated tomorrow 6.30am

7.00 Bronwen Lewis
New and classic country music from Wales and the world.

10.00 Eleri Siôn
Music and chat.

12.00 Relax with Radio Wales
Classic and contemporary tunes.

1.00am–6.00 as Radio 5 Live

Thursday

NEWS AND WEATHER: as Monday

6.05am Wake Up with Radio Wales
Music to start the day.

6.30 Country Focus
Rural affairs programme. Repeated from Sunday 7am

7.00 Radio Wales Breakfast
The latest news, travel and weather, presented by Dot Davies and James Williams.

9.00 Wynne Evans
Featuring Soundtrack Stories and Mystery Voice.

12.00 The Phone-in
With John Paul Davies.

2.00pm Behnaz Akhgar
Celebrity guests, expert advice and music quiz Backtracks.

5.00 Radio Wales Drive
Claire Summers and the team with everything you need to know as you head home.

6.30 The Learners 2/4. When the students feel the college has let them down, they take matters into their own hands and set up an environmental protest outside reception. Jonesy has taken a stand, Cathy and Frank are busy handing round the super glue – but where is Ken, when you need him? And where did they get that megaphone?

7.00 Aleighcia Scott
Music and culture.

10.00 Eleri Siôn
Music and chat.

12.00 Relax with Radio Wales
Classic and contemporary tunes to unwind to.

1.00am–6.00 as Radio 5 Live

Friday

NEWS AND WEATHER: as Monday

6.05am Wake Up with Radio Wales
Music to start the day.

6.30 All Things Considered
Religious affairs programme. Repeated from Sunday 9am Email: religion.wales@bbc.co.uk

7.00 Radio Wales Breakfast
The latest news, travel and weather, with Oliver Hides.

9.00 Wynne Evans
Featuring Soundtrack Stories and Mystery Voice.

12.00 The Phone-in
With John Paul Davies.

2.00pm Eleri Siôn
Celebrity guests, film reviews, Foodie Friday recipes and music quiz Backtracks.

5.00 Radio Wales Drive
Claire Summers and the team with everything you need to know as you head home.

6.30 Radio Wales Arts Show
A guide through the current arts scene in Wales, presented by Gary Raymond.

7.00 Radio Wales Sport
Live commentary, analysis and special features.

10.00 Friday Night H
The Steps singer takes listeners into the weekend with music and chat.

12.00 The Party Playlist with H
The Steps singer presents the ultimate party playlist.

1.00am–5.00 as Radio 5 Live
BBC Wales, 3 Central Square, Cardiff CF10 1FT
03703 500 700
(weekdays 9.30am to 5.30pm)
(landline calls charged at a maximum of 8p per minute)
SMS: 81012
bbc.co.uk/radiowales

Saturday

NEWS: hourly 7.00am to 2.00pm
WEATHER: after most news bulletins
HILL FORECAST: 6.59am

5.00am Mal Pope
Sitting in for Vicki Blight.

7.00 Radio Wales Breakfast
The latest news, travel and weather, with Oliver Hides.

9.00 Money for Nothing
Dedications and song requests from the 1950s to the 90s. Phone: 03700100110

12.00 Andrea Byrne
Sitting in for Lucy Owen with music and guests.

2.00pm Radio Wales Sport
England v Wales, both teams' second Six Nations match from Twickenham (kick-off 4.45).

7.00 Bethan Elfyn
Classic and news music, plus the Wales Mix and a guest DJ Takeover.

10.00 BBC Introducing with Adam Walton
New Welsh music, sessions, interviews and demos.

1.00am–6.00 as Radio 5 Live

Sunday

NEWS: hourly 7.00am to 6.00pm
WEATHER: after most news bulletins
HILL FORECAST: 6.58am

6.00am Radio Wales Arts Show

Gary Raymond explores the current arts scene in Wales. Repeated from last Friday Repeated tomorrow 6.30am

6.30 Science Café
Adam Walton explores recent discoveries and technological developments in astronomy. Repeated from last Tuesday

7.00 Country Focus

Rural affairs programme for those working in and living in the Welsh countryside. Repeated Wednesday 6.30pm and Thursday 6.30am

7.30 Celebration

A service led by the Rev Emma Franks, minister of Kensington Baptist Church in Brecon. Repeated 7.30pm

8.00 Sunday Supplement
Political news, discussions and analysis, plus a round up of the papers with guest reviewers.

9.00 All Things Considered
Religious affairs programme, tackling the issues of the day in a thought-provoking manner. Repeated Friday 6.30am Email: religion.wales@bbc.co.uk

9.30 Bronwen Lewis
Music and guests.

11.00 Owen Money's Solid Gold Sunday
Hits from the 1960s and 70s.

1.00pm Kiri Pritchard-McLean
Music and chat.

3.00 Lynn Bowles
Music, entertainment, and guests for Sunday afternoon.

5.00 Roy Noble
Classic songs and laidback conversation. Email: roy.noble@bbc.co.uk

7.00 The Pride of Wales
Ian "H" Watkins chats to various members of the LGBT community in this feature marking LGBT History Month, including some of the trailblazers in the gay rights movement in Wales. Repeated from last Monday

7.30 Celebration

A service led by the Rev Emma Franks, minister of Kensington Baptist Church in Brecon. This edition of the programme includes My Favourite Hymn. Repeated from 7.30am

8.00 Celtic Heartbeat

Frank Hennessy presents a selection of folk, roots and acoustic music from the Celtic countries and beyond.

10.00 Beverley's World of Music
Broadcaster Beverley Humphreys introduces a selection of popular songs from stage and screen.

1.00am–6.00 as Radio 5 Live

Monday

NEWS: hourly 6.00am to 10.00pm
WEATHER: after most news bulletins

6.05am Wake Up with Radio Wales
Music to start the day.

6.30 Radio Wales Arts Show
Gary Raymond explores the current arts scene in Wales. Repeated from yesterday 6am

7.00 Radio Wales Breakfast
The latest news, travel and weather, presented by Dot Davies and James Williams.

9.00 Wynne Evans
Featuring Soundtrack Stories and Mystery Voice.

12.00 The Phone-in
With John Paul Davies. Phone: 03700100110 Text: 81012 Tweet: @bbcradiowales

2.00pm Behnaz Akhgar
Celebrity guests, TV Turn Ons, and music quiz Backtracks.

5.00 Radio Wales Drive
Claire Summers and the team with everything you need to know as you head home.

6.30 Queerly Beloved
Samantha Evans and Shauna Guinn celebrate the tenth anniversary of same sex marriages, talking to couples, dress designers, cake shop owners and a Reverend Canon. Repeated tomorrow 6.30am

7.00 Huw Stephens
Featuring the Artist of the Week and new music from Wales and beyond.

10.00 Sian Reeves
Sitting in for Eleri Siôn with music and chat.

12.00 Relax with Radio Wales
Classic and contemporary tunes.

1.00am–6.00 as Radio 5 Live

Tuesday

NEWS AND WEATHER: as Monday

6.05am Wake Up with Radio Wales
Music to start the day.

6.30 Queerly Beloved
Samantha Evans and Shauna Guinn celebrate the tenth anniversary of same sex marriages, talking to couples, dress designers, cake shop owners and a Reverend Canon. Repeated from yesterday 6.30pm

7.00 Radio Wales Breakfast
The latest news, travel and weather, presented by Dot Davies and James Williams.

9.00 Wynne Evans
Featuring Soundtrack Stories and Mystery Voice.

Frequencies

Sadwrn

5.30am Richard Rees

Cerddoriaeth a chwmniaeth ar gyfer bore Sadwrn.

7.00 Galwad Cynnar

Geraltt Pennant a'i westeion yn trafod natur, bywyd gwyllt a chadwraeth. EBOSt: galwadcynnar@bbc.co.uk

8.00 Dros Frecwast

Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Dylan Jones.

8.30 Ar y Marc

Dylan Jones a'r criw yn trafod pob math o bethau'n ymwneud â phêl-droed. EBOSt: arymarc@bbc.co.uk

9.00 Tudur Owen

Lot o fwydro, 'chydigo sylwedd, dim swmp gyda Geth a Ger yn lle Tudur.

11.00 Y Sioe Sadwrn

Cerddoriaeth ac adloniant gyda Shelley Rees a Rhydian Bowen Phillips.

2.00pm Chwaraeon

Radio Cymru

Sylwebaethau byw, yn ogystal â chanlyniadau a'r newyddion chwaraeon diweddaraf.

4.00 Chwaraeon

Radio Cymru

Sylwebaethau fyw o gêm Lloegr v Cymru ym Mhencampwriaeth y Chwe Gwlad 2024.

7.00 Marc Griffiths

Cymysgedd o'r hen a'r newydd gyda Lisa Angharad yn lle Marc Griffiths. EBOSt: marc.griffiths@bbc.co.uk

9.00 Ffion Emyr

Cerddoriaeth a chwmniaeth.

12.00 gweler World Service

Sul

5.30am Linda Griffiths

Dechreuwch eich dydd Sul yn sain dewis cerddorol Linda Griffiths.

7.00 Troi'r Tir

Y straeon diweddaraf o'fyd amaetha bywyd cefn gwlad.

7.30 Caniadaeth y Cysegr

Amrywiaeth o emynau yng nghwmni Hywel Gwynfryn. Ail-ddarlledir am 4.30pm

8.00 Bore Sul

Trin a thrafod papurau'r Sul, cerddoriaeth a sgysiaau hamddenol gyda Betsan Powys.

10.00 Swyn y Sul

Y soprano Elin Manahan Thomas yn dewis cerddoriaeth ar gyfer bore Sul.

12.00 Yr Oedfa

Oedfa dan ofal Dewi Tudur, Talsarnau.

12.30pm Bwrw Golwg

John Roberts a'i westeion yn trafod materion moesol a chrefyddol. EBOSt: bwrwgolwg@bbc.co.uk

1.00 Cofio

Archif, atgof a chân yng nghwmni John Hardy. Ail-ddarlledir Llun am 6pm

2.00 Ffion Dafis

Ffion Dafis a'i gwesteion yn trafod y byd celfyddydol yn ei holl amrywiaeth, a hynny yng Nghymru a thu hwnt.

4.00 Gweichion

Perchnogion eiddo, gwleidyddion, newyddiadurwyr a mwy. Dyma brofiadau rhai o'r bobl ddaeth i gyswllt gyda gweithredoedd Meibion Glyndŵr. Erbyn canol y 1980au, roedd ymosodiadau ar draws Cymru a thu hwnt, gyda pherchnogion eiddo a gwleidyddion wedi'u targedu. Fe glywn hefyd gan ymladdwr tân fu'n dysti berygl y dyfeisiadau ffrwydro, ac am gymhelliant amrywiol posibl y sawloedd yn gyfrifol.

4.30 Caniadaeth y Cysegr

Amrywiaeth o emynau yng nghwmni Hywel Gwynfryn. Darlledwyd am 7.30am

5.00 Dei Tomos

Sgysiaau am Gymru, ei phobl a'i diwylliant. Ail-ddarlledir Mawrth am 6pm EBOSt: deitomos@bbc.co.uk

6.00 Beti a'i Phobol

Beti George yn sgwrsio gydag un o bobl Cymru. Ail-ddarlledir iau am 6pm

7.00 Y Talwrn

Dau dîm o feirdd yn cystadlu i gyrraedd y rownd derfynol yn Eisteddfod Genedlaethol 2024. Ail-ddarlledir Mercher am 6pm

8.00 Ar Eich Cais

Rhys Meirion yn darllen cyfarchion ac yn chwarae ceisiadau. EBOSt: areichcais@bbc.co.uk

9.00 John ac Alun

Cerddoriaeth a sgwrsio i gloy'r penwythnos.

12.00 gweler World Service

Llun

5.30am John Hardy

Cerddoriaeth a chwmniaeth ben bore, gyda bwletin newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.

7.00 Dros Frecwast

Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.

9.00 Aled Hughes

Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

11.00 Bore Cothi

Croeso cynnes dros baned gyda Shân Cothi.

1.00pm Dros Gino

Trin a thrafod Cymru a'r byd gyda Rhodri Llywelyn yn cyflwyno. EBOSt: drosinio@bbc.co.uk Ffôn: 03703 500 500

2.00 Ifan Jones Evans

Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.

5.00 Post Prynhawn

Newyddion y dydd yng Nghymru a thu hwnt gyda Nia Thomas yn cyflwyno. EBOSt: postprynhawn@bbc.co.uk Post Prynhawn, BBC Radio Cymru Canolfan y BBC, Bryn Meirion Bangor, LL57 2BY

6.00 Cofio

Archif, atgof a chân yng nghwmni John Hardy. Darlledwyd Sul am 1pm

7.00 Rhys Mwyn

Clasuron coll o gasgliad Mr Mwyn, a gwesteion yn hel atgofion.

9.00 Caryl

Cerddoriaeth a hwyly gyda'r hwyr yng nghwmni Ffion Emyr yn lle Caryl Parry Jones.

12.00 gweler World Service

Mawrth

5.30am John Hardy

Cerddoriaeth a chwmniaeth ben bore, gyda bwletin newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.

7.00 Dros Frecwast

Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.

9.00 Aled Hughes

Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

11.00 Bore Cothi

Croeso cynnes dros baned gyda Shân Cothi.

1.00pm Dros Gino

Trin a thrafod Cymru a'r byd. Jennifer Jones sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi. EBOSt: drosinio@bbc.co.uk Ffôn: 03703 500 500

2.00 Ifan Jones Evans

Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.

5.00 Post Prynhawn

Newyddion y dydd yng Nghymru a thu hwnt gyda Dylan Jones yn cyflwyno. EBOSt: postprynhawn@bbc.co.uk Post Prynhawn, BBC Radio Cymru Canolfan y BBC, Bryn Meirion Bangor, LL57 2BY

6.00 Dei Tomos

Sgysiaau am Gymru, ei phobl a'i diwylliant. Darlledwyd Sul am 5pm EBOSt: deitomos@bbc.co.uk

7.00 Georgia Ruth

Dewis eclectig o gerddoriaeth o gasgliad Georgia Ruth, yn cynnwys cerddoriaeth ryngwladol, byd a thraciau Cymraeg arbrofol.

9.00 Caryl

Cerddoriaeth a hwyly gyda'r hwyr gyda Caryl Parry Jones.

12.00 gweler World Service

Mercher

5.30am John Hardy

Cerddoriaeth a chwmniaeth ben bore, gyda bwletin newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.

7.00 Dros Frecwast

Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.

9.00 Aled Hughes

Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

11.00 Bore Cothi

Croeso cynnes dros baned gyda Shân Cothi.

1.00pm Dros Gino

Trin a thrafod Cymru a'r byd. Vaughan Roderick sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi. EBOSt: drosinio@bbc.co.uk Ffôn: 03703 500 500

2.00 Ifan Jones Evans

Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.

5.00 Post Prynhawn

Newyddion y dydd yng Nghymru a thu hwnt gyda Dylan Jones yn cyflwyno. EBOSt: postprynhawn@bbc.co.uk Post Prynhawn, BBC Radio Cymru Canolfan y BBC, Bryn Meirion Bangor, LL57 2BY

6.00 Y Talwrn

Dau dîm o feirdd yn cystadlu i gyrraedd y rownd derfynol yn Eisteddfod Genedlaethol 2024. Darlledwyd Sul am 7pm

7.00 Mirain Iwerydd

Cerddoriaeth newydd Cymru.

9.00 Caryl

Cerddoriaeth a hwyly gyda'r hwyr gyda Caryl Parry Jones.

12.00 gweler World Service

Iau

5.30am John Hardy

Cerddoriaeth a chwmniaeth ben bore, gyda bwletin newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.

7.00 Dros Frecwast

Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.

9.00 Aled Hughes

Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

11.00 Bore Cothi

Croeso cynnes dros baned gyda Shân Cothi.

1.00pm Dros Gino

Trin a thrafod Cymru a'r byd. Catrin Haf Jones sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi. EBOSt: drosinio@bbc.co.uk Ffôn: 03703 500 500

2.00 Ifan Jones Evans

Digon o gerddoriaeth, chwerthin a sgwrsio, n ogystal â chystadleuaeth neu ddwy.

5.00 Post Prynhawn

Newyddion y dydd yng Nghymru a thu hwnt gyda Dylan Jones yn cyflwyno. EBOSt: postprynhawn@bbc.co.uk Post Prynhawn, BBC Radio Cymru Canolfan y BBC, Bryn Meirion Bangor, LL57 2BY

6.00 Beti a'i Phobol

Beti George yn sgwrsio gydag un o bobl Cymru. Darlledwyd Sul am 6pm

7.00 Huw Stephens

Cerddoriaeth newydd, ambell berll anghyfarwydd a sgwrs.

9.00 Caryl

Cerddoriaeth a hwyly gyda'r hwyr gyda Caryl Parry Jones.

12.00 gweler World Service

Gwener

5.30am John Hardy

Cerddoriaeth a chwmniaeth ben bore, gyda bwletin newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.

7.00 Dros Frecwast

Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Gwenllian Grigg.

9.00 Trystan ac Emma

Cerddoriaeth ac adloniant gyda Trystan Ellis-Morris ac Emma Walford.

11.00 Bore Cothi

Croeso cynnes dros baned gyda Shân Cothi.

1.00pm Dros Gino

Trin a thrafod Cymru a'r byd. Catrin Haf Jones sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi. EBOSt: drosinio@bbc.co.uk Ffôn: 03703 500 500

2.00 Tudur Owen

Lot o fwydro, 'chydigo sylwedd, dim swmp.

5.00 Post Prynhawn

Newyddion y dydd yng Nghymru a thu hwnt gyda Dylan Jones yn cyflwyno. EBOSt: postprynhawn@bbc.co.uk Post Prynhawn, BBC Radio Cymru Canolfan y BBC, Bryn Meirion Bangor, LL57 2BY

6.00 Lauren Moore

Cerddoriaeth ar gyfer nos Wener yng nghwmni Lauren Moore.

9.00 Nos Wener Ffion Emyr

Ffion Emyr yn tanio'r penwythnos gyda thair awr o gerddoriaeth.

12.00 gweler World Service

Radio Cymru: 03703 500 500
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Rhif Testun: 67500
(Codir tal yn unol a chyfradd costau eich rhwydwaith)
EboSt: radio.cymru@bbc.co.uk
Gwefan: bbc.co.uk/radiocymru

Radio Cymru 2

fel Radio Cymru ac eithrio:

Sadwrn

7.00am–9.00 Sioe Frecwast: cerddoriaeth ac adloniant

Sul

7.00am–10.00 Sioe Frecwast: cerddoriaeth ac adloniant gyda Mirain Iwerydd

Llun–Iau

7.00am–9.00 Sioe Frecwast: cerddoriaeth ac adloniant gyda Rhydian Bowen Phillips

8.30–9.00 Iau: Naw o'r 90au: taith noli ddegawd y Spice Girls, Eden, Big Leaves ac Oasis

9.00–11.00 Lisa Gwilym: Lisa Gwilym yn chwarae eich hoff fwisg

Gwener

7.00am–9.00 Sioe Frecwast: cerddoriaeth ac adloniant gyda Geraint Hardy

11.00–1.00pm

Dom James: Dom James yn chwarae eich hoff fwisg

National

BBC Radio 1 197.6–99.8
BBC Radio 2 88–90.2
BBC Radio 3 90.2–92.4
BBC Radio 4 92.4–94.6, 103.5–105, LW 198
BBC Radio 5 Live MW 693, 909, 990

Radio Cymru 92.4–96.1, 96.8, 103.5–105

Radio Cymru 2 This station only broadcasts on Freeview, satellite television, digital radio and the internet

BBC Radio Wales 93.9–95.9, 103.7, 103.9

BBC Radio Wales Extra

MW 1125 (mid-Wales)

Classic FM 99.9–101.9

Talksport MW 1053, 1089

Absolute MW 1197, 1242, 1260

The above stations also broadcast via Freeview, satellite, cable, digital radio and the internet.

Local

BBC stations:

Bristol 94.9 (Bristol), 103.6 (Severn), 104.6 (Bath)

Gloucestershire 104.7 (Churchdown Hill), 95 (Stroud), 95.8 (Cirencester), MW 1413

Hereford and Worcester 94.7 (Hereford), 104.6 (Worcester & Gt Malvern), 103.6 (Kidderminster), MW 738, 1584 (Tenbury Wells)

Somerset 95.5, MW 1566

Wiltshire 104.3 (west Wiltshire), 104.9 (Marlborough), 103.5 (Salisbury), 103.6 (Swindon)

Independent stations:

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Bridge FM 106.3 (Bridgend/Vale of Glamorgan)

Capital 103.2 (Cardiff), 97.4 (Newport), 96.3 (north Wales Coast), 103.4 (Cheshire/north east Wales), 97.1 (Wirral), 103 (Anglesey) Music, news

Carmarthenshire 97.1 (Carmarthenshire), 97.5 (Llanelli/Carmarthen Town)

Chester's Dee 106.3

Freeradio 103.1 (Shropshire), 97.2 (Wolverhampton) Music, news, 97.6 (Hereford), 96.7 (Kidderminster), 102.8 (Worcester) Music

Heart 88 (Wrexham), 103 (Bath/Weston Super-Mare), 96.3 (Bristol), 102.2 (west Wiltshire), 102.4 (Gloucester/Cheltenham), 102.6 (Somerset), 97.2 (Swindon), 105.2 (Abergavenny/Carmarthenshire), 105.4 (Cardiff), 105.9 (Aberdeen), 105.7 (Colwyn Bay), 105.9 (Newport), 105.7 (Pembrokeshire), 106 (Swansea/Carmarthen), 106.1 (Ebbw Vale), 106.2 (Fishguard), 106.9 (Mold/Flint), 107.2 (Caernarfon/Anglesey), 107.3 (Rhyl/Prestatyn)

Greatest Hits Radio 100.8 (Porlock), 102 (Salisbury), 102.4 (west Somerset), 107.2 (Bristol), 107.4 (Telford/Wrekin), 107.5 (west Wiltshire), 107.5 (Gloucestershire), 107.7 (Weston Super-Mare/north Somerset/Swindon), 107.9 (Bath), MW 1170 (Swansea/south west Wales)

GTFM 107.9 Pontypridd, 100.7/107.1 Cynon Valley

Kiss 101 (Severn Estuary), 97.2 (Bristol) Dance music, news

Nation Radio 106.8 (Cardiff), 107.3 (Swansea) Music, news

Pembrokeshire 102.5, 107.5 (Fishguard/Tenby)

Radio Cardiff 98.7

Radio Tirceod 106.5 (West Swansea) Music, news

Scarlet FM 97.5 (Llanelli)

Smooth 100.4 (north-west England), MW 1359 (south Wales), 1305 (Gwent), 1260 (north Wales/Cheshire/Bristol), 774 (Gloucester), 1161 (Swindon), 936 (West Wiltshire)

Sunshine 106.2 (Hereford), 107.8 (Leominster), 107 (Mornmouth), MW 855 (south Shropshire)

The Wave 96.4 (Swansea)

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KELLY'S HEROES

Lorraine Kelly has met all sorts of people in her job. Their “amazing stories” have each contributed to her own latest career shift – as a novelist

Lorraine

Weekdays 9.00am **ITV1**

LORRAINE KELLY HAS a CBE, two Baftas, doctorates and even honorary colonelship of the Army Cadet Force on her CV – but ask her what she’s most proud of in life, and she’ll tell you it’s the Honorary Gay award bestowed on her by LGBTQ+ magazine *Attitude* in 2015.

“The CBE’s lovely as well,” she chuckles, “and I’m proud of my family life. But the Honorary Gay award was very special – pretty much up there at the top, neck and neck with the book I’ve just written.”

It’s no wonder the TV presenter is proud of the book, too. *The Island Swimmer* is Kelly’s first novel, but writing one has been a lifelong ambition, she says. “I’ve had a love of books since I was a kid. My mum and dad taught me to read and write when I was four, and I always find it quite odd when I go to other people’s houses and the floors aren’t groaning under the weight of books, because that’s certainly what my house is like. When I was little, I was a voracious reader and always writing stories, so the novel is



RT BOOKSHOP

To pre-order *The Island Swimmer* by Lorraine Kelly (Orion, £20, published 15 Feb) for £18 incl p&p, please call **03302 232 639** or visit radiotimes.com/shop07



THE DAY JOB
In the studio, filming *Lorraine*

‘Some people use a ghostwriter – I wrote every word myself’

something I’ve always wanted to do. And I just thought to myself, ‘If I don’t do it now, it’s never going to happen.’”

The difficulty – for a woman whose day starts at 4am each weekday morning, preparing for *Lorraine* – was finding the time. “I had to be quite ruthless,” she admits. “Obviously I still had to give my day job the attention it needs, and make sure I was doing my homework for it. But then I would go off somewhere quiet with my trusty iPad, and try to get on with the book. My husband was a great help with that.” Because he’d lock her in until she’d done her daily word count? “Yes, he wouldn’t let me out till I’d done 2,000 words! No, just because he was quite happy to go off and do all the shopping and cooking.”

There was certainly no assistance from a ghostwriter (“I know some people do that, and that’s fine, but I wrote every word myself”) – and not even a body double when it came to researching the cold-water swimming scenes that make up an important part of this warm-hearted book.

The gripping story is set on Orkney, where its heroine Evie grew up, and where she must return in adulthood to disentangle some dark family secrets and patch up some long-dormant friendships; but the island’s surrounding seas are central to the action. They held no terrors for Kelly, though: “No, I go there for a holiday every year,

and swimming in the sea there makes you feel alive! In fact the first time I went, I’d just been to Antarctica, and swum there, so Orkney was balmy!”

The rest of Kelly’s research comes from

her career in TV. “I’ve been doing telly for 40 years, and I think listening to all those people talk gives you an ear for dialogue and how to make it sound real instead of stilted. Plus I’ve met a huge array of characters, from the famous to ordinary folk with amazing stories to tell. That’s given me plenty to draw on.”

So might we find a thinly veiled version of George Clooney hiding among the book’s pages? It was only recently that viewers were watching Kelly and the Hollywood A-lister flirt with each other on her daytime TV sofa, right? “I was not flirting with him! He’s a lovely man, very funny, interesting – and interested, which is good. There’s a lot more to him than what he looks like, which isn’t always the case when somebody’s very beautiful. He’s a good laugh and a good lad.”

DOES SHE HAVE him in her sights for a future movie adaptation of *The Island Swimmer*, then? “Ha! It would be amazing if someone wanted to film it, but I didn’t write it with that in mind. And no, although I gave my characters faces in my imagination while I was writing, they’re not famous people’s faces, so I don’t know who would play them.”

Kelly does, at least, know who would take the starring role in a screen version of her own life. “Dawn French,” she says, without even considering anyone else. “She’s absolutely gorgeous. And a bloody good writer.”

The “good writer” bit is certainly important to her. “The book’s being printed properly next week,” she says excitedly, “and I’ll have a chance to hold a finished copy in my hand. That will mean the world to me.”

It will be a “big, big, big moment”, she adds, when she finally gets to add “published novelist” to her many credentials – alongside “honorary gay”. **ED GRENBY**



SHE’S GOT ATTITUDE
With her Honorary Gay award from 2015



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ON OUR BOOKSHELF

Fanning the flames

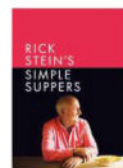
Can humankind ever really tame fire?



FIRE WEATHER
JOHN VAILLANT

Book of the Week Mon–Fri
9.45am (FM), 12.30am **Radio 4**
It’s increasingly common to hear news reports of wildfires

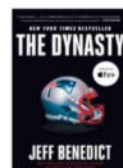
from across the world – and on home turf. One of the very things that helped us evolve as humans, fire is not only life-giving but also hugely destructive, and in this climate emergency even more of a threat. John Vaillant’s *Fire Weather* (Sceptre, £25) chronicles this century’s most intense wildfire, which drove 90,000 people from their Canadian homes in 2016, and looks at how we have tried – and failed – to harness fire over our history.



RICK STEIN’S
SIMPLE SUPPERS

Rick Stein’s Food Stories
Monday–Friday 6.30pm **BBC2**
After a long day, the last thing most people want is

to have to slog away in the kitchen – and Rick Stein is here to help. He has found ways to make the most of the time you spend cooking, producing delicious meals in short timeframes, and without your having to trawl the supermarket for esoteric ingredients. *Rick Stein’s Simple Suppers* (BBC Books, £28) is designed to have the answer for any culinary occasion, while always being focused on the most important thing: taste.



THE DYNASTY
JEFF BENEDICT

The Dynasty: New England Patriots Friday **Apple TV+**
American football is quickly gaining popularity on our

side of the pond, and is sure to reach even bigger audiences with the release of *The Dynasty: New England Patriots* on Apple TV+. This docuseries is based on the bestselling book by Jeff Benedict (Simon & Schuster, £16.99), charting the stratospheric rise of the New England Patriots. Benedict uncovers previously secret details, offering a new look at the team and its winning owner-coach-quarterback grouping that drove them to decades’-long success. **RHIANNON THOMAS**

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CARIBBEAN IDYLL

The highs of the
Blue Mountains

BOB MARLEY'S JAMAICA

From his hilltop birthplace to the beach
where he played football, you can
retrace the haunts of the reggae giant

Bob Marley: One Love

In cinemas from Wednesday 14 February

BULLET-HOLES IN A wall aren't your usual tourist attraction – but Jamaica isn't just another tropical idyll. It's long been the Caribbean's coolest island, and that's largely down to its most famous son, Bob Marley, in whose house in Kingston you can find those holes.

In fact, that attempt on the reggae icon's life in 1976 is a central episode in this week's big movie release, *Bob Marley: One Love*, and the marks on the walls aren't the only key aspect from his story that holiday-makers can visit. From hardcore fans to the mildly curious merely stirring from their lounge for an hour, there's a Marley-themed attraction in Jamaica for everyone...

NINE MILE

This hilltop village in Saint Ann Parish was Marley's birthplace – and, since he died in 1981, his resting place. The "museum" in his

tiny childhood house is fairly touristy, but his mausoleum is more atmospheric, and the "rock pillow" where he'd lay his head for inspiration (stoned again?) is a serenely special spot.

TRENCH TOWN

Marley moved into this shantyish government housing project in Kingston as a teenager: it's where he learnt to play guitar, formed the Wailers and, arguably, invented reggae. (He immortalised the place in the lyrics to *Trench Town Rock* and *No Woman, No Cry*.) It's still a little rough after dark, but by day its Culture Yard museum/community centre/musical hub (ttcultureyard.com) vibrates with life.

THE BOB MARLEY MUSEUM

Want to see those bullet-holes? You'll find them at 56 Hope Road, the rambling 19th-century house in uptown Kingston that Marley moved into at the height of his success in 1975. Less than a year later, he survived that politically motivated assassination attempt – but he'd be dead five years later from cancer, and six years

after that his widow Rita opened the house as a museum. It's the best of Jamaica's many monuments to Marley: visitors can see not just the usual collection of instruments, tour posters and gold records, but also the star's affectingly ascetic living quarters and the attached Tuff Gong studio where several of his classics were recorded.

STRAWBERRY HILL

Richer reggae fans will want to spend their holiday high up in the Blue Mountains, at Strawberry Hill (strawberryhillhotel.com). This sighingly lovely plantation-style property once belonged to Horace Walpole, but later gave sanctuary to Marley from the life-threatening turmoil of Kingston. Subsequently, it has accommodated everyone from the Rolling Stones and Grace Jones to Willie Nelson and Lily Allen (although not at the same time).





NOW A MUSEUM
The Kingston home
of Bob Marley

NATIONAL STADIUM

The centrepiece of the film is the *One Love* peace concert of 1978. During his performance of *Jammin'*, Marley famously united the political leaders whose rivalry was tearing Jamaica apart: clasping their hands together on stage was the moment he moved from folk hero to cultural icon. The stadium now hosts the national football team, the Reggae Boyz.

CANE RIVER FALLS

The movie's most talked-about scene? The one where Marley (Kingsley Ben-Adir) bathes naked in Cane River Falls. It's not necessarily the beauty of the waterfall people are commenting on, but it's a gorgeous spot and has a perfect swim-hole at its foot. Marley used to bathe there; or, as he put it in *Trench Town*, "Up a Cane River to wash my dread/ Upon a rock I rest my head."

HELLSHIRE
Party and chill
on Marley's
favourite beach



HELLSHIRE BEACH

If you want to hit the beach, you can do just that, without leaving the Marley trail, at Hellshire – one of the Rastaman's favourites. Football-mad, he could often be seen here kicking a ball about with friends, or jogging along the shore, and it's still loved by locals for just those purposes, as well as reggae- (and rum-) fuelled weekend beach parties. Tourists are catered for, too: hire jet skis, take boat trips or tuck into seafood from the café-shacks along the edge of the sand.

REGGAE!

The past few decades have seen reggae fade inexplicably from fashion in its homeland, but now Jamaica is experiencing what's been called the Reggae Revival, led by artists including Protoje, Koffee, Chronixx, Jah9 and Sevana, and centring around the Kingston Dub Club (turn up any Sunday and see; [instagram.com/kingstondubclub](https://www.instagram.com/kingstondubclub)). The vibe here is laid-back, the city views are amazing, the music is rootsy – Bob would be skanking in his grave. (That's a good thing.) **ED GRENBY**

**REGGAE
LEGEND**
Bob Marley in
the mid-1970s

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Money Box on Radio 4.
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CODE OF DISHONOUR

Like any new technology, QR codes are being hijacked by criminals intent on stealing your money, warns **Paul Lewis**

WHEN YOU SCAN a QR code, beware – it may be fake. These patterns of small black and white squares are a development of the barcode but much more powerful. They are proliferating; you can now even see them on postage stamps. But, like any new technology, thieves are hijacking them for their own criminal purposes.

‘Thieves are sticking their QR codes over the real ones’

If you scan a QR code with your smartphone camera, you will be taken straight to a website. One popular use is in car parks, where a QR code will take you automatically to the operator’s site so you can pay for your parking. But beware – thieves are sticking their own QR codes over the real ones. They take you to the thieves’ own website, where you will be asked to input personal details – including your phone number and, of course, the numbers on your payment card.


Not only will the criminals take the money for the parking fee and leave you liable to a penalty notice

from the real car park operator, they will also harvest all that information. A few days later, they will call you on your phone – they have your number, of course – claiming to be from your bank, another trusted firm or even the police.

Even if you have any suspicions, they will already have enough of your personal information to convince you that they are genuine. They will then take you down the well-trodden fraud path by saying your money is at risk, they can protect it, and you need to cooperate with them in moving it to a safe account. Which is, of course, *their* account – from where your money will soon vanish.

SOME CAR PARK operators have now removed QR codes because of this risk. If you see one on a machine in a car park or anywhere else outdoors where it’s supposed to connect you to a payment service, check the code carefully to see if it looks original or has been pasted over the real one. If you have any doubts, do not use it. It’s always safer to use a parking app or to pay at a machine with a card, or even coins, if it will let you.

QUESTIONS? Send any questions to Paul.Lewis@radiotimes.com. I cannot answer you personally, but I will reflect them in this column.

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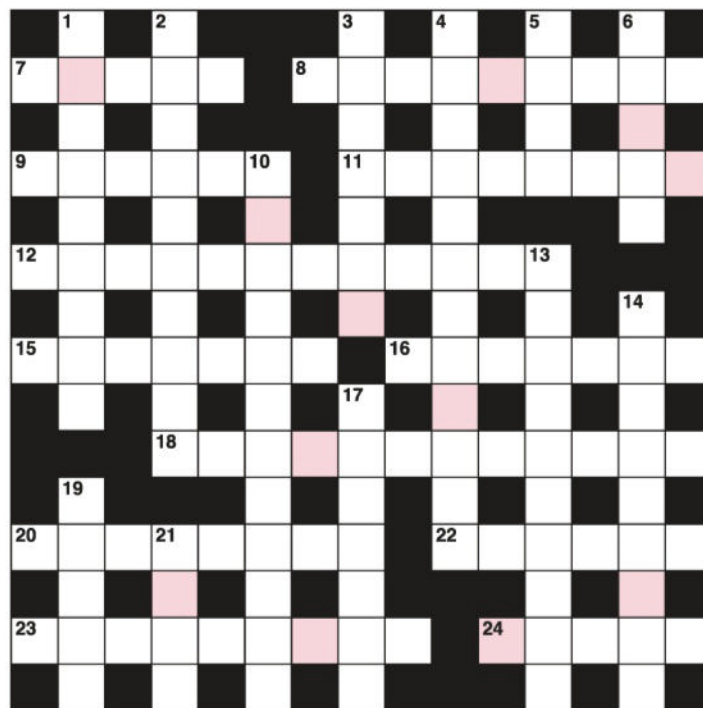
PRIZE CROSSWORD

ACROSS

- 7 Little way from canyon with no opening (5)
8 Experimental domain almost one state (9)
9 Preserve lotion on extremes of eardrum (6)
11 Walking to winding gradient (8)
12 Number found at an operation? (12)
15 First cook ready to empty mixed dish (4-3)
16 Cockney burglar, one in hot water? (3,4)
18 Presenter in the country with a pink mac, chin broken (5,7)
20 Pancake in river next to black burial chamber (8)
22 Score try heartlessly without being irritable (6)
23 Surprise for one lifting lid? (3-6)
24 Short county flags (5)

DOWN

- 1 Organise a timeline to kill (9)
2 Lecturer strangely reached in to solid shape (10)
3 Besotted by small garment (7)
4 Warm talk? (8,4)
5 Soft-hearted ale (4)
6 Boast about victory over relative (5)
10 Vehicle to drive with TV Muppet (5,7)
13 Maybe I elect to encircle track with clairvoyant (10)
14 Ah, climate change produces green mineral (9)
17 If I'm blessing some children's series (7)
19 Charlie to lay out ten sepals of a flower (5)
21 Tokyo hasn't held back nautical cry (4)



Prize Crossword 7

NAME _____

ADDRESS _____

POSTCODE _____

TELEPHONE _____

EMAIL _____

Cut or copy this form. Closing date: 23 February. Solution published in *RT* dated 16 March. Send to: Radio Times Prize Crossword, week 7 2024, PO Box 501, Leicester LE94 0AA. Or email your entry to xword7@radiotimescomps.co.uk

Please note, your contact details will only be used in order to contact the winner of the prize crossword



Two winners of the Wordfinder puzzle will each receive series one of *Darby and Joan* (Acorn DVD). Newly widowed Joan Kirkhope (Greta Scacchi) wants to find answers about her husband's death. When she and ex-cop Jack Darby (Bryan Brown) collide in the Australian outback, they're thrown into an unexpected adventure.

EASY CROSSWORD

ACROSS (answers page 139)

- 7 Bending line (5)
8 Disney's fib-telling puppet (9)
9 Burn while ironing (6)
11 Stimulant in some hot beverages (8)
12 Impeccably behaved (2,4,2,4)
15 Britain's largest wild land mammal (3,4)
16 Vicar's Bible-stand (7)
18 Refusal to follow commands (12)
20 Star of 1989 film *Sea of Love* (2,6)
22 2019 Martin Clunes sitcom (6)
23 Aeroplane's power blade (9)
24 Musical eightsome (5)

DOWN

- 1 Fast ballroom dance? (9)
2 Carrying too much cargo (10)
3 Bishop's area of pastoral care (7)
4 Regular panellist on Radio 4's *Gardeners' Question Time* (3,9)
5 Adolescent's facial spots (4)
6 Extremely big person (5)
10 Large town south-west of Leeds (12)
13 Bring about desired result (2,3,5)
14 Player of a summer sport (9)
17 The stomach area (7)
19 Drink noisily (5)
21 Eiger's mountain range (4)

WORDFINDER

Unscramble the letters in the shaded crossword boxes to reveal a TV show. Enter by sending an email with your name, address and telephone number to wf7@radiotimescomps.co.uk.

Or post your entry (postcards only) to: Radio Times Wordfinder, Week 7 2024, PO Box 501, Leicester LE94 0AA. Two winners will receive the DVD shown left. Prizes sent monthly. Closing date: 23 February.

PRIZE CROSSWORD 2 SOLUTION

Prize Crossword

2 winner*

Lee Woodward,
Staffordshire; Judith
LeGrove, Derbyshire

Wordfinder 2

Derry Girls

Wordfinder winners

Mr G Samways,
Hampshire; Michael
Duncan, Kent



PUZZLE ANSWERS

POPMASTER
1 Yes, My Darling Daughter
2 The Tremeloes 3 If I Had Words
4 Get Down 5 Happy Hour
6 Hot Chocolate 7 It Keeps
Rainin' (Tears from My Eyes)
8 Lionel Richie 9 Delilah
10 I Wish You the Best
EGGHEADS 1a 2b 3a 4c 5b
6c 7b 8a 9c 10c

ENIGMA
Across Slender, Tepid, Crime,
Fixture, Two, Nail, Uncle, Lynch,
Stake, Gauze, Unit, Lob, Sundial,
Actor, Overt, Attache
Down Second, Fiasco, Ability,
Genre, Diet, Acquaint, Foul, Jell,
Toxicity, Bait, Plume, Kinetic,
Drench, Starve
POINTLESS
Middlesex (13), Hampshire (25),
Yorkshire (32), Warwickshire (16),
Surrey (9). So Surrey is the answer
that the fewest people gave.

ONLY CONNECT
Parts of a piano
Key, Pedal, Hammer, Soundboard
Parts of the ear
Anvil, Tragus, Cochlea, Stirrup
Horse tack
Saddle, Bridle, Bit, Reins
Wedding, Boxing, Onion, Spy
COUNTDOWN
How Rachel did it: 9x2=18,
50-1=49, 49x18=882,
882+10=892

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FREE GUIDE
BY RT'S
PAUL
LEWIS



Discover what equity release is and if it could be right for you

If you're a homeowner aged 55 and over, you've probably spent many years paying off your mortgage and building equity in your home. You may be looking for ways to make the most of that equity to enjoy your later life to its fullest. This is where equity release could help.

WHAT IS EQUITY RELEASE?

Equity release is a way for homeowners aged 55 and over to access the value that has built up in their homes as tax-free cash. Thousands of people release equity each year to provide greater financial flexibility and stability in retirement.

With a Lifetime Mortgage, there is no need to sell your home or downsize, and there is no requirement to make monthly repayments as the equity released, plus accrued interest, is repaid when you die or move into long-term care. The money released is tax free and can be taken as a lump sum or in smaller instalments. Plus, there are plans that may allow you to make voluntary interest payments subject to certain limits. Early repayment charges may apply above a set value.

SAFEGUARD YOUR INHERITANCE

There are plans that allow you to safeguard a percentage of your property's value so that you can

pass on an inheritance to your loved ones. Plus, equity release plans recommended by the Equity Release Council come with a no negative equity guarantee, which means that your estate will never owe more than your property is worth when it is sold.

THE IMPORTANCE OF ADVICE

We're working with Age Partnership+ to bring you an equity release service. Through our service, your adviser can provide you with a personalised illustration so you can find out how much you could release and the features and risks. They will help you understand if equity release could be right for

your individual needs, and they will tell you everything you need to know including the effect on the amount of inheritance you can leave and if your entitlement to means-tested benefits could be affected now or in the future.

Equity release may involve a home reversion plan or lifetime mortgage, which is secured against your property and will reduce the value of your estate and impact funding long-term care. It requires paying off any existing mortgage. Your quotation is free and you are under no obligation to proceed. Only if you choose to proceed and your case completes would an advice fee of £1,995 be payable. Other lender and solicitor fees may apply.

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Puzzles

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ONLY CONNECT with Victoria Coren Mitchell



The connecting wall from *Only Connect* combines general knowledge, wordplay and lateral thinking to give your brain cells a workout!

How to play Your task is to sort the 16 seemingly random words/phrases below into four groups of four connected words. You may find some clues fall into more than one category, but there is only one complete solution. If you get stuck, have a look at the clues on the side of the page...

Key	Bridle	Boxing	Reins
Anvil	Wedding	Soundboard	Cochlea
Pedal	Bit	Tragus	Spy
Saddle	Hammer	Onion	Stirrup

COUNTDOWN with Rachel Riley



Using addition, subtraction, multiplication and division, try to get as close to the target as possible in 30 seconds. You can use each of the six numbers only once, but you don't have to use them all. Rachel's solution is on the previous page.

892

50 6 2 9 10 1

SUPER SUDOKU 945

					8		3
	5	6			8	9	
			7		4		
	2	8		9			
3		7					
	6			8	5		
4				6	3		1
	3				5		
			7		9		

How to play Complete the grid so that every row, column and 3 x 3 box contains the digits 1 to 9. **Difficulty: 19/20**

SUDOKU NO 944 SOLUTION

9	8	7	2	6	5	1	4	3
3	1	6	7	4	8	9	2	5
4	2	5	1	3	9	8	7	6
8	9	2	5	1	4	3	6	7
7	6	4	8	9	3	5	1	2
5	3	1	6	7	2	4	8	9
2	4	3	9	8	7	6	5	1
1	5	8	3	2	6	7	9	4
6	7	9	4	5	1	2	3	8

SCRIBBLE PAD

TRACKWORD

How many words of three letters or more can you find by tracking from one square to the next, going up, down, sideways or diagonally in order? You may not use the same letter square twice in any word. Adding an "s" to make the third-person singular of a verb is allowed; a plural is not. Proper nouns/foreign words not allowed. What is the nine-letter word?

BRAINBOX 34 words AVERAGE 25

TRACKWORD FOR LAST ISSUE Nine-letter word **EASTBOUND**

aeon, and, ane, ant, boa, boast, bona, bond, bonds, bone, boun, bound, bounds, bun, bunt, bunts, dae, dan, ean, east, eastbound, end, ends, ens, eoan, eon, nae, nob, nub, oast, one, sad, sae, sand, sane, snead, snob, snub (Ref: *Chambers English Dictionary*)

S L R
O Y E
U T H

CLIVE DOIG

THIS WEEK'S EASY CROSSWORD SOLUTION

Across 7 Curve 8 Pinocchio 9 Scorch 11 Caffeine 12 As good as gold 15 Red deer 16 Letcher 18 Disobedience 20 Al Pacino 22 Warren 23 Propeller 24 Octet
Down 1 Quicksip 2 Overloaded 3 Diocese 4 Bob Flowerdew 5 Acne 6 Giant 10 Huddersfield 13 Do the trick 14 Cricketer 17 Abdomen 19 Slurp 21 Alps

THE ENIGMA CODE

Can you crack the Enigma code? Each grid number represents a letter. Every letter of the alphabet is used. Use the given letter or letters – below the main grid – to start. The solution is on the previous page.

Difficulty: 11/20 Target time: 22 minutes

22	7	15	17	10	5	26		11	5	8	18	10			
5		20		18				21		7		26			
25	26	18	14	5		2	18	9	11	4	26	5			
21		7		11	13	21		18		14		17			
17	15	18	7			4	17	25	7	5		25			
10		11		15		7		18				12			
	7	23	17	25	12		22	11	15	3	5				
2				16		24		23		18		22			
18		6	15	4	1	5			4	17	18	11			
15		5		15		7	21	20		5		15			
22	4	17	10	18	15	7		15	25	11	21	26			
25		26		17				18		18		19			
21	19	5	26	11		15	11	11	15	25	12	5			
1	2	3	K	4	5	6	7	L	8	9	10	11	12	H	13
14	15	16	17	18	19	20	21	22	23	24	25	26			

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POINTLESS

with Richard Osman and Alexander Armstrong



Pointless asks a question of 100 people, the contestants are then asked to choose the answer they think the

fewest of those 100 people knew.

How to play Here are five home grounds of first-class county cricket teams. Name the first-class clubs that play home games there and give the most obscure answer.

CRICKET GROUNDS

LORD'S, LONDON

THE ROSE BOWL, SOUTHAMPTON

HEADINGLEY, LEEDS

EDGBASTON, BIRMINGHAM

THE OVAL, LONDON

EGGHEADS

with Jeremy Vine

KEVIN ASHMAN

1 The Cheshire town of Macclesfield is historically associated with the manufacture of which textile?

a Silk b Wool c Cotton

2 What is the more common name for the St Hubert hound?

a Greyhound b Bloodhound c Bassett Hound

STEVE COOKE

3 What is the occupation of Arthur Kipps, the main character of Susan Hill's novel *The Woman in Black*?

a Solicitor b Clergyman c Schoolmaster

4 What colour is the bottom half of the Chilean flag?

a Yellow b Green c Red

BARRY SIMMONS

5 Fred Russell, who died in 1957, is most associated with which field of entertainment?

a Juggling b Ventriloquism c Punch and Judy

6 Which name, now used to refer to a rigidly conventional person, first appeared in the 1798 play *Speed the Plough*?

a Mrs Malaprop b Lady Luck c Mrs Grundy

LISA THIEL

7 What name is given to the carved head of a violin?

a Crown b Scroll c Frond

8 Which nickname was coined for Prince William during his RAF training?

a Billy the Fish b Willy Wonka c Bungalow Bill

BETH WEBSTER

9 Where on the human body is the small protuberance called theinion?

a Point of the elbow b Side of the ankle c Back of the head

10 In what state does the chemical element krypton exist at room temperature?

a Solid b Liquid c Gas

DICTIONARY CORNER

Susie Dent



Phrase of the week In the lurch

The vocabulary of games has given English plenty of words and expressions: for example, we owe

the many meanings of "check" to chess, known in French as *échecs*. Two opponents may be described as "level pegging" thanks to cribbage, in which scores are shown via pegs

on a board. The phrase "in the lurch", meanwhile, is used in various games when one player is significantly ahead of the other, or in which the loser scores nothing.

In cribbage, a "lurch" can involve a situation in which the loser has yet to score 31 before the winner reaches 61. The word "lurch" itself may derive from the German dialect word *lurtsch*, meaning "left" or "wrong", the left traditionally being associated with bad luck or misfortune.



POPMASTER

with Ken Bruce

1960s

1 From 1962, what was the title of the only solo top ten hit achieved by Eydie Gormé?

2 Name the group who went on to have hits on their own but previously were the backing band for Brian Poole.

1970s

3 What was the title of the 1978 top three hit duet for Scott Fitzgerald and Yvonne Keeley?

4 Gilbert O'Sullivan achieved two number one hits in the 70s. The first was *Clair* – what was the title of the other?

1980s

5 What was the title of the first top ten hit achieved by the Housemartins?

6 Name the successful group whose hits included *Are You Getting Enough* of *What Makes You Happy?* and *I Gave You My Heart (Didn't I)*.

1990s

7 Which of these three hits by Bitty McLean gained the highest chart position: was it *Here I Stand*, *It Keeps Rainin'* (*Tears from My Eyes*) or *Dedicated to the One I Love*?

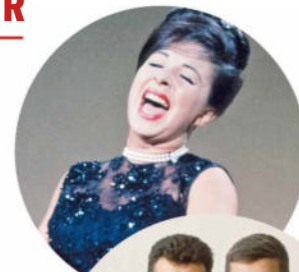
8 Name the singer who topped the album charts for six weeks in 1992 with *Back to Front*.

2000s–present day

9 In 2007, Plain White T's reached the top five with their single, *Hey There... who or what?*

10 What was the name of Lewis Capaldi's third number one of 2023?

QUESTIONS BY PHIL "THE COLLECTOR" SWERN



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Feedback

EDITED BY JANE HILL

DIFFERENT ANIMALS

It was such a good idea to produce a companion programme, *The Traitors: Uncloaked* (BBC2). However, during the brilliant final episode, I realised that what Jaz referred to as the main show's tiger table, replicated in his jokey mini parting gift, was actually made using a leopard!

Chris Zambelli

Weymouth, Dorset

...Having watched and been gripped by *The Traitors* with its 22 admirable candidates who all had interesting and unflaunted backgrounds, it will be impossible to watch *The Apprentice* (Thursday BBC1). Over recent years the conceited, arrogant and inept contestants have destroyed any desire to watch the series.

Marion Mason

Bath, Somerset

EXPOSING WRONGS

Many people across the nation were incensed, as I was, by *Mr Bates vs the Post Office* (ITV1). Public response to this drama has energised our Government to agree to take some, albeit very late, action in acknowledging fault occurred and agreeing that recompense is due.

The *Panorama* report *Midwives under Pressure* (29 January BBC1) and the first episode of the series on police corruption *To Catch a Copper* (29 January C4) both also focused on issues that were devastating for the individuals involved – and illustrated how much emphasis there is on “covering up” in our society.

I am grateful to television for enabling us to go behind the scenes and judge for ourselves.

Dottie North Bristol
For more on the *Post Office* scandal, turn to page 10

GREAT TRIP

The Tourist (BBC1) was fabulous, I loved the characters, the acting was quirky and brilliant and the storyline kept me on tenterhooks. More, please.

Lynette Clover-Simpson SE London



**QUIRKILY
BRILLIANT**
Jamie Dornan in
The Tourist

...In *Desert Island Discs* (28 January/2 February Radio 4) *The Tourist* star Jamie Dornan gave us a snapshot of his life. It was really good listening, very emotional and made me both smile and cry. I thoroughly recommend catching it via BBC Sounds.

Sally Lucas

Milton Keynes,
Buckinghamshire

TIME WELL SPENT

Thank you, BBC4, for the repeat of *All Passion Spent* (24 January) from almost 40

years ago – a gentle period tale of an elderly aristocrat who, having lost her husband, finds herself able to enjoy what remains of her life in

some freedom, despite her family's attempts to help her. It was beautifully made, looked wonderful and was superbly acted. And with not too much music and all taken at a gentle pace, I found it relaxing drama at its best.

Perhaps it's a lesson for modern producers that viewers don't need to feel worn out by tension at the end of a series.

Peter Evans Colchester, Essex

COMEDY ON THE COBBLES

My two favourite soaps are on ITV1. But I wish the producers of *Emmerdale* would give us some humour. I've almost given up watching it as it makes me as miserable as the characters.

On the other hand, the writers of *Coronation Street*, always expert at producing one-liners and comedic



LETTER OF THE WEEK

I can't get enough treachery

Having stumbled across the first series of *The Traitors* (BBC1) and thoroughly enjoyed it, I knew I was in for a treat with series two. And I wasn't disappointed. What makes this format so successful, despite the skulduggery and betrayals, is watching 22 ordinary individuals play the game. Unlike in so many reality shows, they seemed to be themselves – despite the irony that several of the contestants had to act in a deceitful way. We grew to like them, and their behaviour prompted us to consider what we would do ourselves in a similar situation.

Please bring back *The Traitors* sooner rather than later and don't change it in any way. It works just as it is!

Elizabeth Hough St Albans, Hertfordshire

The Traitors finalists at the RT Party: see page 6

Elizabeth Hough wins a black Roberts Ortus 2 clock radio. Sleek and practical, this DAB/DAB+/FM radio has pre-sets for up to 20 stations, both a radio and a buzzer alarm with snooze function. It also has a USB socket for a smartphone connection and can double as a speaker for iPod or MP3 player. RRP £79.99 robertsradio.com



ROBERTS

COMPULSIVE WATCH

The Traitors finalists
Harry, Jaz and Mollie
with host Claudia
Winkleman

scenes, are giving us some chuckles, especially from Bobby, brilliantly played by newcomer Jack Carroll. And Steve, Tim and Kirk always give us some laughs.

The best recent comedy moment was Bernie and her camper van being rescued from the mud by the local rugby team. Brilliant.

Chris Dickie Larkhall,
South Lanarkshire

ONE SMALL MISSTEP...

Surely I can't have been the only viewer horrified to see the newspaper headline “Astronaut's practise Moon dock” in a recent episode of *Call the Midwife* (28 January BBC1)?

Sharon Tanton Fordwich, Kent

THE SOUND OF MUSICALS

Thank you, BBC, for the magnificent *Show Tunes at the BBC* (27 January BBC2). It was exactly what I wanted from a usually dreary Saturday night's television – thrilling, captivating and beautifully compiled.

As a huge fan of Elaine Paige I was expecting “enjoyable”, but this programme pulled out all the stops and I'm just glad that I will be able to revisit such a glorious musical celebration via iPlayer whenever I need a little lift. More in the same vein would be greatly appreciated.

Salli James St Agnes, Cornwall

AMEN TO THAT

Tony Stevens (Feedback, 3 February) is incorrect in stating that Amen translates as "So be it". The word comes from the Hebrew root letters Aleph, Mem, Nun and actually means "belief". It is said at the end of a prayer to emphasise your belief in whichever god to whom you addressed it.

Barry Hyman

Bushey Heath, Hertfordshire

KEEP CALM, CARRY ON

After watching the opening episode of series two of *Trigger Point* (28 January BBC1), we can assume that bomb-disposal schools everywhere will be introducing additional tutorials teaching the correct procedure when rescuing someone in danger of activating an IED trap.

Calming reassurance is a must, they will say. However true or tempting, avoid telling them they have bad breath, mucky fingernails or odd socks. They might react badly and spoil everyone's day. Best, too, that you don't reveal you are deeply in love with them.

For those of us gripped by the excitement of the new series, Lana Washington (Vicky McClure) is



HAPPY MONDAYS

Bob Geldof sang, "I don't like Mondays!" Well, I do, as BBC2 lets quizzers show off our useless general knowledge. How could I not enjoy telling *University Challenge's* Amol Rajan that Hecuba was the wife of King Priam of Troy? And don't we love it when we know more than a contestant on *Mastermind*? *Only Connect* is hardcore, in a league all of its own. Monday can't come soon enough!

Geoff Righton Nottingham

allowed any courageous acts she chooses to keep us enthralled.

Chris Emblem

Newmarket, Suffolk

UNDER THE HAMMER

I was so looking forward to the restoration of the Elizabeth Tower being completed so we could once again hear regularly the bongs of Big Ben live on Radio 4. Sadly, the clunky, echoey sounds since the chimes resumed jangle my ears. Would I be right in saying that the microphone has been relocated and this is distorting the sounds?

Valerie Weber

London SE13

A House of Commons spokesperson tells RT: "The new microphones are in the same location as the previous models. The rhythm of the bells prior to the 2017 conservation was the result of decades of gradual wear to the mechanism and the hammers. The changes listeners may be able to hear now are the results of the 'correction' to the faulty sound. After years of intensive restoration and repair to the mechanism off-site, expert clock mechanics have returned the bells to their original rhythm of striking – delivering a sound that the Victorians who built the Great Clock would have recognised."

SILENT SENSITIVITY

There was much to intrigue in the complicated plotline of episode six of *Silent Witness* (30 January BBC1), but the thing that stood out for me was the sympathetic handling of the character Kevin Barker.

Brilliantly portrayed by actor Aaron Stephenson, gentle giant Kevin with his repetitive speech patterns and carefully learnt polite social phrases was clearly vulnerable to exploitation by anyone to whom he had

formed an attachment.

There are many Kevins out there and those of us who care for them must never relax our vigilance.

Maggie Cobbett

Ripon, North Yorkshire



TIME AND TIDE

On 31 January I noted that, simultaneously with the repeat showing of the documentary *The Killer Wave of 1607: Timewatch* on BBC4, ITV1 was airing episode four of the drama *After the Flood*. Was this serendipity or careful programme planning, I wonder?

Elizabeth Lamb

Malvern, Worcestershire

Elizabeth Lamb wins Daliland, the feature film about the later years of surrealist artist Salvador Dalí, set in decadent 1970s New York and starring Ben Kingsley. Barbara Sukowa and Rupert Graves.



RT TRAVEL



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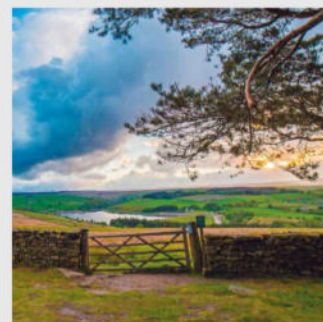
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ENTHRALLING
Vicky McClure as Lana Washington in *Trigger Point*

Feedback

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BAGPUSS BIRTHDAY

'He's been in my life since seven, so I've grown up with him...'

Bagpuss occupies a cherished place in the hearts of those who watched it. And now those memories will be golden, as the stripy cloth cat with a love of sleep and storytelling turns 50 on Monday. We spoke to artist Emily Firmin – the show's human star and daughter of the co-creator – about its lasting legacy.

"I was just the right age to bribe with sweets to appear in it," laughs Emily, about how her seven-year-old self came to be involved. She's the youngest of six daughters of artist and designer Peter Firmin, who with his animator friend Oliver Postgate made revered "Smallfilms" for children including *Pogles' Wood*, *Ivor the Engine*, *Clangers* and of course *Bagpuss*. She played the little girl called Emily – seen in sepia photos at the start of the show – who owned the shop displaying lost and broken objects that Bagpuss and his toy friends would then repair.

Those photographs were taken at their home in Kent. "My parents' house was pretty much a farm film studio, so my dad worked in an old cow shed and Oliver's studio was a pig sty, originally. Next door to him was my stable where I kept my horse. That was just what it was like. I didn't realise people lived in other ways!"

As for her star turn, Emily adds, "I remember being taken out with my mum to choose some very ugly Victorian shoes, which are no more, but the dress that my mum made is in The Beane museum [Canterbury]." It's one of many props and models in an exhibition of Smallfilms' work that Emily helped curate. "Even Basil Brush's understudy is there. Not



many people realise my dad made the original Basil Brush."

Emily's mother Joan was also a vital contributor to the series.

"Oh yes. These days she'd be an art director or art consultant. My dad did most things, but Mum had a super-duper electric sewing machine – in the *Owls of Athens* episode there's a big tapestry that she made with it. She advised my dad on how to do stitches for making Bagpuss and various other things, and she knitted the skins for the *Clangers*." So were the Firmin daughters asked to help out with the different productions? "All my sisters helped out in various ways, like colouring in or making things, but I didn't really do anything. Though I remember delivering something to *Blue Peter* once and helping Dad on another show with Floella Benjamin."

When *Bagpuss* was first shown in 1974 Emily was allowed home from primary school so she could watch herself on TV. So what did her fellow pupils make of her star turn? "At secondary school more people knew about it, but I don't think it affected me [in that way]. Bagpuss has been in my life since I was seven, so I've grown up with him."

There was another perk of a Smallfilms childhood: "When Oliver would get the rushes back from Kay Laboratory in Red Lion Square [in London], we'd get cups of tea and go and sit on his old car chair – he'd taken the back seat of a car out and put it in his studio. We'd all sit

around eating my mum's cake and drinking cups of tea and watching unedited first shows!"

Any other memories? "My father's studio was very messy; he'd pay me to pick up bits of screwed-up paper. Going in the barn and the *Clangers* set being there... I could hear Oliver working on sound next door, which was odd! But that was the norm."

And how was she influenced by her parents? "In every way. By both of them. My mum was a bookbinder and taught paper crafts – well, we make 3D papier-mâché pictures and prints." Emily and her partner Justin Mitchell run a company called Total Pap – they are on Insta and Facebook. The couple also do work for Hospices of Hope, which provides palliative care in south-eastern Europe – it was supported by Postgate, and still is to this day by *Bagpuss*-related projects.

So back to the birthday boy: what makes the show so special? "It's a many-faceted programme where all the different characters introduce whatever it is that they've found – or I've found! It's stories within stories, with a lot of imagination... Everyone loves the programmes. If they grew up with them, they're real fans."

MARK BRAXTON

An extended version of this interview is at radiotimes.com/Bagpuss. BBC4 has a *Bagpuss Night* on Sunday. The series is on Blu-ray, DVD and BritBox (see p37). New products include 50ps, stamps and plushes – visit coolabi.com/properties/bagpuss. A project to publish the complete scripts is at bit.ly/3vHLbDU

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ANDI OLIVER

The *Great British Menu* host on the power of food – and her pride in daughter Miquita

What's the view from your sofa?

There's an enormous telly on the wall and a pile of books that I'm working my way through. I finally read *Girl, Woman, Other* by Bernardine Evaristo. I love her; she's an absolute genius. I'm still annoyed they made her share the Booker Prize with Margaret Atwood [*Girl, Woman, Other* and Atwood's *The Testaments* were joint winners in 2019]. She's got millions of prizes; they should have just given it to Bernardine!

What have you enjoyed watching recently on TV?

I love *The Bear*. If you've ever worked in a kitchen, watching it gives you anxiety. I had to leave the room at points. I couldn't handle it! I watch anything to do with food – *MasterChef*, *Chef's Table*. I also watch quite a lot of s**t like *The Real Housewives*. When I went into hospital and had a hysterectomy, I was on morphine, and couldn't actually watch anything with a real narrative arc, so it was perfect.

You live with your partner Garfield Hackett and your 87-year-old mum. Who controls the remote at home?

Absolutely me. We've got a few tellies, which helps, but I have very low tolerance for all sorts of things. When I first met my husband, I pretended I was interested in football. I watched *Football Focus* with him. Then he moved in, and I was like, "Can you switch that s**t off?" He's been threatening to take me to court for 20 years for false trade descriptions!

You've been a judge on *Great British Menu* and became the host in 2020. Which role do you prefer?

When they first asked me to host, I said no. I loved being in the judge's chamber and I felt a responsibility to be there – to make sure that somebody who looks like me, a 60-year-old black woman, retained a position of authority in the show and in the food world, because we're few and far between. My initial

worry about hosting was that it would feel like the opposite of growth, but luckily, when I made the move, it didn't.

You and your daughter, broadcaster Miquita Oliver, co-host the podcast *Stirring It Up* and starred in BBC2's *The Caribbean with Andi and Miquita*. Have you always been close?

Yes, but it wasn't always easy. When she was a teenager, there were many fights! Miquita was a TV star and her best friend Lily Allen was a pop star – they were running Soho together. All Lily's mother Alison and I could do was wait for them to fall, but I'm really proud of both of them. They're extraordinary young women.

I was a single parent until Miquita was ten and that experience of parenthood creates an unbreakable bond. We had a strong community. We had governmental help with childcare. All of that is gone now in this country – it's shocking. I really feel for parents these days. If you don't have quite a lot of money to pay for childcare, then you can't work. Then rent on top of that is astronomical. I don't know how people are meant to survive.



MY IDEAL NIGHT IN



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Dumpling soup – we even have an emergency dumpling freezer! I also like a frozen Snickers bar.



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What would you say that food and cooking mean to you?

Food is humanity and connection. When I give somebody something to eat and see their face light up, that is priceless. When you're cooking food, what you should seek is to bring joy to people, it shouldn't be about showing off.

What about food's cultural significance?

Growing up as a little black girl in 1970s Suffolk, the messages I got about who I was, what I was worth, were not good. They were tainted by racism, classism and all sorts of bulls**t. I connected myself to my heritage through food and literature. Food tells us human stories of why people moved, where they moved to and what they took with them. All that can be told to you by a simple dish. Understanding where I come from has helped me to become somebody I'm very proud of. Multiculturalism, no matter what Suella Braverman would have us believe, is one of the most beautiful things we have here. It's a jewel in the British crown as far as I'm concerned. **LAURA RUTKOWSKI**

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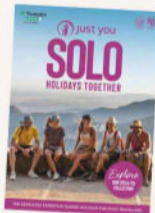


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OUT OF AFRICA

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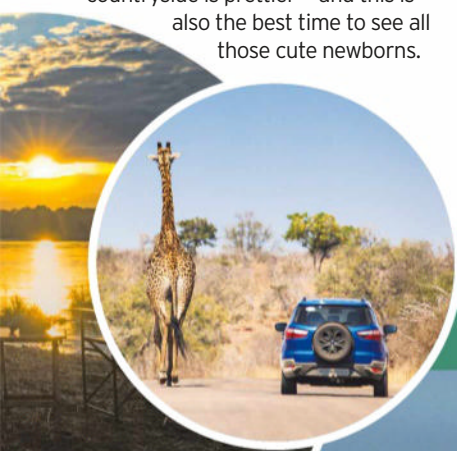
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RT TRAVEL

Lake Constance

Immerse yourself in the rich cultural tapestry and scenic wonders of Europe on one of our meticulously crafted nine-day tours. Expertly curated itineraries, comfortable accommodation and exclusive inclusions make this a seamless and enriching travel experience. Every moment is a discovery, and every destination tells a captivating story.

GERMANY'S ROMANTIC ROAD, MUNICH AND LAKE CONSTANCE ALL-INCLUSIVE

Nine days from **£799pp**

Departures 11 May, 15 June, 14 and 28 September 2024

PRICE INCLUDES

- Return coach travel and ferry crossings
- First and last night on a B&B basis in France/Germany
- Six nights all-inclusive* accommodation at the 3* Hotel Jägerhaus, Langenau
- Excursions to Munich and Lindau on Lake Constance
- Scenic tour of Germany's Romantic Road
- En-route visits to Baden-Baden and Heidelberg
- Optional Nuremberg excursion £24pp

*Dinner, breakfast, packed lunches and five free drinks per night

**ALL-INCLUSIVE
HOLIDAY**

THE MAGIC OF EUROPE

LAKE GARDA AND VENICE SPECTACULAR

Nine days from **£899pp**

Departures 11 May, 15 June, 14 and 28 September 2024

With pretty harbour towns awash with cascading flowers and those blue, blue waters, it's time to put your feet up and enjoy the timeless scenery of this beautiful region.

PRICE INCLUDES

- Return coach travel and ferry crossings
- First and last night on a bed and breakfast basis in France
- Six nights at the 3* Royal Hotel, Garda with dinner and breakfast
- Excursions to Sirmione and Venice
- Scenic tour of Lake Garda
- Services of a local guide on selected excursions
- Optional excursion to Verona £19pp

Venice



Spain's Costa Brava



SPAIN'S COSTA BRAVA INCLUSIVE

Nine days from **£699pp**

Departures 11 May, 15 June, 14 and 18 September 2024

Enjoy excursions to some of the charming resorts along this lovely, rugged coast.

PRICE INCLUDES

- Return coach travel and ferry crossings
- First and last night on a B&B basis in France (last night with a light evening meal)
- Six nights at a selected hotel on the Costa Brava with dinner and breakfast
- Free hotel bar time slots in Costa Brava (conditions apply)
- Excursions to Tossa de Mar, Besalú and Figueres
- Services of a representative on selected days
- Optional excursion to Barcelona with guided city tour £25pp

To book, for more details, or to request a brochure, please call **03332 342 496**



Besalú Bridge

LITTLE BOATS OF THE MEDITERRANEAN

Nine days from **£999pp**

Departures 11 May, 15 June and 28 September 2024

PRICE INCLUDES

- Return coach travel and ferry crossings
- First and last night on a bed and breakfast basis in France
- Six nights at the Prestige Sant Marc Hotel near Roses with dinner and breakfast
- Welcome drink, wine and water with dinner at the hotel
- Excursions to Cadaqués, Besalú and Pals
- Boat trip from Roses to Cadaqués
- Cruise on the Canal du Midi with lunch
- Cruise on Lake Banyoles
- Medes Islands boat trip
- Guided walking tour of Cadaqués
- Services of local guides on excursions

TUSCANY COAST AND PISA INCLUSIVE

Nine days from **£849pp**

Departures 11 May, 15 June, 14 and 28 September 2024

Tuscany... just hearing the word conjures up thoughts of culture, history and unspoilt scenery.

PRICE INCLUDES

- Return coach travel and ferry crossings
- First and last night on a bed and breakfast basis in France
- Six nights at a selected hotel with dinner and breakfast
- Welcome drink, wine and water with dinner in Italy
- Free bar at hotel in Italy (6pm–10pm) of house wine, beer, spirits and soft drinks
- Tea and coffee all day in Italy
- Excursions to Pisa, Lucca, San Gimignano and Florence
- Optional excursion to Siena £26pp

Tuscany

FREE BAR



BY COACH

ITALIAN RIVIERA, MONTE CARLO AND NICE INCLUSIVE

Nine days from **£929pp**

Departures 11 May, 15 Jun, 14 and 28 September 2024

PRICE INCLUDES

- Return coach travel and ferry crossings
- First and last night B&B in France
- Six nights at the 3* Krystall Hotel, Diano Marina with dinner and breakfast
- Free bar in Italy (7pm–10pm) of local Italian brands (spirits, beer, wine and soft drinks)
- Wine and water with dinner in Italy
- Live music one evening
- Excursions to Imperia, Monaco, Monte Carlo and Nice
- Optional excursion to Portofino and Santa Margherita Ligure £28pp

Imperia

FREE BAR



Terms and conditions Pick-up locations available from a network of pick-ups throughout England and Wales. Final price will depend on tour date and selected airport where applicable. T&Cs apply. Errors and omissions excepted. Prices per person based on two people sharing. Packaged break is subject to tour operator Just Go! Holidays terms and conditions and financially protected by Bonded Coach Holidays (BCH) and the Association of Bonded Travel Organisers Trust Limited (ABTOT), a Government-approved consumer protection scheme. Single supplements and standard phone charges apply. Holiday prices are correct at the time of publication. Operated by Just Go Holidays Ltd, ATOL No. 10889.

quoting RTU or visit **radiotimes.com/holidayoffers**

Just Go!
Holidays



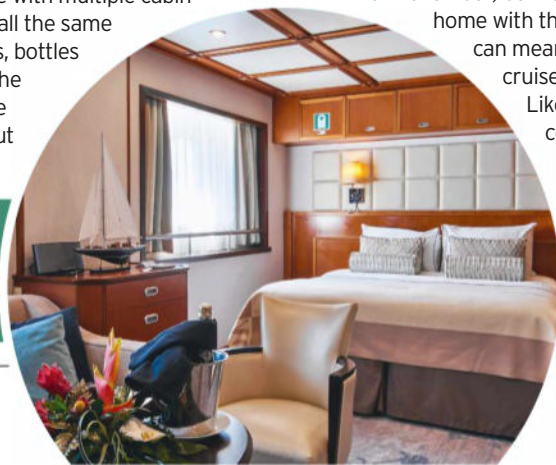
Luxe for less CRUISES

It could be the sail of the century!

THINK BIG

The most luxurious ships at sea are the smaller ones (that's how they keep the service levels and quality of the food so high). But guess what? They're the most expensive, too. Book a posher room on one of the larger ships, however – the newer cruise ships come with multiple cabin classes – and you'll get all the same perks (butlers, balconies, bottles of champagne all over the shop) as on one of those more exclusive liners, but for up to 25 per cent

SUITE DEAL
Your floating hotel room could be a real steal



less. Even better, you'll be treated like royalty as one of the top spenders, rather than being just "one of the crowd", on a smaller, more expensive ship.

AMERICAN DREAMS

Travellers from the USA are by some distance the biggest consumers of cruises, so there are bargains to be had by asking yourself what an American would do – then doing the opposite. For instance, they rarely travel around Thanksgiving (the end of November) as most would rather be at home with their families – which can mean savings on high-end cruises of a full 25 per cent. Likewise, our stateside cousins aren't generally keen on cruising the Middle East – even in less turbulent times – which makes the region excellent value every year.

PRIVATE ISLANDS

You don't need to hire Richard Branson's £117,000-a-night **Necker Island** to get away from it all – Nykoping O, near Stockholm, is just £24 a night. It's one of 679 private islands on airbnb.co.uk (just click the "islands" icon)

GO REPO

The cheapest way to take an otherwise expensive cruise is a "repositioning" sailing. Also known as a "transpacific" or "transatlantic" itinerary, this is when a ship needs to be moved from, say, the Mediterranean to the Caribbean at the end of summer. The down side is you'll spend most of the trip at sea (not many ports in the middle of the ocean); the up side is savings of around 40 per cent, and plenty of time to enjoy all the facilities that the fancy-but-now-affordable ship has to offer.

LEAVE IT LATE

If you're fairly flexible about which ship you sail on, or even which route, you can make substantial savings by holding off booking until about a fortnight before you want to travel. By that stage, cruise lines are anxious to fill empty cabins for whatever price they can get. They don't like to be seen discounting heavily, though, so check out broker sites such as sixstarcruises.co.uk / [luxury-cruise-deals](https://luxury-cruise-deals.com) or cruisenation.com / cruise-deals/last-minute for offers.

**SIGNATURE
TOURS**

MALTA UNCOVERED

Seven nights from **£1,709pp**
Departures May–October 2024

You will be amazed by a side of Malta few people have discovered.

YOUR TOUR INCLUDES

- Return flights from a selection of regional airports with hotel transfers
- Seven nights in four-star accommodation, with daily breakfast and dinner

- The services of our experienced and insightful tour manager
- Three guided tours including Valletta, Gozo and Città Vittoriosa
- Six visits including the Malta Experience, Ggantija, Hagar Qim, Mdina, Rabat and Marsaxlokk
- Enjoy a tasting of Maltese wines at a prestigious local vineyard,

- with a light lunch that complements the intricate flavour profiles of the wine
- Evening drink at the hotel's rooftop bar, sampling a traditional Maltese beverage
- Enjoy a delicious afternoon tea amid the Italian gardens of an 18th-century palazzo

**ENTER
RIVIERA'S
£1 MILLION
GIVEAWAY!***

Valletta

LAKE GARDA, VENICE AND VERONA

Seven nights from **£1,409pp**
Departures May–October 2024

This tour is a wonderful blend of some of northern Italy's finest sights.

YOUR TOUR INCLUDES ■ Return flights from a selection of regional airports with hotel transfers

- Seven nights in a choice of three-star to four-star superior accommodation inclusive of all local taxes, with breakfast and dinner. *Stays at the Hotel Portici and Antico Borgo are on a B&B basis*
- The services of our experienced and insightful tour manager
- Guided tours of Venice and Verona
- Visits include a selection of villages on Lake Garda, the Dolomites and a tour of a local vineyard with a tasting
- Wine-tasting experience with additional wines and a superb rustic lunch with local ingredients in an authentic traditional restaurant
- Absorb Verona's atmosphere over an aperitivo, against a backdrop of its amphitheatre
- Cruise Venice's canals aboard a traditional gondola



Verona



Lisbon

**SIGNATURE
TOUR**

LISBON, PORTO AND THE DOURO VALLEY

Seven nights from **£1,769pp**
Departures May–October 2024

Experience the best of Portugal, from historical Lisbon to the National Palace of Sintra, Coimbra's university and the stunning Douro valley.

YOUR TOUR INCLUDES ■ Return flights from a selection of regional airports ■ Seven nights in three-star superior and four-star accommodation, with breakfast and up to three dinners depending on hotel choice

- The services of our experienced and insightful tour manager
- Two guided tours including Lisbon and Porto
- Nine visits including Sintra and its National Palace, the holy shrine of Fátima, Coimbra University, Cascais, the walled city of Óbidos, Pinhão and the Douro valley
- Try the world famous *pastel de nata* tart with a glass of port
- Experience the unique musical sounds of *fado* and dine on typical dishes in a local restaurant
- Taste a wider selection of port with local delicacies, overlooking Porto

To book or request a brochure, please call **01283 901 234** quoting RTA or visit **radiotimes.com/holidayoffers**

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Luxe for less TRAINS

Riding in style can be a railly good deal...

TAKE A SHORT CUT

Want to sample the famous Venice Simplon-Orient-Express? A classic Paris-Budapest round trip takes four nights and costs from £8,550 per person, while a journey all the way to Istanbul can cost even more. Instead, take the romantic one-night trip from Paris to Venice, and your sumptuous cabin will set you back just £3,530 per person. There are occasional day-trips, too (see belmond.com), and the OE's UK "sister" train, the Belmond British Pullman, offers equal luxury – including five-star food and drink – from £350 for a jaunt through the English countryside with afternoon tea.

DON'T PAY FOR THE NAME

Consider a slightly less famous train that plies the same or similar route in a comparable level of luxury. South Africa's Blue Train, for instance, is the one people have heard of, but its Cape Town-to-Pretoria route is arguably less memorable than the Pretoria-to-Victoria-Falls journey of its lesser-known, and much cheaper, rival Rovos Rail (rovos.com). Likewise, the Golden Eagle Danube Express is every bit as luxe as the Orient-Express, and with fascinating itineraries across eastern Europe and beyond, but can be almost half the price (goldeneagleluxurytrains.com).

HOTEL ROOMS

Managers hate having to give a cut to online booking agents. So once you've found the cheapest rate for your target hotel online, call the hotel, quote that price and ask what they can do to make you book direct with them

train routes, The Ghan, Indian Pacific, Great Southern and The Overland: fares rise between 20 and 60 per cent between the on-sale date (which can be up to two years in advance) and the departure itself, though you should still get a good-value fare anything up to six months in advance (journeybeyondrail.com.au).

GET OFF THE TRAIN!

You can enjoy all the scenic splendour of train travel, plus a decent portion of luxury – and without the price tag – by taking "normal" trains and simply staying at posh hotels. In India, for instance, a three-night trip on the famous Maharaja Express, taking in Delhi, Agra, Ranthambore and Jaipur, costs £4,252 per person in the cheapest cabin (a Deluxe). But get a tour operator (such as coxandkings.co.uk) to put together an itinerary along the same lines, featuring first-class travel on timetabled trains and nights in the destinations' most splendid palace hotels, and you could pay half that. (And, unlike those hotels, there are no swimming pools on the Maharaja Express!)

THINK AHEAD

Rail travel is one area where it's very rare to see last-minute reductions, so it pays to plan and book your tickets way ahead of travelling. Take Australia's epic

RIGHT TRACK

See Europe pass you by from the bar of the Venice Simplon-Orient-Express (below)





You're going
to need a bigger
bucket list

HOLIDAY LIKE
NEVER BEFORE

7 night Canary Islands
Fly-cruise holiday from

£549^{PP†}

Based on Early Saver cruise A429B

PLUS 20% off
the Classic drinks package
Limited availability[^]



P&O CRUISES

†Early Saver price of £549 per person is based on two adults sharing the lowest grade of Inside cabin available on Azura cruise A429B, inclusive of economy class flights from/to London and transfers. Book by 4 March 2024. Prices may vary for other departure airports, are subject to availability and may go up or down. All flights are subject to availability. *Book an applicable Select Price or Early Saver holiday of 5 nights or more departing from 1 March 2024 and receive 20% off the on-board price of Classic drinks packages if purchased at time of booking. New bookings made by 4 March 2024, subject to availability, limited numbers apply. Classic drinks packages must be purchased by all adult guests sharing a cabin. For up-to-date prices and full T&Cs applicable to Early Saver prices and this offer, please visit www.pocruises.com



LITTLE TRAINS OF THE AUSTRIAN TYROL

TRAINS OF THE ZILLER VALLEY,
PINZGAUER & ACHENSEE RAILWAY,
KRIMML FALLS & SALZBURG

BUY ONE,
GET ONE
HALF PRICE*
USING CODE
RTHALF



Lake Achensee

Eight days' half board and excursions. First person from **£1,849**, second person from **£924.50**. Departures June and September 2024. Offer expires 7 March 2024

Experience the delightful railway journeys through spectacular Tyrolean countryside with journeys on the Achensee Cog Railway, the nostalgic Ziller Valley Steam Train and the Pinzgauer Narrow Gauge Railway. A guided visit to the beautiful city of Salzburg is also included.

INCLUDED IN THE PRICE

- Journey on the Lake Achensee rack and pinion railway, Ziller Valley railway and visit to Mayerhofen
- Journey on the Pinzgauer railway and Krimml Waterfalls (entrance not included)
- Excursion to Salzburg
- Seven nights at the Hotel Briem or the Hotel Bechlwirt
- Seven breakfasts and seven evening meals
- Austrian twin bedrooms with private en-suite facilities
- Return flights to Munich
- One piece each of hold luggage and hand luggage per person
- Transfers between the airport and hotel
- Services of a Mistral Holidays Tour Manager
- ATOL protected

ACCOMMODATION

■ Hotel Briem, Westendorf

26 June 2024
departure

The three-star Hotel Briem is situated just on the outskirts of Westendorf, and only a few minutes' walk to the village centre.

■ Hotel Bechlwirt, Kirchberg

4 and 11 September 2024
departures

This three-star hotel offers views over the Kitzbühler Alps and a village centre location.

Please note that on certain peak dates or with high demand, we may use an alternative hotel of the same standard in one of our resorts in the Kitzbühler Alps region of the Austrian Tyrol.



To book, call **01352 756864** quoting RTHALF, or visit **mistralholidays.co.uk/RT**

TERMS AND CONDITIONS Open Monday to Friday, 10am to 5pm.

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Luxe for less SKIING

Bring those high-end prices downhill fast

TRY NEXT DOOR

Ski the same snow as the A-listers for a fraction of what they're paying, by staying next door to the most fashionable resorts. Look for linked areas: that's resorts on different sides of the same mountain or valley, and joined by a lift or two. This means you can stay at the cheaper resort but your pass covers you for the pricier one – examples include (cheap) La Daille beside (pricey) Val d'Isère, or Les Menuires instead of Méribel.

FLY A LITTLE FURTHER

There are bargains to be had in even the blingiest resorts – as long as you go off-season (November to early December, or February to March). You'll be playing Russian roulette with poor snow coverage, though, so the alternative is eastern Europe, where your money goes further. In the Bulgarian resort of Bansko, for example, you could pay just half of what you'd cough up on an equivalent week in a big-name Alpine spot.

CHANCE YOUR ARM...

The way the ski industry works is that travel companies mostly have to commit to buying up rooms and chalets way in advance, so the last thing they want is them laying empty (and having to pay staff regardless). If you can leave your booking till a week or two before you want to travel, you can snap up real bargains, especially in those low-season weeks. Try **skibeat.co.uk** or **skiworld.co.uk**, and expect to save a third or so.

EASTERN SLOPES
Bansko ski resort,
Bulgaria

BE A HOTEL VIP

At check-in for hotel chains, sign up to the group's loyalty card before you travel, as there's usually a fast lane for members

RT TRAVEL

BUY ONE,
GET ONE
HALF PRICE*
USING CODE
RTHALF

Dubrovnik
Old Town

CROATIA'S DUBROVNIK RIVIERA

Dubrovnik, Korcula, the Elafiti Islands and the Konavle region

Eight days' half board and excursions. First person from **£1,649**, second person now from **£824.50**. Departures in May and September 2024. Offer expires 7 March 2024

With its fascinating history and beautiful architecture, as well as incredible views over the Adriatic Sea, it's little wonder that Dubrovnik is known as the "Pearl of the Adriatic" – and is an absolute must-see for any visitor to Croatia. With its pretty Old Town, pebbly beaches, a colourful harbour and a stunning coastline, this really is an ideal destination. Enjoy all of this and more on our fabulous escorted holiday to Croatia.

INCLUDED IN THE PRICE

- Guided walking tour of Dubrovnik
- Island-hopping cruise to the Elafiti Islands, including lunch
- Excursion to Korcula and Peljesac with a boat trip and wine tasting
- Excursion to the Konavle region with wine tasting
- Seven nights' half-board accommodation
- Twin/double bedroom with en-suite bathroom and balcony or terrace
- 15 meals: seven breakfasts, seven dinners and one lunch
- Return flights to Dubrovnik from 13 airports
- One piece of hold luggage and one piece of hand luggage per person
- Transfers between the airport and hotel
- Air-conditioned coach travel in Croatia
- Services of a Mistral Tour Manager in Croatia
- ATOL protected



ACCOMMODATION The three-star Valamar Club Dubrovnik Hotel is located on the Lapad Peninsula. It's just 150m from the beach and has easy access to the Old Town of Dubrovnik. The whole property is air-conditioned and the bedrooms offer flat-screen TV, free wi-fi, a hairdryer, a safety deposit box, en-suite bathroom and a balcony or terrace. The hotel has a restaurant, bar, outdoor swimming pool and sun terrace with chairs and sun-loungers. *Please note that on certain peak dates or with high demand, we may use an alternative three-star hotel of a similar standard.*

To book or request a brochure, call **01352 756864** quoting RTHALF, or visit **mistralholidays.co.uk/RT**



TERMS AND CONDITIONS Open Mon–Fri, 10am to 5pm. Operated by Mistral Holidays. ABTA V0669 and ATOL protected 6900. Subject to availability and full T&Cs apply. Single room supplements apply and flight supplements apply from some airports and dates. Prices are per person, based on two people sharing a twin or double room. *Discount offer applies to new air holiday bookings only and to the base holiday price and excludes any supplements. Offer expires 7 March 2024. Discount codes cannot be used in conjunction with any other discount codes, promotions or offers and can only be used with the holidays shown above. Prices shown are inclusive of current discounts and are subject to flight and accommodation availability. Prices correct as of 17 January 2024 and are subject to change without notice and will be confirmed upon enquiry. For full terms and conditions please see our website.

THE BEAUTIFUL FJORDS OF WESTERN NORWAY

Eight days NOW from £1,156pp Departures April 2024–October 2025

SAVE
UP TO
15%*

HIGHLIGHTS AND INCLUSIONS:

- Seven nights' four-star half-board accommodation at the Kviknes Hotel in Balestrand, on Sognefjord
- A cruise through spectacular scenery to Bergen
- A full-day 'Fjord-Life' tour
- Enjoy buffet-style meals served in a fine restaurant overlooking a fjord

- Experience a warm welcome, stunning scenery and beautiful views
- Return flights to Bergen
- Comfortable, air-conditioned coach travel and transfers
- The services of a friendly, knowledgeable and experienced tour manager



Cassagne Bridge, Pyrenees

LITTLE TRAINS OF THE PYRENEES

Eight days NOW from £940pp
Departures May 2024–September 2025

HIGHLIGHTS AND INCLUSIONS

- Seven nights' three-star half-board accommodation at the Hotel Prestige Victoria in Roses
- Three heritage train journeys on the Little Yellow Train, the Red Train and the Nuria rack railway, and a ticket for the Roses "road-train"
- Stroll on the paths that cross the alpine meadows of the Catalan Pyrenees
- A glass of wine and water at each dinner
- Return flights to Girona or Barcelona
- Comfortable coach travel and transfers throughout
- Fully escorted by a friendly, experienced tour manager



Prague

PRAGUE, VIENNA AND BUDAPEST

Eight days NOW from £1,037pp
Departures March 2024–November 2025

HIGHLIGHTS AND INCLUSIONS

- Seven nights' four-star bed and breakfast accommodation in Prague (three nights), Vienna (two) and Budapest (two)
- Walking tour of Prague
- Budapest tour and Danube cruise
- Journey through beautiful, forested Bohemia
- See the Ringstrasse buildings and the Hofburg Palace in Vienna
- Pay a visit to cosmopolitan Bratislava
- Return flights to Prague (returning from Budapest)
- Comfortable coach travel and transfers throughout
- Fully escorted by a friendly, experienced tour manager



New Bridge, Ronda

SEVILLE, GRANADA AND CLASSIC SPAIN

Eight days NOW from £816pp
Departures May 2024–November 2025

HIGHLIGHTS AND INCLUSIONS

- Seven nights' three-star bed and breakfast accommodation at the Hotel Coso Viejo, Antequera (upgrade hotel available for a supplement)
- Take in the sweeping views from the New Bridge in Ronda
- Wander around Antequera under your own steam
- Full-day tours of the fascinating cities of Seville, Granada and Córdoba
- Return flights to Malaga
- Comfortable, air-conditioned coach travel and transfers
- The services of a friendly, experienced tour manager

Sognefjord

To book, for more details, or to request a brochure, please call **0330 341 1117**



Venice

SAVE UP TO 15%*

HIGHLIGHTS OF ITALY: VENICE TO ROME

11 days NOW from **£1,696pp** Departures June–October 2024

HIGHLIGHTS AND INCLUSIONS

- Explore and stay in the “floating city” of romantic Venice
- Marvel at Rome’s ancient landmarks on a full-day tour
- Half-day tours of Venice, Padua, Bologna, San Marino, Perugia and Assisi
- A visit to the Chocolate Factory and Museum in Perugia
- Ten breakfasts and five dinners
- Return flights to Venice and from Rome
- Comfortable, air-conditioned coach travel throughout
- Fully escorted by friendly, experienced tour managers



Dolomites



Syracuse



Positano

THE ITALIAN DOLOMITES

Eight days NOW from **£941pp**
Departures May–October 2024

HIGHLIGHTS AND INCLUSIONS

- Ride the Renon narrow-gauge railway to Collalbo
- Journey by rail from Mezzolombardo to Caldes
- Visit Bolzano and enjoy a cable-car ride
- Travel on the Mendola Funicular
- Seven nights’ half board accommodation at your chosen hotel
- Return flights to Italy
- Coach travel and transfers throughout
- Fully escorted by a friendly, experienced tour manager, with specialist local guides where applicable

CLASSIC SICILY, ETNA AND TAORMINA

Eight days NOW from **£1,301pp**
Departures April 2024–November 2025

HIGHLIGHTS AND INCLUSIONS

- Seven nights’ 4* half-board accommodation
- Return flights to Sicily
- Visit to Monreale’s Benedictine monastery
- City tours of Palermo, Syracuse and Taormina
- Visit to Piazza Armerina and the Roman villa
- A Mount Etna cable-car ascent
- A full-day tour to the Aeolian Islands
- Coach travel and transfers throughout
- Fully escorted by an experienced tour manager, with specialist local guides where applicable

CAPRI, POMPEII AND THE AMALFI COAST

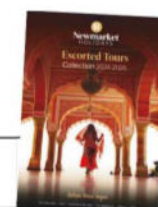
Eight days NOW from **£1,179pp**
Departures April–October 2024

HIGHLIGHTS AND INCLUSIONS

- Seven nights at your Bay of Naples hotel
- Guided excursions to Pompeii, Naples and Capri
- Meander around delightful Sorrento
- A coach trip along the Amalfi Drive
- Return flights to Italy
- Comfortable coach travel and transfers throughout
- Fully escorted by a tour manager, with specialist local guides where applicable

*Save up to 15% discount applies to specific holidays and tours only. All other holidays and tours will have a 10% discount applied. Offer applies to new bookings made by 15 March 2024. This offer is subject to availability and may be withdrawn at any time. Single supplement applies. These holidays are organised and operated by Newmarket Holidays Ltd. ABTA V7812. ATOL protected 2325. ABTOT 5509.

quoting RTA or visit **radiotimes.com/holidayoffers**



Taj Mahal

ENTER
RIVIERA'S
£1 MILLION
GIVEAWAY!

INDIA

Nine nights from **£1,949pp** Departures April 2024–November 2025

India, a unique country and civilisation, is a mind-boggling potpourri of sights, sounds, colours and experiences, as well as a variety of astonishing cultural contrasts. From the flawless grandeur of the Taj Mahal to the mighty fortresses of Rajasthan and from the reminders of past glories of the Raj in Delhi to the teeming markets of Jaipur, our India tour encompasses the very best that

northern India has to offer and is an endlessly fascinating journey of discovery.

YOUR TOUR INCLUDES

- Return scheduled flights with premium economy flight upgrades available at a supplement
- Stay in hand-picked three-star to five-star accommodation with daily breakfast, three

lunches and five dinners

- The services of our experienced and insightful tour manager throughout
- Five guided tours including Old and New Delhi, Jaipur, the Amber Fort and Alsisar
- Two visits including the Taj Mahal and Fatehpur Sikri
- Driving safari in Ranthambore National Park

SOUTH AFRICA

13 nights from **£2,999pp**
Departures May 2024–November 2025

YOUR TOUR INCLUDES

- Return scheduled flights from the UK with Premium Economy upgrades available
- Stay in hand-picked four-star and three-star hotels with daily breakfast, two lunches and three dinners
- The services of our experienced tour manager throughout
- Two guided tours including the Zulu War battlefields of Isandlwana and Rorke's Drift
- Full-day guided safari in the Kruger National Park
- Seven visits including the Cango Caves, Oudtshoorn, Blyde River canyon, Kirstenbosch Botanical Gardens, Hermanus, the Winelands and Boulders Beach
- Free day to explore Cape Town

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